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### OCTOBER HOROSCOPES

La prochaine date limite :  
**Vendredi 15 octobre 2021**

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## The Importance of Deaf Culture on Campus: Interview with The Glendon ASL Club

Abigail Gillen  
*Bilingual Journalist,*  
with input from the Glendon ASL Club

You may have noticed that there are many new and exciting additions to Glendon this year: the blue doors in York Hall, the elevated landscaping, and the coffee vending machine by the Breezeway. Along with the renovations, there is another inspiring addition to the Glendon community this year: the Glendon American Sign Language Club!

American Sign Language (ASL) is the principal language of many Deaf or Hard-of-Hearing people in North America. It is also used by a number of hearing people. ASL comprises similar linguistic properties to spoken lan-

guages, although instead of articulated sounds, ASL expresses communication with hand, body, and facial movements.

When I asked co-chair Mira Vällitalo what motivated her to start the Glendon ASL Club, she said: "I saw a lack of representation of Deaf culture and ASL at York University. Being curious about the subject myself and wanting to learn more about it, I thought that it might be something that other students, staff, and faculty would be interested in. For this reason, I decided to start this club to provide a space for everyone to learn how to make life easier for the Deaf community and to create an allyship between the Deaf and hearing communities. While I certainly want ASL to be a focus of the club, I recognize that it is only one part of understanding the culture, and want to

integrate other aspects into the club as well!"

Becca Sarchese, fellow co-chair of the Glendon ASL Club, explained that the aim of the group is to "provide the York University community with the appropriate resources to connect them with both Deaf culture and ASL." To do this, the club will provide a space free of judgement for individuals to learn ASL and to expand their knowledge of Deaf culture and the issues that its members face. They will also engage the club's members in discussions on topics such as dialectical variation in ASL, signed music, and ASL slang to further represent ASL as a complete and complex language that is equal to those that are oral.

The core identity of Glendon  
Continued on **PAGE 12**



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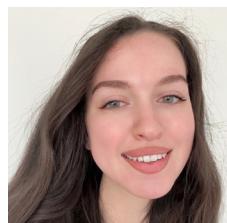
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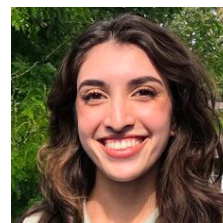
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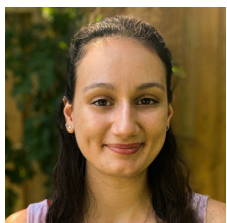
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Coucou, Glendon! Hope you're having a great reading week!

I am so excited for you all to read this week's issue. It is full of several important articles about topics we all must be more aware of. From homelessness in Toronto, to the National Day of Truth and Reconciliation, to the importance of Deaf culture and representation on campus, this issue is packed with amazing information and calls to action to make the world we live in a better place. We hope they open your eyes to some of the issues communities across Glendon, and the GTA, face on a daily basis.

Thank you to everyone--the amazing Pro Tem team, our contributors who make publishing this paper possible, and our lovely readers--for all your hard work. We could not do what we do without you!

Au cours des prochaines semaines, gardez un œil sur notre numéro d'Halloween ! La prochaine date limite pour les contributeurs est le vendredi 15 octobre. Assurez-vous d'envoyer vos recettes "spooky", les critiques de vos films d'Halloween préférés ou des façons amusantes de célébrer Halloween pendant la pandémie à editor@protemglendon.com.

Also, keep your eyes peeled for a fun event on the Pro Tem Instagram page @protemglendon! I hear it might be a giveaway!

Merci pour votre lectorat. J'espère que ce numéro vous plaira et que vous passerez une bonne semaine de lecture.

À la prochaine,

Brianna Carrasco  
Editor in Chief

## A propos de nous

Pro Tem est le journal étudiant du collège Glendon. Publié pour la première fois en 1962, c'est la plus ancienne publication de l'Université York.

Opinions published in Pro Tem are those of the individual writers, and do not reflect the views of the publication as a whole. We will not print copy deemed racist, sexist, homophobic, or otherwise oppressive.

Les lettres adressées au journal peuvent être éditées au niveau de la clarté ou de

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Feel free to respond to what you read in the pages of Pro Tem! / N'hésitez pas à réagir à ce que vous avez lu dans Pro Tem!

To see past editions of Pro Tem, please visit our website: [www.protemglendon.com](http://www.protemglendon.com).

Be sure to follow us on Instagram for reminders about upcoming deadlines and events.

**la prochaine date de contribution est le 15 octobre!**

this will be our halloween issue!!  
Send all your spooky content to  
editor@protemglendon.com



## Club Spotlight: Glendon Historical Society

Michael Aquilino  
*English Journalist*

I am currently a second-year History student at York University. Though having occurred in the past, history still holds great relevance in my life today, as well as in the future that I will lead. A few weeks ago, one of my colleagues at Pro Tem reached out to me about Glendon's Historical Society. Knowing the immense significance of history within my life and, quite possibly, the lives of every person in the world, I felt the need to shine a light upon such an inspiring organization. History is one aspect of humanity that has substantially affected and shaped the way in which we live our lives. Without it, we would not be the same people that we are today; in fact, we would not even be here today at all. If not for the people and events that came before us, for everything falling perfectly in place, our very existence would be at stake. Thus, it is my opinion, and the opinion of many historians and scholars, that this discipline is of great importance, and deserving of much recognition.

Glendon's Historical Society is led by its Chair, fourth-year student Katherine Mazzotta. I had the exciting opportunity to interview her, and I am delighted to share some of her much-appreciated sentiments. Noting its tremendous importance, Katherine shares my perspective on the study of history. She believes that history defines so many aspects of our daily lives, referencing the many present-day global and national issues that continue to coincide with their deep-rooted historical ties, of which she believes very few people are aware. Furthermore, she notes the importance of history in understanding the values and perspectives of our peers, seeing as such characteristics may have been greatly influenced by their ancestry and the environment that they were raised in.

Personally, I am most fascinated by the 1900s, ranging from the turn of the century to *Seinfeld*, and just about everything in between. I really enjoy learning about the North American pop culture phenomena throughout the decades, as well as the post-war immigration experience. Katherine states that colonialism has sparked her intrigue, as it can be attributed to many incarnations across the globe, with its ramifications still reverberating in a modern-day context. To build upon Kath-



erine's interesting ideas, I would like to explain the profound, and urgent, prominence of history. Historical colonialism has led to many tragedies, as Katherine mentions, even right here in Canada. While the study of history can be quite remarkable at times, students cannot ignore and overlook the many atrocities that have taken place throughout it. Through the study of history, people can begin to understand the weight and severity of such occurrences, acknowledging that plenty of irrefutable mistakes have been made. It is only through this comprehension, that societies' future leaders can begin to recognize these mistakes and avoid making them again, all the while finding ways in which to rectify the troubling actions of those who came before us.

Continuing on, when asked about her executive role within the society, Katherine mentioned that her time at Glendon has really helped to foster her love for history and that she was eager to translate this love into something outside of the classroom setting. Katherine believes that there is a club for everyone at Glendon, and wanted to ensure that history enthusiasts like herself would, amidst a global pandemic, still have the opportunity to learn and communicate with others sharing similar interests. Katherine recognizes

that students may have other responsibilities, obligations, and interests as well; as a result, the club is structured in such a way so as to minimize commitment levels, while still delivering an advantageous and rewarding social environment. In doing so, Katherine hopes that students will be able to include a piece of history within their larger puzzle of educational endeavours. While many York students have returned to in-person instruction, the society recognizes that campus-based events may not be accessible for everyone, and will thus be hosting virtual events, which are open to members and non-members alike. The Society is undoubtedly keen on student inclusion and aspires to reach as many students as possible, spreading the wonders of history throughout. On this note, the executive positions of Secretary and Events Lead are currently up for grabs. For more information about these amazing opportunities and how to take on a greater role within the Glendon Historical Society, follow and send a DM to their Instagram, [@glendonhistoricalsociety](#).

In terms of career opportunities, students interested in history may seem constrained and lost. Pathways are quite narrow at times, and destinations may not always be clear-cut. As a final question, I

asked Katherine about potential routes that history majors (and minors) may consider in the future. The traditional history teacher or professor route, as well as public history positions, such as those within museums and at historical sites, are always viable options. Students can also pursue journalism, a career that will allow them to research, analyze, and write about the topics they love! In addition, Katherine mentioned that a degree in history can also go hand in hand with law school and other master's degree programs. She emphasized that, besides the actual content, history degrees provide fantastic preparation in many practical skills that can be transferred to various other fields of work, such as writing and critical thinking skills.

On behalf of Pro Tem, I would like to extend a sincere thanks to Katherine Mazzotta, Chair of the Glendon Historical Society, for her time and valuable insight! History truly is an extraordinary subject, and I commend the GHS for their work in advocating its causes and sharing their love for the past. Glendonites, be sure to reach out to the GHS to learn more, and participate in such a unique and exciting organization!



# Lions, I Don't Think We're at Keele Anymore: The Changes to the Keele Campus

Ameer Shash  
Contributor

Activity within York University's Keele Campus has been anything but stagnant for the last 19 months, despite the university's faculty and staff continuing to conduct classes virtually. This can be attributed to a series of renovation and restoration projects that began in March of 2020; the changes are noticeably different for students returning in the fall of 2021.

Some of the most notable changes at the campus include renovated restroom facilities, the addition of outdoor fixtures and improved landscaping, retrofitted study spaces in the hallways of Central Square, and renovated lecture halls. The lecture halls are shockingly refreshing, with a switch from the concrete-walled, musky and dated look that defined Curtis Lecture Hall, to one with white walls, new flooring, seats and bright fluorescent lights. Another notable change on the campus lies between the Office of Student and Academic Services (OSAS) and Central Square's exit towards the Health and Nursing building, now occupying a cordoned-off segment extending past where classrooms once sat.



To students' surprise, there are new office spaces that are not currently operational.

These projects, however, are minor compared to larger-scaled projects that the university has pursued since the closure of in-person classes. Along with the abrupt cancellation of in-person classes, York University's President and Vice-Chancellor, Rhonda Lenton, stated in a media release that learning spaces are need-

ed in these "uncertain times." This came with the announcement of a new building under construction, which will house the School of Continuing Studies and is said to open in Winter 2022. A rendering of the building shows its curvature and oddness, comparable to the Lassonde building. York University is also soon to initiate the construction of its Markham Campus, which according to a media release, is scheduled

for ground-breaking in December 2021. The new campus development comes with a price tag of \$275.5 million and is expected to open in Fall 2023. In the meantime, the York community continues to adapt to a changing learning environment and reap the benefits of the improvements made to campus.

**Scholars' Hub @ Home**  
October 20 | 12pm ET  
**Francophone African-Canadian Immigrants in the minoritized Francophone community**  
Gertrude Mianda, professor in the Gender and Women's Studies program at Glendon Campus and Director of the Harriet Tubman Institute.  
**Les immigrants afro-canadiens francophones au sein de la communauté francophone minoritaire**  
Gertrude Mianda, professeure dans le programme en Études des femmes et de genre du Campus Glendon et directrice du Harriet Tubman Institute.  
In partnership with Glendon College, York University  
En partenariat avec le Collège universitaire Glendon, l'Université York



## On the Curse of Fame

Hannah Beros  
Contributor

Recently, I've been watching videos of celebrities preparing for the MET gala, and I have to say... I don't envy them. Don't get me wrong, I adore fashion. I would jump at the chance to collaborate with a famous designer that I admire, and bring my dream ensemble to life. However, realistically, I know that if I were on that red carpet, surrounded by swarms of screaming fans, I would not be able to enjoy it. I imagine that I would feel overwhelming pressure: pressure to "give the people what they want," pressure to be who they perceive me to be, pressure to remain true to myself without worrying what my followers think.

I feel that pressure now, and I am a 22-year-old "nobody" in terms of how we measure modern-day "fame." I am not a celebrity, nor am I "TikTok famous." I don't have a Wikipedia page or news stories written about me. While today these things are often considered landmarks of success, I'm not sure I want them. And yet, I feel this sense of inevitability about it. I do not say this to sound conceited. I simply feel that my art, and my writing, in particular, will eventually bring me to a point where I will have a following in some capacity.

Of course, any artist necessitates and desires an audience in order to give their work meaning. If my writing sits in my Notes app forever, it is a hobby and not a passion. Hobbies we do for ourselves. Passions we do also do for ourselves, but unlike hobbies that may give us momentary fulfillment and a feeling of short-term happiness, passions drive our lives forward. They are all we think about and we know that if we do not pursue them, we will not be fulfilled. Passions, especially for artists like myself, keep us alive. They are unavoidable. Our parents or friends may give us advice about what jobs they think would suit us, but our passions seep through the cracks in our consciousness and keep us awake at night. If we are lucky, we realize what they are before we are lying on our deathbed, wishing that we had done what we loved and not what others demanded of us.

Let me now return to the simultaneous blessing and curse of having a "following." In this age of social media, it's almost impossible not to have an audience. My personal Instagram has over 700 followers, many of whom I do not know. It is



Photo par Women's Wear Daily

a strange feeling. Therefore, I cannot imagine what lies ahead if and when I continue with my pursuits. I will have complete strangers either singing praises about my work or shouting about how awful it is, and I am not sure I am prepared for that. Is anyone?

Perhaps I should take a life lesson from one of my personal heroes; novelist and OG YouTuber, John Green. Green chose to remove himself from the social internet for a year in 2018 and emerged with a better (not perfect, but better) relationship with the platforms that he removed himself from. Some platforms he did not even return to at all.

I really don't know how to solve this double-edged sword of notoriety. I know that the answer is out there lurking in the distance, waiting to be found, but I'm just not there yet. I am 22; the oldest I've ever been, and therefore the wisest. Again, I do not attempt to come off as overzealous or conceited, but I just feel with some sort of certainty that somehow, somewhere, and someday, my name will be known. It may only be known within small circles, or perhaps I may be simultaneously blessed and burdened with the "gift" of large-scale fame. I do not know. All I know is that although I am not prepared for what lies ahead, I want to move forward anyway.



## RESEARCH HELP

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## Happiness 101: An Introduction

Michael Aquilino  
*English Journalist*

Recently, I've been watching videos of ce-  
What is the purpose of life? This question,  
no matter how complex or simple its an-  
swer may appear to be, has undoubtedly  
crossed the minds of many. Why are we  
here? What is here?

The deeper you dig into the intri-  
cacies of life's perplexing realms, the more  
you may seek to uncover—oftentimes in  
vain. Many questions about life cannot  
be answered. We simply just do not know  
about most things, nor can we be certain  
of those of which we think we do. In other  
words: we don't know what we don't know.  
In many of the social and physical scienc-  
es, you learn the difference between a  
hypothesis and a theory. You learn that in  
most cases, a hypothesis is a preliminary  
explanation of a particular phenomenon. A  
hypothesis is also testable, meaning that it  
can both be proven or disproven. On the  
other hand, a theory is a well-founded ex-  
planation, one that has been widely accept-  
ed by a community that holds a credible  
relationship with regard to any certain phe-  
nomenon. Such theories may translate into  
law, fact, or inferences, but, above all, they  
constitute tested and proven hypotheses.

That being said, I am not a sociol-  
ogist, psychologist, astrologist, biologist, or  
any other kind of "ologist." I am a writer, I  
am a student, I am a human, and it is from  
this perspective that I have discovered the  
meaning of life. This meaning is in no way  
well-founded by scientific, spiritual, or ac-  
ademic means. To my knowledge, it has  
also not been proven. Nonetheless, it is my  
meaning.

A person's purpose in life is *hap-  
piness*. Everything that a person does, has  
done, or will do in their short time spent on  
Earth, should be based upon their own *per-  
sonal* happiness.

Think about it. Everything that we  
do in life is already, or *should* already be,  
based upon happiness. All of our stressors,  
including work, school, relationships, and  
money, are all founded upon happiness.  
We strive to find work that we enjoy, study  
the subjects in which we excel, spend time  
with the people whom we love, and make  
money so that we can spend it on things  
that make us happy. The root cause of most  
of our decisions is predicated on the idea  
of happiness. Otherwise, why else would  
we do something? If something makes us  
unhappy, we wouldn't dare pursue it—or

would we? This is where some people have  
gone astray.

We have certain jobs because  
they pay well or because they are presti-  
gious, but we do not take into account long  
hours and awful working conditions. We  
study subjects not because we are interest-  
ed in them, but because we don't yet know  
what we are passionate about. We spend  
time with people who we do not appreciate  
being with because we are too afraid to cut  
their toxicity from our lives. We don't spend  
money on the products, services, or experi-  
ences that we enjoy, but rather on the ma-  
terial items that will look more impressive to  
others. You see, while personal happiness  
should be the root cause of all of our deci-  
sions, oftentimes, we find ourselves sacri-  
ficing our own happiness for the happiness  
of others.

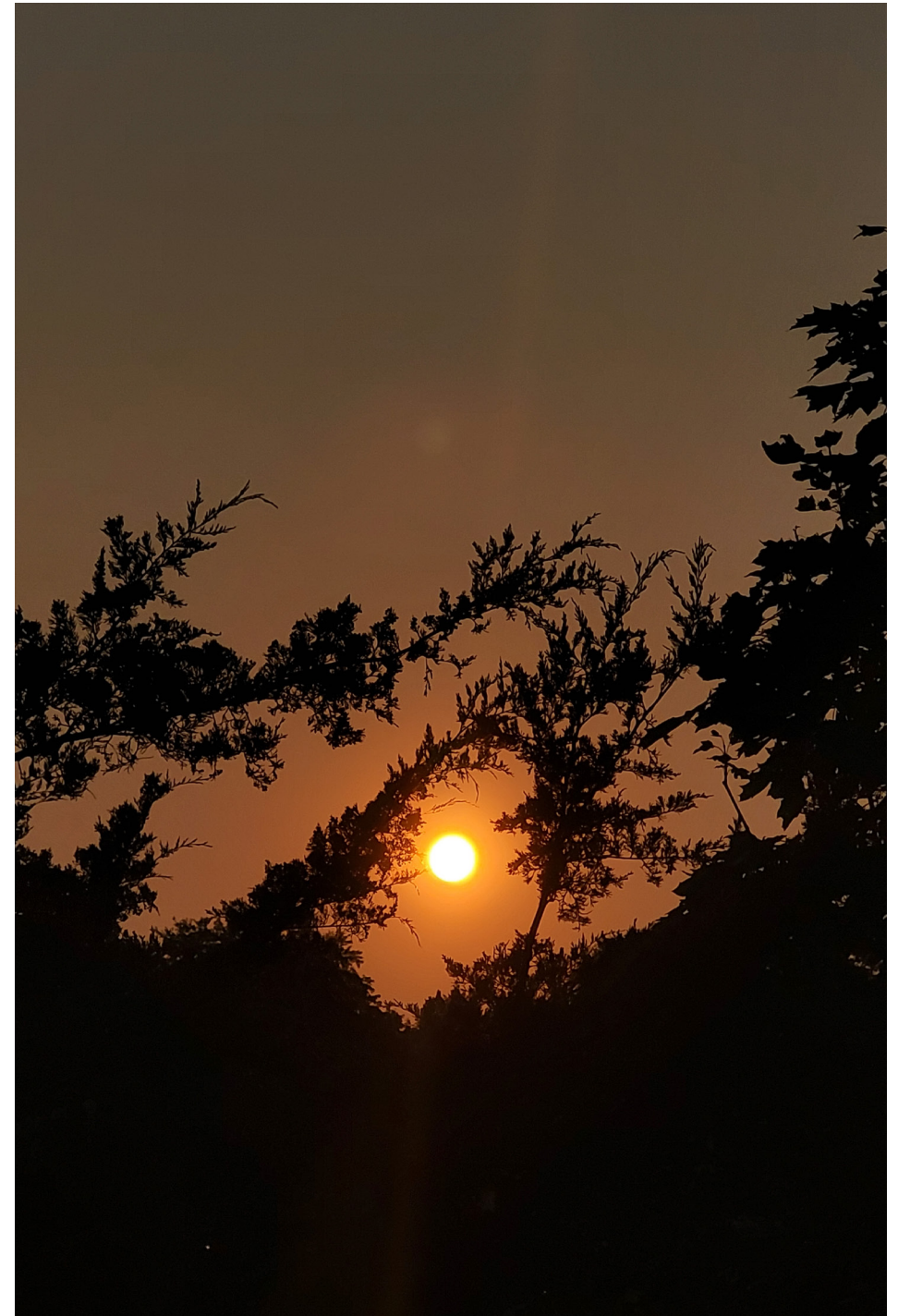
If we do not live our lives the way  
that they were meant to be lived—that is,  
shaped by our own personal desires—we  
may lose our one and only opportunity to  
do so. Death is inevitable, and we only  
have a short period of time to make the  
most out of our lives. So while the meaning  
of life, and what we are "supposed" to be  
doing with ourselves on this mighty planet,  
is up for great debate, why should we live  
in any other way than in one that makes  
us happy? Do *what* you love! See *who* you  
love! Visit *where* you love!

This upcoming academic year  
may become overwhelming for many  
students. Be that as it may, we must not  
fret over life's curveballs; rather, we must  
smash them out of the park! Remember  
this, Glendon, you are strong and in control  
of your own destiny— if something makes  
you happy, go out and do it!



### GWTC

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des trans de Glendon



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## Radio Glendon Album Review: Montero by Lil Nas X

Elton Campbell  
*Layout Designer*

Radio Glendon will be reviewing the studio album, *Montero*, by one of the most successful LGBTQ+ rappers, singers, and meme kings of today, Lil Nas X. *Montero* was released on September 17, 2021, and debuted on the Billboard 200 charts at Number. 2.

The review will commence with Track 2 on *Montero*, "Dead Right Now," for two reasons. I'm Jamaican, and the number two is usually associated with describing gay men in Jamaican culture. The second reason is that I'm horrible at rapping and singing, but I believe I can be "CHEEKIER" than Lil Nas X with his memes. Are these memes awesome or atrocious?

The intro of "Dead Right Now" starts with the soothing hums of backup singers, followed by the blipping sound of a police radio. Lil Nas X then rides the rhythm like an expert jockey thundering out of the starting gate, transitioning back and forth from rap to song, and using his raspy-soulful voice to surf the "chill-hop" rhythm. This track is about someone who denigrates an-

other person and their struggles because they only perceive others as valuable if they have fame and success. This is communicated through the lyric: "When you get this rich and famous everybody come up to you singing, 'Hallelujah. How'd you do it? You been on my mind'" The lyrics also paint a gritty picture of substance and domestic abuse, familial tensions, rebelliousness, and perseverance. A mother who claims to love her son yet beats him violently whenever she becomes drunk. A father begs his son to remain in college, but the son quits anyway and ends up living in his sister's home, preferring to sleep on her floor and pursue his dream of becoming a world-renowned artiste. Today, that artist is Lil Nas X, and he unapologetically sings, "I'll treat you like you dead right now" to all the two-faced people around him.

"Tales of Dominica" is the 10th track on the album. This track, as well as the 12th track, "Void," expounds on his struggles described in "Dead Right Now." These struggles include tensions within his family and the lows he has experienced. Lil Nas X exposes his vulnerable side in these two songs, singing mostly in a melancholy or frustrated tone of voice. Track five is "The Art of Realization," which is composed of excerpts of him questioning his happiness and direction in life. In the end, he answers his own questions with decisiveness.

On a lighter note, "Scoop" is the 6th track on the album, featuring Doja Cat. A fun track with catchy lyrics, it is guaranteed to have its listeners rocking or twerk-

ing while singing. Track 1 is "Montero (Call Me By Your Name)," another track that will have listeners rocking, twerking, pole dancing, and proudly having a hell of a fun time. The 3rd and 9th tracks, "Industry Baby" featuring Jack Harlow and "Dolla Sign Slime" featuring Megan Thee Stallion, are star-studded tracks that boast Lil Nas X's well-deserved accomplishments.

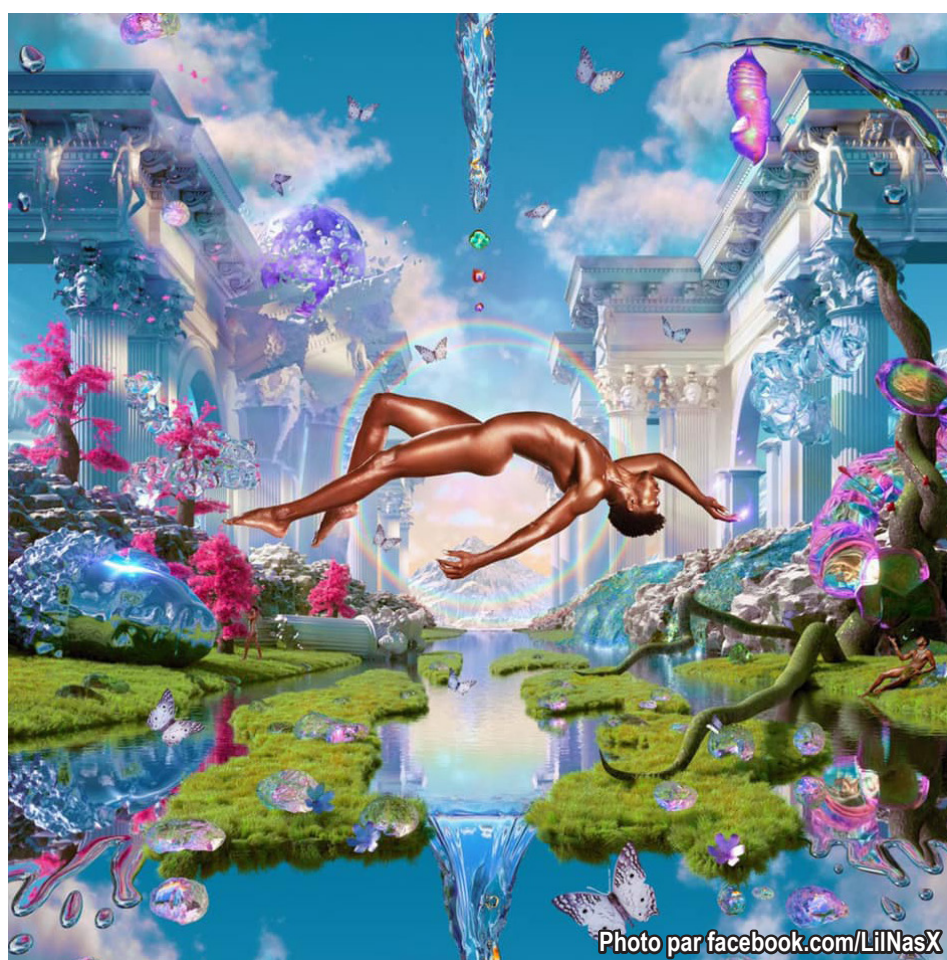
In Track 13, "Don't Want It", Lil Nas X presents himself as his own self-motivator, gaining confidence and direction as he mentally and physically picks himself up. He becomes mindful of his past and present realities, apologizing for his past mistakes and implores the world not to define him by them as he focuses on elevating himself. Lil Nas X's mission is to redeem himself by achieving his goals through hard work and dedication.

Tracks 4, 8 and 14 are "That's What I Want," "Lost in a Citadel," and "Life After Salem". These tracks unwrap the complexities of gay dating, relationships, and how they may transform into unorthodox situations. "Sun Goes Down" is Track 11, an educational masterpiece that highlights the terrible effects of in-school bullying on Black and gay youth. Track 7, "One

of Me," features Elton John and lyrically calls out critics who constantly try to shape his identity without giving him the freedom to be his true self.

"Am I Dreaming", featuring Miley Cyrus, is the 15th and final track on the album, and is a beautifully written and composed song that summarizes Lil Nas X's journey thus far in its purest form. The first verse of the song breaks down many of the negative stereotypes made about LGBTQ+ people. "Never forget me, and everything I've done," Lil Nas X continues to sing. Take a moment to reflect on how courageous a person must be to go against social norms by being themselves. Miley Cyrus and Lil Nas X's voices harmonize perfectly throughout the song, leaving listeners yearning for more while reminiscing about Lil Nas X's story. *Montero* is an unforgettable album, one that needs no skipping of tracks.

What was your favourite track on *Montero*? Continue the conversation with us on Instagram [@radioglendon](https://www.instagram.com/radioglendon). Have an album you would like Radio Glendon to review? Please send an email to [rgl.info@radio-glendon.ca](mailto:rgl.info@radio-glendon.ca).



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## 4 Female Musicians Under 30 That You Need To Discover

Hannah Beros  
Contributor

Whether you're in a rut of looking for new music, or you just really love to see the incredible exploits of young women in music, this list will give you what you've been looking for! After each artist summary, I have included a starter pack of three songs that will help introduce you to their music. I have created a Spotify playlist with all of the songs mentioned in this article. Follow this link to access it: <https://open.spotify.com/playlist/1Uf6Eh0ixYO3FIbkNbRDm?si=bb10641eba234a07>.

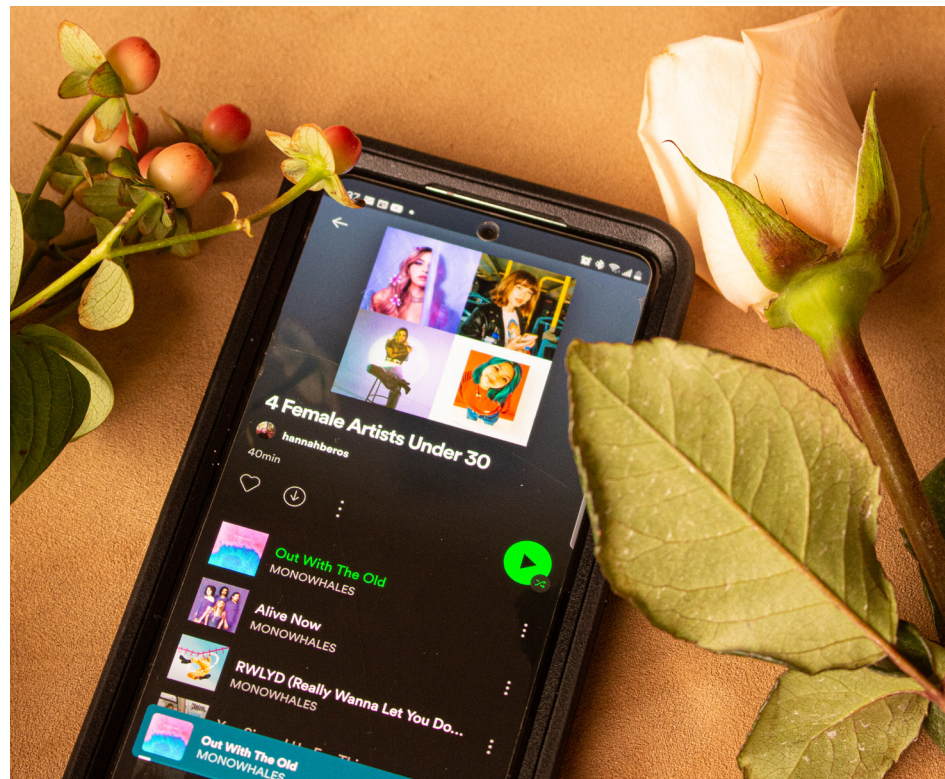
**MONOWHALES.** Let's start this list with some Toronto representation! This alt-rock trio led by the talented singer and rockstar, Sally Shaar, will get you pumped up for whatever comes your way! Shaar's energetic and compelling vocals, accompanied by Zach Zanardo (guitar) and Jordan Circosta (drums), creates a soundscape of upbeat anthems complete with lyrics that are not only catchy but speak to the feelings that we all indubitably feel about growing older, moving on, and taking control of our lives. The songs also offer total danceability so if you need a pick-me-up, this is the right band for you! Starter pack: Out With the Old, Alive Now, RWLYD (Really Wanna Let You Down).

**Maisie Peters.** This 21-year-old from the UK has just released her first album "You Signed Up For This." Peters will give you Taylor Swift diary-entry-style lyrics, paired with an 80's style sync and the sweetest damn vocals you've ever heard. The Sussex-born artist's debut album is a coming-of-age soundtrack that we all need right now. The album's songs describe exactly what you get when "signing up" to be a Maisie Peters fan: "scared of everything but I'm making it punk. A small town. I only drink to get drunk. Don't go out much cause there's too many bugs." If that doesn't compel you to give this girl a listen, I don't know what will! Starter Pack: You Signed Up For This, Outdoor Pool, Psycho.

**Deanna Petcoff.** If you're looking for some chill indie rock vibes, this Toronto-based singer-songwriter and guitarist has got your back! Although Petcoff only has three songs on her Spotify platform, you do not want to miss out on her amazing live sets. Her music will have you swaying, singing along, and longing for more. Her

deeper voice and instrumentation will make you feel as though you've been transported back to Woodstock. There's a certain magic to Petcoff's voice that will keep you entranced from song to song. Starter Pack: Terribly True, Failing Upwards, Stress.

**Beabadoobee.** Beatrice Laus, stage name Beabadoobee, is signed to The 1975's Dirty Hit label, which only signs the coolest UK indie artists. Beabadoobee is an indie-rock-princess meets bedroom-pop-darling meets hippie grandmother (despite her only being 21 years old), otherwise known as the absolute trio-package. From her soft ukulele songs recorded in her bedroom, to her more upbeat punk rock-inspired tracks, Bea's vulnerable lyrics about crushes, growing up, and the challenges of youth make her music unforgettable. Starter Pack: Soren, Care, Last Day On Earth.





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## 5 « Lifestyle Youtubers » auxquels s'abonner

Brianna Carrasco  
Editor in Chief

Je n'ai jamais été fan des youtubeurs qui vivent dans les manoirs de LA, organisent des fêtes extravagantes avec leurs autres amis youtubeurs ou se font des farces plus problématiques que drôles. Je comprends l'attrait de vivre par procuration à travers vos personnalités Internet préférées, mais de voir des youtubeurs aller à Coachella et dépenser des milliers de dollars pour faire du shopping me fait sentir plus seule. Par conséquent, j'ai toujours été attiré par les youtubeurs qui ont réalisé des vidéos d'eux tout seul dans leur chambre : en passant une journée dans le parc ; en allant dans les bibliothèques et en partageant les détails les plus intimes et honnêtes de leur vie — tout en éditant le contenu de leurs vidéos de manière artistique et esthétique, voire agréable. Voici une liste de mes « Lifestyle YouTubers » préférés que vous pourriez regarder tranquillement, la tête reposée, dans votre chambre un vendredi soir :

1. Nicole Rafiee. Nicole est tout ce que je recherche chez une youtubeuse et elle me fait sentir beaucoup mieux sur le fait d'être seule. Ses vidéos sont des morceaux merveilleusement montés de sa vie et elle documente les choses simples de la vie quotidienne telles que goûter différents types de matcha, conduire dans sa petite ville et écouter de la musique. La plupart de ses vidéos consistent également à parler ouvertement de sujets tels que son expérience avec le TOC ou la fibromyalgie. Le visionnement des vidéos de Nicole vous donnera l'impression de passer une soirée pyjama avec votre sœur aînée autant cool qu'hilarante.

2. Damon Dominique. Mettant fin à sa chaîne YouTube de voyage « DamonAndJo », Damon a décidé de créer une chaîne YouTube distincte : diffusant des vidéos de sa vie absolument magnifique en tant qu'Américain à Paris. Damon est différent des autres youtubeurs que j'ai connus auparavant. En se faisant des amis dans le monde entier, en apprenant de nouvelles langues et en étudiant la vie ; il a une vision du monde aussi ouverte qu'expansive qu'il apporte à ses vidéos. Ces derniers — qui se visionnent souvent comme un film indépendant parisien — explorent des sujets tabous tels que les stéréotypes culturels, les rencontres dans différents pays

ou les différentes drogues acceptables/inacceptables dans différentes cultures !

3. Leah's Fieldnotes. Leah Wei est une youtubeuse montréalaise qui crée la quintessence du contenu de bien-être. La façon dont elle filme ses vidéos montées est si rafraîchissante et inspirante que je regarde ces vidéos-ci à chaque fois que je passe une mauvaise journée. Notamment, elle publie fréquemment des vidéos comme « What I Eat in a Day » où elle essaie de nouvelles recettes originales de sa propre culture chinoise ainsi que d'autres cultures. Ses autres vidéos telles qu'« Adulthood Diaries » la montre faisant des activités simples tout comme faire les courses au marché ou comme nettoyer son appartement à titre d'une aventure. J'adore témoigner son amour pour les petites joies de sa vie, pour l'empreinte de spiritualité chinoise qu'elle réalise et pour sa relation amoureuse avec son chum, Andrew. Je pourrais me perdre dans ses vidéos pendant des heures !

4. Connor Franta. Vous vous souvenez peut-être de lui depuis le groupe YouTube O2L en 2012, mais Connor a vraiment transformé sa chaîne YouTube. Bien qu'il ne publie pas aussi souvent qu'auparavant, il reste l'un de mes youtubeurs préférés. C'est un photographe certifié en plus de sa carrière sur YouTube ; ce qui se voit vraiment en pratique dans ses vidéos où il emmène ses téléspectateurs avec lui à la friperie pour les montrer comment il fait une miche de pain. Ses vidéos sont artistiquement structurées et drôles, me rappelant ainsi de mon enfance quand je les regarde.

5. Nayna Florence. Les vidéos de Nayna ressemblent à celles de Leah quant à leur contenu strictement sur le bien-être qui ne fait que m'inspirer. Notamment, Nayna s'enregistre en train de faire des activités banales du quotidien comme lire des livres, saupoudrer de thé matcha le matin ou aller au gymnase. Pourtant, la palette de couleurs et la jolie musique de fond qui se trouvent dans ses vidéos m'inspirent largement. Elle publie également des discussions approfondies qui portent sur son héritage mixte indo-britannique et sur la façon d'être indépendante ainsi que d'apprécier la solitude (ce qui est en lien direct parfois avec le fait d'être un jeune adulte) !

Tous ces youtubeurs m'apportent la paix, me préservent la tranquillité et me servent d'inspiration au sein de ma vie surchargée ; ils m'aident tous à m'efforcer de devenir une meilleure personne. J'espère également qu'ils vous feront sentir ainsi !



**Les vendredis de 13 h à 14 h**  
Écoutez en direct sur Radio Glendon : [ckgg.airtime.pro](http://ckgg.airtime.pro)



## Slowly Slipping Through The Cracks: Homelessness in Toronto

Rejean Ghanem  
French Journalist

TW: Mental Health Issues, Homelessness  
The other night, as I was nestled in my bed watching *The Crown*, I heard the sound of metal clanging outside. I wondered what could possibly be making such a noise in my usually quiet neighbourhood. I took a peek out of my window and saw a young man rummaging through the garbage, looking for scraps. It is becoming harder and harder to ignore the homelessness crisis in Toronto.

You could start by walking through the streets of downtown Toronto. Plenty of homeless people are sleeping on the streets, begging for money, or just riding the TTC since they have nowhere else to go. The reality is, Toronto is too expensive; a bachelor pad in a safe area that is clean and modernized is usually about \$1,800 a month at least. And even for \$1,800 a month, there is no guarantee of a wall separating your bedroom from your kitchen. The cost of living has gone up so much that the majority of generation Z and younger millennials worry if they will ever be able to afford a house. How will they provide for their future children?

While there is so much to discuss about the homelessness crisis, this article will focus on why people become homeless in the first place. A common misconception is that a homeless person is on drugs, or rebelled against their family and couldn't support themselves. While this could be the case, there are other causes as well. Social factors, such as housing prices, play a large role, but there is another factor that often goes ignored: mental health.

The relationship between mental health and homelessness is a complex topic. Research shows that it is a two-way street. The mental health of a person could become so erratic and destructive that they are unable to keep a job or function in society. If this person lacks support and does not have many friends or family, they can easily slip through the cracks and begin to wonder where they will sleep that night. While a common issue, one might wonder what kind of mental health issues could

someone possibly have where it gets this bad.

The answer is any type of mental health issue. While many people function with depression and anxiety, there are certain mental health issues seen as "too difficult" in society. These generally fall amongst personality disorders, including borderline personality disorder, or the outlier, schizophrenia.

While qualified doctors and psychologists who can treat these people exist, getting help serves as a huge hurdle, with therapy costs starting at \$180 per session. This, of course, does not include the cost of medication. At this point, you may be thinking, "Well, these issues begin in childhood. Why not just treat them from the beginning?" Unfortunately, it is not as black and white as you might think. Schizophrenia, for example, does not begin in childhood. It often begins, on average, at age 21 in men and at age 25 in women. While you might begin to think someone could look into their family history for schizophrenia, it is important to remember a lot of times people do not get diagnosed. Why? Usually because the patient believes nothing is wrong with them or because they lack the support at home to seek treatment. You see now just how easy it is to slip through the cracks.

At 17, when I was in high school, everyone looked to my classmate to become the next Bill Gates. He was academically intelligent. He was a math and science whiz. He even got into a very prestigious program at a university where Microsoft sought him out. Everyone was awed by him and had such high hopes. At age 21, he began to believe that he was Michael Jackson reincarnated. His dangerous and self-destructive behaviour eventually bled into his academic and professional life. Not too long after, he was kicked out of his program, losing his Microsoft deal and his apartment in the process. His family had no desire to help him. He was diagnosed with Bipolar Disorder and Schizophrenia and was homeless for a time. Luckily, he did receive some help. Yet, just walking by him, many would dismiss him as crazy. Little do they know that for a time, he was a certified genius.

While the story I recounted is quite sad, it highlights the harsh reality in our country: mental health, especially mental illnesses deemed as "too difficult," is ignored and shunned. This results in homelessness, a situation that could happen to anyone. We live in a country that ignores this reality. To fix the homelessness crisis, we must change the narrative of what homelessness is. It's not just some guy at Queen and Spadina overdosing on



heroin that can't find a job. It's a man with schizophrenia who lacked the support and love in his home to get help. It's a domestic abuse case where a woman fled her home to protect her children. It's a young girl with

an undiagnosed borderline personality disorder that was deemed "too difficult" by her colleagues and never got the help she needed. We cannot ignore this problem further - all of these people deserve our help.



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## Prendre une pause pour un moment

Rejean Ghanem  
*French Journalist*

Au début de l'année scolaire, nous remplissons nos agendas et nous nous préparons pour des lectures qui dureront éternellement, pour des examens, pour des présentations, pour des projets de groupe et pour des nuits blanches.

Mais doit-il en être ainsi? Devrons-nous parcourir notre année scolaire de cette façon? La réponse simple est non. L'année dernière, j'en avais marre d'étudier six heures par jour. J'étais toujours fatiguée. Je ne faisais pas d'exercice physique ni de rencontre avec mes amis. Je voulais avancer dans la vie. Je savais que je n'avais pas besoin d'être une étudiante qui est souffrante d'insomnie et de m'inquiéter quotidiennement de mes notes.

En 2019/2020, j'ai pris une année sabbatique au profit de la santé mentale et de la santé physique. J'ai travaillé à l'aéroport pour économiser de l'argent. J'ai appris une chose pendant cette période : rien ne doit être mis à l'avant de votre santé physique et mentale. Retournant à l'école l'année dernière, j'ai décidé d'élaborer un plan grâce auquel je n'aurais pas l'air épuisée ni abattue tout le temps — à commencer par un agenda.

J'ai regardé toutes les dates d'échéance de mes devoirs et j'ai décidé

de les commencer trois semaines d'avance. Je consacrais ainsi certains jours à des lectures et j'apprendrais à travailler plus efficacement. En effet, ce n'est que le début: c'est un changement majeur apporté qui a transformé ma vie universitaire comprenant une routine du quotidien dès le matin jusqu'au soir. Au lieu de me réveiller seulement une heure avant le commencement de mes cours à neuf heures pour tenter d'attraper le bus, j'ai décidé de me lever à sept heures du matin.

Le matin — d'habitude — je me réveille; je mange une petite collation; je vais à la salle de sport; je prends un petit-déjeuner copieux; et je m'organise pour le cours en question. Donc, je bois un café, en lisant un journal, parfois un livre. Notamment, je me suis promis de ne pas consulter mon compte de réseaux sociaux avant de m'organiser pour la journée.

Le soir — je me suis promis de terminer mes devoirs à seize heures, parce que je commencerai tout mon travail comme mes lectures assez tôt : c'est faisable. Je rentrerai concrètement chez moi et je m'envelopperai dans des vêtements confortables. Je préparerai, ensuite, le dîner, je me doucherai et je regarderai Netflix. À 18 heures, je cesserai de naviguer sur les réseaux sociaux au profit de la méditation. Auparavant, une telle pratique de méditation m'a beaucoup aidé à améliorer ma santé mentale. Après cette première, je parlerai à des amis, puis, enfin, je dormirai.

Est-ce qu'il y a des résultats obtenus à la suite de ce changement de ma routine du quotidien? Oui, j'ai reçu de meil-



leures notes tout en pratiquant mes loisirs tels que rencontrer des amis. Je ne me sentais pas stressée à finir mes devoirs à la dernière minute ni à avoir passé une nuit blanche. En effet, j'ai commencé à passer la nuit à dormir. J'ai même mieux participé à mes cours, puisque j'avais l'esprit éveillé.

En d'autres mots, vous n'avez pas à mener une vie universitaire remplie de stress, voire de nuits blanches. Vous pouvez modifier votre routine du quotidien pour l'adapter à ce que vous désirez. J'aurais aimé savoir cela plus tôt quant

à mon cheminement académique. Par conséquent, j'essaie de me rappeler toujours que : « si vous ne prenez pas soin de vous, qui prendrait la relève? Si vous ne répondez pas à vos besoins essentiels, qui répondrait à ces besoins-ci? (Comme si vous palliez le manque de sommeil, vous en tirerez les conséquences pendant votre journée.) » Ne craignez pas de faire les changements nécessaires au profit de vos intérêts. Si vous ne faites pas attention à votre santé mentale et émotionnelle, personne ne le fera!

## How to Spice Up a Package of Instant Noodles

Brianna Carrasco  
*Editor in Chief*

Instant noodles aren't the healthiest of meal options, but let's face it, we all turn to the holy grail of sodium-filled goodness at some point in our lives. Instant noodles are cheap, effortless, and quick to make, but they can also just be plain boring if you don't know what toppings or seasonings to add. Here is an easy way to "spice up" a package of plain instant noodles—pun fully intended!

What you'll need: 1 tablespoon of butter, ½ tablespoons of minced garlic, 1 tablespoon of soy sauce, 1 tablespoon of

brown sugar, 1 tablespoon of sesame oil, and as many chili flakes, sesame seeds, broccoli pieces, and as many mushrooms as you want!

1. Cook the instant noodles for about five minutes in about three cups of boiling water. Throw away the flavour packet, or save it for another recipe!

2. While the instant noodles boil, chop your mushrooms and broccoli. Place a pan over medium-high heat and begin cooking your broccoli and mushrooms in sesame oil until they're slightly softened.

3. When the instant noodles are cooked, drain them of water and set them aside. Add butter, garlic, soy sauce, and brown sugar to the pan with the mushrooms and broccoli, and stir.

4. Add the cooked instant noodles to the pan with the veggies and toss it all together.

5. Put the noodles, mushrooms, and broccoli that have been cooked in the butter, soy sauce, garlic, and brown sugar



in a bowl. Top it with chili flakes if you want to add some spice, and add sesame seeds to taste.

Enjoy your buttery, sweet n' salty instant noodles with added veggies. You can thank me later!



## The Importance of Deaf Culture on Campus: Interview with The Glendon ASL Club (cont.)

campus is centred around language and English/French bilingualism. When I asked Sarchese about the importance of Sign Language and Deaf representation on campus, she expressed that “There are many misconceptions about Sign Language and Deaf culture, which are extremely harmful to the Deaf community and create a plethora of discrimination against Deaf and Hard-of-Hearing (DHH) individuals in the academic world, including at Glendon. By providing representation of the Deaf community and their language(s) on campus, we hope to break down these misconceptions and to make York University a place of inclusion, and to show other institutions how it can be done. As a Deaf signer of ASL myself, this is a personal cause for me and one that I take seriously.”

Members of the Glendon community can keep their eyes open for upcoming events the Glendon ASL Club has planned. Sarchese warmly invites Glendon and Keele staff and students to join their virtual Halloween meet-and-greet tentatively scheduled for Friday, October 29<sup>th</sup>, 2021 from 3:00 pm to 4:00 p.m.

“Come join us and learn some fun Halloween signs and how to introduce yourself in ASL! There will also be an opportunity to discuss your ASL-related goals with the co-chairs so that we can structure this club to match your needs, as well as an optional Kahoot about some basic concepts of Deaf culture and ASL. You will find the Zoom link for the event on the Linktree of our Instagram page: [@glendonaslclub](https://www.instagram.com/glendonaslclub).

As for any volunteer opportunities available within the Glendon ASL Club, Sarchese confirmed that “Yes! We are looking for student volunteers to take the following roles: Treasurer, Director of Communications, Director of Design and Development, and Event Coordinator. Anyone and everyone is welcome to apply by filling out this google form: <https://forms.gle/qYCqLTji1Gi4o2T49>, which will also be available on our Instagram page. We will be accepting applications until the end of Saturday, October 18 at 9:00 p.m..”

If you would like to get involved with the Glendon ASL Club without holding one of the positions mentioned above, you can do so by signing up to be a general member using this link: <https://forms.gle/yoXuN3q1pdyXpL7N7>. If you have any accommodations or other accessibility considerations that they can integrate into their club norms, please fill out this anonymous form: <https://forms.gle/6UyRWpZE6CvRgGXXK9>. All of these links will be available on their Instagram page.

“We recognize that accessing a professional disability diagnosis is a privilege within the Disabled community,” Sarchese stated. “For this reason, we invite you to fill out this form whether you are self diagnosed, have a professional diagnosis,

or have simply noticed that you learn better with certain structures in place. You can also email us at [glendonsigns@gmail.com](mailto:glendonsigns@gmail.com) with any comments or questions, or DM us on Instagram. We look forward to “hearing” from you!”

It was truly a pleasure to interview Becca Sarchese and Mira Väilitalo for this article and to get their insight on the Deaf

community. For anyone curious to learn more about the terminology in English and French regarding the Deaf community, please access the following links that they have provided:

1. <https://www.handspeak.com/learn/index.php?id=304>
2. <https://www.ccsmm.net/info/lsq.html>

### Le Bureau de la recherche et de l'innovation de Glendon présente :

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de 13 h à 14 h, le 7 octobre 2021  
OU

de 10 h à 11 h, le 8 octobre 2021  
*Lien Zoom fourni à l'inscription*

21 & 22  
OCT

### Séance 2 : Comment créer une proposition de recherche gagnante (bilingue)

de 13 h à 15h, le 21 octobre 2021  
OU

de 14 h à 16 h, le 22 octobre 2021  
*Lien Zoom fourni à l'inscription*

La série portera sur les rudiments de la présentation d'une demande de bourse et sur la rédaction d'une proposition de recherche

Si vous avez des questions, contactez [research@glendon.yorku.ca](mailto:research@glendon.yorku.ca)





# Indigenous Language Rights: Truth and Reconciliation

## Droits linguistiques des autochtones: Vérité et réconciliation

Fiona Patterson,  
Professor Ian Martin  
*Contributors*

Indigenous peoples of Canada do not enjoy the same language rights as those of us who speak English or French, Canada's two "official languages."

Voilà ce que j'ai appris, entre autres, le 30 septembre, lorsque j'ai eu le privilège d'assister à la table ronde organisée par le Centre de recherche sur le contact des langues et des cultures : The Glendon Truth and Reconciliation Declaration on Indigenous Language Policy Five Years Later. Animée par Jean Michel Montsion, la discussion s'était focalisée sur la politique linguistique autochtone au Canada. Ian Martin, professeur d'anglais à Glendon; Amos Key Jr., originaire du territoire Mohawk Tyendinaga; et Maya Chacaby, professeure de sociologie à Glendon et membre de la nation Anishinabek étaient participants. Pendant la discussion, les conférenciers ont partagé leurs perspectives sur la vérité, la réconciliation et la revitalisation des langues et des cultures autochtones.

Martin spoke about The Glendon Truth and Reconciliation Declaration on Indigenous Language Policy and its aftermath. After the release of the Truth and Reconciliation Report in 2015, with its 94 calls to action, Martin, Key, Chacaby, and Montsion joined forces to form the Glendon planning group. Since the group's establishment, they have published the Declaration and have consulted with the government on three calls to action concerning Indigenous language policy. Unfortunately, their recommendations were not included in legislation passed by the government in 2019, which still does not protect the language rights of Indigenous peoples. For instance, Indigenous peoples still do not have the right to have their children educated in their own languages [...] Without this right [...] the assimilative objective of the residential schools regime persists.

Martin noted, however, that the flawed bill (C-91) could be amended by reading it in the light of the UNDRIP Bill (C-15, 2021), which advances in article 14 (1), the right of Indigenous people to implement and control education systems in their own languages. United Nations resolutions may also prove useful: namely, the United Nations has recently mandated a Decade of Indigenous Languages beginning in 2022, which urges countries and universities to develop 10-year plans to promote Indigenous languages. Both of these initiatives offer hope for the future safeguarding of Indigenous languages.

Key suggested three courses of action for truth and reconciliation, including enacting modern-day Indigenous constitutions that dismantle the Indian Act, shifting from Indigenous self-identification to the acknowledgement of Indigenous civilizations, and creating experiential degree programs that integrate global Indigenous knowledge, teachings, and worldviews. Key also re-emphasized the issue of Indigenous language and education policy. Bill C-91 does not guarantee Indigenous language rights for Indigenous peoples, like the French Language Act does in Quebec for francophones. This means that the Indigenous population in Toronto could not request an immersion or bilingual school system, but Francophone families have that same privilege based on the Official Languages Act because this Act does not allow Indigenous languages to be taught off-territory.

In her remarks, Chacaby spoke about teaching and learning languages in a manner that honours Anishnaabe ways. For example, Indigenous language grammars have traditionally been described through a non-Indigenous lens, using the same structures and categories as non-Indigenous languages. Conversely, Chacaby has rewritten the Anishnaabe grammar structure as a circle, reflecting an Indigenous worldview. She shows how Indigenous language can be taught using existing Indigenous principles, such as the Seven Grandfather Teachings, which encompass moral and ethical frameworks. In her efforts to revitalize traditional pedagogy, Chacaby is currently creating an impressive virtual role-playing experience in which Indigenous language learners and native speakers interact online.

La Commission de vérité et réconciliation du Canada a présenté 94 appels à l'action dans son rapport de 2015. Jusqu'à présent, les gesticulations par le gouvernement ne changent pas grand-chose, surtout en ce qui concerne la politique linguistique et la revitalisation des langues autochtones. Nous avons du chemin à faire : cette première journée de Vérité et de réconciliation marque le début.

Le saviez-vous? D'après l'analyse de la spécialiste algonquienne en linguistique démographique Mary Jane Norris, basée sur le recensement de 2016, il y a 87 catégories linguistiques autochtones au Canada, dont le cri et l'inuktitut, parlés par le plus grand nombre de personnes.

Cela représente un aspect peu connu de la richesse linguistique au Canada. De plus, ces langues sont diverses, et appartiennent à 12 familles qui sont aussi diverses que le français et l'arabe. Plusieurs langues comme l'anishinaabemowin (ojibwe) et le mohawk traversent la frontière entre les États-Unis et Canada, tandis qu'il y a deux langues parlées en Californie (Yurok et Wiyot) qui sont de la même macro-famille algic-algonquienne que le blackfoot, le cri, l'anishinaabemowin et l'algonquin parlés au Canada. La macro-famille Eskimo-Aleut traverse même trois continents : l'Asie, l'Amérique du Nord et l'Europe (si on considère le Groenland, qui est un territoire autonome du Danemark).

De plus, grâce au contact des peuples, les langues autochtones ont enrichi l'anglais et le français; nous devons certains noms d'animaux, d'objets et bien évidemment des noms de lieux aux langues autochtones. Par exemple, un igloo est le mot Inuktitut pour maison, et kayak est celui pour bateau d'homme, tandis que les mots toboggan et caribou proviennent du Mi'kmaq. The word chipmunk comes from Algonquin, and muskie translates to ugly pike in Anishinaabemowin (Ojibwe). Here are just a few geographical names that have Indigenous roots: Canada, Toronto, Ontario, Ottawa, Québec, Gaspé, Mississauga, Etobicoke, Spadina, Muskoka, Algonquin, Chicoutimi, Tadoussac, Winnipeg, Manitoba, Saskatchewan, Nunavut, Iqaluit, and Kamloops.



**Maya Chacaby**

*Photo par yorku.ca/glendon*



**Jean Michel Montsion**

*Photo par ycar.apps01.yorku.ca*



**Ian Martin**

*Photo par languagemuseum.ca*



**Amos Key Jr.**

*Photo par languagemuseum.ca*



*Photo par Francesco Ungaro from pexels.com*



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*The month of October is bound to be a spooky one with Halloween just around the corner. Here are your horoscopes for October and to prepare for the Halloween season!*

### **ARIES** (MARCH 21 - APRIL 19)

You're bound to face some difficulties when it comes to your love life. Fortunately, when the Mercury retrograde ends on October 17, you'll communicate your needs more efficiently with your partner. The full moon in Aries on October 20 is a great time to check in with how you're feeling about your love life!

### **TAURUS** (APRIL 20 - MAY 20)

Live has been feeling quite chaotic lately, but this will all go back to normal when Pluto, Jupiter, Saturn, and Mercury all go direct this month. In the meantime, keep your cool and focus on living in the moment!

### **GEMINI** (MAY 21 - JUNE 20)

You'll be faced with a ton of choices this month! Whether you're caught between two romantic partners, two career opportunities, or two paths in life, you will have to make a choice. Be thankful for all the opportunities the universe has given you, and choose wisely!

### **CANCER** (JUNE 21 - JULY 22)

When Jupiter, which governs personal growth, goes direct on October 17, you will feel an overwhelming sense of self-confidence and opportunity for growth. Be sure to get rid of what's not serving you anymore: a dead-end job, a pesky ex, or friendships that aren't fulfilling.

### **LEO** (JULY 23 - AUGUST 22)

Leos love dressing up and getting fancy! Take the month to get into the fun Halloween spirit. Pick out an amazing costume, attend (virtual) Halloween parties or have a small COVID-friendly gathering with friends to get you in the spooky mood!

### **VIRGO** (SEPTEMBER 23 - SEPTEMBER 22)

You've been putting all your hard work into an endeavour without any compensation. October is the month to ask for what you deserve: a raise, a promotion, a more fulfilling relationship. Make sure you stick to your boundaries and what you believe in.

### **LIBRA** (SEPTEMBER 23 - OCTOBER 22)

If your birthday is this month, celebrate it in the best way possible! Be grateful for the little things: mini Halloween candies, trips to a pumpkin patch with close friends, virtual movie nights. You'll definitely find joy in random places this month.

### **SCORPIO** (OCTOBER 23 - NOVEMBER 21)

You also might be celebrating your birthday this month! When Pluto goes direct, you are called to turn your flaws into your most positive characteristics. You're passionate, mysterious, and cunning—use these traits to your advantage this month.

### **SAGITTARIUS** (NOVEMBER 22 - DECEMBER 21)

The moon in fellow fire sign, Aries, means a lot of hot-tempered energy. Be sure to keep your cool. Instead of angrily confronting your partner, or demanding a higher grade from a professor, take a few days to relax before making a decision.

### **CAPRICORN** (DECEMBER 22 - JANUARY 19)

You may find yourself wanting more intimate relationships between you and your partner, or even you and your friends. But don't be too desperate! Instead, take some time for yourself this month and focus on personal, financial, and academic growth.

### **AQUARIUS** (JANUARY 20 - FEBRUARY 18)

You may want experience a major change this month, and the weeks before Halloween are the perfect time to do it. Try a new eyeshadow colour when doing your make-up, or get a dramatic haircut. Maybe even get a tattoo! Whatever floats your boat, this month!

### **PISCES** (FEBRUARY 19 - MARCH 20)

You may also welcome a boost of confidence this month! Expect some great firsts: a great first date, a great first day at work, a great first semester of university. You deserve it!

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