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le 24 octobre 2018

## The Benefits of Cannabis Legalization



Kaya Harris-Read  
*Chief of Operations*

With cannabis legalization upon us, there are, as always, an array of contrasting opinions. Is it helpful? Is it harmful? A simple Google search will show the controversy this topic sparks, with strong arguments on both sides. However, whether you are for or against the use of marijuana, there are undeniable benefits of its legalization.

As October 17th has approached, there have been an increasing number of dispensaries operating in the Toronto area. While these shops are not technically operating legally, they give a preview to what can be expected from legal pot shops that are due to open after the legalization date. This manner of purchasing marijuana gives pot users the opportunity to choose between different varieties of indica, sativa, and hybrid strains. While for some people this choice is based on pref-

erence, for others there are important reasons that motivate this decision. Sativa generally results in a "head high," which can produce creative energy and help with productivity. However, it can also showcase the negative effects of marijuana use, such as increased feelings of paranoia and anxiety, leading certain individuals to avoid this variety.

On the other hand, indicas give a "body high," resulting in a relaxed and comfortable feeling. Because of this, indica strains are usually the variety used for medicinal purposes. Like with anything you purchase, it's important to know what you're buying, which is not always the case with "street" marijuana. Buying legal marijuana rather than that of the black market marijuana will result in a product that is known to be safe and regulated.

Another benefit of cannabis legalization is the legalization of its possession. A study done by the University of Ottawa estimated that in 2001, there

were 71 600 reported offences involving marijuana, and that 70% of these offences were for possession. Also estimated was the annual cost of enforcing marijuana laws which, including police and court procedures, came to \$500 million. Not included in this figure is the cost of marijuana-related incarcerations. The legalization of cannabis will help to unclog the justice system, allowing courts to focus on more serious offenses. Yes, marijuana usage does have its physical and societal risks, but they are rendered negligible by the dangers associated with alcohol consumption, the use of tobacco, and other drugs. Given the cost-benefit analysis of criminalized marijuana, the \$500 million would be better spent on rehabilitation for people dealing with substance abuse and addiction, further supplemented by the tax revenue of pot sales.

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Coucou Glendon !

It's great to finally see you all on the other side of midterm season, c'est certain que nous sommes tous heureux du fait que le mois d'octobre soit presque terminé. The temperature has dropped and some of us have even seen some early snow. Certains d'entre nous attendent impatiemment Noël après la chute de température, I won't lie and tell you the cold air has got me excited for ice skating and the month-long break between semesters. D'ici là, je célébrerai l'automne en m'emitoufflant dans des tricots, et en portant de bonnes bottes et une bonne tuque ; prête pour les prochains indices que l'hiver s'en vient. For those of you who aren't excited for the chilly weather, le fait que nous avons fini plus que la moitié de notre semestre vous réchauffera ! It's easy sailing from here on in—at least until final exams!

You've got this, Glendon!

- Sarah



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NOUS CHERCHONS  
DES ARTICLES EN  
FRANÇAIS



ENVOYEZ-NOUS VOS  
ARTICLES POUR AVOIR  
L'OCCASION DE LES FAIRE  
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## Hell Doesn't Cut it: What Treehouse of Horror IV Gets Right and Wrong About My Time at York

Anonymous

By now we're probably all familiar with Treehouse of Horror IV; a classic episode that any Simpsons fan would be sore to miss on a rainy October evening. This year however, my fifty-second viewing of this particular Simpsons short drew an interesting parallel never before relevant to my life.

For those of you who took up residence under a rock on or before the 28th of October 1993, Treehouse of Horror IV presents the tale of Homer Simpson naively selling his soul for a donut. Desperate for his sugar fix, Homer clasps his hands together, pleading, "Oh I'll do anything for a donut!"

Without missing a beat, a pitchfork-wielding Ned Flanders rises up in smoke and offers a contract: one soul for one donut. Eagerly, Homer signs the contract and upon mindlessly finishing the donut, is damned to hell for all eternity. The fitting punishment is announced by a goblin: "So, you like donuts, eh? Well... Have all the donuts in the world!" Homer thus begins to be force-fed donuts by a machine; a task that proves to be less punishment and more pleasure as Homer finishes eating every last donut in hell.

I'll spare you the happy ending, since happy endings are, so far, not relevant to my experience at York. What

you need to know is simply that donuts are to Homer Simpson what research assistant positions are to me. Only I didn't sell my soul—just my entire savings account and four years of my life. But who's counting?

Maybe I didn't shout, "Oh I'll do anything for a donut!" but maybe I clasped my hands together, pleading with unknown forces of the universe, "Oh I'll do anything for a research assistant position!"

Lo and behold, the invisible contract was signed, pen and paper be damned (pun totally intended). I was offered a position for which I am both grateful and an unlikely candidate—one that I have no regrets accepting without hesitation. Queue eternal damnation.

The spirit of York grips me, inquiring, "So, you like research assistant positions, eh? Well... have all the positions you applied for!" Only, York isn't as generous as the Devil, and I am unfortunately not in hell. Want to know how I can tell? I'm not being forced to accept every research position I applied for—much like Homer Simpson, this would constitute more pleasure than punishment. Instead, I am simply forced to gawk at the emails and opportunities I never expected to receive, as York maintains that no two RAY, YES, CLAY, or Work/Study programs can be held concurrently.

In this respect, hell could probably take notes from York. Maybe forcing Homer to just stare at many beautiful, succulent, gleaming, prospective donuts would have been more effective. In my experience, this is certainly the greater punishment.

So, if anyone is reading this, send help... and donuts. Why not?



## Safety Planning

Sam Takrani  
Contributor

Generally, when one hears the word "safety," it is easy to associate it with words like "danger," "emergency," and "risk." We tend to think of safety as a prevention method, a plan used to prevent danger or an emergency. Although that is not wrong, as planning is used for that, there is more to be said for safety planning.

Safety planning means maximizing safety while still having fun in whatever we choose to do. Safety planning means that every person feels emotionally, physically, and mentally secure in every situation. Whether it be at a party, a concert, or just hanging out with friends. Especially with Halloween approaching, your safety is a priority. October is a month full of partying and celebrating Halloween and it's no doubt a perfect time to have fun with your friends and family. However it is important to make sure you feel safe in anything you choose to do this month. Here are some tips how to maximize safety:

First, if you go out with friends, keep in touch with them throughout the night. Have a designated sober friend, and if you are drinking, keep track of your drinks! Try not to leave them unattended. If you want to leave early, contact a friend when you leave and again when you get home safe. If your friend wants to leave with someone, whether they're friends or not, it doesn't hurt to double check and ask for an address or

the contact information of the person they're leaving with.

Second, when experimenting with something new, go low and slow. You don't know how much you will like it, and you don't know how your body will react. Start slow and see how things go.

Sometimes the simplest things can maximize safety and reduce risk in everyday life. For example, if you drive, try leaving for work or school a bit earlier so you don't take a chance and speed. Or maybe try not to jaywalk on the busy streets of Toronto. These things may seem small and insignificant, however in the end, it's the simple decisions we make that keep us safe.

An important thing to note is that your safety comes first no matter what. So if your gut is telling you something is wrong and your Spidey Senses are tingling, trust them. Trust your gut and your instincts. You are perfectly in your right to leave or not participate in a situation if you do not feel safe. If you feel that you are in danger, do not hesitate to ask for help from someone you trust. You know yourself best. At the end of the day, there's no better feeling in the world than feeling safe. Safety can never be overrated; not if it means keeping the people we love and ourselves secure.

If you need further support, check out the Accessibility, Well-Being and Counseling Centre located at Glendon Hall, 111A, or contact the office by phone at 416-487-6709 or email at [counselling@glendon.yorku.ca](mailto:counselling@glendon.yorku.ca).



## Open Letter to Adherents of #MeToo

Kamillia Grove  
Contributor

**Please Note:** This article discusses topics of sexual assault and rape culture.

The dawn of the #MeToo movement has catapulted the discussion about sexual assault into common discourse. Although social media is far from a perfect platform, sexual assault survivors have demanded the space to articulate their experiences through the movement. These voices have been paramount in breaking down the foundations of rape culture and proving the pervasiveness of sexual assault. Longstanding rape culture encourages victim-blaming and disbelief, therefore the voices and support of allies have also been absolutely necessary to the success of the movement. Allies support survivors through belief and sensitivity to uplift them so that others may hear their stories. They also support the cause by promoting proper knowledge of consent and speaking up to break down rape culture in order to explicitly send the message that sexual assault, rape culture, and predators are no longer secure.

Universities and colleges are environments where many people choose to explore their sexuality. It is necessary for this exploring to be under the circumstances of safety and proper knowledge of consent. Students who choose to refrain from this prevailing sphere of university life are still crucial actors in consent because staying silent in the face of assault not only sustains improper beliefs about consent, but also subjects potential victims to assault by inhibiting the education of consent among peers. Students ought to acknowledge the power of their voices. Furthermore, it is necessary to acknowledge and respect that consent can be denied explicitly as well as implicitly (intoxication, lack of enthusiasm, etc.). Lack of attention to implicit denial of consent can lead to unintentional assault. Therefore it is important to ask

4 explicitly for consent when the answer is hazy. Moreover the de-

nial of consent does not open the door to convincing. Post-secondary students contribute to the practice of proper consent by reserving their own right to consent, always asking for consent and being aware of it, as well as using their voices to speak up against those who disrespect the parameters of consent or, do not understand them.

Rape culture plays a colossal role in how assault is viewed, and is preserved through lack of attention, misogynistic language, and stereotypes. Discussions about sexual assault and rape culture must be treated with respect and the desire to educate. Sexism is especially threatening because it plays a role in the everyday lives of women. Sexist or misogynistic behaviour includes (but is not limited to) catcalls, sexist “jokes,” comments that implicitly attack women, stereotypes of women, and undermining women’s abilities. It is crucial these comments be rejected by the public because they massively contribute to rape culture. Additionally, it is important to recognize that sexual assault is not limited to gender. Although women are statistically much more vulnerable, all genders are affected by rape culture and are vulnerable to sexual assault. Inclusivity and respect are critical.

Honouring victims is one of the central components of the movement and can be done in a multitude of ways. First, believe victims. Be sensitive to their trauma and the courage it takes to share their stories. Respect those who choose not to speak out, for their reasons are just as valid. Respect their right to consent to the discussion and never mention a survivor’s experience without their permission; let them speak of it themselves. The #MeToo movement propelled the discussion about sexual assault into daily affairs and it is our duty to carry it through. We must keep the conversation open to let predators know that they are no longer safe in our society. Our voices, victims or not, matter. We will accomplish the movement’s objective by voting, keeping the conversation going about proper consent, believing and supporting survivors, as well as speaking up against rape culture.

## Keto Diet: Full of Potential or Full of It?

Amanda Sears  
Assistant English Editor

This article comes from a place deep in my heart: my arteries. Arteries which are, at this time, hurting for anyone on the keto diet. It took me six months to put my money where my mouth is and try the diet for myself—so here’s the scoop.

I was first introduced to the ketogenic diet on a foggy spring morning at work. I poured a piping hot cup of coffee for a customer, handed it to her with a complimentary chocolate, said “enjoy,” and turned around to brew another pot.

“Excuse me,” a startlingly confident voice spoke behind me, “do you have any butter?” All she ordered was a coffee, so what did this woman need butter for? To moisturize? As lip balm? To finally remove that tight wedding ring and tell Chad that he never deserved her? I was almost eager to find out. I nonchalantly passed her a small plastic pot of butter. “Sure, here you go.” I watched and waited.

“Um,” she started, “do you have any more?”

“How many do you need?”

“Like...” she thought, “five?”

Obediently, like the minimum-wage coffee slave that I am, I passed her five pots of butter and watched, one by one, as she plopped them into her coffee. They landed with a small splash and melted instantly. She stirred the hellish concoction until a shiny film of fat lined the surface of her drink. She picked up the cup, tilted it back, sipped, and my eyes went wide. “Thanks!” is all she left me with—no explanation, let alone closure, for the horror I had just observed.

It would be another three months of cracking jokes with coworkers about drinking butter before I had a second run-in with the keto diet and its loyal followers. More people, more butter—but still no explanation. Fast-forward another month and some guy is filling half his cup with 35% whipping cream. I had to get to the bottom of this. As it turns out, searching “drink whipping cream” is surprisingly effective in narrowing down one’s motivation to the keto diet.

The keto diet focuses on increasing fat intake and decreasing carb intake. While carbohydrates normally make up about 80% of a person’s caloric intake, it should only make up about 5% for anyone on the keto diet, while fats should account for about 65% percent of caloric intake, leaving the rest for protein. Oh, and no sugar. It takes under a week of eating this way for the body to enter “ketosis”, at which point your body will begin producing ketones and burning fat as a form of energy. The diet is praised for its fast results and even has celebrity endorsement (I’m looking at you, Megan Fox).

In my experience, it is certainly effective in the short term. I lost about seven pounds right off the bat in the first week after entering ketosis, most of which I suspect was water weight, as carbohydrates store water. I continued for another couple weeks, losing about another three pounds weekly, before I stopped. Sure, I missed the spontaneity of eating a larger variety of foods, and the rumored keto flu is no joke, but it was effective enough. So why did I stop? Well, truth be told, I didn’t think it would actually work, and I wasn’t particularly interested in losing weight at the time. But there are more reasons to be wary of the keto diet.

The keto diet, due to its restrictive nature, is not only difficult to maintain long-term, but can also result in numerous vitamin and mineral deficiencies. Kidney stones and decreased bone mineral density are also notable concerns. But above all, there exists a debate surrounding heart health and the dramatic increase in fat intake that the keto diet demands. The risks posed by trans fats and saturated fats can be curbed by the diligent dieter, but the exact numbers can be difficult to track, leading many people to fall by the wayside. So what does this mean for your arteries? With the rising popularity of the keto diet, more and more studies are being published examining the risks of increased saturated fat intake, with some suggesting that the diet is safe, and others warning that it is only safe short-term.

Perhaps only time and science will tell whether the keto diet is the biggest thing since sliced bread (pun totally intended) or just another health-food fad, but one thing is for sure: I will eat my cinnamon buns if it kills me.



## John Kemp's Kitchen: Minute Meals

John Kemp  
*Health & Wellness Editor*

As the semester progresses, I'm sure you've all been feeling the same pressure I have to keep up with classes, turn in assignments, and prepare for those nasty midterms. If our lives as students revolved solely around school, I'm sure that nobody would ever have any issue maintaining a perfect academic record. The trouble is, they don't. We have relationships to maintain, families to be a part of, laundry to do, rent to pay, shoes to shine, goldfish to feed, and so many other things to do that take up our time outside of school.

One of the most common extra-curricular responsibilities that we have as developing adults is that of feeding oneself. This responsibility, for most people, has by far the highest PITA factor (Pain-in-the-Ass factor) of all: "adulting" chores. It requires managing the complicated logistics of expiry dates, grocery shopping and, above all, simply thinking of what to make. Even though I do enjoy putting myself to work in the kitchen, trying to find time to organize and cook my meals can be a daunting task. For this reason, I've taken full advantage of the preserving qualities of the freezer over the past few years. I'll make a bulk portion of something, whether it be a stew or even pasta sauce, and simply freeze it so that I can pull it out any time and have a ready meal. This saves incredible amounts of time and stress and lets me cook when I want to cook—not when I have to.

Recently, I made a great big pot of this hearty minestrone soup which I've certainly appreciated having ready when I get home from school after 9 hours of class. It's chock-full of vegetables (and is in fact vegetarian with the parmesan; vegan without), making it a great one-bowl meal that's still full of vitamins and nutrients. Have it with a couple slices of toasted rye and you've got yourself a solid weeknight meal.

### Minestrone Soup

**Yield:** About 10-12 portions

### Ingredients:

- 5 tbsp. extra-virgin olive oil
- 1 large yellow onion, finely diced
- 2 stalks celery, chopped
- 2 carrots, diced
- 1 small can tomato paste
- 1 cup frozen peas
- 2 medium white potatoes, scrubbed and diced
- 4-5 cloves garlic, minced
- ½ tsp. dried thyme
- ½ tsp. dried oregano
- 1 28-oz. can crushed tomatoes
- 2 vegetable stock cubes
- 5-6 cups water
- 2 bay leaves
- Freshly ground black pepper to taste (add about 1 tablespoon if you really want some kick)
- Salt to taste
- 1 15-oz. can cannellini beans, rinsed and drained
- 1-2 cups pasta (orecchiette is the traditional choice but any small noodles will work just fine)
- 2 cups spinach, chopped (I would do a wide chiffonade with these)
- Parmesan to garnish

### Directions:

In a large pot, heat the oil over medium heat. Once the oil is hot, add the onion, carrot, celery, tomato paste, salt, and pepper. Cook, stirring continuously until the onions sweat. If you find the mixture is too dry and is beginning to brown, add more oil and lower the heat slightly. Once the onions are cooked, add the peas, potatoes, thyme, garlic, and oregano. Cook for about 2 minutes before adding the tomatoes with their juices, stock cubes, water, and bay leaves. Allow to simmer on medium-low heat for about 30 minutes, stirring occasionally and tasting and adjusting as you go. Add the spinach, pasta, and beans and allow to cook until the pasta is just under al dente stage—it will sit in the liquid while it cools and continue to cook and absorb liquid.

Serve sprinkled generously with parmesan. Note that if the soup is left to sit in its liquid state overnight, it will become more like a stew because of the tendency of the ingredients to absorb the liquid. This is perfectly okay and simply makes it more filling. If you'd like to maintain the liquid quality of the soup, freeze it immediately after allowing it to cool down. Enjoy!



John Kemp

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## The Benefits of Cannabis Legalization (cont.)

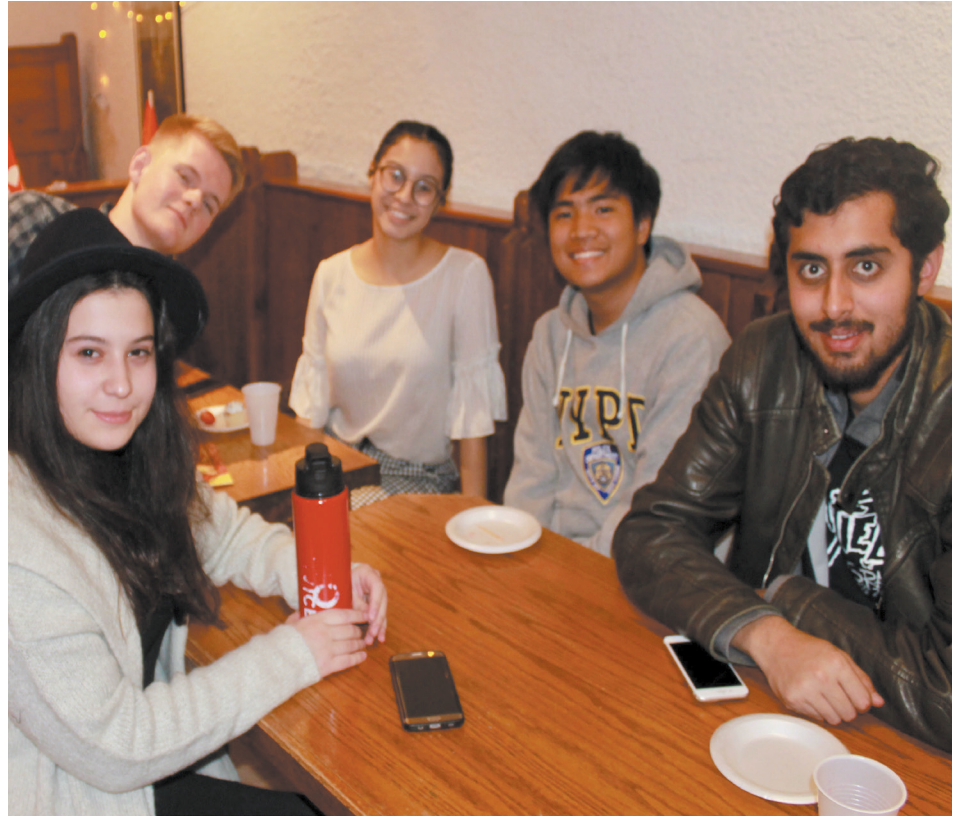
The common arguments against legalization have primarily stemmed from health concerns about its use. They bring up potential health and safety risks such as addiction and respiratory health. In contrast, the common arguments for legalizing cannabis include points such as an increase of tax revenue, decreasing gang-related violence, and making medical marijuana more accessible. This implies that those who are against legalization assume that it will increase the consumption of marijuana. While it is possible that people who are mildly curious but were

deterred by its illegality may try it now that it is legal, it is also clear that most people who want to use marijuana were doing so prior to its legalization, and it is unlikely that their use will be drastically affected by this change of law.

Whether you are for or against legalization, the truth of the matter is that, while it will impact things like legal procedures and government revenue, there is not likely going to be a significant difference in day-to-day life. If places like Amsterdam, where pot is sold publicly, can be any indication, the streets are not going to be suddenly flooded by marijuana users, and there is not going to be a dramatic spike in the number of those users. It is likely that marijuana use in Canada will be the same, but legal.



*QMN's Welcome Back Extravaganza*







All Photo Credits to Adrienne Arzaga





## Reasons for the TTC's Ever-Rising Fare: The Repercussions of Telling the Hike to "Take a Hike"

Ameer Shash  
Contributor

Here's a riddle for you: name something that goes up but never comes down. If you're a commuter living in Toronto, the answer is, invariably, our transit fares. Residents have been baffled by the Toronto Transit Commission (TTC) seemingly squeezing every dollar they can from riders. No matter what social media platform or news outlet you tune into, it is certain that you've seen headlines that criticize the TTC for their unreliable transit service. A brightly-lit 'Out of Service' display board shines unforgettingly at you atop those steel-bodied trains as they slowly make their way out of the station past you.

A group of young men, among whom was Canadian-born Eritrean rap artist "6ixReacts," published a two-minute video on YouTube and other sites on May 7, 2018 which sparked an internal investigation by the TTC. The video, featuring a diss track titled 'NYEAH EH', was aimed at TTC workers in complete distaste for the commission's policies. The lyrics insinuated that the artists would commit offences in response to their disapproval to the TTC. A fragment of the diss track has 6ixReacts say, "Two bones? 'Imma walk in for free."

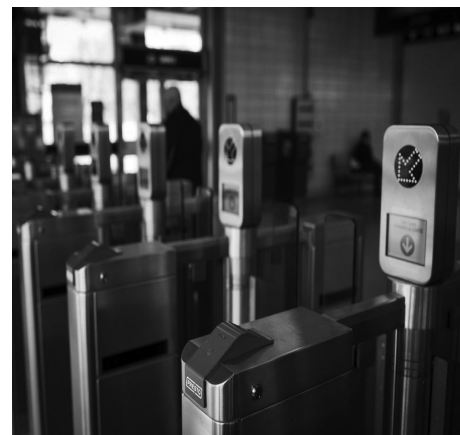
The fare hike has caused near-irreparable damage to the commission's public image, as if it wasn't already ruined since the beginning. This line from the diss track has made it evident that a fare hike, while the TTC has not made any attempt to improve service, is absurd

Transit users, who have become frustrated handing over their fare in exchange for a sardine-packed bus ride, have found other ways of getting on public transit. Their bus ride may go great lengths, but so will riders in their attempts to evade the \$3.25 bus fare,

required for those ages 20 to 65. An incident on April 12 was cap-

tured on video depicting a man grabbing hold of the exterior of the bus to ride in for free in the middle of the evening. The representative of the TTC, Brad Ross, commented on the foolishness, remarking the ordeal as being "a reckless, dangerous and stupid stunt." In the long run, it means millions of dollars in revenue being lost annually due to fare evaders not pitching in their share to fund a shared transit network. A portion of that revenue lost, if it weren't for evaders, could have been allocated towards oh, I don't know, much-needed repairs!

So, while it is unclear exactly where our transit fare money is going, if the TTC wants to improve their service without having to continually put a burden on riders' wallets, I propose the following idea: I envision training drivers to manage their time better. This can be done by the commission facilitating specialized simulations and studies to evaluate the speed, evaluate the distance between each bus, and analyze traffic data for certain times of the day. The TTC would then deploy practices according to those peak times and observations that would alleviate, what appears to riders as, inconsistent scheduling. Traffic, for instance, is a variable that drivers cannot control, so you cannot degrade your bus driver for arriving seven minutes late. I found an article during the development of this editorial piece, in which it was discovered that the TTC sought another approach to ease their tardiness. It involves using an autopilot-like system to operate subway trains by controlling variables such as speed and stopping time. The catch: a \$563-million cost to implement this system-wide. I recall glimpsing the phrase, 'Free TTC' in the header of a Toronto Star release, but with everything else in life, we must let our fare-evading friends know that you have to pitch in your share so that things remain fair.



## Fall Events in Toronto: What Not to Miss

*If you're around Toronto and hear of an event that might be of interest to our community, write to us at: [metropolis@protemglendon.com](mailto:metropolis@protemglendon.com).*

### Arts and Culture

#### **Art Toronto**

Metro Toronto Convention Centre, Oct 26 – 29

#### **Japan Now: Female Masters**

Gardiner Museum, Sep 7 – Nov 25

#### **Transforming Traditions: The Arts of 19th Century Iran**

Aga Khan Museum, Sep 22 – Dec 9

#### **Cinesphere Fall Film Series**

Cinesphere @ Ontario Place, Oct 5 – Dec 23

#### **Toronto After Dark Film Festival**

Scotiabank Theatre, Oct 11 – 19

#### **The International Festival of Authors**

Harbourfront Centre, October 18 – 28

#### **Art of the Piano: Marc Pierre Toth**

Gallery 345, Oct 27

### Careers

#### **TorontoJobs.ca Career Fair**

Roy Thomson Hall, Oct 24

#### **Scarborough Job Fair by Napp**

Global Kingdom, Nov 1

#### **Pathways to Success: Youth Career & Education Fair**

WE Global Learning Centre, Nov 15

#### **Community and Environment 2-Hour Challenge on King St.**

All of King st, Oct 1 – Oct 31

#### **Long Branch Neighborhood Association - Tree for Me**

Marie Curtis Park, Oct 27

#### **Enchanted Evening**

Trinity St. Paul's Church, Every Sunday

### Food and Drink

#### **Best of Scarborough Food Tour**

Begins at Kennedy Station, Aug 9 – Oct 27

#### **Queen West Pastry Crawl**

Nugateau, Sept 25-Dec 28

### Music and Entertainment

#### **Fairland Funhouse**

Augusta Avenue, Aug 15 – Nov 2

#### **Boombox**

TIFF Bell Lightbox, Oct 25

### Halloween

#### **Halloween Haunt**

Canada's Wonderland, specific nights until Oct 31

#### **Legends of Horror feat. The Vampire Circus**

Casa Loma, Sep 28 – Oct 31

#### **Retro Halloween at Todmorden Mills**

Todmorden Mills Heritage Site, Oct 27 – Oct 28



## Criss-crossed TTC Future: Upcoming Projects

Gulsvert Dela Cruz  
Metropolis Editor

December 2017 was an exciting time for many York students. Other than the fact that another (subjectively) long break from school and work was about to begin, it also harkened the opening of the long-awaited TTC subway expansion to Vaughan Metropolitan Centre. This historic move saw the first subway expansion opened in more than a decade, as well as the first project connecting Toronto to a neighboring region via subway line, making it easier for commuters from both downtown and Vaughan to reach York University. However, those travelling along east-west routes may find it a slight nuisance—even more so for those in other neighboring municipalities. There are many dream-like projects that are currently being assessed, or at least being designed on the city's drawing board, but it might be best to discuss those with clearer timetables.

### Eglinton LRT

Anyone driving along Eglinton East is probably intimately aware of the work being done on the next major TTC project: the Eglinton Crosstown. Slated to open in 2021, this line will run 25 stations from Kennedy Station to Weston Road, and will connect 54 TTC bus routes and 3 TTC stations (Kennedy, Eglinton, and Cedarvale—this last connecting to the

west side of the Yonge-University line).

### Finch West LRT

In conjunction with the Eglinton move into rapid transit-starved Etobicoke, this 18-stop western stretch from Finch West station to Humber College's North Campus is to begin construction in fall 2018 and expected to open by 2023.

### Sheppard East LRT

Building from the 2002 Sheppard subway line, this extension is set to begin construction following the completion of Finch West. However, the relocation of \$300 million originally earmarked for this project to the Finch expansion sometime around June last year, in addition to weak support from both the provincial and municipal governments may signal its impending cancellation. If continued, it would see 25 surface-level stops from Don Mills Station to Morningside Avenue.

### Scarborough Subway

As the Scarborough RT reaches the end of their 30 years of service and their natural lifespan, the replacement rapid transit plan is nearing the final stages of assessment. City Council had decided a one-stop subway extension connecting Kennedy Station to Scarborough Town Centre would be the best alternative to a rapidly aging artery, with its construction set to begin in 2019.

We all hope to see—and I certainly wish in our lifetime—a Toronto as well-integrated and serviced by intracity rapid transit as London or Seoul, but until then let's look forward to what is being done.



**Future Map**

This map reflects the planning priorities of the City of Toronto, as presented to City Council on March 31st, 2016, and is a vision of what future rapid transit in Toronto could look like. The map does not reflect the level of funding commitment or analysis undertaken to date. This map includes both TTC and Metrolinx transit lines, which form a new, integrated transit network within the City of Toronto. Ownership of the transit lines is not depicted in the map.

\* Future line names, route alignments and station/stop names are subject to change.



## L'art autodestructeur de Banksy, artiste de rue controversé

Sarah Ariza-Verreault  
Editor-in-Chief

Lors de la vente aux enchères à Sotheby's à Londres il y a deux semaines, l'œuvre connue de Banksy, *Fille avec ballon*, est passée à travers un broyeur caché dans le cadre et elle s'est complètement détruite devant un auditoire stupéfait. Même si l'œuvre s'est déchiquetée au moment où il a été gagné aux enchères à 1,4 million USD, un nouveau record de prix de vente pour l'artiste, la gagnante a tout de même fièrement brandi son prix inédit.

L'Instagram de Banksy, blagueur, a affiché une photo de l'événement avec comme légende « Going, going, gone... », un jeu sur la phrase énoncée par les commissaires-priseurs anglophones. Banksy a avoué qu'il avait installé le broyeur dans le cadre au cas où le portrait serait vendu aux enchères. Ce faisant, Banksy a créé, et non pas détruit, une œuvre d'art. Après la vente, on a exposé l'œuvre déchirée pendant quelques jours avant de la remettre aux acheteuses.

En dépit de la perception populaire de cet acte contestataire de

la part de Banksy, il faut noter que le numéro qu'il a monté a fait augmenter le prix de l'œuvre. Cette augmentation de prix illustre la nature matérialiste de la société et la monétisation de l'art de rue. En effet, l'œuvre vaut 20 % de plus qu'avant de sa destruction. Peut-être Banksy est-il en train de rire du fait que le public est, encore une fois, tombé dans son piège ?

Ce n'est pas la première fois que l'artiste tend des pièges au public. Effectivement, au cours de sa carrière artistique, Banksy a fait plusieurs cascades. Par exemple, en 2004, il a pénétré dans le musée du Louvre avec un simple billet de visiteur et y a déposé à côté de la *Joconde* son œuvre *Le sourire de la Joconde*, un portrait satirique de cette dernière avec un visage de bonhomme sourire.

L'artiste de rue anglais, dont les créations ont récemment été exposées pendant près de deux mois à Toronto, n'a jamais dévoilé son identité au public. Il est de plus en plus élué et mystérieux. Ses portraits sont souvent satiriques, mélangeant graffiti et humour noir. D'ailleurs, quoiqu'il ait produit en 2010 un film documentaire traitant de l'art de rue intitulé *Exit Through the Gift Shop*, les critiques d'art et les amateurs d'art se demandent toujours ce que signifient vraiment ses œuvres à la fois polémiques et fascinantes. Ces derniers ont sûrement hâte de voir quel sera le prochain piège que Banksy leur tendra.

## Lupe Fiasco “WAV Files” Track Review

David Rosen  
Contributor

When it comes to the format in which I listen to music, I generally prefer the album experience. I guess this is due to my tendency to look for patterns in the world around me. I like to see things in context, not as isolated events. For this reason, I don't really like to listen to songs outside of their albums. Nearly every time I listen to a promotional single or a deep cut, I struggle to really understand it. I often find the song somewhat inaccessible.

For me, to connect to a song of its own accord, it often has to have the internal structure and focus one associates with an album. This isn't always true—I love the new Anderson Paak singles “Bubblin” and “Tints.” They're just awesome! This sort of song needs to have, more than anything, a very clear sense of what it is—in other words, self-confidence. Lupe Fiasco's WAV Files is, I think, exactly that kind of song.

Lupe's latest album, *Drogas Wave*, was released on September 21, and it has created a bit of a stir in the hip-hop community. It's a longer album, clocking in at 1 hour and 38 minutes. Many fans are even saying it's his best album in years. I had not yet listened to it; the length made the album seem daunting. However, I had read about WAV Files somewhere online, and I decided to give it a go.

First thing to mention about this song is the beat. Oh man, it's gorgeous! It's essentially a mournful piano piece over a trap beat, coupled with synth vocals fading in and out in the background. It has a sort of flat yet bouncy rhythm, something like a determined march. And it works perfectly with the lyrical content.

The theme revolves around the transatlantic slave trade that started in the 17th century. The lyrics take the narrative in a sort of tragedy-fantasy direction, featuring the souls of the kidnapped Africans who had jumped off the slave ships making their way back to Africa, or fighting back against the colonial powers by sinking the slave ships. The latter tale plays out in the deeply affecting third verse, where Lupe lists eighty slave ships by name in a half-sung, half-rapped style that works extremely well with the piano-inflected beat. The moment when he mentions *The Surf* and the way the word echoes in time with the beat is particularly effective.

Lupe connects this unspeakable event to the present with cryptic references that draw parallels between the slave trade and his relationship with his former record label, Atlantic Records: “wade with us/Baptize and convert to the waves with us/I tuned in to what the future holds/I could never be a slave, n\*\*\*\*s/They gon' have to pay me, Navy /Downloaded by the tidals like Jay-Z.” Also note the song's title, connecting the waves of the Atlantic Ocean with the music files under the control of powerful record companies. I really appreciated this aspect of the song, because it takes it from being just an abstract, historical musing to being a powerful expression of the artist himself.

There are other amazing details to be found in WAV Files, but the treasures the song holds are best discovered by spending time with it firsthand. It has the ability to draw listeners in seamlessly, and even if there's a lot to take in, listening to it is certainly no chore. WAV Files succeeds because it shows such a clear sense of itself through an absolutely defined and immaculate execution. I have been absolutely hooked from my first listen, and it's been on repeat for the last week or so. Check it out!

## Commencer la maternelle à quatre ans: un projet d'éducation à revoir

Krysta Veneruz  
Agente des médias

La nouvelle tendance de #bleedblue au Canada, entraînée par la victoire des conservateurs en Ontario et, plus récemment, par celle de la Coalition Avenir Québec (CAQ) au Québec, démontre que les Québécois et les Canadiens sont tous les deux en train de douter de leur décision de vote.

La plupart des citoyens qui votent pour le Parti conservateur sont pour une « meilleure économie », mais en réalité cette économie idéale constitue simplement un système qui permettra aux contribuables de s'enrichir. En tant qu'étudiante qui possède trois emplois à temps partiel, je suis contre l'idée qu'une « économie » stable soit toujours plus importante que le bien-être des citoyens canadiens.

La CAQ souhaitait apparemment rendre la maternelle obligatoire à l'âge de quatre ans. Cependant, dans leur projet d'éducation, la maternelle à quatre ans ne sera pas obligatoire, mais plutôt encouragée et investie, ce qui aidera certaines personnes. Selon CBC Toronto, il y a des élèves dont la famille n'a pas les moyens pour payer environ 1500 \$ de garderie par mois pour chaque enfant. De plus, dans le cas des enfants qui habitent dans des milieux désavantagés, il serait préférable de les éloigner de dangers potentiels et de les envoyer à l'école, où ils auront l'occasion d'apprendre les compétences de base de la vie.

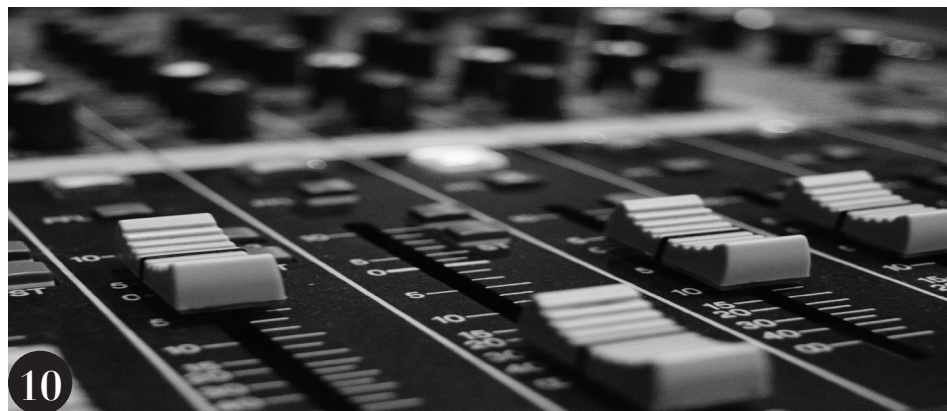
Selon la CAQ, ce projet devrait être bénéfique pour tous, mais on estime que ledit plan coûterait 400 millions de dollars pendant les cinq premières

années du projet. Il faut se demander si le projet se réalisera simplement parce qu'il est plus facile d'investir dans les écoles que d'investir dans les garderies et les programmes sociaux.

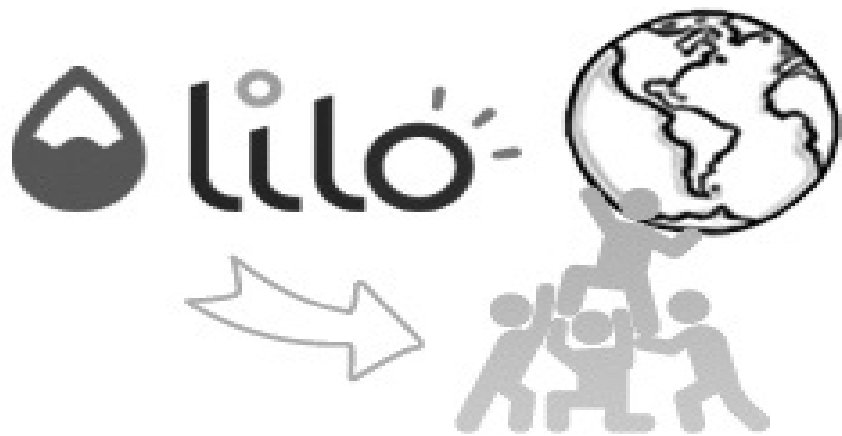
De plus, une grande partie des Québécois sont de l'avis que commencer la maternelle à quatre ans créerait d'importants désavantages scolaires. Selon eux, plusieurs enfants ne sont guère prêts à commencer si tôt. Actuellement, les enfants nés au Québec après le 30 septembre doivent attendre un an avant de commencer l'école. En revanche, en Ontario, les enfants commencent l'école en fonction de leur année et non pas de leur mois de naissance. Souvent, des enfants qui ont trois ans en prématernelle ne se sentent pas prêts à entamer la maternelle, ce qui peut nuire aux enfants qui ont hâte de commencer l'école. Ces derniers devraient commencer la maternelle à quatre ans. Or, il y a toujours des enfants qui se développent plus lentement ou qui ont des troubles d'apprentissage et qui posent ainsi difficulté aux autres enfants et aux enseignants.

Le fait que les enfants commencent la maternelle plus tôt constitue également un enjeu pour les parents. Si l'enfant fréquente l'école à un âge plus jeune, les parents auront plus de travail à faire à la maison afin d'aider leurs enfants, alors que ces derniers possèdent une capacité de concentration limitée.

La CAQ ne devrait donc pas rendre la maternelle obligatoire à quatre ans au Québec. C'est aux parents de décider ce qui convient le mieux aux besoins de leurs enfants, étant donné que les enfants ne sont pas tous les mêmes. La promesse de la CAQ ne s'est pas encore concrétisée, et comme les Ontariens ont vu avec Ford, les valeurs éducationnelles ne sont pas très importantes pour les partis conservateurs. C'est à nous, citoyens canadiens, soit de soutenir le parti ou d'exprimer notre mécontentement collectif.







## Spread the Word, Help the World!

Marion Perrot  
*Contributor*

On September 27, 2018, Google celebrated its 20-year anniversary. This huge, widely-used technological tool, which is part of the company Alphabet, was created in 1998, by two American men, Larry Page and Sergey Brin. According to BBC, "Google makes most of its money from selling advertising opportunities on the search pages so many of us use." That means that Google makes profit from each search you do when using its engine, thanks to its auction-based program, AdWord. And considering that over 70 percent of worldwide online search requests go through Google, it is understandable that Google's revenues reach 109.65 billion U.S dollars!

Indeed, every one of us has noticed these simple text-based ads which are included on the top of each search page. Google's AdWords are, after all, the primary source of Google's revenue. In fact, Le Monde explains in an interesting article that this AdWords program sells keywords. For example: "restaurants" or "accommodations in Toronto" are keywords that are sold to corporations through an auction sale. Corporations, by buying these keywords, then appear on the top of the search page when a user employs one of the words in their search.

Do you think that Google only makes money when you use its search page? Of course not. Even when you are not on one of its sites, according to BBC website, Google's AdSense network, another advertisement program of Google, puts adverts on partner sites, With Google taking a share of the revenue.

But, imagine for just one second that all your searches in one day,

and all money that follows from those searches, is invested not to line Alphabet's pockets but to finance social and environmental projects? Yes, it is possible, and the answer Lilo.org!

I discovered this French search engine recently and wanted to spread the word: it is possible, as a student, to be involved in social or environmental causes (or both!) without moving from our desks. Without any costs, including that to our privacy, Lilo.org retrieves money from your search. This money then finances projects and that follows from the commercial links displayed after each Lilo search in "drops of water." In fact, with each search on Lilo.org, you gain a "drop of water." And as you know, drops of water add up to fill an ocean. This visual is used to demonstrate that by small contributions to a project, you can help great and noble causes.

According to Lilo.org, they have already collected \$210,926 for many different missions to change the world. What is the best part of Lilo.org? The wide choice of projects that are proposed! It is possible to give our "drops of water" to famous NGOs like Oxfam as well as more localized NGO from different countries. Extremely convenient, Lilo.org files projects according their action fields: environment, social, health, and education. Furthermore, if you didn't find what you were looking for, you can suggest an NGO project, or indeed add your own.

It is really easy to switch search engines from Google to Lilo.org. You can do both on your computer and on your phone to collect the maximum of drops of water and be involved in various social projects. As Lilo.org is a new creation, it is currently only available in some languages, such as French, English, Spanish, and Italian. Nonetheless, in only two weeks, I have already collected 670 drops of water. Now, you have no excuses to help change the world!

## Les types de justice

Helen Lam  
*Contributrice*

Il est important de connaître les différentes théories sur lesquelles se base le système judiciaire. Voici donc les types de justice.

### 1) La justice corrective

Selon la théorie de la justice corrective, une personne possède une responsabilité morale pour avoir fait du mal à quelqu'un d'autre et la blessure de l'autre doit être rectifiée. C'est-à-dire, la moralité rend la compensation nécessaire. La responsabilité dans ce type de cas est définie par la relation entre les deux individus, sans égard pour les conséquences au-delà de la rectification qui elle-même représente la justice. Pour cette raison, il existe aujourd'hui la catégorie de droit qui s'occupe des actes délictuels. Un ancien exposé de la justice corrective est paru dans le livre *L'Éthique Nichomachiennne* d'Aristote, dans lequel ce dernier discute de l'injustice transactionnelle commise par un des deux partis engagés dans une transaction volontaire ou involontaire. Sa théorie adressait le déséquilibre causé par la blessure. La justice corrective restaure le statu quo.

### 2) La justice punitive

Reflétée par l'expression populaire « œil pour œil », la théorie de la justice punitive est basée sur le principe de « lex talionis » ou la loi de contre-attaque, laquelle constitue la punition proportionnelle en réponse au mal infligé aux autres. Cela concerne surtout le droit pénal et le besoin de punir. La justice punitive consiste en l'attribution d'un blâme et d'une sanction punitive correspondante à ceux qui ont violé la norme morale dans la société. Ce

type de justice est surtout appliqué au système carcéral de plusieurs pays. La justice pénale traditionnelle sanctionne la transgression d'une règle juridique, mettant l'accent sur la responsabilité abstraite de l'infracteur. Le crime est un acte qui porte atteinte à l'État. On considère donc l'État comme la victime principale. Cela peut être perçu sous un angle déontologique (comme une fin intrinsèque, une réponse appropriée à la conduite moralement répréhensible), ou sous un angle qui se concentre sur la fonction utilitaire (un moyen d'atteindre des objectifs sociaux utiles, tels que la sécurité publique et l'apaisement).

### 3) La justice distributive

La théorie de la justice distributive se rapporte à la distribution correcte des ressources, du revenu, des actifs, des chances, etc. La justice distributive vise à distribuer de façon proportionnelle le bien commun aux individus. La citation suivante de Karl Marx illustre cette perspective : « De chacun selon ses capacités, à chacun selon ses besoins. » Pour redistribuer les richesses, le gouvernement peut augmenter les impôts. De nos jours, les visions de la justice distributive ne se produisent guère en réalité, puisque les mesures essentielles pour réduire la pauvreté dans le monde ne sont pas favorables à la concurrence capitaliste dans le marché global. Quelques débats portant sur la justice distributive surgissent au sujet de l'assurance automobile et de la rémunération ouvrière. Il y a un désaccord quant à la façon de distribuer le coût des blessures. Tous les membres du groupe devraient-ils payer les primes ou les frais pour ceux d'entre eux qui souffrent des blessures? Si tous les membres contribuent aux fonds, le peu de gens malchanceux qui seront blessés n'aura pas à supporter le poids entier des coûts médicaux.



## Contrast

Anike Morrison  
Contributor

Fresh, bouncy baby cheeks  
Like just-ripe peaches.  
On the other hand,  
Skeletal, withered hands and  
A dewlap like a turtle's neck.  
Fragile, mottled skin like aged paper  
has  
Veins popping out—a blue-green spi-  
der's web.  
Back to the newborn:  
Hands gripping whatever touches the  
tiny palm,  
A flash of gums  
As gregarious peals of laughter  
Chime like a trumpet's sound.  
Wiggledy-piggledy, minute limbs and  
feet move,  
Alternating their reach in all directions.  
Eyes, wet with recently shed tears  
Are bright and new like sea glass.

Faded denim eyes peer from deep  
sockets  
Suggesting that weariness comes with  
experience.  
Ginger, trembling movements signal to  
the observer  
A peculiar hardiness, like tulip bulbs or  
potatoes in Winter.  
Senescence at its finest:  
Shuffling steps,  
A comically oversized nose and ears  
Give an elf—or gremlin—like a p -  
pearance.  
Pearl white hairs grow  
Above a lined brow,  
Giving the elderly's face  
The look of folded taffy  
With a translucent epidermis.  
A baby is an India rubber ball—  
An elder is a wire doll.  
Heavy-lidded eyes and deliberate  
movement  
Like the careful movements of a heron  
on rocks  
Contrast with the impulsive, elastic  
lookabout  
Body of the toddler.  
The patter of little feet on solid ground,  
Running devolving into a playful crawl—  
Baby all aquiver with excitement.  
Grandfather picks up baby.  
Resplendent collagen-filled face  
Against hollow, pouchy, saggy cheeks,  
Knobby knuckles and wiry hair.  
The end and the beginning,

### Encore

C'était le milieu de l'été.  
Nous marchions ensemble, nos bras se  
touchaient.  
Était-ce un accident ou était-ce fait par  
expès ?  
De toute façon, ça ne me dérangeait  
pas.  
C'est à ce moment-là que j'ai vu tes  
yeux.  
Ils étaient différents,  
Pas pour leur couleur ou pour leur  
forme.  
Mais l'un était brillant et l'autre était  
triste.  
J'ai couvert l'œil triste avec ma main.  
Tu as ri en retirant ma main et en disant  
que tu pouvais toujours percevoir la  
beauté à travers cet œil.  
Cette nuit-là, j'ai rêvé à toi.

### La dernière fois

Nous nous sommes assis en silence  
sur mon canapé.  
Tu m'as offert un bonbon, mais il avait  
un goût aigre.  
Tu devais partir le lendemain.  
Tu m'as assuré que nous parlerions ch-  
aque jour pendant ton absence.  
Comme j'étais bête.  
C'était le début de la fin.  
Pourtant, je me suis penchée vers toi.  
Tes bras m'ont entourée.  
Nous ne nous sommes pas embrassés  
cette nuit-là.  
Je ne sais pas si c'était une décision  
sage de ma part.  
Tu devais partir, mais tu ne t'es pas re-  
tourné vers moi en partant.  
Alors, en m'appuyant sur le cadre de la  
porte, je me suis rendu compte que tu  
étais beau.  
Tes veines dessinées semblaient avoir  
été peintes soigneusement par un ar-  
tiste.  
J'ai pensé à tes joues creuses, blotties  
dans la courbe de ma main.  
À tes lèvres, toujours courbées vers le  
bas, émettant un rire musical.  
Et à tes yeux.  
Mes propres yeux sont devenus tristes.  
J'ai pleuré cette nuit en pensant à toi.  
**La douleur**  
Ma poitrine n'a jamais été aussi lourde.  
Le silence entre nous n'a jamais été  
aussi fort.  
Mais, s'il te plaît, dis-moi, vois-tu encore  
de la beauté à travers ton œil triste ?  
Against hollow, pouchy, saggy cheeks  
Knobby knuckles and wiry hair  
The end and the beginning  
Together as one

## Mes frères, où êtes- vous allés ?

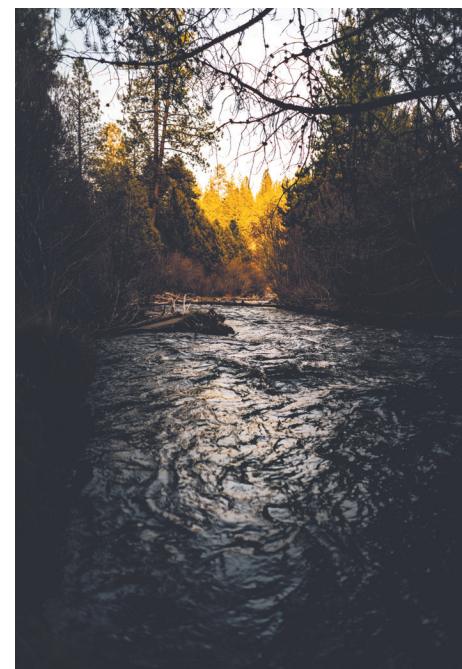
Ayla Slijvar  
Expressions Editor

### I. Au début

Je vous admire depuis mon plus jeune  
âge.  
Avant même de pouvoir former des  
phrases cohérentes,  
Je connaissais grâce à vous le sens du  
mot « frère ».  
Notre amitié m'est spéciale.  
Vous étiez mes chevaliers.  
Chaque fois qu'un monstre se présen-  
tait,  
Vous étiez toujours devant moi,  
L'épée à la main.  
Vous m'avez protégée contre les mon-  
stres les plus odieux,  
Des monstres avec des crocs et des  
yeux globuleux,  
Avec des cornes et une langue de ser-  
pent.  
Ces monstres étaient infernaux.  
Même si les combats n'étaient pas fac-  
iles,  
Et même si vous aviez vos propres  
démons à affronter,  
Vous ne m'avez jamais laissée seule,  
Vous m'avez aidée à mener mes com-  
bats et à grandir.  
Je vous en remercie.

### II. L'adolescence

Nous sommes plus âgés maintenant.  
Maintenant, l'un de nous est à l'univer-  
sité et les deux autres sont restés.  
Mon plus jeune frère, tu étais en pleine  
adolescence alors que j'achevais la mi-  
enne.  
Je sais que ce n'a pas été facile pour  
toi.  
Tu devais être quelqu'un que tu n'es  
pas.  
On t'a obligé à jouer un rôle qui ne te  
convenait pas.  
Dis-moi, as-tu trouvé ta voix ?  
Je n'ai jamais eu honte de toi,  
J'espère que tu le sais.  
J'espère que tu deviendras la personne  
que tu es destiné à devenir.  
J'espère que je pourrai être là pour te  
voir changer.  
Mon grand frère, es-tu stressé ?  
Es-tu préoccupé ?  
Je sais.  
Je comprends que tu n'as pas beau-  
coup de temps pour ta sœur et ton frère  
cadets.



Je sais que tu es fatigué.  
Et frustré.  
Mais tu vas y arriver,  
Même si tu dois partir pour le faire.

### III. L'âge adulte

Vous souvenez-vous des monstres de  
notre enfance ?  
Ils sont de retour.  
Les monstres sont plus effrayants que  
jamais,  
Puisqu'ils ont pris une forme humaine.  
Qui aurait cru que nous deviendrions  
des monstres aussi ?  
Nous ne pouvions tout simplement pas  
nous l'avouer.  
À l'âge adulte vient la douleur,  
Le chagrin,  
La solitude.  
Malgré tout cela,  
Vous êtes à mes côtés.  
Ou du moins, c'est ce que je pensais.

### IV. Et maintenant ?

Nous ne nous sommes pas parlé  
depuis un an.  
Pourquoi ?  
Qu'ai-je fait de mal ?  
J'ai essayé de dire que je suis désolée.  
J'ai fait tout ce que j'ai pu pour me faire  
écouter.  
Mais vous m'avez tourné le dos.  
M'avez-vous entendu pleurer ?  
Jamais je n'aurais pensé que nos in-  
teractions se réduiraient aux regards  
vides, sans paroles.  
Mes frères, où êtes-vous allés ?  
Où vous êtes-vous cachés ?  
Nous ne sommes plus des enfants.  
Ne sommes-nous pas trop vieux pour  
jouer à cache-cache ?  
Où que vous soyez, j'espère que vous  
êtes heureux et en bonne santé.  
Même sans moi.