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La prochaine date limite:
le 10 mars



NOTRE VOIX
NOTRE HISTOIRE



#GLExit: More than a Meme A Call for an Independent Student Union

Edd Tudian
Contributor

When this article is published, the elections for the Executive of the York Federation of Students will have just passed. Predictably, it has most likely resulted in a sweep by the incumbent Student Action slate, as it has for time immemorial. This election is one that is particularly disappointing for those who actively follow student union politics, as there was only one candidate for Glendon Representative, due to the Bloc Glendonois candidate being rejected under shady circumstances. It is clear that we stand at a crossroads in regards to student politics at York, and Glendon must take steps to distance itself from the YFS and CFS, working to build a strong, independent GCSU. The Bloc Glendonois's #GLExit slogan was created to express the GCSU's need for more independence and control over what happens at Glendon. The GCSU has never suffered from the democratic lapses of their YFS counterparts,

and are uniquely placed to represent students at Glendon.

Democracy at York is in a sad state. Throughout my time at York, I have witnessed allegations that the incumbent party has engaged in undemocratic practices, such as stuffing ballot boxes with votes for the Student Action slate, unfair access given to the CRO exclusively for the incumbent slate, restriction access to the CRO, the prohibition of recording debates, and the promotion of voter suppression by holding elections the week preceding Reading Week. The annual election should be celebrated as an expression of democratic values, on-campus activism, openness, and transparency. However, elections are shrouded in secrecy.

There are two debates held on either campus for the slates to square-off in the week before the election, but these are sparsely attended. In the 2016 election, there was only one non-candidate student in attendance at the Keele Campus debate. Although the simple

solution would be to blame voter apathy, this is simply not the case. Debates and information about the election are so poorly advertised on campus, that only the candidates are formally informed of their timing and location. Even that is sparsely true; during this cycle, the Bloc Glendonois slate was informed of the specifics of the debates less than 24hrs before their occurrence. In elections past, students have been turned away from polling stations, being told that they have already voted despite never voting. Issues at polling stations have also included double voting, and not giving voters all the ballots to which they are entitled. From personal experience, volunteers at poll stations are typically unprofessional.

Beyond the questionable practices of the mechanics of the election, there are serious lapses in the governing ability of the YFS executive.

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Hey Glendon,

The last month of classes is here, and to end the year on a high note, the Glendon clubs and organizations are putting together a multitude of events for students to enjoy. Clubs and organizations are the backbone of the Glendon experience, so it is very important to support them. Whether you are a frequent Glendon event goer, or you are just beginning to emerge out of your res room, I encourage you to attend at least one of the events happening on campus over the next month.

Pro Tem is hosting a night of poetry called #SpeakOutGI Wednesday March 8 at Lunik Coop, where students will be reading their poetry and enjoying drinks at Late Night Lunik starting at 9pm. The International Studies Argentina Symposium will be Saturday March 11, the GCSU will host a series of event for la semaine de la francophonie from March 13 to 17, the African Network is hosting a Gala Friday March 17 in the manor, and the Glendon formal take place Thursday March 23. It's safe to say there is something for everyone! Students are putting in hours of work and planning to make these events come together, so mark those

dates in your agendas Glendon!

Are you passionate about journalism? Do you want to become more involved and make a difference? Apply to be a part of the Pro Tem 2017-18 team! We are hiring a photographer, a layout designer, all six section editors (Arts & Entertainment, Expressions, Issues & Ideas, Health & Wellness, Campus Life, Metropolis), and two assistant editors (French and English). We are also hiring a Communications Officer whose responsibilities will include social media, website management, and poster design. To apply, send your cover letter and resume to editor@protemglendon.com by Monday, March 20th. No previous editing experience is required.

Il ne reste qu'un numéro après celui-ci, alors mettez-vous à l'œuvre si vous souhaitez contribuer pour Pro Tem une dernière fois! La prochaine et dernière date limite pour nous envoyer un article, un poème, ou une nouvelle est vendredi le 10 mars. De plus, vous pouvez encore vous inscrire pour participer à notre soirée de poésie mercredi le 8 mars. Envoyez simplement un email à comms@protemglendon.com avec la longueur du poème que vous souhaitez présenter et arrivez à 20h mercredi. Tous les étudiants sont les bienvenus, et si

vous ne voulez pas présenter de quoi, vous pouvez certainement vous joindre à nous et prendre un verre à Lunik en écoutant la poésie de vos collègues.

J'espère vous y retrouver!

Avec amour,



Camille Slaght
Editor in Chief

Vous avez des opinions? Vous aimez écrire? Vous faites de la photographie? Vous adorez dessiner?

Pro Tem vous veut!

Envoyez-nous un courriel à editor@protemglendon.com pour apprendre comment vous pouvez vous impliquer!



Nadia Edwards

Argentina Symposium: March 11th at Glendon College

Argentina is a land of rich red wines, stunning natural landscapes and fiery Latin culture. It is a nation of strong social movements, powerful female political leaders, and activists who have worked to help global change take form.

The Annual International Studies Symposium has been a student run initiative for the past 21 years. During the 1995-1996 academic year, a group of highly motivated and driven students created a course that would allow them to deepen their knowledge on both foreign countries and Canada's foreign policy. This year, the country of focus is Argentina.

The course is split into two main sections. During the first semester, students learn and do research about the selected country. The second semester is dedicated to organizing, planning, and executing the Symposium.

Want to know more about Argentina? Join us March 11th at Glendon College for the 22nd annual International Studies Symposium and learn all about this beautiful nation. Explore

Argentina's diverse landscapes, taste authentic regional cuisine, and delight in cultural performances before diving into its history, politics and international affairs during our academic panel discussions.

This year's Symposium features various panels that will address a wide array of topics - politics, history, culture, economics, and more - presented by distinguished speakers and guests from all over. In previous years, foreign diplomats, Canadian federal ministers, and renowned academics have participated in the Symposium.

Not an International Studies student? No problem! The Symposium team is run by a team of International Studies students, but is open to everyone, including non-York students and Toronto community members! The aim of the Symposium is to foster intellectual dialogue among students, academic scholars, government officials, non-governmental organizations, and members of the Argentine-Canadian community all while celebrating this vibrant nation. Join us to shine a light on the land of "unión y libertad." Visit www.argentinasyposium17.com for more information about tickets, and how you can become involved!



Spotlight on Glendon Alum: Krista McNamara

Q: Tell us about your involvement at Glendon (what did you study, any clubs you participated in)

A: I was in Canadian Studies! In my coursework, I focused primarily on Indigenous-Settler relations. I graduated in 2014 with a BA and the Certificate of Bilingualism. During my first year, I volunteered with Peace by PEACE. Then, I went on to be a councillor, VP Bilingual, and then speaker with the GCSU. I was also Director of Awareness, Coordinator of GLgbt*, and worked as a Don of Learning Activities in Wood residence. I worked in the student recruit-

ment office (the best!), volunteered with ASAY a handful of times, and was a First for the Red team during Frosh Week. Last but not least, I was an Infinite Reach Facilitator with the Métis Nation of Ontario at Glendon... Clearly I spent far too much of my 5 years on co-curricular activities!

Q: What do you miss about Glendon? Have any regrets about your time here?

A: I'd say that I miss the cafeteria, but that's obviously a lie. I do miss the space and my friends, our big crowd of loud queer people. I miss how we lived as a community, sharing meals, epic GLgbt* pub nights, and our struggles. I grew a lot during my time at Glendon. My biggest regret is not having studied enough and not working hard on my academics. Don't get me wrong, I had a few A's in the courses I really

loved (Anishinaabemowin with Maya Chacaby, Queer Cultures with Kato), but I bombed a lot of "easy" classes. So, looking back, I'd say, make sure you study and hand in your work friends!

Q: What are you up to now?

A: I'm a high school teacher! Well, currently an unqualified one, working in Eeyou Istchee (The People's Land) in a community called Mistissini. I'm headed off to teacher's college next year to get my BEd.

Q: How did Glendon help you get to where you are now (or where you want to be)?

A: Glendon gave me the space to grow and become myself. Queer, Franco-Ontarian, Indigenous, Feminist; it taught me some of the important terminology that I needed to place myself in the world. I went to école secondaire Le Caron, and Glendon gave me the opportunity to keep studying in French, which is really important for me personally and professionally. I currently teach Science and Chemistry in French.

Q: Any advice for students still at Glendon?

A: Keep working hard. Enjoy your time, even though it's stressful as hell. Make taking care of yourself a priority. And maybe use one of those free GCSU agendas, they actually come in handy.



#GLExit: More than a Meme (continued from cover)

Year after year, I have watched prospective candidates for the YFS come to Glendon for the debate and never see them on-campus afterwards. It was revealed, in the light of the

health scare at Humber College, that there is a serious concern of the safety of food consumed on campus with a disproportionate number of DineSafe infractions recorded at both of York's campuses, with the biggest offender being the beloved Glendon Cafeteria. However, the silence of the YFS on the issue of the Glendon cafeteria has been deafening. Year after year, I have watched candidates seeking election masquerade through Glendon, promising to use the resources of the YFS to aid in Glendon's struggle against the cafeteria, increasing the frequency of the shuttle, providing more French and Spanish resources on campus, and advocating for accessibility at Glendon. Yet, they have retreated to their ivory tower in Keele's Student Centre, never to be seen at Glendon again.

It is time for Glendon to take back control. What we in the Bloc Glendonois, and the #GLExit movement at large are advocating is for the strengthening the Glendon College Student Union to advocate for the needs of the Glendonois. It is time that Glendon campus recognize our sovereign right to represent ourselves and advocate for Glendon centric issues. It is time that the Glendonois no longer send levy money to an institution more interested in self-preservation in their ivory tower at Keele than advocate for the issues affecting the Glendonois. It is time that the Glendonois stand tall again, and fight for the issues unique to our campus on our own. The Bloc Glendonois will seek to achieve this through a democratic referendum, and a full consultative process with the Glendonois. The Glendonois must take back control of our student union! Vive un Glendon libre!

L'art du discours: la clé du leadership



Gabriella Giordan
Rédactrice adjointe français

Le 10 février, le Salon Cœur de Lion a organisé le Sommet sur le leadership et les carrières de Glendon. Cet après-midi rempli de présentations, d'ateliers et de réseautage est destiné à fournir aux étudiants de l'Université York des astuces professionnelles et à faciliter leur accès au marché du travail. Les étudiants du campus Glendon et du campus Keele ont eu l'occasion de rencontrer des employeurs, de participer à des ateliers de perfectionnement des compétences, d'améliorer leur profil professionnel ainsi que de rencontrer des diplômés.

Réseauter, se trouver un objectif, se sentir inspiré: telle était la philosophie et la finalité du Sommet. L'accent était surtout mis sur le mot et le concept « devenir ». Selon le Salon Cœur de Lion, et surtout dans le cadre d'un tel événement, « devenir » signifie trouver la manière de tisser des liens entre un objectif de vie ou de carrière concret et l'impact que l'on veut produire sur le monde ou sur les autres. Le chemin qui mène à ce « devenir » emblématique serait en fait l'addition du potentiel de leadership d'une personne et de son développement professionnel.

Comment donc arriver à « devenir », voire grandir et se trouver un but ou une passion? Il n'existe pas de réponse universelle à cette question, puisque chaque personne diffère de par ses expériences, ses goûts et ses vœux personnels. Or, entre-temps, il vaut peut-être la peine de s'essayer dans



Lauren Clewes

certaines techniques afin de devenir un meilleur leader. Le leadership est une qualité qui s'avère impérative dans de nombreux domaines et qui est de plus en plus recherchée chez les jeunes entrepreneurs aujourd'hui.

Effectuer des présentations quelconques en public et faire preuve d'un langage corporel soi-disant « efficace » n'est pas la plus évidente des choses. Marjorie Malpass, diplômée en représentation théâtrale et spécialiste en formation de compétences de communication et de présentation, a animé l'un des cinq ateliers de la journée, se rapportant à cette facette du leadership et de la communication. Pendant les quarante et quelques minutes qu'a duré l'atelier, les étudiants inscrits à toutes sortes de programmes ont écouté at-

tentivement Malpass, tous désireux de mieux comprendre comment il est possible de transformer leur regard d'imploration « plea-plea » en prestation assurée. La présentatrice a mis en pratique ses propres astuces, rendant son discours plus crédible et accessible.

Malpass a souligné l'intérêt des « micro-relations » et de la respiration. Établir un contact avec son public, même s'il ne s'agit que de lui sourire et de le saluer en entrant, s'avère crucial lors d'une présentation. Lorsqu'on évite de croiser le regard de quelqu'un, soutient Malpass, on perd à jamais l'occasion d'entrer en contact avec cette personne. L'experte a aussi fourni à son public des techniques de respiration supposément infaillibles: décider quand l'on veut respirer, prendre des pauses,

et surtout, marcher en expirant. En effet, mieux vaut ne pas manquer de souffle au moment où l'on doit commencer un discours stressant.

L'aspect clé de l'atelier de Malpass ne s'est pourtant pas limité au contact visuel et à la respiration. D'abord et avant tout, Malpass a encouragé les jeunes de la génération Y à se faire confiance, et ce en projetant son regard vers les coins de la salle ou vers le plafond, mais jamais vers le plancher. Il est d'autant plus utile de considérer le discours non pas comme un devoir ou une évaluation, mais plutôt comme un savoir que l'on possède et que l'on désire partager avec autrui. Certes, cela est plus facile à dire qu'à faire. Néanmoins, le leadership et la confiance demeurent atteignables pour tous, introvertis comme extrovertis.

A Recap on the LMG Fashion Show

Another year, and another successful fashion show for LMG: La Mode à Glendon. On Friday, February 17, LMG held their third annual fashion show in the Glendon Theatre. It was a night of fashion and music with a variety of designers and performers. The models worked the runway, showcasing the interesting creations of designers who experimented with different colours, textures and styles. All collections were very unique, ranging from intricate styles that included pieces of handmade, beaded jewelry, and glittery evening dresses, to more simple looks that played with nude colours and sheer fabrics. These looks wouldn't have been complete without the help of the makeup artists and hair stylists.

The designers weren't the only ones to embody diversity; the musicians completed the show by performing different styles of music. A young man by the name of D.Hart performed moving spoken word pieces, Muzzy Legault and Alcordo gave us some sultry vocals, and to end the night, Glendon's very own Mutari did his signature energetic trap performance. LMG would like to thank all of the volunteers and photographers, the sound operator, stage manager, lighting operator and

the Glendon Theatre. A big thank you goes out to everyone who was able to come out to the show. Thank you for all your support. The night was unreal and we are already looking forward to future projects!

Follow LMG on social media:
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Designers:
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[@lexynellereveurceo](https://www.instagram.com/lexynellereveurceo)
[@luxecollectioneveningdresses](https://www.instagram.com/luxecollectioneveningdresses)

Makeup artists:
[@makeupbybelgin](https://www.instagram.com/makeupbybelgin)
[@allys_makeup_1121](https://www.instagram.com/allys_makeup_1121)
[@looksbymichelle](https://www.instagram.com/looksbymichelle)
[@beautywithinaaa](https://www.instagram.com/beautywithinaaa)

Hair Stylists:
[@marca_college](https://www.instagram.com/marca_college) (from Mississauga campus)

Performers:
[@alcordomusic](https://www.instagram.com/alcordomusic)
[@dhartmusic](https://www.instagram.com/dhartmusic)
[@muzzylegault](https://www.instagram.com/muzzylegault)
[@mutarimusic](https://www.instagram.com/mutarimusic)

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Johnell Harris



Le grand serpent du monde : un trésor à découvrir

Sandy Kim
Contributrice

Lauréat du prix Karlovy Vary International Film Festival 2000, Yves Dion a réalisé un film impressionnant qui se présente sous forme de fiction intitulé *Le grand serpent du monde* en 1999. Grâce à sa compétence et à son talent incontestables, ce réalisateur québécois a laissé une forte empreinte sur le spectateur, moi incluse. Son œuvre, soit un récit d'amour avec des nuances psychologiques, nous fait voyager dans des univers mentaux complexes.

Tout d'abord, le récit s'organise autour de deux personnages mystérieux : Tom Paradise et Anaïs. Le jeu de l'acteur principal, Murray Head, lequel incarne Tom Paradise, est plus surprenant et émouvant qu'attendu. Chauffeur d'autobus, âgé d'une cinquantaine d'années, possédant des yeux noisette qui se marient parfaitement à ses cheveux bruns, Tom Paradise est à la recherche de la liberté.

Âgée d'une vingtaine d'années et toujours tirée à quatre épingles, l'actrice principale Zoe Latraverse est charmante. Or, son jeu dans le rôle d'Anaïs n'est pas convaincant. De son côté, le jeu du jeune acteur Gabriel Arcand, qui interprète le rôle de Monsieur, un passager d'autobus souffrant de maladies mentales, a suscité plus d'admiration de ma part.

Ce chef-d'œuvre a eu beau être seulement disponible en version française, il a obtenu un immense succès grâce à son intrigue claire et palpitante. L'esprit libre de Tom Paradise, soit « la vie, c'est le mouvement », mentionné par le chauffeur lui-même, contribue à faire en sorte que ce film présente une réflexion sur les événements de sa vie. Le spectateur réussit à s'identifier à Tom, ce qui rend selon moi l'œuvre plus captivante. De plus, il y a un revirement final étonnant dans la trame de l'histoire : Anaïs est en fait la fille de Tom. Pas surprenant que ces deux personnages se ressemblent comme deux gouttes d'eau.

Il s'agit d'un film visuellement impressionnant. Certains aspects techniques sont néanmoins mieux réussis que d'autres. La scène à la piscine, où Anaïs entraîne brusquement Tom vers le fond pour le noyer, m'a séduite grâce à l'excellent usage de la caméra sous-marine. De plus, *Le grand serpent du monde* illustre une certaine douleur de par des images saisissantes, telles que celle du paysage urbain et l'image très distincte de la beauté des champs colorés qui s'étendent à perte de vue.

Il est dommage que ce film soit aussi court. Mais quelle que soit la durée de ce film, il comporte plusieurs effets sonores remarquables et des compositions de musique bouleversante de Serge Laforest. On réussit par exemple à capter le chant des oiseaux et la musique d'opéra, qui créent des images enchanteresses.

Quoiqu'il ait été plutôt boudé par le grand public lors de sa sortie, ce film m'a tenue en haleine du début à la fin. Il est à voir absolument !

Women on Television: It's Their *Broad City* and We're Just Living In It



Bruno Da Costa
Arts and Entertainment
Editor

In the midst of avoiding the eye of midterms' storm, and to subsequently celebrate reading week, I binge watched the Comedy Central series *Broad City* starring Ilana Glazer as Ilana Wexler and Abbi Jacobson as Abbi Abrams. This fiercely fresh comedy saw the finale of its third season and has been renewed for a fourth and fifth. Rightly so, considering the originality that co-creators Wexler and Jacobson have graced their cult following with, proving that brash and brazen funny women are a force to be reckoned with.

The premise of the show was described by Ilana Glazer in an interview for *Jimmy Kimmel Live!* as "two knuckleheads running around New York, high". However, this brief summation does not do the critically and commercially acclaimed series justice. While the hijinks that Ilana and Abbi get up to are expertly crafted whirlwinds of laughter, the comedic value of the show is rooted in its ability to pack punchlines that are insightfully hilarious and seamless in their delivery. *Broad City* transcends the modern formula of cheap

sitcoms, making its audience laugh because it is thoughtfully clever without having to rely on kitschy gags and an audience laugh track.

Each half-hour episode features a new adventure for the two gals, such as getting a driver's license renewed at the DMV, or blackmailing their boss with the exposure of his past as a porn star. *Broad City* excels at finding the comedic side of the everyday mundane and showing its watchers that no matter how downtrodden we may feel, everything is manageable with some humour and determination. Every season of the show features ten episodes, and the plot arch for each one is neatly tied up with ingenuity, but episodes do not necessarily have to be watched chronologically in order for the viewer to understand what is happening in a specific episode. *Broad City* episodes succeed as standalone stories, but they excel when experienced as a whole.

In an age where comedians are being challenged to create meaningful content, comedy has become a divided genre. There are classic, Golden Age comedians who do not believe they need to develop their methods in order to relate with an evolved audience of more sensible values, and there are comedians who strive to create profound content that is sharply intuitive rather than offensively cutting. An audience that finds itself siding with the former will also surely find refreshment with *Broad City*. While it may be hilarious to watch Ilana and Abbi deal with the ridiculousness of temp work or a string of disappointing sexual partners, the reality of life becomes bittersweetly apparent as

episodes begin to blend into one of the main messages or themes of the series. Glazer and Jacobson are trailblazers in bringing concepts such as feminism, the LGBTQ+ community, and classist struggles into mainstream media.

Broad City is truly a hidden gem and a noteworthy victory for women in comedy. After two years and three seasons, Glazer and Jacobson have made their prowess apparent,

farfaring favourably both with critics and audiences. While debates over political correctness in comedy will continue to happen, Abbi and Ilana are proof that sensible comedy can be just as jarring without causing casualties.



Oscars 2017 Photo Recap



Best Actor in a Leading Role: Casey Affleck, *Manchester by The Sea*



Best Actor in a Supporting Role: Mahershala Ali, *Moonlight*



Best Actress in a Leading Role: Emma Stone, *La La Land*



Best Director: Damien Chazelle, *La La Land*



6 Best Actress in a Supporting Role: Viola Davis, *Fences*



Best Picture: *Moonlight*

The City by Glendon



Andrew Thies
Metropolis Editor

Negotiating the ins and outs of the city can be hard, especially for out-of-towners. There's a whole city that exists outside 2275 Bayview Avenue, as shocking as it may seem. I remember how easy it was to stay in instead of going to explore Toronto when I lived in residence. All too comfortable to slip into the drunk state of mind and turn the pre-drink in Wood A210 for the rest of the night; everybody putting their coats away for another drink-or five-and secretly breathing in a sigh of relief at not having to trek all the way downtown.

But chances are if you're from the hinterlands of southern Ontario or elsewhere, you haven't seen all the city has to offer. Or maybe you're from here and want to know what your fellow Glendonites think of Toronto. Either way, here's what other students' favourite places in the city are.

Let's start with Jean-Pierre, who enjoys his rainy afternoons in the Annex, away from all the snobbishness the rest of Toronto usually brings. Staying until dusk gives the option for a great nightlife scene, probably better than the harassment-filled clubs on King West and the gentrification almost every other neighbourhood is marked by.

Others are quick to name exact locations, like Eric. Before it changed owners, the Magic Lantern Cinema (now Imagine Cinema) on Carleton Street was his favourite independent theatre in Toronto. Along with major releases it would have themed nights like women-focused movies, classic movies, and bad movies (they still show Turkish Star Wars almost every night - head there on Tuesday to see it for only \$5). The theatre was also fully licensed, serving booze slushies, perfect for Eric's dates to put up

with him. Eric's second favourite spot is Cabana Pool Bar, the bar that can only be described as the cesspool of Torontonians, aptly located near abandoned industry near the Portland's.

For a less trashy night out, our very own Editor-In-Chief Camille recommends the Ceili Cottage. This cozy Irish pub in Leslieville is known for its oysters, mac n' cheese, and sticky toffee pudding. A plethora of books, maps and photos of Ireland line its walls, and the exposed brick and wood furniture create a warm atmosphere. Their patio on Queen Street East is also a beautiful spot to enjoy a cold beer when the weather gets warmer.

Speaking of warm weather, my recommendation could only exclusively be enjoyed when the warm summer sun decides to rear its head once more in a few months. Hanna's Point Beach on the island is the only clothing-optional beach in Toronto. Uneven tan? Think clothing is oppressive? Head over to Hanlan's Point with a book or a couple of drinks. Undoubtedly the most relaxed beach Toronto has to offer; cops rarely come around. Perfect for whichever illegal activity one might have up their sleeve.

I've received one or two other interesting submissions, from Frost library to Yonge and Eglinton. Although I'm legitimately intrigued as to why Frost library would be the top of somebody's list, I can only conclude that y'all need to get out more. Try some of the fun things on this list.



March Events in Toronto: What Not to Miss This Month

#SpeakOutGL - A Night of Spoken Word
March 8th
Lunik Co-op

Pete Tong
March 11th
Rebel

Bent Beauty Supreme
March 10th
Gladstone Ballroom

Freelance Business Success Summit
March 13th - 17th
Google - Online Summit

Toronto Fashion Week
March 14th - 18th
Various locations

Steam Whistle's St. Patrick's Day Party
March 17th
Steam Whistle Brewery

St Patrick's Day Parade
March 19th
St George and Bloor Street West

Toronto Light Festival
Through until March 19th
The Distillery District

Circus Class
March 21th - 28th
Sony Centre for Performing Arts

ComiCon
March 23th - 27th
Enercare Centre

Cinq visages pour Évelyne Frost
Through until 25 mars
Théâtre français de Toronto

Human of The North: The People of Canada
March 30th
The Great Hall

Canada 150: Discovery Way
Dates through until November
Ontario Science Centre

If you're around Toronto and hear of an event that might be of interest to our community, write to us at: metropolis@protemglendon.com.



Photography - LMC Fashion Show





The Student Apartment Hunting Guide

Part 3: Finding and Keeping Good Roommates



Sienna Warecki
Layout Designer

Welcome to the third and final installment of the Student Apartment Hunting Guide. In the first installment, we looked at ways to search for your new home, and reviewed the process of securing housing start-to-finish; in the second installment we discussed advice for viewing your potential apartment in order to ensure minimal annoyances/problems down the line. If you've followed these steps and taken a gander at the supplementary sources, then chances are you've found yourself a super-sweet pad and are already itching to hang up your posters, unpack your queen-size mattress, and stock the cupboards with your thirty five tea mugs.

Not so fast though! If you're a student looking to find housing off-campus, chances are also high that you're going to be sharing the space with roommates. Believe it or not, the roommate selection process is almost more important than finding an apartment in the first place. No matter how nice the living quarters are, living there is gonna suck if the people you're sharing space with aren't on the same page. So save yourself the long, drawn-out agonies of repeated roommate interventions and pick your housing buddies carefully!

Good friends are not the same as good roommates.

Get it straight from the start. The qualities you want in a friend don't necessarily overlap with the qualities you want in a roommate—they constitute two different kinds of relationships. It's totally possible to have friends that you jive with in a housing environment, but don't make the mistake of assuming that just because you're pals you can co-own a space together.

Check their references.

...which is just a way of saying, ask any mutual friends about whether they think you and your potential roommate/s could vibe together. Make sure to ask people you trust to be straightforward—the last thing you need is for someone to encourage you into a bad decision! (When Rachel first asked me if I would agree to let Carisa live with us, I quite literally asked Rachel to “sell the idea of her to me”. It worked.)

If you don't know them very well, time to start learning.

If you're an asthmatic, you don't want to move in with someone who smokes in the house. If you're an introvert, you might not appreciate roommates who throw raucous parties every weekend. If you like to blast your music while doing chores, make sure it's

music they won't hate. In general, get as clear a picture as you can of the person you're considering—after all, you're going to find out about all of it sooner or later.

In the same vein, the best time to figure out whether your friends will make for good roommates is before you move in, not after. And conversely, it's also the best time to make sure your seemingly-qualified roommate is also, y'know, a person you can stand to be around.

So You've Found Some Roommates: Now What?

It's one thing to find a few darlings and fantasize together about all the cute craft nights and movie marathons and baking sessions you're going to have together—it's another to make sure everyone is doing their chores, all the bills are being paid on time, and nobody is harbouring resentment for anybody else. Once you've found some good roommates, how do you keep everyone happy?

The short answer is this: constant communication. My roommates and I have created several channels of communication which we check daily, in addition to monthly house meetings where larger issues are mediated and finances are calculated and sorted. Because of our commitment to effective, open-minded communication, I can say 100% honestly that we've never had serious problems with each other, and we've never resorted to passive-aggressiveness to get our messages across. Here are five of our Best Practices for Happy Roommates:

Sort and schedule your chores, formally and officially, day one.

The number one complaint I've heard from friends about their roommates is that they don't do their chores.

To avoid this, sit down together and decide who is going to be responsible for what chores. (Some people do a 'chore wheel', where different members of the house are responsible for different chores on different weeks, but

we've found that, seeing as we all had favourite chores that all happen to be different, we just stuck with what we liked/are best at.)

Another good idea is to collectively decide on a 'chore day'. We aim to do all our chores on Sundays, although we'll notify each other if we need to push it back a day. It might be tough given everyone's schedule, but I would hugely recommend it because it gives you an excuse to all hang out while you're cleaning your space together. That makes it more fun!

Establish regular house meetings, and treat them like business.

The house meeting is a hugely under-valued tool. It enables you to set aside time to review your living space and conditions, to negotiate changes in how things are run, to announce anything that your roommates need to know well in advance, to bring up small grievances before they turn into big grievances, to organize splitting the bills—the possibilities are endless. I would highly recommend organizing the point/s of your meeting ahead of time. We have a whiteboard where we'll write an agenda of things to discuss and then work through them one by one.

Create ways to connect on-the-go.

We've got ourselves a Facebook group chat where we let everyone know our whereabouts, or notify the house about postponing chores, or ask what kind of fancy cheese everyone wants from the Metro. (Seriously.) We also have a whiteboard in the living room (beside the communal calendar), a chalkboard in the kitchen, and a plethora of Post-It notes that are used intermittently. Anything goes!

Have the money talk and have it early. (And shamelessly.)

Economic differences exist amongst you and your peers. You won't know it unless and until they tell you. Without getting into specifics, my roommates and I are actually pretty spread

across the scale of financial security, so we need to take that into account when we make choices that affect the whole apartment and everybody living in it. (This is why, for instance, we changed how we were splitting the grocery bill. More on that in a moment.) Moreover, you need to stop being squeamish about discussing money with friends/peers/colleagues anyway—you're paying bills now. It's in your best interest to be frank about finances.

Define how the food's going to be split up.

The other most common lament I've heard is that they have no idea what food belongs to whom—as a result, they end up going hungry when there's plenty of food in the house. (Which is ridiculous.) Create a system for understanding who can eat what, and make sure everyone's up to date on it.

Note: your system is allowed to change! At the beginning, we thought it made sense to just all go buy groceries and split the bill evenly between us. Later on at our house meeting it was brought up that a) people have different financial resources and b) not everyone eats equal amounts of the same things (and not everyone eats the same amount, period). So we switched it to a half-and-half system: we have a list of “common food” that's up on our chalkboard, which everybody splits the cost of, and everything else counts as “special items” which are property of the buyer and can be eaten upon request. It's worked like a charm ever since!

No matter what your systems are, make sure everybody agrees on them, and check in regularly to see what needs adjusting. It might take a couple of months, but sooner or later you'll have a flourishing home environment! (And plenty of time for movie marathons and bake sessions on the side.)

So ends the Student Apartment Hunting Guide series. Bonne chance, and happy hunting!



Sienna Warecki

Chicken Soup for the Student Soul

Ayse Koca
Contributor

“Go to school. Get a job. Go to work. Get married. Have kids. Watch TV. Obey the law. Now, repeat after me: I am free.” You might have seen this line on your socialist friend’s Facebook feed. We know, however, the truth is more complex—especially when it comes to education. School and the ways in which we approach it can be a dynamic and consequential pursuit.

In a broad sense, education pushes students to consider different viewpoints, to recognize the difference between academic works and opinions, and to develop and communicate ideas in a way that’s relatable to others. It’s more than a simple vehicle to attaining a job. Because education is in itself meaningful, it makes sense to choose a particular discipline because of the material we will learn and the skills it will teach us, and not because of the job it may lead us to. Many students choose their field of study based on job prospects, and oftentimes this decision is made by their parents. But parents aren’t the ones who are going to be completing readings, pulling all-nighters, and banging their heads on textbooks out of frustration from not understanding the material. And they’re certainly not going to work in the field for the next 40 years.

University is truly about your own choices, and there are numerous ways we, as students, are able to customize our post-secondary education. We can choose what to study. We can join the clubs we’re interested in and take the courses in our fields that interest us the most. We can also avoid taking morning classes, and we can choose to take fewer classes than others. All students deal with the academic weight of university differently. Everyone has different study habits, some students require accommodations, and others are part-time students because they also work. There is no right or wrong way to be a student. Taking 30 credits a year and graduating in four years isn’t the only way to complete your degree.

Once we start university, we’re really rushed into finishing. We’re told to take x amount of courses in order to graduate on time, and glorify the idea of finishing and moving on rather than enjoying our time here. It makes sense—we’re young, so obviously we want to get started doing our “thing”. But university is a time of intellectual and personal development. We shouldn’t speed through it, and we shouldn’t hate ourselves when we feel unable to handle what is expected of us.

Instead, we can tailor our education to fit our needs. We have the ability to individualize your education, whether it be with gap years or semesters, international exchange, internships, or even being a part-time student. It certainly might seem like it, but there is no single path set leading to you to the convocation stage, just like there is no one thing that you have to limit yourself to after having finished your degree.



Blasting The Bigotry Without Blasting The Bigot Canada’s Complicit Response to President Trump



Sabrina Sukhdeo
Issues and Ideas Editor

The world of diplomacy is a volatile bubble. Foreign policy walks a fine line between the cordial and combative, and it must strike a delicate balance between a nation’s strategic interests and its assumed values, which more often than not conflict. U.S. President Donald Trump and all his tact have unquestionably aggravated this existing minefield. But while government heads around the globe have been doing an awkward dance, trying to appropriately position themselves in front of a temperamental administration and the rest of the world, the Canadian government has fallen into a comfortable rhythm. Their foolproof scheme for dealing with Trump? Blast the bigotry without blasting the bigot. It’s as diplomatic as diplomacy can get, and it’s an unconscionably reckless charade.

Prime Minister Justin Trudeau has been dodging direct criticisms of Trump with little backlash since the Donald was just a rogue reprobate in the Republican primaries. When Trump first touted his plans for a ban on Muslims entering the U.S., Trudeau’s response as our newly-minted PM was to suggest that, well, he didn’t really need to offer a response. “Canadians are very aware of my feelings on this,” he shrugged, “And they, by the way, sided pretty clearly against the politics of fear and division in our election here.” This comment—and the many more like it that accompanied Trump’s ascent to presidency—was buttressed by con-

cerns of international propriety: one ought not to interfere in the domestic squabbles of another country. What’s more noteworthy is that despite his non-answers, Trudeau has still been sitting pretty on the world stage, even heralded by the Washington Post as humanity’s definitive Anti-Trump. If international media is any metric, Trudeau can have his political capital and spend it, too.

At first glance, ours appears to be a calculated approach: the strength of Canada’s economy—and by extension, our capacity to innovate, invest, and inspire—is tightly knotted to our southern neighbours. In 2016, 76 per cent of Canadian exports streamed into the U.S., and those exports alone constitute a hefty 23 per cent of our country’s overall GDP. Vehicles, mineral fuels, precious metals, and wood top the list of products moving below the forty-ninth parallel, illustrating the expansive orbit of American money across Canadian industries. The U.S. also drives around 45 per cent of all foreign direct investment in Canada. Clearly, we have a stake in playing nice, and no doubt these facts loom large in our prime minister’s sure-but-sly digs at the Trump administration’s antics.

But it’s important to evaluate where exactly all this passive aggressiveness is getting us; reality seems like a classic case of rhetoric failing to meet legislation. In late January, when Trump made good on his promise to suspend refugee resettlement, Trudeau became the people’s champion as his aptly-timed messages about welcoming asylum-seekers racked up over 500,000 retweets and 1,000,000 likes. This neatly distracted from the fact that Canada has no intention of upping our intake of refugees, waiving the Safe Third Country Agreement which forbids refugees in the U.S. from seeking asylum in Canada, or sponsoring refugees that were destined for the U.S. but are now stranded. In fact, Immigration Minister Ahmed Hussen rejected the notion that Canada would adapt any of its policies to relieve global tensions exacerbated by the new U.S. government. What this means is that Trudeau’s

sloganeering won’t manufacture a substantial fix for the precarious gap left by Trump’s rabid isolationism and Islamophobia.

Another angle to contemplate is how Canada is poorly positioning itself in the international arena. To start, there’s a distinct inconsistency in our choice to hold our noses when dealing with Trump but take a hard line with, for example, Russian President Vladimir Putin. Both men have demonstrated an egregious disdain for freedom of press, the right to political opposition, and women’s rights, but only one has drawn the explicit contempt of our government. Canada’s reluctance to poke the bear has given politicians beyond our borders free rein to manipulate the narrative around our internal affairs. After the tragic mass shooting at a mosque in Sainte-Foy, the perpetrator was misidentified as a Moroccan-Canadian by Fox News and cited as justification for the travel ban by Press Secretary Sean Spicer. Perhaps a less hands-off Canadian government would have taken the opportunity to lament how the shooter’s motivations were likely rooted in his reverence for Trump’s own brand of xenophobia.

Aside from these practical and political repercussions, there is a moral crater in Canada’s indirect approach to Trump. Beneath the starched realm of statecraft lie very human stories with very human implications, and simply put, prioritizing civil rights should not be torn and tempered by borders. While cultural relativism might muddy the boundary between right and wrong, there is something intuitively unjust about implicating an entire people in a crime they did not commit. And when history looks back on Canada’s role in the Trump administration, our country will not have the privilege of being labelled anything other than complicit in appeasing and normalizing those injustices. There is a time and place for diplomatic convention; this era of international politics, corroded by a rancid bog of Trumpism, is not it.



John Kemp

John Kemp's Kitchen: Vegan Carrot Cake

John Kemp
Contributor

If you have completed all of your midterms, you deserve to "treat yo self". And what better way to do so than by eating a decadent carrot cake? Between the late-night cramming, the mental breakdowns, and the hand cramps, you have put yourself through overwhelming stress. You survived! So have some cake.

In this issue, I'm testing the waters of veganism. Even if you're not vegan, the health benefits of taking even a short break from animal by-products can be rewarding. Whether you're looking to take better care of your body, save animals, or simply eat a great cake, I can guarantee you that this recipe is tried and true, and will help you forget all about those malevolent midterms.

For more recipes of meals, desserts, and snacks, don't forget to follow me on Facebook at John Kemp's Kitchen and on Instagram @johnkempskitchen!

Vegan Carrot Cake

Ingredients:

2 cups all-purpose flour
2 cups granulated sugar
1 tsp. baking powder
1 tsp. baking soda
1 tsp. ground cinnamon
3 cups finely shredded carrots
1 cup cooking oil
4 tbsp. finely ground flaxseed
12 tbsp. water
1 recipe Vegan Cream Cheese Frosting (below)

Directions:

1. Preheat the oven to 350°F.
2. In a small bowl, combine the flaxseed and water. Let it sit for several minutes at room temperature until a gelatinous mixture forms.

3. Grease and lightly flour two 9" x 1½" round baking pans. Set aside.

4. In a large mixing bowl combine the flour, sugar, baking powder, baking soda, and cinnamon. Add the carrots, oil, and flaxseed mixture. With an electric mixer, beat just until mixed together and pour the batter into the prepared pans.

5. Bake for 30 to 35 minutes or until a toothpick inserted in the middle of the cake comes out clean. Cool the two layers of the cake on wire racks for about 30 minutes covered, leaving them in the pans.

6. Remove from pans and when thoroughly cooled, place one cake layer on top of the other, frosting the middle and outside of the cake with the cream cheese icing. Store covered in the refrigerator. Enjoy!

Vegan Cream Cheese Frosting

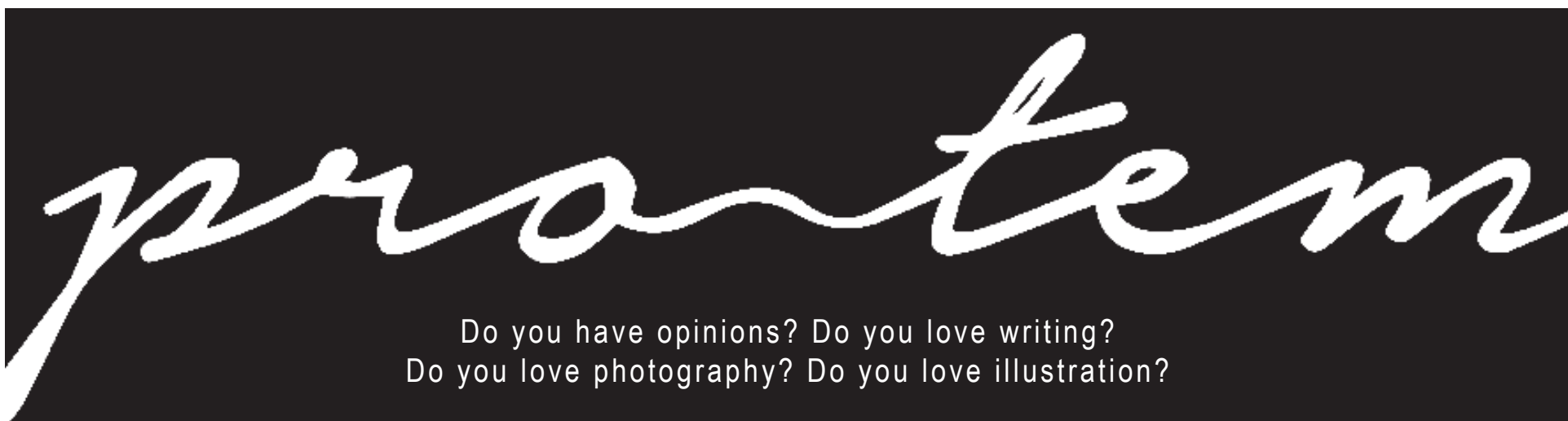
Ingredients:

¼ cup non-hydrogenated margarine, softened at room temperature
¼ cup vegan cream cheese, softened
2 cups icing sugar, sifted
1 tsp. vanilla extract

Directions:

1. In a medium mixing bowl, cream the margarine and cream cheese with an electric mixer, just until combined.
2. Add the icing sugar ½ cup at a time to the mixture, mixing thoroughly after each addition. Add the vanilla and mix just until combined. Keep covered and refrigerate until ready to use.

Enjoy!



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to find out how you can get involved!

Going Vegetarian: Why and How

Marie Gomez
Contributor

Last summer, I stopped eating meat. While this sounds like a terrible idea to most people, such as my parents and friends, I decided this was something I really needed to do. Months later, I stand by my decision and don't even take a second look at a hamburger. Any meat lover will probably stop reading, but if you have any interest in the benefits of avoiding meat then you've come to the right place.

Yes, I am aware that meat has protein. Protein is good for you, but the average north American consumes about 1.5 times more protein than the required amount. Do you know what too much protein does to your body? According to Michelle McMacken, author of *7 Things That Happen When You Stop Eating Meat*, the excess protein is stored as fat or waste which is a major cause of weight gain - not to mention diabetes, heart disease, inflammation, and cancer! Don't forget that meat is not the only source of protein; it is found in many foods such as almonds, spinach, and potatoes!

It is likely that you've met vegetarians who are concerned about animal rights, but if the quality of life of animals is not of enough importance for you to decide to stop eating meat, then consider the resource management and environmental approaches. Growing feed crops for animals uses 56% of the water in the U.S. and livestock or livestock feed occupies 45% of the earth's total land. This water and land

should be used to grow crops that could potentially feed people around the world. Cows also produce 150 billion gallons of methane per day, which is one of the most powerful and dangerous greenhouse gases. Deforestation for the purpose of animal agriculture is another environmentally damaging aspect of the meat industry.

These are generally well-known facts, but many people are still reluctant to become vegetarian, or even to take part in #Meatless-Monday. However, it would make a significant impact if everyone reduced their meat intake even by a little, so if going veg is something you're considering, you could start by cutting down. I decided to eat less meat after watching *Cowspiracy* (it's on Netflix!). It was compelling, so I started to do some more research. I learned that people stop eating meat for moral, health, and environmental reasons.

I've always been a firm believer of "everything in moderation," and I wanted to make sure that I could still eat as I pleased and remain healthy. While it was easy for me to avoid meat on my own, my parents were not so pleased with this decision. They still cooked everything using meat, so eating at home became very bland as I was mostly left eating rice and the rest of the starchy foods. At Glendon, I discovered the black bean burger and realized I could easily have vegetarian food if I looked in the right places, but buying food all the time to avoid eating at home became an expensive ordeal.

I had no choice but to learn how to cook. My desire to try new recipes became very strong, and I found myself making vegetarian lasagna for our family Christmas party. In addition to eating more fruits and veggies, I impressed my parents with my cooking skills,



and starting saving money because I stopped eating out.

To be fair, I did have quite a few issues at first. Not every day is perfect, and some weeks are difficult. It is not realistic to be a guest somewhere and expect healthy vegetarian food options, and at times you will find yourself in restaurants that can only offer you a salad. It also becomes annoying to constantly be asked explain why I stopped eating meat. As nice as it is to hear genuine concerns about my health, it is frustrating to have your food choices questioned by others. Some days, I get tired, but I find that vegetarian food always gives me more energy than food with meat.

I still eat fish occasionally when the choices are limited and indulge in a lot of unhealthy food choices that don't include meat. Although going vegetarian reduces your risk of many diseases, cutting out meat does not suddenly turn you into a healthy food aficionado; I can still enjoy a slice of pizza with friends and chips at parties. If you're willing to give vegetarianism a shot, I'd say to be mindful of your protein intake, but make sure to live a little and to find vegetarian food that you enjoy eating!

Une soirée remplie d'espoir



Emilia Nowicki
Health and Wellness Editor

Le 5 juillet 2013, 75 patients adolescents de l'hôpital SickKids de Toronto se sont préparés pour le 5e bal annuel. Cette soirée incroyable est organisée chaque année par le Département d'événements sociaux et de bénévolat à SickKids depuis 2009. Son but est de créer une expérience positive à l'hôpital en organisant divers événements spéciaux grâce auxquels les patients peuvent se détendre, s'amuser et se sentir plus « normaux ».

Les enfants et les adolescents malades n'ont pas toujours l'occasion de participer aux événements marquants de leur vie à cause de leurs problèmes de santé et leurs hospitalisations longues et fréquentes. La seule chose dont ces jeunes rêvent est une enfance remplie de joie et douleur. C'est pour cela que de tels événements sont essentiels dans la vie des enfants et adolescents malades.

Ce soir-là, j'étais assise à côté de ma sœur, Magda, parmi les 74 autres patients. C'était la quatrième semaine de suite que je passais à SickKids cet été-là à cause des traitements pour la maladie de Crohn, dont je suis

atteinte ; de là ma gratitude pour ce bal merveilleux. J'ai non seulement passé mon premier soir en dehors d'une salle d'hôpital froide et écrasante, mais également rencontré d'autres adolescents qui se trouvaient dans des situations semblables à la mienne.

Pour la première fois de ma vie, je me sentais comme une vraie princesse ! Des bénévoles ont maquillé et coiffé toutes les filles et distribué de beaux bijoux, même si la plupart d'entre nous ont décidé de porter nos « colliers de courage » autour de notre cou. Sur ces colliers, la procédure médicale que l'on avait subie était représentée par une perle symbolique. Le bal a commencé à 19h avec une séance photo ayant comme thème « Hollywood », et ensuite il y a eu un spectacle conçu par la compagnie de danse On The Floor. Après cela, des joueurs de soccer de l'équipe Toronto FC sont venus distribuer des bouquets de fleurs à toutes les filles. Le spectacle de danse a grandement marqué ma vie puisque je ne m'attendais pas à rencontrer des danseurs aussi connus et talentueux. Avant de quitter le bal, j'ai même pris une photo avec Jordan Clarke, la gagnante de la 3e série de *So You Think You Can Dance Canada*.

En dépit des circonstances tristes amenant les adolescents, moi incluse, à assister à ce genre de bal, je me sens très reconnaissante envers les organisateurs du bal. Cette initiative est significative pour les jeunes qui se sentent prisonniers de leur maladie, car

elle les rassemble et leur donne l'occasion de se rencontrer, de s'amuser et de partager leurs histoires. Je suis encore en contact avec quelques-uns des amis que j'ai rencontrés à l'occasion du bal de 2013. Ce sont des amis qui, par leur caractère doux et compréhensif, sont difficiles à trouver quand l'on souffre d'une maladie grave.

Cette soirée a éveillé en moi une nouvelle espérance, dans un monde fatigant et sans espoir. Passer une soirée avec d'autres jeunes patients qui continuent de sourire malgré leur maladie a été un des moments les plus marquants de ma vie. Grâce à SickKids, je garderai à jamais ces souvenirs magnifiques et encourageants dans mon cœur.



The Final Escape



Sarah Tadjana
Communications Officer

Their words crashed through her mind as she ran down that familiar gravel road, wind and gravity propelling her towards her oasis. She could feel her body fighting against her. She stopped, wheezing, beneath the shady oak tree where she'd had her first kiss. Could that really only have been ten years ago? Time had become relative. Six months...

Still wheezing, but no longer able to endure the voices invading her memory, she continued down the hill as fast as her body would allow, slowing only as she rounded the corner. Made it! The air was laden with the sweet smell of cedar, and she greedily inhaled, allowing it to heal her imperfect lungs; if only for a moment.

Dusk was fast approaching. The drive had been long, but the endless expanse of asphalt had a numbing effect to it; the sheer rock faces looming high on either side were comforting, they shielded her from this harsh world. As hazy clouds began to slice across the valley, she lingered by the lilac bush, drinking in the tantalizing perfume of her childhood. Nostalgia scratched her throat raw.

Skirting the crumbling cypress dock, she ambled towards shore, transfixed by the slivers of fuchsia and crimson that had turned the polished surface of Lake Jordan into their personal dance floor. In the distance, she recognized the deep hoot of a male owl. The light was fading, but there was so much left she wanted to do.

Slipping her worn sandals off, she took a step in, relishing the feeling as the soft clay hugged her foot. She prayed it would feel like this; no pain, just a warm blanket enfolding her in its feathered fabric. Wading a little farther in, gentle crests from a distant motor boat began to lick the frayed ends of her cut-off denim, but were unable to break her reverie as she absently fingered the tatters of her favourite sweatshirt, desperately trying to reclaim the wonders of her childhood summers.

And although she had never been an emotional person; at that moment, as the last flecks of light melted into the glistening surface of the lake, she let it ravage her. She tasted the salt waterfall cascading over her sunken cheekbones. Silently shaking, she turned towards the shore and tread back across the cooling granules, savouring the tingling of her feet as the still-warm air hit wet clay.



Cold Snap

Joshua Alcobendas
Contributor

Oh, little orchid, why do you weep when just yesterday you were in bliss ever deep?
Since late spring's bloom, your magenta petals danced in gracious harmony, with its breeze, you were entranced.

In time, summer took spring's place and with it came a new pace, wrapped in the wind's warm embrace. Radiant shades of romance shone from your face.

Soon, summer came to pass. The love you once held dear shattered like glass. The breeze abandoned you, leaving a cold veil of yearning; a vivid fantasy turned stale, your colors are now fading.

Oh, little orchid, why do you hide beneath the ground?
Where in troubled thoughts you lie bound?
Though all but your roots are gone life indeed does go on.

Do you not sense the coming thaw?
With spring, past thoughts withdraw.
Blossom forth and reach for the sun,
for if not the wind, soon you shall find the one.

Cosmic



Bruno Da Costa
Arts and Entertainment
Editor

Where was I in the sky that made your constellation align with my sun?

Where did the ram graze that so happened to be where the virgin lay resting?

Did an archer banish you from the interstellar hunt to send you drifting into my lonely mountain?

Or was it the gods, with their jokes, manipulating mortals to doom us with love?

Be it gods, universal bodies, the flippant luck of a tossed coin.

My Venus was set but now it is in you.

Roses

Dorota Biedrzycki
Contributor

I watch each petal fall apart in the water.

The blood rushes; the veins are purple, black, and blue in the night-scintillating like crystals.

You play the strings and with the laces. Hurry, before the pale light hits the window. You are the artist.

I fall apart before the sinners are forgiven. I am the ghost crawling to the finish.



Naomi Burns

Homophones et autres similarités



Kaitlin Kenny
Rédactrice d'Expressions

Vien ici,
mon chou de caoutchouc.
Je veux expliquer l'amour que j'ai
pour vous, pour tout.
Pour tout le temps,
pour l'éternité emballée
où le sang s'évade de mon coeur.
Tu te souviens du mois d'août?
Moi, je ressens un sentiment d'appréhension.
Et toi?
T'es le prix que j'ai gagné,
celui pour lequel j'ai prié.
T'es mon amour, mon ami, mon âme.
Je ferais n'importe quoi pour toi.
Je mangerais tous les orages,
je monterais tous les étages,
il n'y a rien que je ne surmonterais pas
pour toi.

Portrait of a Student as a Young Man

Alex Freeman
Contributor

Maybe I should open a coffee house,
with a Faulkner theme,
and call it "As I Lay Chai-ing,"
or sell my few meager possessions
and disappear without leaving a trace.
In any case, I couldn't be accused
of being cowardly or unoriginal.
But as the universe remains
cold and indifferent,
I throw myself ad nauseam
into my works and required texts
so that one day,
when I look at myself in the mirror,
I will gaze upon wrinkles and scars
born out of suffering and wisdom,
instead of staring into the abyss
of boredom and disappointment.

Winter, like illness, is a glutton

Jasmin Elysia
Contributor

Post polar vortex
the world breathes out
a collective sigh of relief
and slowly begins to thaw.

The breeze spreads gossip
under the breath of spring
and the clouds are more cotton ball
than moth-eaten wool blanket, now.

Still encased in ice, the trees
stretch their glassy fingers towards
the returning vitality;
they cannot touch what they reach for
(I know the feeling).

Along the sloping bank,
the grass is still frozen in supplication
to the howling winds of last night's storm.
The ice pins it down, maliciously gleaming.
Beneath it is lush, green, unmoving.

Spring is beating its fists against
the heavy doors of the banquet hall,
bellowing for its place at the dinner table.
Winter leaves teeth prints in every plum
and peach, a bite of each sweet flesh.
He eats his fill, takes his time.
Spring can have a seat at the table
when he is ready to leave.

.....

Neon Jungle Gym

Emily Leahy
Contributor

They didn't tell us enough – enough to know
how to contact God
in case of emergency.
Secular Catholicism should have been sufficient. But now
you're so alone and you're so fucked. You tell
me you read my think piece and
it made you think
that you're done thinking,
that you're entirely unprepared for this present
or this future – or to deal with your past.
You tell me your spirit emoji is that breezy leaf.

I pass out on the floor and I picture us playing
as children:
a neon jungle gym and sand in the clammy
creases of our fingers.
We didn't know each other back then though.
I'm sorry you're lost
but not that sorry. I'm sick of eating microwave
popcorn on your living room floor.

My Mother Meets My Mother



Sienna Warecki
Layout Designer

I cried when clouds rolled in.
They say
from tenten to eleventwentythree at night
your lonely moon was meant to
dip herself crimson
blush rust at boldness of Earth as it
took her all for Earthself.
I wanted so bad
for you to meet her;
to finally witness moon of my mother
to turn your planet mine
I wanted so bad
to see same sky, for once.
You saw gleaming knife of penumbra
twice; your eye is sharper than most—
but not one smudge of
Totality.
In Montreal, they say,
reality escaped photography
but your Toronto
remained staunch logical as ever—
remained Orderly.
I wept for cruelty of cloud cover
for threeyears in January maybe
I felt hollowness, empty slot of sky.
You told me you did not need stadium
to see her,
nor telescope
nor binocular
nor bare naked eye
did not need septembertwentyseven
said all you needed
was me.
And you took my face in hand
touched fingertips to rims of
my moonshot eyes
said, Look at you, worldshaker,
so full of faith and fire that
you summoned Chaos twice.

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