

le journal bilingue de Glendon | Glendon's bilingual newspaper



**Campus Life:** Glendon's mental health initiatives and Coeur de Lion's production of The Breakfast Club

Arts and Entertainment: movies to know this Awards season

Metropolis: a review of a downtown Toronto sex shop

**Issues and Ideas:** reflections on Jessica Jones and diverse expressions of love

Health and Wellness: reasons to stay active this winter

Expressions: plenty of poems and short stories!

Les prochaines dates limites: le 22 janvier et le 5 février



## Missing and Murdered Because of Ignorance and Indifference: Non-Fiction Writing Contest Winner

### Sabrina Sukhdeo Contributor

Tina Fontaine's death jarred me. They say mass media and the 24 hours news cycle tend to desensitize us to these sort of events, but this tragedy was truly bruising. Because she had been only two years younger than I at the time of her death, because authorities had so gravely mismanaged her case, because she was a child - it could have been any combination of these factors. But surely, I thought, this was an isolated incident. That was until I read about Bernadette LeClair, Helen Betty Osbourne, Shelly Dene, Delores Brown, and Amanda Bartlett whose stories don't even scratch the surface. There are hundreds, if not thousands of indigenous women and girls across Canada who have been dealt a similar fate. This is a horrifying trend that has spanned decades without so much as a second thought by those we rely on to deliver justice and protect the most vulnerable.

At the heart of all this grief is the fact that there have been repeated calls for action by First Nations, Métis, and Inuit communities, and they have largely fallen on deaf ears. Sure, there have been numerous studies on the subject of missing and murdered indigenous women, but no doubt they were a simple acquiescence as none have inspired a concrete plan. First Peoples have most expressively called for a national inquiry, which would have a broader scope, deeper community involvement, and increased federal influence, but again, those requests were met with much resistance. And so, cases have continued to grow in number, gorically opposed to a national inquiry. Former Prime Minister Stephen Harper insisted, himself, that Canada did not need further research into an issue that was a simple matter of "crime" rather than "a sociological phenomenon". It was their viewpoint, albeit crass and irresponsible, but more importantly it dismissed the viewpoint of the majority of whom this issue aggrieved. The belief is that beyond the often lost-and-forgotten recommendations, the inquiry will provide a vehicle for community grief, a measure of closure, and an edict humanizing a people who have been marginalized and neglected for far too long. Hearing this, I cannot reconcile deliberately ignoring the voices of those who have suffered with the desire to ameliorate their condition.

### Issue Six - Volume 54 - January 20, 2016

m



NOTRE VOIX NOTRE HISTOIRE The first distinguishing failure has rested within our political sphere. Our recently ousted Conservative Government was cate-

oftentimes going cold.

The more pervasive concern is, well, us. The national discourse around missing and murdered indigenous women has been conspicuously quiet. (Continued on page 11)



#### Editor in Chief | Rédactrice en chef Victoria Ramsay editor@protemglendon.com

Assistant English Editor | Rédactrice adjointe (anglais) Effie Barbalias assistanteng@protemglendon.com

Assistant French Editor | Rédactrice adjointe (français) Camille Slaght assistantfr@protemglendon.com

Section Editors | Les rédactrices de sections

Campus Life | Vie étudiante Inês Van Deuren campuslife@protemglendon.com

Issues and Ideas | Actualité et opinions Neya Abdi issuesideas@protemglendon.com

Health and Wellness | Santé et bien-être Amanda Merry health@protemglendon.com

Metropolis | Métropole Samantha Kacaba metropolis@protemglendon.com

Arts and Entertainment | Arts et divertissement Ashley Moniz arts@protemglendon.com

Expressions Kaitlin Fenton expressions@protemglendon.com

Online Content | Contenu en ligne Ela Gach elaonline@gmail.com

Communications Officer | Agente de communications Christian Lopez comms@protemglendon.com

Photography Editor | Rédactrice de photographie Madeline Della Mora photography@protemglendon.com

Design and Layout | Maquettiste Sienna Warecki

provitem est le journal étudiant du collège Glendon. Publié pour la première fois en 1962, c'est la plus ancienne publication de l'Université York. We strive to act as an agent of social change, and will not print copy deemed racist, sexist, homophobic or otherwise oppressive.

Please respond to what you read in the pages of Pro Tem/ n'hésitez pas à réagir à ce que vouz avez lu dans Pro Tem.

### Salut Glendon!

Happy 2016, and welcome back to another semester!

This is such an exciting issue of Pro Tem that we are happy to share with all of you. It is our first issue of 2016 and with that, it holds plenty of tips and unique perspectives for making this year your best yet. Also within this issue, you will find the submissions to our first ever-writing contest. We had poems, short stories nonfiction and opinion based pieces sent to us over the holiday break. This was a new initiative that we tried and we were so pleased by the response we received. At the basis of the contest we wanted to hear students write about topics that they were personally passionate about and we received just that!

I am so so happy to announce Sabrina Sukhdeo as the winner for the Nonfiction Category for her moving piece about the murders of indigenous women and how indifference and ignorance have played a role in these tragic events. You can check out Sabrina's article on our front page.

In our second category, Creative Writing, our winner was Gulsvert Dela Cruz for

their poem entitled 'The Field of Fear'. You can find this piece in our Expressions section. Pro Tem would like to thank students that submitted their work to the contest. The team loved reading all of the personal experiences and opinions transmitted through your writing. We would also like to extend congratulations to our honorable mentions: Shefali Jain, Stéphanie Mak, Ronelle Joseph, Karolina Bednarek, and Gabriella Giordana.

Thank you to everyone who sent us their submissions and we hope Glendon enjoys reading them as much as we have. If this is any indication, we can't wait to see what our community will create together in 2016!

Much love, Tori Ramsay Editor in Chief

### Issue 5 Stressbuster Crossword Answers

r from The Edit

Horizontal:

- 1. Protem
- 5. Accessnow
- 8. Adele
- 9. Earl
- 10. walk

Vertical:

- 2. missing
- snooze
  mealplan
- 6. Aila
- 7. Malta
  - Campus Life: Glandon's montal health industives and Coeth de Lion & production of The Reservent Calib



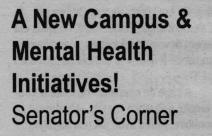
Vous avez des opinions? Vous aimez écrire? Vous faites de la photographie? Vous adorez dessiner?

Pro Tem vous veut!

Envoyez-nous un courriel à editor@protemglendon.com pour apprendre comment vous pouvez vous impliquer!



Contact us/ Contactez-nous: protem@glendon.yorku.ca The Pro Tem Office D114 Hilliard Residence, Glendon College 2275 Bayview Avenue North York, ON M4N 3M6 The office is open by appointment only. Le bureau est ouvert sur rendez-vous seulement. Les lettres adressées au journal peuvent être éditées au niveau de la clarté ou de contenu. All copy appearing in Pro Tem is at the discretion of the editorial team.



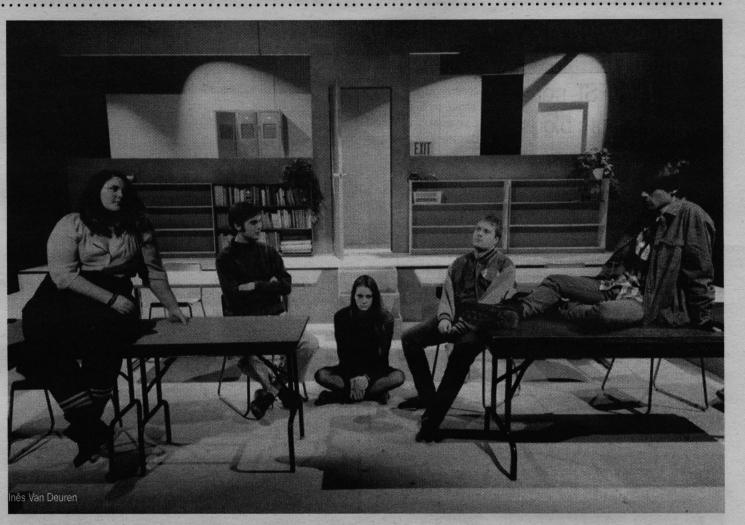
Juan Garrido and Aleksander Golijanin Contributors

Welcome back, folks! We hope you had an enjoyable break spent with friends and family. With a new year comes a new Senators' Corner, which means we want to fill you in the latest news at the university's highest academic governing bodies: York University Senate, Glendon Faculty Council and Student Caucus. We are also welcoming GCSU councillors Aishah Rashid and Miroslav Grkovic onto our Academic Committee for the Winter term.

On November 20, at Student Caucus, we discussed how the Glendon Academic Plan, a five year aspirational document for the campus, has been influenced by the University Academic Plan. In particular, there were discussions over whether or not the university should focus its efforts into teaching or research and how this would benefit and/ or disadvantage the students. Also a notable topic of discussion, was a recent increase in incidents of plagiarism which have taken place. The university is working on a new academic integrity module, which will hopefully be translated into French so as to reach a wider range of students.

During Faculty Council that same day, we received a presentation about mental health awareness and initiatives offered by the university. The presenter informed us that the university is aware that stress and mental health struggles are common experiences for students, staff and faculty and they are taking actions to rectify this situation. They are moving forward with a dual continuum model which takes into consideration that mental illness and mental health are connected, but separate concepts. With this new model, they are hoping to move the university away from a crisis management model for mental illness towards supporting students for the sake of optimal mental health.

On November 26, we had a Senate meeting during which we received an in-depth presentation from Vice-President Academic and Provost Rhonda Lenton about the new Markham campus of York University. We learned that, as the current plans stand, the campus will be planned, developed, approved, built and opened by 2021 which is no small feat. The plan states that Markham will not be a new faculty like Glendon, but rather a new campus with similar programs from existing faculties. The preemptive list of program offerings featured a lack of liberal arts programs, none of which are Glendon programs. There was also a heavy focus on STEM (Science, Technology, Engineering and Math) programs and professional programs, which raised some concerns from Senator Sanders. The other concerns raised came from our fellow student senators touched on student inclusion in the development of the campus.



On November 27th, much of the discussion in Student Caucus focused around new courses and course modifications. Some great news is that a new Hispanic Studies course was approved which caters to students who are already Spanish speakers and are looking to improve their pre-existing skills. In polarizing news, it appears that a handful of 3000 level International Studies courses were to be upgraded to the 4000 level without major course content alterations, which was heavily contested within Curriculum Committee - all of these changes have been denied for the time being.

Pendant la séance du conseil de la

faculté, Principal Donald Ipperciel a insinué que le Collège Glendon recevrai une désignation partielle afin d'être reconnu comme une institution francophone pendant le mois de mars. Cette désignation garantirait notre financement et améliorerait notre statut d'institution bilingue. De plus, le nouveau Comité sur la technologie et l'apprentissage vise à améliorer les cours en ligne offerts aux étudiants de Glendon. Agathe Maillard, une des conseillères de l'Association étudiante du Collège Glendon, vient de devenir la représentante de ce comité. Elle s'est aussi York and Glendon should focus on or anything else academic-related, feel free to contact us at senators.gcsu.aecg@gmail.com!

## The Breakfast Club Hits the Stage at Glendon! An Update From Glendon's Theatre

Tova Ciccotelli Contributor

"... And these children that you spit on as they try to change their worlds are immune to your consultations. They're quite aware of what they're going through..." -David Bowie Aux Productions Cœur de lion, nous sommes fiers de représenter ce spectacle. Même si nous sommes un nouveau groupe théâtral, nous exploitons les talents des élèves du Collège universitaire Glendon pour présenter des spectacles d'un niveau professionnel.

re étudia

Productions Cœur de lion ont déjà présenté The 25th Annual Putnam County Spelling Bee, Dark Lady et Spring Awakening, ainsi que notre festival de théâtre, le Festival du frigo, tous avec grand succès.

The show will be every evening from January 20th to the 23rd at 7:00 pm in Theater Glendon (YH188). Suggested ticket price is \$10 for York students and \$15 for non-students. Please reserve in advance online at thebreakfastclubgl.eventbrite.ca and pay at the door the night of the performance (cash only). If you have any questions, please email theatre@glendon.yorku.ca.

The Breakfast Club jouera du 20 au 23 janvier chaque soir à 19 h au Théâtre Glendon (YH188). Le prix suggéré pour les étudiants de York est 10 \$ et pour les invités c'est 15 \$. S'il vous plaît, réservez votre siège en avance à thebreakfastclubgl.eventbrite.ca et payez à la porte (en espèces seulement). Si

jointe au Caucus étudiant!

In the coming months, there will be more discussion concerning the Markham campus and its development. We are also going to kickstart an initiative where Aboriginal studies credits will be mandatory for all undergraduate students, following a decision made at the University of Winnipeg two months ago. This will be a very difficult process, but we believe in the importance of Indigenous history, cultures and teachings in our identities not only as Canadians, but as students.

And that's what you missed on Glee during our meetings! If you have any concerns about academics at York, thoughts about what Lionheart Productions is excited to announce that their mainstage production for the 2015-2016 season will be The Breakfast Club. The show, which will be running from January 20th to the 23rd, is a non-for-profit tribute to the late John Hughes. The performances will be held in Theater Glendon.

Ce spectacle est adapté du film culte classique du même nom et il suit la vie de cinq élèves qui sont forcés d'assister à une retenue pendant un samedi dans les années 80 aux États-Unis. Le spectacle aborde les thèmes de l'adolescence, des stress de la jeunesse, de la pression des pairs, des problèmes familiaux et de l'impact des stéréotypes. vous avez des questions, envoyez un courriel à theatre@glendon.yorku.ca

Campus Life

## Multiculturalisme à Glendon: Les élèves FSL nous racontent leurs biographies langagières

### Lea Pehar

Je m'appelle Lea Pehar et je suis étudiante à l'Université York. J'ai 25 ans, je suis trilingue et j'étudie les études d'art dramatique et l'anglais. Je fais mes études au Collège Glendon, où les étudiants doivent étudier le français peut importe leur majeure. Je suis née en Yougoslavie en 1990 mais j'ai deux nationalités: bosniaque et croate. Mes parents sont nés en Yougoslavie aussi, donc ma langue maternelle est le serbo-croate. Mes parents, ma sœur et moi parlons tous le serbo-croate et l'anglais couramment. La troisième langue que je parle est l'allemand. J'ai appris à parler allemand par ce que quand j'avais deux ans, ma famille et moi avons déménagé en Allemagne. Nous avons vécu là pendant quatre ans. Quand j'avais sept ans, ma famille a déménagé au Canada, où nous avons appris à parler l'anglais.

J'ai un niveau différent pour chaque langue que je parle. Je parle très bien anglais parce que j'habite au Canada depuis dix-huit ans. Je parle aussi bien le serbo-croate parce que c'est la langue que nous parlons chez moi en famille. J'ai un niveau intermédiaire en allemand puisque j'ai seulement vécu là pendant quatre ans. Comme j'étais petite quand je suis arrivée au Canada et comme je n'ai pas beaucoup d'occasions de parler allemand, j'ai oublié beaucoup d'allemand. Par contre, puisque je parle anglais à l'école, au travail, et avec mes amis, je suis plus confortable en anglais. J'ai appris chaque langue en étant dans un environnement où je pouvais pratiquer à communiquer avec des gens de la communauté. L'apprentissage par immersion a été très efficace.

Je suis contente de pouvoir parler trois langues. Le serbo-croate est une grande partie de ma culture puisque c'est la langue que je parle avec ma famille. L'anglais et l'allemand sont parlés dans de nombreux pays donc ce sont des langues très utile à connaitre lors de la recherche d'emploi. Je crois que parler français serait aussi bénéfique pour ma carrière et mon futur, donc je me

### Elizabeth Mendoza

Bonjour, je m'appelle Elizabeth Mendoza, je suis née au Canada et je suis trilingue. Je parle anglais, tagalog et français. Mes deux langues maternelles sont l'anglais, que je parle couramment, et le tagalog, que je ne parle pas parfaitement, mais que je comprends très bien. Je dirais que j'ai un niveau intermédiaire en tagalog et en français. Mes parents sont Philippins donc le tagalog est leur langue maternelle. Puisque je suis plus à l'aise en anglais, quand mes parents me parlent en tagalog, je réponds en anglais. Je parle seulement français lors de mes cours de français et parfois avec mes amies pour m'amuser.

En quatrième année, j'ai commencé à apprendre le français. Depuis, je continue de prendre des cours de français chaque année. Apprendre de l'anglais et le tagalog était facile parce que j'ai été entourée par ces deux langues depuis que je suis née. Être exposé à une langue à tous les jours est une façon efficace de l'apprendre. Apprendre le français, c'est plus difficile parce que je ne suis pas exposée à la langue très souvent.

Les langues que je parle sont très importantes pour moi. Je pense que pouvoir parler des différentes langues est un grand atout qui me donne un avantage concurrentiel, surtout dans la recherche de carrière. C'est super d'être capable de communiquer la même information dans de différentes langues. La grammaire et le vocabulaire, sont certainement importants pour l'apprentissage des langues, mais je pense que l'exposition à une certaine langue est beaucoup plus efficace et importante. En écoutant de la musique, en regardant des films et en lisant des livres, vous apprendriez la langue beaucoup plus facilement.

En anglais et en tagalog, je suis plus forte à l'oral qu'à l'écrit. Quant à ma compréhension de la langue, je dirais que je comprends la langue parlée aussi bien que je comprend quand je lis en cette langue. Par ailleurs, en français, je trouve que ms capacités en écriture sont meilleures que mes capacités orales. Je manque de confiance quand je parle français parce que j'ai peur de dire les mauvaises choses. Je dirais que ma compréhension en lecture est meilleure que ma compréhension orale. Cette année, pour améliorer mon français, je vais essayer de parler la langue plus souvent et de me plonger dans la culture française. J'écouterai de la musique française et je regarderai des films français. J'espère que je parlerai en français avec plus de facilité après cette année scolaire.

### **Clarisse Uwera**

Je m'appelle Clarisse Uwera et je suis née au Rwanda. Je parle cinq langues: le kinyarwanda, l'anglais, le swahili, le chichewa et un peu de français. Le kinyarwanda est ma langue maternelle, puisque c'est la langue que les habitants parlent au Rwanda. Le chichewa est la langue parlée au Malawi, où j'ai vécu de 2002 à 2014. Je suis débutante en swahili parce que je n'ai pas eu la chance de l'étudier à l'école quand j'ai habité en Tanzanie. Le swahili est aussi la langue que nous utilisions pour communiquer dans le camp de réfugiés. L'anglais est la langue officielle du Malawi et donc la langue d'enseignement.

J'ai un niveau intermédiaire en français mais, j'ai un niveau avancé en anglais, en chichewa et en kinyarwanda parce que ce sont les langues que j'utilise le plus souvent. Quand je suis arrivée ici à Glendon, j'ai commence à étudier le français dans le cours FSL 1000. Mon apprentissage de chaque langue a été efficace parce que j'ai eu la chance de parler avec plusieurs personnes dans chacune d'elles. J'aime connaitre plusieurs langues par ce qu'elles me permettent de communiquer avec beaucoup de personnes d'origines différentes.

### Lucy Xie

Je suis canadienne, mais mes origines sont chinoises. Je suis née à Toronto, mais j'ai vécu en Chine avec ma grand-mère quand j'avais un an parce que ma mère avait besoin de poursuivre sa carrière en tant que biochimiste. Par conséquent, ma première langue était le chinois. Un an plus tard, j'ai déménagé à Ottawa où j'ai commencé la garderie. Au début, c'était très difficile parce que je ne pouvais pas comprendre l'anglais, donc je passais la plupart de mon temps à jouer seule. À la maison, ma mère me parlait en chinois. Elle m'a inscrite à l'école chinoise, mais après avoir quitté l'école chinoise en sixième année, la seule langue que je parlais à l'extérieur de la maison était l'anglais, car Ottawa est principalement anglophone. Alors, l'anglais est rapidement devenu ma langue maternelle et j'ai commencé à utiliser le chinois de moins en moins.

À l'âge de cinq ans, ma mère a trouvé un emploi à Québec comme chercheuse de laboratoire. Après avoir fait nos bagages et dit adieu à nos amis, nous sommes parties pour commencer une nouvelle vie, remplie d'étrangers qui parlaient une langue extraterrestre. Je me sentais seule de nouveau et ne pouvait pas comprendre ce que les gens me disaient. J'ai appris le français en regardant la télévision, en parlant avec d'autres enfants et avec l'aide d'une nounou patiente.

Après seulement un an passé au Québec, mon français s'est grandement amélioré. Malheureusement, nous avons déménagé à Ottawa, ce qui a interrompu immédiatement mes progrès en français. J'ai commencé le programme d'immersion en quatrième année et j'ai été placée dans le programme avancé l'année suivante. Je m'améliore encore de jour en jour et mon objectif est d'obtenir un diplôme bilingue à Glendon.

Actuellement, je comprends les gens lorsqu'ils parlent en français mais c'est difficile de leur répondre à cause de mon vocabulaire limité et mon manque de connaissances grammaticales. Il est difficile de lire longtemps parce que, même si je peux comprendre le contenu, ça exige beaucoup de concentration. Mes capacités en chinois sont comparables à celles d'un jeune enfant. Je n'ai pas un accent et peux comprendre, mais mon petit vocabulaire empêche mes progrès.

Avant, j'étais capable d'écrire de nombreuses pages en chinois et de comprendre des romans simples, mais j'ai finalement perdu toutes mes capacités et cela me rend très triste. Maintenant, une barrière linguistique existe entre moi et ma grand-mère. Je parle le français et le chinois quand je peux et j'espère prendre des cours en français à Glendon.

Je suis très reconnaissante d'être capable de parler trois langues. Bien que je sois le plus à l'aise en anglais, je serais capable de survivre en Chine ou dans un pays francophone, à cause de mes professeurs de français et ma mère, qui m'ont tous encouragé à faire de mon mieux. C'est grâce à eux que je me considère trilingue.

suis donne comme objectif de maitriser cette langue.

Mes compétences en anglais sont meilleures qu'en serbo-croate puisque je parle et j'écris bien en anglais, tandis que ma grammaire serbo-croate est mauvaise. Je peux écrire en serbo-croate, mais je trouve que la lecture est difficile. En allemand, mes compétences écrites sont faibles, mais ma prononciation est bonne. En ce qui concerne mon français, je dirais qu'il nécessite le plus d'attention. Cette année je souhaite améliorer mes compétences en français en me concentrant sur la grammaire et le vocabulaire.

Do you have opinions? Do you love writing? Do you love photography? Do you love illustration?

Pro Tem wants you!

Email us at editor@protemglendon.com to find out how you can get involved!

## A Guide to the 2016 **Academy Awards:** Noteworthy Films This Awards Season



Ashley Moniz Arts & Entertainment Section Journalist

Every year, the Academy Awards are advertised as recognizing some of the best and most noteworthy movies of the past year. In spite of this, it seems like every year, people know less and less about the films being nominated. At a time when the box office is dominated by uninspired spinoffs that value special effects more than storylines, the awards season gives a chance for less commercial, but more heart filled films to have some recognition. To help quide interested viewers this award season. here is a breakdown of some names that can be expected to come up over the next month. It is noteworthy, however, that last year, there were a number of diverse films released throughout the year gaining award season buzz, including Mad Max: Fury Road, Inside Out, Star Wars: The Force Awakens, The Martian, Straight Outta Compton and Creed.

Carol: An intimate, scandalous relationship is sparked between two women in 1950s New York. This romantic timepiece has received a lot of buzz for its central actresses, Cate Blanchett and Rooney Mara. Directed by Todd Haynes. Screenplay by Phyllis Nagy.

The Revenant: After being attacked by a bear, an explorer and frontiersman battles the elements in his quest for survival. Shot in Alberta, this film saw many issues in production, but this film, led by Leonardo DiCaprio, is considered to be quite the spectacle. Directed by Alejandro G. Iñárritu. Screenplay by Mark L. Smith and Alejandro G. Iñárritu.

The Big Short: Amidst the housing market crash of the 21st Century, four men take on the banks in an effort to bring to bring light to their wrongful ways. This comedy stars many A list actors, including Steve Carell, Brad Pitt, Christian Bale and Ryan Gosling. Directed by Adam McKay. Written by Charles Randolph & Adam McKay.

Steve Jobs: A behind the scenes look is taken at Apple in the 1990s surrounding the launch of the iMac. Michael Fassbender and Kate Winslet are both receiving tons of buzz for their performances in this film. Directed by Danny Boyle. Screenplay by Aaron



to et diver

This insightful film features the likes of Mark Ruffalo, Michael Keaton and Rachel McAdams. Directed by Tom McCarthy. Written by Josh Keaton and Tom McCarthy.

The Hateful Eight: The experiences of eight morally questionable people who are trapped in a blizzard and may not make it out alive. Audiences can expect tons of graphic content in the style of its writer/director Quentin Tarantino. Starring Samuel L. Jackson, Kurt Russell and Jennifer Jason Leigh.

Bridge of Spies: An American lawyer is wrapped up in a less than ideal situation when he must defend a Soviet spy and then negotiate his safe return home. This Cold War drama, starring Tom Hanks and Mark Rylance, has received lots of attention and could be a dark horse in the running. Directed by Steven

Spielberg. Screenplay by Matt Charman and Joel & Ethan Cohen.

Brooklyn: An Irish immigrant to New York is forced to make a big decision when she risks her past affecting her newfound love. Saoirse Ronan leads the cast of this 1950s era romantic drama and had come into the spotlight for doing so. Directed by John Crowley. Screenplay by Nick Hornby.





### Sorkin.

Room: After being trapped in a single room for many years, a young woman and her son are released back into the world, a change that shocks the boy who spent his life in that room. Based on the book by Emma Donoghue, who also wrote the screenplay, this film provides a fascinating look into human psychology and the truth about reality. Directed by Lenny Abrahamson. Starring Brie Larson and Jacob Tremblay.

Spotlight: The true story about how a team at the Boston Globe unveiled a scandal involving priests in cases of child molestation.

Atrs and Entertainment

## The Binding of Game Communication: Mr McMillen, Give Us Back Our Game!



Kaitlin Fenton Expressions Section Journalist

In 2011, a new style of video game was created with Edmund McMillen and Florian Himsl's Binding of Isaac. Combining rogue elements (inspired by Zelda) with the old biblical tale of the binding of Isaac, it was a story of the positive and negative aspects of McMillen's life with a devout Christian family. Players loved it, and it quickly gained a cult following. In 2014, McMillen teamed up with independent game developer and publisher Nicalis to remake Bol with tons of new items, secret contents, and game play. The Binding of Isaac: Rebirth was yet another smash hit, raking in ~1.4 million sales on Steam alone. But players craved more, and in early 2015 the DLC Afterbirth was announced. Up until its release, the series was unanimously loved and everyone was excited for more. Now, however, it has split the connection between players and developers, and caused the game's reputation and ratings to plunge. What happened?

The launch was immediately set back by an attempt to be nice. In order to minimise waiting times, Nicalis uploaded Afterbirth to Steam without any files a day early. This way, players wouldn't have to suffer the entire loading time. However, very few people recognised this and players flooded to social media and the rating system on Steam, giving poor reviews and generally being angry and upset. Once the game was installed, they were horrified to discover half of their progress was deleted with the installation. It would take half a week to address the problem, but it was too much and too major for them. To top things off, only half of the new items were released on the supposed start date. People were paying for content they did not have. Luckily, once the smooth talking team of Nicalis and McMillen calmed the ruffled feathers, it seemed everything would be okay, and it was just a collection of a few accidents. Oh boy, were the fans wrong!

Shortly after these fiascos, when things had just settled down, a new problem arose. A new form of game play had proven to be a consistent mess. Daily runs, or when all interested players play the same levels, were intended to form some friendly competition. Scores ranged anywhere from 0- mid 50,000s. After some had scores of over 9 million, it was discovered that the system was incredibly easy to cheat. To date, it is still a problem that has not been addressed. But is this the worst offence? Nope! Up until this point, most players could largely forgive McMillen. After all, these were just little, unintentional accidents. He then made several announcements. He declared that he preferred hard runs and harder games, so he had nerfed (made less

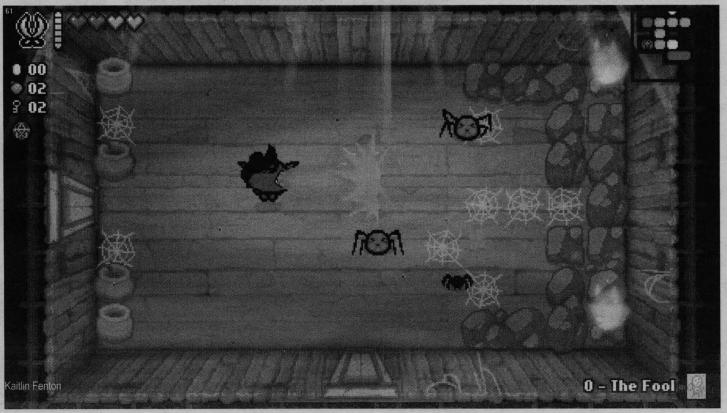
powerful) several items, many of which were new ones released in *Afterbirth*. Players grumbled, but decided that they were so new that they'd soon forget. But then he nerfed more, and more, and more, including some that had been left unchanged for years. Players' frustration rose to a boil when an easier character was severely nerfed and McMillen blamed it on a simple accident, but that the character was going to be nerfed anyways. They bombarded him on Twitter with complaints and questions, but eventually settled with a simple conclusion: it was Edmund McMillen's game, and he was going to make it however he damn well felt like.

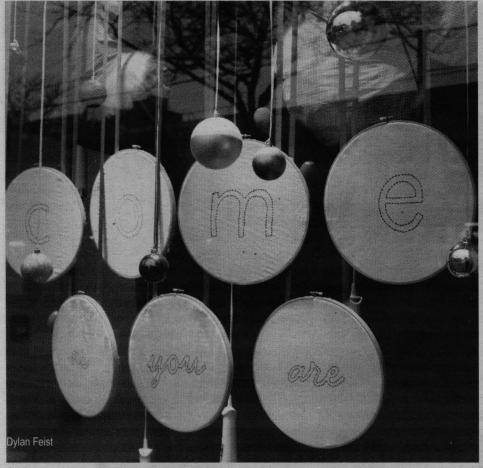
Technically, he is correct. Players did not own the game, but rather licenses to play. However, he creates indie games, where constant feedback is required from players. This communication is vital for all parties in order to maximize profits, ratings, and enjoyment levels. By declaring himself the most important



player, McMillen has completely isolated his fans, the ones who essentially pay his bills. But he shows no signs of stopping, or at least relenting. Only the accidental nerf was undone, and all of the other nerfed items remain as bad as he made them. Instead of listening and working with people who once idolised him or considered him a friend, he has cast them down and seemingly only creates for himself.







## It's A Nirvana Pun: Sex-Shopping on Queen West

Samantha Kacaba Metropolis Section Journalist

I'm not one for resolutions. I just don't have the willpower to keep them. That being said, when a New Year rolls around I do feel a little inspired to practice a little bit more self-care. To start the year off on a good note, you know?

An aspect of self-care that I think is often overlooked is sexual self-care. Self-care as a topic is always a difficult one to breech, as different things will always be relevant in different ways. Every individual's needs are different, and this is especially true when it comes to sexual health. Desire is a topic easily polarized, and is still a taboo for many people. Personally I think that getting in touch with your body can be a very healing act. That's just my take, but I think that people on all edges of the sexual spectrum can appreciate the need for positive sexual spaces. As a queer femme who frequents sex stores, I've had a ton of uncomfortable experiences. A lot of these spaces can be a bit off-putting, especially for people that aren't super in touch with their sexuality. With that in mind, I've decided I should share with you my favourite sex store in the GTA, *Come As You Are*.

Netropo

Located at 493 Queen Street West since 1997, *Come As You Are* is an interesting shop in many ways. The store operates as an actively anti-capitalist co-op, operated under The Seven Principles of Co-Operatives that our own Lunik follows. On the outside it's relatively unassuming from a glance, and its softly lit interior is a nice contrast to the gaudy décor of places like The Condom Shack. Not that I have an issue with the kind of outspoken sexuality that said shop embodies. It's simply a matter of comfort.

Along with the assumed sexual merchandise, *Come As You Are* often plays host to a variety of different workshops, ranging in topic from sex and disability to the g-spot. They specifically aim to create conversations around overlooked and unconventional topics, such as sexuality and aging, and have a number free resources available on their website: <u>www. comeasyouare.com</u>. As of this wasn't enough, they also offer sex toy recycling service for silicone sex toys and vibrators.

The in-store staff are pleasant and knowledgeable, with enough tact to engage you in conversation without seeming intrusive or awkward. In terms of stock, they have a diverse array of toys, ranging from external and internal vibrators and run-of-the-mill dildos to more niche pieces like sounding kits and rattan canes. Their toys fall all over the spectrum when it comes to price, with their cheaper vibrators being priced from \$12, to others reaching over \$200. They also stock a variety of shapewear for trans and genderqueer shoppers like binders, packers, gaffs, and breast-forms. This falls in line with their gender-inclusive branding; Come As You Are also runs a binder-recycling program that offers gently used binders for \$5.

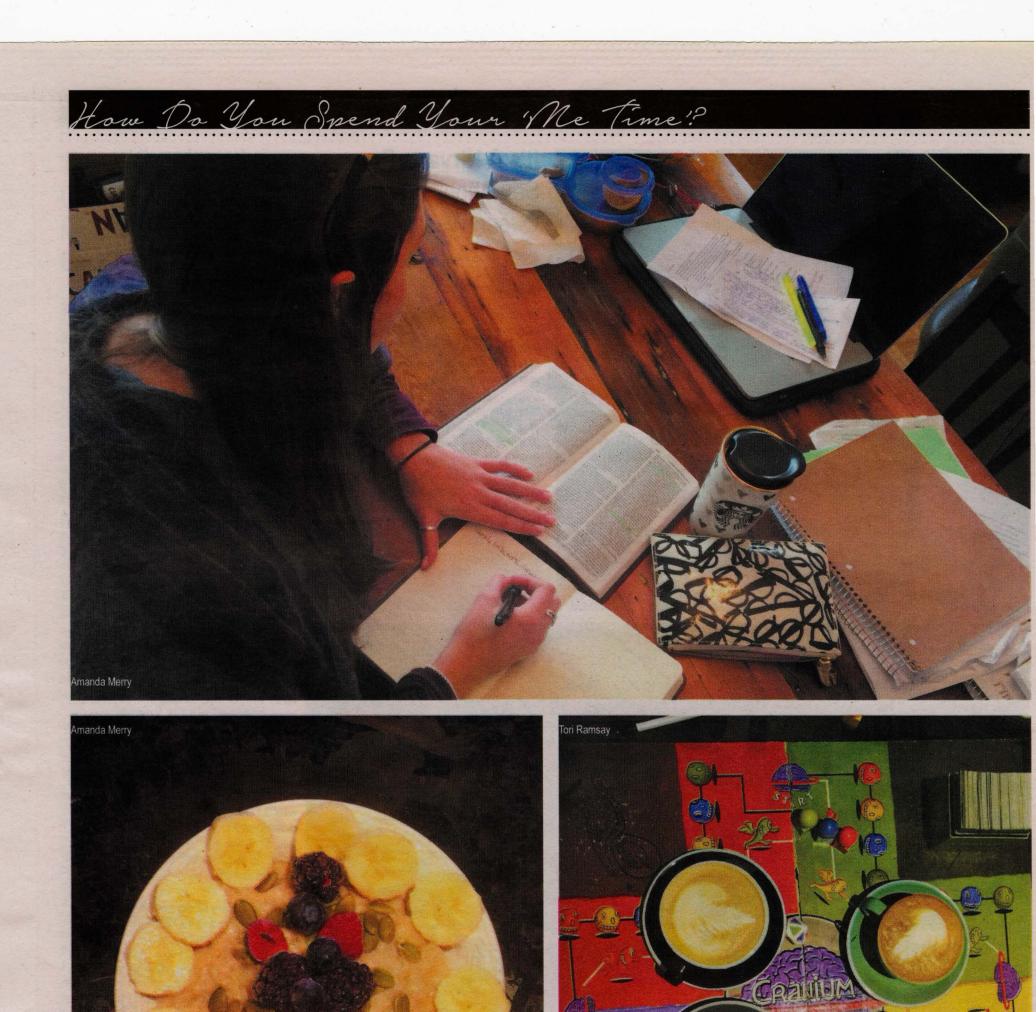
What sits well with me about how Come As You Are stocks their store is that they review every product they offer, both online and offline, and only carry products that fit their core values. When you shop there, you really get the feeling that the people running the shop really care about what they're doing.

I think it's important that a retailer stands behind its ethics. In the case of *Come As You Are*, they've put sexual politics and inclusivity at the forefront of their operation, and make an obvious effort to make positive impacts with-





in the community. I would definitely recommend their services to anyone, regardless of sexual experience. Without a doubt, I will definitely be a returning customer.





 $\mathcal{D}$ AR na vo mas n N. ni 12 11 history, mystery esev



# Diverse Expressions of Love

ssuea and Ideas

Shefali Jain Contributor - Honourable Mention

"I love you, Mom, Dad." "I love you too, sweetheart."

Nothing uncommon about that, right? Wrong.

In my family, and in many other South Asian families, we don't express love in that way. We rarely hug each other; we don't really tell each other we're proud of each other's accomplishments, use endearing terms, or say "I love you." It has been this way for so long that doing these things would just be plain uncomfortable and awkward.

Last April, I was hired by the Glendon Extended Learning Office to be an Explore Monitor during the summer. I was absolutely ecstatic! When my dad found out, he had a huge smile on his face. Grinning ear to ear, he walked over to me and...held out his hand for a handshake. He said, "Congratulations Shefali" as we shook hands. He didn't hug me like another parent might, but chose to shake my hand instead. It was formal and bizarre to say the least.

Sad, I know, but it's the truth. I've grown up watching movies where parents hugged their child goodnight, kissed them on the cheek and said they loved him or her. To this day, I sometimes wish I got to experience parental love in a conventional way, but I've learned to accept that generally speaking, South Asian parents show their love differently. They do not like showing affection, at least not outwardly as we do in North America. We tend to be direct and open when telling our loved ones we love them, but South Asians often aren't as forthcoming with their emotions. To my knowledge, this is also true in Asian families (and perhaps in other cultures too). My parents show love and affection in unconventional ways. They may not explicitly say, "I love you" and "I'm proud of you" or wrap me in a hug, but they make sure to bring home my favourite type of cheesecake whenever they pass by the store. I know they are proud of me by seeing their smile and the look in their eyes when I receive awards and when they are at my dance shows. My parents especially show their love through food. I'm sure many other Indian children would find this to be true for their parents as well. They spend hours and hours making exquisite dishes and their joy lies in watching their children eat heartily.

Sometimes it's upsetting to know there's no one to turn to in my family when I'm having a bad day (I rarely have bad days, but when I do, they're bad). My parents will somehow turn it into a lecture rather than just giving me the emotional support and comfort that I need. The only times my dad has had a heart-to-heart with me is after he's drank a little after an occasion. He even starts by saying, "I'm only going to say this now because I've drank, so listen carefully." Then he adds, "You're actually a good kid. You're smart and talented, and you have a very caring heart." Then he takes a deep breath and seems to muster all his courage to utter the words: "I love you, okay? There." Sadly, this level of discomfort when it comes to saying such things isn't uncommon in families like mine. I hope to see a day when he doesn't need alcohol to tell his daughter he loves her and is proud of her. When he can say it and it isn't a big deal, but rather normal to say in our family. Until then, I'm extremely lucky and grateful to have super loving friends in my life to make up for the lack of outward affection at home.

I always remind myself that as immigrants, my

parents have had to make countless sacrifices. They've bought my brother and I things even when money was tight because they knew it would make us happy. There were many nights when my mom came home, exhausted from a tiring day at work. All I wanted was a hug, but all she had left to give us were instructions for helping with dinner. So I accepted this, and it became the norm. As parents, they have put my happiness above their own on numerous occasions. I'm sure my Mom wanted to eat that last slice of cheesecake, but she saw me reaching towards it and said, "I'm pretty full anyway". They express their love through gestures rather than words. We must remember that maybe our parents did not grow up in a culture where love is verbally expressed. What is normal for us is probably uncomfortable and embarrassing to them. Their comfort level is different than ours. As important as it is to be explicitly told we are loved, I believe it is far more important for that love to be SHOWN.

Let's take the time to appreciate and understand our parents and families. Let's look beyond their words and feel their unspoken love. If your parents or siblings are home, take a moment right now to tell them you love them and appreciate them, especially if this isn't a common occurence in your family.

## Le pouvoir des arts libéraux

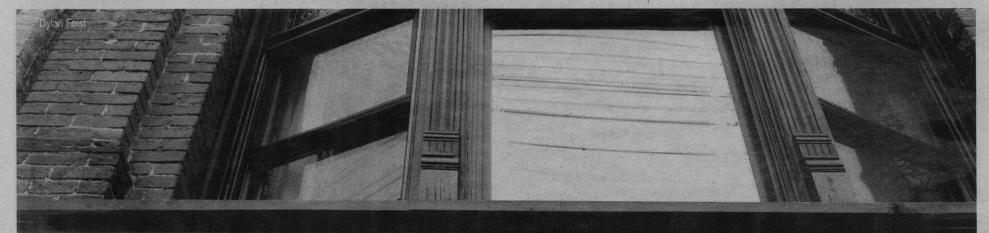
Gabriella Giordan Contributrice - Mention honorable

Bien des gens doutent de l'importance des arts libéraux. Dans la société moderne, une grande partie de la population étudie ou travaille dans le domaine des sciences pures et appliquées, et de la technologie. Souvent, les arts sont négligés car ils sont considérés futiles. Il n'en est cependant pas le cas.

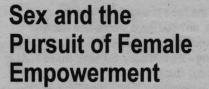
Les arts permettent aux êtres humains de vivre toutes sortes de situations, ethnies, et expériences différentes. Grâce aux arts, nous pouvons exprimer nos idées et cela permet à ceux qui s'y intéressent de percevoir le monde sous un autre angle. Les arts libéraux ont comme but de pourvoir ceux qui l'étudient d'une connaissance du monde. Ils aident à accroître et affiner les capacités d'analyse, de compréhension et d'interprétation, à développer l'habileté de s'exprimer de manière claire et efficace à l'oral comme à l'écrit, à collaborer avec autrui et à être créatif. Ces compétences, développées par l'entremise des arts libéraux, sont de grande valeur pour plusieurs emplois.

Dans un collège spécialisé en arts libéraux comme Glendon, l'étude de la langue, de la littératures, du genre, de la société, de la psychologie et de la politique poussent les jeunes citoyens du monde à aller plus loin. En examinant la diversité et la complexité des sociétés, la psychologie et le comportement d'autrui, les gens apprennent à mieux se connaître; à penser de façon critique et à comprendre l'être humain et sa place dans un contexte tel que la société et le monde.

Certes, les sciences sont fondamentales, mais les arts sont tout aussi cruciaux. La société ne peut jouir que des sciences, ni que des arts; un certain équilibre est nécessaire. L'idéal, c'est que les étudiants et les employés des domaines artistiques intègrent les sciences à leurs études d'une manière ou d'une autre, et vice-versa. Si les deux partis se rendent compte de l'interdépendance des deux domaines, le monde, ou du moins le monde universitaire, sera un endroit plus collaboratif et, surtout, plus tolérant.







Karolina Bednarek Contributor - Honorable Mention

Who doesn't love a good sex scene? Whether it's to add comic relief, demonstrate a climactic moment, or to shock the audience with a twist, sex scenes welcome viewers to a completely natural human experience. Oh, and sex sells. Big time. When done right, these simulations can serve a purpose beyond our voyeuristic curiosity and our desire to live vicariously through fictional characters. Media can also promote female empowerment through strategically staged sex scenes, seen for example in the hit new TV show Jessica Jones.

Although Jessica Jones' may have lost its novelty appeal to some, its feminist message has only strengthened with time thanks to the dynamic conversations that emerge as more and more people are tempted to binge watch this show on Netflix with its growing popularity.

All of the main female characters in this comic-inspired TV show assert themselves sexually by exerting control over their sexual experiences. These women possess non-stereotypically female traits. Jessica has incredible physical strength and drinks whiskey straight from the bottle. Trish produces her own talk show after leaving an unsatisfying acting career imposed by her mother and uses the show as a platform for smart controversial topics. Finally, Hogarth is a cutthroat, aggressive lawyer who excels in a position of power normally reserved for men. While most female fictional characters lack agency, Jessica, Trish and Hogarth think for themselves -- they prove numerous times throughout the show that they are independent beings. For instance, in the first episode Jessica goes to Luke Cage's bar determined not to leave without sexual satisfaction. Although Luke offers her alcohol as a "ladies night" promotion, it's Jessica who decides to initiate sex with him. When they are having sex, she shows control by being on top - a position that is stereotypically assumed by a male participant. In fact, she rides him so hard at one point that she breaks Luke's bed. Moreover, Jessica directly accuses Kilgrave of rape instead of pretending it didn't happen or accepting his excuses, demonstrating autonomy and control over her body. Jessica condemns Kilgrave for forcing her into an unwanted sexual act, and by doing so reclaims ownership of her body as well as her sexual experience. Trish Walker is also shown in a position of control as she pins Will Simpson's arms down during her sexual encounter with him. She makes direct eye contact with him to show her active role. Again, we see a strong female character in the show who initiates sex and maintains power throughout the act. Trish is also not afraid to give in to the pleasures of sex, and she demonstrates this with her facial expressions while being eaten out. This scene focuses on her sexual experience by starting with a close up of her face and glorifies cunnilingus, which is still slow to appear in most TV and film sex scenes. Finally, Hogarth's love affair shows gender equality using the typically patriarchal secretary trope on women. This is a conventional fiction device that subconsciously exists in viewers' minds, where a person in a high power position has an affair with their secretary. In fact, Jessica Jones features the



ctualité

first lesbian sex scene in the history of the Marvel Cinematic Universe, a feat that its arch nemesis DC has yet to match.

So what does female sexual empowerment mean beyond the fictional universe of Jessica Jones? It means women having absolute control over the representation of our bodies. I think by now we can all agree that social media outlets such as Instagram and Facebook are littered with unrealistic expectations created by users "showing off" to their followers. This passive observation however does little to change the culture in which these expectations are created. The idea that we need to please others has been forced upon us from a young age, and I believe that we need to replace this societal expectation with the need to simply please ourselves. This begins with women demanding sexual gratification to show that we are in control of our sexual experiences. We are not whores for sleeping with different partners. We are

shave, whom women should trust, where women should live, when women should go to sleep, how women should accept gifts, and the list goes on. I realize that you, as a man, specifically might not be endorsing these worn out social ideals, however if you disagree with them and believe that women are just as independent as men, then let women "have" this article. It was not written to represent or impress you, but to share the importance of female sexual freedom and celebrate its success in a progressive TV show.

Missing and Murdered Because of Ignorance and Indifference \$28? Half the population of First Nation children live in poverty? Suicide rates for Inuit youth are among the highest in the world at 11 times more than the national average? These problems often escape public consciousness.

But our distance from these concerns does not permit our complacence. Last October, Canadians voted in a new Liberal government, and within two months, our Minister of Indigenous and Northern Affairs Carolyn Bennett launched a national inquiry into missing and murdered indigenous women. This came tandem to a reaffirmation of other election promises to First Nations, Métis, and Inuit communities. While a pivotal first step, it can't be the last. Now is the time that all Canadians assume some social responsibility. We have a role to play in educating ourselves and the younger generation, demanding discourse on these issues on a larger scale, and holding

not sluts for choosing to wear provocative clothing. And most importantly, we are not sexual objects that can be used or discarded. Our choices regarding our sexuality are for no one's approval but our own.

For all the men reading this article, don't worry, you haven't been left out. In Jessica Jones, Simpson worries too much about Trish and overprotects the female characters in the show, Luke is able to ask Jessica for help in his times of distress without any hesitation, and Kilgrave continuously exhibits clingy emotional tendencies. These are all non-traditional male traits that further demonstrate the progressiveness of this TV show. Men, unfortunately your gender has been enforcing the social norms that dictate what women should

## (continued from cover)

Living in a place like Toronto, a city that is comparably rich in both cultural diversity and wealth, I feel as if there's a tendency to romanticise, not only our city, but our country. The truth is that the aboriginal population in Toronto is miniscule and that these issues manifest themselves most obviously in communities that are geographically removed from us.

It's even harder to grasp the full breadth of their struggles. Neskantanga First Nation has been under a boil water advisory for over 20 years? A head of lettuce in Iqaluit costs our government to account. Most importantly, we must stop allowing the voices of indigenous peoples to fade and become obscured by our ignorance and indifference.

## Issues and Ideas Brain Gains for the sonally,

## Winter Season

### Silvio Altomare Contributor

The winter season is finally making its debut which means it's time for school to start back up. With busy schedules around the corner, many students are considering purely putting down the weights and picking up the books. Being in the high-stress environment that we are in it may seem worth it to put all your energy towards immersing yourself in your studies rather than exercise; but is it truly worth it?

Some may argue that exercising and studying would exhaust your mind and body further, but think of this scientifically: exercising increases one's heart rate and metabolic activity which in turn supplies the body from head to toe with more oxygen and energy to perform adequately under strenuous movements. Due to the additional oxygen supply to the brain, it is better to study following exercise than to study without a recent workout.

So, if this is true one may ask exactly how much exercise would they need in order to gain the full benefits from this? The truth is very much subjective; each and every person can be different, as long as you get "the blood pumping" the benefit should be there. Personally, I would go through a complete routine before sitting down and burying my head into a book, but a quick ten to fifteen minute cardio session would give a similar benefit. Further, it is not essential that one has a gym pass, although the Glendon Athletic Center offers a very affordable gym memberships at 20\$-a-pop for the entire year. Calisthenics are very much adequate in order to increase one's heart rate; movements such as burpees, mountain climbers, squats, and jumping lunges are great examples of exercises to perform. Weights, if you do own a few, can also help with the stimulation of the body, depending on the movements being performed. Trying to use compound movements, which will not only accomplish this stimulation but also lead to the burning of fat and additional calories throughout the day.

Overall, keep yourself active all throughout the winter semester. It will not only keep you in shape throughout the season and lessen the amount of pre-summer cutting; it will also perhaps bring your marks up st the same time. Good luck studying!

## HELLO NEW YEAR! A Health Ed Update For 2016

### Jennifer Coté Contributor

As we welcomed January 1, many of us began the New Year with hopes for a brighter and healthier future. A lot of people make a New Year's resolution - goals for the next 365 days that lie ahead.

Health Ed would like to give you an opportunity to make a resolution that will not only better the next 365 days, but every day for the rest of your life!

Each year, Health Ed runs a contest with Leave The Pack Behind called 'WouldU-Rather'. This contest is for everyone, whether you identify as a smoker, a social smoker, or a non-smoker. The contest has different categories: You can enter to quit smoking for good, to cut back on your smoking, to not drink and smoke together, or to continue living a smoke-free lifestyle.

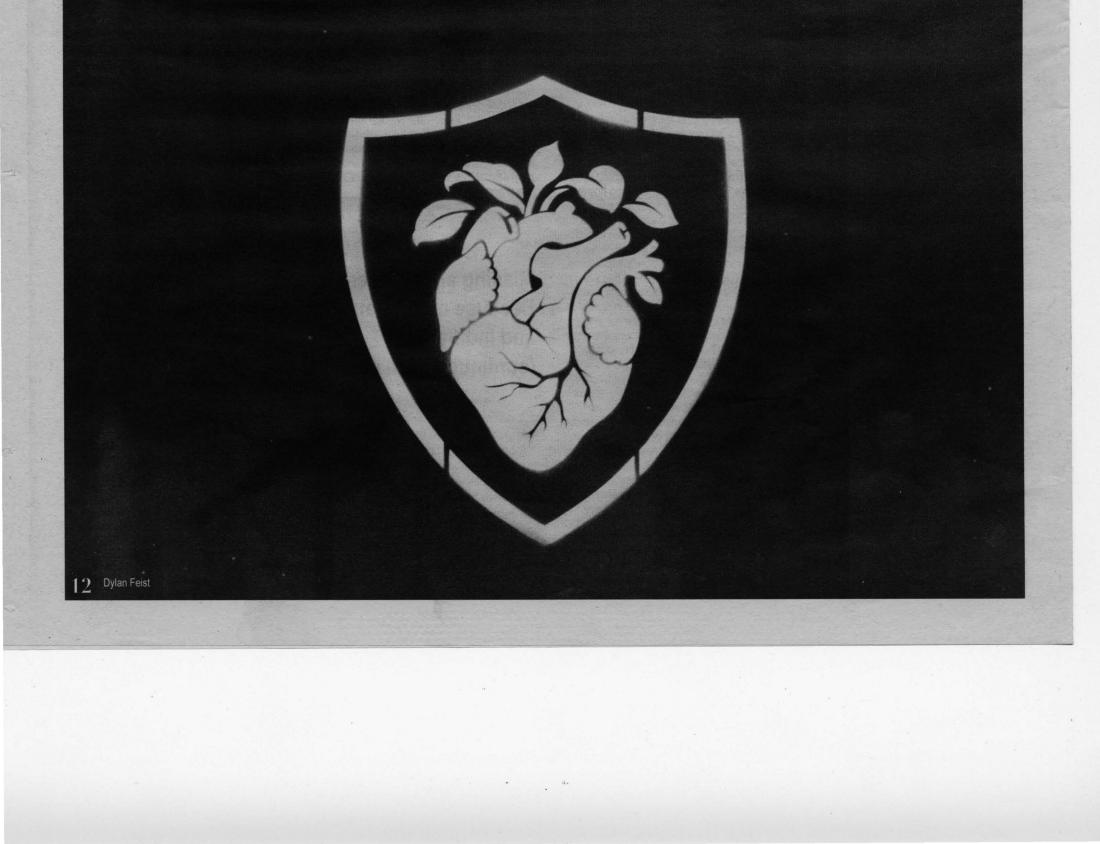
Not sure if you're ready to quit? Entering the "Cut Back" category may be perfect for you! You don't need to quit, but maybe see how it feels to smoke less.

Are you prone to social smoking? This contest is for you! Take the pledge to not smoke and drink at the same time to try to break the habit of social smoking. You don't smoke, eh? You live a smoke free lifestyle! Well, you can STILL ENTER! Simply don't start smoking – it's that easy. So, what would YOU rather do? Run a marathon? Save money for a car? Go skydiving? Take a trip? Whatever it is, now is the time!

No matter what your smoking habits are, you can still enter to WIN! THAT'S RIGHT FOLKS! WIN! The contest has provincial prizes – including up to \$2500 for someone who quits smoking entirely - and we at Glendon have our own prizes. Some prizes include a free GAC gym bag or membership, gift cards, backpacks, and more!

Quitting smoking, or even cutting back, is such a difficult lifestyle change. Health Ed would like to offer you the chance to make healthier choices for not only 2016 but your entire life, as well as the opportunity to win some money or prizes.

For more information, visit the Health Education booth on Thursdays outside the Cafeteria, or look for your Health Ed representatives walking around campus on Mondays. Feel free to ask us questions, get some resources, and we're always happy to hand out some free treats. For more information and to sign up for the contest, visit: <u>www.wouldurather.ca/en/register/</u> HAPPY NEW YEAR from your Health Ed LTPB team, Shannon and Jennifer! <3



## The Glendon Athletic Club's 10 Tips for Getting Active in 2016

### Aaron Doupe

Interim Director, Glendon Athletic Club

The New Year, a time when many of us (myself included!) make resolutions to get back to the gym. When the New Year's enthusiasm fades and our busy schedules set in, it can be hard to keep an exercise routine and to stay motivated. Here's a list of a few strategies that might help you reach your goals! 1. Get your GAC membership

This is an easy, but important step! It's only \$20 and valid year-round. This year's membership gives you full access to all the facilities and services until August 31, even if you're not taking summer classes.

2. Find something you enjoy

A lot of us dread going to the gym because we don't like lifting weights or spending time on a cardio machine. The key is finding something you like to do, so that you're more likely to stick to your exercise plan. There's so much to do at the GAC - we offer almost 50 group classes every week such as Aquafit, Pilates, yoga, weight training, stability & fusion ball, a'nd group cycle (AKA Spinning). You can play squash or badminton, use the boxing studio, swim lengths, shoot hoops, or practice your golf swing.

### 3. Plan time

Schedule your gym time as you would your study, work or social engagements. Try setting a specific time(s) each week and stick to it. Try and make up any missed times. If you can't get to the GAC, go for a run or bike ride, do some push-ups and crunches, put on a workout video at home, or take a brisk walk. 4. Set realistic expectations

Goals are good, but they can be discouraging if they are difficult to reach. Start small and set new goals as you reach them. 5. Get support

Make sure you're educated and supported to reach your fitness goals. We offer complimentary weight room orientations and racquets assessments to get you started. If you're able, it can be helpful to invest in personal training, private lessons (swim, racquets, yoga). Of course, there is a cost to some services, but partner training or small group lessons can be more affordable. Our professional staff can help you learn, keep you motivated and ensure you have fun! A great way to stay fit is being active with your partner or children. Students who are also parents can add their children age 12 and under for free! Spouses and children age 13-24 can be added at discounted rates. 8. Try Intramural Sports

The GCSU's VP Athletics and Sports & Rec team offers a host of team sports you can participate in. Challenge fellow students from the Keele Campus for the coveted York Torch! You can also enjoy weekly soccer and basketball games at the GAC organized by Sports & Rec. Contact vpathletics.gcsu.aecg@gmail.com or visit their Facebook page for more information and to get involved!

### 9. Dance it out!

Dance is great fun, but also an excellent workout. Try our Zumba and dance classes, or get in touch with the Glendon Dance Team who practices weekly at the GAC. 10. Keep fit on both campuses Spend time at Keele? Visit the Tait McKenzie Centre and become a member there too! It's a separate \$15 membership, but well worth having access to two gyms for the year. Visit us at <u>www.glendon.yorku.ca/gac</u> for more information and to read our blog for more fitness tips, healthy recipes and articles. Have a happy, active and healthy year!

Santé et bien-



6. Enjoy the perks

We offer a number of little extras to make your visit to the GAC more pleasant! Students now enjoy free towel service; we always have refreshing lemon water on hand; and now you can put your YFS benefits to good use and enjoy a relaxing therapeutic massage, acupuncture or chiropractic treatment at the Cornerstone Wellness Centre on site. We're also home to another clinic, Endeavour, that offers physiotherapy and sports rehabilitation. 7. Get the family involved



## The Field of Fear: **Fiction Writing Contest** Winner

### **Gulsvert Dela Cruz** Contributor

That beast inside your head Telling you your weaknesses Reminding you your mistakes Giving all reason, or even drivel For your hands to sweat And your head to swivel. The devil that throws down All ambition and hope, That keeps you awake at night, and strives to make madness by day. Anxiety, I still fear the future, At times disdain the past, But that does not mean, That you will always last. I have fought battles and won, I have thrown you down Time and time again. You will not master me forever, As long as I stand, I will strive for action For thought and decision, The while I accept imperfection and welcome defeat, I will not give in before I even try. Anxiety, though you win in battle, I will triumph the war.

### Memories of Winter



### **Kaitlin Fenton** Expressions

Section Journalist

Silent snow Softly, swiftly doing backflips And somersaults Deep in the sky As I look up, curious, Just to ask Why?

Whistling winds Murmur their gentle reply Old, strong pines Translate.

The night is long, dreary, And I have vet to go Warm beds beckon to me, Spellbound, cursed, But I must traverse, I must keep on.

The darkness engulfs me, Snow dances in my hair, Twinkling soft. Gentle winds rise to a crescendo, Hop! Then slowly die down.

Memories of distant weathers Float in my heart, dying away It is the winter now, It is not my time to play.

The ice consumes me, And spits me out raw But toughens me. This is my home, The only place I've ever known, The only place I'll ever know.

### Le trésor de Glendon

Stéphanie Mak **Contributrice - Mention honorable** 

Chaque nuit, les fantômes de Mme et M. Wood reviennent au manoir pour chercher quelque chose. Une nuit, ils ont arrêté de le faire mais personne ne sait pourquoi. Cette histoire dévoilera ce secret.

Un jour de printemps, Sophie s'approche de Michelle dans le Breezeway. - Michelle! Michelle! dit-elle. J'ai des nouvelles pour toi!

- Quoi? demande Michelle curieusement. Tu as vu un beau garçon?

Sophie regarde Michelle sérieusement:

- Ça serait merveilleux, mais non, c'est quelque chose bien plus incroyable qu'un beau garçon!

 Alors, qu'est-ce que c'est? demande Michelle une autre fois.

- J'ai découvert le trésor au Glendon, déclare Sophie.

Michelle ne semble pas croire Sophie du tout. Sophie reconnait l'expression douteuse de son amie et rajoute : - C'est vrai! Regarde.

Sophie montre un anneau doré à Michelle, qui regarde le regarde de près et s'aperçoit qu'il y a un nom gravé dessus. Le nom inscrit est «Agnes». Puis, elle regarde

Sophie et les deux filles annoncent ensemble: C'est le nom de Mme Wood! Dit Sophie fièrement.

Ça veut dire... que tu as trouvé l'anneau de Mme. Wood! dit Michelle, fascinée. - Oui, et je vais le retourner à Mme. Wood

cette nuit au manoir, répond Sophie. Euh, Sophie... commence Michelle avec

hésitation. Tu te souviens de ce qui s'est passé la dernière fois que nous sommes entrées dans le manoir?

Sophie comprend ce que son amie veut dire. L'année passée, elles étaient entrées au manoir pour obtenir des preuves que les fantômes de Mme et M. Wood existaient. L'expérience était peu agréable puisque les deux fantômes avaient ordonné aux filles de ne plus jamais entrer dans le manoir. Oui, je m'en souviens, répond Sophie, mais

je crois que Mme Wood va comprendre. Cet anneau doit être très important pour elle.

Michelle voit le regard déterminé de son amie et à ce moment, elle sait que peu importe ce qu'elle dit, Sophie ne changera pas d'idée.

- Bon. Je viendrai avec toi, insiste Sophie, en croisant les bras.

- Michelle, tu ne dois pas m'accompagner. Sophie voit que Michelle est déter-

minée à y aller avec elle, alors après le souper, les deux étudiantes se rencontrent devant le manoir.

-Tu es prête? demande Sophie.

Michelle fait oui de la tête et touche son chapelet pour se sentir bien à l'aise. Elle espère que les fantômes ne vont pas se fâcher. Quand les deux étudiantes ouvrent la porte d'entrée, elles entendent une voix fâchée crier

Laissez-nous tranguille!

Les deux filles s'arrêtent immédiatement et Sophie montre l'anneau à Mme Wood, qui descend l'escalier. Avant que Mme. Wood ait même le temps de poser des questions, Sophie s'explique:

Je l'ai trouvé pendant que je plantais des arbres près de la forêt. Je pense que c'est le tien et je veux te le rendre. C'est la seule raison pour laquelle nous sommes ici cette nuit. Mme Wood prend l'anneau et l'examine soigneusement:

Je cherche cet anneau depuis tellement longtemps. Je croyais l'avoir perdu.

Nous sommes désolées de vous déranger, dit Michelle.

Mme Wood remercie les filles de lui avoir remis son anneau et dit chaleureusement:

- Mon mari et moi sommes désolés de vous avoir tant effrayés l'autre fois. Je vous promets que si vous avez besoin de notre aide, vous pouvez revenir nous voir ici guand vous voulez.

- D'accord, répondent les deux étudiantes, en la saluant de la main.

Vous savez maintenant pourquoi les ex-propriétaires du manoir ont arrêté de retourner au manoir.

## Growing Up: The End of Childhood

**Ronelle Joseph Contributor - Honourable Mention** 

The days of innocence are over! Fun times pushed to the back, More responsibilities, More stress, No more innocence. Children are laughing They believe in such things as happy endings, Wishes coming true, Talking animals, Peace on Earth, Fairy Godmothers, True love, Princesses being with Princes. But these are things of childhood. Long days at the playground, Movies that made you feel good, Laughter ringing out, No days filled with tears. Not too many arguments, Friends without too many secrets, And the most painful thing was tripping on the ground. The days of innocence are over! Choices are questioned, More arguments, Dreams shattered, No more belief in true love, More open to different types of relationships, Fun pushed back, Many more secrets. Growing up is hard, but worth it.



Lights flicker away. They wave goodbye, Blinking, blinking, fading. Ice cold air burns my nostrils, Gripping my throat, And squeezing my lungs. I quite miss the gentle lights, The warm beds calling to me.

Vous faites de la photographie? Vous adorez dessiner?

### Pro Tem vous veut!

Envoyez-nous un courriel à editor@protemglendon.com pour apprendre comment vous pouvez vous impliquer!



## To Be Taken

Lindsey Drury Contributor

So I've been asked to tell the story of us, and I don't mind. It's still pretty vivid. On our first date, I was making love to voyeurism. I watched you through a stained kitchen window, lifted brick in the walkway, mud, crawling up from the ditch like the trenches. To think I had been singing just moments earlier. To think I still found sirens fascinating. To think there was a time where your presence was ever unusual, now it's convoluted and parasitic. You embraced someone I barely knew, but someone that I really knew, knew them. And they were watching too. So many people have so many memories of staring at you. God, it was complicated.

On our second date, you crawled out of my mother's mouth. But first you choked her. I remember the way she walked in, trying to get you off of her, but you clung to her esophagus like, a pole dance,

### like, a newborn,

like, the next bad news. I didn't know you well enough at this point to know your weak spots. I couldn't extinguish the feud. I didn't yet know how to rip my own gloves off, and I didn't need to because then you lost. It's embarrassing really. My 5'5 mother stronger than your towering exterior. All she had to do was open her mouth, and you fell limp to the floor like, a wet tube sock, like, a dead fish, like, a well-timed name drop. She said, "Look at me. I'm Sandra Dee. Bye, bye Danny." You were in the room with us, but you were also down the street, eight floors up. I've always wondered what you were saying to him, while you were talking to me. Let's see.

Our third date was in the new room. Yeah... I think it was in the new room, and we were all there. And he was there. And you were there, but I didn't see you yet, not really. That is, until daddy did that thing I told you about. You know. Where he didn't remember me. He recognized my sister, but not me. He recognized my mother, but not me. He recognized his parents, but not me. Then I saw you peek out from underneath the sheets. You stared me down like there was a goddamn barrel in my mouth, but there wasn't. It was in everybody else's who had a bed in that same building. You were breathing at my shoulder. I almost leaned in for the kiss so many times, but you always vanished. I look up, and there's mistletoe above my head. I still see it above everybody else's.

On the fourth date, things became physical. You finally got the courage to touch me for the first time, it's always the same. You feel the heat, you know it's coming, you've imagined it over and over in your head, but when it happens, and you reach over and grab me, it can somehow still be described as spontaneity. I looked up from beneath my lashes, and there you were-spewing down my father's chest. Crawling up my mother's arms. Fucking yourself in all of our sunken chests, your tongue forced so deep down my throat I felt it tickling my pelvis, and then, and then, it was over.

messio

Death is a two-pump chump. No matter how romantic, how special, how beautiful you think the relationship can be, you were always just another fuck.

Things have been different after that. Death and I, we get together sometimes, but it's nothing serious. After our first time, I learned not to get invested.

So there it is. The story of us. Of dating death. Word is that you've gotten together too. How's that going? Where did you two meet? When's the anniversary?

How does it feel to be taken?





OÙ: Glendon Theatre QUAND: February 4th, 5th, & 6th @ 7 PM PRIX: Students: \$5 each



## Guests: \$10 each or \$25 for 3

Facebook: GlendonMusicEnsemble Instagram: gme.glendon Twitter: GMEGlendon Website: gme.info.yorku.ca