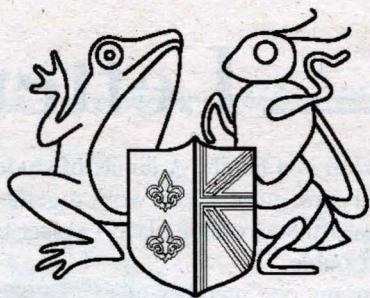


PROTEM



le journal bilingue de Glendon | Glendon's bilingual newspaper

Issue One - Volume 52 - October 1st, 2013



Krizia Tehrani

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Letter from the Associate Principal



Rosanna Furgiuele

Associate Principal/Principale adjointe, Student Services/Services aux étudiants

The fresh mornings, the cool evenings, the flurry of activity and the palpable energy on campus all say that fall is here, and with it, another year of intellectual adventure.

The start of the academic year is always filled with the hopes and promises of new beginnings. We enter the new

year with the firm resolution to manage our time well, to stick to the schedule, to not fall behind, and to do better whatever we do.

J'espère que ce nouveau début de votre voyage de découverte sera marqué par un sentiment d'émerveillement par rapport à vous-mêmes et aux connaissances que vous allez acquérir. Chaque fois que vous rédigerez une dissertation dont l'argumentation est raisonnée et convaincante ou pénétrerez les secrets d'un texte abstrait ou trouverez la solution à un problème complexe, soyez fiers de votre potentiel sans limites.

And so, looking ahead to the coming year, I hope you will look forward to the quiet moments in the library and the animated cafeteria conversations that lead to intriguing ideas, spark new thoughts, inspire challenging debates, and create lifelong friendships.

Learning is a process that takes place inside and outside the classroom. If you want your university experience to be truly meaningful, I encourage you to get involved! Join one of the many student clubs and organiza-

tions, participate in student government, and take part in campus social events. Student engagement will enrich your university experience, enhance your personal growth, improve how you interact with others, develop your leadership skills, help you meet new people and cultivate important friendships, teach you valuable life lessons and help you to become a well-rounded individual.

Un nombre croissant de recherches ont démontré que le niveau d'engagement des étudiants est étroitement lié au taux de satisfaction quant à leur expérience universitaire.

Élargissez vos horizons! À Glendon, vous avez l'occasion unique d'étudier dans un milieu qui vous offre une diversité culturelle riche et variée. Intéressez-vous aux religions, aux croyances, aux opinions, à l'orientation et à la culture des autres. Une telle expérience transformera sûrement votre vision du monde. Profitez au maximum des nombreux services disponibles. Bien que votre but primaire soit d'accroître vos connaissances en nourrissant votre esprit, ne négligez pas votre corps. Restez en forme en devenant membre du Club athlétique de Glendon qui offre un prix spécial aux étudiants pour les frais d'adhésion (15 \$ par année).

During those times when you feel stressed, homesick, or anxious, you may wish to speak to a counsellor at Counselling & Disability Services. When you need help to hone your academic skills, take one of the many workshops offered throughout the year. Visit the Centre for Academic Writing Support / Centre d'aide à la rédaction des travaux universitaires for guidance on essay writing.

We look forward to the coming year with great anticipation. Once again, we will organize our annual Stu-

dent Leadership Conference. Next March, we will pay tribute to student leaders who have made a contribution to student life during the Student Leadership Celebration. If you have artistic talent, you may want to compete in the Visual Arts Competition organized by the Glendon Gallery. Ne ratez pas le Bulletin hebdomadaire pour les étudiants de Glendon qui vous offre des renseignements précieux sur la vie estudiantine, les dates importantes, les événements sur le campus et d'autres faits intéressants.

Si vous avez des questions, cherchez des informations ou voulez savoir ce qui se passe à Glendon, visitez le kiosque d'information au Salon Cœur de Lion à l'entrée du Centre d'excellence. In addition to providing you with valuable information, the team at the Lion's Den is planning a number of exciting events throughout the year.

My very capable colleagues at the Office of Student Services and I are also available to help you with whatever you may need. N'hésitez pas à passer nous voir. Votre succès nous tient à cœur.

Je vous offre mes meilleurs vœux pour l'année scolaire qui vient de commencer et je vous souhaite une grande réussite sur tous les plans : académique, personnel et social.

My best wishes to all as we begin a new academic year. May each of us pursue our curiosity with passion and without bounds; may a sense of wonder infuse our work together in the year ahead.

Rosanna Furgiuele
Associate Principal, Student Services
Principale adjointe, Services aux étudiants

Pro Tem Letter from the Editor

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Glendon is a family. A family of students, staff, faculty, and services, all of which work together to make our campus a warm, welcoming place—a place to fall back on in times of trouble.

When any one member of our family is threatened, all of us are outraged. To the victim of the sexual assault that took place on Friday, September 20, on the way to Hilliard residence at 1:30 a.m.*, we at Pro Tem, with the rest of the Glendon family, are here to support you.

To the rest of the Glendon community: this incident can either throw us apart in fear, or pull us together in solidarity. I vote for the latter. To first-years, as you read the pages of this issue, you will realize just how warm and welcoming Glendon truly is (read the article "Shy Girl's Guide to University"), and the type of community that we strive to protect.

This is a welcome and welcome back issue. In these pages, you will learn about campus services such as Lunik-Coop, our very own student-run and student-owned café; Glendon Women and Trans Centre, a place to access emergency shelter and food; Counselling, Career, and Disability services, there to talk things through with you; Academic Advising and Financial Services, a place you'll certainly find yourself over the course of your time here; Lion's den, your go-to resource for information; and a whole list of other support groups.

You will also hear from the people who constantly strive to uphold and improve Glendon's high standards, including our Associate Principal, Rosanna Furguele, and our Glendon College Student Union president, Mikhaela Gray.

I want you, the Glendon community, to make Pro Tem a place where your voices are heard and the issues you care about are discussed. The dedicated and enthusiastic Pro Tem team is looking forward to working with you. Join us at our next public meeting on Tuesday, October 8,



2013 at 6:00 p.m. in room YHB204 or drop by at our office in Hilliard, room D114.

Sincerely,

Natasha Farooq
Editor in Chief

editor@protemglendon.com

Glendon est une famille. Une famille composée des étudiants, du personnel, des professeurs, de tous ceux qui œuvrent ensemble à faire du campus un lieu chaleureux et accueillant — un lieu où se retrouver dans les moments difficiles.

Lorsqu'un membre de notre famille est menacé, c'est nous tous qui sommes indignés. À la victime de l'agression sexuelle qui a eu lieu le vendredi 20 septembre, à 1h30 du matin, sur le chemin de la résidence Hilliard*, l'équipe de Pro Tem, ainsi que le reste de la famille de Glendon, souhaite apporter son soutien.

Au reste de la communauté de Glendon: cet incident peut avoir deux conséquences: la peur peut nous diviser ou la solidarité nous rassembler. Je vote pour la seconde. Aux étudiants de première année: en lisant ces pages, vous réalisez combien Glendon est un campus chaleureux et accueillant pour tous (lisez donc l'article "Shy Girl's Guide to University"), et quelle sorte de communauté nous cherchons à protéger.

C'est le numéro de la rentrée. Dans ces pages, vous trouverez des renseignements sur des services du campus comme Lunik-Coop, notre café tenu et géré par des étudiants; le Centre des femmes et des trans de Glendon, qui offre abri et nourriture d'urgence; le Centre de consultation psychologique et d'orientation professionnelle, où discuter des problèmes; les services financiers et académiques, où vous irez sans doute pendant vos années à Glendon; le Salon Coeur de Lion, le lieu où aller pour s'informer; et plein d'autres groupes de soutien.

Vous lirez aussi les messages des personnes qui cherchent en permanence à défendre et améliorer les exigences de Glendon, y compris notre principale adjointe, Rosanna Furguele; et notre présidente de l'Association Étudiante du collège Glendon, Mikhaela Gray.

Je souhaite que vous, la communauté de Glendon, vous fassiez de Pro Tem un lieu où vos voix peuvent être entendues et où aborder les sujets qui comptent pour vous. L'équipe dévouée et enthousiaste de Pro Tem se réjouit d'avance de travailler avec vous. Rejoignez-nous à notre prochaine réunion publique, le mardi 8 octobre 2013, à 18h en salle YHB204 ou passez nous voir dans notre bureau, Salle D114 à Hilliard.

Sincèrement,

Natasha Farooq
Rédactrice en chef

editor@protemglendon.com

Traduit par Gervanne Bourquin
Rédactrice adjointe française

*Sexual Assault Reported at Glendon College | York U Security Bulletins." York U Security Bulletins. York University, 20 Sept. 2013. Web. 21 Sept. 2013.

..... Letter from the GSCU

Chers Glendonites/Glendonnois/Étudiants de Glendon,

On behalf of your student council, I welcome you to a new and exciting school year. We are so grateful to be your representatives and look forward to the year ahead of us.

Glendon est une petite communauté, qui rassemble des gens des quatre coins du monde. Nous nous bénéficions d'un campus bilingue et d'un environnement inclusif. Je suis fière d'annoncer que je fais partie d'une école aussi unique et pleine d'opportunités. Faculté, collège, et campus — tout cela en même temps — Glendon offre tant de choses à notre communauté déjà si riche.

The Glendon College Student Union works toward bettering the lives of students. We implement programs and activities to engage Glendonites and to help foster some of the best memories you will ever have! Our services include campaigns, low-cost printing, a variety of clubs, OOHLALA, sports, events and much more.

This year, as your GCSU president, I hope to implement change. I aspire to both purposefully and passionately support the needs and desires of our students. I will

be accountable in my actions and will do my best to lead our team forward. Je suis tellement reconnaissante de cette opportunité qui m'a été offerte, et j'ai hâte de voir tout ce que nous serons capables d'accomplir au cours de l'année à venir. L'équipe de l'AÉCG 2013/14 est un groupe d'individus extrêmement dévoués, et c'est un honneur d'en faire partie.

A special thanks to Pro Tem for sharing this submission. I am excited to see how our different on-campus partners, like our community newspaper, will work together to stronger impact our students. Pro Tem, you are doing a fantastic job already and we sincerely appreciate all of your hard work so far this season!

Glendonites, I hope that you will get connected and get involved this upcoming year! I wish you all the best and look forward to seeing you around campus.

Kind regards,

Mikhaela Gray
GCSU President



Krizia Tehrani

What to Do When Classes Aren't the Hardest Part Advice on Adjusting to University Life

Stephanie Settle
Editor of Campus Life

When you begin your first year at university, you are likely to be bombarded with assertions that the coming years will be the best of your life, that you're guaranteed to enjoy every minute of them. Unfortunately, this is not the case for everyone, and those who find themselves feeling unhappy at university can often feel helpless and left out. In my first few months at Glendon, that was me. As if moving from a nice suburban house in Waterloo to a tiny residence room in Toronto wasn't stressful enough, I was still distraught over a recent break-up while I was being herded through various activities by energetic frosh leaders, surrounded by other students my age that all seemed, well,

"I found myself spending the following summer looking forward to going back to Glendon"

happy. I ended up skipping the second half of frosh week to sit in my room and dread the first day of classes. But during the year, something changed, and I found myself spending the following summer looking forward to going back to Glendon. For those of you who are feeling the same way I did, here is what I learned in that first difficult year:

1. Join in on social activities even if you don't think you'll enjoy them. I resisted going to pub nights for a whole semester, as hanging out in a huge crowd while attempts at conversation are drowned out by loud music has never been my idea of a good time. But towards the end of the year I started to attend occasionally, and now one of my fondest memories of first year is a pub night that ended in a 3 a.m. trip to McDonald's with a few friends.
2. Find some reason to go outside. Living in residence makes it easy for you to slide into a routine of only leaving the room for class and food, and barely getting any exercise or sunshine. Among other issues, this can lead to a vitamin D deficiency - and I speak from personal experience. Try to at least go out for a walk every now and then. And if you're like me and don't like going outside during hot, bright days, start taking some vitamin D supplements.
3. If you can, try to get a job. While the prospect of doing extra work on top of classes can be daunting, having a part-time job can make you feel like you're really accomplishing something, and staying busy can stave off unwanted thoughts. Look around the bulletin boards on campus for "help wanted" advertisements; answering one of those in my second year led to tutoring a hilarious kid while eating a

veritable buffet of snacks once a week. It was fun, and seeing my student's marks improve was extremely rewarding.

4. Don't be afraid to change your major. If you don't like your classes, you can always try studying something different. I know far too many people who majored in something their parents pushed them into, or something that turned out to be very different from their expectations, and ended up dropping out because they didn't enjoy it. On the other hand, I also know someone who changed her major to Women's Studies after being unhappy with French Studies and the concurrent education program. Studying something she was really interested in made her a lot happier in her second year.

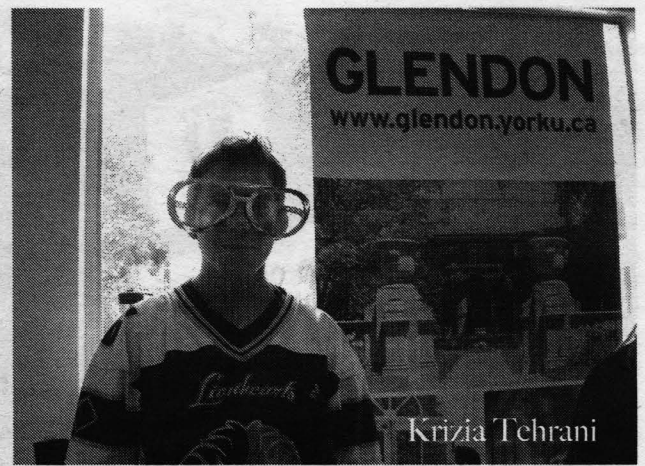
5. Above all, don't be afraid to get help. If you've tried some of the things in this list and you still feel unhappy, maybe it's time to talk to a counsellor. Mental health problems are very common among university students; one study in the *American Journal of Orthopsychiatry* estimates that 15.6% of undergraduates have issues with anxiety or depression (Eisenberg et al.). If you want to speak to a professional counsellor at Glendon, you can book an appointment in room 111A of Glendon Hall, or by calling 416-487-6709. While doing the other things I advise in this article helped me feel a bit better, it was seeing a counsellor in my hometown the summer after first year that made the most difference.

Two years ago, I was sitting around in my dorm room wanting to go home. And now I'm happily writing and editing for Pro Tem, and looking forward to learning new things in my third-year classes. I hope some of my advice can help new students with similar issues make the same transformation I did. So, first-year students, welcome to Glendon—I hope you really do feel welcome.

If you want to publish an article about your experiences on campus—positive or negative—you can e-mail protem@glendon.yorku.ca or campuslife@protemglendon.com. And you can find more detailed information about Glendon's counselling services in Dr. Pamela Broley's article located elsewhere in this issue, and on their webpage at www.glendon.yorku.ca/counselling/personal.html.

Citation for What to Do When Classes Aren't the Hardest Part

Eisenberg, D., Gollust, S. E., Golberstein, E. and Hefner, J. L. (2007). Prevalence and Correlates of Depression, Anxiety, and Suicidality Among University Students. *American Journal of Orthopsychiatry*, 77: 534-542. doi: 10.1037/0002-9432.77.4.534
"Counselling, Career, and Disability Services". Glendon. n.p., n.d. Web. 2 September 2013.



Krizia Tehrani

Une nouvelle année universitaire débute

et le Salon Francophone rouvre ses portes

Gervanne Bourquin
Rédactrice adjointe française

Il fait partie des services qui font de Glendon un campus bilingue et fier de l'être, où tous les étudiants ont l'occasion d'apprendre le français et de le pratiquer... s'ils découvrent où se trouvent les ressources prévues pour! Car chacun se trouve face à cet éternel problème : les francophones cherchent partout des anglophones pour pratiquer leur anglais, et les anglophones cherchent où parler français!

Pour sortir de ce terrible dilemme linguistique, le département de français a mis en place le Salon Francophone, où je travaille comme monitrice. Petite visite des lieux : situé dans le Breezeway, le Salon est ouvert tous les après-midis et une équipe de moniteurs (en moyenne 3 ou 4 pour permettre une aide individualisée) est à la disposition des étudiants pour répondre aux questions, pratiquer un point de grammaire ou simplement discuter de la pluie et du beau temps en français dans une ambiance détendue. Nous sommes tous étudiants à Glendon et venons du Canada, de France, de Suisse, de Belgique, de l'Île Maurice, de plusieurs pays d'Afrique : toute la francophonie est représentée, ou presque! Chacun peut donc non seulement venir discuter en français mais aussi découvrir des cultures différentes, venant des quatre coins du monde. Vous voulez savoir en savoir plus sur une ville avant de partir en échange? Ou écouter de la chanson française? Ou vérifier la traduction d'une affiche pour un événement à venir? Le Salon est là!

Au cours de l'année, nous espérons aussi mettre en place différentes activités en parallèle des différents clubs existants pour que le français à Glendon ne soit pas seulement une liste de cours obligatoires, avec ses temps nécessairement trop compliqués et son orthographe parfois vicieuse, mais une culture vivante, avec la projection de films français, la sélection de bandes-dessinées (Tintin, Astérix...) représentatives de la BD européenne, et surtout une semaine de la francophonie, avec cuisine, musique et spécialités françaises.

Donc, n'hésitez pas à passer, simplement pour dire bonjour, pour observer, pour travailler un point précis, pour jouer à un jeu de société ou préparer une présentation orale dans un espace sympa, ce n'est pas un cours de français, mais plutôt... une réserve de francophones en libre service!

PRO TEM

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CONTACT US/
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protem@glendon.yorku.ca
protemglendon.com



Counselling, Career & Disability Services

The Place to Get Help on Campus

Pamela Broley Ed.D., C.Psych.; Director,
Counselling, Career & Disability Services

Counselling, Career & Disability Services (CCCDS), located in Glendon Hall, offers a variety of services to students, all of which are free. Students can make confidential individual appointments to discuss personal, career, or disability concerns, and counsellors are available to discuss all types of personal concerns such as feelings of loneliness, shyness, anger, depression, abuse, problems of motivation, self confidence, relationship issues, etc. Students can also meet with a career counsellor to discuss career planning, goal setting, applying to graduate school and entry into the workplace. Students with disabilities can meet with the disability counsellor to discuss accommodation needs and receive help with learning strategies. Adaptive technology is also available to assist students in their learning.

In addition to individual counselling appointments, throughout the year we offer workshops on study skills such as time management, taking effective lecture notes, preparing for exams, making presentations and resume writing. There are also a number of special events that we host. In September we have Dog Days, which are an opportunity for students to get to pet some friendly dogs, and at the same time meet other students and members of the Glendon community. If you are interested in applying to Law School, then our Law Day on October 2 will be of interest to you. Other events include Education Day on November 6, Applying to Graduate School on November 12, and Stress Buster Day on November 27. If you are looking for a job, then plan on attending our Employment Fair Day on January 22.

There will also be a number of surprise events during the year. You can find information about our services and events on our Facebook page (Glendon Counselling) and on Twitter (GLCCCDServices), as well as on My Glendon. To make an appointment, you can drop by our office or phone 416-487-6709. We look forward to seeing you.

Welcome to the Glendon Women and Trans Centre: A Place to Feel Safe on Campus

Gillian Murphy
Head Coordinator of the GWTC

The Glendon Women and Trans Centre is a levy-funded organization on campus dedicated to serving the students, staff, and alumni of Glendon. Created in 1990 as the Women's Education and Referral Centre, it was renamed in 2009 to the Glendon Women and Trans Centre. As one of our founders Kate Walsh said: "By adding 'trans' to the Centre's name, we make it clear that we are providing a safe and positive space not only for women, but also for trans-gendered [and] trans-sexual students, as well as advocating for them. Trans and women's rights go hand in hand — they are basic human rights. Bringing the fight for

on campus. A person does not need to be under an immediate threat of danger to access the shelter. In fact, in previous years, students have stayed in the shelter overnight after taking a late class and feeling it unsafe to travel home. All are welcome to stay in the emergency shelter; please visit the Centre or contact Glendon Security if you need to use the space.

The Glendon Women and Trans Centre is located in D-Wing of Hilliard, room 124. Visit us to learn more about our services or contact us at glendonwtc@gmail.com.

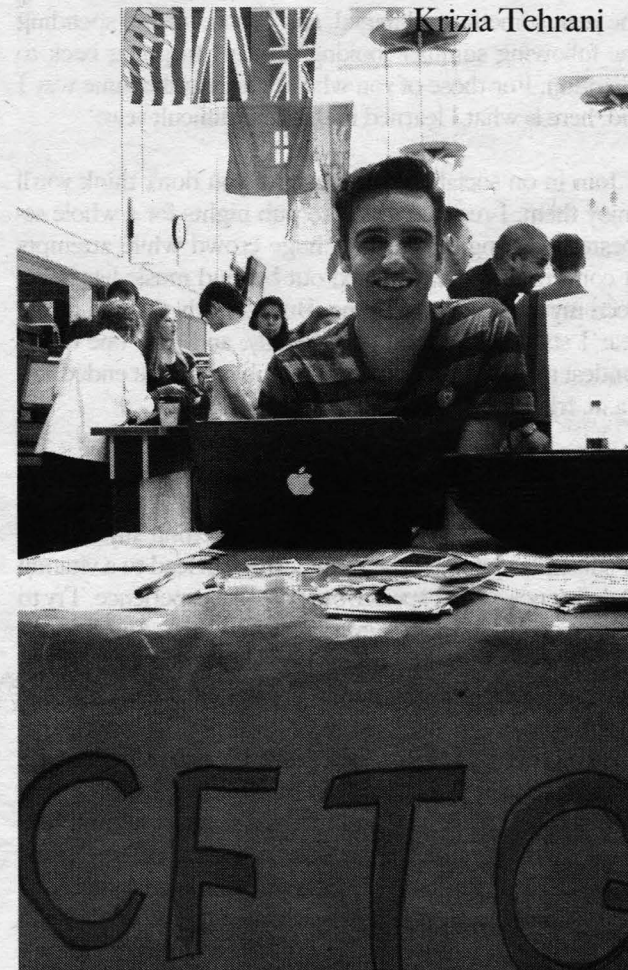
*"A safe and positive space
not only for women,
but also for trans-gendered [and]
trans-sexual students"*

trans rights and women's rights together can strengthen our communities and build new relationships. It can provide new insights and bring allies to fight oppression."

We strive to be a safe space on campus where students can come to find resources and access necessities such as nutrition and toiletries, as well as seek shelter in times of crisis. To achieve this, the GWTC provides students access to a food bank, an emergency shelter, and plenty of resources for those interested in issues relating to women and trans persons.

The food bank is a student-friendly service that offers nutrition as well as other necessities to students at no cost. Whether students regularly depend on the food bank to subsidize their weekly groceries or if they are reaching the end of their meal plan, we encourage students to utilize the service to the extent which they need. The food bank is located within the centre and the hours are posted on our Facebook and YU Connect pages.

The emergency shelter is a resource for everyone



Krizia Tehrani

Pour une vie étudiante bilingue

One Student's Opinion on Languages at Glendon

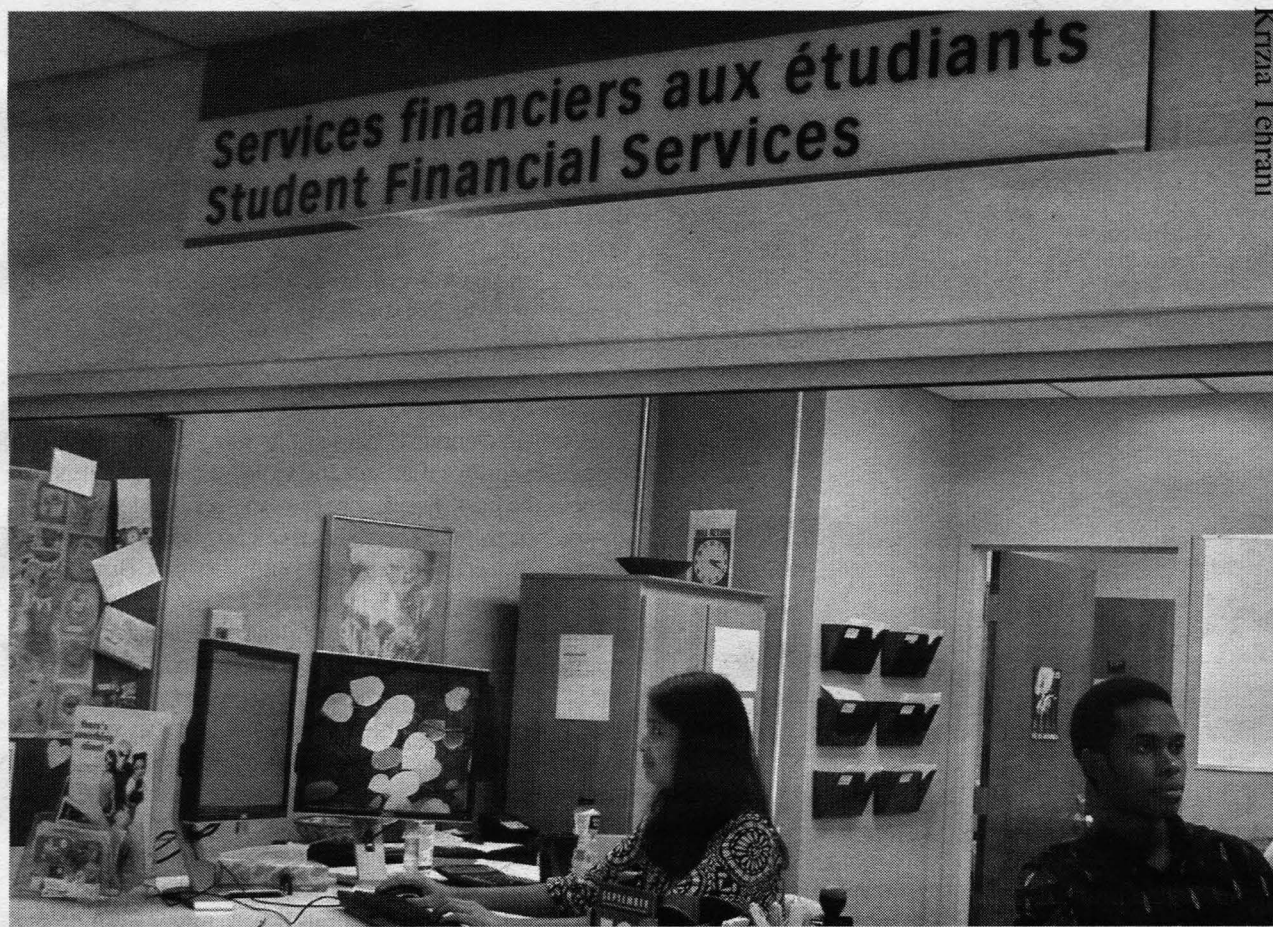
Éric Desrochers
Contributeur

I have been at Glendon for a year now. I love the people, whether they're students or professors, and my courses are interesting, but I'm missing something. Bien que je puisse prendre la majorité de mes cours en français, que je puisse avoir accès à la plupart des services en français et que je puisse parler en français à plusieurs de mes amis, la vie étudiante de cette institution dite bilingue est unilingue. Je ne me plains aucunement de la nature des activités offertes par les diverses associations, mais bien du fait qu'elles ne soient qu'en anglais, malgré les affiches bilingues qui en font la publicité. Is it logical or even acceptable to use bilingualism to advertise an activity, but not in its execution? For the good of the whole community, Glendon's student life must be bilingual.

When I say "bilingual student life", I mean either bilingual activities where both languages are equal, or an equal number of French and English language activities. De ces activités découlerait une atmosphère propice au bilinguisme, où le partage d'idées pourrait se faire à la fois dans la langue de Molière et celle de Shakespeare. Pour les francophones, une vie étudiante bilingue serait une occasion de parler leur langue dans un contexte social plus vaste et de rencontrer d'autres francophones. De plus, ils et elles pourraient plus facilement partager leur langue et culture avec les anglophones et francophiles. Ce serait aussi une occasion de continuer à parler leur langue dans une ville anglophone. For Anglophones and Francophiles, it would be a great opportunity for them to practice speaking French. They often want to practice their French, but feel too shy or are not confident enough in their mastery of the French language. In an environment where it is acceptable and encouraged to speak more French, and with the certainty that nobody would be made fun of, Anglophones and Francophiles would be motivated to practice speaking French. Such interactions would help them improve their mastery of the French language, regardless of their level.

Il est temps de faire en sorte que Glendon ne soit pas bilingue que sur le papier. Si le bilinguisme est le facteur qui distingue Glendon des autres collèges de York, alors il faut en faire une partie intégrante de notre vie étudiante. Il n'y a rien de difficile là-dedans; il suffit de le vouloir.

Photo by Krizia Tehrani
Students take a stroll through the new wing of York Hall



Academic Services and Student Financial Services C Wing, York Hall

Tobi Strohan
Executive Director, Enrolment & Marketing

Bienvenue (bon retour) Glendoniens et Glendoniennes! Academic and Financial Services is here to help with your enrolment and money-related needs, so you can focus on your courses and settling in. In short, our goal is your goal: destination convocation! Venez rencontrer un conseiller académique ou financier : les consultations sont confidentielles. Vous aurez l'esprit tranquille et pourrez gagner du temps et économiser de l'argent.

See us at Academic services if...

- ... you're not sure about changing/dropping a course
- ... you need to check your degree requirements
- ... vous envisagez de changer votre majeure ou d'ajouter une autre majeure ou mineure
- ... vous avez des difficultés dans un cours et souhaitez explorer vos options
- ... you need proof of enrolment, you want to apply to graduate, you need a transcript, you need an academic form ... you get the idea!

Don't forget that there are two types of deadlines: deadlines to add or drop courses, and deadlines to receive a refund for courses you are dropping. Get to know both

at www.glendon.yorku.ca/myglendon/current. Stop by between 9:00 and 12:00 (10:00 and 12:00 on Fridays), or 1:30 and 3:30, and contact us at acadservices@glendon.yorku.ca or 416-487-6715.

See Student Financial Services if...

- ... you have OSAP questions or have a loan from another province
- ... vous voulez des clarifications concernant vos frais de scolarité et vos paiements
- ... vous cherchez à obtenir des bourses d'études, des bourses ou d'autres formes d'aide pour payer vos frais de scolarité
- ... you're in a financial crunch and you need help

Every single Glendon student should fill out the Student Financial Profile (SFP) at sfs.yorku.ca/aid/sfp to get themselves in the pool for additional bursaries throughout the year. If you completed the SFP before you became a Glendon student, you need to do it again before October 15th. Les Services financiers ouvrent en même temps que les Services académiques, et ferment une demi-heure plus tard. Vous pouvez nous contacter à finance@glendon.yorku.ca ou au 416-487-6701, et en apprendre plus à www.glendon.yorku.ca/sfs.





Krizia Tehrani

Tips On Glendon Student Life: Dinosaur Fifth Year Edition

Rosemary Richings
Editor of Expressions in English

The following is an alternative guide to things to do and places to go on campus. It's from my own experiences as a student that has studied at Glendon for the last five years. They're tips on how to make the best of Glendon student living.

1. We have theatre! Tickets to Glendon shows are cheap: \$10 for students, and pay-what-you-can for the Fridge Festival. We offer shows reflective of Glendon's multilingual reputation in French, English, and sometimes even

*“don't forget that you're a
York
student too”*

Spanish. Glendon's proud tradition, the Fridge Festival, is an annual student-run festival showcasing work by and featuring Glendon students, as well as some students from the Keele campus. Fridge is a great way to get involved in campus theatre in any way you're comfortable. The work varies in genre — last year, Theatre Glendon had its first ever musical.

2. We have radio! Glendon has its own student radio that broadcasts from the basement of the Glendon manor. Every fall, it recruits DJs to host radio shows. No prior broadcasting experience is required — in fact, all DJs get trained

on how to use the equipment. It's a friendly environment from which to share something you're passionate about with the Glendon community. Occasionally you even get people listening from other cities and other countries! If DJing isn't your thing, it's awesome to listen to. Glendon's radio station is based online, so all you need is a phone or laptop with an internet connection to listen from anywhere. The variety is huge, and you never know what you're going to find. Programs are in both official languages, and range from music of all genres, to student life, to politics, to pop culture, and onwards.

3. We have a cool basement hangout: Lunik Co-op. Lunik is a good, quiet, alternative space that is not the caf or the library, and it always has fantastic tunes playing in the background. Prices for tea and coffee are super cheap — minimum donation of 50 cents to a dollar — and it's a chilled-out environment with comfy chairs and couches and a lovely balcony view. Lunik, located in the basement of the Glendon manor, also hosts tons of annual events, and once a week serves organic, local beer and wine in the evenings. Student Lunik staff and volunteers are often there to supervise, and are eager to help and chat.

4. We have a nice, inexpensive gym down the stairs leading to the lower campus. The Glendon Athletic Centre has amazing membership rates for students, that are way cheaper than other gyms, so take advantage of it while you still can. It's an annual renewal fee of \$15. The pool and facilities are high-quality, and it's a great way to meet people. The membership is also useful for academic reasons; Glen-

don uses rooms in the gym for its classes and exams.

5. We have a forest. As you walk past the gym, a trail leads you straight to Glendon forest. The moment you begin the forest adventure, you momentarily forget that Toronto is one of the biggest, busiest cities in Canada. That's why it's worth it. It's a great scenic walk to try out during the day. I don't advise going in the middle of the night, for the same reasons that it's not smart to go alone into a forest at night universally. I have heard, however, rumours of wild parties happening in the forest fire pit.

6. Last but not least, don't forget that you're a York student too. Too many Glendon students feel intimidated by York's main campus because of its size, and all the emails we get about sexual assault and violence that has happened there in the past. For that reason, many Glendon students choose not to take classes at Keele, or take advantage of what Keele has to offer, even though they can. But if you're more open to visiting Keele, you'll find that food there is 100 times more varied than at Glendon, you can meet people that you wouldn't necessarily meet through Glendon's tight-knit community, there are many interesting classes there that aren't available at Glendon, and they have clubs and teams that Glendon doesn't. With your YU Card, Keele is only a 20 to 30 minute (free) shuttle ride away. While you're at Keele, check out The Underground, a great bar/restaurant on campus that hosts tons of annual events. Make sure to take a Keele class at some point, or join a club at the Keele campus; you're missing out on 50% of campus life if you don't.

Opting Out of York's Health and Dental Plans Important Information for Students Who Are Already Insured

Stephanie Settle, Editor of Campus Life, and
York Financial Services

If you are already covered under a health and dental insurance plan, such as one provided by your parents' employers, you can save money by opting out of the plan that is automatically given to York students and added to your fees. You will need a "Proof of Coverage" which is any official document — or photocopy of one — verifying that you have both health and dental insurance, such as a drug/benefit card, plan certificate or a current letter from your insurer. Once you have that proof, you can opt-out online at studentplans.ca/YFS. Make sure you receive a confirmation email after you opt-out; if you don't receive this email, and have checked that it didn't somehow end up in your spam folder, some part of the process might have gone wrong. In this case, you can contact Joseph Adubofuor by emailing healthplan@yfs.ca or calling 416-650-8066. You should be reimbursed for the health plan by November 18th. All students who are already insured should complete the opt-out process by October 10th to avoid wasting money on insurance if they do not require it.

Krizia Tehrani



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- Comprendre les travaux universitaires
mardi 24 septembre, jeudi 26 septembre
- Bien réussir ses examens et ses présentations orale
mardi 1 octobre, jeudi 3 octobre
- L'art de construire ses phrases
mardi 8 octobre, jeudi 10 octobre

In English

(12 - 1 pm Thursdays, Writing Centre, A118)

- Thurs. Sept 19 - Understanding the University essay
- Thurs. Sept 26 - Creating effective thesis statements
- Thurs. Oct 3 - Organizing strong arguments
- Thurs. Oct 10 - Revising and editing your work

For a complete list of workshops, visit us on www.glendon.yorku.ca/writingcentre



Top 5 Reasons that Frosh Should Get Involved

Megan Armstrong
Editor of Campus Clubs

Wandering through the hallways of York University for the first time can be daunting. Although Glendon does not have even a fraction of the people that are constantly crowding the Keele Campus, it can still sometimes feel like you don't know a single person walking past you. What is the best way to get out of your comfort zone? How can you make friends? By joining one of Glendon's diverse clubs and organizations, that's how!

1. Make friends. Your time at Glendon is the perfect opportunity to make friends from all sorts of different backgrounds. With the wide range of clubs on campus, going to meetings and joining organizations can help you find people who are like-minded and who are just as passionate as you are. Here lies the beginning of meaningful friendships.

2. Step out of your comfort zone. University is the time to figure out who you are. As cliché as it sounds, trying a multitude of different activities (even if they are vastly out of your comfort zone) will not only help you improve your social skills, but will also teach you something about yourself.

3. Build your resume. Now for the practical side of things. Do you want to become a teacher? Do you want to apply to law school? Joining clubs at Glendon will help you build your resume and make you a well-rounded individual. There is something for everyone at Glendon, and joining groups or clubs that you are passionate about will make you more employable. Volunteer opportunities are also sometimes offered through clubs on campus.

4. Networking. Not only will joining clubs help you make new friends, it will also help you to network. Joining clubs can get you in touch with professors, writers, performers, designers, athletes and more. You never know when these connections might come in handy.

5. Expression. University is the time to express yourself. It is a time to discover who you truly are and what you are passionate about. Actions speak louder than words—by participating, you are making a difference within the community as well as internally.

A Quick Guide to

Clubs and Students Groups

Krizia Tehrani



Deedz We're a Movement www.deedz.ca

Deedz is a student-run group which aims to address homelessness and poverty in the city of Toronto. If you are looking for a fun way to help people in need, come out and participate during Friday evening meetings which start at 6p.m. in Glendon's cafeteria. Le but de ces réunions est de préparer des sandwichs qui sont ensuite distribués dans un abri pour hommes en centre-ville. This group does not only provide basic necessities such as sandwiches and hot beverages to those in need, but also works to build positive relationships. It's not a charity, it's a movement – one that will give you a new perspective on how you can make a difference in the lives of the people we encounter. If this interests you, why not come spend an evening with us? For more information about Deedz, visit www.deedz.ca.



Krizia Tehrani

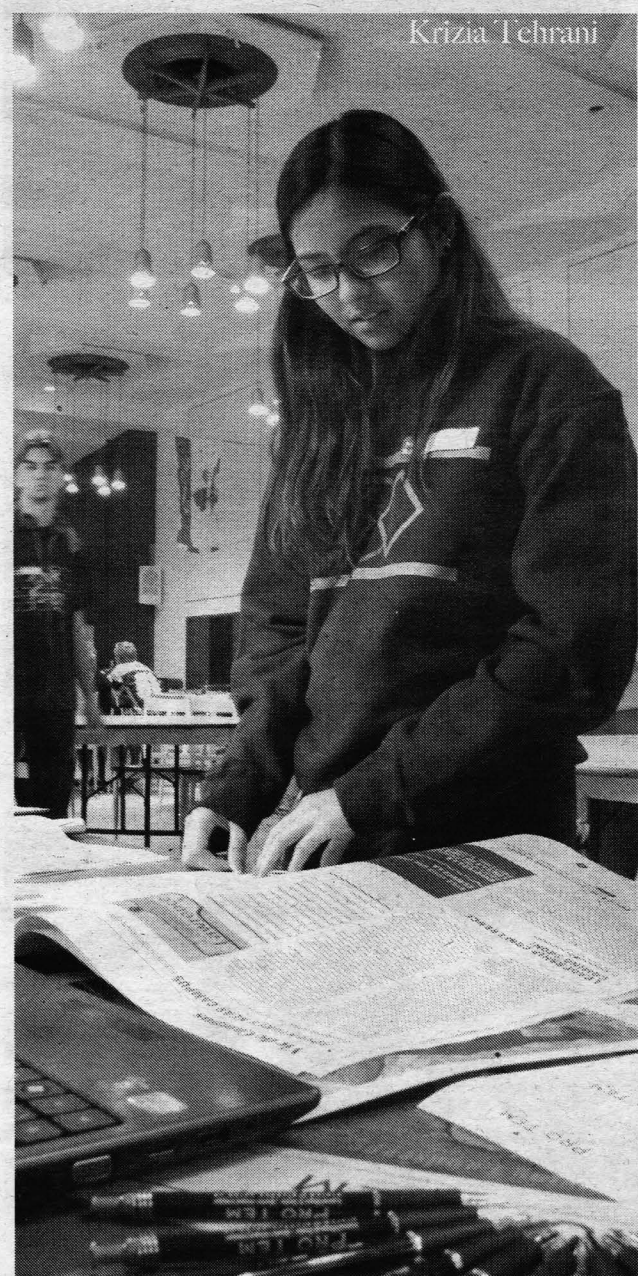
The Glendon Linguistics Club (GLC) Le Club Linguistique de Glendon glendonlinguisticsclub@gmail.com @GlendonLIN

What do we do? Un club pour les majeures, mineures ou amateurs des langues. Nous offrons des événements académiques et sociaux: Movie Nights, pub nights, tutoring, academic advising and what to do after your undergrad! Comment a joindre: Email us, follow us, or find us on facebook!

/lɪŋ'gwɪstɪks/
/lɛŋɥɪstɪk/
/lɪn'gwɪstɪkə/

Glendon College Universitaire Glendon Facultad de Glendon

Krizia Tehrani



Krizia Tehrani

Ekklesia Church on Campus churchatglendon@gmail.com

Bienvenue Glendonites à une nouvelle année d'études! Ekklesia invites you to become of a part of their community this year. Ekklesia is a non-denominational Christian church on campus which hosts weekly church service on Thursdays at noon; aussi, il y a les études de la Bible, les soirées adoration et les événements de la communauté qui ce passent presque tous les jours de la semaine. For more information regarding upcoming events, email churchatglendon@gmail.com. Tout le monde est bienvenu, nous serions ravis de vous rencontrer! Additionally, if you have any prayer requests or are looking for a church to attend in Toronto on Sundays, nous souhaitons pouvoir vous aider! God bless!

Glendon Hispanic Club Come Learn Spanish with Us! glendonhispanicclub@gmail.com

Are you interested in learning more about the Spanish language and the cultures of Spanish-speaking countries? If this piques your interest, check out the Glendon Hispanic Club! Nous sommes un club dédié à la promotion de la langue et la culture espagnole. Le club est un endroit idéal pour commencer à apprendre l'espagnol, rafraîchir, et bien sûr rencontrer de nouveaux amis. You do not have to be fluent or a native speaker to come to meetings; if you are interested in the language, then you're more than welcome! During the fall term, meetings will be held on Tuesdays from 5-6pm (room TBA). To be put on the mailing list, please email glendonhispanicclub@gmail.com. Esperamos verlos a todos para así poder conocernos y para juntos aprender un poco más sobre este idioma tan lindo y estas culturas tan alegres y bonitas.

Campus Clubs

Love to Sing or Play an Instrument?

Glendon Musical Ensemble Wants You!

gme@glendon.yorku.ca

Calling all musicians! Vous êtes un étudiant de Glendon qui aime chanter/jouer un instrument? Then the Glendon Musical Ensemble is for you! The GME is a group of amateur musicians who are looking for a fun way to spend their Wednesday nights. Every Wednesday, instrumentalists gather in the Glendon Manor from 7pm-8:30pm and Vocalists in the Glendon Manor from 8:30pm-10pm. Si vous souhaitez nous rejoindre, envoyez-nous un courriel à gme@glendon.yorku.ca pour plus d'informations sur comment vous pouvez faire partie de notre groupe harmonieux!

Glendon Queer Support: Support, Discussion and Personal Growth

Glendon Queer Support (GQS) is a support group for students of Glendon College who are questioning their sexuality or for those who self-identify as gay, lesbian, bisexual, transgender or any other term that falls under the umbrella of "queer". La discussion est un élément clé de ce groupe, qui a pour but de soutenir chacun dans son chemin personnel. At GQS we strive to foster a safe, secure environment in which each of us feels comfortable sharing as much or as little as we would like about our experiences, our challenges, our ongoing struggles and our victories. GQS will meet every second Thursday of the month (location TBA). Find Glendon Queer Support - GQS on Facebook for more information!

Glendon Roots and Shoots:

Focus on Building our Community

glendon.roots.and.shoots@gmail.com

Glendon Roots and Shoots focuses on fostering compassion for all living things within both its members and the community at large. Working in affiliation with the Jane Goodall Institute, Glendon Roots and Shoots aims to make a difference regarding the environment as well as the human community. C'est l'endroit idéal pour les étudiants souhaitant se lancer dans le bénévolat en se faisant de nouveaux amis. Past events include campus clean-ups, bake sales, clothing swaps and more. Glendon Roots and Shoots is currently recruiting new members; meetings run on Wednesdays from 3-5pm in room C202. Glendon Roots and Shoots is proud not only to raise awareness but also to become part of the solution. If you are interested in joining, send an email to glendon.roots.and.shoots@gmail.com for more information.

Yer a Wizard, Glendonite:

Rejoignez l'Ordre du Phénix
orderofthephoenixgl@gmail.com

Are you a Potterhead? Dans ce cas, l'Ordre du Phénix est parfait pour VOUS! Glendon's Harry Potter Club is looking forward to an amazing year filled with Horcrux Hunts, wand-making, Quidditch, potions class, candy from the trolley, movie marathons, fan fiction and more. Working in collaboration with the Ministry of Magic (from Keele Campus), the Order of the Phoenix will be hosting a Yule Ball as well as the Tri-Wizard Tournament. Envoyez-nous un courriel pour rester au courant: orderofthephoenixgl@gmail.com. Restez magique!

La Mode à Glendon Express Yourself!

La Mode à Glendon a.k.a L-MAG: Express Glendon Fashion Club is about expressing your individuality and letting the inner passion for fashion come to life. We would like to bring today's creative fashion styles to the attention of Glendon students and let them know that fashion is their avenue to expression. L-MAG: Express Glendon Fashion Club a comme objectif d'être une organisation où les membres peuvent s'exprimer avec leur propre style. We would like to help students build their self-confidence and their creativity by creating events such as an annual fashion show, fashion week, and much more. Nous voulons concentrer sur la mode la plus récente en plus de mettre l'accent sur divers perspective de mode individuel! Fashion, in this growing world of trendsetters and fashion statements, is what makes people different from each other and adds character to the world!

The Lions at the Lion's Den don't bite! Glendon's Hub of Information

Avez-vous des questions? We've got answers! The Lion's Den is relatively new to Glendon and is looking to continue expanding. L'année dernière, nous avons accueilli la Conférence sur le leadership et avons reçu Drew Dudley! We are a hub of information for all things related to Glendon. Nous sommes situés dans le Centre d'Excellence, prêts pour toutes les questions que vous pourriez avoir! We will have multiple activities at the booth so stop by and check it out! N'oubliez pas de nous chercher sur Facebook, Instagram, Twitter et Tumblr.

Love Theatre?

Join us:

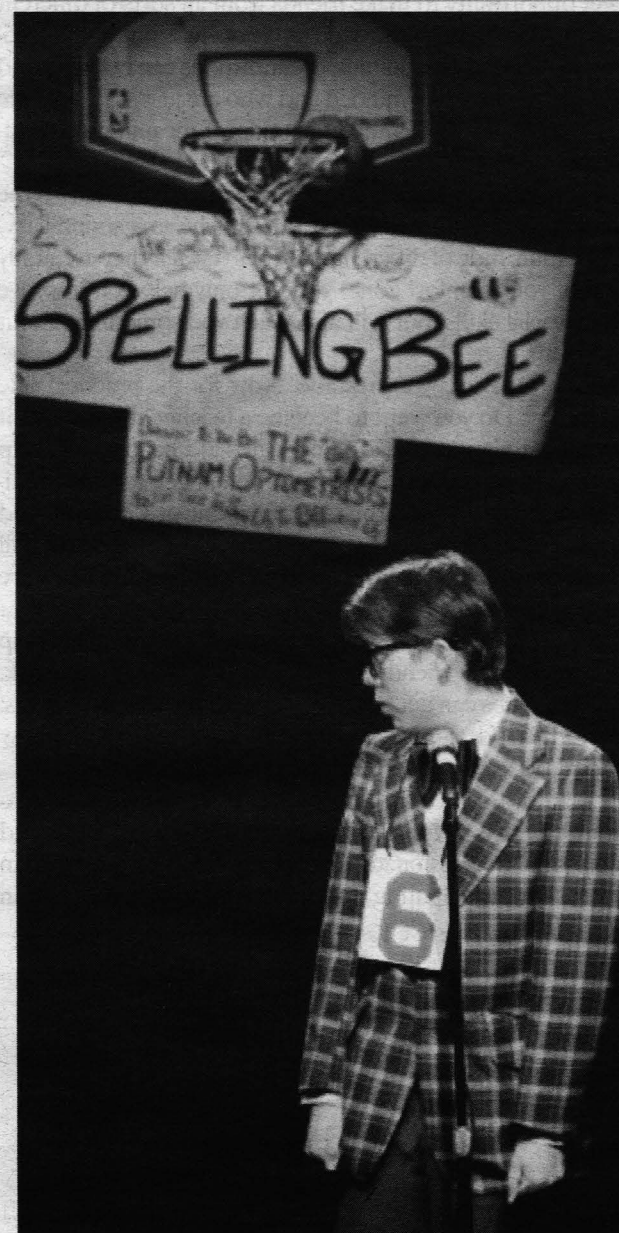
Lionheart Productions Coeur de lion
coeurdelionproductions@gmail.com

Hot on the heels of its inaugural season, Lionheart Productions Coeur de lion is excited to launch its second season! Last year's successful season included Glendon's first musical in over a decade, "The 25th Annual Putnam County Spelling Bee," which smashed box office records and was critically acclaimed; la saison comprenait aussi The Glendon Fridge Festival qui a présenté sept productions écrites par les étudiants, démontrant ainsi les incroyables talents de la communauté du Glendon.

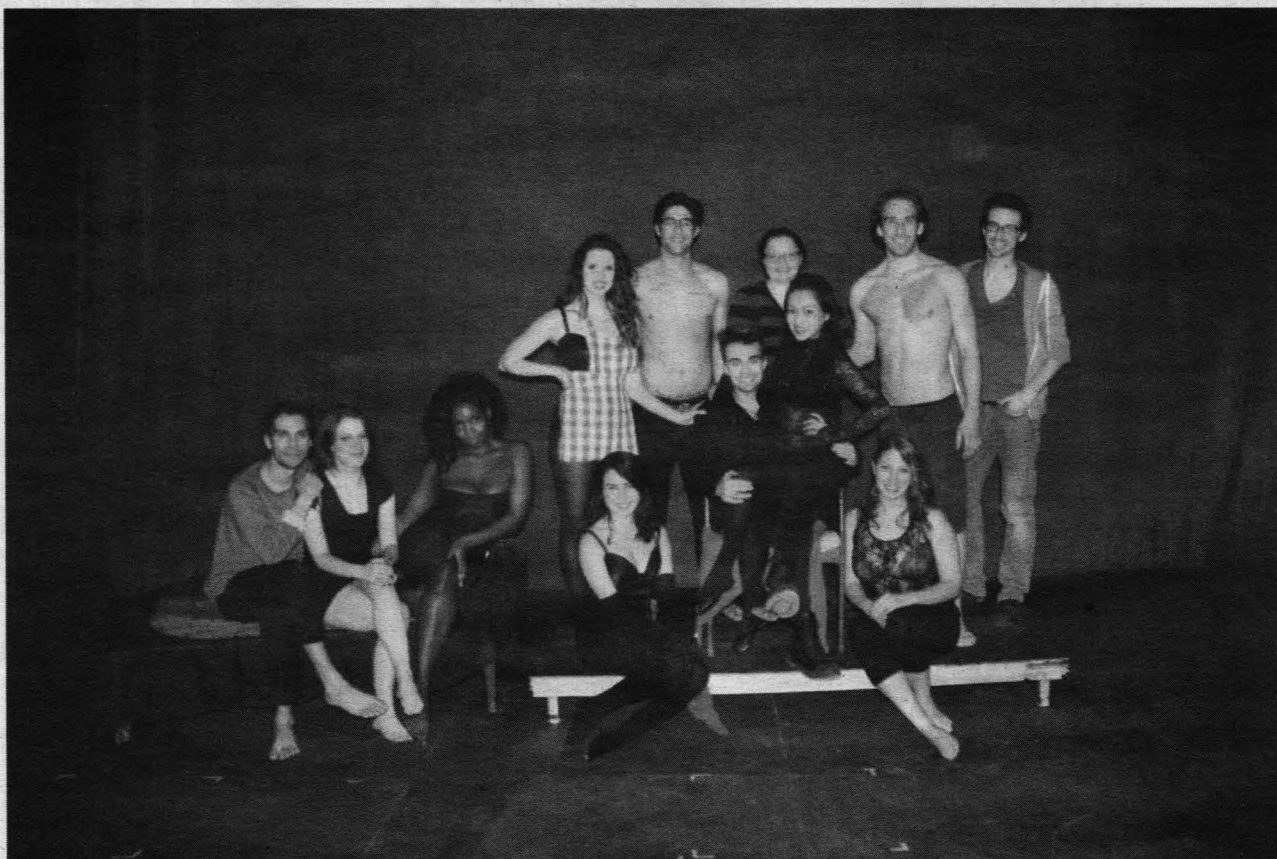
This year, Lionheart is excited to mount the Fridge Festival running November 7-9th, and our Main-

stage Production January 29th - February 1st. Coeur de lion lance aussi The 24 Hour Theatre Festival où les étudiants vont avoir 24 heures pour concevoir, écrire, pratiquer et faire plusieurs pièces.

Please join our Facebook group, "Lionheart Productions



Clubs du Campus



Power to Change

Connaître la puissance de Jésus-Christ
glendonpower2change@gmail.com

Power to Change: Glendon is a movement of Glendon students who are devoted to changing our campus, city and ultimately the world, by helping students discover Jesus. Nous voulons donner à chaque étudiant la possibilité de connaître la puissance de Jésus-Christ, qui a le pouvoir de changer les vies, et les encourager à partager avec d'autres ce qu'il a fait dans leur vie. Come join us as we change the world on campus. Nous avons des groupes de discussion. To join any one of our discussion groups, email glendonpower2change@gmail.com. If you are exploring your spirituality, wish to grow in your faith or make new friends, come be a part of Power to Change. We welcome you!



Don't Touch That Dial!: Radio Glendon, a Station for Students

Radio Glendon, Glendon's very own internet radio station, is not only bilingual but is also completely student-run. Toutes les semaines, Radio Glendon offre un vaste choix d'émissions et s'assure qu'il y ait un nombre équilibré de débats et d'émissions musicales, pour correspondre aux goûts de chacun. If there is no show yet that interests you, feel free to sign up as a DJ. Whether you are a professor wanting to discuss pressing social issues, a student wanting to share study tips, a York University security guard with a passion for political debate, or a musician, this is the place for you. Upcoming events include biweekly social evenings on Wednesdays in the Breezeway.

Radio Glendon is located in the basement of the manor. However, we are currently undergoing renovations (with both our office space and website.) Despite these renovations, Radio Glendon encourages all interested individuals to apply to be DJs. The link to the online application can be found on Twitter, Facebook and Instagram. We are also looking for a technically inclined individual to fill one of our executive positions. Attention clubs: We do rent out audio equipment such as mics and equipment for pub nights. Feel free to apply! Have a great year and listen to Radio Glendon!

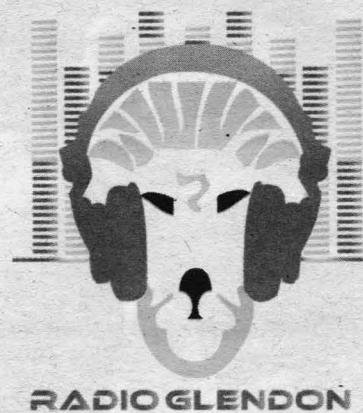
For DJ inquiries, email one of our amazing DJ Liaisons: stephanie@radioglendon.ca and/or jennifer@radioglendon.ca. To be added to our mailing list email the secretary: shadea@radioglendon.ca. For equipment rental and resumes email management: shawna@radioglendon.ca and/or jovell@radioglendon.ca.



Pro Tem

Le journal bilingue de Glendon
protem@glendon.yorku.ca

Do you have a flair for writing and a passion for journalism? Pro Tem est le journal bilingue de Glendon. Not only does Pro Tem provide Glendon with news that is of interest to students, it is also a great way to get involved on campus. Le but de Pro Tem cette année est de publier davantage de contenu en français. What does Pro Tem offer its writers? Not only can you improve your technical writing skills by working with the skilled editorial team on staff, but you can also use the paper as a platform to practice your second language. If you are interested in contributing to Pro Tem, come to the next public meeting on Tuesday, October 8th at 6 p.m. in York Hall B204.



Want to work with Children?

Rejoindre Peace by PEACE
Glendon!

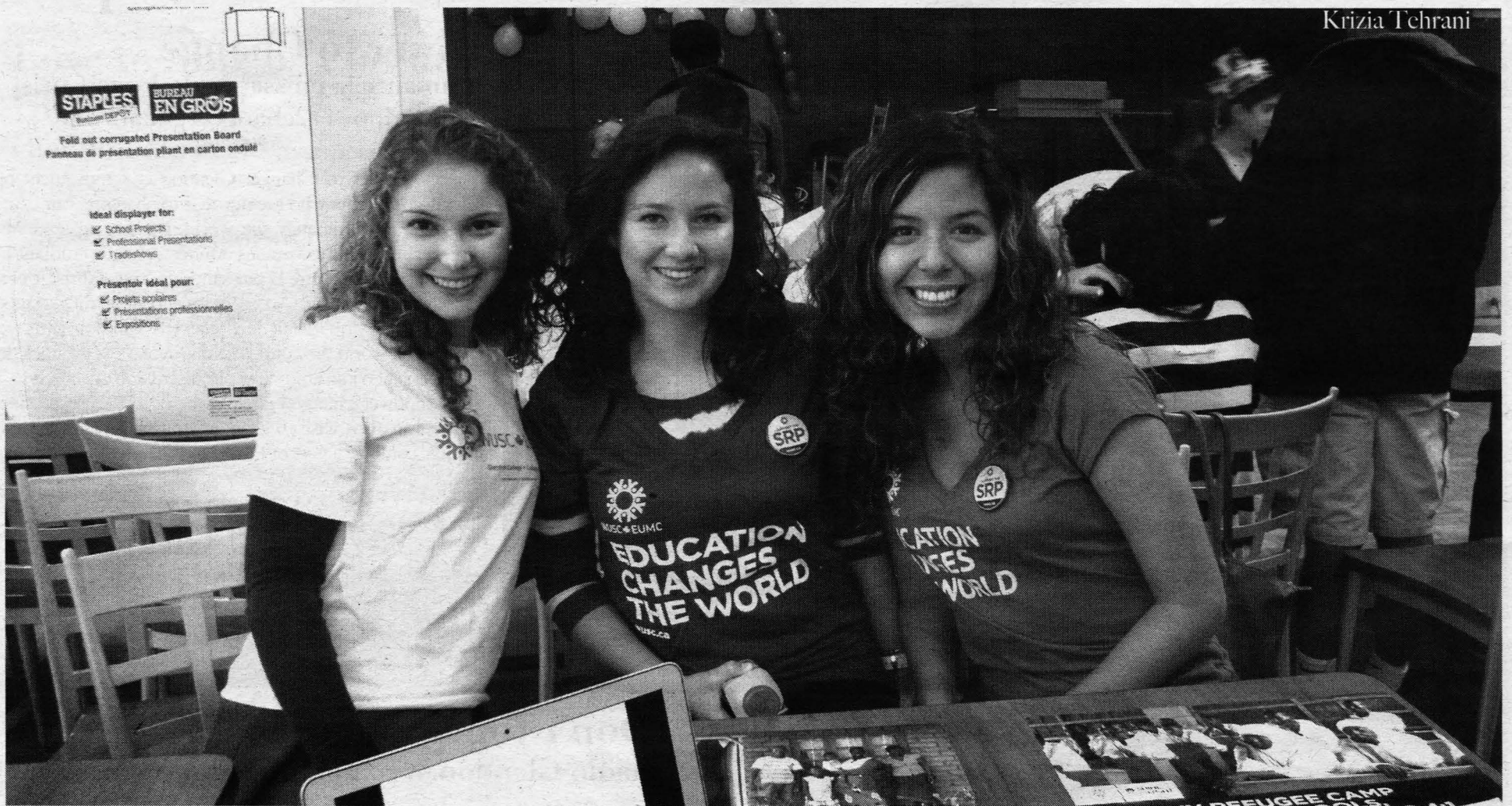
www.peacebypeace.ca

Calling all future educators! Are you looking for in-class teaching experience? Do you enjoy working with children? Do you want to make a difference? Si vous répondez oui à l'une de ces questions, vous devriez rejoindre Peace by PEACE Glendon! L'association cherche actuellement des volontaires pour enseigner pour un programme de onze semaines à des classes d'écoles élémentaires de GTA. This program focuses on conflict resolution skills such as choice and consequence, bullying, stereotypes, and many others. If you are interested in participating, you must make a commitment to attending four training sessions and three all-volunteer meetings. A Vulnerable Sector police check is also required. For more information, please email volunteers.glendon@gmail.com and visit www.peacebypeace.ca.



Natasha Farooq

Clubs du Campus



**Traffic is for Cars
Not Children**
Make a Difference
tifnc@hotmail.com

Traffic is for Cars Not Children (TIFCNC) is an information-based organization which advocates anti-child trafficking measures. Elle a pour but de souligner les terribles répercussions du trafic d'enfants sur ses victimes. This is a small initiative which aims to grow into one of the biggest pro-human rights movements in the country. You can find us on Facebook at www.facebook.com/tifnc. All questions and suggestions can be sent to tifnc@hotmail.com. If you are determined to make a change, join us.

**UNICEF Glendon:
No Child Too Far**
unicef.glendon@gmail.com

Rejoignez l'UNICEF Glendon, représentant officiel d'UNICEF Canada à Glendon! Our mission is to raise awareness about children's rights. We also help to raise money for vulnerable communities by organizing fun and interesting events at Glendon. This year we will be hosting our renowned Multicultural Discourse wherein Glendon students will be presented with the opportunity to meet Diplomats, NGO representatives and UNICEF officials in order to discuss issues faced by children around the world. N'hésitez pas à nous envoyer un courriel et à rejoindre le club: unicef.glendon@gmail.com.

WUSC Glendon
L'éducation peut changer une vie
-- Peut changer le monde
wuscglendon@hotmail.com

Croyez-vous que l'éducation change le monde? At WUSC Glendon, we do. If you are passionate about education and social development on a global scale, you may be just what we're looking for. WUSC Glendon is part of a unique Canadian network of post-secondary institutions in support of World University Service of Canada, an NGO based in Ottawa, Canada. Notre objectif est d'améliorer la qualité de la vie, réduire les inégalités, intégrer les collectivités vulnérables, promouvoir la santé et favoriser le développement économique et social. Our initiatives are numerous and we contribute primarily to the Student Refugee Program (SRP).

Krizia Tehrani



Through this program, we sponsor a student from a refugee camp to come to Canada as a permanent resident to pursue a post-secondary education on campus. On a besoin d'une équipe de bénévoles motivés qui partagent notre croyance dans le pouvoir de l'éducation pour changer le monde. We have a long-term commitment in many different development areas, and it is our philosophy that the education of the public is the key to creating social change.

Whether you are interested in international affairs, teaching, law, business, or environmental and health studies, you can explore your field of interest while changing the world through education. Email us at wuscglendon@hotmail.com for more details about joining our team. On a hâte de vous rencontrer!

STOP



TRAFFICKING

Lunik Co-op Café: A True Student Space

Brynn Leger
General Space Coordinator,
Lunik Co-operative Inc.

As you descend the stairs of the Manor, you come upon a space that is wholly unique. You can feel it in the warmth and sense of belonging it provides, see it in the community garden bursting into bloom on the terrace. You can hear it in the laughter and inspiring discussion it sparks and you can smell it in the aroma of Gus' coffee. You can taste it in the best vegan cupcake you have ever had. You can even read it in the name: Lunik is l'unique.

Au cours de la riche et longue histoire de Glendon, cet espace a connu des incarnations variées. Dernièrement, il a été transformé en un espace social et offre un choix d'aliments alternatifs et durables. À présent, Lunik Café entre dans sa troisième année, s'affirmant comme une composante essentielle de la vie du campus.

Lunik as an organization: what drives us?

Lunik is a cooperative - an alternative business model in which the users, or customers, are also the owners. At Glendon, every student pays into Lunik through a levy in their student fee. In this way, every Glendon student is an equal owner of the cooperative. Each member has equal voting rights and decision-making power - a model which horizontally distributes power to promote fair and democratic business practices.

Ce système fait partie de la mission de Lunik dans son sens le plus large: maintenir une durabilité économique, sociale et environnementale. Le café est tenu avec cet objectif en tête: nous vendons la nourriture à pris coûtant, ou sur la base de "payez-ce-que-vous-pouvez" pour le café et le thé, qui sont issus du commerce équitable. Nous proposons des pâtisseries végétaliennes ainsi que des plats indiens; nous avons aussi un nombre croissant de boissons froides et d'en-cas produits par l'Ontario Natural Food Co-op. Sur la terrasse, nous avons un jardin communautaire, avec des salades, asperges, herbes, pommes de terre, tomates, concombres, courges et bien d'autres plantes attendant patiemment la récolte d'automne.

A place for all!

The cooperative also aims to provide Glendonites with a warm and welcoming social space. We proudly stand by our Safe Space Policy, which strives to create an anti-oppressive environment. Lunik is the meeting place, the hangout space, the study space - the space you call home on campus.

Être un espace social implique aussi de s'associer, ou d'ouvrir son espace aux autres clubs et organisation du campus. Nous sommes fiers de présenter des événements et réunions qui profitent à la communauté de Glendon, comme la soiréemicro ouvert présentée par le GCSU, Café chantant. Lunik a aussi ses propres événements, qui, au cours de l'année passée, ont compris des concerts avec des groupes locaux, un Q&R avec notre planteur de café Gus Santos, et un dîner de Thanksgiving composé de légumes du jardin pour n'en mentionner que quelques-uns. We also believe that Lunik can be a tremendous opportunity for learning. We will be expanding our educational workshops this year to topics such as what a cooperative is, how to raise an organic garden, or how to be aware of oppression and create a safe space. Educating yourself is one of the most powerful and effective ways to get involved, and we want our members to have that opportunity.

Who are the members?

The best part of Lunik is all of you! Being a member is easy and rewarding. Once you sign up to be a member, you must contribute a minimum of two hours of volunteering in the space per semester (although most of our volunteers pitch in weekly!) In return, you receive full voting rights to help shape the space into what you want it to become. There are also reward points to be redeemed for food and drinks.

Être bénévole peut vouloir dire être au comptoir, donner un coup de main au jardin, aider à organiser un événement, nettoyer les lieux, ou participer à quelque chose qui compte pour vous. Vous voudriez voir quelque



chose en particulier? Proposez-le à une réunion, et laissez votre empreinte à Lunik.

We have only a few short years to make an impact on the campus we have so quickly come to love. Lunik's identity is still under construction and hopefully always will be! It is meant to be shaped by the people who pour their creativity and vision into the space, leaving a legacy for the next round of students to build on, learn from, and rediscover.

Health Ed at Glendon: Here for You On-line and On-campus

Dunja Illic and Bobbie Henry
Glendon Health Ed Team

How many calories does a university student need to eat per day? How can students eat healthy on a budget? Are there physical symptoms of gonorrhea? Look no further Glendonites: the Glendon Health Education team is here to answer your questions! There are a lot of misconceptions when it comes to health, and we're here to sort through them all and provide a student source that you can rely on.

Glendon Health Ed is made up of a team of peer educators - that means that we are students, and thus understand what you want to hear and how you need to hear it. The team will put on programs, presentations, and workshops around campus throughout the year, which are tailored to the needs of Glendon's student population. We also work with the HealthEd teams on the Keele campus to raise awareness about health issues and provide information to students about anything from Canada's Food Guide Recommendations to where to find the Sexual Assault Survivors' Support Line.

There are 8 Health Ed teams in total - Nutrition, Sexual Health, Mental Health, Leave the Pack Behind, Running Relief, Alcohol & Other Drugs, Health Ed in Res, and us, Glendon! We work for students and with students to make your year as stress-free and enjoyable as possible. If you have questions, concerns, or requests for a workshop, feel free to contact us anytime.

Health Ed is also actively seeking volunteers to join our team, so drop us a line if you're interested in getting involved in awesome events! And if you see us in the hallways, feel free to say hello and chat. Bonne année et bonne santé, Glendon!

Website: <http://healthed.info.yorku.ca/>
Email: glendonhealtheducation@gmail.com
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Krizia Felvani





Victoria Ramsay

The Politics of Toronto Public Health A Look at Tuberculosis

Caroline Kamm
Editor of Health and Wellness

Late this summer, Glendon students received the troubling news that four employees working in the campus cafeteria were diagnosed with tuberculosis infection. This raised all sorts of questions about the safety of students on campus, concerns which were quickly answered by the administration.

The email sent to the student body stated: "Toronto Public Health has advised the university that there is a very low risk of transmission of tuberculosis to those students, faculty and staff, who might have come in contact with these individuals. Toronto Public Health also states that close, prolonged or regular contact with someone who is sick with TB disease is needed to spread this disease." (Public Health Issue at Glendon - Incident de santé publique à Glendon, Rosanna Furguiele)

This information originally came to the attention of the public through an article published in the Toronto Star. The article also noted that three of the four Aramark workers tested positive for the infection but had not yet exhibited symptoms. Tuberculosis is only contagious once symptoms are present, and the fourth worker was diagnosed shortly after this stage occurred. Doctor Monica Hau of Toronto Public Health said, "the risk to students is very low, even if they ate at the cafeteria daily." (Four York University students infected with tuberculosis, Laura Kane, The Toronto Star.)

Tuberculosis is a noted public health issue in Toronto, as indicated by the almost immediate press coverage that new cases received. However, when discussing the spread of diseases it is important to consider not only individual cases, but general trends. While this particular case is relevant to the Glendon community, it is being handled by Toronto Public Health as a piece in a larger context. In discussing that larger context, I would like to make clear that I know nothing about these four employees, nor do I make any assumptions about where they may fit into these demographics.

The Toronto Star noted that all four of the Aramark employees were born outside of Canada, and went on to assert, "About a third of the world's population is infected with tuberculosis." This information is abruptly stated, leaving the reader wondering why someone's place of birth is relevant information, and frankly, where they are getting their statistics. This is where the importance of contextualization comes in.

According to the 2011 report by the CDC (Communicable Disease Control), of the 310 cases of TB reported in Toronto, 93% of those infected were born outside of Canada. Approximately 50% of Toronto's population is born outside of the country, which means that a disproportionate number of TB cases are occurring in immigrant populations. (Communicable Diseases in Toronto 2011, Tuberculosis.)

Thus, statistics such as these are often used not only in the context of health policy, but as it relates to Canadian immigration. As Sylvia Reitmanova

notes in her article *Saving the Empire: The politics of immigrant tuberculosis in Canada*, "TB health management and control relies on two main interventions: preventing immigration to Canada of any who have active TB, and monitoring and treating those immigrants with latent TB who are already in the country." In effect, cases of TB cross over from a medical issue, to a political one.

But are these the only tools for preventing cases of TB in Toronto? Are immigrants to Toronto really carrying the disease with them when they arrive in Canada, or is something else going on here? Toronto Public Health states in their 2011 report *The Global City: Newcomer Health in Toronto*, "A wide range of social, economic and political factors influence the health of Toronto's newest residents. After arriving in Canada, many newcomers experience systemic barriers to employment and income security that impact their health and also hinder their access to services." For many recent immigrants to Toronto, the risk may not be disease brought from their country of origin, but rather the socio-economic obstacles they face upon arriving in Canada.

It becomes clear that addressing TB means more than barring entry to those carrying the disease. If this were enough, the percentage of foreign-born cases in Toronto would not have held strong above 90% for the last decade. If this were enough, 21% of all Canadian cases would not be found in Canadian-born Aboriginal people (Public Health Agency of Canada, *Tuberculosis in Canada 2010*). There simply must be more going on.

In looking at TB trends in Toronto, it seems that we need to broaden our focus from bars on immigration, to providing the support that new residents of Toronto vitally need. Economic opportunities and safe living conditions are critical to a healthy population, and medical service is a necessity to which everyone deserves access.

Raising awareness of issues of health is crucial to making a change. If you want to write about your take on an issue of health and wellness, or something going on in the Glendon or Toronto community, write to us! Let's start a discussion..

For submissions to the Health and Wellness section, questions, or comments, email the section editor, Caroline Kamm, at healthwellness@protimglendon.com.

On Yoga

Charisse Servanez
Glendon Student on exchange,
Université de Rouen

Yoga is beautiful in that it is personal. It changes lives in a meaningful way, fostering health and balance from within. I began practicing yoga because of anxiety issues that I experienced throughout school. A friend of mine suggested it and ever since I started, I have noticed not only physical changes, but a feeling of connection with myself and the world around me. Here are eight wonderful ways that yoga can help you too.

Restoration. Every day is a unique journey, but every day our bodies break down a little from stress and activity. Yoga not only eases your restless mind, it restores your overall health and condition. Appreciate what you

have been given today, restore positive energy, and understand that tomorrow will be another unique journey.

Acceptance. My yoga practice teaches me to be at peace. I accept what my body can reach for now and understand that I will improve when I am ready. Yoga doesn't get easier; I get stronger. Poses that are challenging on one day may be manageable or even easy on another. Today, accept what your body can reach, and strive to improve it.

Letting go. In a sequence of yoga poses, you tighten up, constrict and contract, and then you release. I

*"Every day is a
unique journey"*

find the same in life: when things get tough, you have to be strong and hold on, and then let go of what you no longer need. Become aware of the tension that you create in yourself, and let go of it.

Getting in touch with your soul. Savasana (or the "corpse pose," one of my favourite poses,) is an opportunity for you to encounter your true self. Exhausted, some people may fall asleep in this pose, which is fine because its purpose is to give you a chance to listen to your body's needs. When you find yourself awake in savasana, it allows positive thoughts and feelings to enter your body and soul.

Facing your fears. When it comes to more challenging postures in yoga, I have realized that my fears and doubts paralyze me. When I doubt how far my body can reach, I don't do anything. I tend to do the same thing in life. But it is important to try, even if I may fall or get hurt. I can always get back up, and so can you.

Give your body the love that it deserves. Love your body and it will love you right back. Your body knows what it needs; it just takes practice listening to learn how to fulfill those needs.

Mindfulness. Yoga teaches the body to pause, be still and feel the moment. It allows your mind to relax gracefully. It makes you appreciate those wonderful moments when you are moving, fluidly, in a dreamlike state, aware only of the flow of your own breath.

The joy of being centered. Yoga has made me happy, peaceful and centered. Thank you yoga, for rekindling the connection between my body and spirit.

Yoga has become extremely important to me, and Glendon allows me to continue this passion. The Glendon Athletic Club is the perfect way to keep up with yoga, or to try it out if you are new to the practice. They offer classes at a number of different times of day, and instructors are both patient and helpful for beginners, and knowledgeable enough to provide extra challenges for the experienced yogi.

Falling in Love with T.O.: New Ways to Experience Old Favourites

Victoria Ramsay
Metropolis Section Editor

Fall has snuck up on us again. The autumn season always seems to come out of nowhere. We need to retire our flip-flops and shorts and exchange them for our boots and cozy sweaters, pulling them out from the back of our closets. In order to savor the season before winter forces us to spend more time inside hiding from the frigid temperatures, here are a few of my top things to do in Toronto this fall:

1. Shop at a farmer's market. While reading this, you might be thinking "Why would I go to a farmer's market when I can just go to the grocery store down the street?" The overall atmosphere and experience of a farmer's market is what makes it so unique, seasonal and fun! Meeting in person the people who grew and made the food is refreshing, and the fresh food itself is a nice departure from the selection at chain grocery stores. Seasonal ingredients like pumpkins and squash can be bought and used in all sorts of hearty comfort food recipes. By shopping at the market you also get the chance to support local Ontario farmers. There are many farmers' markets in the Toronto area, including the Nathan Phillips Square and North York farmer's markets. Make sure that you bring your reusable shopping bags and have some cash on hand to purchase your produce and other food products.

2. ROM Walks: Recently I had the chance to finally make it to the ROM for the first time. This museum is filled with thousands of artifacts and a wealth of information. The museum itself is a wonderful place to visit, but did you know that the ROM also has an event that takes place outside of the museum? This event is called ROM Walks, and it's a great way to explore Toronto. Forty different walks were scheduled to take place in 2013, and the last few chances to get involved are coming up throughout September and October. The ROM walk includes a guided tour of many neighborhoods in Toronto including Cabbagetown, Jarvis and the Arts and Entertainment district. The walks give information about architecture and history of the city and some of the buildings you see along the way. The ROM Walks run rain or shine and best of all they are FREE! There is also a selection of walks that are offered in French. This is a great event that gives you the opportunity to explore Toronto with a fun and educational twist.

3. Drop in Yoga at the AGO: Another of my top places to go in Toronto is the AGO. Beautiful art is showcased throughout the gallery and it only costs \$16.50 for a student admission. (This fall they also have a special exhibit dedicated to David Bowie.) If you're an art lover, and enjoy working out, there is a special program that runs at the AGO called drop-in yoga. The classes run on Monday evenings, Thursday mornings and Sunday mornings. The cost for a drop-in class is only \$10. With an experienced instructor you will be able to participate in a yoga class amongst all of the beautiful art that is in the gallery. It is a new and refreshing way to experience the AGO. The classes are open to all skill levels and ages, so grab your yoga mat and experience the city and the AGO in a brand new way!

These are my top picks of things to see and do in Toronto this fall and are new ways to see the city and experience some of the places you may have thought you were bored of. Take your reusable shopping bags, your walking shoes, and your yoga mat, and attend one of these exciting events - this autumn, fall in love with your city all over again.



Quaint and Quirky: The Café that Lets You Play

Stephanie Tinsdill
Contributor

Any student knows the feeling that school is running your life for eight months of the year. Do you ever feel antisocial, worn out or frustrated with doing assignment after assignment? Sometimes we all need a break; getting out and doing something new in the city is the best way to clear your mind and have some fun.

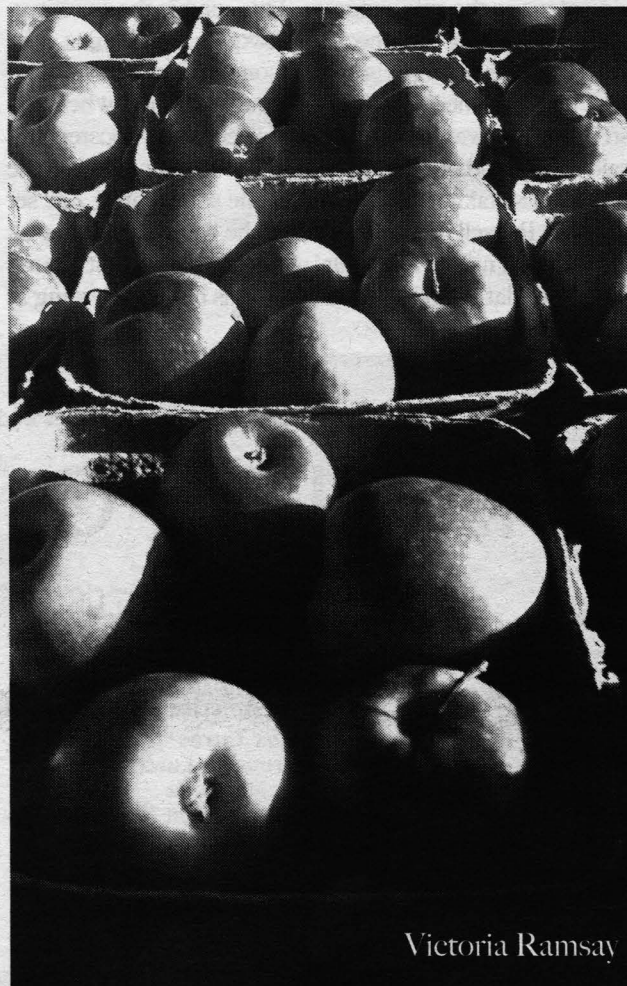
One of my newfound favourite places to go is called Snakes and Lattes. It's a quaint café located in the heart of the GTA on Bloor St. West. The concept behind this café is to step away from technology and enjoy some face-to-face time with a group of friends. It just celebrated its third anniversary, and with the new and improved menu, the café is growing more popular than ever before! Snakes and Lattes has an amazing collection of over 3000 board and card games. Whether you fancy a classic game of Monopoly, or a game of The Settlers of Catan, Snakes and Lattes won't disappoint.

Not only is Snakes and Lattes known for their hard-to-find games, but their lattes are one-of-a-kind. Their beverage selection also includes milkshakes, drafts and mixed drinks. One drink you must try is their Nutella latte: it takes the popular hazelnut spread and adds a classy,

espresso filled twist.

While you're out for a night with friends, why not grab some dinner? Instead of heading out to that typical burger joint down the road, enjoy some of this quirky café's homemade sandwiches, quiche and salad. It's convenient to be able to eat right at your table while you continue to play. There are also snack bowls that are great for a group to munch on. For any chocolate lovers out there, you cannot miss out on their superb baked goods!

Overall, Snakes and Lattes is a great place to gather with friends or to take that special person for a unique date. It's a fun and interactive place for a night out. The next time you need a break, want to try something new, or want to satisfy your competitive side, remember this cute little café located at 600 Bloor St. West and prepare for a night of amusement!



Victoria Ramsay

Fall T.V. Preview: Spin-offs

Ayelen Barrios Ruiz Pagano
Editor of Arts & Entertainment

All right, so as much as fall may not be everybody's favorite season (goodbye flip flops and sundresses) there is one thing that makes everyone (me) jump with excitement: the new television season. Yes ladies and gentleman, with the start of school, also comes the start of reasons not to do your homework.

*The start of
reasons not to do
your homework
has arrived!*

Although I am excited for many of the renewed T.V. shows (The Mindy Project anyone? And who can resist Stephen Amell's portrayal of Oliver Queen on Arrow?) I must admit I am intrigued by the many new shows. What is interesting is how T.V. networks are catching on to our guilty pleasures and making spin offs of all of them. Let's start with Once Upon a Time. This ABC Sunday night television show has stolen not only our hearts but our time. How many times have we been too curious to find out if Belle and Rumplestiltskin will ever hook up when it's time to write an essay? If following the lives of way too many characters on Once Upon a Time wasn't too much (like seriously way too many, what happened to Cinderella?), the writers have now offered us new characters and new stories. Cue Once Upon a Time In Wonderland. ABC has cashed in on the emergence of popularity that Alice in Wonderland has experienced in the past few years (thank you Johnny Depp) to bring us this brand new take on the story.

When I first heard about it I rolled my eyes, shook my head and begged for someone to say it wasn't so. Yet here I am, some months later, seriously excited about it. I am hoping that OUATIW will learn from OUAT's mistakes. Although I have come to love all the characters on the show there are just far too many. Hopefully Once Upon a Time in Wonderland will have one solid storyline with easily-identifiable main characters. From the looks of the trailer that will hopefully be the case.

Next, the Vampire Diaries is probably one of those shows that makes you want to kill yourself - not because it's bad, but because it's addicting and surprisingly good! The show started off with the viewership rooting for either Stefan or Damon to be with Elena. Now, although there is still interest in who Elena will kiss, if you're anything like me you're more interested in a different set of vampire lovers (or not so lovers): Klaus and Caroline. Klaus' character is questionable; he isn't the nicest person and most of the time Caroline wants nothing to do with him. I get it, a person who kills your not-so-ex's mom probably isn't the greatest option to be your next boyfriend. However, apparently killing each other's loved ones isn't that big of a deal in this show, so somehow we've forgiven Klaus and hope he and Caroline end up running toward each other with some cheesy love song in the background.

But then someone up in the C.W. network decided that the way to get more money is to make a spin off. The Originals will tell the story of the original vampires in New Orleans. There Klaus discovers he is expecting a baby with Hailey, the werewolf girl that had a thing for Tyler. It sounds as if it was stolen right from the pages of Twilight. Part of me wants to hate this show; not only is there a vampire/werewolf baby (which is insane) but they have taken away the original characters from the vampire diaries. No more Elijah and Katherine, no more Rebecca and Matt, and worst of all, no more Caroline and Klaus. All the cute stories that keep me watching The Vampire Diaries are gone. Will this departure be as successful as the original? Only time will tell. If it fails, will the cast of the originals rejoin the cast of The Vampire Diaries? I hope so.

These aren't the only spin offs coming. The Agents of S.H.I.E.L.D is a spinoff of Marvel's The Avengers. Pretty Little Liars is getting a spin off

entitled Ravenswood. It stars Tyler Blackburn who plays Caleb on PLL. What will this mean for Hanna and Caleb's relationship? Will these series work? Perhaps, perhaps not. There have been spinoffs that have worked in the past (Angel, Frasier etc.) and there have been many that haven't (Joey, My Big Fat Greek Life etc.). I am curious to see how the spin offs do and how they will affect the originals they come from.

Not Just a Country Concert

Kaitlin Thornber
Contributor

On August 30th, the Zac Brown Band, a country band hailing from the state of Georgia, performed at the Molson Amphitheatre to a packed crowd, sporting their cowboy hats and boots, of course. For two and a half hours the audience witnessed some amazing musicianship. For a band that has been touring for over a decade, it's pleasantly surprising that their focus is not on lights, costumes or egos but on having a great time. It becomes evident fairly quickly that the music is more important to them than fitting into a genre or pandering to conventional country gimmicks. They fuse traditional country, bluegrass, rock, and a reggae/island sound to create a style that is uniquely their

*"the cheers and
the emotion prevented
him from singing
for a few minutes"*

own. In concert they brought together their wide range of musical interests by playing some fantastic covers. In their acoustic set they sang The Eagles' hit Seven Bridges Road; soon after, they invited their opening act The Stellas (hailing from Whitby, ON) to help them sing TLC's Waterfalls with Marylyne Stella very impressively rapping the verse usually done by Lisa "Left-Eye" Lopes. Later in the set, John Driskell Hopkins, the bass guitarist, gave Zac Brown a break and sang lead on a brilliant rendition of Metallica's Enter the Sandman, which got the man next to me all the more excited. The group ended the night with The Charlie Daniels Band hit The Devil Went Down to Georgia. The band is a fan of music in general and they wanted nothing more than to show their excitement and appreciation for music with their audience.

Another highlight from the show was the story behind the song Sic 'em on A Chicken, which is a song as ridiculous as the title suggests. This song is the stereotypical country song - redneck, backwoods, and banjos. The story goes that Zac's neighbour's son came over to visit and was wearing sneakers with lights that flashed when you stepped. Zac was in possession of a very angry rooster, and said rooster did not like the lights. The rooster attacked the boy "almost taking out his eye" as the song states. Zac set his Jack Russell Terrier, Pete, on the rooster and they all ate well that night. The song is from the band's first album, The Foundation, released in 2008. It is not usually sung at

their concerts and hilariously, Zac momentarily forgot the words to the song, making the audience laugh harder than they already were.

The most powerful moment occurred during their performance of Colder Weather. The beautiful song about a relationship separated by travel is a favourite among fans. Before singing the last verse of the song, the audience spontaneously erupted in cheers and applause, causing Zac to become overwhelmed; the cheers and the emotion prevented him from singing for a few minutes. The experience of thousands of people becoming overcome with passion for a favourite song is one of the beautiful things about going to a concert, and it is one I will remember forever. Although they are considered a country band, and that usually turns many away, a Zac Brown Band concert is one I would recommend to anyone who has an appreciation for music.

Review of Lee Daniels' The Butler

Ikshaa Pai
Contributor

"Darkness cannot drive out darkness. Only light can do that." This enlightening, haunting quote from human rights activist Martin Luther King Jr. is how Lee Daniels' The Butler begins. From that moment onward the mood of the film is established. The film, which has received a 72% rating on rottentomatoes.com, is based on the true story of Eugene Allen who worked as a butler for eight presidents over the span of 30 years at the White House. Name changed to Cecil Gaines for the movie, the film follows Gaines' life, starting with his brutal upbringing at a cotton plantation, to how he leaves and is taught to become a butler. Due to his skill and popularity, he manages to secure a job as butler at the White House where he remains and is promoted to the highest rank. Along with Cecil, the audience is introduced to his family, particularly his freedom fighter son Louis, who rebels his father's passive ways to try to achieve equality between black and white Americans in the 1960s.

The film consists of an all-star cast, including among others Oprah Winfrey, Forest Whitaker, Robin Williams, James Marsden, and Jane Fonda. The Butler also contains some famous cameos, including one from Mariah Carey. The film has grossed 91.4 million dollars since its wide release on August 16, 2013 (Rotten Tomatoes).

Yes, this film is a generic biopic about an extraordinary person and his life story but The Butler also serves as a retrospective lens to what life and humanity was like 50 years ago. It helps the younger generation realize that the good (and sometimes ordinary) things that we take for granted needed 50, and in this case, hundreds of years to fully be realized and accomplished. Racial oppression and tension, civil violence, and the atrocities that human beings can inflict on their fellow citizens are all showcased in this film. It accomplishes this with the aid of old newsreels and images. Although The Butler isn't outstanding by any means, it still strikes home an important message: yes, we the human race have accomplished a lot, but we have a lot more work to do.

Galerie Glendon Gallery is open!
Check out the show below.
See pg. 16 for more details!

22nd Festival of Images and Words and CCIE present:

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Apertura/Opening/Vernissage:
September 24, 2013 at 6:30 PM
Glendon Gallery
2275 Bayview Ave,
Toronto, Ontario, M4N 3M6

22 festival
of images and words
de la palabra y de la imagen
des mots et des images

My Vices Are Strong

Sidey Deska
Contributor

My vices are strong
I'm losing a staring contest
with a pack of smokes
and some rolled up
said I'd never hit up
now I'm all strung up
meds.

Well it makes my head heavy
but my heart a whole lot lighter
my feet like stones
but damn if I couldn't fly
cause I got a pound of that
and I'll take a bag of whatever
just to feel
that wind like a feather.

And the best part of coming down
is knowing I can go back up
turn that frown upside down? Ha!
I'll raise you one, and turn your whole damn world up.

Literary

Sarah Varnam
Alumni/Contributor

Re-commencing,
thinning out
the population
of thoughts,

I am apocalyptic literature

— self-rewritten, newly smitten with ephemera.
The old world has passed by, away;
some stories were always fairy tales.
There have been deaths.
There have been sacrifices.
There have been moral shifts.

Reinvent:
a soul of flesh.
Start with breath and skin.

Jitter

Devin Edwards
Alumni/Contributor

Time ticks away
money
tick, tick
like ticks away
from home,
but in my vein.
The air stirs, seems
shaky, sputtering
with my heartbeat.
With my heartbeat
shaky, stuttering
feet shuffling,
fingers flick
the objects in
my grasp.
So what now?
Just waiting.

Le français de Glendon

Erika Desjardins
Rédactrice de la section Expressions

Qu'est-ce que Glendon peut faire pour moi? Comme j'ai déjà mentionné à maintes reprises, Glendon peut commencer par promouvoir davantage la langue française. En tant que francophone, j'aimerais pouvoir aller n'importe où sur campus et pouvoir parler français aux employés de la cafétéria, du Tim Hortons, de tous les services étudiants, tout le monde!

Je suis excitée de pouvoir faire partie du groupe RÉFO de Glendon. J'aimerais être un des individus qui soutiennent les services français à Glendon. J'aimerais qu'un jour, il me soit possible prendre n'importe quelle classe en français et pas seulement certaines d'entre elles. Je sais que Glendon a beaucoup de personnes bilingues, pourtant je n'ai pas eu la chance d'en rencontrer beaucoup. J'en ai seulement rencontré environ 15.

Ce que Glendon fait bien à l'égard du bilinguisme est que je peux soumettre mes travaux en français dans mes classes anglaises. Je ne suis pas certaine de pouvoir le faire dans n'importe quelle classe, mais je sais que, l'année passée, j'avais un cours de technologie médiévale avec Dr Price et elle me laissait soumettre mes travaux en français. Des fois, j'ai de la misère à trouver mes mots en anglais, donc je dois écrire en français. Ceci est souvent le cas en classe, car je n'ai jamais étudié en anglais avant l'année dernière. J'étais toujours inscrite aux écoles françaises. Pour cette raison, je connais les termes historiques et scientifiques en français et non en anglais ce qui peut me causer des ennuis.

J'aimerais aussi faire mention du groupe RÉFO de Glendon dirigé par Éric Desrochers. Ce groupe vise les francophones et francophiles de Glendon qui s'intéressent aux actualités concernant les mouvements francophones de la région. De plus, ce groupe lutte contre l'abolition de la bourse d'environ 1,250 \$ qui a été offerte aux francophones jusqu'en 2013. Si tu désires suivre tous tes cours en français à Glendon, ce groupe est parfait pour toi.

Langue Seconde

Stephanie Settle
Editor of Campus Life

One day I will wake up and speak French
Without the tongue-tied awkwardness of a foreigner
I will abandon "l'anglicisme"
Like a butterfly shedding a word-woven cocoon

Quand je l'aurai fait, j'écrirai un poème
Je n'aurai besoin ni de dictionnaire
Ni de correcteur francophone
Et ce nouveau poème sera meilleur que l'autre

Give me your wide-eyed freshmen
Their dreams of French fluency alive
Let them learn under my guidance
To banish "je ne comprends pas"

Un jour je me réveillerai et je lirai en français
Pas comme une étudiante nulle
Mais si facilement que ce poème
Ressemblera à une
belle
langue

Stillness: An illusion of sanity

Kourtne Metcalfe
Contributor

Wish me luck,
I'm diving in headfirst.
The frozen water will taste me
before I can feel her lips

She will absorb the heat from my blood,
and sense my desires
She will dance to the rhythm of my pulse,
and predict my fears.

The shock hits.
I hold still against my violent fits
have I finally found a way
to keep some warmth in her frozen hold?

Finally soothed, without my fix

Without my stones...
without my sticks...

It has to be based on my own balance

still
I remain enveloped
in velvety sheets of her
wondering how I should feel
but quick! It's gone,
washed away deep until it's lost
and I am still
again

Don't touch me, I'll wake
from my profound illusion

She slithers around me
waiting
for my stillness, to take.

Degree

Nassy Fesharaki
Contributor

In this world there are paths like rail tracks
they don't cross
like Beijing's and Montreal's
like learning and living as royals
like kindness and being brutal
they don't cross

in school there are roads
they zigzag, hardly cross
learning others, diploma

let's rewrite
restart

think of this

sewage canal
tube and round
inside and walking tall
crazy; one slips, later falls

to be proud sewage is too small

flashback

for learning you need time
for degree, said courses
first is loose, second boxed

these two roads
never cross

and school is payment
credits have high price
a learner heads for end
cutting off the surprise

bravo
blindfold

Dévoilement de la programmation 2013-2014

La Galerie Glendon, plus qu'une destination...

... un lieu de découvertes

La Galerie Glendon, plus qu'une destination? Eh oui! La Galerie Glendon est un lieu unique sur le campus où étudiants, membres du corps professoral et administratif, artistes, distingués invités, ainsi que le grand public ont l'opportunité de faire des découvertes de saisons en saisons, années après années, depuis plus de trente ans.

La Galerie Glendon offre une gamme variée d'activités : vernissages, causeries, visites guidées, événements spéciaux, performances, etc. Elle offre l'opportunité de rencontrer des artistes professionnels et de vous familiariser avec l'art contemporain, tout en offrant aux étudiants plusieurs occasions d'y exposer leurs œuvres dans un cadre professionnel.

La programmation 2013-2014 compte six expositions, dont trois feront appels aux talents de nos étudiants. La nouvelle saison débute le mardi 24 septembre, avec une exposition de peinture en art contemporain intitulée *Espaces partagés*, réunissant cinq artistes en provenance de l'Amérique latine et des Caraïbes : Shaniqueki S. Bartley, Oswaldo León Kantule, Charmaine Lurch, Mira Martínez et Carlos Torres. (24 septembre au 11 octobre).

On enchaîne le 22 octobre avec *Passages*, une exposition de photographies numériques et d'une vidéo de « portraits » de Cheryl Rodeau, ainsi que la présentation d'une création originale intitulée *Mesurer*, de l'artiste performeuse Julie Lassonde, dans le contexte du vernissage à 18h et à 19h30. (22 octobre au 30 novembre).

En décembre, Aurélien Miller, artiste et étudiant au Collège Glendon, dont le travail se concentre sur le portrait et le concept d'identité, ainsi que Grégory Palanque, monteur vidéo français, occuperont la galerie où ils comptent créer une installation vidéo qu'ils présenteront au public le 7 janvier. (7 au 11 janvier).

Le 21 janvier, place à la troisième édition de l'Exposition de la compétition en arts visuels des étudiants du Collège Glendon. Un moment fort de la programmation où les étudiants ont la chance d'inviter parents, amis et collègues à venir apprécier leurs œuvres soumises et primées. (21 au 31 janvier).

Le 11 février *Airborn 5 - Who Stoops To Conquer? Est-ce que tu viens chérie?* Une exposition du collectif Padejo, donnera naissance à une installation éphémère mettant en scène le personnage mythique du Minotaure, dans le Hall du Centre d'Excellence. Simultanément, les œuvres personnelles des artistes membres du collectif, Paul Walty, Denis Leclerc et Joseph Muscat, seront présentées en galerie. (11 au 14 mars en galerie) (Minotaure : 11 au 15 février Centre d'Excellence).

Finalement, le 18 mars, la galerie présente l'Exposition des étudiants des classes d'art de Glendon qui nous révèle le résultat des travaux de ces étudiants désireux de s'exprimer via le médium du dessin, de la photo, du mix media et de l'installation, sous la direction de leur professeur Marc Audette.

Nos remerciements au Conseil des arts de l'Ontario pour leur soutien dans la présentation de l'exposition de Cheryl Rondeau, la performance de Julie Lassonde ainsi que l'installation et l'exposition de Padejo.

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Les arts libéraux et les langues pour l'avenir

Dean Venpin
Contributeur

On entend souvent, même trop souvent, dans un langage mesquin et condescendant, qu'une formation en arts libéraux n'a plus d'utilité. On entend souvent, toujours dans un langage velouté et prometteur, que tu trouveras ton bonheur dans les sciences, la médecine, l'ingénierie, les mathématiques, dans n'importe quelle matière tant et aussi longtemps que sa pratique n'appartient pas aux arts libéraux.

Je suis en désaccord, même si j'admets que les avantages d'une formation en arts libéraux ne sont pas concrets et difficiles à énumérer comparativement à ceux d'une formation en médecine ou en ingénierie, par exemple. Néanmoins, poursuivre une formation en arts libéraux (si c'est votre passion) vise à cultiver votre esprit, votre curiosité et votre créativité. Cet engagement garde votre esprit en mouvement et favorise la pensée critique.

Mais les avantages ne cessent pas là. Une formation en arts libéraux vous incite à débattre des questions, des théories ou même à jongler avec une idée avant d'en étaler les avantages et les inconvénients. Si vous êtes en arts libéraux, vous êtes sans doute éloquent, expressif, et un bon rédacteur. Toutes ces compétences acquises sont transversales et peuvent très facilement s'appliquer dans différents emplois. Selon une liste dressée par la « Conférence Board

of Canada » qui souligne les compétences requises pour entrer, demeurer et progresser dans le monde du travail, les gens en formation d'arts libéraux sont bien placés et polyvalents, je trouve.

Pourquoi les arts libéraux à Glendon? C'est simple : pour se distinguer des autres!

À l'échelle, les universités produisent plus de diplômés en arts libéraux qu'il n'y a d'emplois pour eux. C'est à ce moment-là que le fait que vous étudiez à Glendon apporte de petits avantages non seulement monétaires, mais aussi en soutenant votre apprentissage d'une langue étrangère. Vous n'avez qu'à feuilleter la page « Carrières dans la fonction publique de L'Ontario » de <http://www.gojobs.gov.on.ca/> ou de n'importe quelle autre grande organisation canadienne ou internationale pour voir l'importance du bilinguisme. Le bilinguisme aide énormément au Canada lorsque vous cherchez un emploi. Non seulement il est plus facile de trouver un emploi lorsqu'on est bilingue, mais les employeurs sont prêts à payer un salaire plus élevé à leurs employés bilingues qu'à leurs homologues unilingues. De plus, puisque Glendon est une institution qui valorise l'apprentissage d'une langue seconde, ceux qui ont un déjà un bon niveau d'anglais et de français ont la possibilité d'ajouter une troisième langue à cette combinaison—l'espagnol. Selon un rapport intitulé *Aperçu sur quelques espaces linguistiques dans le monde* par l'Observatoire démographique et statistique de l'espace francophone, hispanité conte 20 pays, entre 329 et 450 millions de locuteurs et environ 14 millions d'apprenants. Vos capacités linguistiques vous seront aussi utiles ici qu'à l'étranger. En outre le gouvernement, les grands commerces du Canada embauchent beaucoup d'employés bilingues. Les Nations Unies et l'Union européenne où l'anglais, le français et l'espagnol sont des langues officielles, recrutent en permanence des professionnels multilingues. Notez que ces deux organismes internationaux ne sont que deux exemples parmi d'autres.

Alors, si vous avez choisi d'étudier les arts libéraux à Glendon, je vous lève mon chapeau. Vous avez ouvert de nouveaux horizons et vous vous êtes adonné à une ou plusieurs nouvelles langues et cultures! Bon courage avec vos études! Les résultats valent bien les nuits passées à essayer de mémoriser du vocabulaire français ou la conjugaison d'un certain verbe.

Photo: Mikhaela Gray
Camera: Sarah Yu
Photo Coordinators: Above names
& Gillian Wassmansdorf

