

Pro Tem

LE JOURNAL ÉTUDIANT DE GLENDON / GLENDON'S STUDENT NEWSPAPER



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Hello Glendonites! Bonjour Glendonites!

Hopefully you all enjoyed our last issue, which marked the 50th anniversary that *Pro Tem* has been in business. We had a remarkable selection of content from both new and old contributors alike, and it was a great feeling to know that *Pro Tem* still matters to the Glendon community! Many of you have been asking about whether *Pro Tem* is available online, and so for those of you who are not a part of our email list, or a member of our Facebook page, it may be news to you that *Pro Tem* has gone digital. We now have a pretty impressive Tumblr page that you can access at: www.protemGL.tumblr.com.

Beaucoup d'entre vous ont demandé de savoir si *Pro Tem* est disponible en ligne, et donc pour ceux d'entre vous qui ne sont pas une partie de notre liste d'envoi courriel, ou un membre de notre page Facebook, il peut être nouvelles pour vous que *Pro Tem* a passé au numérique. Nous avons maintenant une page Tumblr assez impressionnant que vous pouvez accéder au: www.protemGL.tumblr.com.

In other news, we are anxiously anticipating submissions for our full-out satire issue, we have some ads featured throughout this issue, where you can get all the information regarding submission deadlines and such. The best part is that we will actually be paying the contributors who provide us with the best submissions, so best get started! Dans d'autres nouvelles, nous sommes avec impatience anticipant des soumissions pour notre édition satirique, nous avons quelques annonces en vedette (regardez entre les pages), où vous pouvez obtenir toutes les informations concernant les délais de soumissions et autres trucs. La meilleure partie est que nous allons effectivement payer les contributeurs qui nous fournissent les meilleures soumissions, alors il faut mieux commencer!

In this issue, we have some pretty cool club events that were reported on, articles centered around Black History month, and some provocative writing regarding both the *Pro Tem* hiatus and the Canadian version of SOPA, Bill C-11.

Feel free to write to us either with contributions, or simply comments about the articles featured. Myself and the *Pro Tem* team look forward to hearing from you! Contact us at protem@glendon.yorku.ca. N'hésitez pas à nous écrire, soit par des contributions, ou tout simplement des commentaires sur les articles présentés. Moi-même et l'équipe *Pro Tem* ont hâte de vous entendre! Contactez-nous au: protem@glendon.yorku.ca.

Until next time! À la prochaine!

Cheryl Kane,
Pro Tem Editor in Chief
Redactrice en chef de *Pro Tem*

MONTEZ LE VOLUME! A LOOK AT WHAT RADIO GLENDON HAS TO OFFER

PAR PAOLA PAULINO

FRENCH ASSISTANT EDITOR

Pro Tem has featured various Glendon organizations such as Glendon Gallery, the Salon Francophone, the Hispanic Club, Lunik and more. Now, let's shift our attention to Glendon's student-run, on-campus radio station: Radio Glendon.

Radio Glendon offre aux étudiants la chance de animer leur propre émission de radio afin que nous, les autres étudiants, puissions écouter du lundi au vendredi à différents intervalles de temps. Peu importe votre horaire de classe, vous pouvez trouver une émission à écouter.

There are a variety of themes covered in the shows being offered this year. Almost every genre of music is represented, from alternative, to Canadian, to electronic, to folk, to indie to hip-hop and more. But these shows are more than listening to songs being played one after another.

Les animateurs et les animatrices (ou DJs) des émissions ne jouent pas que de la musique, mais discutent et donnent leur opinion sur différents sujets tels que les événements actuels, les situations humoristiques, des pensées aléatoires, la nourriture, et dans le cas de l'émission "This Week in Hockey", eh bien, le hockey.

Victoria Ciardullo has this to say about TWIH: "As an avid hockey fan I love everything that involves hockey, so when I found out that Radio Glendon was going to have a hockey talk show this year, I was ecstatic. Through it I became friends with the host of the show, Tamoor Hasan, and when he changed the timeslot for the show for second semester he asked me if I'd like to be a co-host. A chance to talk hockey for an hour every week with someone who obviously knew what he was talking about? I couldn't turn down that offer, so I said yes. The thing that drew me to the show was that although we both obviously have our favourite teams (he's a die-hard Leafs fan and I'm a devoted Blackhawks and Bruins fan), we try to be as objective as possible and to cover all of the NHL teams, not just the teams that we are partial to. And although we try to be impartial, our true colours often come out to play, and it definitely makes for some interesting conversation!"

Même si certaines émissions ont un thème, d'autres changent de sujet à chaque semaine. Comme l'émission de



KELLY LUI

Kelly Lui et Nazampal Jaswal, intitulée « Hummus and Baba Ganoush Show ». Les animatrices ont dit que leur thème chaque semaine est totalement aléatoire. Selon Kelly Lui : « We've done themes ranging from song personification to desperation to spoken word to film soundtracks. Although we are mostly joking around, we do have serious talks, which were recently seen in our interview with a social justice reporter from Toronto Star and a rep from the Ontario Coalition Against Poverty (OCAP) on the topic of poverty in Ontario ».

According to Kelly, being a Radio Glendon DJ "provides another option in allowing me to express things and myself through a different medium. I definitely want to promote Radio Glendon because it is a different outlet of Glendonness that is very underrated. (But hey, it's hipster)". Her partner in crime Naz adds "I find that the show is a great way to connect all of the things flying through our heads, such as connecting songs to social issues or how the songs relate to our lives and remind us of people we love or look up to. I think last year we were really testing the waters and this year we feel comfortable enough to explore other aspects of radio like interviewing people. What I love is that the way we do the show is still organic, no scripts, no outline...like Kelly mentioned we have our awkward starts but it's all

part of the fun".

Personnellement, mon horaire me permet d'écouter seulement une fraction des émissions qui sont offertes par Radio Glendon, mais il y a beaucoup d'autres émissions que je n'ai pas mentionnées qui peuvent vous intéresser. Qui sait? Peut-être qu'en écoutant, vous allez être inspiré d'animer votre propre émission l'année prochaine.

During my Thursday break between classes, I listen to my friend Jonathan Kates' show, which also has a different theme every week. His last ones include one that was all-brass everything after having read the novel "Half-Blood Blues" by Esi Edugyan and one that was all about impact: songs that had a major impact on the world and on him. During that last show, he played Ray Charles and that's all you need to know to want to tune in.

L'horaire complet se trouve sur le site officiel de Radio Glendon <http://radioglendon.ca/> ainsi que le lien qui permet d'écouter les émissions en direct. Je vous conseille fortement de soutenir nos DJs Glendonites. Croyez-moi, vous allez découvrir des personnalités hilarantes et de la bonne musique.

The full schedule is on Radio Glendon's official website <http://radioglendon.ca/> as well as the link to be able to listen to the shows live. I highly recommend supporting our fellow Glendonite DJs. Trust me; you'll discover hilarious personalities and very good music.

DISCOVERING THE TRUTH ABOUT ISLAM

WOMEN'S RIGHTS IN ISLAM: THE REALITY AND THE MYTHS

BY MOHAMED NOORANI

CONTRIBUTOR

The Glendon Muslim Students Association organized a lecture titled "Women's Rights in Islam: The Reality and the Myths" on Tuesday, January 31st. The main speaker was an international scholar, Dr. Abdullah Hakim Quick, who is a historian and a social activist. Dr. Quick wasted no time in clarifying some of the prevailing misconceptions that exist regarding not only the status of women in Islam, but also the religion of Islam in general.

He specifically pointed out that honour-killing has no basis in Islam, and that Islam actually encourages women to seek knowledge and be active members of society. Citing specific verses from the Qur'an, Dr. Quick proved that the Qur'an promotes equality between men and women, and gives women a respected and honourable status within society.

Dr. Quick also emphasized that Islam is always in a state of peace, and that the concept of 'Jihad' is one that is misunderstood and mistranslated as "holy war." Jihad actually means to strive and struggle in one's life towards achieving goodness. Most of the evening was spent on a question and answer session, which fostered a fruitful discussion along the lines of distinguishing cultural practices from Islamic teachings.

The event was a huge success and was attended by a large number of students and staff. Among the people in the audience were Professor Caroline Disler and Manager of Student Affairs at Glendon, Aaron Doupe. Impressed with the initiative that the GMSA undertook, Professor Disler commented, "Education is of the essence...This is the only way of dealing with Islamophobia...Keep up the wonderful work."

For those that missed out on the lecture and would like to obtain a recorded copy, please email the Glendon Muslim Students Association at gmsa@glendon.yorku.ca.

UNMASKED GLENDON'S DJs FINALLY REVEALED TO THE MASSES BY CATHERINE KIRKPATRICK CONTRIBUTOR

Lurking in the solemn confines of Radio Glendon's booth, unbeknownst to mankind, the creative geniuses' of York University's bilingual campus concoct anecdotal scripts and fluid playlists for their most loyal fans. On Friday February 6th, 2012 these fine DJs were finally unmasked before the Glendon community. Ravishingly beautiful, their voices melodically intertwined amongst the faint clinks of pints, pitchers and uproarious laughter. Once the cheeks of our guests of honor glowed a warm pink, and their hands had thawed from the winter cold, the Radio Glendon ensemble headed downstairs for some highly anticipated karaoke. Throats were cleared and pages of songbooks rapidly turned, in hopes of glimpsing THE song that would best showcase the individual's musical talent. Suffice to say, the evening was a huge success!

Radio Glendon, founded in 1977, is entering its 35th year of operation and, as a result of new management and staff, a multitude of creative energy has been poured into making this year the station's very best!

The excitement began at the commencement of the school year with the hiring of impeccably savvy and creative DJs to host shows throughout the week. Once

training was successful completed, a celebration was in order! Our official launch party in October reached out to the Glendon Community at large, and welcomed over 5 billion students into Lunik Café to celebrate! Radio Glendon is proud to provide 24 hour, commercial free radio broadcasting which can be listened to online by visiting radioglendon.ca.

Karaoke Night at Kramer's on Yonge Street was an opportunity for us to pay tribute to our incredible DJs; they are committed to their shows, show up regularly to play the music you want to hear; are insightful, dedicated and as determined as we are to make the 2011-2012 year at Glendon a perpetual climax in the history of the station. If you would like to get involved with the radio station, please drop by the station between 3-6 PM on Wednesdays; we are located in the basement of Glendon Manor.

Merci beaucoup à vous tous for your continued support!

On behalf of us all here at Radio Glendon,

Your DJ Liaison,

Catherine Kirkpatrick

BLACK HISTORY: A STORY OF STRUGGLE

WHY DO WE CELEBRATE?

BY VENDREDI MOUNSEY

EDITOR OF ARTS AND ENTERTAINMENT

Black History Month is an annual celebration of achievements by Blacks worldwide and a time for recognizing the central role of Blacks in history. The event grew out of “Negro History Week,” the brainchild of historian Carter G. Woodson and other prominent African Americans to make others aware of the culture and history.

This history is nothing new... the average 13-year-old in Canada can tell you something about slavery and abolition in the United States. We’re all very familiar with Martin Luther King, and his plight to eradicate the brutal and inhuman treatment of Blacks in the southern states. Rosa Parks is also popular for her refusal to sit at the back of the bus. Then there’s the story of Malcolm X; a radical Black figure who fought for equal rights in the northern parts of the U.S.

Most Canadians are familiar with these events but what about our own Canadian Black History? Are we familiar with the story of the 400-year plight of African-Canadians who attempted to eradicate slavery and segregation? Are we aware that Canada also had a civil rights movement?

Canadian Black history dates back to 1605 with Mathieu Da Costa being the first Black person to step foot on Canadian soil. Between 1700 to late 1800s, slavery was also rampant in our home and native land. Canada developed a reputation as a safe haven for Blacks during the American Revolution (1775-1783) where enslaved Blacks followed the North Star to find freedom in Canada. Using code words to keep their migration a secret, they followed a route (famously known as the Underground Railroad), which was a dangerous path to freedom.

In Canada, Blacks fought as hard of a fight on home soil, just like our counterparts in the U.S. This is not an attempt to undermine history of the south, but more to recognize that our Canadian Black History is not the same. We should remember names like: Josiah Henson, Chloe Cooley, Frederick Douglass, Mary Ann Shadd, William Hall, Robert Sutherland, Anderson Abbott, Elijah McCoy, Delos Davis, Nathaniel Dett, Addie Aylestock, Viola Desmond, Leonard Braithwaite, Calvin Ruck, Maurice Ruddick, Mayann Francis, John Alleyne – Black Canadians who were inventors, people who fought for equality and abolishment of slavery.

The story is different across borders, however the story of struggle and the fight for freedom is transient across all boundaries. Rather than focusing in on the past, this month celebrates the

achievements and accomplishments of Blacks across the globe that were able to overcome such a bitter history.

To get an understanding of what Black History Month means to students at Glendon College, we polled five students, from a variety of cultural backgrounds to define what Black History Month means to them.

“When I think of Black History Month, I remember the fact that we didn’t really talk about it in elementary school. I remember when we did learn about it in high school it had more of an American focus. I’m learning about it now and there are few mentions of Canadians. I think we should celebrate Black history month because it’s an important part of history and has such a rich culture. It’s a dynamic story that talks about achievements of many. Its important to know the history to appreciate and understand the present.”

— Crystal P.,
Visiting Student to Glendon College

“I think its important to look back on historical issues that built our country. Its important to not forget the past to build new perspectives for a better future.”

— Alex C.,
2nd year student, English Major

“I think it’s an integral part of society to recognize the contribution that the Black community has given to us. In high school, we had lots of activities pertaining to Black history; however, the same figures were always discussed. There’s a lot more history that we can be informed about. We should have more exposure to the whole story and have a more well rounded history with less focus on the pop-culture figures.”

— Anonymous
“I guess it could be informative if people were interested in that kind of thing. It’s an opportunity to learn about different people. I’m not specifically too interested in Black History Month, but I recognize why its important.”

— Anonymous
“I think Black History Month is a time for Canadians to reflect on our culture and our history. I don’t think that it should be focused specifically towards the Black community. It should be a month of discussion to integrate people into our nation.”

— Natasha F.,
1st year student, English Major

Despite the colour of your skin or heritage, Black History Month is celebrated to remember the achievements of those Blacks so long ago, who made it easier for every race to succeed today.

I WORK OUT!

REASONS WHY GROUP EXERCISE CLASSES CAN BE BENEFICIAL

BY TORI RAMSAY

CONTRIBUTOR

I’m probably not the first to admit this, but I have such a love-hate relationship with working out at the gym. Even though I know how good I will feel afterwards, there is always that lazy feeling that somehow overtakes my mind and body before I decide to go. I imagine how I could be sleeping instead or how I should be working on my homework and thinking about those dreaded stairs leading to and from the Glendon Athletic Club (GAC) makes me very unmotivated.

But a few times a week I push through all the obstacles in my way and end up throwing on my running shoes and heading to the gym. Thankfully a fun work-out class is awaiting me at the other end. Planning my work-out schedule around the enjoyable classes that are offered makes the experience much more exciting. The GAC offers a wide variety of amazing classes that everyone at any fitness level can get involved in. Before you know it, you’ve got one hour of cardio completed, all while dancing to Latin music, or practicing yoga.

One of my favorite classes to attend is *Zumba*. This class is always an upbeat and fun addition to my day. The instructor leads the class in a variety of aerobic routines mixed with dance themes. The music used in the class ranges from Latin and international mixes to LMFAO’s “Party Rock Anthem”, or Rihanna’s “We Found Love”. The routines learned in *Zumba* target many areas of your body including legs, arms, and abdominals, as well as keeping your heart rate up.

The *Zumba Sculpting* class, held on Monday evenings, involves the same routines, but with the addition of the *Zumba* toning sticks. This specific class is a great workout for your arms. There is never a dull moment while participating in *Zumba*. New routines,

footwork and music keep you on your toes and engaged for the duration of the class. The participants of the class vary in age. Many Glendon students come out on a weekly basis to enjoy this fun work out together. You don’t need to know how to dance to *Zumba*, anyone can do it!

Another new fitness class that I have recently tried is called *NIA*. This workout class is a new addition to the GAC fitness class schedule. It is held on Wednesdays from 12:15 -1:10. I was intrigued by this class and decided to try it out. I really had no idea what to expect but I was pleasantly surprised by the intense personality of the instructor, Su, and the different kind of workout that I experienced. *NIA* fuses martial arts, dance and yoga into one very unique and convenient cardio workout. Each time I step out of this class, I feel very relaxed and invigorated. This class isn’t your typical workout. It makes you become more aware of your body and mind while encouraging you to just let go and feel the workout.

There are a number of reasons that exercise, and more specifically group exercise, can be beneficial. The life of a Glendon student can get pretty overwhelming, but working out is a great stress buster. You will be more focused and produce a much better product after exercising. Running on a treadmill every time you head to the gym can get rather repetitive and boring. Your body craves some variety from your work outs. Group classes provide something different: friends to keep you motivated and a constant change in routine and pace. Experts say that it takes approximately 6 weeks to develop a new habit. I would like to challenge you all to take my 6 week challenge! Try it out, get to the gym for a group class, and form a new healthy habit!

GROUP EXERCISE SCHEDULE FALL 2011 / WINTER & SPRING 2012

September 6 – December 22, 2011 & January 3 – June 30, 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Weight Training 6:30 – 7:15 am		Step & Sculpt 6:30 – 7:15 am				
Weight Training 8:30 – 9:25 am	Lo Impact 8:30 – 9:25 am	Ballet Boot Camp 8:30 – 9:25 am	Weight Training 9:25 am	Glide to the Core 8:30 – 9:25 am	Stability Ball 8:30 – 9:25 am	
Light & Lively 9:30 – 10:25 am	Fusion Ball 9:30 – 10:25 am	Zumba 10:30 am	Light & Lively 10:25 am	In the Flow 10:25 am	Lo Impact 10:25 am	Pump 9:30 – 10:25 am
Step 10:30 – 11:30 am	Pilates 10:30 – 11:30 am		Pilates 10:30 – 11:30 am	Yoga 10:30 – 11:30 am		Zumba 10:30 – 11:30 am
Latin Cardio 12:15 – 1:10 pm	Step 12:15 – 1:10 pm	Nia 12:15 – 1:10 pm	Body Blast 12:15 – 1:10 pm	Women’s Cardio Kick-box* 12:15 – 1:10 pm	Power Yoga 11:40 am – 12:40 pm	
Zumba Toning 5:30 – 6:25 pm	Fusion Ball 6:00 – 6:55 pm	Zumba 6:00 – 6:55 pm				
Drums Alive 6:30 – 7:30 pm	Pilates 7:00 – 8:00 pm	Yoga 7:00 – 8:00 pm	Pilates 7:00 – 8:00 pm			

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Issues and Ideas

GLENDON’S MALAISE

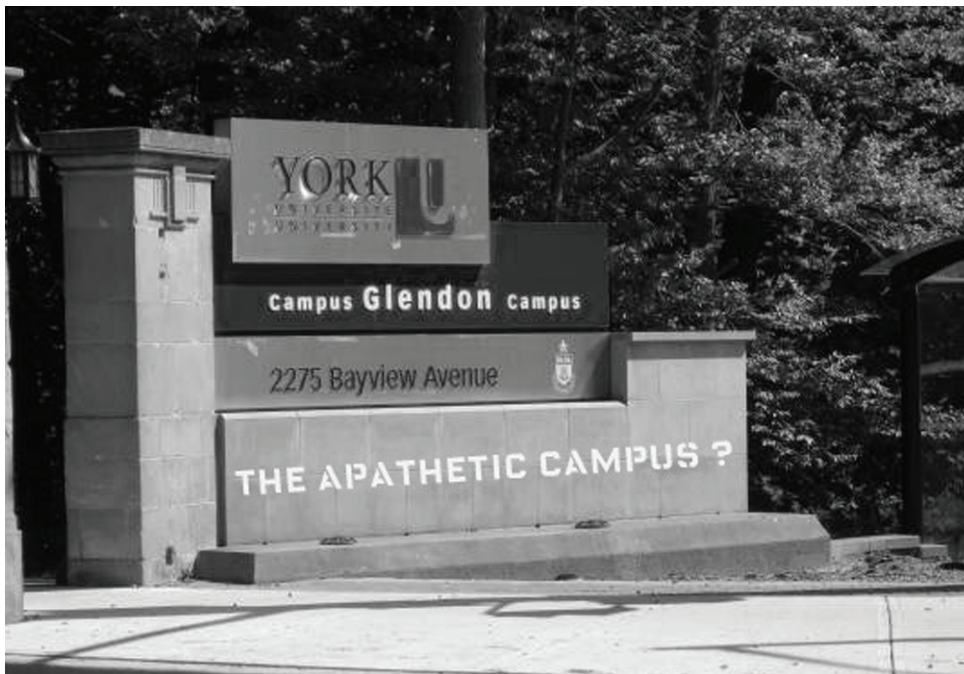
ARE WE TERMINALLY APATHETIC, SIMPLY UNIFORMED OR SOMETHING ELSE?

BY DARNELL HARRIS
CONTRIBUTOR

This began as an article that would examine the perceived issue of student apathy at Glendon; however, after a thorough examination of the paper’s archives, I decided not to bother. Not that I was apathetic about doing it – the topic simply has been done, and done well, by other past writers. But another question has emerged out of my research: are our students terminally apathetic? Or have Glendon’s well meaning stalwarts simply always misdiagnosed the problem, and therefore been frustrated in our quest to seek a solution to campus apathy?

Some *very* long time readers of *Pro Tem* (if you met/were hired by Escott Reid, I’m referring to you), might remember the words, ‘apathy,’ ‘students’ and ‘Glendon’ being used together often in this paper. How often? Well, readers may be startled to learn that a search of back issues of the paper between 1963 and 2008 shows the word was used in no less than two hundred and fifty-five times in various issues. It is true that some of those times it was maybe used in a context not relating to Glendon. Once it was even used in a positive context, which was the case in 1962, where an open letter stated, ‘reflecting upon this passing year, I feel that rather than suffocating in a pool of our own apathy, we have actually accomplished a good deal.’

However, by and large, the references to apathy in our paper have grown decade over decade until the present day. Since at least 1966 when Keele campus opened, various quarters have attacked the seeming apathy of Glendon students with little variation in the line of complaints. An editor in 1966 colourfully stated the college’s air stunk of apathy. The manager of what would become York’s basketball team, furious at the continued refusal of the students to attend games at Glendon or Keele, sardonically noted that the only spirit on campus was the one being consumed in the residences. In 1974,



PAOLA PAULINO

the exasperated editors asked Glendonites how exactly they could produce a weekly paper for a community of over a thousand people and yet still only get two replies to the editor a month!

A continued gaze forward in time reveals name changes to the supplicants, but the topic never waves. One February, the GCSU president, asked in *Pro Tem*’s first issue of that year about the malaise that gripped the campus, responded with a shrug that it was student apathy, seemingly as clueless as anybody else. As stated in *Pro Tem* once upon a time, ‘that is probably our biggest problem here at Glendon; there are people who are trying to organize events for their fellow students, but wind up frustrated and skeptical about the student body.’

All these complaints from across the years have two unifying themes. For one, students are softly asked to care about things that matter to the writers. Secondly, the lack of a sound comprehensive communications strategy for campus info makes it difficult for outsiders to learn what’s going on. The

true curiosity, however, is that there is no reference ever made to the activity, or lack thereof, of faculty and staff in campus community activities.

At Glendon, we often speak of wanting to have a culture of bilingualism; however, establishing and ensuring a culture of any type requires a set of behaviors and beliefs to be adopted by everyone, including faculty, staff and students. Success requires people to connect others to the social groups that interest them; it requires people to collect and pass on stored knowledge; and, it requires people to persuade newcomers that Glendon is worth caring about. In other words, you have to be proactive, targeted, and involve everyone. Remember, people will always make time for things they care enough about.

Getting back to the subject of apathy, I believe that to be apathetic is a conscious choice. Therefore, as many students don’t know what *Pro Tem*, the GCSU, or Richard Coeur de Lion are, it’s wrong to speak of apathy as if they ever have had the chance to make a choice. During *Pro Tem*’s downtime last

year, the staff and faculty – our campus gatekeepers – noticed the paper was gone, but they did not act. The intramurals were gone from the campus for over a decade, and again, they did not act. (It is worth noting here that the faculty even had intramurals teams in our early years, when apathy was at its lowest.)

Who, then, are the apathetic folks? Well, I’ll let you draw your own conclusions. This is not to say the professors and staff are not busy with research commitments and the rise of part-time faculty. These are difficult realities to combat, and they need to be addressed. However, we could do worse than to stop treating the community involvement aspect of tenure discussions at Glendon as something less resembling a private joke. Furthermore, if the importance of active involvement in the campus was enshrined as a necessary element of creating a culture of any type, we would be well on our way to placing a foundation for future success.

In commentary to ‘*Pro Tem* Did Not Publish for a Year. So What?’, a reader told me that the piece was a call to action, but he wasn’t sure to what. At that time, I did not have a firm idea as to exactly what action for which I would have aspired to call. Now, however, if I had to make one proclamation, it would be this: that we fundamentally accept that a passive approach to inspiring campus involvement has been proven a consistent failure.

Cultural penetration will only occur if a unified strategy that involves faculty, staff and students, and their organizations, is put into place, and smoothly renewed year after year after year, long after even current faculty have (one way or another) moved on. I don’t know about you, but if you care about Glendon, I’d say that it is an ideal worth fighting for. The alternative, you ask? To suffocate in a pool of our own apathy - I think you’ll agree the imagery isn’t pretty.

QU’EST-CE QUE C’EST BILL C-11? NEVER HEARD OF IT? WELL, YOU SHOULD.

BY ELSA ASCENCIO
ENGLISH ASSISTANT EDITOR

Weeks ago, the hearts of students dropped when they tried accessing Wikipedia. They were confronted with a black screen and a message which read, ‘Imagine A World Without Free Knowledge.’ Students learned that Wikipedia, along with a number of other websites, were protesting the Stop Online Piracy Act (SOPA), a piece of proposed legislation in the US Congress. Opponents of SOPA argued that the bill would limit the freedom of expression people have online, and would affect not only the United States, but also the rest of the world. The intense protests against SOPA ended up being successful; U.S. lawmakers have, for the time being,

effectively shelved SOPA. However, the battle still rages in Canada with the proposal of Bill C-11.

Il y a des experts qui décrivent le projet de loi C-11 comme la version canadienne du SOPA. Mais, étonnamment, il n’y a pas beaucoup de Canadiens qui sont conscients que le projet de loi C-11 existe. Le projet de loi C-11 ne devrait pas être ignoré par le public canadien pour la raison suivante: ce projet de loi consiste de nombreux défauts.

Bill C-11 was introduced back in 2010 by Ministers Tony Clement and James Moore, and was then known as Bill C-32. However, before the legislation could be debated in the House, Parli-

ment was dissolved, temporarily killing Bill C-32. After the Harper government’s reelection in 2011, Bill C-32 reemerged, but with its new name: Bill C-11.

Le but du projet de loi C-11 est d’adresser le piratage et mettre à jour les droits de l’artiste interprète et les droits d’auteur. Aussi, un autre but du projet de loi C-11 est de permettre aux consommateurs certain usage de matériels qui normalement sont protégés par le droit d’auteur. Un exemple est que les Canadiens pourraient enregistrer certaines émissions de télévision.

However, one concern that opponents of Bill C-11 have, according to legal experts like law professor Dr.



Opponents of SOPA argued that the bill would limit the freedom of expression people have online, and would affect not only the United States, but also the rest of the world.



CONTINUED ON PG 8

PRO TEM'S HIATUS PRO TEM DID NOT PUBLISH FOR A YEAR. SO WHAT?

BY DARNEL HARRIS
CONTRIBUTOR

So, to those of you (presumably few but definitely faithful) returning readers who are currently reading and raving about this third issue of *Pro Tem* – Thanks! Your support means a lot to all of us. However, for the rest of you readers out there who have never seen this paper before, you probably have one question. That question would be, “Why should I care about this paper I’ve never seen before?” Now, that is a fair question. For one thing, I won’t say that you should care for the reason that it’s the Glendon paper, because if that was enough to convince you, you most likely wouldn’t have asked this question. However, there are some excellent reasons why you, the new reader, should care.

First, you may have come to Glendon for the bilingual idea. C’est possible de pratiquer votre français quand tu écris pour and lit *Pro Tem*. Perhaps, you’re thinking of joining *Pro Tem* because you think it may help you land a good job. In this case, you definitely should be involved in *Pro Tem*, as just sitting in your lectures is not going to help you form useful work skills. Now, assuming you care enough about Glendon or are enhancing your own education as you’ve kept reading to this point, then there are a few important things you and I definitely need to discuss.

For one, the temporary cessation in existence for a major community entity is not, as one would assume, an isolated incident at Glendon – a fact which should give everybody pause. Intramural Sports at Glendon – where we compete against other York Colleges – was dead for well over a decade, before it was rediscovered as

a possibility by some students in the very recent past. Now as you might reasonably say, well, “Glendon doesn’t have a sporting history, and Glendon students probably aren’t much for sports so that’s why we didn’t participate.”

However, that is not the case. As Page 36 and 37 of York’s official history (and a good number of the faculty could still probably give you firsthand accounts) concerns itself with Glendon’s early years and athletics. The facilities at Glendon played host to both inter-university and intramural competitions on the ice rink, the field and in the field house. There were even some championships in those heady days too. As for current times, I know that, despite the sad dearth of equipment in the field house, there was a weekly, intense, pickup soccer game in the gym twice a week, and a yearly dodgeball championship. So clearly, Glendonites are not sporting neophytes. If this is true, the discussion then comes back to two important questions.

First, why have entities with a storied histories and important roles in the community be allowed to fail? Some investigation suggests that, quite simply, as they both fell outside the official purview of faculty and staff, no one bothered to investigate further when they noticed no new issues were forthcoming. Eventually, while a student brought it to the administration’s attention, which led to the paper’s revival, should it really have come to that? Had that student not taken the initiative, would it have fallen the way of the intramural sports, dead for decades?

Secondly, it begs the question, if these were allowed to fail, what do we consider truly part of Glendon’s identity? Is it the beautiful campus, which, incidentally few students have completely explored? Is it the close-knit community feeling, which is shared by about 15-20% of the population, as evidenced by Facebook group participation and election tallies? Perhaps then, is it the bilingualism aspect, a cause Glendon’s new Language Centre for Studies in French has been created to rescue?

Personally, my experience has been that the sole major uniting and defining undercurrent that unites all Glendon Community members is our certain, *je ne sais quoi* wariness, to whatever degree, of both Keele campus and its denizens. It is no secret things have been historically tense between the two campuses. For some reason, Glendonites over the years might, I guess, have taken offense to the many ways in which our campus’ budget has been slashed vis-à-vis Keele. Subsequent debates in the early 1990’s over if Glendon be closed or not understandably fanned the flames of separatism. However, as we’ve decided not to leave York, we might as well discard our unsustainable protest identity (for an example as to the brittleness of a protest identity, see *Bloc Québécois 2011*) and begin to shape a new, more pragmatic one.

What then, are we going to shape it on? On the side of York Hall, there’s a metal sculpture of a man doing something that looks fairly interesting. Quite appropriately however, it’s unlabeled, and there’s no sign explaining the deep symbolism contained within

the piece. Precious few Glendonites could tell you the name or creator of the piece, and probably none what it means – its significance was lost to our community with time. The piece however might be useful in helping us determine what our collective identity could come to be called. The name of the piece is, ‘The Whole Man,’ (in those less than egalitarian times) the York history states that it, “implied that people’s bodies as well as their brains should be nurtured.” Such a statement is still true or truer today.

While people are busy, people have always been busy – but they will always make time for things they truly care about. So, what should be part of our community identity then? Intramural Sports, which are open to students, faculty and staff is a good place to start. This newspaper, *Pro Tem* is another great unique opportunity for the entire community – staff, faculty and students – to work together. Glendon badly needs a place in which we can all feel comfortable sharing our ideas, concerns, hopes and fears about our own experiences here on campus. Even on the studious side, there must be ways for students to be involved in research that interests them, as part of their studies or on their own time.

We need to redefine our identity in a progressive light, strenuously build, and then project our identity throughout the university, if we’re to build up our campus, and reach the community-oriented and bilingual ideals the College was founded on – and still professes to uphold. Ultimately, the quality, if not the existence of our College depends on it.



COURTESY HUFFINGTON POST

THE POP CULTURE EFFECT

THE INVISIBLE INFLUENCE OF CULTURE

BY AYELEN BARRIOS RUIZ PAGANO
CONTRIBUTOR

I’ve always liked knowing what was number one in the box office. I always liked watching the TV shows that I knew people were going to talk about the next day. I was never embarrassed about liking pop music. However, somewhere along the way, liking what the general public liked was no longer allowed. Recently, Madonna presented an award at the Golden Globes and during her brief presentation she claimed to have never liked big blockbusters, instead preferring foreign films. Later she would be accused of trying to seem too exclusive, as if she was too good, too artistic, to watch the movies the general public watched.

The truth is, not liking what is popular at any given time is perfectly fine; however, not liking it for the sole reason that everyone else likes it doesn’t seem logical to me. No matter who you are, pop culture is probably going to influence you.

Take, for example, what is now called the “Rachel phenomenon.” In

the 1990s, when *Friends* was one of the biggest shows on television, the minute Jennifer Aniston’s character was seen with a new haircut, the entire nation went out to copy it. Soon everybody dubbed the haircut “the Rachel.” Even if you didn’t watch *Friends*, but loved how this haircut looked on someone and went out to get it, you were being influenced by pop culture. But television isn’t the only thing that may influence a person. The music industry also lends a hand in shaping the way people perceive themselves. In the 80s, Michael Jackson made a sparkly glove and a red leather jacket must haves in any teenager’s closet.

The influences of pop culture are apparent even where society may not notice. Most little girls dream about the day of their wedding. One of the more central features in the minds of these children (and, let’s be honest, in the minds of most adult women) is the dress. The traditional white dress most women wear at their weddings is

actually an effect of pop culture. You may have heard that the late Princess Diana’s wedding dress had an impact on wedding dresses of the time, but that wasn’t the first time flocks of people wanted to look like a royal. In fact, Queen Victoria is the one who made wearing a white wedding dress prominent. Before her wedding, it was rather common for brides to dress in any colour they please, but Queen Victoria’s 1840 wedding began that enduring trend.

So I guess what I’m trying to say is that, for all you hipsters out there who think it’s not cool to like what is generally liked, if you plan on having a bride who wears white, or if you plan on wearing white yourself, you are succumbing to pop culture. Unknowingly, we fall victims to being influenced, so why fight it? Besides, isn’t being a hipster nowadays conforming to the latest thing anyway? And if so, aren’t you then betraying the ideals of “hipsterism”?

Issues and Ideas

A DIFFICULT DIVIDE DISPARATE APPROACHES TO OUR BILINGUAL EDUCATION

BY LUCAS DIXON
EDITOR OF ISSUES AND IDEAS

If you're sick of reading about bilingualism at Glendon here in the pages of *Pro Tem*, and you're probably not alone, just imagine how long time Glendon staffers and professors must feel as each new generation of students lodge the same complaints year after year. As was discussed in the first part of this two-part series on bilingualism at Glendon, the story of Glendon's multi-language past isn't quite as rosy as our promotional material might have you believe.

In this second part, *Pro Tem* turns its attention to potential fixes. You won't find any grandiose plans to fix the culture of Glendon – as if it could be so easily changed – but rather some very real, implementable suggestions. Ask around, or just eavesdrop on your cafeteria queuemates, and you'll generally find the complaints about French at Glendon fall into one of two veins: it's too comprehensive or it's not comprehensive enough. You'll likely hear the former from Anglophones who took core French in high school, or those rare individuals who came to Glendon *despite* the French instead of explicitly *for* the French. And the latter complaint is common conversational fodder amongst Francophiles, ex-Explore kids and people who know how hard it is to learn a language. There's really very little middle ground between these two positions. So how do we bridge that divide?

I, for one, would love to stop hearing people throw around the suggestion

that Glendon be a “more immersive environment,” as if the campus were just going to pack up all its belongings and plant itself down in the south of France. Sure, studies show that learning a language is best when you're surrounded by it, but to expect Glendon to somehow be a haven from the pressures of a city filled with hundreds of languages in a mostly English speaking province is delusional.

Instead of immersion being a goal in itself, it should be treated as a means to an end. For instance, professors who teach classes in one of Glendon's two official languages are strongly encouraged from assigning mandatory readings in the other language, even at the third and fourth year levels; rather than learning a language for the sake of learning a language, maybe it would be useful to read material on one's own academic interests in the other language? It would definitely be more interesting than the articles photocopied from waiting room editions of eighteen year old *Maclean's* magazines that students endure currently.

Bien sûr, les étudiants pourraient se plaindre, mais depuis quand est-ce que nos professeurs ont arrêté de faire les choses à leur manière? Si c'est une question de maintenir une certaine GPA, notre administration a besoin de travailler plus fort pour donner aux étudiants de Glendon la possibilité de suivre des cours dans une langue tout en faisant le travail dans l'autre. Bien sûr, cette option pourrait ne pas

compter pour des crédits de langue seconde, mais si, pour vous, les crédits sont le facteur de motivation pour apprendre une langue, votre cœur est sans doute pas dans la bonne place de toute façon. Un professeur a même suggéré à Glendon de mettre en œuvre une sorte d'année de « faillite », ce qui permettrait aux étudiants de prendre en charge un cours au complet dans leur langue seconde et puis avoir des notes de l'année être « oubliées » comme un moyen d'apprendre la langue sans mettre en péril la loi ou les études supérieures.

It would also be nice to stop hearing people plead with the language departments that the second language courses need to be less work. Though I am admittedly guilty of this particular sin, anyone who thinks learning a second language can be achieved in a classroom once or twice a week with minimal out-of-class work is either crazy or an unnaturally gifted polyglot.

And while it might be difficult to stop people from complaining, an easy solution is to lower expectations for incoming students; promotional material should emphasize (or at the very least acknowledge!) the difficulty of going from beginner to competency in a second language in only four years, and current Glendon students should be more realistic in our own language expectations. We students seem to really like the idea of being bilingual without putting in any of the effort. There's definitely a work ethic discon-

nect when a majority Anglophone students express a keen interest in their second language, but only about 11% of students are actually participating in French events.

La plainte la plus fréquente parmi les étudiants en langue seconde est que les professeurs sont, pour le mettre gentiment, intimidant. Il est facile de radier ce type de plainte anecdotique comme les grondements de colère de quelques étudiants mécontents, mais la plainte est probablement le plus fréquente de toute des Glendonites. Et bien que je ne pense pas qu'aucun de nous s'attende à avoir Miss Honey, l'enseignante parfaite, c'est une honte qu'il y a des étudiants qui sont découragés d'atteindre leur potentiel d'apprentissage en raison de l'attitude d'un professeur.

The divide in our bilingual education between the unrealistically ambitious and the OTHER THING needs to find common ground in pragmatism. Glendon will never be a bastion of true bilingualism, nor does it need to capitulate to the sea of unilingual pressures that surround it. Professors, both second language and not, staff, and students all have roles to play in suggesting and implementing new systems of practice. The focus should be on useable language in a professional setting, rather than on inane subject matter like farm animals. In that way, the needs of both sets of Glendonites are met, and satisfaction in our second language programs increases.

CONTINUED FROM PG 6 » QU'EST-CE QUE C'EST BILL C-11?

Michael Geist, is that Bill C-11 bows to the demands of the lobbyists from the entertainment industry rather than serving the interests of the Canadian public. For instance, there is a general sentiment amongst Canadians that they would like to see their internet free and unrestricted. If Bill C-11 passes, it gives major entertainment companies the ability to go after not only websites containing material that infringes on copyright but also those “enabling acts of infringement.”

What does this mean for the average internet user? Well, under Bill C-11, if you upload a copyrighted video to, say, YouTube, both the user *and* YouTube itself are liable to be taken to court, meaning that sites that host content will be forced to more strictly police what users upload or face harsh penalties.

As noted by Dr. Geist, the music industry has asked the Canadian government to add provision in C-11 that are very similar to those that were in SOPA; for example, the bill permits “a court to make an order blocking a pirate site such as The Pirate Bay to protect the Canadian marketplace from a pirate site.” Experts note that this provision is very similar to section 102 of SOPA.

There are also many technical problems with Bill C-11. The most notable – and contentious – is the problem

regarding “digital lock.” Digital lock is essentially embedded into electronic devices for the purpose of preventing others from making copies of songs and videos. This sometimes puts consumers in a sticky situation in which, although they bought the product legally, they would have to use decrypting codes, such as DeCSS, in order to have their products play again.

Donc, le problème avec « digital lock » est que les consommateurs pourraient légalement acheter un DVD, mais s'ils auraient besoin de décrypter son DVD, selon le projet de loi C-11, cela est considéré comme illégal. Les problèmes techniques, comme « digital lock » est ce qui fait que le projet de loi C-11 est alarmante parce que ces aspects technologiques sont hors du contrôle des consommateurs.

As one can see, despite the fact that there are still many unanswered questions deriving from Bill C-11, surprisingly, not many students, nor Canadians generally, are aware of Bill C-11. It begs the question, why should Canadians care? For the same reason that people worldwide protested against SOPA, Canadians should at least be inquisitive about the effects of Bill C-11, because the Internet has become a prominent pillar in society. Students, perhaps more than any other group, have become very dependent on technology: their courses are on

Moodle; they listen to music on their iPods; they watch movies online.

Students enjoy the liberty of being able to freely access the Internet, and that is why students who live in western liberal democracies view measures like Bill C-11 as a violation of personal liberty. The fact that many Canadians are still not aware of Bill C-11 is largely the result of the failings of Parliament's opposition parties; the NDP and the Liberal Party, particularly, have done little to highlight the principle and technical flaws of Bill C-11.

Si le Parti Liberal et le Nouveau Parti démocratique avaient bien fait leur travail, il y aura plus de discussion et de débat sur le contenu du projet de loi C-11. Si l'opposition discuterait contre les problèmes techniques du projet de loi C-11, par exemple le problème de « digital lock », ce serait suffisant pour les étudiants et les Canadiens à trouver du mérite dans les arguments de l'opposition.

Far more than a tool of corporate interest, the internet is a fundamental structure in Canadian society, and limiting its use based on the needs of a wealthy few is neither fair nor productive. If you're passionate about Bill C-11 write an e-mail to your MP, and encourage your friends to do the same. Surely if we can stop Congress in its tracks, we can do the same here in Canada.



For the same reason that people worldwide protested against SOPA, Canadians should at least be inquisitive about the effects of Bill C-11, because the Internet has become a prominent pillar in society. Students, perhaps more than any other group, have become very dependent on technology



BEWARE OF THE COSMETICS AISLE! HOW SAFE ARE YOUR EVERYDAY TOILETRIES?

BY AMY ANASTASOPOULOS
EDITOR OF HEALTH AND WELLNESS

You wake up in the morning and head for the washroom. You wash your hair with shampoo and conditioner. You scrub yourself with soaps and gels. You then moisten your skin with lotions and put on deodorant. Some ladies will then add mascara and lipstick to this routine. Not to mention, you can't forget to brush your teeth!

By the time you've finished your morning routine, you probably have coated yourself with a handful of different products. Also you most likely would have noticed by now the long list of incomprehensible ingredients behind each product. However, have you ever stopped to wonder what exactly are those ingredients? What exactly do they do?

Around 11% of skincare products have been tested for safety precautions. To put this into perspective, that leaves 9000 untested ingredients just lurking in your everyday toiletries. Some of these ingredients are allergens and other irritants; but the problem is some are toxic and cancerous.

Take nanoparticles, for example. To most people, they're known as crystals, beads, or micro-spheres; but they could potentially be hazardous because they're non-washable. This means that instead of being swept

down the drain in the shower, they burrow into your skin and find their way into your red blood cells and brain. The troubling aspect of all this, is that scientists do not know the long-term consequences that may be caused by these nanoparticles.

Now how about the effects of petrolatum, or more commonly known as petroleum jelly? It's found in everything from shampoos, conditioners, and moisturizers to Styrofoam and gasoline. Yes, the stuff you're putting in your car is also what you're rubbing your scalp with! It can sometimes be contaminated with polycyclic aromatic hydrocarbons (PAHs), and studies have shown that exposure to PAHs is associated with cancer. In the European Union, the use of petrolatum in cosmetics has been banned unless its full refining history is known and can be proven to be non-cancerous. The problem is that these restrictions do not exist in Canada.

Now, this isn't meant to scare you away from buying products, but you should stop and think about your own personal health. Remember that not all moisturizers, cleansers, and perfumes are safe. Some can dig into your skin and, if accumulated over time, could pose future problems to your health.



MEGHAN TOBIN-O'DROWSKY



KARALEIGH HAYES

TORONTO'S (SNOWLESS) WINTER

HAS THE LACK OF SNOW IMPACTED TORONTONIANS AND THEIR FITNESS?

BY ELSA ASCENCIO
ENGLISH ASSISTANT EDITOR

Toronto is not having much of a winter this year. Altogether, Toronto couldn't have received more than 25 cm of snow. There are clearly some benefits to this; for example, the city does not need to spend much on snow removal, nor are the elderly facing the prospect of being confined to their homes. However, the lack of snow has disrupted the tradition of several outdoor snow activities and sports, such as skiing. One may ask, why should this be important? Better yet, *who cares?*

The reason why Torontonians should care (at least a little) is because the lack of snow has impacted the way people exercise this winter. Yes, the winter does bring a slew of problems, such as icy conditions and black ice, but for many, it provides the much-needed snow to open many winter resorts. These resorts have served as excellent outlets for students, families and other individuals to diversify their exercise routine and burn calories and fat while skiing or snowboarding down the slopes.

In fact, an average female could lose up to 400 calories per hour skiing. For snowboarding, an average female could lose up to 300 calories. One could point out that while there has been a lack of snow this year, ski resorts are still open because they have been using artifi-

cial snow to fill the slopes, thus there shouldn't be much worry. To a degree, yes, this is true. However, many ski resorts have had to close off or limit the number of slopes they have running this year, because costs are incurred when the snow canon is used. Additionally, it is worth noting that the lack of snow has impacted the livelihood of many business owners and employees dependent on the successes of ski resorts or any snow-related activities.

Of course, having no snow in the city does result in people just jogging outside in order to achieve their daily exercise. But at times this could be problematic in the city because while there is no snow, temperatures have still been fairly harsh, with thermometers nearing -10 degree Celsius. So, a person *could* run, but be ready to face the bitterly cold winds.

All in all, having no snow does dampen our winter spirits, and also limits the amount of physical activity we could normally do in the winter, such as tobogganing or cross-country skiing. We do have alternatives, like going indoors or taking advantage of the nice sun outside to run. In the end, what is important is that people do get the recommended amount of exercise needed. But, with no snow, it just doesn't feel like Canada, eh?

WHAT'S IN A SMILE? EXAMINING THE TRUTH BEHIND TEETH WHITENING

BY DAVINA SINNATAMBY
EDITOR OF CAMPUS LIFE

Turn on the television and take a good look at your favourite celebrity. After a while, you may begin to envy their flawless hair, clear skin, perfect body shape and of course, their picture-ready, Hollywood smile. Most good-looking celebrities complete their look with a white smile.

A white smile is advantageous. The top four reasons for wanting a flawless smile are:

Confidence: People will always judge you for your smile and having white teeth to show off will make you smile more. Knowing people will approve of the way your teeth appear, will allow you to feel more self-assured.

Hygiene: Brushing and flossing alone can never completely get rid of stained and yellow teeth. To put in perspective, a person with white teeth who doesn't brush everyday will appear to care more about their hygiene than a person with yellow teeth who brushes daily.

Hiding your age: As you age, your teeth darken naturally. With whitened teeth, this natural aging process is avoided.

Attracting the opposite sex: The American Academy of Cosmetic Dentistry's 2005 study of white teeth

revealed that 85% of adults believe that a yellow or stained smile makes a person less attractive to the opposite sex. Around 91% of adults believe that a white smile can make a person very attractive despite other facial flaws.

With so many advantages, it seems like there's no reason to keep living with yellow teeth. But do people really know what they're putting in their mouths when they use whitening kits? There is one common ingredient in all brands of teeth whitening. Most kits and dentists use a type of peroxide to bleach the teeth.

Unfortunately, peroxide temporarily burns the gums and causes white spots to form on the surface of the gums or even bleeding of the gums. This is why it's important to check the strength of the whitener first before buying it. For a first time user, it is safest to go with a solution that is 15% peroxide. However, the package may not always reveal the percentage of peroxide. It's safe to assume that a solution that must be used overnight is weaker than one that can be worn for 20 minutes but, to be sure, it is best to check with the manufacturer. One must note though, that a solution that is more than 10% peroxide

is likely to harm tooth enamel.

There's a lot of information that a package of teeth whitening won't advertise. Here are the real facts:

Crowns or fillings: Teeth whitening does not work on crowns or fillings. As a result, you may end up with different coloured teeth.

Gum disease: If you have gum disease, cavities or worn tooth enamel, teeth whitening may not work at all.

Children: Children under 16 should not whiten teeth. Their teeth are still developing and their nerves are enlarged. Teeth whitening could therefore cause damage to the teeth.

Pregnant or lactating women: Pregnant or lactating women should avoid teeth whitening. Whitening bleach may be accidentally swallowed and is very harmful to the foetus.

Time Period: The procedure does not last forever. Avoiding tobacco, wine and products that stain teeth may allow whitening to last up to a year. Consuming these products, however, will cause whitening to disappear in a month. To really sustain whitening, the use of straws to avoid contact with teeth and brushing teeth twice a day with whitening toothpaste is recommended.

And of course, like every procedure that alters your natural body, there are always risks. Never whiten your teeth more than the product directs. Over-whitening could cause enamel to wear away. It could also lead to tooth darkening. Also, not using the tray properly (to keep solution away from the rest of the mouth) allows the solution to burn the tongue and gums. But the real concern is that recent research is showing a connection with peroxide and mouth cancer. Peroxide breaks down and forms "free radicals", which can cause cellular damage. It is important to check that the solution is dentist approved and contains a safe amount of peroxide.

Even if white teeth are beautiful, you have to bear in mind that even celebrities in magazines can avoid harsh teeth whitening by having their photos professionally edited. So before you grab some teeth whitening without thinking, and attempt to make your mouth as flawless as a model's, remember that you only have one set of teeth and you must look after it. Check the facts before you whiten your teeth, and make sure your procedure is safe.

NATURE AND HEALTH GLENDON IS NOT JUST FOR STUDYING

BY AMY ANASTASOPOULOS
EDITOR OF HEALTH AND WELLNESS

Why is nature important? Along with being part of one's daily surroundings and adding beauty to the world, Mother Nature has long been argued to have positive and healthy effects on one's health. However, what evidence is there that actually proves this claim to be true? Perhaps the answer lies with Professor Edward O. Wilson's belief of biophilia hypothesis.

Over the past couple of decades, Edward O. Wilson, professor at Harvard University, has strongly advocated for his biophilia hypothesis, which suggests that there exists an instinctive bond between humans and other living systems. This hypothesis has spawned research in the fields of biology, psychology, wilderness therapy, recreation and leisure, and the relatively new field of ecopsychology. All of these fields conclude that our relationship with nature is a fundamental component of building and sustaining good health.

Here are some examples: hospital patients with a view of nature and animals from their window recover faster, spend less time in the hospital, and require fewer painkillers. The same could be applied to prisoners and office workers. In prison, having a window with a view of plants and animals reduces the number of sick prisoners and in an office, office workers with a view of nature experience less job stress, higher job satisfaction, and fewer illnesses than their counterparts without a view of nature. In fact it has been argued that placing trees next to freeways and having roads pass through green areas reduces driver stress.

While these are all perfect examples of the benefits of *viewing* nature, what happens when you're actually *immersed* in nature? Well, here are some examples from recent research on the benefits of spending time in nature: feelings of increased empowerment and integration; a reduction in mental fatigue, irritability, and accidents; improved problem-solving ability and concentration; and it encourages nurturing tendencies.

What does this have to do with you, the university student? A 2010 study conducted by a group of ecopsychology students at Keele University in the UK looked at the benefits of nature on the health of undergraduates. They found that contact with the natural world decreases negative behaviours, such as stress, aggression, depression, and anxiety, and increases positive ones, such as health, energy level, and ability to think clearly.

But what if you don't feel any connection with nature? Doesn't matter. This study found that a connection to nature had zero influence on the effects nature has on a person's health.

Glendon is like an urban oasis, a garden in the big city. It is home to a diverse number of native tree species as well as some very rare ones, many of which are labeled. The Don River flows right next to it and the forest path leads to the city's parks. At any time, a number of different species of birds and animals can be seen. So take advantage of the natural beauty, Glendonites, and de-stress in a wonderful, diverse playground.



KARALEIGH HAYES



KARALEIGH HAYES

A MIGHTY WIND, CONTINUED

A LOOK AT THE FATE OF THE SCARBOROUGH BLUFFS OFFSHORE TURBINE PROJECT

BY MEGHAN TOBIN-O'DROWSKY
CONTRIBUTOR

In the fall of 2008 (I know: it seems like a lifetime ago!), I wrote an article regarding the government's proposed plan to build wind turbines in Lake Ontario near the Scarborough Bluffs as an alternative to nuclear power. I'd like to use this opportunity to follow up on what has happened over the past few years.

In 2008, I reported that the residents of the Scarborough Bluffs were less than enthusiastic about the prospect of 60 windmills powering 50 000 homes along the shoreline. Toronto Hydro had submitted an application to the Ministry of Natural Resources in order to place an anemometer that would track the wind off the Guildwood shoreline. The application for the anemometer was later approved.

The concerns that were voiced at the time focused on the noise that the windmills would have created. Toronto Hydro stated that the windmills produce, at most, 44 decibels of noise (the equivalent of the sound of the average conversation). Another concern revolved around the well being of bird populations. While Guildwood Village residents were afraid that the turbines would kill birds and bats, Toronto Hydro completed a study revealing that two birds are killed in Canada per year, per windmill.

But perhaps the most common worry had to do with property value and the overall look of the neighbourhood. Many believed that windmills would decrease property values and obstruct views of the lake, becoming an eyesore. The proposal placed windmills two to four kilometres from the shoreline, making them visible from land. Toronto Hydro could not confirm or deny the concerns around property value. The obvious question residents asked was, "Why can't the turbines be built on land?" Although they would surely decrease property value on land if they were to decrease property value in the water, it would solve the obstructed view issue. According to Toronto Hydro, there is no land available with a feasible amount of wind.

Well, the turbine project in the Scarborough Bluffs area has been denied. The reason? Not enough science to back up the claim that the turbines would be efficient. The anemometer that was approved gave inconclusive results. As of 2010, there was only one offshore turbine farm, and that is located in Sweden. All offshore turbine proposals have been suspended while onshore proposals are unaffected.

Although offshore proposals have been suspended, lobbyists are still trying to dissuade the Ontario government from installing them in the future. They claim that windmills lead to environmental degradation and will modify migratory patterns of birds and other wildlife. These anti-wind energy activists, however, have not yet provided the Ontario government with an alternative.

What do you think of Ontario's recent increased interest in wind energy? Is it a good alternative to traditional methods of producing energy or a waste of time? Post your insights on Pro Tem's tumblr page at protemGL.tumblr.com, or on Facebook at facebook.com/protemGL.

JONATHAN KATES



10 CHOSES À PROPOS DE MUDDY YORK QUE VOUS NE SAVIEZ PAS

ON VOUS GARANTIT UNE VRAIE SURPRISE!

BY MELISSA CRISAFULLI
EDITOR OF METROPOLIS

You probably remember it quite clearly: that red-letter day in your grade three social studies class when your teacher informed your class that the CN Tower was the tallest free-standing structure in the world ("Here? In Toronto, Ontario, Canada? You're kidding!"). For any eight year-old in the GTA who had no idea, it was truly a moment of enlightenment, excitement, and awe. Over the years, however, this fun fact gem lost its luster and, in 2007, its veracity.

For those who love little-known facts about the city, this deficit will now be remedied. Here are ten trivia treasures that you most likely did *not* hear from your teachers in elementary school. Some are quite funny, while others are quite odd, but each one is intriguing in some way.

1. After New York, Toronto is the city in North America with the highest number of buildings that surpass a height of 300 feet. There are just over 2000 of them, including the Toronto-Dominion Tower, the First Canadian Place, the Scotia Tower, and the TD Canada Trust Tower. New York City has 5000 such high-rises.

2. Jusqu'en 1855, Yorkville, un voisinage chic à Toronto où beaucoup de monde fait leur magasinage, était une fosse commune, ou ce qu'on appelle en anglais un « Potter's Field ». C'était un cimetière pour ceux et celles qui n'avaient pas les moyens de payer un enterrement par l'église, ou qui ont été exclus des lieux de sépulture consacrés.

3. The door chimes that you hear when riding a subway on the TTC are the first three notes from the Sesame Street theme song ("Sunn-y Days...").

4. Un autre fait au sujet de la TTC: la dernière fois que les revenus des tarifs ont couvert les frais de fonctionnement était en 1970.

5. One more: Have you ever boarded a bus without tokens or a Metropass, with the intention of paying the cash fare, only to realize a second later that you don't have any change? Well, if you don't have exact change and have to pay with a large bill, you can ask the driver for a refund voucher. You can then receive a refund if you bring it to the TTC head office!

6. Presque tous les bâtiments dans la ville étaient la couleur de la suie de charbon jusqu'aux années 60, l'époque où l'usage du décapage est devenu plus fréquent.

7. Postal Station K on Yonge Street just north of Eglinton Avenue—once the site of Montgomery's Tavern during the Upper Canada Rebellion of 1837—is the only building in Canada and one of the few buildings in the world that bears the royal insignia of King Edward VIII, who, after eleven months, abdicated the throne to marry Wallis Simpson.

8. It is not by simple coincidence that certain city roads have a bend. On Avenue Road, for example, there is a curve between Eglinton Avenue West and Willowbank Boulevard; the land was once part of the property of John J. Gartshore. The curve is the original barn road from the property, and when the city bought the land, it never had the old road straightened.

9. During World War Two, North Toronto used to have recycling boxes, called 'War Salvage Boxes', which encouraged people to save cardboard, deposit paper, and metal. These boxes had labels that read: "Don't throw it away. Throw it at Hitler!"

10. If you are convinced that the Toronto Maple Leafs are cursed, your hypothesis may not be too far from the truth. Bill Barilko, nicknamed Bashin' Bill, scored the winning goal in the 1951 Stanley Cup final game against Montreal. It was the Leafs' fourth Cup in five years. Three months later, when returning from a fishing trip in Quebec, his plane went down; search parties were unable to find him. The next year, the Leafs started on a losing streak. People started to believe that if only Barilko, or "The Ghost of the Gardens", could be found, the team would regain their luck. Sure enough, eleven years later, in 1962, Bill's remains were recovered near Cochrane, Ontario. That year, Toronto won the Cup. The curse of Bill Barilko had been lifted.

Expressions

ON WRITING

A MANIFESTO

BY SHANNON FLEMING
CONTRIBUTOR

Writing – thoughtful, *meaningful* writing – is not as simple as putting words down on a page. It is a matter that involves your mind, your heart, and your soul – as well as your pen.

Self – edit.

Have fun.

If your characters don't speak to you, they are clearly not alive.

Put your whole soul into it.

Believe in what you're writing. If you don't, nobody else will, either.

Invest yourself. If you're not invested, it will show. Your characters won't be happy with you, and they might even make a point of saying so.

Know your characters better than you know yourself. Know them inside and out. Know their birthday, their favourite colour, how they would react if a certain song came on the radio. Even if nobody else gets to know these things, it doesn't matter: if you don't know them, your characters will be incomplete, no matter how many crimes they solve or dragons they slay.

Be prepared to put in a *lot* of time and effort.

Don't think that it's going to be easy.

Fill in all your plot holes.

Write and write and write and write. Then re-write and re-write and re-write and re-write. Unless you're happy with it the first time.

Pay *attention* to the details. Those little inconsistencies will come back and bother you later.

Remember that *it's only a rough draft*.

If you don't like something, change it.

Create a world that you can get lost in. It doesn't matter if it's in your backyard or on another planet: it should take the reader Somewhere Else.

Make sure that *you* are satisfied with everything.

Give each character their own voice. You won't be fooling anyone by just varying appearance.

Description – even just a hint of it – is necessary.

Make sure the plot is *going* somewhere. It doesn't matter if you figure out where it's going before you start or partway through; just make sure that it gets there.

Try not to force it. It will show.

If it's something you want to write about, chances are very good that it's something people will want to read about.

Write what you know. And what you don't know. And everything and anything else.

Try new things.

Experiment.

Take risks.

Write.

US AND THEM

BY KAITLYN D'EATHE
CONTRIBUTOR

A child stands alone in the playground
Watching the others pass by
There's a wall around his heart
He gazes through the frosted window of his mind
At the world, his tormentor. The playground, his prison.
Speaking to a friend that exists only in his mind
He whispers, comforts himself
It's us and them

A family is torn from their home
Gunshots shattering the night
Drown out their pleas for mercy
We gaze at their pain through our new TV screens
At the soldiers, carrying out their orders
At the families, torn apart
The soldiers tell themselves
It's us and them

A plane flies into a tower
Smoke spilling like blood into the sky
There is panic on the streets
We gaze, horrified; a world shocked into silence
At the towers as they fall to earth, innocent lives
As the finger of blame is pointed
We convince ourselves
It's us and them

And the child on the playground learns the rules
And fear turns to anger
And anger to fear
And it continues
Them and us
Us and them

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RECLUSE

BY NATASHA FAROOGH
EDITOR OF EXPRESSIONS

Not oblivious:
when shielded by headphones I
still see silent noise.

LAMENTATION

BY SHANNON FLEMING
CONTRIBUTOR

This world was once a beautiful place.
That is nearly lost now.
It teeters on the edge of an abyss of our own making. If it falls,
So do we.
We push it inexorably towards the edge.

A gash in the starlight allows Them to look upon us.
They watch us in all of Their divinity.
They see an Earth almost unknown to Them:
The trees now stained red with splattered blood, the blossoms dead and rotting.
They see a people almost unknown to Them:

Us.
Our hands gnarled, too used to killing,
We snarl at each other like beasts, but we are worse
For only humanity could wreak the kind of exquisite carnage found here now.
They watch the serene slaughter
– serene only to us –
Watch us regurgitate the dreams of our leaders, using them as an excuse for our actions.
The poor scrape together everything they can to survive,
As the vultures scrape the flesh from the bones of the dead.
There are so many of them –
The poor and the dead.
A quiet aria soars above the carnage
– the sound of hope –
But so too rises the smell of old sweat, old blood, old and rotting flesh.
The sound of hope, so delicate
Who can hear it above the screams of the dying and the cries of those left behind?...

...This is what They see when They gaze upon us.
Secure where They are, They yet feel the pain that we do not.
They weep, and Their tears fall from the stars
As if trying to put out the flames, but still the world burns.
They weep...
They weep for what was once humanity, and what we have become.

SCORCHED

BY IKSHAA PAI
CONTRIBUTOR

They said that everything was lost in the fire. There was no hope in stopping the blaze. The fire eventually died on its own. "Sorry there's nothing we could have done." Those words hung in the air for a moment and suddenly just dropped on us like a falling piano, shattering everything that we once knew and loved. We walked in and found that nothing survived. Charred remains, that was all that was left. Charred remains. Every corner we turned, all that would meet the eye was black and burnt. It's like the other colours in the spectrum decided not to show up and let noir take over the show. Black and burnt.

Everything that our family took so long to build and create flew away from us; almost mocking us; telling us that perhaps it could never have been ours in the first place. Almost as if all the sweat, blood, and tears had been unnecessary and the hard work was insignificant. What's the point when you're going to lose it all anyway? The Fates must be wondering, while giggling and laughing at our teary faces, our runny noses, and looks of desperation. We. Worked. So. Hard. Nothing ever came easy to us, and now nothing ever will. The look on my father's face, the sobs from my mother. It hit them; nothing would be the same again.

Walking through each room was like walking into different nightmares. These rooms of my firsts: first word, first walk, first everything, were now a crumbling mess. My parents' materialistic dreams were like the wooden planks, singed and dark. Nothing made sense anymore. I guess nothing can make sense when you lose everything, so quickly, so suddenly. Books, scarves, glass bottles, and ornaments lay on the ground...it all seemed grotesque. It was like we just uncovered dead bodies, found a rotting leg, or a burnt dismembered hand lying on the ground. I turned around and for the first time, we all looked at each other. We didn't say anything; we didn't need to. Our eyes did all the talking.

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Expressions

THE ART OF SIBLING RIVALRY

BY CORLENE WARD *COMMUNICATIONS OFFICER*

The sweet smell of fresh coffee and the sound of sizzling bacon slowly roused me from my sleep. Ahhhhh, Saturday morning had arrived. As I rubbed the last traces of sleep away from my eyes, I rolled slowly out of bed, threw on a robe, and began my daily shuffle to the bathroom. Stepping from the safety of my bedroom and into the hallway, I completely forgot what was lurking right around the corner. I was about to reach for the doorknob when I heard a familiar, ominous giggle. I had stumbled into enemy territory, possibly standing in the line of fire. I turned slowly to face the demon child, disguised in her little mermaid pajamas and pink, fuzzy slippers.

“What?” I asked, eying the seemingly innocent ten-year-old with suspicion.

“Can I play on your computer?” she crooned sweetly.

I proceeded to explain to her that toys are meant to be played with, and that 2000-dollar computers were not on the sales list at Toys-R-Us. By the end of my mini lecture, the expression on her face had gone sour. Not in the mood to converse any further with a disgruntled youngster, I retreated into the washroom and closed the door. Not two minutes later, while I was examining my face for signs of acne, there came a soft tapping.

“What part of no don’t you understand?” I hollered through the shut door.

“Guess what I got?” The sweetness in her voice had reached an all-time sugary high.

“I don’t care,” was the returned answer.

“Not even if it’s about a book called Hot Pink?”

At that I froze. “Hot Pink” belonged to a collection of “inappropriate” books that I own. Needless to say, this was a clear declaration of war. I swung the door open to confront my sister.

“Life lesson number two, people don’t like snoops. So if you’ll be ever so kind as to hand over my stuff, I promise I won’t hurt you.” I was presented with a grin that would rival that of the Cheshire cat from Alice and Wonderland.

“Here’s a promise you can make. I’ll give you back your book if I can use your computer.”

I rolled my eyes and gave her my best “give me a break” expression. But she came into battle with a clear strategy: psychological warfare. Drawing a deep breath, she flipped to the first page and read at the top of her voice, “I’ve always liked my men tall, dark, and handsome.”

My mother, upon hearing this statement, yelled from the bottom of the stairs “WHAT WAS THAT?” It was time for a strategy of my own: playing the offensive. I lunged for the book, but missed, and she took her cue, darting down the first flight of stairs. I was right on her tail, jumping haphazardly down the tricky staircase, knowing that if I missed a step, I’d be making a face-plant on the hardwood flooring of my dining room.

But I was determined to retrieve the stolen article. The next ten minutes were spent weaving in and out of furniture, ducking flying couch cushions, and running around the coffee table. The chase came to a painful end when I stubbed my toe on a table leg, pain mushrooming through my foot. Through that moment it became obvious that I was not going to get what I wanted in this manner, considering that the brat was a lot faster than I was.

The only way I was going to win was to mirror enemy tactics. Hobbling back up the stairs to the bedrooms, I found my bargaining chip under a heap of kiddie clothing. I re-entered the hallway, brandishing a cheap plastic doll, my sister’s favourite.

“Here’s how it’s going to go. Give me back my book and you won’t have to find out what this thing looks like - BALD.”

The powers that be did not take kindly to my threatening a ten year old and decided to put an end to my tirade. No sooner had my sister, wide-eyed and fearful, thrust the book in my direction, the Barbie-knockoff failed to withstand the violent shaking; its head popped right off, landing at her feet. It was my turn to be afraid, because I knew that any moment the tears brimming in her big, brown eyes would overflow, and with it would come a wailing similar in decibels to a foghorn. I was not about to get in trouble for something I did not intend to do.

“Shhh shhh! I’m sorry, ok. But there’s no need to cry, it’s just a stupid doll.”

“I’M TELLING!” she bawled.

Once again, Mom’s voice came loud and clear from the downstairs, asking, “What’s going on up there?” Then came the creak of the first step at the bottom of the staircase. I was running out of time.

“Alright, if you stop crying I’ll give you money to replace the doll,” I whispered, dashing into my bedroom to find my wallet. “How about...um... five dollars?” I said, pressing the bill into her hand.

“Mom--”

“Ten dollars, I will give you ten dollars if you will just suck it up!”

At this offer she blinked, rubbed away the spilled tears on her cheeks with the backs of her hands, then stated coolly “Make it fifteen and we have a deal.”

I had no choice but to comply, pulling out a five and a ten-dollar bill and shoving them into her already outstretched hand. Almost as suddenly as it had disappeared, the wide grin returned, and she turned on her heels and skipped down the stairs, calling out “Never mind, Mom.” Whether I would have liked to admit it or not, I had waved the white flag and lost the battle.

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HEAVENLY SCONES

BY MELISSA CRISAFULLI
EDITOR OF METROPOLIS

These are absolutely perfect for parties, as a gift, or as an afternoon treat!

Ingredients:

4 cups of all-purpose flour
½ cup of sugar
4 teaspoons of baking powder
1 cup of cold, unsalted butter (cut into small pieces)
1 egg
1½ cups of whipping cream
1 egg for an egg wash

Directions:

1. Preheat the oven to 400°F. In a large bowl, combine the flour, sugar and baking powder. Once combined, add the chunks of butter. Using a pastry cutter*, cut the butter until the texture resembles coarse meal. In another bowl, beat the egg and whisk in the cream until well blended. Stir the egg mixture into the flour mixture just until the two come together; do not over mix.**

2. On a lightly-floured surface, roll out the dough to a thickness of 2 cm. Any type of rolling pin will do, but a wooden one would be best. Cut out circles with a 2-inch round biscuit cutter, or with a drinking glass. Place the cut-outs 1 inch apart on an ungreased insulated baking sheet.

3. To make the egg wash, beat the other egg in a bowl and mix in 1 teaspoon of water. Use this egg wash to lightly brush the top of each of the cut-outs. Bake in the centre of the oven for about 18 to 20 minutes. Keep an eye on the scones so that they do not burn.

4. When the scones are ready, remove them from the oven and place them onto a cooling rack. Let them cool for at least half an hour before serving. Serve with butter, jam, or your other favourite spreads!

Yield: Approximately 22 scones.

*A pastry cutter will make this mixing much easier. If you do not have one, however, you can use a fork and your fingers. First, use the fork to mash up the pieces of butter as much as possible. Then, rub the mixture between your thumbs and index and middle fingers, making sure that the butter pieces become smaller and smaller. (You can wear clean plastic gloves to do this). This may take some time, but you will eventually achieve the consistency of coarse meal.

**These scones are great plain, but do not be afraid to be creative! Try mixing in crushed candy cane, chocolate chunks, chopped nuts, dried cherry bits, raisins, crushed Werther's Original caramel hard candies, orange or lemon zest, small apple chunks or cinnamon. You can also add blueberries, but if they are fresh, be careful—if too many get crushed under the rolling pin, they will make the dough too sticky and your scones will not rise as much as they are supposed to.

SAVOURING SOME STEW ON A SNOWY EVENING

MELISSA CRISAFULLI
EDITOR OF METROPOLIS

*What heals hunger I think I know
It takes some preparation though
You will cook a heavenly stew
If you follow these steps below*

Ingredients:

1 kg (36 ounces) of stewing beef*, in large cubes (Or, 9 ounces per person).**
2 ½ cups of beef stock
½ cup of red wine
3 tablespoons of tomato paste
6-8 onions (depending on their size), quartered
14 mushrooms, quartered
1 can of peeled, diced tomatoes
7-8 stalks of celery, chopped into large pieces
6-7 carrots, peeled and chopped into large pieces
4 parsnips, peeled and chopped into large pieces
1 green pepper, chopped into large, square-like pieces (optional)
5 medium-sized potatoes, quartered
2 cups of peas
4 cloves of garlic, smushed/cracked but still whole
A handful of chopped, fresh parsley (optional)

*Cross-cut veal shanks are also a very good choice for this dish.

** If the meat has been kept frozen, make sure that it has completely defrosted before you start. If you start the browning process with meat chunks that are still partially frozen, they will come out very tough and dry in the end.

Directions:

1. Lightly flour each piece of meat. To do this, put about 1 cup of flour into a bowl and mix in a bit of seasoning (salt, black pepper, garlic and/or onion powder) but not too much (You will add more spices later). Using a fork, dip each piece of meat into the flour mixture and cover all sides, shaking off any excess flour.

2. Put an aluminum frying pan on medium-to-high heat and add about 1 ½ tablespoons of vegetable oil into it. Brown (lightly fry) each piece of meat on each of its sides. The meat pieces are supposed to stick to the pan at first, but after a minute or two, they will un-stick. This is when you can turn them; do this using metal tongs. As you finish browning pieces, place them into the large casserole pan in which you will cook the whole stew. You may need to adjust the heat or add some more oil to the pan as you put new pieces in.

3. After you have finished lightly browning all the meat chunks, you can start deglazing. Turn the heat to medium and add the tomato paste. With a wooden spoon, swish it around in the pan for about one minute, making sure that it does not burn. Then, add most of the beef stock (leave about 1/3 cup aside) and all of the wine. Turn the heat to medium-high. You can add a bit of seasoning at this point as well (pepper, salt, oregano, etc.). When this mixture is somewhat thick*, pour it over the meat in the big pan.

*I prefer my stew slightly on the juicier, runnier side, but if you'd like yours to be thicker, stir in a couple of heaping tablespoons of corn starch. Repeat, if necessary, until you get the desired thickness.

4. In the empty aluminum frying pan, bring the tomatoes to a simmer. Then, add this to the meat. Add black pepper, salt, oregano, thyme, two bay leaves, rosemary, or any other spices you desire.

5. Heat the oven to 375°F and place the meat mixture in the oven. Add in the cloves of garlic.

6. Clean the aluminum frying pan. Add a small amount of oil and lightly fry the carrots and parsnips for 2-3 minutes. When finished, add the carrots to the meat mixture in the oven. Do the same with the celery and the onions, adding the last of the beef stock. If you choose to include green peppers, add them into the big pan in the oven now. (They do not need to be fried in the frying pan).

7. Cover the big pan with foil and cook for 2 hours. (And miles to go before you eat...).

8. When 2 hours have elapsed, add the mushrooms, potatoes, and peas. Carefully give the mixture a stir and flip some of the meat chunks and vegetables around. Continue to cook for another hour. (...Again, miles to go before you eat...).

9. During the last half hour, you can take the foil cover off. After a total of 3 hours, the meat should be tender and the vegetables should look cooked/browned. Sprinkle a small amount of chopped parsley on top. Served with garlic bread, toasted bread, buns, or rice (my personal favourite), this stew is "lovely, dark and deep"—and delicious!

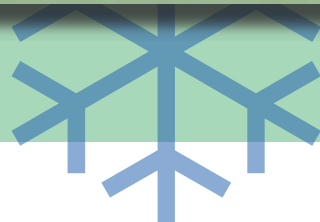
MASKED

PHOTOS COURTESY OF KELLY LUI



SNOWBALL

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MAX OVERACTS

IDEAS AREN'T MADE... THEY'RE RELEASED!



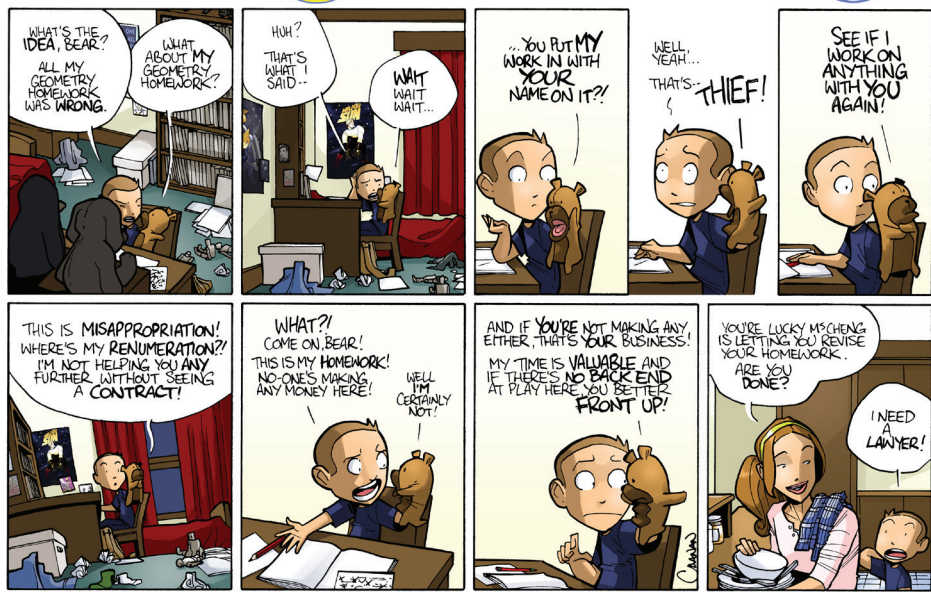
BY CAANAN GRALL
2011 EISNER AWARD NOMINEE

Max Overacts was originally written as a kid's book, I adapted this one to a comic format when I realised there was way more potential in keeping Max borderline psychotic, instead of teaching him humility.

The strip is about Max's unbridled optimism, and his quest to be the next greatest thespian. He wears his heart on his sleeve for his self-proclaimed leading lady, Janet, and lords his 'planned' status over his 'accidental' older sister, Andromeda. His best friend is Klaus, when his ventriloquist doll, Curio, isn't around.

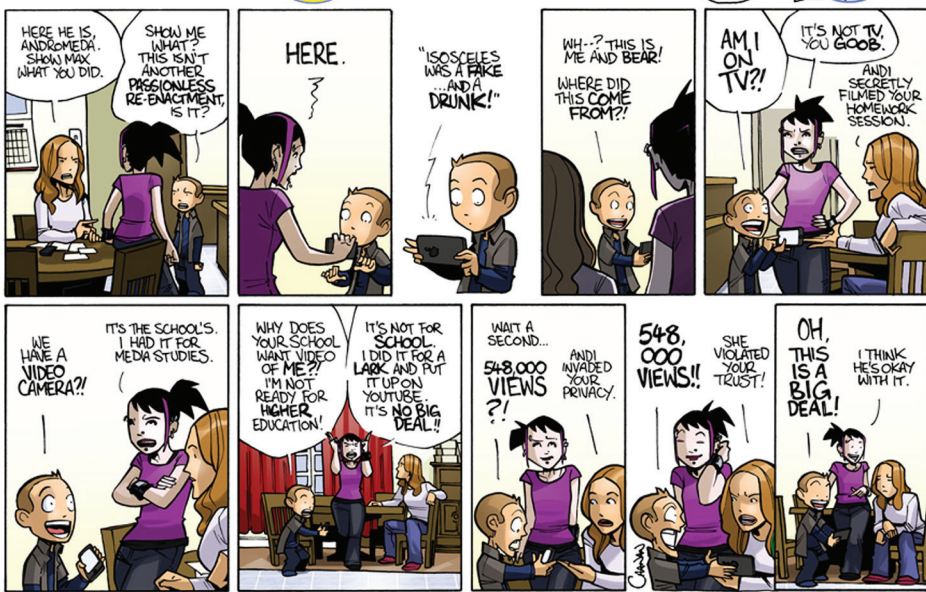
MAX OVERACTS

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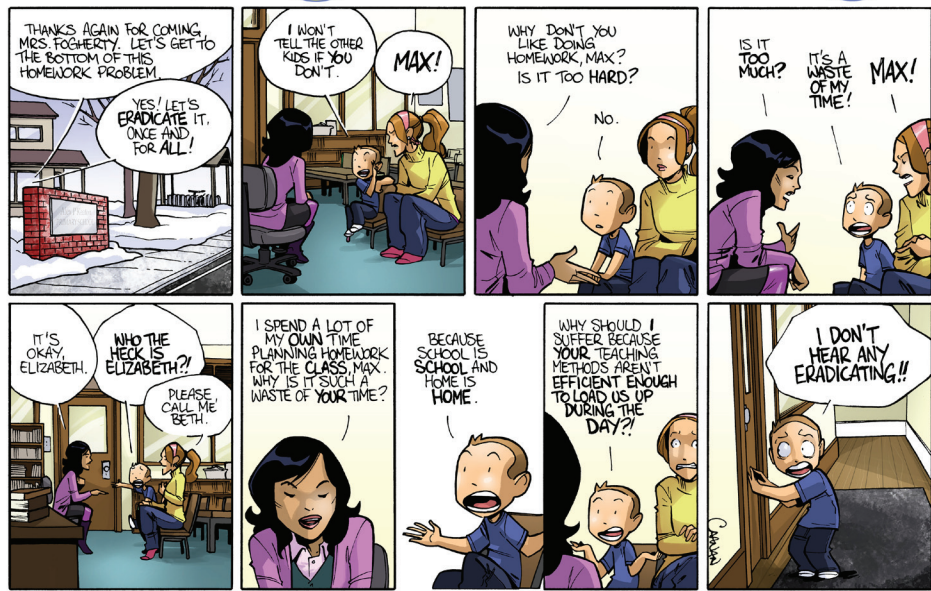
MAX OVERACTS

MY LIFE IS FILMED IN FRONT OF A LIVE UNWITTING AUDIENCE.



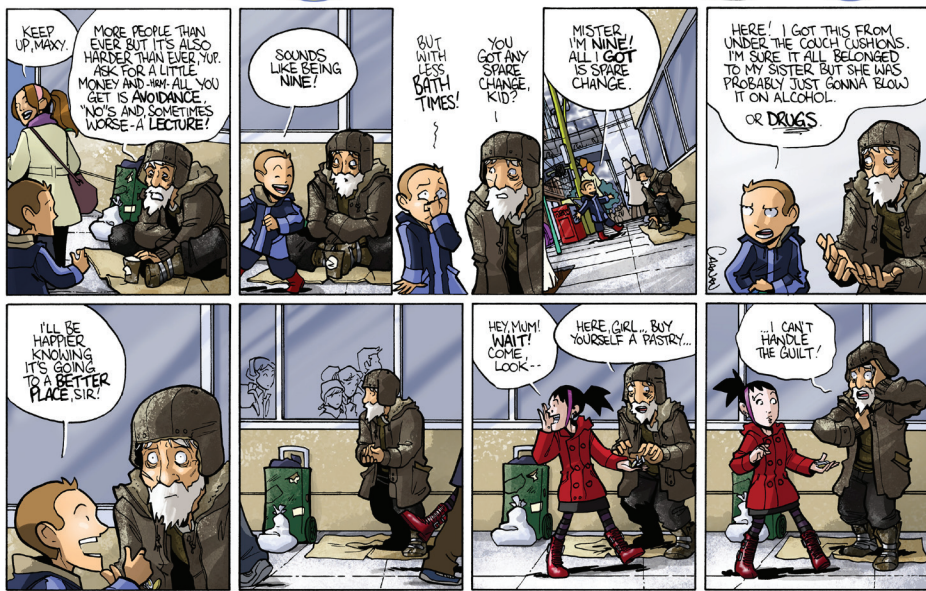
MAX OVERACTS

HOMEWORK IS THE UNNATURAL CONSEQUENCE OF WORLDS.



MAX OVERACTS

IF I WERE HOMELESS, I'D THINK I'D PREFER TO RUN FREE IN A FOREST!



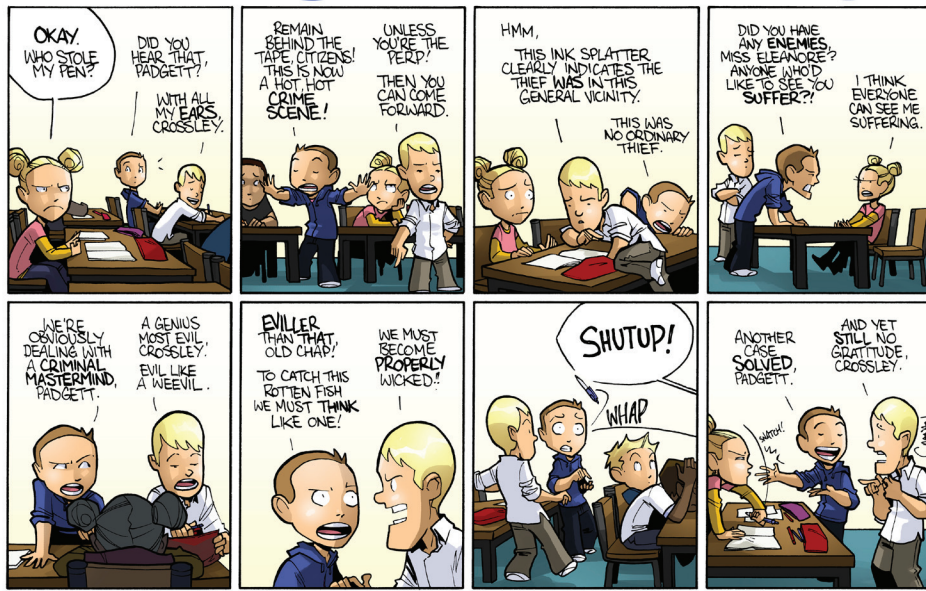
MAX OVERACTS

MY FRIENDS CALL ME ROVER COS MY RANGE.



MAX OVERACTS

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