Imagine a World Without Free Pro Tem

For fifty years Pro Tem has provided the Glendon campus access to free news and information and has remained one hundred percent student operated. Pro Tem a besoin de votre aide afin de continuer. We want your news, your opinions, your words. Learn more.

Make your voice heard
Hello Glendonites! Bonjour Glendonites!

Hopefully you all enjoyed our last issue, which marked the 50th anniversary that Pro Tem has been in business. We had a remarkable selection of content from both new and old contributors alike, and it was a great feeling to know that Pro Tem still matters to the Glendon community!

Many of you have been asking about whether Pro Tem is available online, and so for those of you who are not a part of our email list, or a member of our Facebook page, it may be news to you that Pro Tem has gone digital. We now have a pretty impressive Tumblr page that you can access at: www.protemGL.tumblr.com.

Beaucoup d’entre vous ont demandé de savoir si Pro Tem est disponible en ligne, et donc pour ceux d’entre vous qui ne sont pas une partie de notre liste d’envoi courriel, ou un membre de notre page Facebook, il peut être nouvelles pour vous que Pro Tem a passé au numérique. Nous avons maintenant une page Tumblr assez impressionnant que vous pouvez accéder au: www.protemGL.tumblr.com.

In other news, we are anxiously anticipating submissions for our full-out satire issue, we have some ads featured throughout this issue, where you can get all the information regarding submission deadlines and such. The best part is that we will actually be paying the contributors who provide us with the best submissions, so best get started! Dans d’autres nouvelles, nous sommes avec impatience anticipant des soumissions pour notre édition satirique, nous avons quelques annonces en vedette (regardez entre les pages), où vous pouvez obtenir toutes les informations concernant les délais de soumissions et autres trucs. La meilleure partie est que nous allons effectivement payer les contributeurs qui nous fournissent les meilleures soumissions, alors il faut mieux commencer!

In this issue, we have some pretty cool club events that were reported on, articles centered around Black History month, and some provocative writing regarding both the Pro Tem hiatus and the Canadian version of SOPA, Bill C-11.

Feel free to write to us either with contributions, or simply comments about the articles featured. Myself and the Pro Tem team look forward to hearing from you! Contact us at protem@glendon.yorku.ca. N’hésitez pas à nous écrire, soit par des contributions, ou tout simplement des commentaires sur les articles présents. Moi-même et l’équipe Pro Tem ont hâte de vous entendre! Contactez-nous au: protem@glendon.yorku.ca.

Until next time! À la prochaine!

Cheryl Kane,
Pro Tem Editor in Chief
Redactrice en chef de Pro Tem
PAR PAOLA PAULINO
FRENCH ASSISTANT EDITOR

Pro Tor has featured various Glendon organizations such Glendon Gallery, the Salon Francophone, the Hispanic Club, Lunik and more. Now, let’s shift our attention to Glendon’s student-run, on-campus radio station: Radio Glendon. Radio Glendon offers aux étudiants la chance de s’exprimer à travers le medium de la radio. Radio Glendon is a platform where students can share their thoughts, ideas, and expressions with a wide audience. It’s a space for creativity, for conversations, and for initiatives that aim to bring people together and foster a sense of community.

Radio Glendon offers an array of shows that cover various themes and topics. From alternative culture to sports analysis, from music to social issues, Radio Glendon has a show for everyone. The shows are hosted by a diverse range of personalities, each bringing their unique perspective and passion to the airwaves.

One of the most popular shows is “This Week In Hockey” (TWIH), which is an English-language program that discusses hockey-related topics. The show is hosted by a group of devoted hockey fans who bring their love for the game to the station. The show covers news, analysis, and personal opinions on hockey, making it a must-listen for hockey enthusiasts.

Another popular show is “Radio Glendon DJ,” which provides a platform for creative DJs to showcase their musical talents. The show features a variety of music genres and styles, from alternative to indie to hip-hop. The DJs are encouraged to express their personal tastes and preferences through their music selections.

Radio Glendon also hosts a show called “Eh bien, le hockey,” which is a French-language show that discusses hockey-related topics in French. The show is hosted by a group of French-speaking enthusiasts who bring their love for the game to the airwaves.

The excitement began at the commencement of the school year with the hiring of new management and staff, a multitude of creative energy has been poured into making this year the station’s very best! The station has seen an increase in the number of shows and episodes, and the quality of content has significantly improved.

The station has also expanded its reach and influence by adopting new technologies and platforms. Radio Glendon is now available online, allowing listeners to tune in from anywhere and anytime. The station has a dedicated website and an active social media presence, which enables listeners to engage with the station and other listeners.

Radio Glendon is more than just a radio station; it’s a community hub where students can connect, express themselves, and share their passions. The station’s success is due to the dedication and hard work of its staff and members. The team is committed to providing a platform for creative expression and community building.

If you’re interested in getting involved with Radio Glendon, the station welcomes new members and contributors. Whether you’re a dedicated hockey fan or a music enthusiast, there’s a place for you at Radio Glendon. The station is open to anyone who wants to contribute to the community and share their love for music and culture.

Radio Glendon is a testament to the power of community and creativity. It’s a space where ideas can flourish, and people can connect over shared interests. The station’s success is a result of the hard work and dedication of its members, and the support of the Glendon community. Radio Glendon is an important part of Glendon’s vibrant culture and a valuable resource for students and the community.

PAR PAOLA PAULINO
FRENCH ASSISTANT EDITOR
I WORK OUT!
REASONS WHY GROUP EXERCISE CLASSES CAN BE BENEFICIAL

BY TORI RAMSA
CONTRIBUTOR

I’m probably not the first to admit this, but I have such a love-hate relationship with working out at the gym. Even though I know good things will feel afterwards, there is always that feeling that somehow takes my mind and body before I decide to go. I imagine how I could be sleeping instead or how I should be working on my homework and thinking about those dreaded stairs leading to and from the Glendon Athletic Club (GAC) makes me very unmotivated.

But a few times a week I push through all the obstacles in my way and end up throwing on my running shoes and heading to the gym. Thankfully, a fun work-out class is awaiting me at the other end. Planning my work-out schedule around the enjoyable classes that offers makes the experience much more exciting. The GAC offers a wide variety of amazing classes that everyone at any fitness level can get involved in. Before you know it, you’ve got one hour of cardio completed, all while dancing to Latin music, or practicing yoga.

One of my favorite classes to attend is Zumba. This class is always an upbeat and fun addition to my day. The instructor leads the class in a variety of routines mixed with dance themes. The music ranges from Latin and international mixes to LMFAO’s “Party Rock Anthem”, or Rihanna’s “We Found Love”. The routines learned in Zumba target areas of your body including legs, arms, and abdominals, as well as keeping your heart rate up.

The Zumba Sculpting class, held on Monday evenings, involves the same routines, but with the addition of the Zumba toning sticks. A specific class is a great workout for your arms. There is never a dull moment while participating in Zumba. New routines, footwork and music keep you on your toes and engaged for the duration of the class. The participants of the class vary in age. Many Glendon students come out on a weekly basis to enjoy this fun workout together. You don’t need to know how to dance to Zumba, anyone can do it.

Another new fitness class that I have recently tried is NIA. This workout class is a new addition to the GAC fitness class schedule. It is held on Wednesdays from 12:15 -1:00. I was intrigued by this class and decided to try it out. I really had no idea what to expect, but I was pleasantly surprised by the intensity of the instructor, Su, and the different kind of workout that I experienced.

NIA fuses martial arts, dance and yoga into one very unique and convenient cardio workout. Each time I step out of this class, I feel very relaxed and invigorated. This class isn’t your typical workout. It makes you become more aware of your body and mind while encouraging you to just let go and feel the workout.

There are a number of reasons that exercise, and more specifically group exercise, can be beneficial. The life of a Glendon student can get pretty overwhelming, but working out is a great stress buster. You will be more focused and produce a much better product after exercising. Running on a treadmill every morning to head you to the gym can get rather repetitive and boring. Your body craves some variety from your work out. Group classes provide something different: friends to keep you motivated and a constant change in routine and pace. Experts say that it takes approximately 6 weeks to develop a new habit. I would like to challenge you all to take my 6 week challenge! Try it out, get to the gym for a group class, and form a new healthy habit!

GROUP EXERCISE SCHEDULE FALL 2011 / WINTER & SPRING 2012

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<td><strong>Monday</strong></td>
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<td><strong>Weight Training</strong></td>
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<td><strong>Step &amp; Sculpt</strong></td>
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<td><strong>Step Classes</strong></td>
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<td><strong>Pilates</strong></td>
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<td><strong>Drums Alive</strong></td>
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<td><strong>Women’s Cardio Kick-box</strong></td>
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<td><strong>Power Yoga</strong></td>
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It takes two people and a big idea and a lot of heart to start a successful club on campus. This was the motivation behind starting up UNICEF Glendon. Created by second year students Obrad Grković and Natsumi Chiba, these second year International Studies students had a great opportunity to showcase UNICEF’s initiatives at school. After a few simple clicks on the UNICEF website and a few follow up calls, UNICEF Glendon was born on campus. A brand new organization with only three months of existence, their mission is to promote human and children’s rights. UNICEF Glendon helps vulnerable communities around the world, by raising money for them by organizing fun and interesting events on Glendon.

“The goals are to raise awareness of UNICEF’s work, advocate it and fundraise towards UNICEF’s many great projects abroad,” says Grković. “We hope to create a solid foundation with continuity so that in five years UNICEF Glendon will still be an organized club with a strong executive committee.”

It was important for these two of commencer l’UNICEF à Glendon parce que les études internationales sont le plus grand programme des étudiants. C’est une excellente façon pour les élèves à avoir un intérêt direct dans ce qu’ils étudient, ainsi que d’autres étudiants qui sont intéressés à devry leur temps s’ils n’ont pas d’argent. Avec l’Université York étant l’un des plus grandes universités de l’Ontario, il est important que l’UNICEF soit représenté au sein de la variété de clubs entre les écoles.

“It’s important that we’re recognized as an established club,” says co-president Natsumi Chiba. “The UNICEF club at the Keele campus was non-functioning and with so many international orientated students at Glendon, there were so many benefits to starting this club here.”

Secretary Valeriya Manlova concurs that her job is quite easy at Glendon because students are generally interested and engaged, which is more encouraging when planning events on campus.


Women spend the majority of their day fetching unclean water for their families. The children are then drinking this dirty water and often get sick, but are also denied the right to education as most of the educational facilities don’t have any clean water or sanitation. These people are starving because this water is harmful to their crops, which hurts farming and agriculture since it doesn’t rain often. The need for clean water and proper sanitation is vast but every little bit helps. Pour aider dans ce projet de l’UNICEF, Glendon a tenu « des gouttes de Joy événement ». Du 6 au 14 février, les élèves ont pu faire un don d’argent dans le Breezeaway pour ouvrir quelques cadeaux Saint-Valen-
tin et bons. Un traitement spécial a été offert pour les femmes du 9 au 10 février, en faisant un don de cinq ou dix dollars, elles étaient en mesure d’obtenir du maquillage et des conseils de beauté. L’argent est destiné vers une pompe à eau pour aider à rendre les collectivités durables. Une pompe à eau pour créer une communauté durable est $500. Grâce aux généreux dons d’argent des étudiants, le person nel et les visiteurs, l’UNICEF Glendon peut rendre l’eau propre accessible à une communauté.

L’UNICEF Glendon favorise un changement dans notre campus de faire une différence dans les régions les plus pauvres du monde. Comme moi-même un passionné du bénévolat, je crois que si ne vous pouvez pas donner votre argent, donnez votre temps. Si vous avez quelques dollars supplémentaires pour faire un don et aider les intéressés d’une communauté d’accéder à l’eau, visitez www.unicef.ca/studentchalle

As a bonus, students may also win a trip to New York for their efforts. If fundraising doesn’t really spark your interest, UNICEF Glendon is always looking for volunteers to help with their initiatives. Contact http://www.facebook.com/groups/unicef.glendon/, or email unicef.glendon@gmail.com. You’ll not only be helping others, you’ll be helping yourself by becoming aware of the world.

In a move that sparked wide-spread controversy, the Susan G. Komen Foundation announced that they would stop funding Planned Parenthood. Susan G. Komen for the Cure is one of the most prevalent organizations for breast cancer, and donates some of its funds to a variety of women’s health causes, including: research, health screening services, and treatment. Planned Parenthood is a highly regarded health care centre that is almost one hundred years old, but is often under fire for offering information on abortion, with some of their facilities offering in-clinic procedures.

Though Planned Parenthood does not use the money they receive from the Komen Foundation for abortions, some pro-life groups are still pleased that the organization has ended its involvement with women’s health care provider. The money that Planned Parenthood received was utilized for breast cancer screenings and education programs dealing with women’s health issue. This is why Cecile Rich- ards, the president of Planned Parent- hood, thinks that the reason the Komen Foundation has ceased their funding is because they “succumbed to political pressure.”

In a statement made on February 3rd, the Komen Foundation announced that they will “preserve (Planned Parenthood’s) eligibility to apply for future grants.” Richards found this to be a victory; but the statement from the Komen Foundation was very carefully worded. Komen does not state that they will be reversing their prior decision; only that Planned Parenthood can reapply for funding in the future.

Many were shocked to find out that the two organizations were even linked in the first place. How- ever, information about the connection can easily be found through a simple search on the websites of both Planned Parenthood and the Susan G. Komen Foundation.

Komen has partnered with many organizations in the past that could actually be considered questionable. In 2010, Komen partnered with KFC. Although it could be argued that any partnership with a popular business can help spread awareness, partnering with a fast food chain that specializes in fried chicken – which the National Cancer Institute’s website declares “to have chemicals in it which can increase the risk of cancer” – is problematic. Furthermore, Discount Gun Sales has claimed to team up with the Komen Foundation to sell a pink Walther P-22 handgun. A Komen spokeswoman has denied their involvement with the sale of the gun, but being associated with such a product may tarnish their reputation even further.

Pink Ribbons, Inc., a documentary that premiered at the Toronto International Film Festival and opened in theatres on February 3rd, highlights the scary reality of how such organizations have lost sight of the cause that they are supposed to be supporting.

Although the Susan G. Komen Foundation does support an important cause, they do not do what most would assume of them. Their 2009-2010 annual report cites less than 25% of their funds going to research, which makes it clear that regardless of the politics involved, it is important to know what your money is being used for.
**Issues and Ideas**

**GLENDON'S MALAISE**

$\text{ARE WE TERMINALLY APATHETIC, SIMPLY UNIFORMED OR SOMETHING ELSE?}$

**BY DARNELL HARRIS**

**CONTRIBUTOR**

This began as an article that would examine the perennial issue of student apathy at Glendon; however, after a thorough examination of the paper's archives, I decided not to bother. Not that I was apathetic about doing it – the topic simply has been done, and done well, by other past writers. But another question has emerged out of my research: are our students terminally apathetic? Or have Glendon's well-meaning stalwarts simply always misdiagnosed the problem, and therefore have been frustrated in our quest to seek a solution to campus apathy? Some very long time readers of Pro Tem (if you've never been hired by Escott Reid, I'm referring to you), might remember the words, 'apathy,' 'students' and 'Glendon' being used together often in this paper. How often? Well, readers may be startled to learn that a search of back issues of the paper between 1967 and 2008 shows the word was used in no less than two hundred and fifty-five times in various issues. It is true that some of those times it was maybe used in a context not relating to Glendon. Once it was even used in a positive context, which was the case in 1962, where an open letter stated, 'reflecting upon this passing year, I feel that rather than suffocating in a pool of our own apathy, we have actually accomplished something.'

However, by and large, the references to apathy in our paper have grown decade over decade until the present day. Since at least 1966 when Keele campus opened, various quarters have attacked the seeming apathy of Glendon students with little variation in the line of complaints. An editor in 1966 colourfully stated the college's air stunk of apathy. The manager of what we now colloquially call the GCSU, Pro Tem, asked in Pro Tem's first issue of that year about the apathy that gripped the campus. Responding with a shrug that it was student apathy, seemingly as clueless as anybody else. As stated in Pro Tem once upon a time, 'that is probably our biggest problem here at Glendon; there are people who are trying to organize events for their fellow students, but wind up frustrated and skeptical about the student body.'

All these complaints from across the years have two unifying themes. For one, students are softly asked to care about things that matter to the writers. Secondly, the lack of a sound comprehensive communications strategy makes it difficult for outsiders to learn what's going on. The true curiosity, however, is that there is no reference ever made to the activity, or lack thereof, of faculty and staff in campus community activities. Ask Glendon, we can speak of wanting to have a culture of bilingualism; however, establishing and ensuring a bilingual campus requires a set of behaviors and beliefs to be adopted by everyone, including faculty, staff and students. Success requires people to connect others to the social groups that interest them; it requires people to collect and pass on stored knowledge; and, it requires people to persuade newcomers that Glendon is worth caring about.

In other words, you have to be proactive, targeted, and involve everyone. Remember, people will always make time for things they care enough about. Getting back to the subject of apathy, I believe that to be apathetic is a conscious choice. Therefore, as many students don't know what Pro Tem, the GCSU, or Richard Coeur de Lion are, it's wrong to speak of apathy as if they ever have had the chance to make a choice. During Pro Tem's downtime last year, the staff and faculty – our campus gatekeepers – noticed the paper was gone, but they did not act. The intramurals were gone from the campus for over a decade, and again, they did not act. (It is worth noting here that the faculty even had intramurals teams in our early years, when apathy was at its lowest.)

Who, then, are the apathetic folks? Well, I'll let you draw your own conclusions. This is not to say the professors and staff are not busy with research commitments and the rise of part-time faculty. These are difficult realities to combat, and they need to be addressed. However, we could do worse than to stop treating the community involvement aspect of tenure discussions at Glendon as something less resembling a private joke. Furthermore, if the importance of active involvement in the campus was enshrined as a necessary element of creating a culture of any type, we would be well on our way to placing a foundation for future success. In commentary to "Pro Tem Did Not Publish for a Year. So What?", a reader told me that the piece was a call to action, but he wasn't sure to what. At that time, I did not have a firm idea as to exactly what action for which I would have aspired to call. Now, however, if I had to make one proclamation, it would be this: that we fundamentally accept that a passive approach to inspiring campus involvement has been proven a consistent failure. Cultural penetration will only occur if a unified strategy that involves faculty, staff and students, and their organizations, is put into place, and smoothly renewed year after year after year, long after even current faculty have (one way or another) moved on. I don't know about you, but if you care about Glendon, I'd say that it is an ideal worth fighting for. The alternative, you ask? To suffocate in a pool of our own apathy - I think you'd agree the imagery isn't pretty.

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**QU’EST-CE QUE C’EST BILL C-11?**

$\text{NEVER HEARD OF IT? WELL, YOU SHOULD.}$

**BY ELSA ASCENCIO**

**ENGLISH ASSISTANT EDITOR**

Weeks ago, the hearts of students dropped when they tried accessing Wikipedia. They were confronted with a black screen and a message which read, "In accordance with the Vimy Free Knowledge." Students learned that Wikipedia, along with a number of other sites, were protesting the Stop Online Piracy Act (SOPA), a piece of proposed legislation in the US Congress. Opponents of SOPA argued that the bill would limit the freedom of expression people have online, and would affect not only the United States, but also the rest of the world. The intense protests against SOPA ended up being successful; U.S. lawmakers have, for the time being, effectively shelved SOPA. However, the battle still rages in Canada with the proposal of Bill C-11.

If you've ever heard of Bill C-11, you'll know it is a revision of the Canadian Copyright Act. It is intended to protect the rights of creators. However, opponents argue that the bill is too broad and would affect not only the United States, but also the rest of the world. The intense protests against SOPA ended up being successful; U.S. lawmakers have, for the time being, effectively shelved SOPA. However, the battle still rages in Canada with the proposal of Bill C-11. Opponents of SOPA argued that the bill would limit the freedom of expression people have online, and would affect not only the United States, but also the rest of the world.
PRO TEM'S HIATUS

Pro Tem did not publish for a year. So what?

BY DARNEL HARRIS
CONTRIBUTOR

So, to those of you (presumably few but definitely faithful) returning readers who are currently reading and raving about this third issue of Pro Tem—Thanks! Your support means a lot to all of us. However, for the rest of you readers out there who have never seen this paper before, you probably have one question. That question would be, “Why should I care about this paper? I’ve never seen before?” Now, that is a fair question. For one thing, I won’t say that you should care for the reason that it’s the Glendon paper, because if that was enough to convince you, you most likely wouldn’t have asked this question. However, there are some excellent reasons why you, the new reader, should care.

First, you may have come to Glendon for the bilingual idea. C’est possible de pratiquer votre français quand tu escreis pour et lire Pro Tem. Perhaps, you’re thinking of joining Pro Tem because you think it may help you land a good job. In this case, you definitely should be involved in Pro Tem, as just sitting in your lectures is not going to help you form useful work skills. Now, assuming you care enough about Glendon or are enhancing your own education as you’ve kept reading to this point, then there are a few important things you and I definitely need to discuss.

For one, the temporary cessation in existence for a major community entity is not, as one would assume, an isolated incident at Glendon—a fact which should give everybody pause. Intramural Sports at Glendon—where we compete against other York Colleges—was dead for well over a decade, before it was re-discovered as a possibility by some students in the very recent past. Now as you might reasonably say, well, “Glendon doesn’t have a sporting history, and Glendon students probably aren’t much for sports so that’s why we didn’t participate.”

However, that is not the case. As Page 36 and 37 of York’s official history (and a good number of the faculty could still probably give you firsthand accounts) concerns itself with Glendon’s early years and athletics. The facilities at Glendon played host to both inter-university and intramural competitions on the ice rink, the field, and in the field house. There were even some championships in those heady days too. As for sport, to understand the sad death of sports equipment in the field house, there was a weekly, intense, pickup soccer game in the gym twice a week, and a yearly dodgeball championship. So clearly, Glendonites are not sporting neophytes. If this is true, the discussion then comes back to two important questions.

First, why have entities with a storied history and important roles in the community be allowed to fail? Some investigation suggests that, quite simply, as they both fell outside the official purview of faculty and staff, no one bothered to investigate further when they noticed no new issues were forthcoming. Eventually, while a student, an administration’s attention, which led to the paper’s revival, should it really have come to that? Had that student not taken the initiative, would it have fallen the way of the intramural sports, dead for decades?

Secondly, it begs the question, if these were allowed to fail, what do we consider truly part of Glendon’s identity? Is it the beautiful campuses, which, incidentally few students have completely explored? Is it the close-knit community feeling, which is shared by about 15-20% of the population, as evidenced by Facebook group participation and election tallies? Perhaps then, is it the bilingualism aspect, a cause Glendon’s new Language Centre for Studies in French has been created to rescue?

Personally, my experience has been that the sole major uniting and defining undercurrent that unites all Glendon Community members is our certain, and went out to get it, you were beer degree, of both Keele campus and its denizens. It is no secret things have been historically tense between the two campuses. For some reason, Glendonites over the years, I guess, have taken offense to the many ways in which our campuses’ budget has been slashed via-vis Keele. Subsequent debates in the early 1990’s over if Glendon was to be closed or not understandably fanned the flames of separatism. However, as we’ve decided not to leave York, we might as well discard our unsustainable protest identity (for an example as to the brittleness of a protest identity, see Bloc Quebecois) and begin to shape a new, more pragmatic one.

Some then, are getting back to Glendon’s attention, which led to the paper’s revival, should it really have come to that? Had that student not taken the initiative, would it have fallen the way of the intramural sports, dead for decades?

In the 1980s, when Friends was one of the biggest shows on television, the minute Jennifer Aniston’s character was seen with a new haircut, the entire nation went out to copy it. Soon everybody dubbed the haircut “the Rachel.” Even if you didn’t watch Friends, but loved this haircut looked on someone whose hair you admired, you were bound to see this haircut. You might think it’s just a haircut, that interests them, as part of their studies or on their own time. We need to redefine our identity in a progressive light, strenuously build, and then project our identity—what’s going on throughout the university, we’re trying to build up our campus, and reach the community-oriented and bilingual ideals the College was founded on—and still professes to uphold. Ultimately, the quality, if not the existence of our College depends on it. But you think it may help you land a good job. If this is true, the discussion then comes back to two important questions.

First, why have entities with a storied history and important roles in the community be allowed to fail? Some investigation suggests that, quite simply, as they both fell outside the official purview of faculty and staff, no one bothered to investigate further when they noticed no new issues were forthcoming. Eventually, while a student, an administration’s attention, which led to the paper’s revival, should it really have come to that? Had that student not taken the initiative, would it have fallen the way of the intramural sports, dead for decades?

THE POP CULTURE EFFECT

THE INVISIBLE INFLUENCE OF CULTURE

BY AYELIN BARRIOS RUZ PAGANO
CONTRIBUTOR

I’ve always liked knowing what was number one in the box office. I always liked watching the TV shows that I knew people were going to talk about the next day. I was never embarrassed about liking pop music. However, somewhere along the way, liking what the general public liked was no longer allowed. Recently, Madonna presented an award at the Golden Globes and during her brief presentation she claimed to have never liked big blockbusters, instead preferring foreign films. Later she would be accused of trying to seem too exclusive, as if she was too good, too artistich, to watch the movies the general public watched.

The truth is, not liking what is popular at any given time is perfectly fine. It is the sole reason that everyone else likes it doesn’t seem logical to me. No matter who you are, pop culture is probably going to influence you.

Take, for example, what is now called the “Rachel phenomenon.” In actuality an effect of pop culture. You may have heard that the late Princess Diana’s wedding dress had an impact on wedding dresses of the time, but that wasn’t the first time books of people wanted to look like a royal. In fact, Queen Victoria is the one who made wearing a white wedding dress prominent. Before her wedding, it was rather common for brides to dress in any colour they please, but Queen Victoria’s 1840 wedding began that enduring trend.

So I guess what I’m trying to say is that, for all you hipsters out there who think it’s not cool to like what is generally liked, if you plan on having a bride who wears white, or if you plan on wearing white yourself, you are succumbing to pop culture. And whether you like it or not, we fall victims to being influenced, so why fight it? Besides, isn’t being a hipster nowadays conforming to the latest thing anyway? And if so, aren’t you then betraying the ideals of “hipsterism?”
If you're sick of reading about bilingualism at Glendon here in the pages of Pro Terra, and you're probably not alone, just imagine how long time Glendon staffers and professors must feel as each new generation of students lodge the same complaints year after year.

As was well known, part of this two-part series on bilingualism at Glendon, the story of Glendon's multilingual past isn't quite as rosy as our promotional material might have you believe.

In this second part, Pro Terra turns its attention to potential fixes. You won’t find any grandiose plans to fix the culture of Glendon – as if it could be so easily changed – but rather some very real and workable suggestions.

Ask around, or just eavesdrop on your cafeteria queamesates, and you’ll generally find the complaints about French at Glendon fall into one of two veins: it’s too comprehensive or it’s not comprehensive enough. You’ll likely hear from former student residents who took core French in high school, or those rare individuals who came to Glendon despite the French instead of explicitly for the French. And the latter complaint is common conversational fodder amongst Francophiles, ex-Exploreurs and former Frenchies.

Instead of immersion being a goal in itself, it should be treated as a means to an end. For instance, professors who teach classes in one of Glendon’s two official languages are strongly encouraged from assigning mandatory readings in the other language, even at the risk of being buried rather than learning a language for the sake of learning a language, maybe it would be useful to read material on one’s own academic interests in the other language? It would definitely be more interesting than the articles photo-copied from my old Macleans magazines that students endure currently.

Bien sûr, les étudiants pourraient se plaindre, mais depuis quand est-ce que nos professeurs ont arrêté de faire les choses à leur manière? Si c’est une question de maintenir une certaine GPA, notre administration a besoin de travailler plus fort pour donner aux étudiants de Glendon la possibilité de suivre un cours dans une langue tout en faisant le travail dans l’autre. Bien sûr, cette option pourrait ne pas compter pour des crédits de langue seconde, mais si, pour vous, les crédits sont le facteur de motivation pour apprendre une langue, votre cœur est sans doute pas dans la bonne place de toute façon. Un professeur a même suggéré à Glendon de mettre en œuvre une sorte d’année interculturelle qui permettrait aux étudiants de prendre en charge un cours au complet dans leur langue seconde et pour éviter des notes de l’année être «oubliées» comme un moyen d’apprendre la langue sans mettre en péril la loi ou les études supérieures.

It would also be nice to stop hear- ing people plead with the language departments that the second language be in the course itself, rather than learning a language for the sake of learning a language, maybe it would be useful to read material on one’s own academic interests in the other language? It would definitely be more interesting than the articles photo-copied from my old Macleans magazines that students endure currently.

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For the same reason that people worldwide protested against SOPA, Canadians should at least be inquisitive about the effects of Bill C-11, because the Internet has become a prominent pillar in society. Students, perhaps more than any other group, have become very dependent on technology.
Beware of the Cosmetics Aisle! How Safe are Your Everyday Toiletries?

BY AMY ANASTASOPOULOS
EDITOR OF HEALTH AND WELLNESS

You wake up in the morning and head for the washroom. You wash your hair with shampoo and conditioner. You scrub yourself with soaps and gels. You then moisturize your skin with lotions and put on deodorant. Some ladies will then add mascara and lipstick to this routine. Not to mention, you can't forget to brush your teeth!

By the time you've finished your morning routine, you probably have coated yourself with a handful of different products. Also you most likely would have noticed by now the long list of incomprehensible ingredients behind each product. However, have you ever stopped to wonder what exactly are those ingredients? What exactly do they do?

Around 11% of skincare products have been tested for safety precautions. To put this into perspective, that leaves 9000 untested ingredients just lurking in your everyday toiletries. Some of these ingredients are allergens and other irritants; but the problem is some are toxic and cancerous.

Take nanoparticles, for example. To most people, they're known as crystals, beads, or micro-spheres; but they could potentially be hazardous because they're non-washable. This means that instead of being swept down the drain in the shower, they burrow into your skin and find their way into your red blood cells and brain.

The troubling aspect of all this, is that scientists do not know the long-term consequences that may be caused by these nanoparticles.

Now how about the effects of petrolatum, or more commonly known as petroleum jelly? It's found in everything from shampoos, conditioners, and moisturizers to Styrofoam and gasoline. Yes, the stuff you're putting in your car is also what you're rubbing your scalp with! It can sometimes be contaminated with polycyclic aromatic hydrocarbons (PAHs), and studies have shown that exposure to PAHs is associated with cancer. In the European Union, the use of petrolatum in cosmetics has been banned unless its full refining history is known and can be proven to be non-cancerous. The problem is that these restrictions do not exist in Canada.

Now, this isn't meant to scare you away from buying products, but you should stop and think about your own personal health. Remember that not all moisturizers, cleansers, and perfumes are safe. Some can dig into your skin and, if accumulated over time, could pose future problems to your health.

Beware of the Cosmetics Aisle!

Toronto's (Snowless) Winter

Has the Lack of Snow Impacted Torontonians and Their Fitness?

BY ELSA ASCENCIO
ENGLISH ASSISTANT EDITOR

Toronto is not having much of a winter this year. Altogether, Toronto couldn't have received more than 25 cm of snow. There are clearly some benefits to this; for example, the city does not need to spend much on snow removal, nor are the elderly facing the prospect of being confined to their homes. However, the lack of snow has disrupted the tradition of several outdoor snow activities and sports, such as skiing. One may ask, why should this be important? Better yet, who cares?

The reason why Torontonians should care (at least a little) is because the lack of snow has impacted the way people exercise this winter. Yes, the winter does bring a slew of problems, such as icy conditions and black ice, but for many, it provides the much-needed snow to open many winter resorts. These resorts have served as excellent outlets for students, families, and other individuals to diversify their exercise routine and burn calories and fat while skiing or snowboarding down the slopes.

In fact, an average female could lose up to 400 calories per hour skiing. For snowboarding, an average female could lose up to 300 calories. One could point out that while there has been a lack of snow this year, ski resorts are still open because they have been using artificial snow to fill the slopes, thus there shouldn't be much worry. To a degree, yes, this is true. However, many ski resorts have had to close off or limit the number of slopes they have running this year, because costs are incurred when the snow canon is used. Additionally, it is worth noting that the lack of snow has impacted the livelihood of many business owners and employees dependent on the successes of ski resorts or any snow-related activities.

Of course, having no snow in the city does result in people just jogging outside in order to achieve their daily exercises. But at times this could be problematic in the city because while there is no snow, temperatures have still been fairly harsh, with thermometer nearing -10 degree Celsius. So, a person could run, but be ready to face the bitterly cold winds.

All in all, having no snow does dampen our winter spirits, and also limits the amount of physical activity we could normally do in the winter, such as snowboarding or cross-country skiing. We do have alternatives, like going indoors or taking advantage of the nice sun outside to run. In the end, what is important is that people do get the recommended amount of exercise needed. But, with no snow, it just doesn't feel like Canada, eh?
Turn on the television and take a good look at your favourite celebrity. After a while, you may begin to envy their flawless hair, clear skin, perfect body shape and of course, their picture-ready, Hollywood smile. Most good-looking celebrities complete their look with a white smile. A white smile is advantageous. The top four reasons for wanting a flawless smile are:

Confidence: People will always judge you for your smile and having white teeth to show off will make you smile more. Knowing people will approve of the way your teeth appear, will allow you to feel more self-assured.

Hygiene: Brushing and flossing alone cannot remove completely the stain in stained and yellow teeth. To put in perspective, a person with white teeth who doesn’t brush everyday will appear to care more about their hygiene than a person with yellow teeth who brushes daily.

Holding your age: As you age, your teeth will become whiter. With whitened teeth, this natural aging process is avoided.

Averting the opposite sex: The American Academy of Cosmetic Dentistry’s 2005 study of white teeth revealed that 85% of adults believe that a yellow or stained smile makes a person less attractive to the opposite sex. Around 91% of adults believe that a white smile can make a person very attractive despite other facial flaws.

With so many advantages, it seems there’s no reason to keep living with yellow teeth. But do people really know what they’re putting in their mouths when they use whitening kits? There is one common ingredient in all brands of teeth whitening. Most kits and dentists use a type of peroxide to bleach the teeth.

Unfortunately, peroxide temporarily burns the gums and causes white spots to form on the surface of the gums or even bleeding of the gums. This is why it’s important to check the strength of the whitener first before buying it. For a first time user, it is safest to go with a solution that is 15% peroxide. However, the package may not always reveal the percentage of peroxide. It’s safe to assume that a solution that must be used overnight is weaker than one that can be worn for 20 minutes but, to be sure, it is best to check with the manufacturer. One must note though, that a solution that is more than 10% peroxide is likely to harm tooth enamel.

There’s a lot of information that a package of teeth whitening won’t advertise. Here are the real facts:

**Crown disease:** If you have gum disease, cavities or worn tooth enamel, teeth whitening may not work at all.

**Children:** Children under 16 should not whiten teeth. Their teeth are still developing and their nerves are enlarged. Teeth whitening could therefore cause damage to the teeth.

**Pregnant or lactating women:** Pregnant or lactating women should avoid teeth whitening. Whitening bleach may be accidentally swallowed and is very harmful to the foetus.

**Tone Period:** The procedure does not last forever. Avoiding tobacco, wine and products that stain teeth may allow whitening to last up to a year. Consuming these products, however, will cause whitening to disappear in a month. To really sustain whitening, the use of straws to avoid contact with teeth and brushing teeth twice a day with whitening toothpaste is recommended.

And of course, like every procedure that alters your natural body, there are always risks. Never whiten your teeth more than the product directs. Over-whitening could cause enamel to wear away. It could also lead to tooth darkening. Also, not using the tray properly (to keep solution away from the rest of the mouth) allows the solution to burn the tongue and gums. But the real concern is that recent research is showing a connection with peroxide and mouth cancer. Peroxide breaks down and forms “free radicals”, which can cause cellular damage. It is important to check that the solution is dentist approved and contains a safe amount of peroxide.

Even if white teeth are beautiful, you have to bear in mind that even celebrities in magazines can avoid harsh teeth whitening by having their photos professionally edited. So before you grab some teeth whitening without thinking, and attempt to make your mouth as flawless as a model’s, remember that you only have one set of teeth and you must look after it. Check the facts before you whiten your teeth, and make sure your procedure is safe.

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**NATURE AND HEALTH**

**BY AMY ANASTASOPOULOS**

**EDITOR OF HEALTH AND WELLNESS**

Why is nature important? Along with being part of one’s daily surroundings and adding beauty to the world, Mother Nature has long been argued to have positive and healthy effects on one’s health. However, what evidence is there that actually proves this claim to be true? Perhaps the answer lies with the research in the fields of biology, psychology, and ethology. Over the past couple of decades, Edward O. Wilson, professor at Harvard University, has strongly advocated for his biophilia hypothesis.

Biophilia suggests that there exists an instinctive bond between humans and other living systems. This hypothesis has spawned research in the fields of biology, psychology, and ethology. Over the relative new field of eco-ethology. All of these fields conclude that our relationship with nature is a fundamental component of building and sustaining good health.

Here are some examples: hospital patients with a view of nature and animals from their window recover faster, spend less time in the hospital, and require fewer painkillers. The same could be applied to prisoners and office workers. A nature-rich environment, having a window with a view of plants and animals reduces the number of sick prisoners and in an office, office workers with a view of nature experience less job stress, higher job satisfaction, and fewer illnesses than their counterparts without a view of nature. In fact; it has been argued that placing trees next to freeways and having roads pass through green areas reduces driver stress.

While these are all perfect examples of the benefits of viewing nature, what happens when you’re actually immersed in nature? Well, here are some examples from recent research on the benefits of spending time in nature:

- **Feeling of Increased Empowerment:** Contact with the natural world decreases negative behaviours, such as stress, aggression, depression, and anxiety, and increases positive ones, such as health, energy level, and ability to think clearly.
- **Stress Reduction:** But what if you don’t feel any connection with nature? Doesn’t matter. This study found that a connection to nature had zero influence on the effects nature has on a person’s health.

Glendon is like an urban oasis, a garden in the big city. It is home to a diverse number of native tree species as well as some very rare ones, many of which are labeled. The Don River flows right next to it and the forest path leads to the city’s parks. At any time, a number of different species of birds and animals can be seen. So take advantage of the natural beauty, Glendonites, and de-stress in a wonderful, diverse playground.
A MIGHTY WIND, CONTINUED
A LOOK AT THE FATE OF THE SCARBOROUGH BLUFFS OFFSHORE TURBINE PROJECT
BY MEGHAN TObIN-D'ROWSKY
CONTRIBUTOR
In the fall of 2008 (I know: it seems like a lifetime ago), I wrote an article regarding the government's proposed plan to build wind turbines in Lake Ontario near the Scarborough Bluffs as an alternative to nuclear power. I’d like to use this opportunity to follow up on what has happened over the past few years.

In 2008, I reported that the residents of the Scarborough Bluffs were less than enthusiastic about the prospect of 60 windmills powering 50,000 homes along the shoreline. Toronto Hydro had submitted an application to the Ministry of Natural Resources in order to place an anemometer that would track the wind off the Guildwood shoreline. The application for the anemometer was later approved.

The concerns that were voiced at the time focused on the noise that the windmills would have created. Toronto Hydro stated that the windmills produce, at most, 44 decibels of noise (the equivalent of the sound of the average conversation). Another concern revolved around the well being of bird populations. While Guildwood Village residents were afraid that the turbines would kill birds and bats, Toronto Hydro completed a study revealing that two birds are killed in Canada per year, per windmill.

But perhaps the most common worry had to do with property value and the overall look of the neighbourhood. Many believed that windmills would decrease property values and obstruct views of the lake, making them visible from land. Toronto Hydro could not confirm or deny the concerns around property value. The obvious question residents asked was, “Why can’t the turbines be built on land?” Although they would surely decrease property value on land if they were to decrease property value in the water, it would solve the obstructed view issue. According to Toronto Hydro, there is no land available with a feasible amount of wind.

Well, the turbine project in the Scarborough Bluffs area has been denied. The reason? Not enough science to back up the claim that the turbines would be efficient. The anemometer that was approved gave inconclusive results. As of 2010, there was only one offshore turbine farm, and that is located in Sweden. All offshore turbine proposals have been suspended while onshore proposals are unaffected.

Although offshore proposals have been suspended, lobbyists are still trying to dissuade the Ontario government from installing them in the future. They claim that windmills lead to environmental degradation and will modify migratory patterns of birds and other wildlife. These anti-wind energy activists, however, have not yet provided the Ontario government with an alternative.

What do you think of Ontario’s recent increased interest in wind energy? Is it a good alternative to traditional methods of producing energy or a waste of time?
Post your insights on Pro Tem’s tumblr page at protonetGL.tumblr.com, or on Facebook at facebook.com/protonetGL.

JONATHAN KATES

10 CHOSES À PROPOS DE MUDDY YORK QUE VOUS NE SAVIEZ PAS
ON VOUS GARANTIT UNE VRAIE SURPRISE!
BY MELISSA CRISAFULLI
EDITOR OF METROPOLIS
You probably remember it quite clearly: that red-letter day in your grade three social studies class when your teacher informed your class that the CN Tower was the tallest free-standing structure in the world (“Here! In Toronto, Ontario, Canada? You’re kidding!”). For any eight-year-old in the GTA, we all had no idea, it was truly a moment of enlightenment, excitement, and awe. Over the years, however, this fun fact gem lost its luster and, in 2007, its veracity.

For those who love little-known facts about the city, this deficit will now be remedied. Here are ten trivia treasures that you most likely did not hear from your teachers in elementary school. Some are quite funny, while others are quite odd, but each one is intriguing in some way.

1. After New York, Toronto is the city in North America with the highest number of buildings that surpass a height of 300 feet. There are just over 2000 of them, including the Toronto-Dominion Tower, the First Canadian Place, the Scotia Tower, and the TD Canada Trust Tower. New York City has 5000 such high-rises.
2. Jusqu’en 1855, Yorkville, un voisinage chic à Toronto où beaucoup de monde faisait leur magazine, était une fosse commune, où on appelait en anglais un “Potter’s Field”. C’était un cimetière pour ceux et celles qui n’avaient pas les moyens de payer un enterrement par l’église, ou qui ont été exclus des lieux de sépulture consacrés.
3. The door chimes that you hear when riding a subway on the TTC are the first three notes from the Sesame Street theme song (“Sesame Days…”).
5. One more: Have you ever boarded a bus without tokens or a Metropass, with the intention of paying the cash fare, only to realize a second later that you don’t have any change? Well, if you don’t have exact change and have to pay with a large bill, you can ask the driver for a refund voucher. You can then receive a refund if you bring it to the TTC head office!
6. Presque tous les bâtiments dans la ville étaient la couleur de la suie de charbon jusqu’aux années 60, l’époque où l’usage du décapage est devenu plus fréquent.
8. It is not by simple coincidence that certain city roads have a bend. On Avenue Road, for example, there is a curve between Eglington Avenue West and Willowbank Boulevard; the land was once part of the property of John J. Gartshore. The curve was the original barn road from the property, and when the city bought the land, it never had the old road straightened.
9. During World War Two, North Toronto used to have recycling boxes, called ‘War Salvage Boxes’, which encouraged people to save cardboard, deposit paper, and metal. These boxes had labels that read: “Don’t throw it away. Throw it at Hitler!”
10. If you are convinced that the Toronto Maple Leafs are cursed, your hypothesis may not be too far from the truth. Bill Barilko, nicknamed Bashin’ Bill, scored the winning goal in the 1951 Stanley Cup final game against Montreal. It was the Leafs’ fourth Cup in five years. Three months later, when returning from a fishing trip in Quebec, his plane went down; search parties were unable to find him. The next year, the Leafs started on a losing streak. People started to believe that if only Barilko, or “The Ghost of the Gardens”, could be found, the team would regain their luck. Sure enough, eleven years later, in 1962, Bill’s remains were recovered near Cochrane, Ontario. That year, Toronto won the Cup. The curse of Bill Barilko had been lifted.
This time of year is usually pretty dreary for many reasons, the least of which being the slew of terrible movies opening in theatres. During the exam period, it’s essential not to get too bogged down with work and to take breaks. One of the best ways to unwind is to catch up on a good comedy. But which movie to watch? Everyone has seen more recent comedies like _The Hangover_ or _Superbad_, but here are some more classic, and often under-appreciated funny flicks.

The _Glendon Gallery_ was brought to life with nine floor-to-ceiling canvases of watercolour blobs fused with ink drawings, words and numbers. The opening night performance offered patrons the perfect ambience with poetry and music by Marc LeMyre along with the unveiling of the blobs. _Blobettes, Plus_ running at the Glendon Gallery from February 7 - March 20, 2012 is an exhibit from Erin Loranger. Drawing on inspiration from Kandinsky (a famous abstract painter) Loranger has been combining ink and watercolour for several years.

Les images qui étaient sur l’écran de la télévision, étaient les smartphones et les médias sociaux sur le web. Loranger tente de “dé-numériser” ces images. Platît qu’au de vous êtes l’imprimante et un ordinateur pour trouver et manipuler des images, il a créé une banque de croquis aux stylos qu’il a ensuite incorporés dans son œuvre d’art. Les spectateurs sont capables de reconnaître que les images ont quelque chose à faire au sujet de la nouvelle technologie, mais le fait qu’ils ont été rédigés à la plume plutôt que d’être en images informatiques brillants… c’était presque comme un retour à la future approche artistique.

Ces croquis, d’abord regardés comme des lignes et des mots, mais de près, ils étaient des images distinctes d’animaux, d’objets et des pièces de paysages. Pensez à l’art que certains peuvent voir dans certaines stations des métros de la TTC. De loin, ils ressemblent à des dessins aléatoires, mais de près vous pouvez voir le détail en ce que ces images sont. Alongside the pen sketches were bright multi-coloured watercolour paint blobs. According to Marc Audette, curator of this exhibit, these blobs (or globules) known as blobettes were not random by any means. As a viewer to this exhibit, it looked like there was no rhyme or reason to the blobs. The blobettes vary in shape and size...some blobs mirrored perfect circles, others looked like specimens viewed under a microscope in a science lab.

_The Coen Brothers’ The Big Lebowski_ is the go-to movie to justify slacker tendencies. The 1998 black comedy starring Winona Ryder and Christian Slater takes place at an Ohio high school and follows the life of a high school preppie known as Heathers (which is obviously where the Ashleys from the Disney cartoon _Recess_ draw their inspiration from). Veronica (Ryder) is a part of the Heathers group, but is obviously a bit different from the other three girls – so when new student Jason Dean (Slater) turns up, she takes it as an out. The art on a bizarre homicidal streak that ends up tearing them apart. This film is filled with amazing one-liners, and preppy fashion that rival the best of _Gossip Girl_.

_The American Summer_ stars Molly Roush, Paul Rudd, Christopher Meloni (of _Law and Order fame yet._) and Steve Buscemi. During the summer of 1980, four friends (a thin-riding, optimistic teenager called Alan, a preppy fashion that rivals the best of the 1980s, his best friend with whom he shares a conversation about life and death every morning, a girl who is an avid bowl player, and a girl with whom he shares a conversation about life and death every morning) is an avid bowls player. His name is Jeff, and he is the cast includes: Steve Buscemi, John Goodman, Julianne Moore, John Turturro, and Philip Seymour Hoffman.

If nature is your preference, then _Wet Hot American Summer_ is the film to watch. Set on the last day of a Jewish summer camp in the 1980s, it follows the counselors as they try to find a last minute kiss for the talent show. This movie boasts the best cast, and many of those involved had reached their peak of fame yet. It stars Bradley Cooper in his first film role, as well as a young Paul Rudd, Christopher Meloni (of _Law and Order fame_), and _Saturday Night Live_ stars Molly Shannon and Amy Poehler.

Due to the many famous faces, _Wet Hot American Summer_ is easily considered an exercise in how well versed you are in the comedy world.

When studying starts to get tiresome, this is a well-deserved break and let these movies distract you from midterm madness!
**FILM REVIEW**

**LE VENDEUR**

**PAR VICKI BROOKS**

**CONTRIBUTOR**

Qu'est-ce qui suit une telle douleur? Voilà la question posée par le film merveilleux de Sébastien Pilote, *Le Vendeur*.

Set in snowy semi-rural Québec, *Le Vendeur* features Gilbert Sicotte as Marcel Leduc, an affable car salesman reluctant to retire despite his advancing years. His joy is found in the simple things – his daughter Maryse (Nathalie Cavelzali), his grandson Antoine (Jeremy Tessier) and his role as the top salesman of the company since 1988.

The town is economically devastated by the closure of its paper mill, yet Marcel's innate skill as a salesman to "dress up fibs as flowers", helps reassure himself and those around him. However, when he makes a seemingly inconsequential decision that changes everything, Marcel must come to terms with reality, while still adhering to his own subtle brand of optimism.

Pour une histoire si simple, *Le Vendeur* a une complexité émotionnelle considérable. Le film progresse lentement, qui permet que les images soient bien comprises dans le cœur du spectateur: le corps battu d'un orignal contre la neige immaculée, une tempête de neige de la nuit, ou le panneau qui lit "256 jours sans travail", tiré par les travailleurs renvoyés. Tous ces instants poignants renforcent le ton de chagrin, lequel est répandu pendant le film.

Sicotte est vraiment génial dans son interprétation de Marcel. Il représente un homme dédié à la carrière ainsi qu’à la famille. Son charme est évident, quand il flotte ses clients, ou porte son grand-fils sur ses épaules. L'amour de Marcel pour son fils est sincère, bien qu’il soit un vendeur des voitures habitué à utiliser les paroles suaves. Son angoisse est tout aussi crédible, et Sicotte fait facilement la transition entre l’air professionnel de Marcel au travail à ses instants plus vulnérables chez lui.

Pilote has crafted a brilliant story, with no pretense or posturing; these are relatable characters, with whom the viewer can sympathize.

Even amidst such gloom, there are happier moments, such as Antoine playing hockey, or the church skidoo social, signaling reason to hope. Ultimately, this is what the film is about– grief and loss, but also faith and optimism. After despair, there is hope. After winter, comes spring.

*Le Vendeur* played for the month of February at the Cumberland Theatre.

**A ZOO STORY REVIEW**

**HOW ONE CONVERSATION CAN CHANGE YOUR LIFE**

**BY VENDREDI MOUNSEY**

**EDITOR OF ARTS AND ENTERTAINMENT**

A *Zoo Story* written by Edward Albee in 1958, travelled across Europe in the late 60s, and hit Broadway in 1960, because it was liked by audiences and had an impact on the critics at the time.

The story (on surface level) is about two men. One man is consumed with loneliness and strikes up a conversation with another man on a bench in Central Park and eventually forces him to participate in an act of violence.

Sounds strange, doesn’t it? How can a person be forced into committing an act of violence? The story unfolds with a man named Peter (played by Kendal Desmarais), a mild-mannered, wealthy publishing executive, who is comfortably reading a book on his favorite bench on a sunny afternoon.

Peter seems to have it all: a family, pets, money, a beautiful apartment in an upper class area in New York...some would consider this the perfect life. Along comes Jerry (played by Dominic Di Iorio) a sketchy man in general, dying to have a conversation. Jerry is obviously on the grungy side, living in some sort of ghetto, over-crowded rooming house in a lower-class area in Manhattan. By asking pushy questions, Jerry is able to find out about Peter's family and life. Although Jerry was creepy, he was perceptive and finds out Peter's desires and hopes.

The conversation then switches to directions to Jerry. Peter, who is now asking the questions, decides that Jerry walked over 50 blocks to get to the Zoo. The subject of the Zoo comes up several times in the play, but it is never really answered for two reasons: the twist ending and the fact that Jerry suffers from some sort of ADD, and can’t hold a one-topic conversation for too long.

As the play is literally two men having a conversation, Peter eventually becomes annoyed with all of Jerry's questions and his long rants about life...again Peter was there just trying to read in peace in Central Park.

The catalyst for the ending with a twist transpires when Peter announces that he has to leave. To invoke anger, Jerry starts pushing Peter off the bench. Peter, who has remained very calm throughout Jerry's animated stories, is now angry and decides to fight for his bench. Unexpectedly, Jerry pulls a knife on Peter, and then drops it as an initiative for Peter to grab. As Peter holds the knife defensively, Jerry charges Peter causing Jerry to drive the knife into his stomach. The play ends with Jerry bleeding out on the park bench, as a horrified Peter takes off.

This thought-provoking play combined both realistic and absurd elements, and dealt with issues of human isolation, loneliness and class differences. Directed by Ingrid Pleitez, these themes of how people relate to one another, social classes and the nature of existence were portrayed well by the acting of Di Iorio (Jerry) and Deonarine's (Peter).

The play was only an hour, and it is "pay what you can", which is great when dealing with students. It was a solid piece, which is why its been hitting small theatre stages for over 50 years. If you're a resident student, or living in time to spare, these programmes should be on the roster for list of things to do on campus. For a list of the season's performances please visit: www.glendon.yorku.ca/theatre.
ON WRITING
A MANIFESTO
BY SHANNON FLEMING
CONTRIBUTOR

Writing – thoughtful, meaningful writing – is not as simple as putting words down on a page. It is a matter that involves your mind, your heart, and your soul – as well as your pen.

Self – edit.

Have fun.

If your characters don’t speak to you, they are clearly not alive.

Put your whole soul into it.

Believe in what you’re writing. If you don’t, nobody else will, either.

Invest yourself. If you’re not invested, it will show. Your characters won’t be happy with you, and they might even make a point of saying so.

Know your characters better than you know yourself. Know them inside and out. Know their birthday, their favourite colour, how they would react if a certain song came on the radio. Even if nobody else gets to know these things, it doesn’t matter: if you don’t know them, your characters will be incomplete, no matter how many crimes they solve or dragons they slay.

Be prepared to put in a lot of time and effort.

Don’t think that it’s going to be easy.

Fill in all your plot holes.

Write and write and write and write. Then re-write and re-write and re-write and re-write. Unless you’re happy with it the first time.

Pay attention to the details. Those little inconsistencies will come back and bother you later.

Remember that it’s only a rough draft.

If you don’t like something, change it.

Create a world that you can get lost in. It doesn’t matter if it’s in your backyard or on another planet: it should take the reader Somewhere Else.

Make sure that you are satisfied with everything.

Give each character their own voice. You won’t be fooling anyone by just varying appearance.

Description – even just a hint of it – is necessary.

Make sure the plot is going somewhere. It doesn’t matter if you figure out where it’s going before you start or partway through; just make sure that it gets there.

Try not to force it. It will show.

If it’s something you want to write about, chances are very good that it’s something people will want to read about.

Write what you know. And what you don’t know. And everything and anything else.

Try new things.

Experiment.

Take risks.

Write.

US AND THEM
BY KAITLYN D’EATHE
CONTRIBUTOR

A child stands alone in the playground
Watching the others pass by
There’s a wall around his heart
He gazes through the frosted window of his mind
At the world, his tormentor. The playground, his prison.
Speaking to a friend that exists only in his mind
He whispers, comforts himself
It’s us and them

A family is torn from their home
Gunshots shattering the night
Drown out their plea for mercy
We gaze at their pain through our new TV screens
At the soldiers, carrying out their orders
At the families, torn apart
The soldiers tell themselves
It’s us and them

A plane flies into a tower
Smoke spilling like blood into the sky
There is panic on the streets
We gaze, horrified; a world shocked into silence
At the towers as they fall to earth, innocent lives
As the finger of blame is pointed
We convince ourselves
It’s us and them

And the child on the playground learns the rules
And fear turns to anger
And anger to fear
And it continues
Them and us
Us and them

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SCORCHED

BY IKSHAA PAI
CONTRIBUTOR

They said that everything was lost in the fire.
There was no hope in stopping the blaze. The fire
eventually died on its own. ‘Sorry there’s nothing
we could have done.’ Those words hung in the air
for a moment and suddenly just dropped on us like
a falling piano, shattering everything that we once
knew and loved. We walked in and found that nothing
survived. Charred remains, that was all that was left.
Charred remains. Every corner we turned, all that
would meet the eye was black and burnt. It’s like the
other colours in the spectrum decided not to show up
and let noir take over the show. Black and burnt.

Everything that our family took so long to build
and create flew away from us; almost mocking us;
telling us that perhaps it could never have been ours
in the first place. Almost as if all the sweat, blood,
and tears had been unnecessary and the hard work
was insignificant. What’s the point when you’re going
to lose it all anyway? The Fates must be wondering,
while giggling and laughing at our tearful faces, our
runny noses, and looks of desperation. We. Worked.
So. Hard. Nothing ever came easy to us, and now
nothing ever will. The look on my father’s face, the
sobs from my mother. It hit them; nothing would be
the same again.

Walking through each room was like walking into
different nightmares. These rooms of my firsts: first
word, first walk, first everything, were now a crum
bling mess. My parents’ materialistic dreams were
like the wooden planks, singed and dark.

Not oblivious: when shielded by headphones I
still see silent noise.
The wide grin returned, and she turned on her heels and skipped down the stairs, calling out

“I’M COMING!”

Thrust the book in my direction, the

“Okay, that’s enough. I know you have a lot of books, but please don’t pull out that one.”

I knew that any moment the tears brimming in her big, brown eyes would overflow, and with it would come a wailing similar in decibels to a foghorn.

“I’m sorry, ok. Just please let me go.”

“I can play on your computer?” she crooned sweetly.

I proceeded to explain to her that toys are meant to be played with, and that 2000-dollar computers were not on the sales list

“Okay, okay. I’m sorry.”

I rolled my eyes and gave her my best “give me a break” expression.

“Alright, if you stop crying I’ll give you back your book if I can use your computer.”

I rolled my eyes and gave her my best “give me a break” expression. But she came into battle with a clear strategy: psychological warfare. Drawing a deep breath, she flipped to the first page and read at the top of her voice, “Don’t get me wrong, but I want my stuff back. And I’m sorry, ok. I know you have a lot of books, but please don’t pull out that one.”

The powers that be did not take kindly to my threatening a ten year old and decided to put an end to my tirade. No sooner had my sister, wide-eyed and fearful, thrust the book in my direction, the Barbie-knockoff failed to withstand the violent shaking; its head popped right off, landing at her feet.

“But what part of no don’t you understand?”

“Guess what?”

“My mother, upon hearing this statement, yelled from the bottom of the stairs “WILL YOU STOP CRYING?”

“IT DOESN’T NEED TO BE TRUE... TO BE FUNNY!”

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Savouring Some Stew on a Snowy Evening

Melissa Crismaull
Editor of Metropolis

What heals hunger I think I know
It takes some preparation though
You will cook a heavenly stew
If you follow these steps below

Ingredients:
1 kg (36 ounces) of stewing beef*, in large cubes (Or, 9 ounces per person).**
2 ⅔ cups of beef stock
2 ⅓ cups of red wine
3 tablespoons of tomato paste
4 cups of whipping cream
1 egg
1 green pepper, chopped into large, square-like pieces (optional)
1 red bell pepper
1 tablespoon of tomato paste
6-7 carrots, peeled and chopped into large pieces
1 onion, chopped
1 garlic clove
2 cups of peas
1 teaspoon of thyme
1 teaspoon of oregano
Salt and pepper to taste

Directions:
1. Lightly flour each piece of meat. To do this, put about 1 cup of flour into a bowl and mix in a bit of black pepper, salt, garlic and/or onion powder but not too much. You will add more spices later.

2. Put an aluminum frying pan on medium-to-high heat and add about 1 cup of oil. Lightly fry the carrots and parsnips for 5 minutes. Stir in the celery. Then, add this to the meat. Using a fork, mix each piece of meat into the flour mixture and cover all sides, shaking off any excess flour.

3. Add in the cloves of garlic. Do the same with the celery and the onions, adding the last of the beef stock. If you choose to include green peppers, add them into the big pan in the oven now. (They do not need to be fried in the frying pan.)

4. Heat the oven to 350°F and place the meat mixture in the oven. Add in the vegetables.

5. Cover the big pan with foil and cook for 2 hours. (And miles to go before you eat…).

6. After you have finished lightly browning all the meat chunks, you can start deglazing. Turn the heat to medium and add the tomato paste. With a wooden spoon, swish it around in the pan for about one minute, making sure that it does not burn. Then, add most of the beef stock (leave about 1/3 cup aside) and all of the wine. Turn the heat to medium-high. You can add a bit of seasoning at this point as well (pepper, salt, oregano, etc.). When this mixture is somewhat thick*, pour it over the meat in the big pan.

7. After a total of 3 hours, the meat should be tender and the vegetables should look cooked/browned. Sprinkle a small amount of chopped parsley on top. Serve with white bread, toast, or rice (your personal favourite), this stew is “hearty, dense and delicious!”

*Cross-cut veal shanks are also a very good choice for this dish.
** If the meat has been kept frozen, make sure that it has completely defrosted before you start. If you start the browning process with meat chunks that are still partially frozen, they will come out very tough and dry in the end.

Heavenly Scones

Melissa Crismaull
Editor of Metropolis

These are absolutely perfect for parties, as a gift, or as an afternoon treat!

Ingredients:
4 cups of all-purpose flour
½ cup of sugar
4 teaspoons of baking powder
1 cup of cold, unsalted butter (cut into small pieces)
1 egg
1 ½ cups of whipping cream
1 egg for an egg wash

Directions:
1. Preheat the oven to 400°F.

2. On a lightly-floured surface, roll out the dough to a thickness of 2 mm. Any type of rolling pin will do, but a wooden one would be best. Cut out circles with a 2-inch round biscuit cutter, or with a drinking glass. Place the cut-outs 1 inch apart on an ungreased insulated baking sheet.

3. To make the egg wash, beat the other egg in a bowl and mix in 1 teaspoon of water. Use this egg wash to lightly brush the top of each of the cut-outs. Bake in the centre of the oven for about 18 to 20 minutes. Keep an eye on the scones so that they do not burn.

4. When the scones are ready, remove them from the oven and place them onto a cooling rack. Let them cool for at least half an hour before serving. Serve with butter, jam, or your other favourite spreads!

Yield: Approximately 22 scones.

*A pastry cutter will make this mixing much easier. If you do not have one, however, you can use a fork and your fingers. First, use the fork to mash up the pieces of butter as much as possible. Then, rub the mixture between your thumbs and index and middle fingers, making sure that the butter pieces become smaller and smaller. (You can wear clean plastic gloves to do this). This may take some time, but you will eventually achieve the consistency of coarse meal.

**These scones are great plain, but do not be afraid to be creative! Try mixing in crushed candy cane, chocolate chunks, chopped nuts, dried cherry bits, raisins, crushed Werther’s Original caramel hard candies, orange or lemon zest, small apple chunks or cinnamon. You can also add blueberries, but if they are fresh, be careful—if too many getushed under the rolling pin, they will make the dough too sticky and your scones will not rise as much as they are supposed to.

Expressions

Protemgl.Tumblr.com
MASKED
PHOTOS COURTESY OF KELLY LUI
Max Overacts was originally written as a kid’s book, I adapted this one to a comic format when I realised there was way more potential in keeping Max borderline psychotic, instead of teaching him humility. The strip is about Max’s unbridled optimism, and his quest to be the next greatest thespian. He wears his heart on his sleeve for his self-proclaimed leading lady, Janet, and lords his ‘planned’ status over his ‘accidental’ older sister, Andromeda. His best friend is Klaus, when his ventriloquist doll, Curio, isn’t around.