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Le Journal Étudiant de Glendon | Glendon's Student Newspaper

Pro Tem: Appropriately Confident Or Sadly Delusional?

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EDITORIAL

PRO TEM

Pro Tem est le journal étudiant du collège Glendon. Publié pour la première fois en 1962, c'est la plus vieille publication de l'Université York. En plus d'être gratuit, Pro Tem est le seul journal bilingue en Ontario. As a full member of the Canadian University Press, we strive to act as an agent of social change and will not print copy deemed racist, sexist, homophobic or otherwise oppressive.

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Volume 47, No. 1 September 18, 2007 Please respond to what you read in the pages of Pro Tem. Saisissez la chance de réagir à ce que vous avez lu dans Pro Tem.

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Letter from the editor

Dear Readers,

This is my first letter to you and I'll admit that I'm nervous. I want you to like me. I want you to think that I am witty and wise and worth reading every three weeks. However, anyone who knows me will verify that I'm not really any of those things. I'm moody, which I suppose is entertaining to those who think my fits are more funny than serious. Beyond that my baby sister is constantly telling me that I am dismally uncool, which affects my self-esteem but I hide it really well. Finally I happen to know for a fact that I'm kind of slow and need things to be explained to me eighty-nine squajillion times before I get it. So for your own benefit, I am going to fake it. Trust me, it'll be good for you. I'm very experienced.

My goal this year is to increase readership slightly beyond our family members, friends, significant others and those select few who are bored in the caf. I'd love for you to pick up Pro Tem because you want to, because you are looking to be entertained. Our feature this issue is Pro Tem, because we want you to get to know us. We're a very diverse group of people with different senses of humour and different ideas, but we work really well together. We actually think that we're awesome. We're essentially telling you this because we want you to come meet us, to come work with us, or to tell us how much you adore or dislike us. Please feel free to email any of us to give us your feedback or to let us know if you have any interest in contributing. We fully understand if you do, because we know that we're wonderful.

Love, Ashley

Things I learned this issue:

• Despite all their complaints when we take awhile to get ready, men are essentially just as vain as women.

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EDITORIAL | PRO TEM

Glendon's Student Newspaper

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 Men often think that they remain single because they are just too hot. p. 6

• Some people get prizes for having sex. p. 5

· Drinking beer will make me healthy. p. 3

PRO TEM | SANTÉ & SANTÉ

Le Journal Étudiant De Glendon

HEALTH WELLNESS

Quenching Your Thirst for Knowledge

Contrary to the popular myth, bottled water is not necessarily better than tap water. By Sara Laconte

When it comes to fueling a healthy lifestyle, many agree that water is a great choice. But how should the water be consumed? With new controversy surrounding bottled water, how do you know whether or not you are making a good choice when you quench your thirst?

Questions have recently arisen regarding the safety of bottled water, but many arguments against it are unfounded. While it is true that when not refrigerated bottles of water substantially increase in bacteria after one month, contaminating bacteria are destroyed when the product is disinfected. In the end only relatively harmless bacteria exist. However, once a bottle is opened, dangerous bacteria enter the fluid. It is therefore crucial not to drink from bottles that have been opened for a while or to refill old ones. Similarly, the natural bacteria sealed in bottles may multiply quickly; therefore emergency bottles should be replaced biannually.

Though the chemicals in the bottles were thought to be carcinogens, there has been no evidence of this. Bottles also are exempt from health threats like high lead content, which may be present in the tap water of homes built before 1955.

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Although there are advantages to bottled water, such as taste and convenience, there are also disadvantages. Despite the popularity of bottled water, there is no confirmation that it is safer in the Greater Toronto Area. Also, while bottled water sold in Canada is always thoroughly examined, this is not always the case abroad. Other countries may not have water laws as strict as those in Canada, so their water may occasionally cause illness. Bottles contain chemicals, and though they may not be cancerous, they can seep into the water as the bottle degrades. In addition, bottled water is more expensive than tap water, which, in Toronto, is actually healthier due to the addition of fluoride to protect teeth. Bottled water is not necessarily dangerous but some believe that tap water has more health benefits overall.

In the end, it is really a choice that you have to make case by case. Either way, enjoy your water and keep shooting for those eight glasses a day.

Guiness Really Is Good For You

A marketing slogan that's actually true! By Marisa Baratta Health & Wellness Editor

A belief began in the 1920s when beer consumers reported that drinking Guinness made them feel good. Shortly thereafter the Guiness Beer Company began using the slogan "Guinness is Good for You." Now there is strong evidence to support the claim.

The consumption of Guinness is connected with health benefits for the heart. Heart attacks can arise when there are blood clots in the arteries. Aspirin reduces the amount of clotting, but Guinness may also be of aid. The drink contains "antioxidant compounds" like those found in fruits and vegetables that reduce the growth of cholesterol on the artery walls. A pint of Guinness a day can prevent heart clots that increase the chances of a heart attack. This effect is due more to the alcohol itself than to any of the ingredients contained in the beer, according to Brewing Research International. Historically, English doctors used to give it to blood donors and patients who had received operations because it is high in iron.



beverages. Drinking responsibly, at the right time, for the right reasons, can be beneficial to your health.

Guinness is one of the top selling beers in the world. This black drink, which derives its colour from roasting malted barley in a fashion similar to coffee beans, contains mainly water, roasted malted barley, yeast and hops. The beer can be consumed any time of the year and contains no more fat or calories than any other similar beer.

Healthy Happenings

September 30: CIBC Run for the Cure 16th annual Canadian Breast Cancer Foundation Run for the Cure. For details check https://www.cibcrunforthecure.com

Thursdays 6:30-7:30 pm: *Gingadeira* This is a new class offered at the Glendon Athletic Club. Rumour has it that its mysterious name is not the only good-looking thing about it.

Residence Recipes

Potato Salad

- Ingredients: 3 medium potatoes 2 hard-boiled eggs
- ³⁄₄ cup mayonnaise 1 tsp salt



Researchers reported that consuming just over a pint of Guinness during a meal results in the most health benefits. However, Guinness makes no health claims and is reluctant to do so without further research. ¹/₂ cup celery 1 tsp vinegar

Put peeled potatoes in boiled water on medium for 20-25 minutes. Chop ingredients. Hard boil the eggs and slice. Cut potatoes into smaller pieces. Sprinkle the vinegar and salt over potatoes evenly. Add everything, saving the mayonnaise for last. Enjoy! September 18, 2007

NEWS

Men of Japan tuck it in

Japanese men are turning to girdles to slim down By Ashley Jestin Editor-In-Chief

A new fashion trend is sweeping across Japan. Girdles are making a comeback, but rather than the pretty lace and satin tummy tuck panels that are standard in girdles, they seem to be emulating Jockey shorts. It would seem that it is not just women are coveting the lovely hourglass figure. More and more men are worrying about their bellies. Rather than cutting back on the beer, they are purchasing boxer-brief girdles and T-shirts with tummy tuck panels. This is necessary to fit in to the form fitting trousers and slimmer cuts in suits that are becoming increasingly popular.

Though Japanese men are still in relatively good shape compared to their counterparts in other countries, they are still progressively gaining weight. Some of this weight gain may be explained by an increase in diagnosable metabolic syndrome, which is characterized by excess fat around the abdomen. All this has sparked an influx of diet foods and exercise equipment. Clothing companies are responding to this demand by manufacturing boxer brief girdles, also known as support briefs. Certain manufacturers getting into waistline control for men are Japundit and Triumph International Japan.

Men's girdles differ from women's girdles in that they are often less expensive, more masculine looking and do not require alterations. Beyond that, they also have an anatomically correct opening at the front to enable easy bathroom breaks.

It is not just older men with bellies that are turning to girdles to achieve a slimmer silhouette. Support briefs are selling very well among younger men as well. A spokesman for Japundit issued the following statement to the Associated Press, "Young men are wearing tighter trousers now and like women, they want a cleaner line."

Andrea Hiebert, a Glendon student is indifferent to men wearing girdles. "I just think it's kind of funny that girdle-wearing used to be just for women, but is now considered unisex. Way to lead us into the 21st century, Japan!"



NEWS | PRO TEM

Glendon's Student Newspaper

Ruthless Soviet Values Resurfacing in Siberia Young mayor has (banned) all the answers. No more excuses permitted. Ever.

By Jesse Reynolds News Editor



of the constant justifications and red tape which threaten the efficiency of his administration. The solution, he says, is to inspire his staff to "work out mechanisms to solve and remove problems, not to avoid them." The only thing overshadowing these ridiculous, yet strangely effective, regulations is the punishment for using one of the forbidden phrases. In a written statement posted outside his office and on the town website, Kuzmin warns that, "the use of these expressions by city officials while speaking to the head of the city will *speed their departure*."

Though such extreme ramifications may be considered reckless or even disruptive, according to Anna Borovikova the mayor's chief of staff, Kuzmin's aggressive ideas have proven quite effective. "Before, it was so easy to say 'I don't know.' Now, before reporting to the mayor we prepare several proposals on how one or another problem can be solved."

According to an interview with the Associated Press, Oksana Shestakova, another spokeswoman for the mayor, agrees that, "To say'I don't know' is admitting your helplessness." This statement re-affirms that in the merciless oil fields of Siberia, only the strong and, in the case of Kuzmin's administration, the resourceful will endure.

New regulations imposed upon administrative officials in a small Russian town are eerily reminiscent of ruthless measures taken by their Soviet predecessors. Local representatives in the remote Siberian oil town of Megion have been forbidden the utterance of twenty-seven commonly used excuses, including "I can't" and "I don't know" punishable by pain of unemployment.

Thirty-three year old Alexander Kuzmin – the young, ambitious mayor of a flourishing town in a region rich with oil reserves – has grown tired

Some of the more interesting prohibited phrases include "It's not my job," "There's no money," "It's impossible," and "I was sick/away/on vacation."

No word yet on how the Russian national government will react, if at all, to the situation.

PRO TEM | NOUVELLES

Le Journal Étudiant De Glendon

NOUVELLES

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Age-Old Methods Used To Solve Engine Problems By Carla Krempien

An airline in India revolutionizes the ancient practice of solving mechanical problems through goat sacrifice

In India every action is considered to have its purpose. On September 2nd 2007, a small airline in Nepal tested this theory when it sacrificed two live goats to appease the Hindu sky god, Akash Bhairab. After several weeks of technical problems and many failed take-offs, the airline felt it was time to resort to more drastic measures. Following Hindu guidelines airline officials decided to sacrifice a couple of goats to solve difficulties that a Boeing 757 had been experiencing. This is not the only time such sacrifices have occured. The airport has not been averse to killing both buffaloes and goats in the past to pacify certain Hindu gods.

This method seems to have worked. As Raju K.C., a senior airline official says, "The snag in the plane has now been fixed and the aircraft has resumed its flight."

When Glendon students were asked what they think of the event they tended to focus on the supernatural aspect. Mara Tomita, a first year student said "But it started working again? That is so cool!"

Whether the success is due to technical staff and support or sacrifices, it is not clear, but when dealing with problematic aircrafts, it does not seem to hurt to sacrifice a small animal or two, just in case.





Cette fois-ci, nos voisins d'Ouest ont été plus qu'imaginatifs dans leur méthode d'encourager la natalité. Comme presque tous les pays industrialisés occidentaux, la Russie fait face à un problème de dénatalité. Toutefois le leur est d'autant plus important puisqu'il s'accompagne d'une forte émigration et d'une espérance de vie d'un homme ne dépasse pas les 60 ans, soit 16 ans de moins qu'en Europe de l'Ouest. Le Président Vladimir Putin considère la crise démographique russe comme étant le plus grand problème auquel le pays doit faire face. Son gouvernement a d'ailleurs annoncé l'octroie d'une aide financière spéciale de près de 10 000\$ américain aux couples ayant plus d'un enfant afin de couvrir leurs frais d'études ou des rénovations sur leur maison. D'autres initiatives originales sont aussi mises en place dans les



Par Jean-Mikael Michaud

se verront décerné un prix variant d'un réfrigérateur à une télévision. En outre, un comité de sélection déliberra pendant deux semaines pour dénicher le couple parfait qui se méritra un véhicule utilitaire sport. Cette tradition d'accorder des prix pour avoir donné naissance à un jeune russe remonte à l'ère soviétique, alors qu'une mère pouvait être proclamée « Mère héroïque» pour sa nombreuse progéniture.

Malgré ce que l'on pourrait penser, il semble que ce moyen n'est pas si farfelu. Alors que l'on en ait à la troisième édition, le concours gagne en popularité. En 2005, quelques 311 femmes se sont qualifiées pour obtenir ce congé tant mérité permettant d'assurer le future de la Russie. Neuf mois plus tard, on comptait 46 nouveau-nées de plus que l'année précédente à la même période, dont 28 nées le 12 juin, fête nationale russe. En 2006, quelques 500 participantes ont permis à 78 enfants de voir le jour, ce qui représente une amélioration de trois fois la moyenne quotidienne pour la région.

nombreux États de la fédération.

Le gouverneur d'Oulianovsk, une région mythique, connu pour avoir donné naissance au grand Vladimir Illich Oulianov (mieux connu sous le nom de Lénine) a déclaré la journée du 12 septembre « Journée de la conception ». En effet,

Sergei Morozov, a lancé, il y a déjà trois ans, un concours ayant pour but de « donner naissance à un patriote » lors de la fête national russe. Pour ce faire, les fonctionnaires de l'État et les étudiants ont eu droit à une demi-journée de congé pour pouvoir « passer du temps en couple ». Les heureux parents réussissant l'exploit d'enfanter neuf mois plus tard

Est-ce que le Canada osera s'inspirer de telle méthodes?

CAMPUS LIFE | PRO TEM

Glendon's student newspaper

CAMPUS LIFE

York Boosts Glendon Security after Residence Attacks

By Clara Wille Assistant Editor

Security is increased in wake of numerous sexual assaults at York University and other Ontario university campuses.

Two women were sexually assaulted in their residence rooms at Vanier College at the Keele Campus in the early hours of September 7th 2007 by two men who entered the residence without force. The men also attempted to sexually assault another student, and entered three other rooms before fleeing the building.

The two attackers have both been described as being in their 20s. In response to this description, Alex Bilyk, the university spokesperson, stated "the description [of the assailants] speaks for itself. It could be a student, it could be somebody who was a student, it could be somebody who knows a student." Both men were reported to be wearing blue jeans.

Jacinto Wong, a Vanier resident, said that the Vanier residence was "ridiculously easy" to get into before the attacks, either needing a swipecard or to be let in with someone with a swipecard. When asked when so much could happen in the residence building, he responded, "Vanier is dead empty on the weekends. That probably added to the problem."

"We've essentially doubled our patrols on campus," Alex Bilyk, the university spokesman told the The Globe & Mail, "We've got an increased presence of Toronto Police on campus. We're also looking at bringing in more foot patrols and are looking at how we can increase the porter services in the residences." Vanier residents, as well as their guests, are now required to sign in before entering and exiting the building, and a security patrol has been placed at the entrance 24 hours a day. Surveillance cameras are placed around the periphery but not in the lobby of the residence. Despite increased security, students have suggested that there are still vulnerabilities in other residences on

online noteboxes, Shoukri states, "First and foremost our thoughts are with the students affected by these terrible crimes, as well as the wider student community. We will continue to offer our support...For our students in particular and for the York community as a whole, these are devastating events that shake us to the core. We will do everything we can to help Toronto Police Service bring these criminals to justice." As well as increased security, grief counselors have been made available to the women who were assaulted, and any concerned and traumatized students.

The attacks follow four reports of sexual assault, one report of attempted assault, and one criminal harassment case at York University in the past ten months, according to Excalibur. More recently, there have been a chain of sexual assaults on university campuses across Ontario. A 23 year old graduate student was attacked near a laboratory on the Carleton University campus, and was sent to the hospital with serious injuries on September 1st, 2007. Two men were arrested and released from custody after a woman reported being sexually attacked at the Hull residence of the University of Ottawa on the 3rd of September. Three women have reported being groped by a man on a trail near Laurentian University in Thunder Bay. All four universities, including York, claim to be increasing security on their campuses following these incidents, though no one has been convicted in any case.

Anyone who has lived on campus at Glendon knows how easy it is to get into the residences. Though the night porter will not let you in, someone else will, if the door is not already propped open. To increase security around Glendon, patrols have started accompanying Dons on their nightly tours of the halls, as well as practicing "door checks," where security patrols will walk down the halls and open doors to see how many are locked. Several attempts were made to contact Jason Keddy, the head of security, regarding security at Glendon, but he did not respond.

The Sexual Assault Survivors Support Line will be holding a rally and march in response to the attacks on September 19th The Glendon community is shocked by the recent sexual assaults and attempted sexual assault at the Keele campus. Our thoughts are with the victims of these terrible crimes. Glendon has responded in several ways to these incidents. Security increased patrols of the Residences and is accompanying Residence Dons on their nightly rounds. A letter reminding residence students of important safety precautions and campus security services was delivered to all Glendon residence rooms and security alerts were posted in both residences on campus. We encourage the Glendon community to be cautious about security and to use the available campus services, such as goSAFE.

Concerned students or residents are encouraged to contact their Residence Don, the Office of Student Affairs, the Glendon Counselling Service or Office of Student Services for information and referrals.

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campus.

York University President Mamdouh Shoukri has made several statements on the events, calling them "tragic." In a notice sent to all York students in their at 3:00 pm at the Keele Campus, in conjunction with the York Federation of Students, The Centre, and Founders College. Though there are no resources currently available at Glendon from SASSL, they offer self-defense classes and are available to present information if needed by a Glendon Organization. The next self-defense class will take place in October. For more information, students are encouraged to visit their group on Facebook.

Louise Lewin Associate Principal, Student Services

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PRO TEM | VIE DU CAMPUS

le journal étudiant de Glendon

CAMPUS LIFE

Frosh Week Review

It was a week of fun, energy and raucous cheering as the new-coming Frosh got to know Glendon, Toronto and one another. Beginning on Sunday the 26th of August 2007, the frosh arrived on campus with apprehensive faces and trusty frosh kits filled with all the essentials; candy, t-shirts, team bandanas and info on the week's activities. Once divided into white, blue, red, orange, and purple teams, the energy and camaraderie that would fill Frosh Week began as each team, with the help of the spirited DFrosh, created its own signature cheer.

As the initial apprehension disappeared, the week unfolded into a wealth of activities that provided both entertainment and a practical means to become more comfortable with all aspects of university life. The Toronto Scavenger Hunt allowed those who were from beyond the GTA, and even those who call the city home, to become better acquainted with the TTC and get a taste of downtown. Later on it was a cheer-off at Keele Campus as Glendon strutted their stuff to ABC by The Jackson 5.

Highlights of the week were the Blue Jays game, Wasaga Beach and Canada's Wonderland. Naturally, amidst all the tomfoolery there were the academic orientations and the informative and interactive Condom Olympics tempered with tasty barbeques and the incredible spirit of the Dfrosh who kept everyone amped, pumped and ready for adventure.



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Frosh: Amped, Pumped and Ready for Adventure!

By Cliff Davidson

I'm male and I'm single. You would think that being at a campus where the girl to guy ratio is something in the vicinity of 7,000,000 to 1 that I wouldn't have a problem finding someone. I know that I have only been here a year, but I am something like 0 for 100 and its not showing any signs of improving. I'm not looking for pity or anything. I like lists, so I'm making a list of exactly why I'm single. Or at least why I think I'm single.

1. I'm not very tall. Not short by any standards, but about as tall as a 5'6" tree tall. I know that that's not bad, but girls love their tall guys and tall guy I'm not. I'm ok with this. Really, I am.

2. I'm kind of weird. Alright, totally weird. One day I'll wear a three-piece suit to class just for fun and then the next day I'm showing you videos of me doing a Chippendale routine. That kind of weird. Although, I'm normal enough that you can hold an intelligent conversation with me and be fine.

3. I think that I'm the funniest guy in the world. Sometimes. Mostly I'm funny in a way that makes people go quiet or stare at me like a confused dog. Yes, sometimes I don't even laugh at my own jokes. It is that bad.

4. I have no cash. I'm a university student though, and therefore not supposed to have any cash. Who needs cash anyways? All you need it for is to spend it.

5. I'm old. Not old old, but old enough to know that if you can't get into a bar, you can't get into my pants. Or something like that. Most of the girls here can't even pass the half my age plus seven rule. That makes me sad.

6. According to my friend J, all guys at Glendon fall into some sort of category. I just don't categorize well. It also doesn't help that the categories were all, shall we say, created out of bitterness. I still don't categorize well.



7. It really all just comes down to the fact that I've got hot girl syndrome (even though I'm a guy). You know that syndrome where someone is just so hot that everyone is too afraid to go up and talk to him or her? Yeah, that's my problem. I'm not super hot, but I'm definitely not ugly. Even my mom says I'm handsome.

Perhaps it just comes down to the fact that I'm really just too cool.

Yeah, that's it. Too cool. For School.

September 18, 2007

Pro Tem: Appropriately

As we welcome a new school year, Pro Tem welcomes a new dynamic. Instead of simply delivering the news, which can be found in almost any other paper, this year Pro Tem caters to the students, for the students. Following the theme of the entertainment section found on the back page, the paper will offer exciting and interesting news that Glendon students will have a hard time finding elsewhere. We will bring forth wacky and original articles that apply to you and that will interest you as a Glendon student.

Why not join? The Pro Tem team is an exciting group of fun individuals that would love to work with you! If you like writing, want to get involved in your school community, enjoy learning, like drawing, have a creative streak, want a creative streak, have great ideas, wish to meet new people or want to have a good time, then come by the Pro Tem office in Hilliard or give us a shout at any one of our email addresses found on the inside cover. We would love to hear from you!



Ariane Risson French Editor

Ariane is French. I'm just putting it out there. That being said, she is a fine individual and an exemplary member of society. Boy, I sure do love French people with their cute little accents and little maid outfits... But back to Ariane. She is the breath of bilingual that edits with the fury of a thousand lit cigarettes burning ever closer to orange shag.



Jessie Reynolds News Editor

Jessie is your typical male Glendon student; he loves to laugh at the expense of the opposite sex. Most notably during the September Exploding Bra Fiasco which I could tell you about but honestly it's probably better in your imagination.



Carlee-Ann Clingwall Arts & Culture Editor

Carlee-Ann, oh Carlee-Ann. So much can be said about Carlee-Ann. I personally love both writing and saying her name. Anyway, at a very young age Carlee-Ann decided that she was going to be a good girl. Unfortunately, this did not last when a scandal arose following her arrival at Pro Tem. She was caught passionately laying orange shag in the office with an unnamed player. Sears, very much disturbed by the news, cancelled the catalogue in which Carlee-Ann was to appear. To make it up to her, Pro Tem made her the Arts & Culture Editor out of pity.



David Morris Politics Editor

David is a simple man concerned with the business and politics of the world. Once, as what he claimed was a form of protest, he danced a jig for nickels prior to passing out behind a Burger King which I maintain was less about protest and more about the fact that somebody had slipped ecstasy into his whopper.



Jrena Krämer Photographer

Irena has always been interested in nature and the elements. She ended her high school career as the world's first professional cow tipper. Worrying that it would become all about the money and not about the tipping of cows she left that profession to pursue a career in marine biology. A tragic snorkeling/ blowtorch accident resulted in her having reconstructive facial surgery. Depressed with her new face she married a donut shop owner and ate him out of business. When he divorced her, she took up photography and the rest is history.

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Confident or Sadly Delusional?



Ashley Jestin Editor-in-chief

Ashley is actually the only member of the team that fights crime by night under the guise of the Red Heron. Her powers include copy editing and high jumping. Prior to being involved with Pro Tem, she was kidnapped by Michael J. Fox and taken back to 1985. After a series of increasingly scandalous dates she agreed to be cloned. An infant version of Ashley was then born but Ashley was more concerned with running Pro Tem and came back to the future never to think about the child again.



Cliff Davidson Designer

At first glance Cliff is your average graphic designer, which means he hates being sober. Throughout the '90s, Cliff made his living by investing in Nortel networks. The good times kept coming and he thought that they would never end. When the company went under Cliff lost everything except a single pair of cutoffs which the repo men decided wasn't worth taking. It was at that point that Cliff became a nevernude, a condition that is exactly what is sounds like.



Clara Wille Assistant Editor

Clara was born in 1985. She never knew her real mother but her father, Michael J. Fox, more than made up for it. Determined to find out where she came from, Clara began a journey away from her celebrity father only to run into Samuel L. Jackson. As she awoke passed out and chained to a radiator in the blues musician's cabin, she realized that she had been tricked into starring in the movie Black Snake Moan. Shortly after this brush with fame, she joined the Pro Tem team only to find out that she was Ashley's clone! They have been fighting crime and copy editing ever since.



Jacinto Wong Designer

Jacinto started his career in modeling at the tender age of 20. Sadly, before his first shoot, the stub of his former sixth finger was discovered and he was fired immediately. Devastated, he turned to alcohol and eventually took comfort in pornography. He then got an audition as a fluffer where once again, right before the shoot, he was fired when his stub was discovered. Again, he turned to alcohol. However, this time around he took comfort in graphic design. After landing a job at Pro Tem he quickly established himself as the Alpha male by impregnating every member of the team, both male and female.

Marisa Baratta Wellness Editor

Marisa, having always been concerned with health and wellness, was an intern for a health and wellness advocate. You know the one. That guy with the curly hair who everyone thinks is gay and is always wearing tights. His name eludes me. Oh, Richard Simmons! That's who it was. Anyway, after going down what can only be described as a wrinkly and sweaty road she decided it was time for a change. Marisa decided to work for Pro Tem where thankfully the level of wrinkles shrank and the level of sweat increased tenfold.

Top 10 8 Reasons Why ProTem is Awesome:

It's created by students.

1)

2)

3) 4) 5) 6)

7)

8)

The Editor-in-Chief lives in the Shire (past the Don Valley!).

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We're Glendon's favorite newspaper since 1962.
We have orange shag carpet (in more ways than one).
We're (sort of) bilingual.
Sometimes it's in color.
We're equal opportunity employers. Except for douchebags.
We keep porn in the office at all times.

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METROPOLIS

A Letter to the Glendon Community



How did this happen to us, Glendon? When did we lose our inspiration? How is it that we could become so lazy? When did pajamas become an acceptable outfit for class? Though I understand you are not intending to start dating one another, that does not mean that you can go about the halls in torn clothing and what could best be described as..."shabby chic." Our counterparts at the Keele Campus seem ready to take the time every morning to prepare themselves as if for a night out at a clubwhy can't we? Let's get together Glendon, and show them what fashion sense is really about.

I, Anastasia Beaverhousen, (or as I was called in a popular book and movie- The Devil- and yes I wear Prada) am here to assist you. I am not suggesting that you spend your OSAP on a new outfit.

By Anastasia Beaverhousen

Rather, let us consider what makes a good outfit. Also, let us become more diverse in what fashion is. No longer should the girls and boys that walk the catwalk be viewed as twigs- those twigs have names and personalities and most of them are Canadian. Tyra Banks should not be your guide to the world of fashion. I ask you how many real top models has she made?

Let me help you, Glendon. Let me help you become what I know you can become. No longer will it look like our student population slept on the ground. Rather, we will look prepared for anything that comes our way. Glendon was created as a school for the liberal arts. I am certain that did not mean that we should be liberal with our attire. We are to become the politicians of the future. Let's dress as such. I understand wool makes one perspire a little but trust me, that is not perspiration. Rather, that is your body crying because it is so happy that it is finally wearing a quality fabric. Good clothing makes you feel good and when you feel good you look good. I will have my eyes on you, Glendon, and will be making sure you look good.

Things To Do In T.O.

METROPOLIS | PRO TEM

Glendon's Student Newspaper

September

Word on the Street Book and Magazine Festival Sunday September 30th 11:00AM - 6:00PM Queens Park www.wordonthestreet.ca

Carribean Festival September 26th Yonge & Dundas Square September 27th Caribbean Marketplace, Carribean Lifestyle cooking classes locations TBA September 29th & 30th Jay's Rogers Centre

Nuit Blanche September 29th 7:03 pm - Dawn Downtown Toronto all night contemporary art thing



This year Toronto once again held the Toronto International Film Festival, for the 32nd year running. It was a film lover's delight as the TIFF screened the premier of over 250 films up to four months before their international release date. The celebrities left Hollywood for the event, visiting our provincial capital to promote their feature films, and ultimately provoking a star-frenzy in local Torontonians and tourists from around the globe.

This year's festival, which ran from Thursday September 6th, 2007 to Saturday, the 15th, screened films from low-budget indies to million dollar blockbusters jam-packed with A-list stars. Such films included the much anticipated I'm Not There, a Bob Dylan biopic in which the infamous singer/songwriter is portrayed by 6 different actors, including Heath Ledger and Cate Blanchett, as well as the political thriller, Rendition starring Meryl Streep, Reese Witherspoon and Jake Gyllenhaal.



Rachel McAdams, York University graduate, smiles for the cameras

is about a woman getting in touch with her past. This film is guaranteed to spark the audience's interest and the critics' praise. Playing the role of Hagar Shipley is Ellen Burstyn who gives "a tour-de-force... brave performance!" (Pigott, TIFF). Other Canadian films include L'Age des tenebres, the third installment of a trilogy directed by Denys Arcand and starring Diane Kruger and Marc Lebreche.

The festival was also host to many films from around the world, including France and China. One foreign film that stands out among the others is September, an Australian film set in the 1960s about the Aboriginal peoples' struggle for pay equity. Stunning cinematography and breakthrough performances by the young Xavier Samuel and Clarence John Ryan make this film an instant audience favorite.

Naturally, amid the best films of the festival are some beautifully crafted, strikingly scripted Canadian- born films. Among them, The Stone Angel, a film based on the Canadian classic by Margaret Laurence,

The films were screened across the city, from the Cumberland theatre to the Main Gala theatre, who's host, Matt Damon, introduced this season's most highly anticipated films.

Overall, the festival, having kicked off to a great success, proved to be one of the most attended events of the year, showcasing the worlds greatest talents and biggest celebrities in Toronto.

PRO TEM | POLITICS

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le journal étudiant de Glendon

POLITICS

THE WASP AND THE FROG: CAN THEY BE RECONCISED

Where's the French Effort?

by David Morris Politics Editor

Senior high school students are soon going to be picking where they want to earn their degrees and one of the main selling points for York University is its bilingual campus. However, many of these students will be disappointed by the segregation of the two cultures here at Glendon. So why are the Frogs and the Wasps of Glendon no longer mingling together and are instead forming unique groups?

It is very normal to cling to what you're used to. Therefore, it is no wonder that our dear Frogs at Glendon have formed a group all to their own. Second year student Stephanie Rudolph agrees that the Francophones here are cliquey to a certain extent but said she couldn't blame them. She went on to say "you are more likely to stick with people who understand your culture, your language, and your background."



It is clear that the Frogs and the Wasps at Glendon live in their own little worlds often completely independent of each other. While many people do cross the chasm that divides us there remains a constant sense of segregation and isolation here at the "bilingual" campus of York University.

Paresse et bilinguisme

par Gabriel Rompré



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18 septembre 2007

Vous êtes francophone et vous cherchez désespérément des articles écrits dans la langue de Molière. Ces quelques lignes comptent malheureusement pour une grande partie du contenu francophone du « seul journal bilingue d'Ontario ».

Je n'attaque pas spécialement nos journalistes étudiants. Cet exemple illustre tout simplement la situation générale de la barrière linguistique à Glendon : un fardeau bien souvent balayé du revers de la main par pure paresse intellectuelle. La même situation se reflète dans nos relations interpersonnelles. Est-il plus facile de se lier d'amitié avec les gens qui parlent la même langue que nous? Certainement. Pourquoi? Le diagnostic est constant : lâcheté intellectuelle.

En tant qu'universitaires, une grande partie de notre emploi du temps est consacré à la procrastination. Il serait ainsi inconséquent d'enrichir notre vie par une conversation animée sur le sujet de thèse d'un de nos professeurs au prix de l'effort suprême de se rendre ridicule dans sa langue seconde quand il est si facile d'avoir une conversation passionnante dans notre langue



maternelle avec l'un des employés de la cafétéria sur la fraîcheur de leurs bâtonnets de poisson.

En vérité, être anglophone ou francophone, ce n'est pas un trait de caractère. On se donne pourtant des excuses pour éviter d'aller vers l'autre en gonflant à l'extrême ces petits détails qu'on qualifie de différences. Encore une fois, on déculpabilise notre lâcheté en invoquant des artifices imaginaires.

La seule façon d'améliorer le bilinguisme à Glendon, c'est de se battre sans arrêt contre la paresse et malheureusement, l'évolution de notre société ne semble pas tendre vers cet objectif. 12

September 18, 2007

ARTS & CULTURE | PRO TEM

Glendon's Student Newspaper



Gimme More Britney? Is she crazy or does she still rock?

After listening to BS all weekend, I came to one conclusion about her music: it's only good for one thing – dancing. If a Britney Spears song doesn't have a good beat and isn't something you can move to in a club, then it isn't worth listening to because you certainly can't count on the lyrics to make it good.

With her new single *Gimme More* opening with the words "It's Britney, bitch," she must be trying to re-enforce her "bad girl" image – like rehab wasn't enough. The lyrics are a let down, but the beat is good. You could also listen to the remix, which is exactly the same except for the fact that it features an artist who calls himself"T.I."

Of the other two leaked songs I listened to online I would classify *Fed Up* as another dancin' tune, while *Baby Boy* is definitely *not* something you can dance to. Therefore two out of the three songs I heard (not including the "remix") weren't half bad.

If everyone enjoys listening to dance music, then there might be some hope for Brit's new album, *Wolf Eyes Black Dice*.



By Carlisle Kent

THEATRE SHOWS OUT OF YOUR BUDGET

(...But you might want to go see anyway. Who needs to eat when you can go to the theatre?)







For all those theatre lovers out there, the city of Toronto is playing host to three amazing musicals within the next few months. Although the tickets tend to be pricey, the experience is definitely worth it.

We Will Rock You

"In a future world – where globalization is complete – we are all safe, happy, homogenized consumers. One giant corporation tells us what to buy, what to wear, what to believe, how to live, what to think... but, deep beneath the gleaming cities, there are rebels who remember the time they call The Rhapsody... and make their own forbidden music."

This musical will be showing at the Canon Theatre until January 6, 2008. Ticket prices range from \$35 to \$85, unless you are one of the lucky few frosh who held on to their \$25 ticket coupon that came in their frosh kit.

Dirty Dancing

"That was the summer of 1963, when everybody called me Baby and it didn't occur to me to mind. That was before President Kennedy got shot, before the Beatles came, when I couldn't wait to join the Peace Corps and I thought I'd never find me a guy as great as my dad. That was the summer we went to Kellerman's."

This musical will be showing at the Royal Alexandra Theatre from October 31, 2007. Ticket prices range from \$26 to \$120.

CATS



No other musical contains more of "the wonders of live theatre than ... the magic, the mystery, the memory of CATS. What began as a musical about cats after Andrew Lloyd Webber picked up a book of poems in an airport bookshop has become one of the longest running shows in Broadway's history. Winner of seven Tony Awards including Best Musical, CATS features 20 of Andrew Lloyd Webber's timeless melodies, including the hit song, 'Memory.'"

This musical will be showing at the Princess of Wales Theatre from October 16-21, 2007. Ticket prices range from \$34 to \$74.

Taglines courtesy of www.mirvish.com

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ARTS CULTURE

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Glendon Music Ensemble Audition time is coming, get your voices and instruments ready!

By Carlisle Kent

In 1999, a student initiative created the Glendon Musical Ensemble. According to their website the ensemble "seeks to foster and encourage the study of music in all its forms, while at the same time educating members of

the community about the timeless beauty of some of the world's most important musical heritage." Basically, the GME is a bunch of people who really love music and want to share it with those around them. They do this through their performances throughout the year, most notably the winter concert and the big concert in March.

Most of you will have noticed the flyers posted around campus advertising the upcoming auditions for the GME. To audition, you must contact the GME to make an appointment on either the 20th or the 21st of September, depending on whether

you are an instrumentalist or a vocalist. There is more information on the auditioning process and what is required of those trying out posted on the GME website: www.glendon.yorku.ca/gme.



This year, the ensemble is growing, both in number of people and in quality of music. They would like to welcome Laura Cameron as Choral Director, Courtney as Assistant Musical Director and Manager of Public Relations,

> Lesley as Treasurer, Luc as Music Co-ordinator and Information Technologist, Bethany Deshpande as General Manager, and Bahia, as a professional translator joining the team to ensure that bilingualism is present.

> They would also like to thank the Office of Student Services, Artistic and Cultural Affairs for their patronage and help to make the concerts and performances possible.

> The GME would like to let the student body know that they are looking for a Production Assistant as part of the Work-Study program.

Let's all look forward to a more interesting year due to the music of our fellow students.

"The Room" is the new "Rocky Horror" The new cult film from L.A.

By Michael Sousa

I'd like to tell you about the greatest worst visual-aural experience you will ever endure. It goes by the name The Room, and was birthed by a mysterious 7 foot tall, trench coat wearing, half-vampire, halfcyborg, known as Tommy Wiseau. The Room is a feature length vanity piece written by, directed by, produced by and starring Tommy Wiseau. With a budget of \$6 million dollars, the movie was shot on both a High Definition and 35mm camera simultaneously and enjoys high production values.

I was lucky enough to stumble upon this movie when a friend who had studied film in Los Angeles brought it back to Toronto. After teaching me some of the rituals practiced while watching The Room, he popped in the DVD (which is only available at Amazon.com). What ensued can only be described as life altering. Even though it may possibly be the worst movie ever made (no exaggeration), it is also the most captivating.

"When I was in L.A., I went 5 or 6 times to midnight screenings of The Room at the Laemmle's Sunset 5 Theater on Sunset Boulevard," said Ben Goldenberg, a local film-director "I would rather watch The Room, over Shawshank, because I can watch The Room over and over again and still be entertained. It's the next Rocky Horror Picture Show, due to its interactive nature."

The trailer is available on YouTube and is loaded with unforgettable loglines such as "...With the passion of Tennessee Williams", "It's a riot", "Best Movie of the Year", and "A Quirky New Comedy." Check it out at theroommovie.com. And remember, in Tommy Wiseau's own words; "It's not a room, it's the room."





WRITE FOR PROTEM

We are looking for writers. Submit your articles to: contributions.protem@gmail.com



PRO TEM | CREATIVE WRITING

le journal étudiant de Glendon

EXPRESSIONS

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I'm Used To It

by Jacinto Wong

I am used to being stepped on. I am used to being the center of attention. I've seen some great power struggles over the years, I've seen tears and sweat and habitual smoking circles of an illegal persuasion. I've seen it all. I've never been known to question the weight that's placed on me I'm a living, breathing example of blind complacency. I've never been known to fake it though that's how people tend to make it where I come from. Sometimes I sing songs of sorrow to lonely Ikea furniture when no one's in earshot and I weep because I know I will never be clean. I'm just dripping with history. I am the dirty orange shag in the Pro Tem office.

thursday by Patrick Labelle

hand in hand along the beach just outside the water's reach eating a warmly toasted leech just because it's thursday

it's thursday and i love you thursday and the sky is blue there's nothing that i'd rather do than spend my thursdays here with you

i love the colours that you wear and the flowers in your hair i'm not wearing underwear just because it's thursday

hand in hand along the beach just inside the water's reach munching on a freshly toasted leech just because it's thursday

Unsatisfied

by Janelle Labelle

And yet, we remain unsatisfied Though the world waits like a fleshy oyster. There are rippled coastlines and curvy coves, Men with eyes like diamonds and daggers Women with lips like fire, like frost, Starscapes and moonbeams and the aurora borealis. There are artists aching on the streets Pools of lamplight on cobblestones And clotheslines flapping bright in the sun. There are lovers to explore like under water caverns And music. Is all this Not yet enough? Ah, but the opposite, too, can be found. There is Adolph Hitler, and Idi Amin,



Bleakness of mind and landscape Loneliness to run against the skin Screams and babies crying hungry in the night. There are rainless sumers, and crumbling fields. Women with lips like paper, like blood, Men with eyes like blanks, like nothing. We want more than this again. We long for something else, from something else, for something else again.

BAWARAN

. entertainment

The Prescription with Dr. Morris



Born in 1982 in the mean streets of St. Louis Missori, Keith grew up fast and learned everything about relationships from the streets. Through a seris of misdaventures he now finds himself in the position to give back all of the knowledge he accumulated to those in need. With strong moral fiber and a joke at hand he is able to tackle tough isuues with both sensitivity and humour. Please keep in mind that Keith is not a doctor. Need advice? email

drmorris.protem@gmail.com By: Keith W. Morris

omics

Question #1:

I am a single girl at Glendon College. I find it very difficult to meet available, attractive guys that are also single. It's not that I'm looking for a fling or for a boyfriend but it would be nice to have the oppourtunity for romance to blossom. Do you have any tips on how to weed out the guys who are just after sex from the guys after a meaningful relationship? Where are the good guys hiding? - "Tired of Jerks"

Reply:

Contrary to popular belief Glendon is chock full of single guys. The problem is that a lot of guys see the surplus of girls on campus as an opportunity to date around. But on the flip side many girls do this as well. While there is no guide to the opposite sex that I can tell you to read, I can give you this piece of advice: If a guy tries to get physical on the first night you hang out he's probably after sex. If he really wants to get to know you and seems to really enjoy your company then chances are he could be one of the elusive "good guys" out there.

Question #2:

I've been sort of seeing this girl for a few days. I really liked her at first and it seemed that she liked me too. We hooked up. I really thought we had gotten through the awkwardness and were moving steadily into something substantial. I guess I was wrong, because when I asked her about us she said that she was "kind of seeing someone". What is that ?? She still wants to hang out and invites me over but I think that's because she doesn't want anyone to see us together. What should I do? I kind of still like her but I just don't understand her motives.

- "Confused On Campus"

Reply:

Well COC. she is probably using you and she is probably somewhat ashamed of being linked with you. That is terrible. You should never settle for just sex. There needs to be respect. You need to be with a girl that respects you. If there is no respect then the sex will get mundane and unenjoyable. Here is my tip to you: find a girl that is a decent person. I define this as someone who dates one person at a time. And then make sure that your significant other also wants to be with you and not just have sex with you. Remember, relationships work when both parties are committed to each other and respectful.



By Jessica Salloum

ARIES March 21 - April 19 Watch out, Respo will actually come by the Gazebo this month. You will be more productive then you imagined you could have ever have been. The stars suggest that now is the time that you take your life into your own hands.

TAURUS Apr 20 - May 20 You will be responsible for keeping the boat cruise party afloat. Don't panic, no one else knows what is going on in your classes, either. Now is not the time to force things. Be discreet with your ambitions.

GEMINI May 21 - June 21 You will be amazed by your power seduction on the 20th of this month, earning you the reputation of "sex machine." Focus your energy on those you love the most. Make sure to infuse your life with wildness.

CANCER June 22 - July 22 Don't forget that the bistro has a gym attached. A man or woman in uniform will sweep you off your feet due to an unexpected arrest. Don't hesitate if the age difference is greater than you were first led to believe. This is the time in your life where adventure will find you; take the bull by the swalls

Check up on long term tasks. There may be unexpected turns in your journey. Stay true to your own nature and you will have great success.

VIRGO Aug 23 - Sept 22 You may begin the long hard road of self-enlightenment. Allow relationships to evolve and they will take you to unexpected places. Keep Nirvana in mind.

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When your nominations roll in from universities and colleges across Ontario, a panel of judges will choose 10 finalists to deliver complete lectures on TVO's Big





SAGITTARIUS Nov 22 - Dec 21 Take faith in the fact that the stars are

saying this is sagittarius' year for spiritual orgasms. You will notice increased physical energy and a supercharged libido. Enjoy!

CAPRICORN Dec 22 - Jan 19 Free up blocked energy, Capricorn. Your body is a temple: beware of soldiers. Your answers, or the person of your dreams may be found in the athletic club. Don't hesitate to explore new and exciting avenues.



AQUARIUS Jan 20 - Feb 18 There will be a change in you outlook thi month. Explore different sides of your personality. Be cautious of the physical harms induced by the culinary table.







LEO July 23 - Aug 22

PISCES Feb 19 - Mar 20



Ideas in March 2008. Your school could win a \$10,000 TD Meloche Monnex Scholarship. **But hurry! Nominations must be** received by Tuesday, October 2, 2007.

For complete entry details, visit tvo.org

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