February 28, 2006 | Volume 45 No. 7



"Discovering our Past. Defining our Future - Since 1962."

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February 28, 2006

EDITORIAL

EDITORIAL | PRO TEM

Glendon's bilingual newspaper

PROTEM

Pro Tem is the tri-weekly newspaper of Glendon College. First published in 1962, it is the oldest student publication at York University. En plus d'être gratuity, Pro Tem est le seul journal bilingue en Ontario. As a full member of the Canadian University Press, we strive to act as an agent of social change and will not print copy deemed racist, sexist, homophobic or otherwise oppressive.

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Volume 45, No. 7 February 28, 2006 Cover Image courtesy of Artist: RICOLOPEZ "Working Woman" www.ricolopez.com

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Letters to the editor may be edited for content or clarity. All copy appearing in Pro Tem is at the discretion of the editorial team.

"GCSU: Pass or Fail, you decide!"

Students Fill out the GCSU **Report Card!**

Students of Glendon I encourage you to take notice of what is going on within your community! There are so many clubs here at Glendon with a main goal that centres entirely on you, your needs, your mind and your thirst for knowledge. Let it stand that these clubs should ultimately be satisfying your needs. But just how do they know what your needs are? Within this issue of Pro Tem two pages have been devoted towards a

pressing matter that has divided much of the Glendon College Student Union (GCSU). These debates, opinions and poignant observations can be found on pages 10 and 11 of Campus Lífe.

Following the arguments of each side I both admire and respect their extreme concern and passion for student life. Although the differing opinions have caused animosity between some members, it is without a doubt that each side has the best interests of you, the students of Glendon, in mind.

However, the voice of the student body can often become hushed, lost and eventually unheard of. Therefore members of the council, who you elected as representatives of the overall student voice, must speak on your behalf. So let's make sure they are, and have been using the correct voice for over 2000 Glendon students this academic year.

Pro Tem has constructed a Report Card for the GCSU to which we will ask you, the student body to fill out, based exclusively on your knowledge, feelings, thoughts and overall analysis. All Report Cards collected are strictly and

In the April 11th issue the results will be analyzed and an overall grade for the GCSU will be given. The rest of the report card questions will also be thoroughly analyzed and the end results will be conveyed within the two-paged feature. The only thing we need is your voice!

Has the GCSU been doing an exceptional job or perhaps been giving a lack luster effort at best? Your grade can shine high at an "A" or fall low with an "F". You decide! Make your voice heard and grade the GCSU!

To Fill Out A Report Card Find Us At...

Cafeteria Stage (10-5pm): Mon. Feb. 27 nd, Thurs. Mar. 2nd, Fri. Mar. 3rd, Wed. Mar. 8th and Fri. Mar. 10th.

Pro Tem Office: Monday to Friday 10am-6pm Stop by anytime and ask an Editor for your copy!

Circulating Glendon: Find us circulating the school with Report Cards in hand! We will be in the hallways, cafeteria, library, etc.

Elshley Beaulac Editor-in-Chief

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OPINIONS

28 février 2006

Letter to the Editor

Student Defends GCSU's 'Bernice'

A Response to Pro Tem's "Hot Issue" concerning the \$18,000 purchase of the GCSU photocopier. Pro Tem Vol. 45 No. 7, pg. 11

by Jessica Perkins

In a past article, students were selected to comment on the recent purchase of an \$18,000 photocopier by the GCSU. Most of the comments that came back suggested that these funds could have been used for something else.

Yet, this article did not investigate why the GCSU purchased this photocopier, nor how the GCSU's budget is being spent, giving context to this specific purchase. I did a little homework of my own and in visiting the website, as well as speaking with the Executive. I informed myself as a student; I had the budget explained to me and I was given access to receipts spent on various items.

The GCSU budget (posted on www.gcsu-aecg.ca) has certainly supported student life. The photocopier is now something the GCSU owns; rather than leasing,

For the last few centuries the

capitalist way of life has grown

exponentially, creating diverse in-

dustrialized societies interdepend-

ent in the global market. With

'modernization' and 'development'

as the new mantra of economic

globalization, more and more

countries are feeling the pressure

to quickly industrialize and follow

the developmental path the West

has so 'ingeniously' carved out be-

fore them. But the West's rags to

riches fairy tale story contains one

suspiciously hidden chapter, con-

cealing the internal logic of capi-

talism; logic based on the principle

of high profits and low cost, i.e.

efficiency.

by Anais Kadian

as previous councils did, they bought something that is an asset to their organization. Now, for those of you who think this wasn't a smart purchase, I encourage you to continue to pay 9 or 15 cents at the library for your photocopies; I will be going to the GCSU office to spend 5 cents on mine.

On a more personal note, I am a member of ISC Mexico, which organized an international symposium held at our campus. After submitting a Pepsi application, we went straight to the GCSU for funding from their budget, which they provided. As a student group we were invited to use their office space to make phone calls and were granted 100 free copies on their photocopier – something every student club on campus can enjoy. Do you remember seeing our big beautiful posters for our symposium? Well, those

were done on this photocopier. Without the generous support of this year's Council, we would have had so many more challenges to face logistically in organizing our event, and are so grateful for the assistance they provided.

I am very impressed with efforts made this year by the GCSU to encourage student life on campus; no, they're not organizing our social lives on campus, but why should they? In speaking with the Executive I came to realize that they are striving to create an infrastructure that supports the efforts of other groups on campus to have activities and fundraise for their initiatives. The GCSU helped us in organizing events and promoting them, and that is, in my opinion, what any good student council should be doing.

We Asked You:

Is Canada ready to elect a female Prime Minister? What might she do differently?



Chris A. Tvrell, Third Year International Studies Major



Psychology Major



English and History Major



Pearl Agustin, Third Year Environmental and Health Studies



Talia Storm, Second Year French Major

Personally, I believe that the best person for the job should be elected as Prime Minister, regardless of age or gender. As for what they would do differently, if they are an adept candidate then they should be able to improve almost every aspect of government.

I don't think that Canada is ready for a woman as Prime Minister. This isn't my personal belief, it's just that most people are used to tradition. I think that even some women would vote for a male Prime Minister over a female one. If one does get elected, she'll probably represent a group that has not received much support in the past.

Non, je ne pense pas que le Canada soit prêt à élir une femme au poste de Premier Ministre pour le moment. Une femme Premier Ministre pourrait apporter une opinion nouvelle dans de nombreux domaines où nous n'avons eu jusqu'à présent que celle des hommes. Peut-être que dans quelques années le pays sera prêt.

A female PM would definitely raise more diverse issues and still be able to successfully deal with core issues. After all, women are great multi-taskers, like mothers for example, who work all day and still have energy to take care of their families. However, as Prime Minister, she'll probably be mostly criticized for her gender than her legislative ideas.

Yes, I think that Canada is ready to elect a female Prime Minister. Just as long as the job gets done, it shouldn't matter what gender the person is. She would be more caring than Stephen Harper, i.e., international aid! It's also possible that she would be more open to other issues.

For a more detailed perspective on this topic please refer to

Pro Tem's Feature, pg12.

Write to / Écrivez: opinions.editor@gmail.com

In the name of 'efficiency' the economic wheel goes round. Companies search the world for easily exploitable labour, cheap resources, safe tax havens, corrupt governments, every possible mechanism in order to better monopolize the world's free gifts to us. Money is no

longer a measure of success, it is the only goal of capitalists. To make more money they need to produce more 'efficiently'. In other words, increase outputs while minimizing inputs (product cost, time, quality and wages). This trajectory has appropriately been called 'a race to the bottom'.

While cheaper prices are arguably beneficial for consumers, is cheaper always better for evervone?

In fact, producing more efficiently inevitably means finding newer ways to diminish cost. These ways often include differing cost itself. Costs never really disappear. It's just no longer the producer who bears all of them. When both the consumer and producer waive the responsibility to costs, these end up being imposed on the



environment, the poor, and the exploited.

There is always a hidden cost to someone or something - 'cheaper' is simply a delusion that hopes to increase profits while creating a heavier burden for those excluded from the global economy. Efficiency is synonymous to finding more cunning forms of exploitation. How much more efficiently can we sell happiness, create new wants and fulfill these wants? The answer lies simply in how quickly one creates or finds more opportunities for exploitation.

NEWS

Presumed Consent for Organ Donations

by Christina Palka National News Editor



An ethical debate is entering the operating room.

A debate regarding human organ donations and whether consent to obtain the organs should be necessary is on the horizon.

On Feb. 16 New Democrat Peter Kromos successfully introduced a private member's bill that could lead to presumed consent rules in Ontario, which would make donations automatic if the patient has not refused permission.

The current system operates with donors signing organ donor cards and carrying the cards with them in the event of an accident; after the procuring of the card and consent from the family the doctors may harvest organs from the dying or dead patient.

With the new proposed system, the per-

mission to harvest organs would be presumed unless the possible donor registers their protest with the province. A database would be installed so that doctors could find out whether the fatally injured person has registered their objection.

Kromos says that too many people die while waiting for transplants, and he sees his proposal as a solution to this deadly problem. More than 20 European countries have made the change and have seen a significant improvement in organ donation levels.

Kromos wants the government to support his bill "to leave a legacy that will save thousands of lives and improve leadership for the rest of Canada."

"To date, it was considered an exceptional act to donate an organ . . . I put to you that it's time in Ontario for it to be considered an exceptional act to deny an organ where it could save a life or extend a life," suggests Kromos.

A pole conducted by Trillium Gift of Life Network, Ontario's organ donation agency, indicates that Ontarians are not convinced on the presumed consent alternative.

"...it's time in Ontario for it to be considered an exceptional act to deny an organ where it could save a life or extend a life."

Mary Ellen Douglas, a national organizer for the Campaign Life Coalition, believes presumed consent infringes on people's rights and is a negative option for organ donation.

Ethical concerns are arising. In Sept. 2005 Walter Glannon, a clinical ethicist at the Children's and Women's Health Centre in Vancouver, expressed concern over the possibility that patients would become organ farms without their consent.

"The concern is that the removal of organs for transplant will take precedence over the (donor) patient . . . life support may be removed prematurely, without going through the medical and ethical protocol," said Glannon.

Health Minister George Smitherman supports the proposed law because he believes it will spark a debate. He points out that many people in Ontario are dying because quality organs are not being made available.

"There obviously needs to be a public discussion about this, and that's why I'm supportive of the bill at least for that reason . . . [but] I don't think everybody's ready for that," said Smitherman.

NATIONAL NEWS STORIES

Prostitution and Porn Ring Busted

St. John's. Newfoundland police have arrested a 33-year-old St. John's man after an investigation into a prostitution and pornography ring that allegedly involved 40 young girls. The investigation continues, and it is unknown whether more arrests are pending.

Highway Whiteouts Make for Treacherous Driving

Ottawa. On Feb. 17 a 38-car pileup on highway 417, near Ottawa, caused five fatalities and injured 20 people. Witnesses say the collisions were caused by a snow squall that created whiteout conditions.

National ID Cards Make for Hassle-Free Traveling

Ottawa. Stockwell Day, the new federal minister of public safety, is proposing national government-issued identification cards for Canadians. Now that the U.S. has dropped its requirement for Canadians to show passports at the border, Day says that the motivation is for law abiding citizens to have hassle free access at all North American and International border crossings.

Mother Sues Over Son's Elevator Death

Edmonton. Lorena Young, the mother of Kyle Young, a 16-year-old who died in 2004 after falling five floors down an elevator shaft, has filed an \$80,000 lawsuit against two security officers, their supervisor and relevant elevator parts and maintenance companies. The teenager was handcuffed, shackled and being restrained against the elevator's door when the door gave way and he fell to his death.

Bernardo Confesses to More Rapes

by Jennifer Capano

Paul Bernardo has allegedly confessed to at least ten other rapes and sexual assaults on women in the 1990s, according to a Toronto Star source.

According to the source, Bernardo confessed to the authorities about the rapes because he wanted to clear the air and tie up some "loose ends." Most of the assaults took place in 1986, just one year before his reign as the 'Scarborough Rapist' began. This is the first time Bernardo has confessed to new offences since his arrest and trial in 1995.

Bernardo was sentenced to life in prison without the chance of parole for 25 years in two consecutive sentences for the deaths of Kristen French and Leslie Mahaffy. These crimes shocked the town of St. Catharines, where the deadly couple lived, and the city of Toronto, as well as the entire nation.

With the recent press blitz for the movie *Karla*, starring Laura Prepon from *That 70's Show*, Bernardo's case has been receiving a renewed interest in the media, and the minds of Torontonians and Canadians alike.

What is not clear at this point is whether the police have contacted these ten women. With Bernardo's confession these women can pursue legal options. Bernardo can be charged with more rapes, and additional sentences can be tacked on to his existing record.

On July 4th 2004, Karla Homolka was released from prison and has since spent the past eight months as a free woman in Montreal.



Paul Bernardo pictured here in police custody.

With the combination of Homolka's release from prison, the debut of the Hollywood film *Karla* and Bernardo's recent 1990's rape confessions; the pair has successfully remained in the media's eye. La Rubrique National News a besoin d'articles en français.

natnews.protem@gmail.com

INTERNATIONAL NEWS STORIES

Iran Funds Hamas led Government, State Radio Reported

Tehran. The Secretary of Iran's Supreme National Security Council, Ali Larijani offered to help finance Palestinian Authority run by the Hamas militant group. The decision was taken after the U.S. refused to provide aid to an authority governed by Hamas until the group recognized Israel, renounced all violence and agreed to peaceful co-existence between the two states.

Record Breaking \$365 Million (U.S.) Lottery Win

Lincoln. Last week eight coworkers from a meat processing plant in Lincoln, Nebraska claimed the record \$365 million Powerball Jackpot Win. The ticket was sold at a U-Stop convenience store. Powerball Jackpots are sold in 28 states, the U.S. Virgin Islands and the District of Colombia.

Famine Threat in East Africa Nairobi. As five cycles of heavy rain hit Eastern Africa in the last week, six million people in areas like northeastern Kenya and Southern Somalia are facing starvation. The drought has already robbed 80 lives and destroyed roughly half of the livestock in certain areas of the region. Charities and NGOs in the region are currently gathering donations.

U.S. Pressures NATO to Expand Darfur Operation

Brussels. NATO considers an increase in aid to African Peacekeepers in Sudan. The U.S. pressured this boost of aid to curb ethnic violence in Western Darfur. Discussions began last Monday and arrangements, including training, transport and assistance are underway.

British Holocaust Right Wing Radical Faces Longer Sentence Austria. During the trial of David Irving, British Historian and right wing radical, Austrian prosecutors filed an appeal last week to dispute his three year prison saying it was too indulgent. According to the Austria Press Agency, Irving has appealed the ruling after the verdict was announced last Monday. Irving has written 30 books, including *Hitler's War*.

Innocent York University Student Gunned Down

Bright, ambitious student wasn't the intended target of gunfire.

by Ashley Beaulac Editor-in-Chief



Chantel Dunn

n the evening of Feb. 6 Chantel Dunn was gunned down. Dunn is the latest in a sickeningly long list of innocents lost, bystanders killed or maimed in gunfire that has plagued Toronto. Dunn, a 19-year-old second-

year York University student, worked hard at school and at her part-time job at Urban Behaviour. The job helped pay for school and her car. Her childhood dream was to become a corporate lawyer.

Ms. Dunn was killed by bullets that pierced the Honda Accord she was driving outside a North York community centre just after 11 p.m. An autopsy showed Dunn died from multiple gunshot wounds to her torso.

The Mississauga teenager was picking up her boyfriend from a basketball game at the Northwood Community Centre near Jane St. and Sheppard Ave. when the shooting occurred. As the couple exited the parking lot, two men circled the car and began firing into it. Dunn was struck, causing the car to lose control and veer into a North York home.

Ms. Dunn's 21-year-old boyfriend Shane Morrison jumped out of the passenger side of the car before it crashed through the side of the house. Morrison was shot twice in the shoulder area but managed to flee. He was found a short distance away.

Detective Wayne Fowler of the Toronto Metro Police's homicide squad said he did not know the boyfriend to have any drug or gang ties.

There was no sign of the 21year-old Morrison at Dunn's funeral, held Feb. 18. He was released from Sunnybrook Hospital

"York students have no reason to feel unsafe on campus..."

last week after being treated for a gunshot wound to the shoulder. Police are still searching for clues to the identity of the killers. And, in light of the funeral shooting of 18-year old Amon Beckles last November, officers were not taking any chances; they had a strong presence both inside and outside the funeral home.

Toronto police have said that Dunn was not the intended target of the gunfire, but that her boyfriend, Morrison, was.

"It is believed that the

boyfriend was the intended target [of the gunfire], Chantel was not. She's a totally innocent person in this," says Det. Fowler, in a Feb. 8 interview, adding that the motive of the attack is not clear to police yet.

So far, the police have described the possible suspects as two males in dark clothing.

"We are looking [to] friends of Chantel's from [the] campus to come forward and tell [us] more about her life and her doings that might help," Fowler urges. He also states that York students have no reason to feel unsafe on campus, as the intended victim has nothing to do with York.

"If you knew this person personally it's the last person you'd ever think this would happen to," says Dunn's cousin Michael Orrett.

Anyone with information about Dunn's death is asked to call CrimeStoppers at 416-222-TIPS or Fowler directly at 416-808-7418.

Tortures dans l'armée Colombienne

par Arthur Melet

e Général Reynaldo Castellanos, chef de l'armée colombienne, vient d'être démis de ses fonctions sur ordre du Président de la République Alvaro Uribe. Le scandale a été provoqué par un article paru dans le journal colombien Semana. Le journaliste y dénonce des actes de tortures commis par des gradés sur de jeunes soldats colombiens.

La Colombie est un pays doublement en guerre : elle doit d'abord lutter contre les barons de la drogue, mais également contre les FARC (Forces Armés Révolutionnaires Colombiennes). Ces derniers sont particulièrement redoutés pour la violence de leurs actions: viols, enlèvement et meurtres sont monnaie courante.

Les incidents se seraient déroulés le mercredi 25 Janvier, au cours d'un entraînement de la sixième brigade de l'armée colombienne. L'objectif de l'exercice était de former de jeunes soldats à la lutte anti-FARC: fuir devant d'autres soldats qui jouent le rôle des guérilleros et ne pas parler en cas de capture. Ce jour-là, 21 des 65 jeunes soldats sont capturés par leurs supérieurs. Et c'est là que tout dérape, les jeunes soldats de 18 ans reçoivent un traitement inhumain: brûlures, strangulations diverses, traitements dégradants et sévices sexuels, selon les témoignages. Les médecins font état de «difformités physiques qui affectent le corps de manière irrémédiable». Le scandale est amplifié par le refus des autorités militaires de reconnaître publiquement les faits.

«La violence sur les soldats de la part de leurs supérieurs est courante. En réalité, ce qui se passe n'est pas nouveau».

La hiérarchie militaire a tenté de cacher ces allégations au pouvoir exécutif. C'est pour avoir protégé certains de ses subordonnés que le général Reynaldo Castellanos a été relevé de ses fonctions mardi dernier. L'enquête pourrait



Général Reynaldo Castellanos est le chef de l'armée Colombienne.

se poursuivre au regard des témoignages apportés: la pratique de la torture semble être un procédé courant au sein des forces colombiennes. Selon un officier supérieur colombien: «la violence sur les soldats de la part de leurs supérieurs est courante. En réalité, ce qui se passe n'est pas nouveau».

New Supreme Court Threatens Woman's Rights

by Kristjanna Grimmelt Writer's Craft Editor

Samuel Alito's swearing-in as the United States' 110th Supreme Court Justice on January 31st was met by criticism from women's advocacy groups, who fear he will be hostile to reproductive rights.

Alito, a former U.S. attorney and conservative lawyer for the Reagan administration, fills the position of Justice Sandra Day O'Connor. This move is heavily scrutinized, as O'Connor has long cast the deciding vote in favour of privacy, death penalty restrictions, and a woman's right to legal abortion. Alito's track record leads many to believe he will move to disassemble pro-abortion rulings succeeding the 1973 landmark case *Roe vs. Wade*.

Planned Parenthood Federation of America (PPFA), the world's largest family planning organization, cited cases such as *Planned Parenthood of Southeastern Pennsylvania vs. Casey* of 1992, in which PPFA attempted to abolish the Pennsylvania spousal notification law. Alito was the sole judge to oppose their agenda.

Interim president Karen Pearl criticized Alito's confirmation, calling it "outrageous" that O'Connor would



"Alito's record places him well outside the mainstream," agreed Anthony D. Romero, Executive Director of the longstanding American Civil

Liberties Union. Alito is the second Republican nomination for the Supreme Court in two years. President Bush's first nomination, John Roberts, was appointed Chief Justice in 2005. The Court has consequently become more Republican and apart from Senator Ruth Ginsberg, entirely male.

Consensus seems to recognize a distinct shift within the Court, and that a woman's health and safety are in question. Ginsburg's position has become "pivotal for the future," declared Kate Michelman, former president of abortion-rights group NARAL Pro-Choice America.

A rising concern to the pro-choice group is the impending case, *Carhart vs. Gonzales*, a challenge to Bush's proposed late-term abortion ban. Alito's vote – like



O'Connor's in the past – will be decisive in the verdict.

In the weeks leading up to his confirmation vote, Alito refused to commit to a stance, though he did affirm his respect for *Roe vs. Wade* as a precedent. He stated he would approach the question with "an open mind" and allow diverging viewpoints to be heard.

"Sam Alito is a brilliant and fairminded judge," said President Bush the day of Alito's confirmation. He recognized Alito as replacing "the first woman ever to sit on the Supreme Court," but did not allude to the swap's polemic nature. Rather, as the son of an Italian immigrant, Alito was praised for his will to succeed. "[Alito's] appointment is...the realization of the American dream for this good man and his family," Bush affirmed. Glendon's bilingual newspaper

> Talk Back - Opinions Column

Quiet Resistance vs. Violent Backlash

by Pierro Marinatos Opinions Columnist

Herald

Morning I

The Middle East has been set ablaze once more by its inhabitants in the name of righteous indignation. Demonstrations turned into riots which turned into the destruction of embassies and resulted in nothing more than an unnecessary loss of life and the further degradation of western relations with the Middle East, along with the degradation of the reputation of its citizens. Thousands of people took to the streets of Damascus to punish the "infidel" Danish and Norwegians for publishing their blasphemous cartoon. Most had probably not even seen the offending cartoon but were whipped into religious frenzy by a select group of militant clerics and troublemakers. The result? They did NOT get their apology and their violent reaction only served to firm the resolve of the publishers of the cartoon around the world. As a result of the destruction and violence brought by these "demonstrators", any hope of open dialogue on the situation has severely diminished. That the cartoons were published around the world is fact. My purpose with this column is not to continue to discuss whether their publishers were right or wrong, but rather the backlash to their publication and the repercussions of that reaction.

How should this highly sensitive situation have been handled you ask? Look no further than the large and growing Muslim community in Toronto for answers. If world reaction to the publication showed such restraint and dignity, the Danish apology would be delivered by the king himself. For those not familiar with the situation, Toronto Muslims are showing their disapproval with their wallets. Using methods straight out of the Ghandi playbook, they have quietly boycotted all products from Denmark.

One might ask "who cares?" The truth is that Denmark relies heavily on their exports, especially of dairy products; so if the entire Muslim world (numbering over one billion) boycotted Danish goods, the entire Danish economy would feel it. If the economy of Denmark fell by even 10%, a quick and sincere apology would be forthcoming. By reacting violently, the demonstrators in Damascus have only served to disgust and anger the Danes and have forced them to solidify their position. They cannot back down now for fear of showing weakness. The Muslim community of Toronto is to be commended on the peaceful and dignified demonstration of their power, not through force, but through quiet action. Now if only the rest of the world had the intelligence to understand what Ghandi and Martin Luther King had been teaching; the peaceful way is always the best, and violence is never the answer.

> Celebrity News

Angelina Jolie with her adopted son Maddox.

Babies will be abundant this spring in Hollywood as actresses and supermodels prepare to become mothers. Ironically, last year saw a lot of controversy involving these mothers-to-be and their precious baby bumps.

À popular 2005 headline was Tom Cruise's relationship with Katie Holmes. Holmes who is famous for her role on Dawson's Creek is set to give birth in March.

|Babies: Hollywood Delivers New Trend

Hollywood is expecting many newborn babies with the arrival of spring.

by Jean-Louis Voyer Celebrity Columnist

Moreover, Spotlighting News reports that Holmes will not marry her fiancée, Hollywood superstar Tom Cruise, before their first child is born. Tom Cruise, a devout follower of Scientology has reported that his fiancée will have a silent birth.

Furthermore, another bombshell who is giving birth in March is Donald Trump's wife Melania Knauss. The expecting mother told Access Hollywood, that Donald will not be in the delivery room because she believes that childbirth is a woman's thing. According to iVillage Entertainment News, this will be Donald's sixth child.

Gwyneth Paltrow and Chris Martin are expecting their second child in May. iVillage has reported that the baby is rumored to be a girl and that Chris wishes to name their child Capone because the name has "character". Moreover iVillage Entertainment News contend that: "Gwyneth is reportedly considering an underwater birth this time around."

Brooke Shields is also expecting her

second daughter in May. The actress tells People Magazine: "I wasn't sure I was going to make this public... [But] I'm thrilled for my daughter to have a little friend. Two Tauruses, it's this huge trick being played on me." iVillage reports that Shields was thrilled with the news as she has had difficulties conceiving (six in vitro attempts and a miscarriage).

Moreover, another major headline in 2005 was Angelina's pregnancy. The sultry actress is pregnant with Brad Pitt's baby and is due in May. Us Magazine reports that the rumors that the actress collapsed were false. Yet the magazine contends that she is suffering from severe morning sickness.

Even more interesting are the celebrities that have not officially declared their pregnancies. Britney Spears is supposedly expecting her second child and Victoria Beckham her fourth. If these celebrities do not officially declare their pregnancies, their baby bumps will.

WORLD POLITICS

Les experts de l'ONU contre Guantanamo

par Alexandra Turpin Rédactrice française

Les cinq experts mandatés par l'ONU ont appelé à la fermeture de Guantanamo, dans un rapport rendu public le 16 février. Ils ont condamné les multiples atteintes aux droits de l'homme et l'usage de la torture. Plus de 500 hommes, soupçonnés d'être des terroristes, sont actuellement emprisonnés dans cette base militaire américaine, située en territoire cubain.

Les conclusions des experts sont accablantes. Tout d'abord, il est inacceptable que les prisonniers ne soient pas jugés et soient détenus sans connaître la durée de leur peine. Aujourd'hui, seuls 17 d'entre eux ont eu le droit à un jugement. Les cinq rapporteurs de l'ONU demandent donc au gouvernement de fermer le camp de Guantanamo et de «traduire promptement en justice tous les détenus [...], ou de les relâcher sans plus attendre».

Les rapporteurs de l'ONU s'inquiètent également des conditions de détention des prisonniers. «Quant aux méthodes pratiquées [...], depuis l'envoi même au camp jusqu'au techniques d'interrogatoires basées sur la

[I]l est inacceptable que les prisonniers ne soient pas jugés et soient détenus sans connaître la durée de leur peine.

menace, la privation de sommeil et l'isolement [...] ou le fait de nourrir de force des prisonniers grévistes de la faim, elles relèvent des traitements dégradants, et, dans certains cas, relèvent des formes de torture » explique un des experts, l'Autrichien Manfred Nowak. Les grévistes de la faim sont nourris de force par une sonde. Cette pratique, entraînant douleurs, vomissements et saignements, est interdite par le Comité International de la Croix Rouge.

La réponse de Washington ne s'est pas faite attendre. L'administration Bush a dénoncé un document bâti sur «des rumeurs» reprochant aux experts de ne pas s'être rendus à Guantanamo. En effet, les représentants de

l'ONU avaient finalement renoncé à visiter la prison puisqu'ils n'avaient pas obtenu le droit de rencontrer les prisonniers. Leurs conclusions sont ainsi basées sur les témoignages des détenus libérés et des avocats. Seul le Comité International de la Croix Rouge a la possibilité de s'entretenir avec les détenus. Mais ses conclusions doivent rester confidentielles.



Un prisonnier est escorté par deux soldats à Guantanamo.

Ni les familles, ni les associations ne peuvent se rendre sur les lieux. «Rien n'a changé. Les gens qui se trouvent là-bas et dont nous parlons sont de dangereux terroristes» explique Scott McClellan, le porte-parole de la Maison Blanche. L'administration américaine, sous couvert de lutte contre le terrorisme, se croit autorisée à détenir des

hommes arbitrairement, en zone de non-droit, sans procès et ce, dans des conditions dramatiques. Cette politique va évidemment à l'encontre des principes établis par les Conventions internationales.

Kofi Annan a déclaré à ce sujet que «tôt ou tard», la base de Guantanamo devrait être fermée. Oui, mais quand?



▲ n Canada and other Western countries democracy is so well established that we take for granted the relative tranquility of our elections and the transfer of power associated therein. This experience is one of our many luxuries that should be shared with people who live under tyrants, as well as new democracies. The International Republican Institute (IRI), believes in sharing this experience with the world and is actively involved in achieving said goal. The IRI is a non-profit organization devoted to "advancing freedom and democracy" worldwide.

However, the IRI has clearly not followed this credo in Venezuela or in Haiti. A New York Times article stated that "mixed U.S signals [may have] tilted Haiti

The IRI: Exporting Democracy?

Republican Institute at the root of Latin American political turmoil. An opinion by Ryan Correia

towards chaos." In fact, through its actions, the United States made intentions clear by removing President Aristide from power. What role, then, does the IRI play in Haiti?

Although the institution does claim to be nonpartisan, it is funded by the government of the United States. Moreover, in accordance with American foreign policy in the region, the IRI supports right-wing political organizations in both Venezuela and Haiti because "strong political parties are fundamental to democracy". The socialistleaning organizations in both countries are strong; thereby, the IRI's choice in who to support is arguably natural and is not necessarily partisan.

IRI-backed organizations in both countries followed near identical steps in attempts to achieve leadership in their respective countries with the Haitian case being more advanced than Venezuela's. The first attempt followed the well beaten path of democracy, employing popular elections. In Haiti, JeanBertrand Aristide was elected and eight years later Venezuelans elected Hugo Chavez both convincingly defeating the IRI backed candidates.

The opposition did not accept defeat

gracefully. A coup removed Aristide less then one year after his election, while the opposition in Venezuela waited a few years before launching a coup to remove Chavez.

Both leaders survived, however, and returned to office and the polls. In 2000 Aristide won 90% of the vote as the opposition decided to boycott the elections claiming an unfair playing field. Now, the opposition parties that have IRI support cited the same reason for their boycotting of the 2005 Venezuelan congressional elections.

In 2004 another coup removed the democratically elected Aristide who is currently in exile as Haitians remain in political turmoil. The President elect, Rene Preval, has been confronted with staunch opposition, crying foul over election results. It will be interesting to see if the Haitian model will be repeated in Venezuela and Peru if the 2006 elections do not go in favour of IRI backed parties. Or if the newly elected President of Bolivia Evo Morales who beat the IRI backed party will enjoy the luxury of stability that was denied to Aristide.

CAMPUS LIFE

Mexico Symposium "Glendon's founding Principal sought to create a home for future world leaders." - Principal McRoberts A Synthesis of Cultures and Ideas

11th Annual Conference bears a strong focus on social and cultural issues.

by Kristjanna Grimmelt Creative Writing Editor



Left to Right: Karen Murray, Abbey Sinclair, Mike Thayer, Jessica Perkins, Professor Domenico Mazzeo, Chad Craig and Karen Campbell.

cross Borders: Diverse Perspectives on Mexico, held February 11th in York Hall, marked this year's International Studies Symposium. A series of lectures, debates, cultural performances and traditional cuisine, Perspectives was hailed a success - and an example of what student initiative can achieve.

The International Studies Symposium Project

The six-credit course is comprised of four elements: in-depth study, conference coordination, fieldwork and a paper for collective publication.

"It's fascinating to watch this evolve," said Professor Ian Martin, whose class spearheaded the first Symposium to fundraise for a trip to Cuba in 1995. The growth has been impressive, culminating in national prizes from the Canadian Bureau for International Education and Scotiabank

Consequently, the project is a strong source of Glendon pride. The Perspectives team was well aware: under the supervision of Professors Mazzeo and Afef Benessaiah, they devoted two years to an immense collaborative effort. "We hope this experience will open your eyes to a fascinating and diverse country," they wrote.

The Conference

Guests attended lectures throughout York Hall, while meals and

speeches were reserved for a magnificently decorated cafeteria. Mexican and Canadian flags adorned the walls, tables were covered in vibrant red, and cacti and regional flags served as centrepieces. Even Second Cup offered a Mexican twist, serving its rich Café Pluma from the Oaxaca region.

For Rhenée Khargie, a firstvear french major, a project on the Mayans sparked her interest in Mexico. Other students cited interest in exchanges, travel and global issues as motivators to attend.

Kandre Archambault, International Studies Student Association Executive, encouraged students to get involved. "[Conference organizing] helps students integrate into the workplace," she said. "It prepares them for real life."

In Principal Kenneth McRoberts' opening speech, he advocated Glendon's investment in trilingualism. A deepening of cultural understanding was intrinsic to founding Principal Escott Reid's vision, explained McRoberts. He praised the Perspectives group for furthering this objective.

Morning Session

In State and Culture, Dr. Eric Zolov played Latin American rock during a lecture on counterculture. Meanwhile, Dr. Stolle-McAlister profiled rural activists in Social Movements and Transnationalism. Other panel options included Canada-Mexico Relations and Sustainable Development.

Professor Elizabeth Abergel found the lectures engaging and varied. "I only wish I could have attended more!" she lamented.

A traditional Mexican almuerzo catered by Chartwells followed. Guests enjoyed chicken mole, tortillas with pico de gallo, beans, rice, yams, and boca negro (chocolate cake; literally, "black mouth") for dessert. In between, the Ballet Folklórico Puro México performed lively traditional dance.

Afternoon Session

Options included Labour and Migration, Gender Roles and Sexuality, and what was perhaps Perspectives' most controversial panel: a round-table discussion on North American Free Trade Agreement (NAFTA).

In a colourful debate, academics discussed the importance of

EVENTS						
What's going on th	/hat's going on this month?					
Tuesday, Feb. 28th	Workshop: How to Make a Good Impression at Employment Fairs. 11-12pm in Glendon Hall E103.					
Tuesday, Feb. 28th	NGO's in Conflict Zones: The Case of Project Hope. 12-1:30pm in the Fireside room.					
Wednesday, Mar. 1st	Volunteer Day 10-2pm in the Cafeteria.					
Thursday, Mar. 2nd	Glendon Women's Centre Information Day on Sex and Relationships 10-2pm in the Salon Garigue.					
Tuesday, Mar. 7th	Employment Fair 10-2pm in the Cafeteria					
Glendon Hosts Three Powerhouse Speakers: (Date & Times TBA)						
Presented by the Glendon Conservative Society						
Ezra Levant Publish	Parliamentary Secretary to the PM her of the Western Standard & Opposition Education Critic					

Presented by the Glendon Conservative Society

free trade for Mexico. The general consensus seemed to be that, despite its drawbacks, NAFTA was a necessary evil. McRoberts, who opened the session, praised the concept. "Only students would deliver such straightforward questions," he said.

Behind the scenes, a group of a whopping 29 volunteers, coordinated by Charmaine Bene, ensured the operation ran smoothly. "We couldn't have done this without the Glendon community," praised Karen Murray.

Keynote and Reception

Dr. Cassio Luiselli Fernández delivered an energetic keynote address. Drawing on such pressing issues as the emergence of China, globalization, NAFTA and the environment, Fernández highlighted the importance of partnership between Canada and Mexico. In a

rousing finale, Fernandez inspired the crowd with a passionnate cry of "Vamos Canadá!"

However, the organizers had a final surprise for the evening. At an evening manor reception, the group thanked Mazzeo, to whom the conference was also dedicated. They described his support as intrinsic to the success of *Perspectives*, and to the entire International Studies Program.

A beaming Mazzeo received a plaque decorated with the Perspectives logo. As the group crowded around him for photographs, Mazzeo retained a humility that is perhaps his trademark.

"The students are the ones you should be congratulating," he said. "They're the ones who made all this happen."

Courtesy of Dylan Nield



Ballet Folklórico Puro México performs a traditional dance.

CAMPUS LIFE | PRO TEM

Glendon's bilingual newspaper

Getting to know... Professor Radha Persaud

by Crystal Colussi Health and Wellness Editor



Based on Professor Persaud's maintenance of high academic standards, his passion for teaching, his inspirational influence and his desire to help students achieve their fullest potential, Doctor Radha Persaud has been awarded the Principal's Teaching Excellence Award for 2004-2005.

Photos by Rebecca Vandevelde



"My passion comes from my own personal quest for truth and justice and a better world."

PRO TEM: What inspired you? Was there a single moment?

Professor Persaud: When I was in grade nine my class went to see a movie on Oliver Cromwell. On his tombstone is inscribed, "God, not man is king". This struck me because you need good people to rule. You need enlightened souls to educate those to rule. In my undergraduate years I had a few really great professors who awakened something in me and nurtured that insatiable thirst for knowledge.

PRO TEM: So you were inspired...?

Professor Persaud: I say this modestly and without pretension, I believe I have a gift to educate and to communicate at all levels. I think I'm pretty good at providing intellectual illumination and guidance to others. I love what I do and I do what I do with passion and with respect for the rigors of social scientific inquiry.

PRO TEM: What drove you to choose teaching over another job?

Professor Persaud: For me, academia provides the soil and environment where you learn about what government does and what the strengths and weaknesses of the political experiment may be. There are tons of books and articles out there but how many scholars are actually saying something useful? You need a solid foundation. When a student has acquired a solid intellectual base, he or she can go on to build on that and to really grapple with some of the significant issues of the day.

PRO TEM: So you want to provide that for students?

Professor Persaud: I want to provide the intellectual tools for students as part of their intellectual base so they may be able to do more careful, rigorous and insightful work as they ascend to the next level.

For those students who show a keen interest in the subject matter, I am naturally compelled to do my utmost to provide the greatest degree of intellectual guidance and stimulation for their exploration. For those students who do not indicate such interest initially, I am compelled to do my utmost to spark that interest in them; to challenge them; to propel them into action; to help them realize the value of higher education so as to positively affect or influence our democratic experiments. And, of course, in the journey of learning, to have fun in the process... rendering their learning experience not only useful but truly memorable as well.

Different students provide different challenges and as a professional educator one has to be cognizant enough of the diverse needs of the student body so that one tailors one's lecture, material and teaching style to maximize the intellectual potential of that group.

You get sort of an intellectual barometer and a pulse for where they are and where you would like them to be at the end of the lecture and you figure out how you will take them there. You want to awaken the intellects and tap into their potential. However, each student may be at a different level of his or her intellectual development. It is a challenge.

PRO TEM: Do you think that there is a bridge to be gapped between students and teachers?

Professor Persaud: We are co-explorers in a common enterprise. A faculty member is learning. Students are learning. In part of disseminating knowledge to students, one should be mindful of how one does that and the kind of interaction one should have with the students.

Students should be free to consult, to investigate, to discuss and debate in a healthy and respectful manner. We are here playing different roles with the object of providing and achieving education and contributing to knowledge.

PRO TEM: Do you agree that the gap exists?

Professor Persaud: It may exist on the part of certain individuals. The more profound the mind, the more elevated the soul, the more enlightened the individual, the more modest. Those who are truly confident about their place in the world and about who they are and their limitations and so on, are probably the most modest.

As Northrop Frye said: "There are no great answers. There are only great questions," and the better teacher is the one who comes along to form a better question.

That does not undermine the respect the student should have for the professor, nor the respect that the professor should have for his or her students. Respect goes both ways. One cannot demand respect or lead or govern out of intimidation or fear; one ought to earn it. ■

CAMPUS LIFE | PRO TEM

Glendon's bilingual newspaper

"I hope students will ignore

all these petty politics and I invite them to get involved,

participate and continue to

hold us accountable."

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"I have my doubts of this council's moral, constitutional, and procedural authority to continue governing our student body."

Council Crooks and the Constitution Controversy

Politics are a grubby subject. Often prone to finger-pointing and sometimes even outright lies. We, as members of the Glendon community, are not lacking in such political woes.

Whether it is common knowledge or not, the current students' union (GCSU) has deceived us at a time when transparency and accountability were the highlights of their "Clean Slate" campaign. The fine line of decision-making needs to be resolved, debated, and formulated within the framework of the student council. These things seemed to have gone out the window in light of abuses of power, a rushed Constitutional proposal and even traditional funding scandals.

In this regard, the budget of the new council has not indicated specifically where funds are going, nor are there receipts to show. In a related event, the suspension of Bertrand Valéry, the Director of Clubs and Services was done in a sneaky fashion and showed disrespect for standard operating procedure. As an Economics major, Mr. Valéry picked up the GCSU report and stated bluntly that "this budget is inappropriate" at the December 6th council meeting. The suspension, executed unilaterally by the President, Yoani Kuiper, despite questioning from councillors and members of the executive, was not discussed in detail.

It is interesting to note that there was an attempt to keep opposing council members from voting on the Constitution. GCSU Councillor Shannon Howatt said, "It is suspicious the amount of notice given, especially when one member of the executive

was never officially contacted ... " in reference to the fact that Director of Bilingual Affairs, Célia Jutras was not contacted by President Kuiper. Either way, the vote ended up 9-8 in favour of the Constitution, shy of the two-thirds majority required. The concern is with the Constitution and transparency issues. The proposed amendments have been written in haste and will debatably not change much at all. As one councillor put it: "The constitution is not ready to be used as the governing document, and I don't see the necessity of rushing it through this year."

On the issue of political sponsorship, the President and Vice President Peter McKenna decided to fund the Conservative society without the executive's approval. The GCSU Director of Communications, Ken Yam said: "I have my reservations about the funding of the Conservative 'society' on campus, especially when our campus liberals aren't funded at all." This seems like partisanship, considering that this society used to be a club, and would not have been given additional financial support under normal circumstances.

After hearing the vague budget report, the failed alteration attempts of the Constitution, and the suspension of an elected Director, I have my doubts of this council's moral, constitutional, and procedural authority to continue governing our student body.

Concerned Student, Will Holland



The GCSU President Rebuttals

Dear Miss. Jutras... I mean Mr. Holland,

My name is Yoani Kuiper and for the record my mother's mother's mother is Jewish and my name is Hebrew. I came here a year and a half ago after living in southern China with hopes of gaining a better understanding of global problems, and one day working for an NGO.

In January of last year, after hearing all the allegations against our student government at the time, I became involved in student politics with the goal of bringing change to the GCSU, an institution that should be setting the standards of democracy and accountability. I cannot be more sincere in sharing your enthusiasm for holding your council accountable.

On the same note, I can't help feeling that there are many inaccuracies in your allegations, and I would love to sit down and discuss them all with you. However, for the benefit of all students let me address your concerns right here.

With regards to the budget, it is posted online for your convenience. For those who wish to see receipts, I, the president and the Vice-President, will be holding a Town Hall Meeting on Thursday March 9, 2006 at 5:00 pm in the Salon Garigue. We will have all financial documents available. It will be followed with refreshments and entertainment, provided by myself.

On another note, Betrand Valery, the former Director of Clubs and Services, resigned on January 19, 2006, incapable of completing his constitutional duties. Mr. Valery was NOT suspended. The duties of this Director are now being assumed by the VP and myself.

With regards to the new constitution, I believe that the reasons why it failed to pass in Council had nothing to do with the constitution itself – which was drafted in a very involved six-month process taking into account the opinions of many students - but rather with the hidden (hidden even further by use of a secret ballot) political agendas of certain Council members.

Our current constitution is more than outdated; it is a relic. This is the reason that we wanted so much to bring this new and improved document to referendum right away. Unfortunately the council members in question did not trust you, the students, to make a choice on the issue.

With regards to funding clubs, it would be wise to research your allegations before putting them in ink. The Glendon Conservative Society is not a political party club, it is an ideological club and under the current regulations they are entitled to GCSU funding. It is ironic that those who seem to be so frustrated with the regulations of the GCSU were the same ones who failed to pass the very document that was to improve them.

I hope students will ignore all these petty politics and I invite them to get involved, participate and continue to hold us accountable.

In Solidarity, Yoani Kuiper

February 28, 2006



GREAT GCSU? GIVE AN "A". HORRIBLE GCSU? GIVE AN "F". FILL OUT THE GCSU REPORT CARD TODAY! Visit the Pro Tem office or find us in the café Feb. 27, Mar. 2nd, 3rd, 8th and 10th.

Letter to the Editor

"Stop the Smear Campaign!"

by Christopher Mahon

-GCSU Councillor and Chairman of the Constitution Drafting Committee

Recently, a number of accusations have been levelled at members of the GCSU Council that are entirely detached from reality.

First of all, at the February 9th meeting it was alleged that some of the executives illicitly funded the Glendon Conservative Society. The Society received funds because it constitutionally meets the requirements of the GCSU and York Presidential regulations. As a typical club, it did not require any special treatment apart from any of the other clubs in order to gain recognition. The Conservative Society invites any Glendon student to join and does not require membership in any political party. Many of its executives are not members of any party. The Glendon Association of Liberals only allows members of the Liberal Party to join which is why it is not currently a recognized club. This is in no way an example of favouritism or transgression of the rules but precisely the opposite. If the Liberal club changes its constitution to conform to the rules it too will receive recognition and funding.

The second false allegation was that the draft constitution, as submitted by the Drafting Committee, was rushed and is not ready to be implemented. The draft had been in development since late September and the process was fully open to students throughout, many of whom participated. Ironically, most of the people who have said it was rushed never once attended any of the many public consultations or even read the draft ahead of time. The draft has been online for weeks and all recent amendments have been minor. No constitution can ever be perfect but this was a major improvement upon the status quo.

As this underhanded and politicallymotivated smear campaign against council members unfolds I think we should all question its sources.

GCSU Business: Is It Getting Personal?

Observations of a heated GCSU meeting

by Pierro Marinatos Arts & Culture Editor

It's 10am on the Monday of Reading Week; do you know where your elected representatives are? Most of them are sitting in the salon across from the cafeteria attempting to make Glendon a better place.

For over a year now, the Glendon College Student Union has been working on a proposed new constitution to replace the one in effect now; one that served its purpose but now has been shown to be inadequate and tragically flawed.

This is the most contentious (and only) issue being aggressively dealt with by the union. To be able to take it to the students, two thirds of the council must agree to send it for public scrutiny. Its supporters feel that as it stands, it is a strong enough document to take to you (the students) for a referendum on whether or not it should be ratified and implemented. They are presently being blocked by other council members who feel that it is in fact not strong enough. These people fall into two groups. The first has carefully read the new constitution and participated to some degree in its drafting with valid arguments as to why more work needs to be done before it is sent to us (the students) for consideration. The others are members who did not participate in the drafting or consultation for the new constitution and are blocking for no seemingly

more important reason than they dislike some of its supporters.

There have been a lot of reasons/excuses tossed around as to why it has taken as long as it has for the council to reach...well, nowhere. The blame must be put on the shoulders of those who neither went to consultations and drafting meetings nor have any real working knowledge of the proposed new constitution but vote on its possible future anyway. You would not have a colour-blind person decorate your living room, so why are you allowing criminally uninformed people make decisions that could greatly affect the rest of your education at Glendon? Go to the GCSU website and read about the proposed new constitution and participate in the message board.

Ask your representatives about the constitution. If they have an educated opinion on it, appreciate that they are staying informed and doing the job they were elected to do. If they can't give you any better argument than they felt it was "rushed", tell them shame on them for not doing their job. These people are basing the future of the GCSU on their personal feelings about other members and not on critical matters in relation to the constitution. This is business, not personal; now get informed, get involved and remind them of this.

VP of the GCSU speaks on Governance and Politics

Hello. My name is Peter McKenna and I am the current Vice President of the Glendon College Students' Union. I am proud to have had the opportunity to work with so many of Glendon's students on a myriad of projects this year. We, as individuals and as a community, can accomplish really amazing things when we set ourselves to them. With my introduction out of the way, permit me to reflect a little on this past year.

The worst part about governance is politics. Governance is about providing ways and means for people to do the things they want to do. Politics are about positioning and posturing and concerns the interests of the individual, most often at the expense of the preferences of many. Those who govern must endure those who politick. It is a natural consequence of being at, or near, the top of an organization that you will be the focus of criticism. Sometimes the criticism will be sound and can be used to affect improvement. At other times, the criticism is more about politics than reality and serves an exclusively destructive role.

A few words about words: they're powerful. Powerful though they are, they are subservient to actions. Anyone can claim to be something, to know something, or to have something, but if their actions do not support their claim then their words are found to be as hollow as their character.

A few words about actions: they're permanent and defining. Over the course of the past year I have sought to define myself and my association to student governance by my actions. This year, we eliminated all of our debts and accumulated assets; we helped over 20 clubs get their feet on the ground; we built a new website for ourselves that could be extended for use by every organization at Glendon; we started the process of reformulating and rethinking what student governance is and should be; and we even put on a few parties. I stand by our accomplishments and my direct involvement therein and if anyone wishes to hold me accountable to them, I will gladly oblige.

Peter McKenna, Vice-President Glendon College Students' Union pmckenna@yorku.ca

To read the French version of this article, please visit forums.gcsu-aecg.ca.

"...their words are found to be as hollow as their character."

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FEATURE

Glendon's bilingual newspaper

How Must a Woman Be to Be Considered a Hero?

"As a woman I have no country. As a woman my country is the whole world." - Virginia Wolfe

by Madeline Feicht

ow must a woman be to be considered a hero? Must she be a model battling anorexia to become popular? Does she have to overcome breast cancer or give birth to quintuplets? Must she win an Oscar for best actress? Who, then, are our female heroes of today?

One of the most influential women in my life is certainly none of the above. She is an average, middle-aged American woman – but I see more than what meets the eye. Linda Honrath, my aunt, is compassionate and giving, determined to be sucessful in her myriad roles of wife, step-mother, aunt, sister, niece, and in her job as a flight attendant.

Through her travels and experiences, Linda has always been a role model in my life. For instance, her abundant curiosity took her to discover and volunteer in Nepal. As she was riding a bicycle in a Nepalese village, she rode past an elderly woman. Despite a different culture, language, age, and religion, Linda felt a connection with this particular Nepalese. The villager and Linda shared a passing friendship in smiles and waves. Perhaps they only waved and smiled because of their single and perhaps most important similarity – their sex.

The relationship between my aunt and uncle is astounding. Linda never expected to marry, but when she did, it felt like a natural transition to make in her life: at 42, Linda Feicht married Al

Honrath. Linda shares, "I never thought there would be someone to completely honor and understand me, to be grateful and content, and to cherish me so fully."

When Linda cooks dinner, Al throws on the yellow plastic gloves and washes all of the dishes. This couple coexists in a loving harmony that is truly unique. My aunt is not radical in her views, however, as she states, "I don't agree with male bashing that some women enjoy. I find that we can learn as much from men as they can learn from us."

When I asked my Aunt how women could be stronger, she replied, "We must not be afraid to nuture. The greatest gift one has is the potential to care for, encourage, and love others.'



Edited by Kristjanna Gri



La Phobie du Gras "Le seul parti qui semble tirer profit de cette situation est l'industrie des régimes,

par Adrienne Beaudry

L maginez que Marge Simpson soit celle qui porte la bedaine dans le couple Marge-Homer. Imaginez maintenant Belinda Stronach avec le double menton de Paul Martin. Quelque chose cloche, n'est-ce pas?

Il suffit de regarder les stars hollywoodiennespours'en rendre compte : la pression d'être maigre est beaucoup plus grande pour les femmes que pour les hommes. Nous avons d'ailleurs été témoins de l'amaigrissement dramatique de Oprah Winfrey, de Lindsay Lohan, de Kelly Clarkson et de Nicole Richie, pour ne nommer que celles-ci. Même Kate Winslet, figure de proue dans la résistance à la maigreur, a dernièrement succombé. Pourquoi ces célébrités ressentent-elles le besoin de maigrir autant?

Ces actrices sont fort conscientes du fonctionnement de notre société. Elles savent qu'un corps maigre est associé au succès et à un statut social élevé, alors qu'un corps gros est associé au laisseraller et à la paresse. Elles savent aussi que plus elles seront maigres, plus elles auront de contrats.

qui génère des milliards de dollars par année."

Le problème est qu'il règne dans notre société un discours contradictoire. D'un côté, l'industrie alimentaire nous impose des portions géantes et nous donne des habitudes malsaines, et de l'autre, les femmes dans les médias sont de plus en plus maigres. Ce discours contradictoire et psychologiquement déconcertant est une préoccupation constante pour beaucoup d'entre nous. Il entraîne même, chez certaines, de graves troubles alimentaires. Le seul parti qui semble tirer profit de cette situation est l'industrie des régimes, qui génère des milliards de dollars par année.

Ce qu'il faut comprendre, c'est que le corps des femmes est naturellement plus voluptueux que celui des hommes. S'attendre à ce qu'il soit aussi maigre est non seulement irréaliste, mais dangereux. Les femmes ont besoin d'avoir une plus grande masse adipeuse pour avoir des enfants.

La plupart des femmes à la télévision, elles, ont un indice de masse corporelle (IMC) inférieur à la normale. Ces femmes sont plus à même d'avoir des crises cardiaques et ont, en général, une moins bonne santé que les femmes qui sont un peu au dessus de la normale. D'autres études ont récemment démontré que les femmes âgées plus en chair avaient les os plus solides. « Maigre » ne veut donc pas dire « en santé », comme le discours dominant le laisse entendre, et cette obsession pour la minceur n'a aucune raison d'être.

Récemment, je me suis assise une table d'inconnues à la cafétéria et la conversation a dérivé sur ce sujet. Les femmes présentes - de toutes formes, grosseurs et couleurs - ont avoué, dans un grand soulagement, leur désir de perdre du poids. Si des masses de femmes souffrent en silence, pourquoi cet indéniable problème est-il toujours aussi tabou?

FEATURE

es on Being a Woman Iobalized World

Picture this: The author journeys to Lancones, Peru to teach locals about gender equity.

by Karen Murray

mmelt and Ashley Jestin

900 TO

A dry desert, barren land, rocks and lizards, goats with bloated stomachs but skinny behinds and children with curious dark eyes.

They say there are tarantulas here. I live in the blue house near the school. You will find it: there are only

two main roads, and one blue house. I arrive in the village of Lancones, Peru, ready to embark on my first experience working in gender equity and education with Agriteam, Canada. I thought I was ready, but as the first month passed, I realize that to have an impact, I needed to define equity, and my purpose there.

What is helping women? What is this thing called the "F" word? What is gender and what is sex? What is my understanding as a North American woman, and how do I translate that into a rural-developing situation in the Southern hemisphere? "Feminism" – or, in the subtle way we put it nowadays, "gender equity" - to me is creation of a space where men and women learn the role their sex plays in their environment, and the stereotypes attached to gender in the given cultural context. Men and women become aware of their domestic and international rights as citizens.

But how was I to translate textbook knowledge, when my group of young women had little conception these rights even existed?

I started by gaining individual trust. Every Tuesday was Girls Night, a club that I created where young women ages 12-18 would get together for activities in individual and group development.

I also needed to earn the community's trust. Empowering women with knowledge and a sense of individual thought can be tricky if the community is not aware or ready. It was not until the end of my third month, when the girls were more receptive, that I was able

to run a gender workshop. Curious, the boys came in too and sat in the back. We discussed their role as women in their community, assigned gender roles and how they were treated.

The basic message that I wanted to leave behind was that it was okay to continue to live in Lancones – that it's okay to finish high school, and to marry. The traditions and lifestyle of the community do not have to be negated to produce more equitable change. Nonetheless, these women do deserve, and can have, control over their choices.

Too often in the West, I feel we forget that the opportunities we have here are just not always feasible there – not right now. Making change cannot be just for the individual, but the community as a whole. Through the work that Agriteam has done in the area of gender equity and education, new relationships are being forged and communities are changing – for the better.

"Too often in the West...we forget our opportunities are not always feasible elsewhere."



WRITER'S CRAFT | PRO TEM

Glendon's bilingual newspaper

WRITER'S CRAFT

Bang Trimming By Christina Palka

I stand on the back deck, my arms crossed, my mouth shut in a tight line. I avoid looking at my Dad. He is smiling, I can tell from the corner of my eye. I know he wishes that I would look at him; he knows if I do, I will smile back. I don't dare look at him.

Instead I look down at my jelly-shoed feet, but then he instructs me to look up, so that my head is level. And before I know it, he has the scissors at my forehead and begins cutting my bangs. I am so angry with him because he is not a professional hairdresser, and even though he says he tries his best to cut in a straight line, I always end up with jagged looking bangs.

My eyes are drawn to the shiny metal, completely independent from what my mind is telling them to do. Once my eyes have dared to look at the shiny instrument, it does not take them long to dart to my Dad's face. His eyes meet mine, and he pauses with the cutting. As soon as the smile is spreading across his face, my own smile betrays my brooding mood, and we are friends again.

Gender Contest: Third Place

Things not to think of

by ErinMarie Hutchinson

when I was eleven years old, I asked a question (how come animals don't menstruate?) and was kept in from recess.

then again when the word naked wrote itself into my notebook, (only this time they called my mother.)

they told me not to talk like that, to behave myself, (all this while my mother tightly twisted my hair into one long braid)

Shock on my friends' faces when I told them of my sexy boy dreams. (They weren't so friendly after that)

You'd think by now I've learned, you'd think by now I'd keep my hair underneath elastic bands and pretty scarves. You'd think that, wouldn't you.

But that's what you think.

"In My Absence" By Jacinto Wong

And though, for now I will be gone. You will have this song, To keep you warm in my absence, In my absence.

I felt the sun, I watched you glow, And for a second, I believed in more than Nothing.

Nothing could ever mean This much to me, And sweetheart, I hope that you're trusting me, To do what I've never done before, And wear my heart on the clothes I wore.

And though, for now I will be gone. You will have this song, To keep you warm in my absence, In my absence.



PRO TEM | POT POURRI

le journal bilingue de Glendon

Gender Contest Winners How has your gender shaped who you are?

First Place

Sisterhood & Womanhood by Madura S.

They gave us girl when we were born. Born as girl they said. And some, we believed. And we chose pink and red and purple and had long hair and frills. And some, we did not believe; we chose blue and green and brown, and had short hair and no frills – or we chose pink and red and purple and had long hair and frills anyway. But we all bled. Bled red blood. Blood was girl so we were all girl. And we made a circle made of girl. And it was a sisterhood. It was our sisterhood.

Until they told us there was a hole in us our sisters could not fill. We needed boys. Boys to fill our holes. Those boys. Those boys that did not know of our holes or their role. And some we fell in love with their naivete. And some we orbited the Adam. And some we turned to men. And some we didn't believe there was a hole. We rejected and were rejected. But then we discovered that yes we did have a hole. And so we loved those naïve boys or Adam or men.

Until they told us we were sexual and injected us with sex juice in disguise. We were rabbits. Rabid, we needed to be controlled. And they brought out the slides and videos and models and serious masks for the teachers. And we clustered around the compact with pastel-colored pills. And we wondered what did all of this mean? And then we read a book or watched a movie and then we knew. And some we learned to hide. And some we learned to show. And some we had sex. And some, we learned we already had sex. And some we were virgins and wanting to have sex. We were wanting sex, all wanting sex, all want.

Until they gave us fear. They took away the kidnapper and gave us the rapist. And so we were afraid. Always afraid. For the kidnapper was always hidden. But the rapist was always there. He was always he. And he was every he. And so we lost our safety and kept ourselves in cages. And some we feared our fathers. And some we feared love. And some we were raped but couldn't be relieved. And we were all afraid. Afraid, we turned to our sisters, our forgotten sisters. And we made a circle made of fear. It was a womanhood. It was our womanhood.





My Life So Far by Jean Wong

I live in a world of soft and danger, thrown around like a cloak and hanger. Living in a world of complications, elevate my desperation... Call me up and hear my plea, of a thousand misery Complacent, I may seem, I am actually a soul-less being. Closest to happiness is a touch of slumber. Slumber, itself, will ease my hunger as its better to be unaware, of the laughing thunder

Second Place

	Entre by Julie Larivière-La	TWO acombe
		I long for
	Je cherche	my ídentíty.
	mon identité	lost ín a world unknown.
	perdue Dans un double monde:	without a guide
	je suis sans Directic seule.	on. Tam searching
	Ilyaun gap	
	vide. Il y a un void	
	un néant Je suís entre deux	empty
ohid	mondes. Incapable de saísír une	I slíde betwee Two worlds. to grasp either
	réalíté Je fonce.	Towards nothing
	Jevís	One way the day,
	d'une autre le soir	
	duel Constant	dual
	Entre	Two

Melropolis

METROPOLIS | PRO TEM Glendon's bilingual newspaper

>Neighbourhoods

Redesigning the West End

by Tia Brazda Metropolis Editor



"We've got the best place in the West end, if not the world." - Ian Malone

Something is happening in Toronto's West end. The Art and Design district is booming. Certain critics have scathingly dismissed the recent growth in this neighbourhood as merely another attempt to gentrify the urban landscape. Others have gladly embraced these innovations as an overdue revival to an area long awaiting rescue. Development debates aside, the Art and Design district is a dynamic collection of creative space. Lining the streets are modern art galleries, eclectic boutiques and ambient hangouts. The landmark of the area is handsdown The Drake Hotel, located at 1150 Queen W.

Once serving as a dilapidated rental to some of Toronto's poorest citizens, this heritage building was ambitiously renovated in 2001 to produce what is now a sophisticated and artistic atmosphere. Aside from the hotel suites on the upper floors, this space also boasts a theatre, bar/lounge/restaurant and rooftop patio. Drake staff member, Ian Malone, extends a boastful invite, "If you want to relax and get your buzz on then we've got the best place in the West end, if not the world." He may be correct; the Drake Hotel was recently voted as being one of the best 500 hotels in the world by Travel and Leisure magazine. Surprisingly, the prices are reasonable; expect to pay around \$6 for beer/wine. There are live performances taking place in the theatre on most evenings so check out their event listings at www.thedrakehotel.ca.

Another treasure in the Art and Design district is the clothing store, 69 Vintage, located at 1100 Queen W. This stylish shop has an excellent, if not the best selection of quality vintage in Toronto. Come shop for cowboy boots and amazing belts. Most current trends arise from classic looks so why not get the original?

Nestled between clothing stores and restaurants, you will find countless contemporary art galleries. A current show by artist Diane Lingenfelter's entitled 'Metropolis' is currently on at the Engine Gallery (1112 Queen W).

Besides getting acquainted with Canada's modern art, this neighbourhood could inspire you to make your own. Pick up your paints and canvas at Woolfit's Art Supplies (1153 Queen W). If knitting is up your sleeve then head over to the "stitch and bitch" knitting circle at The Knit Café (1050 Queen W). Surrounded by walls lined with colorful balls of yarn, sits a mix of young men and women putting a new spin on an age-old pastime.

Despite accusations of gentrification, it's not all roses yet. It's still not uncommon to see a prostitute on the corner and it's not advisable to go walking through Trinity-Bellwoods park after dusk.

Still authentically rough around the edges, the Art and Design district still has a unique vibe that even two Starbucks haven't been able to corrupt.

GET BOLD THIS SPRING

by Andrea Palichuk Fashion Columnist

March is here and spring fashion will soon be hitting the streets. Colours and whites, edgy and subtle, this spring, almost anything goes. Spring 2006 trends include bold prints, the continued popularity of kimonos, a return of shirt-dresses and a fury of innocence. Two-toned or multicoloured, earthy or vibrant,

five-toned or multicoloured, earthy or vibrant, dramatic patterns are the highlight of the season. Oversized floral prints, African motifs, small and clean-looking fruit prints, and large graphic lettering make many appearances in the collections of the season. Black on white and multicoloured dresses in oversized floral prints take the spotlight as well. For drama and sophistication, this look can be done head-to-toe as a dress, or a pant suit. To be more subtle, try a wild shirt under a blazer with jeans, or a vibrant hair ribbon for that hint of innocence.

The Kimono is another must-have item for spring, and has been gaining popularity since its early winter debut. A bold new take on the Japanese classic is a widely-belted, mini wrap-dress. For the more accessible version of this trend, try bow-tying a piece of wide, floral patterned fabric around the torso over a flared or tulip skirt and a low-cut, wrap or v-necked top.

Also easy-to-pull-off, shirt-dresses are an old favourite that have been revitalized into a hot, new trend. The shirt-dress can be worn childishly, with rounded edges and asymmetrical buttoning, or saucily: try belting a men's dress shirt with a wide scarf over mini-shorts. For a more classic look, go with something structured, double-breasted or belted at the waist.

Other trends such as airy baby-doll dresses, lacy and solid, in white and vibrant are ultra chic this season and hint at child-like innocence. This concept can also be achieved in the sophisticated sense with white monochrome, in a crisp shirt-dress or Grecian-style sundress.



If you would like to see a neighbourhood featured contact tbrazda@gmail.com

PRO TEM | METROPOLIS

le journal bilingue de Glendon



« Ambiance stimulante et café envoûtant sont au rendez-vous au Café Balzac. »

Le Café Balzac

par Céline Castonguay

Cn ouvrant la vieille porte en bois, vous êtes immédiatement enivrés par l'odeur du café. À l'intérieur, les murs de briques et le vieux chandelier témoignent du passé de ce bâtiment, une ancienne manufacture, datant du 19e siècle. Un balcon ouvert sur la pièce principale vous donne la chance d'observer les gens en savourant votre café et d'accéder à la véranda afin de voir le quartier en action.

Situé au cœur du Distillery District, près des rues Front et Parliament, le Café Balzac vous offre plusieurs types de café, allant du doux et léger au noir bien solide. Leurs spécialités sont le café arabica, organique et équitable. Le Café Balzac est un membre licencié de TransFair Canada, une organisation qui promeut le développement viable et le commerce équitable des producteurs de café de par le monde. Attendez-vous à payer un peu plus pour votre café que celui du Tim Hortons, mais la qualité et le goût en vaudront savoureusement la peine.

Si vous n'avez jamais eu la chance de visiter le Distillery District, la sortie en vaut le détour. Plusieurs galeries sont ouvertes au public et les nombreux restaurants du coin sauront vous plaire. Visitez le site web du Distillery District (www.thedistillerydistrict.com) pour plus d'informations sur ce qu'il y a à faire et à voir dans le quartier.

Heures d'ouverture

Dimanche au mercredi: ouvert de 7h à 19h Jeudi au samedi: ouvert de 7h à 21h Bâtiment 60 55 Rue Mill Toronto, ON Téléphone: 416-207-1709 beans@balzacscoffee.com www.balzacscoffee.com



Lace Up Your Skates

by Richard Sleightholm

At the heart of Toronto you will find Nathan Phillips Square. Although a lively place all year round, this place truly comes to life in the winter. It is in the colder months of the year that the square is transformed into a free outdoor ice-skating rink. Coming out for a skate with friends or family is interactive and truly fun.

I recall spending an afternoon as a child, skating with friends under the careful supervision of parental eyes; leaving the ice only when I no longer had any feeling left in my toes. The "Freedom Arches" protruding overhead, made me look up and stare until often times I would lose my balance and fall on the hard, unforgiving ice. Nevertheless, I would not trade these memories for anything and I know that I am not alone in having memories as such.

Built in 1965, Nathan Phillips Square is named after Toronto's mayor from 1955 to 1962. Phillips was a major force behind the construction of Toronto's architecturally famous City Hall, which can be seen in the background from the Square itself. The Square is a testament to the spirit of Torontonians, and an international tribute to world peace. One of the "Freedom Arches" has at its base a slab of concrete taken from the Berlin wall, as a reminder of how precious freedom is.

With spring not too far around the corner, we should take advantage of our freedom, go to Nathan Phillips square and lace up our skates, where we can make new memories.



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February 28, 2006

Glendon's bilingual newspaper

ARTS & CULTURE



Rebecca Jackson Mendoza plays the ethereal Galadriel.

Hobbits Invade Hogtown

by Sarah Applebee

Lt was with great anticipation that I took my seat at the Princess of Wales theatre one night this past reading week. Santa had been good to me and had given me two of the most hard to come by tickets in the whole city. I was about to be one of the first people to see the Lord of the Rings (the musical).

The first and most important thing to note about the show is



that it is a musical, as some of the audience members were not aware of this fact. The play had many excellent singers; the best being cast as Elves. The greatest among the Elven singers was the Lady Galadriel. As wonderful as the singing was however, I did not need three songs to tell me that Hobbits have a great appreciation of food.

None the less, the show was nothing short of fantastic! Amazing sets that were both beautiful and intricate were combined with some of the most astonishing technical features to date in theatre. Through gorgeous set pieces and a hydraulic rotating stage, the audience is taken from the mystical set of Bag End through to the haunting Mount Doom.

With all of this great set and tech, the group of actors had quite a job of keeping the attention on themselves and their lines, rather than on the ever changing backdrop. Somehow they manage to pull off this difficult task, although some did it with more style than others. The flexible and agile actor who had the daunting task of playing Gollum gave an astounding performance, switching between Gollum's two distinct personalities with ease.

One of the best aspects of the play was the actors who worked on stilts. The Nazguls were fantastic to watch with each fabric horse being controlled by an actor on stilts playing a black rider. The terrifying height of the Ents kept the audience both afraid and astounded.

This show is a spectacular piece of theatre, with lighting, set and sound feats that will leave you speechless. I compel anyone who is interested in either the Lord of the Rings series, or theatre and its technical aspects, go see the show. Lord of the Rings officially opens March 23, 2006.





Live Music

Lula Lounge:

March 1

28 février 2006

Un long dimanche de fiançailles

Après Amélie, impressions sur le dernier succès de Jean-Pierre Jeunet.

par Cassandre Madvo

'imagine que tous les fans d'Amélie se sont précipités pour voir le film Un long dimanche de fiançailles. On a réutilisé la recette -même équipe de production et Audrey Tautou en héroine- mais le résultat ne m'a pas touché de la même manière. Ecoutez plutôt.

Le thème d'Un long dimanche de fiançailles est beaucoup plus sérieux. Mathilde (Audrey Tautou) et son ami d'enfance Manech (Gaspard Ulliel) sont fiancés quand, en 1917, ce dernier doit partir en guerre. L'armée Française abandonne le jeune homme et quatre de ses compagnons dans la zone neutre, en proie aux Allemands. Manech disparaît et est considéré mort. Mathilde, cependant, ne perd pas espoir; elle le croit vivant. Après trois ans d'attente, elle se met donc à sa recherche, et rencontre plusieurs personnages burlesques et extravagants en chemin. Quant à la fin...bien sûr, je ne la révèlerai pas, disons seulement qu'elle m'a déçue. Je n'ai pas trouvé le dénouement satisfaisant ni assez réaliste à mon goût. Peut-être était-ce l'intention du di-



Audrey Tautou est Mathilde dans le film français Un long dimanche de fiançailles.

recteur que d'incorporer le même sentiment de fantaisie que dans le film Amélie.

De bonnes choses tout de même, la représentation de la Première Guerre Mondiale était réussie, on y croyait vraiment. L'aspect macabre et cruel était contre-balancé par des scènes d'amitié et de compassion. Certaines parties très émouvantes m'ont, je dois l'admettre, mis les larmes aux yeux. En fin de compte, le film était très beau et mélancolique, et je vous le recommande.

Un long dimanche de fiançailles a été nominé dans plusieurs catégories aux Césars français en 2005 et

Niaht

ELIE WIESEL

Night by Elie Wiesel Hill and Wang, 144 pages

Reviewed by Jennifer Capano

大大大 (out of 4)

a gagné pour la Meilleure photographie, les Meilleurs costumes, les Meilleurs décors, le Meilleur second rôle féminin et le Meilleur jeune espoir masculin. Vous pouvez louer le DVD, il est disponible à Rogers Video, au coin de Bayview et d' Eglinton.

A *Night* to Remember

Memoirs of a 13-year-old Holocaust survivor.

ometimes you just have to listen to Oprah. Despite her foibles when it came to James Frey's A Million Little Pieces, Oprah completely redeemed herself with her next book club selection, Elie Wiesel's award winning memoir Night.

This is not a new publication; it is Wiesel's harrowing account of living through the horrors of the Holocaust as a Jew in the concentration camps. Never before has this history been more poignantly revealed than through the eyes of Wiesel's 13-year-old self.

Although it was first published in 1958 and translated in other publications years after that, it is the 2006 re-publication with a new translation from the original French publication done by his wife Marion Wiesel that lends a new voice to the story.

In our generation, the horrors of World War II are often set aside in our minds. As every year sees more and more holocaust survivors passing on, with them goes their stories and their memories of the horrific events. Weisel's Night keeps the memory alive so that the contemporary reader can feel what he felt, see what he saw, and cry with him when death casts a shadow over his experiences.

There are few words that describe the pain you will feel when you read this book. It will only take an hour and it will change your life forever. Now, forever in my mind I will have a special place for Elie Wiesel, and all I can do is thank him for allowing me to share in his memories.

In thousands of high schools and colleges around the world students have to read Night as

part of their curriculum. This memoir should be put on everybody's personal curriculum. As Wiesel puts this history into a very human context, every single person should read it and understand that the holocaust was not just six million murders, it was six million people with six million stories. Wiesel happened to survive, his mother, father, and sisters were not so lucky. Read *Night* and allow their stories to go on.

If you read Night and want to know more about the history of the Holocaust, pick up Doris L. Bergen's War and Genocide: A Concise History of the Holocaust. Bergen puts the history in laymen's terms and does not get bogged down by statistics.

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Glendon College York U Cuba night w/ Isidrio Martinez y la Cominacion Latina.

1585 Dundas St. West 416.588.0307

Dance Clubs

Queer Night at Gladstone Hotel: Hump Day Bump Eclectic sounds w/ hosts Sandy, May, and guest DJs. March 1 1214 Queen Street West 416.531.4635

Comedy

Spirits Open Mic Night Spirits Bar & Grill: presents Wed-night open mic comedy, w/ Julia Bruce, John Ki, Dylan Mendelson, Pat Burtscher, June Morrow and host Jo-Anna Downey. March 1 at 9 pm. 642 Church. 416-967-0001. Free Admission (donations to Habitat for Humanity).

Visual Arts

Power Plant The Cold City Years group show; painting/installation: On Kawara and Javier Téllez. On till March 5. 231 Queens Quay W 416-973-4949. \$4, stu/srs \$2, Wed 5-8 pm free.

Book Readings

Dy Béchard/Vincent Lam: Béchard reads from Vandal Love and Lam reads from Bloodletting And Miraculous Cures. March 1 at 7:30 pm. Harbourfront Centre Brigantine Rm. 235 Queens Quay W 416-973-4000. \$8.

<u>Theatre</u>

Leo by Rosa Laborde: This play follows the journey of three friends in Chile during the early 1970s.

Runs to Mar 19, Tue-Sat 8 pm, mats Sat-Sun 2:30 pm (except Feb 25).

Tarragon Theatre (30 Bridgman Avenue, Toronto, Ontario.) 416-531-1827. \$24-\$29, stu/srs \$16-\$24 (except Sat eve), Sun pwyc-\$15. 30

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HEALTH&WELLNESS

Addiction and Performance Enhancers

by Mike Diez d'Aux



Performance enhancers are increasingly being used as an easy way to bulk up and lose weight. However, as research on these drugs is still in its primitive stages, most users are unaware of their long term affects.

It is important to remember that results incurred through the use of performance enhancers are unsustainable. As soon as enhancers such as creatine or caffeine are not taken any longer, the body violently rebounds to its former state and condition. As a result, such substances foster a mental addiction that is quite powerful. The benefit of avoiding such substances is that the results experienced are sustainable as long as one continues to work for them. Protein powder is not commonly viewed as a performance enhancer however it exemplifies the current trend towards using artificial means to achieve quick and prominent results. Individuals are motivated to take it because they do not get enough protein in their diets to sustain their training. Unless they consume it for an extended period of time (an expensive and unlikely proposition) users can experience a protein deficiency which can lead to weight loss and even illness.

The preferable route is to simply increase the protein in your everyday diet to a sustainable level. In this way money is saved, reasonable attainable goals are set and achieved, and addictions are avoided.

Nor love, not honour, wealth nor pow'r, Can give the heart a cheerful hour When health is lost. Be timely wise; With health all taste of pleasure flies. - John Gay, Fables (pt. I, fable 31)

Starving for Perfection

By blaming the media we are ignoring the root of the problem.

by Crystal Colussi Health and Wellness Editor



Although the media contributes to the commodification of the body and the insatiable desire to be thin, it is not the sole reason for which eating disorders exist.

Anorexia Nervosa, a common eating disorder, is a disease which arises when the body is starved of essential nutrients. According to Dr. Ray Baker, Assistant Clinical Professor of Medicine at the University of British Columbia, between 0.1% and 1% of adolescent females suffer from anorexia.

Individuals who are at high risk of developing anorexia nervosa are those who are commonly characterized as "perfectionists"

and have a tendency to push themselves to achieve difficult and sometimes unattainable goals.

When a woman or man believes that they do not measure up to social standards, their sense of self is crushed. According to Susie Orbach, author of *Hunger Strike*, it is at this point that women and men begin to perceive their bodies as "gardens"; as objects that are in constant need of cultivation and attention.

In *The Beauty Myth*, Naomi Wolf notes that anorexia nervosa commonly begins as an attempt by the individual to take control

over the ideology with which society is trying to control them by rejecting food. Other behavioural signs can be compulsive exercise, calorie and fat gram counting, starvation and restriction of food, self-induced vomiting, the use of diet pills, laxatives or diuretics to attempt controlling weight and a persistent concern with body image. Ultimately, this behaviour will damage a person's physical and emotional health, self-esteem and sense of competence and control.

While all of the images, advertisements and blatant messages propagated by the media may be counterproductive to a healthy self-image and to society's acceptance of the uniqueness of the body, it is not the sole reason for which many men and women develop eating disorders. On the whole, if an individual's environment or genes render them more susceptible to an eating disorder (alcoholism, drug abuse, depression etc.), they will end up suffering from such a disorder regardless of television or magazines.

Eating disorders are not about weight and food. Rather, they are complex conditions that arise from a combination of long-standing behavioural, emotional, psychological, interpersonal, and social factors and must be treated through some form of psychotherapy or psychological counselling, alongside careful attention to medical and nutritional needs.

FOOD FOR THOUGHT



DÉLICIEUSES BOULETTES DE VIANDE

Ingrédients

1 lbs (450 g) de boeuf haché

1 boîte de conserve (540 ml) de tomates étuvées

- 1 gros oignon, en rondelles
- 1 piment vert, en dés
- 1 tasse (250 ml) de riz minute

Les Etapes

1. Façonner des boulettes avec la viande hachée et faire cuire au micro-ondes à haute intensité pendant 6 à 7 minutes. Égoutter le gras.

2. Ajouter par-dessus le riz minute, les tomates étuvées, l'oignon en rondelle, et le piment vert en dés.

- 3. Remettre au micro-ondes à haute
- intensité en couvrant pendant 6 minutes.



SILENT MEDITATION Shared silence by candlelight. 9 pm. Free. St George the Martyr Church, 197 John. 416-535-0105

THURSDAY MARCH 2nd INSPIRED LIVES: THE BEST OF REAL-LIFE YOGA FROM ASCENT MAGAZINE Book launch with writers Marcus Boon, Sparrow and others. 8 pm. Free. Gladstone Hotel Art Bar, 1214 Queen W. 416-531-4635.

SPORTS

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Football Africain

L'Égypte champion africain; Inquiétude africaine pour la Coupe du Monde 2006.

par Yannick Hannelas

Ce vendredi 10 février, devant un stade du Caire explosif, l'équipe d'Égypte remporta la

25eme édition de la coupe d'Afrique des Nations, après les épreuves éprouvantes des tirs au but. Leur adversaire en finale, la Cote d'Ivoire n'a pas su s'emparer des occasions décisives, aux grands regrets de l'entraîneur ivoiriens, Henri Michel. Didier Drogba, diminué par une blessure au genou, manqua la chance de mettre en avant son équipe nationale à la 79eme minute de la rencontre.

La partie a été généralement bien maîtrisée par les « Pharaons » d'Égypte.

Néanmoins, jusqu'au coup de sifflet final du temps réglementaire, c'est dernier n'ont pas pu venir à bout d'une défense ivoirienne solide, regroupé autour du gardien, Jean-Jacques Tizié. Durant la prolongation, ce sont toutefois les « Éléphants » de la Cote d'ivoire qui prennent le dessus, avec la fatigue qui se faisait sentir du coté égyptien. A l'issue des 120 minutes, Didier Drogba et compagnie pouvaient se mordre les doigts après avoir manquer tant d'opportunités de ramener le titre chez eux. Pendant la séance des tirs au but, les Égyptiens préservaient une meilleure concentration: Alors qu'Ahmed Hassan mettait le ballon au fond du filet, le tir de Didier Drogba serait sauvé par l'élu meilleur gardien de la compétition, El Hadary. A l'issue des tirs au but, l'Égypte l'emporte sur un score de 4 à 2. L'Égypte devient donc champions d'Afrique, tout en devenant la première équipe à remporter 5 coupes d'Afrique. Au niveau de la FIFA, les « pharaons » grimpent les rangs gagnant 15 places et se plaçant à la 17eme place.

La compétition africaine achevée, il est grand temps de penser de l'Afrique au niveau mondiale. En terme footballistique, la CAN d'Égypte ouvre le chemin aux mondiales d'Allemagne. L'Afrique attend beaucoup des nouvelles équipes à la Coupe du Monde notamment la Cote d'ivoire et le Ghana. Néanmoins, après la célébration égyptienne à la CAN, un regard inquiétant s'est posé sur les performances médiocres des mondialistes tel que le Ghana, le Togo et l'Angola ainsi que le jeu mi-figue mi-raisin des champions d'Afrique 2004, la Tunisie. Il y a certainement quelques mois de plus avant Allemagne 2006 pour l'amélioration, mais à l'heure qu'il est, seul la Cote d'ivoire d'Henri Michel, malgré sa défaite en finale de la CAN, montre des signes d'étonner beaucoup en juin 2006. Les « Éléphants » pourraient bien emmener la flamme africaine très loin au mondial d'Allemagne. Qui sait? Peut être plus loin que l'ait fait les Sénégalais de Diouf en 2002. ■



L'Egypte championne d'Afrique 2006.

UPCOMING GAMES



Washington @ Toronto, Feb. 28, 7:30pm ET Toronto @ Buffalo, Mar. 3, 8:00pm ET Ottawa @ Toronto, Mar. 4, 7:00pm ET Montreal @ Toronto, Mar. 7, 7.30pm ET Toronto @ NY Islanders, Mar. 10, 7:00pm ET Tampa Bay @ Toronto, Mar. 11, 7:00pm ET Boston @ Toronto, Mar. 14, 7:30pm ET Toronto @ Buffalo, Mar. 16, 7:00pm ET Toronto @ NY Rangers, Mar. 18, 7:00pm ET Toronto @ Pittsburgh, Mar. 19, 7:30pm ET Atlanta @ Toronto, Mar. 1, 7:00pm ET Toronto @ New Jersey. Mar. 4, 1:00pm ET Boston @ Toronto, Mar. 5, 1:00pm ET Toronto @ Cleveland, Mar. 7, 7:00pm ET Cleveland @ Toronto, Mar. 8, 7:00pm ET Denver @ Toronto, Mar. 10, 7:00pm ET Indiana @ Toronto, Mar. 12, 1:00pm ET Toronto @ Philadelphia, Mar. 14, 7:00pm ET Detroit @ Toronto, Mar. 15, 7:00pm ET Milwaukee @ Toronto, Mar. 17, 7:00pm ET



SPORTS TRIVIA:

YOU CAN BET THERE WILL BE A FULL HOUSE SO REGISTER TODAY!

Q. Qui est devenu le plus vieux joueur dans l'histoire de la CAN à marquer un but en phase finale de la Coupe d'Afrique des Nations?

·sáed uos əp

R. Le vétéran et capitaine d'Egypte, Hossam Hassan. Hossam Hassan est également le seul joueur au monde à avoir soulevé trois fois la Coupe d'Afrique des Nations (1986, 1998 et 2006) et il est également le joueur ayant le plus apparu aux niveau international dans les couleurs

Glendon's bilingual newspaper

Once banned in nearly every state, the UFC takes over.

by Adam McNally



The Ultimate Fighting Championship (UFC) first premiered in 1993 with an aim to pit martial artists with different fighting styles against each other, to prove which discipline was most dominant.

Fighters used combinations of Brazilian Jiu-Jitsu, Muay Thai, wrestling, boxing, and other martial arts.

Early UFC tournaments held eight or 16 man elimination brackets, no-holds barred fights with no weight classes. Competitors often faced significantly larger opponents, which led to a string of short, violent matches. The brutal nature of the sport was noticed immediately by authorities, which led to the sport's ban in nearly every American state.

Eventually regulations were imposed, and the UFC's rules were re-written to include five-minute rounds, weight divisions, referee stoppages, and stipulations on striking -- such as banning low blows and knees to the head from the ground.

Violating the rules results in an automatic disqualification and a \$1000 fine. Matches are won by submission, knockout, technical knockout, or by judge's decision. Like many boxing matches, UFC title matches are typically held in Las Vegas or Atlantic City.

Royce Gracie became the first UFC champion after mauling the competition with his family's proven form of Brazilian Jiu-Jitsu. His victory suggested that too

much emphasis had been put on standup fighting, as Gracie took down and submitted each opponent with ease.

The UFC gained mainstream exposure in 2005 by airing on Spike TV. The network features UFC Unleashed, which replays recorded footage from past venues. Spike also launched UFC's reality show "The Ultimate Fighter", where 16 unsigned mixed martial artists battle it out with the winners of each weight class being awarded six-figure UFC contracts.

The biggest pay-per view in UFC history was February 4th's "Couture/ Liddell 3". Randy "The Natural" Couture faced Light Heavyweight Champion Chuck "The Iceman" Liddell for the third time. Both contenders had previously defeated the other.

The event sold out in less than five weeks and tickets were scalped for a rumored \$9000 apiece. Liddell won with a second round knockout to win his second consecutive meeting with Couture. Couture subsequently announced his retirement at 42, immortalizing an illustrious career.

Whether you're a fan or not, mixed martial arts is the sport of the future and the UFC is here to stay.

www.ufc.com



On a Saturday night in Germany December 2005, history was made. Weighing in at 324 pounds and standing a ridiculous seven feet tall, Nikolai Valuev became the tallest and heaviest boxer ever to hold a championship belt.

The 'Beast from the East' claimed the World Boxing Association (WBA) heavyweight belt by narrowly out doing John Ruiz over 12 rounds. In his losing effort, Ruiz weighed in at 237 pounds and stood 6 feet 2 inches, nearly 100 pounds less than his opponent. Immediately after the fight, many boxing insiders began pondering whether or not a super heavyweight division might be in need.

Throughout the eras of the heavyweight division there have been abnormally large fighters, though, for every gargantuan champion there has been a diminutive David ready to topple the goliath. In the early teens of the 20th century, the Pottawatomie Giant, Jess Willard, became the first giant to bear the title Heavyweight Champion. Standing a little over 6 feet 6 inches and tipping the scales at 250 pounds, the champ outweighed most of his competition by over fifty pounds.

Another goliath loomed in the form of Primo Carnera, the 'Ambling Alp'. At 6 feet 5 inches he was shorter than Willard but weighed more than the Pottawatomie Giant at an average 260 pounds.

In recent history, we have seen many boxers walk into the ring weighing more than both Carnera and Willard. As such, the backbone of the argument behind the creation of a super heavyweight division is that numerous fighters today are considerably heavier than their opponents. However, there are many top ten fighters who weigh considerably less than their opponents yet still manage to succeed. Consider Chris Byrd, who recently fought and beat Jameel McCline. Byrd is a blown up middleweight who stands 6 feet tall and weighs around 210 pounds, while McCline is 6'6" and weighs 270 pounds. Due to his impressive mass, McCline hits incredibly hard, but tires frequently and is slow in the ring. Valuev is even taller and heavier than McCline and suffers from the same pros and cons as McCline.

The old adage of the "bigger they are.." speaks volumes in boxing, and never have the Goliath's been bigger.

Ultimate Fighting: The Sport of the Future

Lights out for "The Natural"





February 28, 2006

by Loic Ransom

> After the Bell

Weighing the Goliath's Chances

ADDS&ENDS



entertainmen Dear Ely



Ely's Bio

Ely comes to Pro Tem as a 5th year student from Keele Campus majoring in People Problematics. He grew up on a farm with his mama, whom he still currently resides with. Ely enjoys puzzles and Etch a Sketch. Most of the advice given is from his hick heart, but take note that his mother is a great influence and may step in from time to time.

Email Ely at: *protem@gl.yorku.ca* Attn: Dear Ely

Words 4 Nerds

1. HOITY-TOITY: Thoughtlessly silly or frivolous.

Sentence Use: "I'm a simple man with down-home

values," said Ray. "You won't catch me hanging out

2. POOH-BAH: A person in high position or of great

with the hoity-toity patrons of trendy art galleries.'

<u>Sentence Use:</u> Lawrence thought his many friends among the publishing **pooh-bahs** would assure his

Sentence Use: The sailor stumbled sleepily from his

book's acceptance, but he was in for a surprise.

Question #1:

Sup Ely? Yo guy I can barely stand I'm so full of food. Ha dude, best part though, check this: I snuck into G House kitchen in Hilliard with some pals and raided all the fridges full of students food, cooked it up and we all had a feast. Not only do I do this to stuff my ugly mug, but I do this cause its free guy! Anyways, onto the question, I ain't feelin' so gravy anymore, I've got the green apple splatters. Help!

- Tom Foolery, Coming to a Kitchen Near You!

Reply:

Mama wants to deal with yer butt. Mama: Fools you sure have some big balls going into a student resident kitchen and eating all their food. It's one thing to be Greedy Callous Stupid and Ugly but to be Gorging and Cramming Students Untouchable food items into your mouth and offering it to your friends is another. I myself made a visit to the students of that kitchen and suggested that they put certain 'trap' foods sprinkled with Exlax throughout their fridges. I dare you and your mongrel friends to a feast in G House now shit brick.

Question #2:

Hey Ely. I already don't like you, but that's because I'm a snob. I can't get along with anyone, not even the sweetest person. I'm awkward when I speak to people, I can't stand large crowds and I always feel like people are attacking me. Is there something wrong with me or everyone else?

- Tammy, International Studies Student

Reply:

Tammy yer gotta pull that pickle outta yer butt. Sounds like ye got a bit of an attitudinal problem. Its called 'pickle-n-assomniac', just check yer self into a clinic to have it removed. Good luck.

'dedicated to those with nothing better to do"

bunk and downed a cup of hot jamoke before heading out for the long night watch.

44. NYCHTHEMERON: A full period of a night and a day.

<u>Sentence Use</u>: Civil engineers installed a counting device across the on-ramp for 24 hours to determine how many cars drove across it in the span of one **nychthemeron**.

5. LUCUBRATION: Laborious or intensive study.

<u>Sentence Use:</u> The **lucubrations** of Henry Louis Gates, Jr., have greatly contributed to broadening the discourse on African-American literature and culture.

SUDOKU

3. JAMOKE: Coffee.

influence.

ZODOKO									
	6		1		4		5		
		8	3		5	6			
2								1	
8			4		7			6	
		6				3			
7			9		1			4	
5								2	
		7	2		6	9			
	4		5		8		7		

Rules:

The object of Sudoku is to fill the other empty cells with numbers between 1 and 9 (1 number only in each cell) according to the following guidelines:

1. The number can appear only once on each row.

2. The number can appear only once on each column.

3. The number can appear only once on each region.

In summary a number should appear only once on each row, column and a region.

Horoscopes Courtesy of The Daily Humorscope

ARIES Mar 21 - Apr 19

You will discover an odd amulet in an old curio shop, which is made entirely of holmium and yttrium, and which strongly interferes with the normal functioning of electronics. Best not to play with things like that.

TAURUS Apr 20 - May 20

Time to develop new friendships, and possibly to get a new hair style. Personally, I'm working on the "wacky inventor" hair style, in which I wash my hair at night and go to bed with it still damp. It's not a look for everyone, however.

GEMINI May 21 - June 21 Today you'll idly wonder what ever

happened to Alan Alda, since his MASH days. Believe me, you don't want to know. Neither do I (and I don't). I just know that neither of us wants to.

CANCER June 22 - July 22 You are about to have an unfortunate episode involving insects, grape Kool-Aide, and a revolving door.

101

LEO July 23 - Aug 22

You've been a little down lately, and it's time to snap out of it! You've got to smell the roses while there's time, since you're not going to live forever. Which is good, since you're already seeing hair in funny places...

VIRGO Aug 23 - Sept 22

You will win 12,000 cases of peanut brittle today, on a call-in game show. That's a LOT of peanut brittle, as it turns out.

LIBRA Sept 23 - Oct 23

Today you will ignore the warning label on the mouthwash bottle, and will attempt to yodel while gargling. That will be a mistake.

SCORPIO Oct 24 - Nov 21 Avoid yodelling today.

SAGITTARIUS Nov 22 - Dec 21 Life is beginning to bet a bit stale, isn't it? Whenever that happens to me, I concoct some sort of prune-related recipe and send it off to the food editor of the local daily. You might give that a try.

CAPRICORN Dec 22 - Jan 19 Good day to do crossword puzzles in the park. Life is short enough, without letting it get you all stressed out like that.

AQUARIUS Jan 20 - Feb 18 Good day to try impressing someone in authority. Why not show them how good you are at making under-arm noises? That's always good for making a lasting impression.

PISCES Feb 19 - Mar 20

While pouring over some old historical documents, you will discover that the Norman invasion was actually supposed to be the "Bob" invasion, but Norman stole the credit for it. Sadly, it will turn out to be too late to change it now.

