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"Discovering our Past. Defining our Future - Since 1962."



November 29, 2005

EDITORIAL

EDITORIAL | PRO TEM

Glendon's bilingual newspaper

PRO TEM

Pro Tem is the tri-weekly newspaper of Glendon College. First published in 1962, it is the oldest student publication at York University. En plus d'être gratuity, Pro Tem est le seul journal bilingue en Ontario. As a full member of the Canadian University Press, we strive to act as an agent of social change and will not print copy deemed racist, sexist, homophobic or otherwise oppressive.

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Venez nous voir tous les mardis après-midis dans notre bureau qui se trouve ENCORE au rez-de-chaussée du manoir.

Letters to the editor may be edited for content or clarity. All copy appearing in Pro Tem is at the discretion of the editorial team.

"How About a Nice Big Cup of Festive Spirits?"

The Christmas season is fast approaching, hard to believe isn't it? The alarm clock sings familiar holiday songs, white fluff steadily coats the ground, and the time for family gathering is soon to come. The cold gear comes out (toque, míttens, scarves, winter jackets and boots) from the dark recesses of the closet and the bright revealing clothes of the summer are a distant memory. The malls come alive with colour and spirit while shopping for loved ones. Whistling a holiday tune and wishing good cheer is now acceptable public practice.

So why is it that I still feel slightly nauseated when I hear my alarm go off to the sounds of the season? Am I the ghost of Christmas past? Or worse, am I the Scrooge ready to bah-humbug my way through the holiday season?

The need to multi-task the holiday is essential: attend the work party, study for exams, shop for the perfect gift, wrap, pack, and work that shift for a little extra shopping change. Are those bells still jingling the same happy chime now?

For a student the holiday season means studying until we want to pull our hair out. Exams, assignments, major projects and seminar presentations are cleverly lumped together all throughout the holiday month of December. The big jolly man in the red jumper isn't going to "Ho ho ho" his way into my spirits during the exam period.

Who could possibly forget the present spewing, traffic jammed and ivy strewn mall we all must inevitably enter? Not even the fastest and perhaps smartest shopper can avoid its looming presence. One must learn from their way of shopping: they enter the mall, find the store of choice, eye the shiny gem, point, pay, and get the hell out of there! I plan to shop smart this time around. No brightly lit, heavily decorated, candy cane giving, wishful greeting mall will make me stay any longer then need be.

Let us not forget the formal parties we are invited to attend. Before you know it you're wearing this uncomfortable sequined discount dress while trying to avoid your boss who, charmed on the bubbly, demands you dance the polka with him. Before it's time to leave 'Secret Santa' is played...ah thanks for the cheese and cracker tray? I'd rather the secret remain hidden this festive time around.

Living in Toronto is definitely not in my budget for presents, but I somewhat succumb to the act of giving and pick up a few extra shifts at work. These extra shifts are usually right before an exam and studying while working always helps. No matter how hard the radio belts out the seasonal tunes of a red nosed reindeer or some silent níghts I'm stíll in denial.

I haven't always had this mood about Christmas; it's just the very early start of it that irks me. There is no time to celebrate for a student with exams that often go right into the third week of December. However, once those exams are over I do shed the Scrooge complex and happily join my fellow festive whistlers and well wishers. I may even enter the mall for a peek at the fat jolly man, the wonderful decorating and the free candy canes. Seasons Greetings everyone, and good luck with exams!

Etshley Beaulac

Editor-in-Chief einc.protem@gmail.com



OPINIONS

I write because I find that there are some professors that would pass and some that would fail. For example, right now I am in one class which I find

totally useless to attend, and I'm pretty sure my

classmates would agree with me. It is a three hour

evening class and the professor does not teach at

all. This is a language class, and I believe we are

supposed to be learning grammar. Well, we don't

what the professor has read to us, repeating what

she just said. It is simply annoying because we are paying for this to happen, and that's not the way it's supposed to be. Something has to be done with this

professor because Glendon will have a lot of un-

happy students if this professor continues to teach.

do that. Instead, we spend most of the class reading

Letters to the Editor In Response to the Feature Pro Tem Vol. 45 No. 3, pg. 12-13

Time to shape up, Profs by a Concerned Glendon Student



Crunch time: Exam preparation begins.

Professors: motivating or discouraging?

by Karolina Grodkowska

On behalf of all the Glendon students, I feel that it is my duty to voice our anxieties concerning our university education, specifically speaking about our professors. They are the foundation of our knowledge, our compass towards success, and our building blocks for the future.

Education gives us the freedom of expression. It permits us to acquire a deeper understanding of the world and also the understanding of ourselves. I am not here to judge but am simply putting forth certain issues relating to our professors and their teaching methods.

First and foremost, we as students have the right to be heard and to be respected by our professors. We should be treated as equals. Knowing that a professor belittles a student and tells him that he is not capable of succeeding lowers his self-esteem, and as a result, feels demoralized and worthless.

Is this morally right?

Second of all, professors must be able to separate their private matters from their careers. Students should not be exposed to their private problems. I have talked to various students about this issue and it is appalling to hear how students are being neglected and how much suffering they have to endure. Yes, there are office hours, but half of

the time the professor is not available, or can only speak with you for a moment, or does not have the time at all. Ironically enough, the professors are then puzzled as to why we do not participate in class, why our marks are insufficient, or better yet, why we lack motivation.

Third but not least, professors must be organized and prepared ahead of time. We, the students, are the future of the world. The future is in our hands, and half of our success depends on our professors.

In order for students to succeed, we need to be assured that our professors will always support us and give us a helping hand; we need words of encouragement. If professors don't have the decency to appreciate us how can we appreciate them?



by Donald Walker

President of The Friends of Glendon College www.glendon.yorku.ca/friends

As a Glendon alumnus from the 1970's, I was delighted to see that Pro Tem has been resurrected. The masthead slogan, "Glendon's bilingual newspaper" may be may be less cutting-edge than its 1970's predecessor, "Pro Tem is a member of the fourth estate and an agent of social change", but the newspaper is a lot better looking (computers certainly have made improvements over the old type-and-paste method of composition and printing.) Congratulations to all those involved in its publication.

Julien Resche's quest for the origins of "La Personne Complète" in the second issue warrants a reply. The metal sculpture on the outside of York Hall was

installed much earlier than Julien's research revealed. "The Whole Man", as it was then called, was created by a Vancouver artist named Thomas (first name escapes me) and friend of the York Hall architect. It was unveiled at Glendon's opening in September 1966 by Prime Minister Lester Pearson. The sculpture was cleaned and restored in 1985 in preparation for Glendon's 20th anniversary, and this may be the information that reached Julien.

In those less politically-correct



days, the work was entitled "The Whole Man". At the unveiling, Glendon students of the day presented a much less professional cardboard and paper work - "The Whole Woman" – to then Ontario Premier John Robarts.

Thanks, too, for the Glendon ghost stories. I never heard of ghosts in my four years in Wood Residence, when any apparitions would have been explained as the result of bad drugs. It's great to see that the campus can grow new traditions.

We Asked You:

How do you celebrate the holidays in terms of cultural traditions?



Helen Lam, Third Year International Studies Major



Hani El Masry, First Year International Studies Major



Franco Naccarato, Third Year English Major



Melissa Fockler, Third Year English Major



Carrie-Ann Dehandy, Third Year Linguistics Major

I go to Christmas service at my church every year. We have a sermon and sing Christmas carols. We're not big on formality and ceremony, but just from being together and remembering the meaning of Christmas we've done the holiday justice.

I am Egyptian Coptic, and we celebrate Christmas on the 7th of January. We go to church for a mass until midnight on Christmas Eve and then we break a fast. Presents await us at home.

Je suis Italien et on fête avec du poulet et du cabillaud; la famille toute entière est là. Chacun apporte des plats et, d'habitude, on fête chez moi. Les enfants et moi, on recoit bien des cadeaux et on les ouvre apres le dîner. La veille du Noël on dîne au restaurant. D'habitude, les Italiens ne quittent pas leurs maisons pendant les vacances d'hiver et les membres de ma famille habitent près l'un de l'autre.

Pour moi, les vacances d'hiver sont des souvenirs au sein de ma famille et de mes amis. Décorer le sapin, faire des bonhommes de neige sur la pelouse devant la maison et cuire du pain d'épice, ça c'est fondamental! Ah, j'aime aussi me tenir sous le gui!

My family celebrates Kwanza. Basically, we use symbols and decorations to create meaning. Placed on a table, a candle holder, usually made of wood, symbolizes the children. The unity cup, also of wood, symbolizes togetherness and is used to drink out of by the participants. There is also a small rectangular mat placed under the candle holder, gifts and candies. Kwanza is a colourful celebration that we all look forward to every year at Christmas time.

For a more detailed perspective on this topic please refer to Pro Tem's Feature, pg12. Write to / Écrivez: opinions.editor@gmail.com

NEWS

Glendon's bilingual newspaper



Friends mourn for Jamal and Amon.

O n November 9th, 17-year-old Jamal Hemmings was fatally shot in a west end parking lot. Amon Beckles attended his friend Hemmings' funeral on November 19th, where he was gunned down on the church's steps. Shortly thereafter, he was rushed to Etobicoke General Hospital where he was pronounced dead. Beckles was a Central Tech student, talented reggae dancer, older brother of four and father to an 18-month old daughter.

Beckles' death marks the 69th homicide of 2005, and 48th by gunshot. 40 of the victims

Gun Violence Out of Control

by Adam McNally

have been under the age of 30.

At approximately 11 p.m. on the evening of Beckles's murder, shots were fired on Lexington Ave., blocks away from where the funeral was held. The victim survived but was hit in the arm and leg.

On the afternoon of Monday, November 22, bullets flew through a Regent Park parking lot. The intended victims went unharmed, taking cover behind a parked Minivan.

Gun shells shattered the driver and passenger side windows and tore up its side. One grazed the driver's side mirror, another ricocheted off the windshield.

The van, in the back of which was a baby seat, was empty. In response to the growing gun violence epidemic, Prime Minister Paul Martin has proposed mandatory sentencing for gun crimes, combined with social programs for high-risk youth.

On November 21, Mayor David Miller and Human Resources Manager Belinda Stronach announced a \$1-million investment towards funding a new youth job-counseling centre in the city.

Liberal MP Dan McTeague wants to ban rapper 50 Cent from entering Canada, claiming his lyrics glorify gun violence. The artist, born Curtis Jackson in Southside Jamaica, Queens, N.Y., is set to launch a Canadian tour beginning Dec. 3, in Vancouver.

"I don't think people in Toronto or any urban centre need or want to hear Mr. Jackson's message right now," said McTeague. The musician last performed in Toronto at the Molson Amphitheatre in 2003, where a shooting occurred.

Mr. McTeague went on to say, "I think it's time we send a message of our own to those who glorify violence that their gratuitous violence and movies are not welcome in our country. We need to do a better job at protecting Canadians from people whose message runs counter to all of our efforts of trying to curb gun violence."

For Adam McNally's solution to gun violence, please see next issue's Opinions' section.

NATIONAL NEWS STORIES

More Federal Spending for Ontario's Immigrants

Ontario signed a deal with Ottawa on Monday, November 21, insuring that immigrants will get more federal funding for language training and other services. Ontario will receive \$920 million over the next five years to help immigrants settle and learn English. Prior to this new federal funding, each of Ontario's 125,000, on average, immigrants per year received \$800. Now, immigrants will be issued \$3,400.

Magazines Held the Holograms for Thousands of Credit Cards

A suspicious looking magazine contained many answers for police in their investigation of a multimillion-dollar credit card scam. Concealed between glued pages, 3200 holograms for making Visas and MasterCards were discovered. A man in his 40's was arrested. About \$30,000 worth of equipment was confiscated from his house. An address in Hong Kong is being investigated.

No Threat of Terrorism on Montreal's Metro

Canadian officials aim to reassure the public that there is no threat of a terrorist attack on Montreal's transit system. Worries arose when Spanish sources reported that a man, Abdelhak Chergui, who was arrested in connection with the Madrid bombings in 2004, had comprehensive information about Montreal's subway system. Officials determined that the material did not indicate a specific threat.

More Birds Culled

On November 23, the Canadian Food Inspection Agency confirmed that avian flu was found on a farm in Fraser Valley. The week before, the same farm had a duck test positive for the H5 strain. Though this strain is a low pathogenic North American strain, the birds will be culled. Specialists say that no chance can be taken at allowing the harmless strain to mutate.

Air France Plane Functioning Well

After a thorough investigation into the Air France airplane crash, on August 2, it has been determined that the jet was functioning well with plenty of fuel. With the new information, investigations will continue to determine the crash's cause.

MacLean's Embraces Change

On November 15, MacLean's Magazine celebrated its centennial. MacLean's 100th coincides with the magazine's refurbished look. The new MacLean's will focus more on breaking news and use smaller photographs to increase the room for articles. A maple leaf will take the place of the apostrophe in the magazine's name.

Canada Makes Important Softwood Win

by Kristjanna Grimmelt Writer's Craft Editor

The U.S. Commerce Department has agreed to slash its duties on Canadian softwood lumber in accordance with a NAFTA ruling. The duty will fall from 18.8 per cent to 0.8 per cent. International Trade Minister Jim Peterson called the move a "very positive indication" and "one that Canadians should rightly see as a vindication of our strong position."

Canada won the last in a series of NAFTA rulings last week over the ongoing battle over softwood lumber. On August 10th, the US was ordered by NAFTA to return \$5 billion in levied softwood duties to Canada, but they did not listen. Since then, they have ignored orders to reduce tariffs five times.

The dispute itself is tightly woven into the history of the two countries. In Canada, the government owns the majority of harvested land, while in the US the industry is privatized and rights are sold by competitive auction. "Canada's lumber industry receives billions of dollars in annual subsidies...and [this] is at the core of this trade dispute," said Steve Swanson, head of the U.S. Coalition for Fair Lumber Imports.

"Americans should live up to their agreement and if they don't, Canada will do whatever is required to ensure that Canadians are protected," - Paul Martin

Many in Washington feel the US is in the right. "Lifting the duty would be devastating to U.S. lumber companies, workers, their communities and to millions of private timberland owners across the United States," decried Swanson. A World Trade Organization Panel also ruled last Tuesday that the US complied with international trade regulations.

Nevertheless, Prime Minister Paul Martin applauded the US decision to cut the tariffs, calling it a "step forward." On



Martin applauds NAFTA decision.

Wednesday he unveiled a 1.5 billion dollar aid package for companies and communities affected by the dispute, pledging to further defend Canadian interests. Martin has also been openly defying Bush on the issue in the past few weeks, a tactic he claims has nothing to do with the non-confidence motion set against his minority government by opposition leaders.

"Americans should live up to their agreement and if they don't, Canada will do whatever is required to ensure that Canadians are protected," he said Wednesday.

Sharon's New Centrist Party

Israeli Prime Minister Ariel Sharon has decided to leave Lukid, his political party established in 1973, to form a new movement. Elections are expected to be held in March 2006.

HIV Infection Rates Decrease

In recent UN reports, prevention programs set up in the last five years are yielding results. Zimbabwe and Kenya are two of the countries experiencing a decrease in infection rates. However, only one in five people at risk have access to these services.

Angela Merkel Elected First Female Chancellor - Germany

Angela Merkel alongside the Christian democrats, the Christian Social Union, as well as the centre-left Social Democrats held 448 of 614 seats in Parliament as of last Tuesday. Her government must deal with national issues such as high unemployment rates (11%) and stagnant economic growth.

Kenyan Voters Reject Constitution

Kenyans rejected President Mwai Kibaki's proposed Charter by 57% to 43%. The opposition leader Uhuni Kenyatta states that the vote "show[s] that the future of the country lies not in an imperial presidency but in an accountable leadership" Results show that Kenyans voted along tribal lines, considering divisions within the country leading up to the referendum.

US Legislator Calls for Iraq Withdrawal

Iohn Martha, former U.S. marine and Vietnam veteran was the first American legislator to call for immediate removal of 150, 000 troops in the next six months from Iraq. He states that the war, "cannot be won militarily and U.S. troops have become targets." Many accuse Martha of surrendering to terrorists.

Fighting the Marital Law in Israel

Sefi Bar Lev and Yaron Lahav, after being wed in Toronto in 2003 at the Gay Pride Parade, wish to move to Israel and seek recognition for their same-sex marital status. This is the first ever court challenge that deals with gay marital rights in Israel. The Supreme Court hearing began this month.

Chemical Warfare found in ocean off Vancouver Island Port Hardy

by Christina Palka National News Editor

in many deaths.

At the end of WWII, chemical warfare and ammunition were taken across Canada by train, put on a boat and shipped out approximately 160 kilometres west of Vancouver Island and then dumped into the ocean.

Initiated two years ago, the Warfare Agent Disposal Project, which aims to identify and assess water and land-based sites where chemical or biological warfare agents may still exist, is examining the dump site, as well as two others off the East Coast.

The sites were discovered after a review of military archives. Officials admit that the exact amount of what was dumped is at this time unknown.

The chemicals that were dropped include mustard gas and phosgene. Mustard gas was used in both world wars and was the most lethal chemical used. Phosgene was used as a choking agent, resulting

It is believed that the chemicals are 2.5 kilometres below the ocean's surface, dumped there in 1947 when it was an accepted method for discarding of chemical warfare agents that were stored in barrels or canisters.

Though it was merely a year ago when the US and Canada admitted to discarding of chemical warfare agents in such a manner.

Chris Hough, who heads the chemical and biological weapons disposal project at the Canadian Department of National Defence, says that it is unknown at this time whether or not the dump site off of Vancouver Island originated by an American source, or if it is solely Canadian.

Judith Bennett, an environmental engineer for the Department of National Defence, says, 'Warfare agents could have been either in canister form or weap-

Campbell River Powell River **Comox Valley** Vancouver Cumberland Nanaimo Vancouver Island Ladysmith Tsawwasser Duncan Victoria

www.sfu.ca

onized when they were dumped."

Bennett says that in weaponized form the chemicals would be contained in a device that if set off, would explode and disperse the chemicals.

The Department of National Defence has notified the Canadian Hydrographic Service and will also carry out a risk assessment to find out the risk to human health.

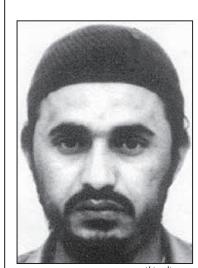
Once the assessment has been carried out, the project must determine whether they will go to the bottom of the ocean to examine the site. They also must decide whether they should leave the canisters at the bottom or bring them to surface.

The two east coast dump sites are being assessed in the same way.

Les Attaques Terroristes de 11/9

Les attaques de ce mois à Amman, en Jordanie, preuvent qu'Al-Qaïda reste une des plus grandes menaces terroristes à la sécurité mondiale.

par Christina Sibian International News Editor



en.wikipedia.org

Zarqawi est un des plus dangereux hommes en Jordanie et, en Iraq, il est appelé le prince de l'Al-Qaïda.

e 9 novembre 2005, à 20h05 (heure locale), dans la ville d'Amman, en Jordanie, des attaques-suicides à la bombe ont été consécutivement lancées aux hôtels Grand Hyatt, Radisson SAS et Days Inn. 60 personnes ont été tuées et 115 ont été blessées. La crainte existait déjà que des attaques terroristes pourraient avoir lieu en Jordanie, à cause de sa position géographique par rapport à l'Iraq, mais plutôt à cause de la participation jordanienne à la guerre américaine contre le terrorisme.

Vice-Premier Ministre Le Marwan Al-Muasher a confirmé que les attaques ont été menées par le groupe d'Abu Musab al-Zarqawi. Lors des investigations récentes, trois terroristes morts qui faisaient partie de ce groupe terroriste ont été identifiés: Ali Hussein Ali Al-

Brûle en enfer, Abu Musab al-Zarqawi !

Zarqawi est un des plus dangereux hommes en Jordanie et, en Iraq, il est appelé prince de l'Al-Qaïda. Suite à ces événements, des centaines de personnes ont participé à Amman à des protestes contre ces attaques : «Brûle en enfer, Abu Musab al-Zarqawi !».

Abdullah II, le roi de la Jordanie, a donné des rassurances de ce que «la justice va chasser les criminels» et la Secrétaire Général de l'ONU, Kofi Annan, a fait publier une déclaration condamnant fortement les attaques terroristes. De plus, il a souligné la nécessité de renforcer la sécurité contre le terrorisme universel.

Le Premier Ministre israélien, Ariel Sharon, a téléphoné au roi Abdullah et lui a offert assistance dans les efforts de rétablissement. Le Président des Etats-Unis, George W. Bush a répondu aux attaques en disant que «Les violences doivent nous rappeler qu'il existe un adversaire dans le monde qui est intéressé à tuer des innocents, même pendant un mariage, pour faire avancer leur cause».

Shamari (Radisson), Rawad Jassem Mohammed Abed (Grand Hyatt) et Safaa Mohammed Ali (Days Inn). La femme en arrêt préventif a été identifiée comme Sajida Mubarak Atrous al-Rishawi. Sa ceinture a failli exploser pendant son mariage à l'hôtel de Radisson SAS ; son mari, Al- Shamari, lui a demandé de quitter le bâtiment et, après, il a détoné sa ceinture.

29 novembre 2005



The luxury cruise ship was on its way from Alexandria in Egypt before first signs of attack.

n a time of infrared satellite images, global positioning satellites, high tech radar and sonar one would have a difficult time believing in the existence of 'swashbuckling scallywag' pirates. According to recent events, reality defies belief.

In June of this past summer, a UN-

> Celebrity News

Luxury cruise ship faces Somali pirate attack

The Seabourn Spirit, a Bahamian-registered ship, warded off Pirate hijacking attempts 100 miles off the coast of Somalia

by Loic Ransom

chartered aid ship was boarded by modern day pirates. Its crew and food shipments were taken hostage for 100 days off the coast of Somalia. The pirates were refused ransom and left the crew adrift on the vessel after it ran out of fuel. They took as much of the food stocks as their ship could carry.

Such a bold move underpinned the latest attack by pirates upon the Seabourn Spirit. The liner was 150 kilometers from shore, carrying approximately 300 people on board. Amongst those passengers were six Canadians.

The ship was chased by two speedboats carrying armed militia-men. The liner was fired upon by heavy-machine gun fire as well as rocket-propelled grenades. Despite their attempts to board, the pirates were unable to gain access to the ship and were eventually outrun. The ship took damage from three separate rocket strikes as well as from heavy machine-gun rounds.

the crew immediately began emergency procedures to secure their safety. One crew member was injured by flying debris as a result of one of the rocket strikes. The ocean liner declared that it will be terminating its services off the coast of Somalia, which has the longest coastline in Africa.

NATO and U.S. warships regularly patrol the Somali coastline. Despite this presence, the International Maritime Bureau reported 25 pirate attacks since March of this year. They are now warning any ships to stay at least 240 km off the Somali shoreline. 'The southern coastline is among the most dangerous in the world," Kenyan SAP (Seafarers' Assistance Programme) official

Anarchy has taken hold of Somalia since its government was overthrown in 1991. It would seem that this anarchy has now spread out to the seas, where it could potentially become an international issue due to the

The passengers were unharmed as

Andrew Mwangura told AFP news agency.

industrial shipping lanes in the region.

What is the price of failure?

> Talk Back - Opinions Column

by Pierro Marinatos **Opinions** Columnist

Preliminary reports of the recent riots in France have estimated the financial cost to the French government at over 200 million euro (approximately 280 million CAD). Not counting vandalism to buildings, more than 8,970 cars were destroyed and more than 2,880 people arrested in France's worst riots since the revolutionary 1968 uprising. The indecision, ignorance and neglect of the political powers -who created the problem over generationswill actually get off lightly. It is the future generations that will suffer as a result of their predecessors' apathy and inaction.

It could never happen in Canada, you say? Think again. Young Canadians from kindergarten to university are going to pay for the ignorance and neglect that resulted in the Oka Crisis.

What are we as young Canadians going to be paying for, you might ask? The most expensive golf course never built, with an estimated price-tag of over \$200 million CAD. We as future taxpayers are going to pay the bill for police, armed services, judiciary and victims compensation because of past government policies towards the aboriginal peoples of Canada were based on arrogance and neglect. We will be footing the bill created when the police and military had to contain an uprising of the Mohawk nation.

Why did the Mohawks rise up? Neglected and treated as second class citizens in their own country and watching their lands disappear without consultation or compensation poured the gasoline. Being told land that includes an ancient cemetery and one of the last sacred pine groves in the Mohawk nation was going to be cleared to expand a golf club's course from nine to eighteen holes and that there was nothing they could do about it was what lit the match. Seven months, three lives and more than \$200 million later, the fire was still not completely extinguished.

This money doesn't come out of some giant federal piggy bank. It comes out of taxes, which will have to pay for the poor decisions of our previous governments instead of paying off the national debt or increasing funding for healthcare, education and social programs. The youth in France have more pressing concerns than whether or not their cars are going to be flambéed while they sleep. Before they even begin their adult lives they are already responsible for a huge debt they had no part in creating. That's as good a reason as any to riot.

Jennifer Aniston named GQ's first "Woman of the Year"

GQ recognizes the actress' remarkable comeback since her divorce.

by Jean-Louis Voyer Celebrity Columnist

GQ's first "Woman of the Year" since the actress managed to gracefully put her life back together after her media-intensive breakup with Brad Pitt. According to the magazine, Aniston "exhibited a lot of poise, unbelievable amount of grace and good humor this year."

In October 2005, Brad Pitt and Jennifer Aniston divorced, citing irreconcilable differences. Since her separation, the popular "Friends" actress has immersed herself in the Hollywood movie business. Aniston plays Lucinda Harris in the hot thriller "Derailed", which also co-stars Clive Owen, now playing in theatres. "Rumor Has It" and "The Break Up" which will debut in 2005 and 2006.

Ironically, on the set of "The Break Up", rumor had it that Aniston and actor Vince Vaughan were becoming intimate. US Weekly published pictures of the couple on a beach and headlined the issue rumors have surfaced that Jennifer is as "Jen's revenge". Moreover, ABC News states that in response to the pictures, Jen around Christmas. Vince's mother, Sharon,

Jennifer Aniston has been named says "Pictures are pictures. He's my friend -- absolutely -- dear friend."

The actress recently visited Larry King Live alongside her co-star Clive Owen to generate media attention for their new thriller "Derailed". However, the veteran broadcaster had no intention of talking about the film. Larry King continuously questioned Aniston's relationship with Vince Vaughan. Hollywood.com reports that the actress was visibly agitated and frustrated as she was overheard saying 'God, I'm getting out of here." Yet throughout the interview, Aniston denied her relationship with Vince Vaughan.

"I'm not talking about it. I'm not talking Furthermore, she has recently finished about it... It sounds harsh to say it's none of your business (but) you learn your lessons, that's all." Moreover, she feels that she is in a graveyard of celebrity couples who have now learned to keep their relationships private.

> According to Spotlighting News, thinking of marrying Vince Vaughan



stated that her son proposed to Jennifer after she had a dream which told her that Vince was 'the one'.

Jennifer Aniston's nomination as GQ's "Woman of the Year" has honoured the actress' dedication to regaining her life after her separation from Brad Pitt. She has a promising career in Hollywood and a possible upcoming marriage to Vince Vaughan. This American sweetheart has silenced Hollywood with her positive and dignified outlook.

Glendon's bilingual newspaper

WORLD POLITICS

New Party for a New Sharon

by Robert Zanfir World Politics Editor



President George W. Bush meets with Prime Minister Ariel Sharon of Israel, left, and Prime Minister Mahmoud Abbas of the Palestinian Authority.

n November 21, 2005 Israeli Prime Minister Ariel Sharon officially quit the Likud party he helped establish. The move by Sharon was in reaction to growing tensions within the party over recent concessions to Palestine, namely the dismantling of five settlements. The Likud party had become fractured over such contentious issues with hardliners at odds with the Israeli PM.

Sharon also asked Israeli President, Moshe Katsav, to dissolve Parliament paving the way for elections to be held in March of next year. However, the resignation by Sharon does not mean the end of his political career as he has created a new party, aptly named Forward.

As a result of Ariel Sharon's departure, the Likud party is expected to suffer greatly in the coming elections. The main source of competition for Sharon and his new party will come from the Labour party and its leader Amir Peretz. What is abundantly clear, however, is that Israel is moving towards a solution to the conflict with Palestine. Both Peretz and Sharon have made it clear that a negotiated peace settlement with Palestine is of paramount importance.

Israeli polls published in Haaretz immediately after news of the resignation show that Sharon is leading at 37% with Peretz and the Labour party sitting at 22%. For an area decimated by violence, all of this amounts to a hope that pragmatism will prevail over the brutality of the past. A coalition between the above parties would surely spell the end of future settlements and the dismantling of others. These events are a clear indication that the road map to peace may succeed where all others have failed. The elections in March will hold the answer to whether peace can truly be attained in a land that has only seen bloodshed.

Dossier spécial : Souveraineté (**Deuxième Partie**)

par Pier-B Tremblay, étudiant en Science Politique au Collège Glendon, en collaboration avec Francis Mailly, finissant en Science Politique à l'Université Laval

Le 15 novembre a marqué un tournant historique important au sein du Parti Québecois, et pour le Québec tout entier - un nouveau chef fut élu: André Boisclair. Ce dernier représente la nouvelle génération, donc on peut se demander quels seront les objectifs de cette nouvelle génération. Où seront le Québec et le Canada à la fin de la prochaine décennie?

Présentement, le gouvernement libéral de Jean Charest n'est pas très populaire (grève du secteur public, tentative de coupure en éducation, etc.); un changement de gouvernement d'ici moins de deux ans est prévisible. Les forces souverainistes ont le vent dans les voiles; les deux têtes dirigeantes (Gilles Duceppe à Ottawa et André Boisclair à Québec) sont incroyablement populaires et charismatiques. Par conséquent, l'arrivée d'un gouvernement souverainiste à Québec, avec un fort appui de la part du Bloc Québécois au niveau fédéral, est éminent. Donc la question d'un troisième référendum sur la souveraineté du Québec est un dossier chaud et surtout d'actualité!

Pourtant, Boisclair n'était-il pas le plus « modéré » des *wannabe* chefs du Parti québécois? Alors pourquoi le Canada est-il si inquiet à propos de son élection à la tête du parti? Peut-être les fameuses « conditions gagnantes » pour un OUI à un pays, tant énoncées par Lucien Bouchard, sont-elles maintenant réunies.

En premier lieu, rappelons la Commission Gomery. Ce scandale «déterre» les fantômes du référendum de 1995 et démontre clairement la corruption présente dans le Parti libéral du Canada et comment le gouvernement fédéral a empiété sur les lois québécoises dans le but de promouvoir illégalement le Canada parmi les Québécois. Les Québécois l'ont

aujourd'hui «sur le coeur»; ces tentatives du gouvernement fédéral sont perçues comme de la trahison, voire du mépris envers la nation québécoise. Il est clair que des élections signifieraient une victoire absolue du Bloc Québécois, donnant ainsi un élan au mouvement souverainiste et de fortes assises à Ottawa.

De plus, comme il a été mentionné plus tôt, les leaders souverainistes ont actuellement un support phénoménal de la part des membres de leur parti, con-



Boisclair pic-Andre Boisclair, le nouveau chef du Parti Quebecois..

trairement à leurs homologues fédéralistes. André Boisclair - vu sa jeunesse et sa fougue -, ainsi que Gilles Duceppe - vu ses agissements comme chef du Bloc Québécois et son acharnement sur le scandale des commandites - ont tous deux gagné un fort vote de confiance de la part des Québécois. Cette confiance avait été perdue au fil du temps par des chefs moins charismatiques ou «trop» controversés, Jacques Parizeau étant le meilleur exemple... Globalement, grâce à la course à la dirigeance du Parti Québécois entre autres, une nouvelle vague souverainiste déferle présentement sur le Québec, le menant peut-être vers un troisième référendum sur la question nationale. Les «conditions gagnantes» y sont-elles réunies? Paul Martin osera-t-il rouvrir le dossier constitutionnel suivant l'élection d'un gouvernement péquiste? Est-ce que le Québec ignore la loi fédérale sur la clarté de la question référendaire? November 29, 2005

CAMPUS LIFE

Glendon's bilingual newspaper



York Gets B+

Students rate university in newspaper survey

by Sarah Millar Canadian University Press

York students have given York a B+ average in overall satisfaction in The Globe and Mail's University Report Card, released last week.

The survey is done through the scholarship web site www. studentawards.com and approximately 1,480 York students completed the survey.

This year, York received Six As, down from eight last year, 38 Bs, up from 31 last year; 22 Cs, down from 25 last year and one D, down from three last year.

"Overall, the university is quite pleased with the results. I was quite pleased to see the improvement in the school spirit category," says Robert Tiffin, vice-president students for York University. In 2002, which was the first year of the survey, school spirit was one of York's lowest scores.

Richard Fisher, York's chief marketing and communications officer, says the important part of this survey is that it is completed by York students, as opposed to the annual Maclean's magazine rankings, which are mainly statistical.

This year, York only received one D, which was for co-op and internship opportunities (this category also received a D last year). Tiffin says this is because York is not a co-op school.

"We're not a co-op school to begin with. We have internships, but mainly in the engineering and computer sciences programs," he says.

York received a C+ with regards to the availability of finan-

cial assistance, which Tiffin says is always going to be an area of concern for students, especially with the possibility of tuition prices rising next year.

"We are also looking at ways to improve our funding availability," he says, noting that York does have a work-study program, which is a program where students' income goes into paying their tuition.

York scored a C- for off-campus safety or security, which Tiffin says could be related to the rise in shootings in the Jane and Finch area, just blocks from campus. He says the university campus is just as safe as many other areas of Toronto.

"We know York is a secure campus," he says.

Tiffin says he plans to look at the questions asked on the survey to see how York can improve in areas that received low scores for next year. He also plans to talk to student through roundtable discussions to get feedback from students directly.

"Overall, the level of student satisfaction and school spirit is what we're looking for in any of these surveys year after year," he says, adding it is hard to compare York to other universities because of its size and the fact that it is more of a commuter school than a residential one.

"I think if you look at the larger picture, we [the universities] are all going up, no one is going down. It is very hard to change something, but we are very proud [with the results]," says Fisher.

EVENTS

What's going on this month!

November 30th, 1 2pm	0- Reduce Exam Stress "Free Massage" First come, first served
1er décembre 2005	Où est l'or du Pérou? Heure et location à être anoncées
December 7th, 8pm December 8th, 5:30pm December 9th, 8pm December 10th, 8pm	If Only Theatre Glendon, pay-what-you-can.
December 6th, 200	5 Final day of fall classes
6 décembre 2005	Dernier jour de classes
December 8th, 200	5 Exam period begins
8 décembre 2005	La période d'examens com- mence

If Only...Returns to Glendon

by Kaela Beth Gillan



The hit of Glendon's 2005 Fridge Festival returns in a new, full-length version that takes the audience on a journey through perception and reality, blurring every line.

If Only... has been described as an "actor's exercise." There are no props and the actors are constantly shifting roles, leaving the majority of the work up to their mime and physicalization abilities in order to tell the story.

If Only... has been described as an "actor's exercise."

The piece's thematic core is memory. If Only... explores how memories are constructed, reconstructed and how no two recollections are exactly the same. The actors travel between the past and the present on a malleable set with the assistance of careful lighting, sound and use of narrative structure.

If Only... began as a collective creation by Kaela Beth Gillan and Jon Boehm working with four actors through improv exercises and scene work. It was produced in a shortened form with reversed gender roles for last season's Fridge Festival. Back for a remount in its original fulllength form, the show promises to provoke, question, and surprise.

If Only... stars Dave Andrews, Daniel Byrnes, Aaron Katz, and Stevie Thomas.

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le journal bilingue de Glendon

International Studies Student Association Welcome Reception 2005

by Kandre Archambault

On Tuesday, November 8th, ISSA held its annual Welcome Reception in the manor. The purpose of this evening was to give faculty and students of the International Studies program a chance to interact outside of the classroom. This was also a chance to welcome international students. All 147 international visa students were invited.

The Wyard Brothers (Greg and Nick Wyard) entertained before the reception and continued singing familiar songs afterwards. The food didn't last long and many prizes were raffled off. Principal Ken McRoberts came and gave a warm welcome to all.

Ms. Petra McConvey discussed the history of Ten Thousand Villages, a non-profit program designed to market fair trade goods from third world countries. Mc-Convey also brought plenty of items to sell, as well as donated three gifts for the raffle.

A special welcome was given to the International Studies program's newest faculty member, Prof. Afef Bennessaieh. She spoke briefly on her background and then introduced the students running the Mexico Symposium.

The evening was the perfect opportunity for students to find out about all of the great clubs at Glendon, and to be able to talk to fellow students and professors informally. If you are interested in joining the International Studies Student Association (ISSA), meetings are held every Thursday afternoon at 12:30 in Room 219

On December 10th, the Inter-

national Human Rights Day, To-

ronto's Amnesty Office will also be

holding a Write for Rights Day. To

learn more about this event as well

as human rights abuses, visit www.

amnesty.org. If you are interested

in getting involved on campus,

feel free to drop in on an Amnesty

meeting held every second Thurs-

day in the Salon Garigue.



in Glendon Hall. ISSA also has get-togethers outside of Glendon, so if you can't make it to meetings, please feel free to join for other events. Email kandre1ca@yahoo. ca for more information. Enjoy the rest of your school year and make the best out of your time at Glendon!



Photographs Courtesy of the International Studies Student Association

A Plea for Help from Glendon's Amnesty International

by Hannah Renglich



Glendon students show support with their handprints

Glendon's Amnesty International Club is off to a strong start this year, having just successfully completed a Write for Rights letter writing marathon that occurred semi-weekly throughout November in front of the cafeteria. With the support of the Glendon community, over 350 letters were signed and many handprints painted as a symbol of support for victims of human rights abuses worldwide. The following is a sample of some of the kinds of petitions backed by the organization, which you may sign and send to the following address:

Asiwaju Bola Ahmed Tinubu His Excellency State Governor The Round House Secretariat Alausa, Ikeja Lagos Nigeria

Dear Governor,

I welcome the current discussion of a "Domestic Violence and Other Related Matters Bill" by the Lagos House of Assembly.

In Nigeria, women suffer from violence in the family: they get 'punished' for supposed transgressions; beaten, raped, or murdered.

If the Bill is passed, it will help to protect those women who face violence in the family.

The government of Lagos State, along with the federal government of Nigeria, has obligations under international human rights law to prevent violence against women and to assist women in escaping violence. Perpetrators must be prosecuted, and victims of violence given full support.

As the Governor of Lagos State, you have the power to make a difference for these women.

I urgently ask you to voice your support for the "Domestic Violence and Other Related Matters Bill" and undertake a thorough public education campaign on this issue. I urge you to publicly condemn violence against women: say it is never normal, legal or acceptable and that it is a human right abuse.

Thank you for your attention to this important matter.

Yours sincerely,

(Your signature here)

The Freshman Chronic Illness

by Ian Tully

Most university students experience homesickness. My first experience with that longing for home and familiarity came the first time I realized I would have to do my own laundry- and fold it, too! Many students have the option of returning home, but for those of us from farther away, homesickness can be a real issue- especially for international students coping not only with the transition to university, but also to a new country.

I myself have been home only once (for three days) since school began. Balancing both the rigours of university-level academia and the need to create an entirely new social circle can be a very trying experience. The fact that Toronto is a big city can also be very alienating; it is easy to get swallowed up.

The best defence against loneliness is to get involved on campus. Whether it's writing for the paper, joining a club, or getting a campus job, getting involved can help make the transition to university life much easier. Since Glendon is a small campus options for getting involved are somewhat limited; however, an advantage of Glendon's small size is that getting to know people is much easier. Personally, I think that Glendon's campus community suffers somewhat from the fact that a large number of the students are commuters, but that doesn't mean that there aren't plenty of options available.

Of course, today's students are lucky to have the Internet and other conveniences that make keeping in touch with friends and family much simpler. Overcoming homesickness and loneliness, however, is often just a matter of opening the door and getting involved. For those of us who are painfully shy (like yours truly), this can seem like a daunting task, but it gets easier with practice. The school could certainly help by encouraging more on-campus activities and events, or making information about clubs and organizations on campus easier to find. The essential thing to remember is that homesickness is a thing we all go through, and that there are plenty of people at Glendon ready to welcome you into the community with open arms.

29 novembre 2005

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Getting to know... Professor Zimmerman

by Ashwini Sukumaran





"The people who become professors and stick with it are the people who loved being students."

Nominated by a first-year student, Professor Cynthia Zimmerman (Drama Studies and English Studies) is this issue's featured faculty member. During the interview the conversation ranged over a broad range of topics, each as interesting and stimulating as the next. So who is this Vancouverite that many thespians and playwrights know and respect? Here is just a glimpse of what was discussed over an hour and a half of conversation...

Pro Tem: Please tell me a little bit about yourself.

CZ: I completed my BA and MA at the University of Toronto. I was offered a position at Glendon in 1967 after I had completed my MA and before I had received my Ph.D (University of Toronto). It was a period of transition, both personally and professionally, because I was hired just after the separation between the Glendon and Keele campuses had occurred - people were deciding whether to go to Keele or stay at Glendon. So there were many new faculty members at Glendon and we were all 'professors-in-training'. It was a very fine time; Glendon was creating its own unique identity. I took a leave of absence for two years in order to do my course requirements and comprehenisves for the PhD. For this, I concentrated on Drama Studies, where the focus is on drama as text as opposed to production. It took me five more years to complete my dissertation on "Madness in Contempory Drama" (1977) because I was also working full-time.

Pro Tem: What are your impressions of Glendon?

CZ: I would not want to be anywhere but Glendon. It is a beautiful campus with engaging and interesting companions. I think students here have a very special circumstance because of the small size and the emphasis on liberal arts. It produces a strong sense of community. I also find that you are able to grow in your own direction. Career-wise, you usually get hired based on your dissertation and then you are stuck with that field for the rest of your teaching days. But at Glendon, especially because it was growing when I joined, we could introduce new courses like Canadian Literature and Canadian Drama, which were rare in those days. Because Glendon is small, it is very easy to become multidisciplinary, which we did.

Pro Tem: What are your thoughts on teaching?

CZ: In teaching, like in the theatre, you have to stay connected to the audience. My students stay the same age but I get older. They keep me in the present. The works you select to study, the assignments you set – all of these involve the recognition of the generational gap. As a teacher, you have to be aware of when the students are getting restive and adjust accordingly. Each generation responds differently and you need to challenge them and have them come to appreciate the works. It seems to me that the people who become professors and stick with it are the people who loved being students. Teaching focuses the mind because every class becomes a deadline. The students keep me lively. Going to the theatre also keeps me connected. I make it a point to see the new plays because it is important to know what people are concerned about and what they will pay to see. It reveals to you what they want. The theatre is a communal experience where people are creating something together and this is a powerful part of who I am. Being community-oriented also takes the edge off the competitive ethic in our society.

Pro Tem: One of your research interests is the connection between psychology and literature, how did you connect the two?

CZ: I have always loved literature because it is multidisciplinary. It includes cultural history, philosophy, language, sociology, law, and even economics. I have always had a strong interest in psychology: why people think and behave the way they do. So I was trying to figure it out, to understand human nature and myself. I was interested in the protrait of character. When I was writing the introduction to the Collected Works of Sharon Pollack, which involved over 30 different plays with varying styles and themes, I looked for a "through line." How do you know it's a Sharon Pollack play? If you saw five different plays, would you know which one was a Sharon Pollack play? In this case, she has an investigative signature-

Pro Tem: If you could go back in time and meet someone, who would it be?

CZ: I would say John Milton, because I originally thought I would be doing my doctoral dissertation on him. I read all of his poetry and most of his prosea lot of his works and I read a lot about him, so I wouldn't mind having a dialogue with him. But I don't think I would be able to change his views about anything. He was very confident and incredibly sure. Not surprisingly, I found his work to be highly theatrical. ■

What professor would you like to see interviewed? Please send your nominations to: campuslifeeditor@gmail.com

Glendon's bilingual newspaper

GCSU Glendon College Students' Union L'AÉCG

Constitutional Reform-réforme Constitutionnelle

L'AÉCG vient de commencer le processus de reconstruction de sa Constitution. Tous les étudiants de Glendon sont invités à participer à ce processus et à offrir leurs suggestions. Ce processus débutera avec six réunions publiques qui auront lieu ce mois-ci. Suite aux six réunions, un référendum aura lieu en 2006. Plus de renseignements à ce propos seront fournis lors des réunions en question. Interested students are welcome to attend any or all of the public meetings. At each meeting, the Chairman of the Constitutional Reconstruction Committee shall solicit input from students and facilitate a dialogue, which will also include members of the Drafting Committee, which will be making recommendations to the GCSU Council in January.

Conférences Publiques

Chaque conférence visera à discuter plusieurs sujets relatifs au processus d'amendement de la Constitution.. Lundi, le 28 nov. 2005, de 12h00 à 14h00 - Chambre du sénat

La relation entre l'exécutif et le conseil

Lors des trois premières réunions du comité constitutionnel, les responsabilités et les pouvoirs de l'exécutif et le rôle du conseil seront discutés afin de clarifier et de démarquer leurs attributions.

Tues. 29 Nov. 2005 12 p.m. -2 p.m. Senate Chambers The Council & Its Accountability to Students The discussion will centre on issues of the division and limitation of powers within a reformed constitution and specifically on the powers of council, checks upon those powers and matters of appeal.

Wed. 30 Nov. 2005 12 p.m. -2 p.m. Senate Chambers The Nature of the Union & Related Issues General questions about the nature of the student government, such as salaries, elections & other assorted issues will be discussed. Any outstanding issues will also be addressed. Students are welcome to address an issue or concern at each of the meetings.

For more information please inquire at the GCSU office or contact:

Peter McKenna, Chairman – Constitutional Committee, vicepresident@gcsu-aecg.ca

Christopher Mahon, Chairman – Drafting Committee, mahon@gcsu-aecg.ca

Les résultats des élections: (Reported by the Chief Returning Officer of the Glendon College Students Union)

Results for Senator / Résultats pour le poste de Sénateur

23 votes - Varsha Deokaran 24 votes - Zahra Saleki 28 votes - (abstentions) 32 votes - Anita Marziliano-Barker 52 votes - Ashwini Sukumaran 74 votes - Ryan R. Singh *

Results for First Year Student Representatives / Résultats pour le poste de Représentant(e)s des étudiants en première année

14 votes - Lucy Trojanowski 16 votes - (abstentions) 32 votes - Milos Jankovic 33 votes - Shona Bracken 38 votes - Allana Phillips * 47 votes - Hani El Masry *

Results for Councillor / Résultats pour le poste de Conseiller(ère)s

28 votes - (abstentions)

67 votes - Svetlana Ilnitskaya 68 votes - Muhammad Raza 71 votes - Ivan Yakovlev 88 votes - Charles Colette * 89 votes - Chantal Kerr * 126 votes - Kyla Jones * 164 votes - Pier-Bernard Tremblay *

On voudrait remercier les candidats, le Directeur principal du scrutin, et les électeurs / électrices de leur participation.

* Denotes the winner(s).

* Marque les gagnant(e)s.

Lawsuit Discontinued

For those members who are not aware, the Council of 2004-2005 launched a \$2.7 million dollar lawsuit against York Administration on December 16, 2004. This issue was addressed in a General Meeting on March 10, 2005 in which a motion to drop the lawsuit was carried. As the previous Council did not ratify the wish of the (approx.) 120 general members who voted in favour, the current Council has chosen to honour that decision through a letter of discontinuance issued on November 15, 2005.

I sincerely hope that this is remembered for years to come as a source of pride for the Glendon students who attended the General Meeting, and that we will not forget our own vulnerability to the corrupting influence of power.

Si vous avez des questions, n'hésitez pas à contacter Yoani Kuiper, président de l'AECG, à president@gcsu-aecg.ca ou jetez un coup d'oeil au site web Unis pour une Saine Gestion à www.sfgg.ca.

Town Hall Meeting- November 30, 2005

Coming Up! Don't Miss Out! Mark your calendars!

Saturday, February 11th, 2006 Across Borders: Diverse Perspectives on Mexico 11th Annual International Studies Symposium Tickets on sale starting January 1st, 2006 Visit www.MexicoSymposium.org for more information Seating is limited

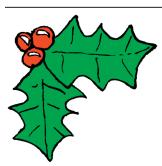


Samedi, le 11 février 2006 A travers les frontières : différentes perspectives sur le Mexique Le 11e Symposium Annuel des Etudes Internationales. Les billets peuvent être achetés à partir du 1er janvier 2006. Visitez www.MexicoSymposium.org pour plus d'informations Les places sont limitées

Marquez-le dans vos agendas! Ne le ratez pas! A bientôt!

FEATURE

Glendon's bilingual newspaper



The Night Before Christmas *PC Version*

T'was the night before a non-denominational winter holiday, and all through the communal dwelling, not a creature was stirring, not even a small rodent or similar creature kept as a pet. The foot coverings were hung by the chimney with care in hopes that a non-specific holiday figure would soon be there.

The youth of the dwelling were nestled, all snug in their beds, while visions of sugar-free plums danced in their heads. When out on the lawn there arose such a clatter, in violation of neighborhood noise ordinances, I sprang from my bed to see what was the matter, and brought along the non lethal incapacitation device, in case of a burglar.

I went to the window and what did I see, but an age advanced man and 8 vertically challenged creatures of myth, with the belly so advanced and lively, I knew at once that this must be the holiday figure. And he did spot me in the doorway to my dwelling and let out a call, "Woman of the Night, Woman of the Night, Woman of the Night!", and his advanced belly did quiver delight.....

Source: Larry the Cable Guy- Blue Collar TV (Christmas)

Saint Nicholas: From Anci

In Canada, the dominant holiday is Christmas, the most commercialized holiday of the year with Santa Claus being idealized in advertisements and toy stores across the nation. As the religious value of Christmas has progressively taken the back burner, Canadians from various religious and ethnic backgrounds have come to celebrate this fun-filled cultural holiday.

The bombardment begins in late November, with Christmas music invading both air-waves and shops, Christmas features all over cable, and by the beginning of December, a jolly old Saint Nicholas in every shopping mall.

So many of us have become familiar with his red suit, bulging belly, and snowy beard, but who is he, really?

Good news, there is no reason to ever stop believing in him and here's why:

The tale originates from a real man, named Nicholas, who was born of wealthy parents in 270 AD in Lycia (modern day Turkey). After his parents died, Nicholas was left with a sizeable inheritance and wanted to use his money to help people. When he discovered that a poverty-stricken neighbour was on the brink of soliciting his daughters as prostitutes, he decided to intervene. So one night, when everybody in the neighbour's house was asleep, Nicholas threw a bag of gold through an open window. Their financial burden was lifted and the father used the gold as a dowry to marry his eldest daughter. Nicholas began regularly sneaking bags of gold through the window. One night the neighbour stayed up to catch his benefactor in action. When he finally caught him and thanked him, Nicholas made him promise to never speak of the deeds until after his death.



We all know that Canada is a multicultural melting pot, well, at this time of the year we have a holiday stew!

Yule: This winter celebration, from the ancient Anglo-Saxon religion, Wicca, marks the New Year and commemorates the birth of God as the Winter-born King. It is a time for spiritual renewal, rebirth, and self-evaluation. (Dec 21st)



Tohji-taisai: In the Shinto faith, hailing from Japan, this is the grand ceremony of the winter solstice. It celebrates the ending of the sun's yin period, when the sun holds less strength, and rejoices in the entering of the yang period (when it has more strength) (Dec 21st) Hanukkah, the Festival of Lights: Judaism celebrates the power of God and the strength the Israel nation. It commemorates the victory of Judah the Maccabee over Antiochus Epiphanes in 165 B.C. and the rededication of the temple in Jerusalem. (Dec 26th - Jan 3rd, date varies in accordance with Jewish calendar).

Kwanzaa: A non-religious celebration that is celebrated by many North Americans of West African descent in recognition of their African heritage. It celebrates African cultural values such as the importance of family, community responsibility, self-improvement and African culture. (Dec 26th - Jan 1st)

FEATURE

ent Lycia to Your Chimney



After many generations of telling this tale, the folkloric figure of St. Nicholas emerged in Europe. He has also been called Kris Kringle (which derives from the German term "pelz-nickle" meaning 'Nicholas in furs'). In earlier times, Saint Nicholas was depicted in a variety of sizes from elflike to giant, and adults were known to dress in fur outfits for their children.

The standardized version of St. Nicholas (now also known as Santa Claus) became dominant in North America in the late 1800's. Caricaturist, Thomas Nast conceived an illustrated image of Santa Claus that was featured in *Harper's Weekly* in 1863. His illustrations were then incorporated into a Holiday book, *Santa Claus and His Works* (1869) which featured writings by poet, George P. Webster, who established Santa Claus' home as being in the North Pole. With the new custom of Christmas cards, the image of Santa Claus began spreading rapidly into homes across the North America.

Now we've all heard the cynical tale that Santa Claus is nothing more than a corporate symbol, invented by Coca-Cola to match their logo colors. Fortunately, this is a bigger myth than Saint Nicholas himself, since Coca-Cola only began introducing Santa Claus in advertisements in the early 1930's, to boost their winter sales and make their product more attractive to children.

So next time someone says that jolly old Saint Nicholas doesn't exist, remember that the mythical figure and his reindeer derive from a truly heartwarming history.

Sources: www.hymnsandcarolsofchristmas.com www.snopes.com

Rudolph the Red-Nosed Reindeer

Rudolph was a four-hoofed ungulate, who, incidentally, possessed a nasal appendage of a maroon luster. Consequently, if circumstances were to present themselves that he ever came into your view, you would most undoubtedly remark at to its luminary qualities.

The multitude of other members of the population in his ecological community had previously teased, chuckled boisterously, and dubbed him unspeakable pseudonyms -- the objective of which was to lower his self-esteem and make him miserable. They also excluded him from participation in leisure activities consistent with their species.

However, on the twenty-fourth of December in an unspecified year, a mythological, supernatural being inherent to western culture (who symbolizes the Christmas attitude and allegedly brings gifts to children) arrived through the supersaturated, humid air, spoke to Rudolph and formally invited him, due to his extraordinary nasal characteristic to stand at the forefront of his snow vehicle with the express purpose that he navigate through the nocturnal mist.

At that point, the multitude of other members of the population in his ecological community who had previously teased, chuckled boisterously, and dubbed him unspeakable pseudonyms, reversed their disposition toward Rudolph to a more congenial, amicable relationship. They consequently exclaimed with great exaltation and fervor, "Rudolph, the antlered mammal with a maroon nasal appendage, you shall most certainly be recorded in the annals of time, and your memory will be preserved for posterity!

Source: http://asmallvictory.net/archives/005273.html

There is an array of warm-hearted celebrations that bring families together across all cultures. Hereare a just few:

Gwilatkw, the Season Blanket: A North America Native Indian/ Aboriginal ceremony that celebrates the first snowfall, when the earth is covered in a season's blanket of snow. This celebration appreciates the patterns in nature and respects the earth's time to rest. **Eid al-Fitr, the Breaking of the Fast:** This Islamic holiday celebrates the end of Ramadan (Nov 3rd).



Christmas: A day that Christians commemorate the day Jesus, the messiah, was born. Christmas is celebrated on Dec 25th in North America, and alternately Dec 24th by some Europeans. Diwali/ Deepavali: A Hindu holiday that is also known as the Festival of Lights and is dedicated to the Goddess of Kali in Bengal and the Goddess of Wealth, Lakshmi. (Nov. 1st) 14

WRITER'S CRAFT

Glendon's bilingual newspaper

First Place:

What does this image evoke in you? (Photo Contest Winners)

Morníng Thoughts By Rena Klísourís

On mornings like this I wake up slow

The sunlight doesn't skip ballet-like, through the window it drips

The noises of men ripping up reality's pavement creep across the floor

And since the dream has vanished in fear of the sun And since I can't pretend it was real any more

I jam my feet in my slippers to face the world beyond the door

Third Place:

The Aftermath of a Hurricane By Andrada Andrei

Sophia, Florida. Small tourist town of about one thousand. A hotel and palm trees. Joe to Miranda. E-mail.

What were they thinking? Should have saved that war money, eh?

"The world seems at peace. Only Florida seems in turmoil. What is it? Another one, and another, and another.

The Hurricane with its winds came and took everything we had, my family and I. All our worldly possessions, gone. We didn't even have our faith anymore.

Just about anything can be lost, they said at The Office. It's okay, the state will pay for it.

What? No hurricane insurance? But we paid!

We regret to inform you that your house is out of the covered area.

Meanwhile, people are dead, Miranda. Dead. I can't believe their shit! I thought they had some reserves for this. Tell me what you know from Washington. They've been hiding stuff from us!"

Washington DC. Miranda to Joe. E-mail.

"I can't believe this either. And guess what? They've refused donations from Canada! What the hell? We need that money like nothing else. We've got messes to clean in countries whose names we can't pronounce, and now this, after New Orleans! Joe, be careful."



Photo by Bogie Bene

Sophia, Florida. Joe to Miranda. E-mail.

"I am careful. I hope for the best, as more and more people arrive to repair our small little corner of the USA. Many have arrived. They're digging. I can't believe they'd refuse donations from Canada; that Bush! I'm glad I have access to the computers here in this base lab. I hope they don't read my emails after I'm gone."

Washington DC. Miranda to Joe. E-mail.

"Joe, I told you. Be careful. So they are fixing Sophia, eh? I'm coming. Hang on. I'll be there in two days. We can pull out of this, I know it!"

Sophia, Florida Joe to Miranda. E-mail.

"I can't believe you're coming! I missed you, sister."

Washington, DC. Miranda to Joe. E-mail.

"The flight will be late. Don't worry about me."

Joe was not really paying attention to the news, something about a plane crash. The reporter announced, however, in a professional tone of voice, that a plane was heading towards Sophia, Florida, when it crashed just outside it. Joe's eyes were suddenly wide. Miranda. His twin, gone. He checked the flight number.

It must be a mistake! You don't understand, she's only 28. She can't have died!

Sorry, sir. No survivors were found on flight 3298776.

Dear Miranda, you said I should hang on. It's been six months. I think I will.

Second Place:

Whole by Marisa Baratta

One man digs a hole You dig the next Then you And you You too

It seems endless meaningless hopeless pointless

But only on the surface

If you look beneath what eyes see If you see what the heart sees

Close your eyes and feel It's not emptiness It's not darkness It's the shadow of clouds before light

Life is not merely goal after goal Hole after hole It's what you give it What you leave it You live in it

Sorry, Taylor* But it's meaningful To me

*Taylor, a philosopher, wrote a piece entitled "The Meaning of Life"



le journal bilingue de Glendon

«Finalement, je me suis rendu compte que j'avais cessé de réspirer...» Lettre d'un soldat

Par Marisa Baratta

(continué...)

Il y a une autre personne que je souhaite voir encore. C'est Jacob. Tu te souviens qu'il avait décidé de lutter dans la guerre avec moi? Nous nous sommes promis de lutter l'un à côté de l'autre pour la vie de tous ceux qui sont en guerre.

Hier, je me sentais soulagé par ce promesse. Jacob a été tué.

Cela a été un mauvais matin. Les nuages avaient couvert le ciel comme une

couverture sur un lit. Ils étaient gris et sombres, et j'ai senti la tristesse de la guerre. Jacob m'a donné un sourire et je le lui ai retourné. Après

avoir pris un morceau de pain et de l'eau, j'ai entendu des cris désespérés. Mon capitaine a ordonné que Jacob et moi nous joignions les autres hommes dans une attaque. Je n'ai pas eu le temps de prier Dieu pour qu'il me protège. Jacob s'est précipité dans la tranchée et je l'ai suivi de près.

J'ai entendu les voix de mes hommes se mélanger

aux voix menaçantes de nos ennemis. Dans ma tête, tout était seulement un contour, mais j'ai vu une chose, et c'est une chose dont je vais me souvenir toute ma vie. Jacob était attrapé

dans le fil barbelé entre les deux tranchées. Il a crié plusieurs fois à haute voix pour qu'on l'aide. Finalement, je me suis rendu compte que j'avais cessé de respirer.

Le capitaine m'a vu, et il m'a donné un coup d'œil. Je savais ce que je devais faire. Si je refusais de continuer, le capitaine allait me tuer sans hésitation. Il m'a fallu toute ma force pour continuer à courir. J'ai dû marcher sur Jacob, sur son dos, pour avancer sur l'ennemi. J'ai entendu ses cris dans mes oreilles quand le fil a coupé ses bras. Des larmes aux yeux, j'ai continué de tuer. J'ai lutté avec plus de force que toutes les autres fois. J'ai lutté pour libérer toute la colère dans mon cœur, mais la tristesse n'est pas partie.

Thérèse, j'ai tué plus de vingt hommes allemands. Cela me trouble beaucoup. J'ai perdu mon meilleur ami. Et pourquoi? Je l'ai tué. Le remords va rester à jamais dans mon cœur.

Pisces Erin Marie Hutchinson

Burnt gold with wet light (brown eyes behind beady window panes)

Slick with scales and slimy skin, softer than seaweed.

You feed me watery kisses in secret rooms beneath the rocks.

You shiver and flit when my light hits the darkness

why won't you come out and swim with me?



Photo by Kushnam Polad

Until Then

And you put me inside that little box, And you sealed the lid with tears and tears, And it sailed and sailed for many years, Until one day you opened it up, And there I was, As glorious as I'd ever be.

With my heart a flame, With your memory.

Bright Side Of Suffering

I see flaw in every frame, In everything that's beautiful. I'm coloured grey, brushed back with black. Back and forth through fantasy. Unchained but convinced that I'm never free.

By Jacinto Wong

29 novembre 2005

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Why the World Needs More Hats by Gregor G.



I'm surprised that in 2005 we are not wearing more hats. Hats are our friends. How long will it take us to realize that?

After all, if we had more hats, we'd have more people to make fun of and belittle because their hats aren't the latest style. All in all hats = good. And I'm sure if you put some whipped cream on a hat, it would taste very good.

Hats are also an excellent form of self-protection. Mugger walks up to you and you whack him with your hat and run away. Works like a charm. If you're falling off a skyscraper, a hat won't help you – but at least you'll go out in style. And if you're stuck in a jam, you can put a hat on your head say 'I'm Jim. I like to make waffles and I've got a hat!'

There are also many movies made about hats:

- Mr. And Mrs. Hat
- Batman's Big Hat
- Star Wars Episode 3: Revenge of the Hats
- The Hitchhiker's Guide to the Hat
- etc.

So make sure that wherever you go, you bring your hat.

Me ropolis

>Neighbourhoods

Take a Holiday in Little Italy!

by Tia Brazda Metropolis Editor



"For the best pasta in town, plan a night at Café Diplomatico".

C eel like you need a vacation? Then come to Little Italy! It may not be as warm on this side of the Atlantic, but it's definitely worth a visit. This neighborhood is so authentic that it's the next best thing to shelling out on a plane ticket. For the best pasta in Toronto plan a night at Café Diplomatico, located at 594 College St. This restaurant and pizzeria is so appealing that it's even packed on a Sunday night.

With a mouthwatering menu that has daily dinner specials under ten dollars, this is the perfect place for a starving student on a small budget. According to the servers, the most popular special is the chicken parmigiana, which is featured on a Wednesday night and goes for a mere \$7.95. Obviously, no Italian dinner is complete without a bottle of red wine and here you can get one for under twenty five dollars. If you like beer on tap, they also have a diverse selection of both local and foreign brews. Not too mention the desserts, but you will have to go and see for yourself! Since Café Diplomatico is always busy,

prepare to wait approximately ten minutes for a table.

A perfect way to spend your waiting time is to head across the street into the warmth of Balfour Books, located at 601 College St. This used bookstore has a notably clean and organized environment where you can find an assortment of classic to obscure titles. The majority of their books are in likenew condition with prices that give you the most for your dollar.

If you're in the mood for a genuine Italian latte or a gelato (Italian ice cream), then head over to the Sicilian Sidewalk Café, at 712 College St. where Torontonians have been enjoying this café's tasty recipes since 1959.

Little Italy transforms itself on the weekends where some of the most stylish people in the city like to party. Clubs like Lava Lounge (507 College St.) and the El Convento Rico (750 College St.) are in full swing on the weekends, so if you like to cha-cha then check them out.

The best way to get to Little Italy is by getting off at College station and then catching a streetcar west along College St. until you get to Bathhurst St.. When coming home, you can take the streetcar back to Yonge St. and then catch the 24 Yonge bus back to Lawrence-Yonge Station, finally catching a \$5 cab from Lawrence/ Yonge to Glendon. A cab directly from Little Italy to campus is going to cost approximately twenty five dollars, but hey, once it gets cold and you've had that much fun, it might just be worth it.

Do you have a favourite neighbourhood that you would like to see featured in Pro Tem?

Contact: tbrazda.protem@gmail. com

TRUE STYLE UNLEASHED

by Andrea Palichuk Fashion Columnist

Get Ready for Winter: This Season's Trendiest Boots

After the first snowfall of the season, boots have become a necessary staple. This winter, equestrian and western boots are the key trends while texture, pattern and detail are great supplements to these styles. Shin-length boots with flat heels, resembling equestrian boots, have returned to fashion, as they lend to the presently trendy Heritage look for winter. Tweed, leather, corduroy, and classic patterns are incorporated into a high fashion look reminiscent of a classic British fox hunter.

The length of the boot can be shown off best with tweed cropped trousers or a skirt. The flat heels of the equestrian boot are very practical for winter and an embellished military-style sole is a practicality that is very trendy.

For something really authentic, high quality, and in a reasonable price range, try hitting up used riding apparel stores, such as The Repeat Rider on Avenue and Melrose. With luck, Value Village and Goodwill can offer used cowboy boots for under fifteen dollars and Kensington market for around forty dollars. Even Payless Shoe Source has its own version of the western boot for seventy dollars.

For an alternative to the cowboy boot, try biker-style boots with buckle detailing. Tapestry boots are present in several high fashion collections this winter. Also, Afghan socks (wool slippers with tribal patterns) are a great indoor embodiment of this trend and can be found for twenty dollars from the street vendors on Queen Street.

You can make your own tapestry boots by rubber cementing some fabric scraps, found for mere pennies from any fabric store, onto some cheap rubber boots from Zeller's (various GTA locations) or Chocky's (Yonge and Eglinton). Grommets, studding, buckles and lacing are also trendy details that can be incorporated into any boot for an updated look.

With some clever shopping and a little handy work, it is not hard to incorporate this season's biggest boot trends into your wardrobe.



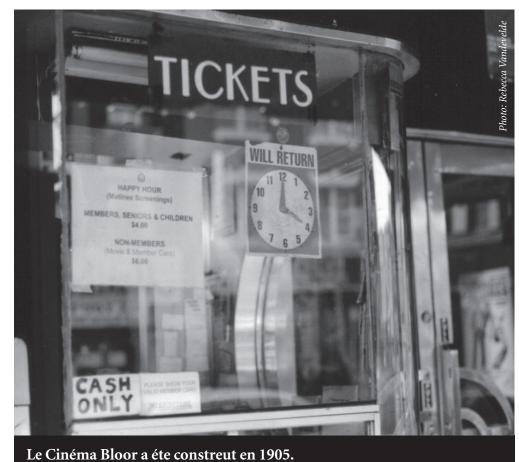
"Equestrian boot lend to the presently trendy Heritage look for winter".

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le journal bilingue de Glendon

Le Cinéma Bloor

by Céline Castonguay



Vous avez envie d'une soirée tranquille mais pas ennuyante? Le Cinéma Bloor a tout pour vous plaire! Construit en 1905, ce cinéma a ouvert ses portes sous le nom de « Madison Theater ». À l'époque, on y présentait des pièces théâtrales. Un peu plus tard, en 1941, les nouveaux propriétaires renommèrent le cinéma « Midtown Theater » et, en 1967, il fut renommé « Capri Theater ». En 1973, le cinéma devint un lieu de projection de films réservés aux adultes. Oh la la... C'est finalement en 1979 qu'il est devenu le « Cinéma Bloor », tel qu'on le connaît aujourd'hui.

En 1973, le cinéma devint un lieu de projection de films réservés aux adultes.

Ce cinéma offre des présentations inédites, parmi lesquelles le film *Wizard* of Oz, présenté en même temps que l'album de Pink Floyd, *Dark Side of the Moon*. Le film et l'album auraient plus de 80 similarités, ce qui laisse croire que l'un a été créé sous l'influence de l'autre. Il faut le voir pour le croire! De plus, le film *Rocky Horror Picture Show* est présenté une fois par mois. Si vous voulez vivre l'expérience pleinement, portez vos plus beaux habits!

Une autre expérience fort amusante est la présentation du film *Grease* qui devient, à cette occasion, *Grease-sing-along*, donc costumez-vous et, surtout, préparez-vous à chanter et à danser! La fois que j'y suis allée, je fus émerveillée par l'ambiance qui régnait dans le cinéma. Des sosies de John Travolta et d'Olivia Newton-John se sont jetés sur la scène pour danser à chaque extrait musical.

Si vous voulez être au courant de tout ce qui se passe au Cinéma Bloor, visitez leur site web, www.bloorcinema.com. Le cinéma est situé 506, rue Bloor Ouest, à l'arrêt de métro Bathurst. Lors de votre première visite, vous devriez acheter une carte de membre, au prix de 3 \$, qui vous donnera accès aux présentations à des prix très avantageux : 4 \$ en matinée, 5 \$ en soirée. Certaines soirées coûtent plus cher que d'autres mais le prix de chaque soirée est clairement indiqué sur l'horaire du site web donc vous ne vous ferez pas attraper!

Tatouage un jour, tatouage TOUJOURS!

by Pier-B Tremblay

La mode de nos jours change à une vitesse incroyable, nous n'avons pas le temps de la suivre qu'elle est déjà désuète. Il y a un type de mode qui restera toujours: c'est le tatouage. Cet article est consacré justement à cet art tabou et mystérieux. Plusieurs conseils et petits trucs bien utiles qui pourront vous aider durant tout le processus.

J'utilise le terme « processus » parce qu'il y a plusieurs étapes que vous devez considérer avant, pendant et après votre tatouage. Le « avant » est d'une très grande importance. Vous devez penser à votre tatouage. Si vous ne savez pas quoi vous faire faire, ne choisissez pas quelque chose qui est sur les murs des salons de tatouages. C'est la pire erreur de votre vie parce qu'elle vous suivra jusqu'à la mort. Un tatouage doit être personnel, il doit venir de vous et vous devez être amoureux de ça! Faites-moi confiance et évitez les signes chinois, la majorité du temps les tatoueurs n'ont aucune idée de leurs significations et ils oublient des morceaux qui changent complètement le sens du signe.

La deuxième étape consiste à trouver un studio approprié. Encore une fois, plusieurs rumeurs s'entendent. Premièrement, il n'y a aucun règlement gouvernemental qui gère la propreté des établissements. Le gouvernement provincial s'assure que les machines utilisées sont en bon état de fonctionnement et fait des tests V.I.H. La meilleure façon de choisir la place est de visiter plusieurs endroits et de DISCUTER avec les tatoueurs qui sont présents. Un tatoueur est comme un médecin: vous devez vous sentir à l'aise avec lui et, surtout, il faut qu'il prenne le temps de parler avec vous. Cela montre le professionnalisme de l'artiste.

Cet endroit d'une netteté parfaite vous est conseillé par quelqu'un qui en a déjà fait l'expérience.

Enfin, un studio que j'ai eu la joie de découvrir septembre dernier. Le propriétaire du studio, luimême artiste, a pris le temps de me parler à propos du déroulement des événements, des soins utiles et, le plus important, il a été très franc. Il n'avait rien à cacher et il a même mentionné des informations que tatoueurs ordinaires vous auraient cachées, par exemple, l'information sur les signes chinois. Les artistes qu'il emploie sont tous très talentueux, et, parmi eux, une amie du Japon qui est en visite au Canada jusqu'en juin 2006; lui-même a inventé des « piercings » . Il a également gagné plusieurs concours. Ils ont tous des portfolios que vous pouvez consulter sur place.

Allez y faire un tour!!! : Electric Tattoo, 489 Queen St West (arrêt de métro Osgoode) 2ème étage,

(416) 594-1594, www.electrictattoos.com.

Cet endroit d'une netteté parfaite vous est conseillé par quelqu'un qui en a déjà fait l'expérience.



Jeffrey Corrin, etudiant de Glendon

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ARTS & CULTURE

Glendon's bilingual newspaper



Cecilia Ahern at a book signing.

Cecilia Ahern's first book, P.S. I Love You, was a phenomenal read. It was a universal story about the loss of love that touched even the hardest of heart strings. That's why I was so excited to read her follow up novel, Where Rainbows End.

Ahern does not disappoint with her sophomore novel. Her innovative approach to writing this book allowed for

An Instant Message at the End of the Rainbow

P.S. I Love You by Cecilia Ahern
 Hyperion, 384 pages
 Reviewed by Jennifer Capano
 Odds & Ends Editor

a kind of creativity that is not seen very often anymore.

The entire novel is written in emails and instant chat messages. You would think it would be hard to develop characters, and even harder to have proper dialogue, however Ahern pulls it off brilliantly, making this read so easy and extremely enjoyable.

This book follows the characters Rosie and Alex from the elementary school letters to their more grown up emails. We get to see these two characters grow up; all the while they are madly in love with each other. A twisted series of miscommunications has them both marrying different people. Even though it is a love story, it has you guessing as the plot twists and turns.

Don't mistake this book for a drama

of unrequited love. It is hilarious and virtually impossible to put down. We get to see, through their instant messages and emails, the kinds of real people that these characters are. More so than any other book I have ever read.

Imagine someone reading all of your instant messages with your best friend, and think of what they will learn about your character just through reading your emails. Ahern developed a clever plot through her intricate characters, using a writing style that is truly unique and worthy of praise.

If you read *Where Rainbows End*, and you truly love it as much as I did, pick up Ahern's freshman novel, *P.S. I Love You*. Make sure you have a box of Kleenex next to you because it is quite the tear jerker.



by Ryan Bonimy

B elieve it or not, rap has been around for over 23 years. In fact, the first ever rap tune to be pressed on vinyl was "Rapper's Delight", by the Sugarhill Gang in the late 1970s. Since then rap has evolved from a fad to a street party. Rap music is an element of a larger culture that encompasses hip-hop, baggy clothing, break-dancing, graffiti, and specific vocabulary. This popular culture is generally referred to as hip-hop.

Hip-hop is a way of demonstrating skills and creativity, teaching righteousness, and feeding the listeners to selfknowledge. A young man named Kool Herc, who had come from Jamaica, began spinning in the parks in the South Bronx. What made Herc different from most DJs was his "looping" of certain parts of records. A new sort of song was created -- a repeating groove -- and kids would dance to it in parks.

It spread out and, along with Kool Herc, Afrika Bambaataa and Grandmaster Flash began pumping this new sound. They primarily spun in parks concentrated in the Bronx, but began to expand into the other boroughs (i.e. Queens, Brooklyn, etc.), DJing at public schools or fire halls.

Invariably, MCs (Master Of Ceremonies or Mic Controller) began to sprout up. Some say it was DJ Hollywood, but most die-

hard historians of hip-hop would point to a man in Kool Herc's crew named Coke La Rock. This type of interaction, while the DJ was spinning breaks, led to a more evolved form of MC-ing where rappers would brag about how fly they were, their sexual prowess, their lyrical skills, etc. or where they would just talk about the party.

Break-dancers were also a vital part of the hip-hop culture, as they represented the innovative dancing segment of the crowd, so to speak. It started as "b-boying" with little dance steps, then the "popping," "locking," "freezing," and



DJ Kool Herc: a hip-hop pioneer.

"spinning" that most people recognize today were included. The Rock Steady Crew represented the pinnacle. On a side note, the term "B-Boy" was created by Kool Herc to describe those in the crowd who were "b-boying" or those in the crowd sporting the b-boy look (Lee jeans, mock neck shirts, name plates, etc.) The importance of the graffiti cannot be overlooked, as a lot of graph heads like Zephyr, Lee, Phase2, Dondi, and Futura2000 would go to the 'jams' to visually represent the hip-hop culture. So here you have it all: music, lyrics,

visuals... let's jam!

TO : Live with culture Vivre avec la culture en décembre

<u>Théâtre</u>

Days of Mad Rabbits (part of HATCH: emerging performance projects) Présenté par: Harbourfront Centre Commence: Déc 1, 2005 Finit: Déc 4, 2005 Où: Théâtre Harbourfront Studio, 235 Queens Quay Ouest (17\$)

Emma

Présenté par: Amicus Productions **Commence:** Déc 8, 2005 **Finit:** Déc 17, 2005 **Où:** Théâtre Fairview Library, 35 Fairview Mall Drive (adultes - \$16; aînés & étudiants - \$14)

"The Nutcracker: A Play" - A CANADIAN PREMIERE **Présenté par:** Scarborough Players **Commence:** Déc 1, 2005 **Finit:** Déc 18, 2005 **Où:** Théâtre Scarborough Village, 3600 Kingston Rd, Scarborough (\$15 adultes; \$12 aînés & étudiants)

Literary Events

BOOK LAUNCH & PERFORMANCE FOR 'DA KINK IN MY HAIR' Présenté par: pas disponible Quand: Déc 5, 2005 Où: Théâtre Passe Muraille Mainspace, 16 Ave. Ryerson (\$4-\$8)

Christmas Stories

Présenté par: Toronto Public Library Quand: Déc 8, 2005 Où: Toronto Reference Library, 789 rue Yonge

Christmas Author Reading **Présenté par:** Toronto Public Library **Quand:** Déc 8, 2005

Où: Toronto Reference Library

<u>Crafts</u>

13th Annual Holiday Marketplace 2005 Présenté par: 401 Richmond Commence: Déc 8, 2005 **Finit:** Déc 11, 2005 Où: 401 Richmond

Pedal to the Metal Craft Fair & Music Show Présenté par: pas disponible Quand: Déc 4, 2005 Où: The Rivoli, 334 rue Queen Ouest (à Spadina)

Chrys Ioannou Designs Présenté par: Chrys Ioannou Designs Quand: Déc 17, 2005 Où: à être annoncé

Twinkle Twinkle...The Holiday Collection **Présenté par:** Ontario Crafts Council **Commence:** Nov 3, 2005 Finit: Déc 24, 2005 **Où:** The Guild Shop, 118 rue Cumberland (Yorkville)

<u>Visual arts</u>

Andrew Wright Photographs Présenté par: pas disponible Commence: Nov 10, 2005 Finit: Déc 10, 2005 Où: Peak Gallery: Ryerson University Centre for Computing and Engineering

PRO TEM | ARTS ET CULTURE

le journal bilingue de Glendon

Dance

MUNDO FLAMENCO Présenté par: Esmeralda Enrique Spanish Dance Company Commence: Déc 1, 2005 Finit: Déc 4, 2005 Où: Théâtre Premiere Dance, Harbourfront Centre, 235 Queens Quay Ouest

Winter Concert: "Fun" **Présenté par:** The School of Toronto Dance Theatre **Commence:** Déc 1, 2005 Finit: Déc 10, 2005 **Où:** Théâtre Winchester Street, 80 rue Winchester

Intro to Salsa! Présenté par: City Dance Corps Commence: Déc 8, 2005 Finit: Déc 15, 2005 Où: City Dance Corps, 539 rue King West #103 (\$50)

Glorious Soulful Messiah

Présenté par: Ballet Creole Commence: Déc 16, 2005 Finit: Déc 18, 2005 Où: Théâtre Premiere Dance, Harbourfront Centre, 235 Queens Quay Ouest

Argentinian Tango Workshop Présenté par: Tango Sur Commence: Nov 6, 2005 Finit: Déc 18, 2005 Où: Studio 145, 1153 rue Dundas East

The Nutcracker

Présenté par: Pia Bouman School for Ballet and Creative Movement Commence: Déc 18, 2005 Finit: Déc 21, 2005 Où: Humber Collegiate Institute, 280 Quebec Ave

<u>Festivals</u>

Building a Buzz Présenté par: pas disponible Quand: Nov 30, 2005 Où: Toronto Public Library - Parkdale Branch, 1303 rue Queen Ouest

Cavalcade of Lights

Présenté par: City of Toronto Commence: Nov 16, 2005 Finit: Déc 17, 2005 Où: différentes locations

<u>Music</u>

The Messiah with the Elmer Iseler Singers Présenté par: Elmer Iseler Singers Quand: Déc 2, 2005 Où: Metropolitian United Church, 56 rue Queen Est

Friday Night Jazz with Vincent Wolfe **Présenté par:** GEM / AXION PRODUCTIONS **Quand:** Déc 2, 2005 **Où:** NOW lounge, 189 rue Church

Christmas Concert:Vivaldi, Manfredini and Pentland Présenté par: Sinfonia Toronto Quand: Déc 3, 2005 Où: Walmer Rd Baptist Church, 188 Ave. Lowther

Appear and Inspire: A Christmas Celebration Présenté par: Voices Quand: Déc 3, 2005 Où: Newman Centre, 89 rue St. George

English Baroque: The Thames Revisited **Présenté par:** Tafelmusik Baroque Orchestra and Chamber Choir **Commence:** Déc 1, 2005 Finit: Déc 4, 2005 **Où:** Trinity-St. Paul's Centre, 427 rue Bloor Ouest Jennifer Duncan Searches Out Answers For A Lost Generation

by Kristjanna Grimmelt Writer's Craft Editor



Jennifer Duncan, fifth-generation Torontorian.

I met Jennifer Duncan on the rooftop of Seven West on a rainy Thursday evening. Duncan, a Toronto-based author, is also a professor in the York Creative Writing Program -- that's how we met -- and writing instructor at the University of Toronto Writing Center. That night, she wore a black beret and her long burgundy hair loose over her shoulders. She laughed a lot, tripled our allotted time together and keeps a black handbag with a mermaid loteria card stitched into the leather.

In 1999, Jennifer published Sanctuary and Other Stories (DC Books), a short story collection and her Master's thesis project at Concordia University. Deemed a "letter-perfect, edgy chronicle of life in the Gen-X zone" in a review by novelist Sarah Sheard, Sanctuary was Jennifer's first major publication and, as she discussed, inspired by her adolescent experience in 1980s Toronto.

"At the time I started writing, nothing had been written about my generation. There wasn't *Generation* X by Douglas Coupland. There wasn't *Kicking Tomorrow* by Daniel Richler. So my original impulse was to document this generation that fell through the cracks. We came of age, and there weren't apartments to live in, there weren't jobs. There was a lot of cynicism, and frustration, and ennui."

Duncan went on to discuss the focus of her collection. "What really interested me was that a lot of people could not articulate their feelings; yet somehow, they managed to have relationships and undergo transformations. The writing is [deliberately] uneven, because so was the voice of that age. You can go through three different selves in your voice in an hour."

"I've realized I need to read books that teach me to accept that people die. I need to read books that teach me to accept that nothing is ever just good."

On *Sanctuary*'s structure, an intermingling of short stories and monologues, Duncan explains, "I had written all the short stories in the third person because I had realized, 'I can't write a story in the character's voice if they resist articulation!' I wanted a chance for the characters of this world to speak, but they wouldn't be able to speak for very long – it would be a spasm, like when a friend of yours is drunk one night in a bar and all this stuff comes out and they never mention it again."

In regards to her writing process, Duncan said that in order to work seriously, she needs "a couple of days to just do nothing."

"I wool-gather, I flip through art books, I go get a couple movies. I lie on the floor and stare at the ceiling and let my mind wander. I have to do that before I can write anything."

When I pressed her for a bit of writerly advice for young authors,

Duncan replied simply, "Try everything. But then when you discover your voice, be true to it.

What was difficult for me was allowing my voice to change. I started off speaking to myself. Then I said, well, I want to speak to my tribe. And now, I want to speak to everyone!"

She went on to reminisce on her the readings she gave for *Sanctuary*, when it was nominated for a Toronto Book Award.

"People from the punk movement would come up to me after a reading. They would say, 'You know, I read your book and I cried. I went way back to what that world was like, to the way my life was like.' And this happened almost every time I did a reading. When I saw the effect these stories could have, I realized, there's a real power here. A power for good."

As Duncan finished the last of her hot chocolate, the conversation naturally circlesd around a topic most writers enjoy after dinner: books. Her favourites, read seasonally, include Jane Eyre (fall), Harriet the Spy (summer) and all of Jane Austen (winter).

"In a world where we're encouraged to be less and less human, I think literature is necessary for preserving our humanity.

When you're young, you're so in the moment that you kind of glide through life. Something happened for me, as I got older. I realized things were never going to be the same. That I could can't go back. I became more focused on the question, what actually has meaning here?"

Duncan finds many of her answers in literature. "I've realized I need to read books that teach me to accept that people die. I need to read books that teach me to accept that nothing is ever just good. Everything is so ambiguous, the dark and light sides are so intertwined, and I need literature that will help me accept that."



29 novembre 2005

HEALTH&WELLNESS



Less Stress More Happiness

by Crystal Colussi

Heightened levels of stress can be minimized or alleviated altogether through both physical and mental exercises. Especially during crunch periods such as exam time, managing stress can improve memory capacity, help to remain focused, and allow us to multi-task much more efficiently. More importantly, learning to cope with stress can result in an overall more positive outlook on life and of ourselves.

Understanding the situations that we perceive to be stressful is the first step to effectively coping with stress. When we realize in what circumstances we become stressed, we can then learn to respond to these situations. It is our attitude towards these situations that determines our response. The next step is learning how to cope with stress.

Breathing exercises help to calm the body by increasing blood flow. Lie on your back

with your arms at your sides. As you inhale, raise your arms towards the ceiling and move your arms all the way up and over your head to the floor as you inhale. Breathe out slowly as you return your arms to your sides.

To help relax the muscles, lie on your back and close your eyes. Make tight fists and hold for five seconds then relax your hands. Try to perform this exercise three times. Repeat this exercise with all of your muscle groups: arms, shoulders chest, abdomen, back, hips, thighs, lower legs and feet.

Stretching exercises are also very beneficial and if done properly, can promote relaxation and reduce stress. It is extremely important not to bounce while you stretch as you may injure yourself. Yoga exercises help to calm the mind while providing a safe and controlled stretching routine. A great website to learn basic yoga positions is: http://www.santosha.com/asanas.

Meditation helps to settle the mind so that you can think calmly throughout the day. It also allows for you to be in complete control of your thoughts by forcing you to think and exist in that very moment. In order to fully achieve the benefits of meditation it must be practiced on a regular basis.

Eating well also helps to relieve stress. Alcohol, caffeine, sugar fats and tobacco all put strain on your body's ability to cope with stress. A balanced diet of fruits, vegetables, whole grains and foods high in protein but low in fat will help to create optimal health.

Some of these strategies will give you temporary relief from symptoms of stress while others will help you get to its cause. Living with less stress is the beginning of the road to a happier and healthier life.

"Being in control of your life and having realistic expectations about your day-to-day challenges are the keys to stress management, which is perhaps the most important ingredient to living a happy, healthy and rewarding life." -Marilu Henner

Primary obsessions study making progress Treatment has reduced 58 per cent of symptoms for some

by Michelle MacNeill The Ubyssey

VANCOUVER (CUP) -- An estimated 23,000 British Columbians and at least 200 students on the University of British Columbia campus alone, may be plagued with a little publicised but crippling anxiety disorder.

Researchers at the Anxiety Disorders Clinic at the UBC hospital have been conducting research for the past four years on a ground-breaking treatment for Primary Obsessions, a subtype of Obsessive Compulsive Disorder.

Unlike OCD, which is often characterised by excessive hand-washing or lockchecking, a person with Primary Obsessions has no physical compulsions, only unwanted, intrusive, obsessive thoughts. These thoughts tend to fall under the categories of sexual, aggressive, and religious, such as unwanted impulsive thoughts to sexually touch a child or stab your partner with a knife.

"People with Primary Obsessions are very conscientious, very principled people, who would never carry out these actions, but the anxiety associated with having these thoughts is the problem," said Melisa Robichaud, a clinical psychologist and doctoral fellow for the Primary Obsession Treatment Study.

"It's horrible. So many people that I've seen with Primary Obsessions are convinced

that deep down inside they are evil, dangerous, or insane, and actually what they have is an anxiety disorder that can be treated."

"They haven't wanted to talk about their thoughts because they figure they'll end up in jail or be committed," Robichaud explained.

According to Robichaud, Primary Obsessions can affect anyone at any age, but typically develops between the ages of 19 and 26.

One patient named Jane, who has completed the 13-session treatment program at UBC, said she started having unwanted and intrusive thoughts when she was in high school. Recently these thoughts had become more disturbing when they concerned harming her baby.

After completing the treatment, Jane said she is better able to recognise and manage her disorder.

"I know now these are just irrational thoughts," she said. "They are not who I am, but what I'm thinking, and by focusing on these thoughts, you only give them meaning. You can't give them meaning."

Surprisingly, few people are even aware of Primary Obsessions. Those who do seek medical help must wait, on average, 10 years to be properly diagnosed.

In addition, individuals are often inac-

curately diagnosed and treated for depression or stress, which frequently accompanies the disorder.

Until recently, it was believed that Primary Obsessions was untreatable, but this is no longer the case.

Preliminary results from the study have found that three out of every four of its participants have shown clinically-significant changes after having gone through the program and a 58 per cent reduction in symptoms overall.



"A lot of people are out there suffering with this in silence and in shame," said Jane. "I just want them to know that they are not alone and there is help available."

The Primary Obsessions Treatment Program at UBC Hospital is currently offering free treatment that is not available anywhere else in North America, as part of a study evaluating two cognitive-behavioral therapies specifically designed for Primary Obsessions.



Food For Thought

Pain De Poulet

- tranche de pain émiettée
 1/4 de tasse de céleri coupé
 oeuf battu
 gousse d'ail hachée
 oignon haché
 1/2 c. à thé de sel
- 1/2 c. à thé de poivre
- 1 1/2 livre de poulet dégraissé haché

Mélanger le pain, le céleri, l'oeuf, l'ail, l'oignon, le sel et le poivre. Introduire le poulet haché et homogénéiser. Verser le mélange dans une casserole (9"x5"), et faire cuire au micro-ondes jusqu'à ce que la température atteigne 150 degrés (13-15 minutes). Refroidir pendant 3-5 minutes. Bon appétit!



Active Living

The Running Room Group (all locations) run Wednesdays at 6:00pm and Sundays at 8:30am for more information visit: www.runningroom.com

The Bruce Trail Club runs an extensive hiking program. Hikers meet the groups and bus at Yorkmills and/or Islington subway station. For more information visit: http://www.torontobrucetrailclub.org

The York University Outing Club offers a variety of outdoor and indoor events to the surrounding community. For more information visit: http://www.yorku.ca/yuoc

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PRO TEM SPORTS	21
le journal bilingue de Glendon SPORTS	29 novembre 2005
Scores	Upcoming Games
NHL MON 3 WAS 2 NYI 4 FLA 4 BOS 2 DAL 3 DET 7 CHI 2 VAN 1 TOR 4 NYR 3 PHI 2 ATL 7 OTT 4 NSH 1 SJ 6 LA 3 PHO 2	
NBA TOR 91 PHI 102 NO 105 MIA 77 WAS 82 MIN 89 CHI 94 MEM 112 DET 85 GS 117 NYK 105 SEA 99 ORL 80 CHA 100 CLE 85 HOU 89 DAL 92 MIL 76	NHL Toronto @ Tampa Bay, Nov. 30, 7.30pm
SOCCER:EPLBLA 0LIV1CHE 2TOT 2NEW 0WBA 2BOL 1MANU 2ARS 3MANC 0POR 0WIG 1EVE 1MID 2FUL 2WHU 1CEL 0ESP 1VIL 2SERIE ALEC 1LAZ 3MES 1TRE 1VAL 2ATL 1DEP 0MIL 2EMP 2INT 2JUV 3	NBA Memphis @ Toronto, Nov. 30, 7pm



Over the course of the past weeks, the list of teams competing for international soccer's most coveted prize was completed. Undoubtedly the world's largest, mostwatched sports event, next year's competition will pit some unseen faces against the most recognized sides in soccer.

In what could be seen as the beginning of a new era in soccer, 12 out of the current 32 qualified nations did not qualify for the 2002 installment of the FIFA World Cup. The biggest surprises were seen in the African qualifying zone, where four out of the five places granted to the continent were secured by countries who overpowered perennial qualifiers to secure their place for the very first time in their history; Tunisia being the only returnee.

The European qualifying zone, which is granted the most spots, saw minnows Serbia and Montenegro unexpectedly secure a berth by finishing top in a group which included European powerhouse Spain - who qualified comfortably by overwhelming Slovakia 6-2 on aggregate in one of three Euro-

The Stage Is Set

World Cup 2006 promises to deliver, as an unlikely shift in soccer supremacy shows signs of a soccer revolution, with nine teams heading to Germany for their inaugural World Cup appearance.

by Ammar Jamil Sports Editor

pean Play-Offs. Surprisingly, the Czech Republic will make their first World Cup finals appearance in 2006 after trouncing Norway 2-0 on aggregate. In the process, the Czech team ascended to second in FIFA's World Rankings behind soccer powerhouse Brazil; a testament to the quality of the Czech side, who have failed to put in solid performances in World Cup qualifying in years past. The third and final European qualifying spot went to Switzerland, who drew 4-4 with 2002 World Cup bronze-medalists Turkey on aggregate in their playoff. Switzerland went through on the away goals rule, amidst a flurry of controversy and fan violence stirred by Turkish players, coaches and fans. The uproar prompted an investigation by FIFA with the promise of severe sanctions and a possible ban from the 2010 World Cup for Turkey. The incident also left one Swiss player injured and hospitalized.

Oceania juggernauts Australia, who have protested FIFA's allocation of half a spot for the Oceania region, also qualified for their first time by defeating Uruguay 2-1 on aggregate. Uruguay has beaten Australia in the past in playoff encounters, but playing without injured marksman Diego Forlan did not help their cause.

The other Intercontinental playoff, which pit Trinidad and Tobago against Bahrain, saw Trinidad and Tobago, the smallest nation participating in the World Cup 2006 finals, through on a 2-1 aggregate, adding to the list of teams who have qualified for the first time in their team's history. This playoff also saw its share of controversy after Bahrain's appeal to replay the Asian/CONCACAF playoff second leg game was rejected. Bahrain was denied a trip to Germany next summer, when Colombian referee Oscar Julian Ruiz Acosta disallowed a late equalizing goal for dangerous play. FIFA, the sport's governing body, maintained that the protest was not filed in time under their regulations and hence the protest could not be heard.

The Asian qualifying zone witnessed Iran's return to soccer's centre stage, after having missed out on qualification for the 2002 FIFA World Cup, whilst China, the world's most populous country with a backing of over 1 billion people, missed out on qualification.

With a noteworthy blend of the old and the new, the FIFA World Cup 2006 promises to be as exciting as ever, and with less than seven months before its commencement, the preparations have already begun in Germany and beyond.

Équipes Qualifiées:

Zone AFRICAINE: • Angola · Côte d'Ivoire • Ghana • Togo • Tunisie Zone ASIATIQUE: Arabie Saoudite • Iran • Japon • République de Corée Zone EUROPÉENNE: • Allemagne • Angleterre • Croatie • Espagne France • Italie • Pays-Bas • Pologne Portugal • République tchèque · Serbie et Monténégro • Suède Suisse • Ukraine Zone AMÉRIQUE DU SUD: Argentine Brésil • Equateur Paraguay ittp://en.wikipedia.org/ Zone AMÉRIQUE DU NORD, CENTRALE et CARAÏBES: • Costa Rica • Mexique • Trinidad et Tobago • États-Unis Zone OCÉANIENNE:

Australie

November 29, 2005

> After The Bell



Calling it Quitsch by Loic Ransom Sports Columnist

This past week, Vitali Klitshcko, the current Heavyweight Champion of the world, hung up his gloves for good. Klitschko will be remembered in the annals of boxing history as the man who lost to Lennox Lewis, but did not quit. This is an important sidenote, as Klitschko's only prior loss saw him quit on his stool in the 10th round in a fight which he was clearly winning. His reason for not answering the bell in that round was that he had torn a rotator cuff in his left shoulder. This is a typical injury in boxing and not usually one that results in a fighter quitting a match. From that day forth, he would be known as Vitali Quitschko.

Klitschko's career, since assuming the heavyweight title after Lewis' retirement, has been riddled with injuries and bland opponents. His first victim after taking the title was a Canadian heavyweight by the name of Kirk Johnson. In his other previous heavyweight title fight, Johnson became frustrated with one John Ruiz and proceeded to play 'tubular bells' on his testicles before being disqualified for excessive low blows. For the Klistchko fight, Johnson came in 50 pounds overweight, looking more like a beached whale

than a prize fighter and was harpooned by Klitschko inside two rounds. It was hardly a fight worth paying to see, outside of the chance that the ring might collapse under Johnson's considerable mass. In his final outing, Klitschko massacred a game but severely outclassed Danny Williams, whose sole claim to fame was his stoppage of a decrepit Mike Tyson. That fight occurred last December.

Since that time, Klitschko had rescheduled a fight against Hasim Rahman on three separate occasions, the latest having been set for the first weekend of November. Sadly, two days prior to this long awaited match, Klitschko would pull out yet again due to a torn ligament in his knee sustained during training. Shortly after announcing his inability to fight Rahman, Klitschko announced his retirement, stating that his body had called it Quitsch on him. Sadly, after so many years of battling this inglorious nickname, the terrible moniker Quitschko' has arisen again. In the end boxing fans are a fickle bunch and only time will erase the bitter taste Klitschko's lackluster reign has left in our mouths.

Intramural Sports Update by Kyla Jones

For the first time in a long time, one of Glendon's soccer intramural teams made it to the finals, coming just one goal short of clinching first place. The final match saw Glendon 1 against a team from Calumet College in a game that resembled hockey more than soccer. The team and their fans braved below freezing weather, frozen grounds and a frosty, icy pitch, only to lose a hard fought game 2-1.

Glendon 1 had a chance to capitalize when they were awarded a penalty. Unfortunately, the spot-kick went wide, and soon after Calumet was able to take advantage on a set-piece of their own, gaining a free kick from just outside the penalty box. Calumet's set-piece taker made the most of their opportunity, burying an almost impossible shot into the top-right corner.

Glendon 2 was scheduled to appear in the bronze medal match just before the final, however, their opposition forfeited, securing Glendon college two top spots in the process; second and third place. Glendon 3 also played in the playoffs for Tier 2, but came up short in the semi-finals. The team came from behind to tie the score by playing incredibly in the secondhalf and almost cemented victory, before conceding a goal in overtime.

Overall, Glendon's soccer teams did an amazing job, improving on last year's performances.

Congratulations to all teams and participants. Men's Basketball has started and the team is off to a good start. After a slightly shaky start, the boys picked it up and won the next two games. Losing their last game by one heartbreaking point, amongst questionable calls, their record this season is 2-2, which still puts them in a competitive position in the league.

Despite having failed to mention the 'Canadian' sport in the past, Glendon's hockey team has been playing for the past couple of months. Sporting a strong line-up, the boys have only lost 3 games out of 14. Hockey is one of the longest intramural seasons, so good luck to the team.

The exam period is coming up, but don't forget that exercise is the best stress-reliever there is. Indoor soccer pick-up games have started - every Friday at 5:00pm at Proctor. Basketball pick-ups are still going strong.

Soon after the Christmas break, around February, when being back at school has led to an uncontrollable build-up in frustration, the Glendon dodge ball tournament comes along. This means you get to throw balls at people and let out your frustrations in a fun way - highly recommended for everyone.

Again, congratulations to all participating teams. See you next year!



Glendon 1 and Glendon 2 pose for a group photo before their games.



le journal bilingue de Glendon

ODDS&ENDS

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> Awareness Column



A drunk driver at the wheel.

Drinking and Dying

by Marisa Baratta Awareness Columnist

Photo by Angelique Lazarus

A holiday according to most dictionaries, is a day in which one does not work, but relaxes. A holiday, according to many people, is a time full of stress. These two very different ideas represent two opposing opinions that society holds in regards to the Christmas season. As the snow begins to fall, adding that magical element of the Christmas spirit, many people find that they feel more down trodden, more overworked, and even more lonely. Is this the "holiday cheer" so many boast of?

Many of these people resort to drinking to increase the level of happiness and excitement in their lives. For many people, drinking for the sake of being drunk is a way of allowing oneself to let loose and be someone many don't have the courage or confidence to be.

Brian (12), Steven (9) and Jenna (7) Holmes had just left their father's birthday party with their parents, Ed and Linda. They could not have known that their car would be hit by a drunk driver, splitting the car in two. Young Brian, only twelve years old, died that night. After a day in the hospital, his mother died, leaving a brokenhearted father and two devastated children.

MADD Canada estimates that about 1,425 to 1,600 crashes occur due to impaired driving in Canada every year. This translates into around four deaths per day! One cannot estimate the number

Université d'Ottawa

of people who are inadvertently affected by these four deaths every day.

So what can you do? The most obvious thing is not to drink and drive, but this is apparently not obvious enough, as drinking and driving happens often. MADD, Mothers Against Drunk Driving, has four tips:

 If you find yourself in a car with a driver who is under the influence, put on your seatbelt (which you should be wearing anyway). Children should be in safety seats.
 Do not get into a car with a drunk driver. Find a friend to drive you, or arrange for a taxi. Find

alternate transportation. 3. Report a drunk driver to the police.

4. When on the road, stay clear of anyone you suspect of driving under the influence.

Do not ever feel that you have to consume a bottle/glass/portion of alcohol to become a better person, to feel better, or to make things seem better, and if you do, remember not to drink and drive. Drinking, when mixed with

Drinking, when mixed with driving, is dangerous. Don't do it.

La Belle et le Cerveau

par Paula Anastasiade le Éditeur Arts et Culture

Une belle avec un cerveau? Les sexistes en seraient choqués. Eh bien, pourquoi pas? On les a vues répandre leur parfum doux, battre leurs cils chargés de mascara et en même temps présenter un rapport mensuel, négocier des salaires ou diriger des firmes multinationales. Qui sont elles? Des femmes qui ont tant des appâts, qu'une serviette comblée de diplômes.

A en croire aux résultats d'une enquête effectuée sur des bébés qui, pour être neutres, ont témoigné d'une vive préférence pour les visages attractifs, on pourrait considérer que la beauté est un attribut-clé, y compris pour les jeunes *job-seekers*. Il est évidemment plus facile de se débrouiller avec un sourire éclatant mais, lorsque l'étiquette appliquée ne reflète pas ses habiletés intellectuelles, la beauté devient un obstacle.

Pourquoi est-il plus commode de dire que ces ongles-là sont faux ou que ces seins-là sont, sans doute, l'œuvre d'un chirurgien ? Et pourquoi passe-t-on tant de temps à scanner un bouton ou un surplus d'un kilo par-ci par-là? Les gens sont effrayés par la perfection, même s'ils déposent mille efforts – parfois irrationnels – pour l'atteindre. On désire la perfection, mais c'est pour soi-même, pas pour les autres.

Les préjugés sur la «beauté à cerveau» viennent probablement de l'image assez défavorable que la société a entretenue au cours du temps à propos des femmes. Défavorable seulement aux yeux de ceux qui voudraient mettre en vedette les habiletés féminines tout en détachant les femmes de l'attitude «cuisinière et ménagère» traditionnelle qui voulait qu'elles passent tout leur temps à soigner le ménage, et non à se concentrer sur leur beauté. L'intellect était de toute façon hors de question. Dire que les femmes attrayantes ont réussi grâce à leurs qualités physiques plutôt qu'à leurs accomplissements professionnels n'est qu'un subterfuge pour les hommes frustrés. Ou pour les femmes frustrées, puisque ce ne sont pas toujours les hommes à penser «Je le sais bien, elle a gagné seulement parce qu'elle est belle».

Le beau cerveau, pour ainsi dire, se trouve partout. Et, contrairement aux sexistes dont je parlais ou aux mauvais plaisants, l'attractivité et l'intelligence des femmes ne sont pas une question d'OU, mais de TANT..QUE... Toutefois, si même les sociétés les plus avancées se heurtent encore aux problèmes de ce genre, quel conseil donner à une fille tant attrayante qu'intelligente qui n'a pas eu la chance de vivre dans une société très développée? Qu'elle lutte même contre les moulins à vent? Peut-être...

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Date limite: 1er février 2006

Questions?

École de service social servsoc@uOttawa.ca www.servicesocial.uOttawa.ca (613) 562-5494



entertainme **Dear Ely**

Question #1:

Ely you have to help me out here, I'm on this board of elections and I really wanted to work with this one club to promote a few students, they were so cool and totally helped me out. The next day I demanded another favour and they were unable to grant it. The following night I woke up and found that I had all this hair on my back and I started howling outside their office door, what's wrong with me?

-Howlin, Gregory

Reply:

Mama refused to let me answer this one, so here's her thinkin'... Well I woke up once with hair on my back and other spots and I used the good ol' Nair to rid myself of it. Either your hittin' puberty really late (Ely has yet to) or you're the male version of a diva. So that club helped you out as best as they could and ye still asked for more? Seems to me you've got to get off your high rocker and thank 'em for their hard work. The world doesn't revolve around you diva, so pull the pickle out of yer butt and go make a friend (your cat doesn't count).

Question #2:

Yo Ely man I totally like crunched down on this guy man. I like gave him a hospital visit and I think after bein' on this campus for five years I've finally made my rep here. Why did it feel so cool to hurt someone? Now I'm on the run from the pigs. Ely man if I get thrown in jail, will I be someone's biatch? Whatchu sayin'?

Reply:

-Slimon Bucket a.k.a. Fist Shaker, Booty Taker

Mama thinks yer a down right bully with too much time on your pot-fried mind. Those pigs are gonna fry you up like the bacon on my Mama's grill and give yer dirty ass a whoopin'. Bet you felt mighty cool hurtin' someone else, did you look around and wait for yer applause assmuncher? Your a typical slime with no where to go but down. Down on 'em big bubbas in jail, that's where. Keep runnin' Slimon, run onto that familiar street sign that says "Dead End", your future awaits.

Horoscopes Courtesy of The Onion

Aries Mar 21 - Apr 19

People think you're delusional when you say you're in love with a girl on a billboard next to Highway 401, until they realize you've fastened a nursing student up there with carriage bolts.

Taurus Apr 20 - May 20

Your long held belief that the pen is mightier then the sword will be put to the test when you sign up for a combination fencing/calligraphy class co-taught by an angry Spaniard and a weary Sensei.

Gemini May 21 - June 21

This is the nesting season of the Turner's Dauber, a nine-inch long-species of parasitic wasp that injects its starving, carnivorous larvae deep into a species of wren that looks just like your new hairstyle.

Cancer June 22 - July 22

Your resistance to technology comes to a sudden end this week when you're garroted with a length of fiber-optic cable.

Leo July 23 - Aug 22

There's no denying that your unique scarecrow design scares the hell out of the crows, but it has the disadvantage of filling your yard with infuriated Christians.

Virgo Aug 23 - Sept 22

Some say your shortsightedness may be the death of you, but it's your glaucoma that leads you to drive up an off-ramp and into a gasoline truck.

> a) a grumpy person during the holidays b) to squeeze c) a scavenger of garbage

can of Minestrone with a POISON label on it. Capricorn Dec 22 - Jan 19 Once again, a poorly timed wisecrack at the office will lead to you lying prone in a

Your no music expert, but the shadow

growing in size around your feet looks like

Your death will be so protracted and

violent that investigators will let your

mother down easy by telling her you were

You'll finally put an end to your illiteracy

this week when what you believe to be a

bowl of alphabet soup turns out to be a

that of a concert grand piano.

Scorpio Oct 24 - Nov 21

sodomized in half by a horse.

Sagittarius Nov 22 - Dec 21

Aquarius Jan 20 - Feb 18

It'll finally hit you this week that the Gerber baby is most likely dead by now, a realization brought on not so much by the photo on the front of the jar but the mush inside.

Pisces Feb 19 - Mar 20

The good people over at Fisher-Price say it's impossible to be dismembered by one of their toys, but you'll soon show those smug bastards what's what.

Words 4 Nerds

Ely's Bio

Ely comes to Pro Tem as a 5th

year student from Keele Campus

majoring in People Problematics.

He grew up on a farm with his

mama, whom he still currently

resides with. Ely enjoys puzzles

and Etch a Sketch. Most of the advice given is from his hick

heart, but take note that his

mother is a great influence and

Email Ely at: protem@gl.yorku.ca

may step in from time to time.

1. DEBONAIR a) to have a tasty appetite

Attn: Dear Ely

- b) the act of buying expensive clothing
- c) of pleasant manners d) of a stuck up manner
- 2. MILITATE a) to operate against or in favour of something b) joining the military c) a way in which to process words
- d) to write respectful wishes

Different

- 3. RUBEOLA a) a parasite found in meat b) the act of burning meatloaf c) the flu virus d) measles
- 4. TRUSS a) to tie, bind, or fasten b) a secret c) two people wishing haste on someone else d) a respective agreement
 - 6. SURREPTITIOUS

dedicated to those with nothing better to do"

c) acting in a dirty and rude manner d) a way to act in front of the elderly

d) to engage in merrymaking

b) to jump high in the air and land

7. SCROUGE d) to look for a lost item

8. RELEGATE a) a person that loves to delegate b) to consign to an inferior position c) to tell a lie twice d) a smooth, forbidden fruit

9. IRASCIBLE a) easily provoked to anger b) an irremovable stain c) saying something that can't be taken

back d) to become very sad and lonely

10. GOGLET

- a) a small fire b) a medieval wine glass
- c) a far away place in a mystical land
- d) a long-necked container

Answer Key b.01 £.6 d.8 d.7 £.6 b.2 £.4 b.8 £.2 2.1





a) acting in a stealthy way b) a person who acts above others

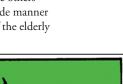
5. WHOOPEE

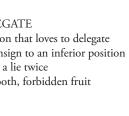
with a "whoosh"

c) a pink bag that farts

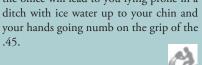
a) a cushion













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Libra

