GLENDON’S PERMANENT RESIDENTS...
... they’re not paying tuition!!! P14

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EDITORIAL

“Frog-de-lys”

If you’ve ever ventured into the Pro Tem office on production weekend you are bound to feel the intensity level (i.e., stress level) of all the editors, witness the mad office dashes, hear the talks of “revision” from the designers and so on. One of these revision talks centered largely on Pro Tem’s image and how the paper should ultimately represent Glendon. This weekend Pro Tem went under the designer’s knives and received a major facelift. Our mast head has been lifted, nipped, and tucked to represent Pro Tem in light of its bilingual community. The insignia we chose has a bit of history to it, so read on.

“Frog” was indeed at one time a popular derogatory term for a French person, though it didn’t quite start out that way. Originally (around 1330), “frog” was applied by Britons to almost any group they found objectionable, and was aimed at both Jesuits and the Dutch before it was decided in the late 18th century that the French, with whom England was then at war, were the real “frogs.” The rationale for the term, to the extent one is ever really needed in such cases, was the French consumption of frogs’ legs (anathema to the beef-loving British), as well as the presence of frogs on the coat of arms of the city of Paris.

According to some legends, the fleur-de-lys (also lis) is a stylized frog tracing its origins to Clovis I, King of the Franks. Its roots definitely go back as far as Louis VI, who used the fleur-de-lys as a seal and on his coins some 900 years ago. Punsters sometimes talk of the fleur-de-louis.

Punsters ourselves we’ve designed the “frog-de-lys”, a compilation of both the French and the English coming together, and why not? A beautiful blend of this bilingualism is shown consistently throughout Glendon College, and its time Pro tem represents its community. The “frog-de-lys” is eye catching, a tad comical and just perfect for such unique, language thirsty, intelligent individuals filling the classrooms of Glendon.

Along with the facelift Pro Tem is really delivering the goods body wise. Look out for the fashion column, horoscopes, the winners of the “blue” contest, our News and Sports section, our interview with Professor Sewell and our very spook-tacular feature on “Past Residents of Glendon”. Happy Hauntings!

Feel free to contact me anytime with questions, concerns or comments!

Ashley Brazda
Editor-in-Chief
einc.protem@gmail.com
Besides weakening your lungs, press the immune system. Smog that aggravates chest conditions, an ingredient in photochemical smog that could kill you, yet cars also damages your respiratory tract and could kill you, to do. Smoking damages your respiratory system, slowing your reflexes and increasing your chances of developing respiratory diseases, how do cars impact your life? Two words: road rage.

One night a friend gave me a ride home from Glendon. First, she paid to get out of the parking lot, then $21.76 for 20L of gas, then her car caught fire, which equals more money for the garage and for the tow. Then there is the delight of sitting in rush hour traffic. Sure, there are advantages to cars. They get you around faster (sometimes), you can go to more places, see more people and have access to more jobs. It is hard to function in our society without a car.

Our culture needs cars and other vehicles to function, but these vehicles are very complex, and they are not coming from a conflict feeling somewhat like winners, can there be any winners at all? To have faith in humanity, that is, to believe in our moral-, ethical- and reason-based responsibilities, we must first start acting like humans. Bound by a common vision where our children are not born into this world already as enemies, we can prove to be the catalyst of such resolution. Each one of us in our own lives, realizing our potential for change, can start making a difference. True change is one that comes not at the hands of armies, through the pressure of weapons, or in the search for power and conquest, but instead by the actions and decisions of individuals.

We can theorize about who is to blame for what, justifying solutions as dependent on factors outside of our control. Or, we can start making change today, speaking about what we really care for and believe in, to everyone, at every occasion. What is really holding us back?

Just because all people do not think like this, that does not mean that these thoughts hold no value or strength. We will always be met by opposition, even by oppression, for questioning convention - even by our friends, who might view us as ‘traitors’.

In the end, human persistence will be our only true test. Taking responsibility for ourselves, challenging our perspectives, and being open to change are objectives worth struggling for, since our tomorrow, the future we create, will soon become a part of our human history.

Systematic Self-destruction
by Daniel Byrnes

Smoking is fast becoming a social pariah. Even if you do smoke you probably know it’s a stupid thing to do. Smoking damages your respiratory tract and could kill you, so cigarettes are bad. Exhaust from cars also damages your respiratory tract and could kill you, yet cars are great. How can we be militant about smoking and be blind to other sources of air pollution? With over 40 smog days this past summer, it is necessary that we begin to address this problem. Exhaust is air pollution and contains toxic chemicals. Carbon monoxide slows down your reflexes, and at high levels, causes death. Another pollutant in car exhaust is nitric oxide, an ingredient in photochemical smog that aggravates chest conditions, causes burning eyes, and suppresses the immune system. Besides weakening your lungs, slowing your reflexes and increasing your chances of developing respiratory diseases, how do cars impact your life? Two words: road rage.

One night a friend gave me a ride home from Glendon. First, she paid to get out of the parking lot, then $21.76 for 20L of gas, then her car caught fire, which equals more money for the garage and for the tow. Then there is the delight of sitting in rush hour traffic. Sure, there are advantages to cars. They get you around faster (sometimes), you can go to more places, see more people and have access to more jobs. It is hard to function in our society without a car.

Our culture needs cars and other vehicles to function, but these vehicles are making the air dangerous to breathe. Hold your breath. If you do it for long enough your body will force you to breathe. You can not live without breathing. What happens when breathing will kill you?

On October 4, 2005, CTV reported about the changing climate, increasing amount of smog days, and exorbitant gas prices. Every morning traffic reports show us clogged highways. But two and two are seldom put together in the media. Who benefits from the integration of cars into our culture and from us having a good opinion of them? Are we benefiting, living and breathing in smog?

A major issue in North America is gas prices. President Bush made an announcement on October 4, 2005 that more oil refineries are needed to meet the demand for oil. Furthermore, he announced more refineries need to be built in the area devastated by hurricane Katrina. Is this to refine crude oil flowing in from a freshly invaded Iraq? Instead of guzzling more gas, how about curtailing the demand?

Our lifestyle has become a threat to life. Maybe our society is sick.

We Asked You:

Have you heard of the Glendon Ghost stories? Do you believe in ghosts, and have you had any ghostly experiences?

I haven’t heard any stories. When people offer to tell me, I say I don’t want to know. I don’t really believe in ghosts, but I still get freaked out by the stories. I haven’t had any experiences in the past.

I have heard that there are stories. As for believing in ghosts, it depends on what you call a ghost. I think a certain place can hold an energy of some sort. It’s hard to explain. I can feel little chills sometimes, but that’s about it. It’s probably due to bad circulation.

I have heard of the Glendon ghost stories, particularly the ones about old maintenance workers at the rose garden and Mr. Wood in the Manor. No, I don’t believe in ghosts, but I believe my eyes - so if I see one, I’ll believe in them. I haven’t had any experiences.

I have heard that there is supposed to be a ghost in the rose garden. Yes, ghosts are real! My grandmother’s house is haunted.

I haven’t heard of the Glendon ghost stories, but I have had an experience. When I was ten, I used to have a cat that would sleep by my knees. A couple of days after he died, I felt what would be a cat walking on my bed and laying down by my knees. I was so young, but I believe this happened.

Write to / Écrivez: opinions.editor@gmail.com
On Saturday October 8, Pakistan, India and Afghanistan were affected by a 7.6 magnitude earthquake, the Himalayan region being the hardest hit. As a result of this four million villagers were left homeless and 40,000 were predicted dead. Within the next couple days 20,000 casualties were found. Bodies were being recovered constantly from under the steel, concrete and wood shattered from the destruction. This is Southeast Asia’s biggest recorded earthquake in over a century.

A huge effort has been made in the last few days to aid victims and their families. UN World Food Program and other relief aids have been transporting medicine, food, water and blankets to the approximate 60,000 injured immediately needing treatment. Ali Khan, a construction worker affected by the catastrophe has been without food for several days and he exclaims, “I need it desperately and I’ll take it.”

The U.N. reports that there is a possibility of lethal outbreaks of measles, cholera and diarrhea. The quake has damaged sanitation systems leaving no clean drinking water and provoking further devastation and disease. However, the UN appeals to donate $272 million in relief.

Chinese, British, French and German rescue teams have showed their endless support with persisting bad weather and landslides that have been blocking roads leaving areas inaccessible.

The weather remains unfavourable and fortunately there are no further forecasts for more disaster. Considering the monumental suffering to the people of this region, the efforts are persistent and increasing. Canada has boosted its aid to $20 million and has sent Canadian air forces to the affected areas.

Health officials take immediate steps to treat victims

Kate Moss under Fire for Cocaine Photos

Kate Moss was caught snorting cocaine and is now dropped from major fashion labels

A British tabloid, The Daily Mirror has published photos of supermodel Kate Moss allegedly using cocaine in a recording studio where her former boyfriend’s band, the Babyshambles were recording their new album. The photos showed the supermodel snorting the drug in London on the back of a CD cover, with her ex-boyfriend, Pete Doherty early October.

As a result of the scandal Moss’ modeling contract with fashion giant H&M has been terminated. Originally, H&M was willing to retain the supermodel’s contract after she apologized to the management staff and promised to enter rehab. Yet with the ongoing coverage and media attention H&M released a statement ending Kate Moss’ contract. People Magazine quoted the company as saying: “H&M has decided to cancel the advertising campaign with model Kate Moss. H&M distances itself strongly from drugs and for several years has been actively engaged in drug prevention work with the Mentor Foundation.”

“There are personal issues that I need to address” Moss says.

Furthermore, The New York Times reported that “two more global luxury brands had become the latest companies to sever ties with Kate Moss over concerns that her reported involvement with illegal drugs would tarnish their appeal to consumers. The two companies, Chanel and Burberry, issued statements that they would drop Ms. Moss from ad campaigns.” Dior has yet to comment on its modeling endorsements with the supermodel.

The Times of London reported that Kate Moss has checked into the $4,000-a-night Meadows Clinic in Phoenix, Arizona, for a month of “medical treatment and therapy.” She released her statement last Friday, saying: “I take full responsibility for my actions. I also accept that there are personal issues that I need to address and have started taking the difficult, yet necessary, steps to resolve them.”

Friends and family of the actress hope that she will be able to successfully rehabilitate in the Meadows Clinic. This is Moss’ first step towards recovery and regaining control of her life since fashion giants, H&M, Chanel and Burberry ended her 7.2 million dollar modeling contracts.
Global Warming: a Serious Threat

Global warming and climate change have proven hazardous and prevalent in our global society today, having a definite impact on Canada.

by Andrea Palichuk

Extreme weather conditions and climate change are the turbulent outcomes. If extensive measures are not taken to prevent climate change, there will be serious environmental and economic consequences.

The leading causes of global warming are an excess of carbon dioxide in the atmosphere caused by operations such as deforestation and industrial pollution. A key effect of global warming is extreme weather. David Suzuki reports a steady increase in the frequency of extreme weather in the 20th century. "The number of weather-related disasters after the 1990s was four times that of the 1950s," Suzuki says.

The apparent side-effects of global warming that we have experienced include increases in the severity of hurricanes, Hurricane Katrina for example. The National Center for Atmospheric Research in Boulder, CO says that the frequency of tropical storms has not increased, but that there is a "statistically significant increase... in the proportion of hurricanes reaching categories 4 and 5." These categories are fairly high and dangerous.

The increasingly frequent and severe heat waves, as experienced for the past several summers in Toronto, as well as the increase in frequency and severity of forest fires, particularly in British Columbia, also serve as warning signs of the global warming issue.

Jay R. Malcolm, of the University of Toronto's Department of Forestry and Adam Markham of Clean-Air Cool Planet, have developed a report entitled "Global Warming and Terrestrial Biodiversity Decline," in which they have established that one third of the planet's species are in danger, and that in climates such as Canada's, 70% of species are at risk.

Canada's "toonie" mascot, the polar bear, is especially at risk and in great danger of extinction. According to the David Suzuki Foundation, the polar bear's ability to hunt seals, its main prey, is greatly affected by a "receding Arctic ice cap and earlier than normal breakup of sea ice." In some regions, this has become so severe that polar bears have decreased by one third in body weight.

Climate change has had great ecological costs, putting species at risk, as well as a number of economic costs. In Canada, ecological changes caused by climate change have affected the forestry, agriculture, and salmon fishery industries. Influx in extreme weather conditions has generated costs in human lives and environmental decay, as well as causing a high degree of financial strain with rebuilding efforts.

EDMONTON (CUP) -- In an age of ever-evolving technology, society is becoming increasingly dependent on computers, but according to academic and industry sources, Canadian universities are not providing as many computing science graduates as the information technology industry needs.

Dr. Jonathan Schaeffer, chair of the University of Alberta's computing science department, said enrolment in the department is declining, and has been for years.

"What people don't realize is that there's going to be a huge gap between what industry needs and what academia is going to supply," said Schaeffer.

Kevin Sanderson, vice-president of operations at Edmonton-based software company Upside Software, said that his company was already having trouble finding staff with the credentials they need, but that he was unaware of current enrolment rates.

"I didn't realize there were fewer students enrolling in computing science, and that would cause huge problems for the industry," he said. "We have tactical plans to find the staff we need, but we have no long-term plan in place."

Schaeffer said that this shortage is only just beginning, and it could cause future problems.

"If nobody does anything, this problem will occur, it will be severe and I don't know how it will be resolved," he said.

According to the department's website, enrollment for the U of A's computing science department peaked in 2001 at 522 students, and since dropped to 392 students in 2004, a decrease of 25 per cent. This drop is mirrored across the country, according to a recent article in the Globe and Mail.

Schaeffer said the dot-com bust of the late 1990s convinced people that there were few jobs in the IT industry, and added that students are unaware of the jobs now available in the field.

"The need and the demand for computers are only going to grow," he said. "The dot-com bust was a blip, it's over, but the demand for highly skilled people is still there and still growing."

Media reports about the outsourcing of IT jobs are another contributing factor in the declining number of students enrolling in computing science, according to Schaeffer. But those jobs that are outsourced are typically low-level programming jobs, not the design ones that require a four-year degree, like the one offered by the U of A.

Ron Meleshko, Chair of Grant MacEwan College's computing science transfer program in Edmonton, agreed.

"People that are being trained to run a help desk for a company, they're running that help desk support out of Nova Scotia, or Dallas, or Bangalore, so it's moving where the staff is cheapest," Meleshko said. "[But] that's only happening with the entry-level people."

Meleshko said that while Grant MacEwan's computing science program is at capacity, in recent years the number of applicants has also declined.

Loren Andruko, director of programming for local computer game company Bioware, said the IT industry is noticing the drop in student enrollment, and is acting to encourage more students to enter the field through aggressive recruitment and advocacy.

"We're becoming aware of the problem, and we're proactively taking steps to correct it," said Andruko.
End of Ontario’s tuition freeze catches student groups off-guard

Student groups demand answers after Ontario Premier Dalton McGuinty announced tuition fees will go up next year.

by Richard Maerov Canadian University Press

TORONTO (CUP) -- Ontario Premier Dalton McGuinty’s decision to put an end to the province’s tuition freeze came as a surprise to members of the Canadian Federation of Students, who had been negotiating tuition fees with Ontario government representatives since July.

The students had left their last meeting on Sept. 14 believing that the options of continuing the tuition freeze and even reducing fees next year were still on the table.

“We had no idea this was coming,” said Jesse Greener, Ontario Chairperson of the CFS. “All indications to us and to the general public were that a decision on the continuation of the freeze would not be reached before the government had heard all the input from colleges and universities.”

Ryerson Students’ Union Vice-President Education Nora Loreto called the government’s decision “irresponsible,” and said it wasn’t taking the negotiations with students seriously.

“We are extremely concerned that the consultation process has been a sham from the start,” she said.

Following a meeting Monday with Christopher Bentley, the Ontario Minister of Training, Colleges and Universities, CFS said the only options left on the table were a number of ways to increase tuition fees.

“This is hard to swallow,” Greener said.

Bentley said this situation is nothing new. “Our position has been the same for some time. The premier’s comments last week were very similar to ones he made earlier this year.”

It’s not clear how much the Liberals will allow fees to rise and Ryerson President Sheldon Levy did not want to speculate.

“What the premier did not say was how much (the fees) would be going up by and any comment on the regulated and deregulated aspects of it,” Levy said. “So to be fair, until I hear more precision from the government, it’s very hard to comment.”

It has been suggested that new tuition fees will reflect the general inflation rate in the province. Loreto suggested that could amount to a two to three per cent increase.

“I’m deeply concerned that the government is moving away from the thought that education is a social right and more towards a market-based deregulation scheme seen during the government of Mike Harris,” Greener said, adding that tuition fees tripled under the Harris government between 1995 and 2002.

Many Ryerson students are already struggling to pay for tuition.

Rabail Bangash, a first-year criminal justice student, is receiving funds from OSAP but is finding it stressful.

“I’ve had to keep working one day a week during my studies and I just don’t have the time. I will probably have to get two jobs over the summer to help pay off my student loans. I stress more about that than I do about school,” said Bangash.

“It is not our intention to compromise accessibility,” said Bentley.

“That’s why we took nearly a quarter of the $6.2 billion promised to post-secondary education and dedicated it specifically to enhance student aid over the next five years.”

Levy insisted that “there has to be financial aid in place to ensure that students’ minds, not students pockets are the access points to post-secondary (education).”

A decision on what tuition will look like is expected in December. In the meantime, the RSU will continue moving forward with the campaign to lower tuition fees in coordination with the CFS.

“It’s important to maintain our lobbying efforts throughout all the Student Federation locals. Our goal is to be the voice of students to our elected representatives. Unfortunately we will be in the shadow of a fee increase for 2006,” said Greener.

For further information: contact: Joel Duff, Ontario Chairperson, Canadian Federation of Students; (416) 925-3825 or cell: (416) 707-0349; Pam Frache, Ontario Campaigns and Government Relations Coordinator; (416) 925-3825 or for information on events throughout Ontario visit: www.VoteEducation.ca

Alberta rolls out plan to attract more immigrant workers

Jobs to go to Canadians first

by Nathan Sharpe Canadian University Press

LETHBRIDGE, Alta. (CUP) -- The new “Supporting Immigrants and Immigration to Alberta” policy was released on Oct. 4th, and aims to bring in immigrant workers to fulfill the growing need for workers in Alberta. It outlines a plan to attract 100,000 workers to Alberta over the next 10 years.

The plan comes at a time when unemployment is at an all time low, with 28 out of 53 occupational groups reporting a vacancy rate of less than three per cent in Alberta.

“The economic prosperity that Alberta enjoys today was built by generations of immigrants and Canadians from other provinces... Alberta’s tradition of welcoming newcomers into our economy, and our communities, will lead us to success in our second century,” said Ed Stelmach, Minister of International and Intergovernmental Relations.

These immigrants still have to find work though, and that can be difficult sometimes.

A Stats Canada study of immigrants working in urban centers identified that “in virtually every urban region, a far higher proportion of recent immigrants were employed in jobs with lower skill requirements than the Canadian-born.”

Sociologist Muriel Mellow explained why that is a problem for new immigrants.

“It takes them some time to get the certification they need to actually use those skills, and sometime getting certification depends on them having Canadian experience.”

Mellow explained that this in not necessarily a bad thing sometimes, with immigrants taking jobs that Albertans simply do not want until those immigrants can get a job in their field.

One concern that Alberta’s university students may have is that the extra influx of skilled workers will be competing with recent graduates in the workplace, something Mellow says they shouldn’t worry about.

Mellow said Alberta is so far behind in terms of having enough people to fill jobs that it’s going to be a long time before student’s graduation from Canadian universities are disadvantaged by foreign workers. She said that Canadian born or Canadian educated individuals’ job seekers either born or educated in Canada have an advantage when it comes to getting a job, so students needn’t worry.

These sentiments were echoed by Minister of Economic Development Clint Dunford, who said that immigrant labour would be used in place of Canadian workers only after “extensive searching.”

HAVE YOUR SAY

In the next issue of Pro Tem, the News section will be adding its very own Hard-hitting Opinions Column.

This column allows students to voice their concerns, opinions, comments or resolutions to any issues prevalent today on a local, national or international level.
Does Glendon Really Recycle?

by Jessica Henderson

We talk about doing it. We even shun those who don't. We complain about doing it – it's hard, there are no facilities for it. Who are we? We are recyclers – environmentally friendly people who put our paper, plastic, and glass into a blue box, hoping to eliminate waste and lessen the loads that go to landfill sites. But just how many of us are here at Glendon! Are we as earth-friendly as we think?

In Glendon's two residences, each and every room is equipped with a bluebox. Earlier this week my naïve, idyllic image of students sorting their garbage and happily taking out their recycling was destroyed. I was sadly surprised to learn that although all residents have the facilities at hand to recycle, very few actually do it. When questioned, most residents commented that they didn't want to carry their recycling outside, or they did not believe that one more magazine in the garbage would do any harm.

I moved on to the cafeteria, where there are no obstacles between students and blueboxes. There are bins for glass and plastic right by the water fountain. My hopes again were dashed, as I watched person after person toss out a glass bottle, or trash a plastic container. Why, I wondered, aren't people recycling? As I looked around the dining hall, I noticed that the long, neatly labeled bins that used to line the walls of the room actually faced the walls. Aha! Problem solved – we'll just turn the bins around. Or not. The problem is not that the cafeteria staff is opposed to recycling, but rather that their job is not to recycle for the students. It seems that food was getting dumped into the wrong spaces, turning the glass and plastic bins into trash. Cafeteria users, and not the staff, should be responsible for the sorting of their trash. We can all read.

Equally disturbing to an avid recycler is the lack of outside recycling facilities around campus. When there are recycling bins available, they unfortunately seem to attract more pizza crusts than pop bottles.

Is that what we, as Glendon students, want? A world of trash? With the United States wanting to close borders to Toronto waste and other Canadian cities having their own garbage to deal with, we are running out of space. The next site for a garbage dump could be our own backyard. It is not impossible to imagine city officials having to designate the Glendon ravine or Sunnybrook Park as the next landfill site. We don't want that. So what do we want? We, the recyclers and environmentalists of the world, are calling for some action. So let's stop talking trash and start recycling.

La Personne Complète

by Julien Resche

Lors de ma première visite au campus de Glendon, je fus impressionné par l’œuvre en bronze étalée sur un des murs du Pavillon York. Néanmoins, chaque fois que je demandais à d’autres étudiants la signification de celle-là, ou, du moins, son origine, je ne recevais que des réponses vagues ou trop peu précises. Par conséquent, je profitai de la possibilité d’écrire pour Pro Tem dans le but d’offrir quelques renseignements aux lecteurs aussi curieux que moi.

Il semble que cette œuvre fut réalisée dans les années 1980 par des étudiants en Art de Glendon, dont la source primaire d’inspiration aurait été la multitude de représentations, en sculpture et en peinture, d’athlètes olympiques grecs. Le personnage – qui, d’ailleurs, donne le titre de l’œuvre – est la « Personne Complète » tenant dans ses mains la « lampe du savoir ». Cette lampe ressemble, au niveau profond de la signification, à une colonne, ce qui renvoie à l’idée que la paix ne peut être atteinte qu’à travers l’éducation. Le cerveau du personnage complète le message pacifique à l’aide de trois éléments : les mathématiques, la perfection et la retenue. Il y a également de nombreux autres éléments, dont je ne vais mentionner que quelques-uns – une sphère représentant le monde, des drapeaux de toutes les nations flottant aux quatre vents. La forme géométrique qui entoure la partie supérieure de la « Personne Complète » symbolise l’univers, la courbure de l’espace et la théorie de la relativité.

Somme toute, cette œuvre d’art, bien qu’ayant une signification complexe, contribue à l’embellissement de notre campus, et rend notre cadre de vie plus agréable.
Dear students and members of the Glendon College Students’ Union:

My name is Yoani Kuiper. I am not Jewish, but I am a single white Dutch European male, studying international studies in my second year as a transfer student. I will be holding the position of President on the Glendon College Students Union until the end of the term.

For those of you who don’t know what the GCSU is, let me assure you that neither did I until a year ago. The GCSU is basically a student government formatted into a union type membership. The Union collects a levy of roughly sixty dollars per every full time student. With this money it provides services to all its members – students taking at least 3 credits. We collect roughly one hundred thousand dollars (this year eighty thousand), most of which is already allocated, with the purpose of funding student activity and student life.

The union has several functions, which I will list as I deem it important that students be aware of.

(a) Foster activities and events, which will enhance the university experience of its members and contribute to the educational and social value of the College.

(b) Make available a source of academic counsel in broad fields of intellectual interest.

(c) Assist and encourage academic and intellectual pursuits.

(d) Seek to facilitate communications between all parts of the College, the University, and the community as a whole.

(e) Organize and regulate its self-government.

(f) Recognize the Declaration of a Canadian Student and Encourage participation and social consciousness in all aspects of College and community life.

These are the goals that were laid out in 1984. Ultimately, it is to enhance our experience of university outside of the lecture halls and tutorials, which for those who haven’t found and can’t understand why university is such a drag, is a crucial element of academia. For me it is the most important part of university, that is interacting and learning with others, in sharing ideas and most importantly having fun.

The GCSU will only be providing limited services for the time being. By next week, October 17, we’ll be holding office hours with a secretary. We have fax and a photocopier available to students and we’ll also be making our own ISIC cards for the first time, right in the GCSU office. And of course, all the directors are working hard to organize monthly social and cultural events – stay posted! Things that are happening behind the scenes, which are less exciting for the members are; redeveloping broken ties with York University (ie. lawsuit), CFS, YFS, ProTem and coming soon CKRG. The GCSU is beginning constitutional reform, which must be done, if anybody followed it. It’s my second year and I didn’t elect them.

HOLD ON… I am just brushing over the details of the damage to the student union, and as many wish, as have I, to just forget about it, right now I couldn’t be more excited about the future of the GCSU. It has had to come to last year’s gong show – an endless struggle by the students, through petitions, endless meetings, an ignored impeachment, and an unrecognized election - in order to receive the interest and involvement from the most intellectual, ethical and hard working of Glendon students, to become the council of the GCSU this year. The potential is endless, now we just need to materialize it.

As I should probably wrap this up, the GCSU will not be able to develop without the input of students this year. The council is now proposing to hold a general meeting sometime in October or November to receive constructive criticism on the future of the GCSU and how to improve our services, in hopes of the GCSU becoming an efficient and progressive Union. Be there!

I’m also asking all members of the Union to do the GCSU (themselves) a huge favor, and come in the office to offer comments and suggestions, as it will be needed. I have never filled this role before, so, come in and say hi, you suck, but just please explain why, and we can talk about it and hopefully improve. I could be feeling happy that I have the smallest shoes to fill left by last year’s brilliant President, but it is up to you to set the size of the shoes that I must fill. A lot of people last year fought very hard to do just that and I ask you to continue.

Until the next ProTem issue,

Yoani Jonathan Kuiper.
President,
Glendon College Student Union.

Website: www.gcsu-aecg.ca
Next Meeting: October 27, 2005 @ 6:30, Senate Chamber.

How do you feel about the current state of the GCSU? Protem wants to know, please email opinions.editor@gmail.com

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GCSU
Glendon College Students’ Union
L’Association des étudiants du Collège Glendon
L’AÉCG

**State of the Union Address**

“My right now I couldn’t be more excited about the future of the GCSU.”

Glendon’s bilingual newspaper

October 18, 2005

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**HELP WANTED!**

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MUST BE FLUENT IN ENGLISH AND FRENCH WITH AN EXCELLENT PHONE
Why Canada? It’s a question I’m asked a lot. It’s the rare student in America who decides to pack up and head off to the Great White North for university, though the number of students who choose to do so has been steadily increasing year by year. Still, my decision to pursue a degree at a Canadian university has flummoxed both Americans and Canadians alike. Since everyone’s reasons are different and varied, I can only shed some light on my own for heading north of the 49th for the next four years.

Part of it—-a small part—-is politics. People tend to make much more out of this than they should. Though I’d been planning to come to Canada before Bush’s re-election, the desire to escape “four more years,” simply helped sweeten the deal. Nevertheless, Canada has its own conservatives—-even Sir John A. Macdonald was one—-so my coming to Canada was not the product of liberal fantasy. The fact that George Bush is not the leader of Canada, however, certainly doesn’t hurt.

Another deciding factor in my decision to head north was a sense of adventure. A moderate sense, to be sure; I didn’t decide to attend university in Tajikistan or Tonga, or even Texas, but I did want to experience life outside the US, in a different society. I wanted to experience a new country, one where stores still close early on Sunday, (and, inexplicably, Saturday) where milk comes in a bag, winter comes early, and the populace willingly ingests an unholy concoction known as “Poutine.” Life in Canada is full of lovely little quirks like this that set it apart from its neighbour to the south and make life interesting for this intrepid American. Of course, Canada’s bilingualism was another deciding factor. A chance to improve my french was definitely welcome.

There were other deciding factors, naturally. Glendon itself helped make the decision easier, being a pretty campus in a wonderful city and having great language programs. The relative inexpensiveness of Canadian tuition compared to American was another deciding factor. A chance to improve my french was definitely welcome. A moderate sense, to be sure; I didn’t decide to attend university in Tajikistan or Tonga, or even Texas, but I did want to experience life outside the US, in a different society. I wanted to experience a new country, one where stores still close early on Sunday, (and, inexplicably, Saturday) where milk comes in a bag, winter comes early, and the populace willingly ingests an unholy concoction known as “Poutine.” Life in Canada is full of lovely little quirks like this that set it apart from its neighbour to the south and make life interesting for this intrepid American. Of course, Canada’s bilingualism was another deciding factor. A chance to improve my french was definitely welcome. A moderate sense, to be sure; I didn’t decide to attend university in Tajikistan or Tonga, or even Texas, but I did want to experience life outside the US, in a different society. I wanted to experience a new country, one where stores still close early on Sunday, (and, inexplicably, Saturday) where milk comes in a bag, winter comes early, and the populace willingly ingests an unholy concoction known as “Poutine.” Life in Canada is full of lovely little quirks like this that set it apart from its neighbour to the south and make life interesting for this intrepid American. Of course, Canada’s bilingualism was another deciding factor. A chance to improve my french was definitely welcome. A moderate sense, to be sure; I didn’t decide to attend university in Tajikistan or Tonga, or even Texas, but I did want to experience life outside the US, in a different society. I wanted to experience a new country, one where stores still close early on Sunday, (and, inexplicably, Saturday) where milk comes in a bag, winter comes early, and the populace willingly ingests an unholy concoction known as “Poutine.” Life in Canada is full of lovely little quirks like this that set it apart from its neighbour to the south and make life interesting for this intrepid American. Of course, Canada’s bilingualism was another deciding factor. A chance to improve my french was definitely welcome. A moderate sense, to be sure; I didn’t decide to attend university in Tajikistan or Tonga, or even Texas, but I did want to experience life outside the US, in a different society. I wanted to experience a new country, one where stores still close early on Sunday, (and, inexplicably, Saturday) where milk comes in a bag, winter comes early, and the populace willingly ingests an unholy concoction known as “Poutine.” Life in Canada is full of lovely little quirks like this that set it apart from its neighbour to the south and make life interesting for this intrepid American. Of course, Canada’s bilingualism was another deciding factor. A chance to improve my french was definitely welcome. A moderate sense, to be sure; I didn’t decide to attend university in Tajikistan or Tonga, or even Texas, but I did want to experience life outside the US, in a different society. I wanted to experience a new country, one where stores still close early on Sunday, (and, inexplicably, Saturday) where milk comes in a bag, winter comes early, and the populace willingly ingests an unholy concoction known as “Poutine.” Life in Canada is full of lovely little quirks like this that set it apart from its neighbour to the south and make life interesting for this intrepid American. Of course, Canada’s bilingualism was another deciding factor. A chance to improve my french was definitely welcome.
The ISSA has begun!

“Dear students and members of the Glendon College Students’ Union”

Ashwini Sukumaran

Who: The International Studies Students Association
What: The ISSA represents students majoring in International Studies at Glendon
When: Meetings are on Thursdays 12:30 – 1:30 pm
Where: GH 219 (Manor)
Why: To interact and network with other students majoring in International Studies; to organize a variety of informative activities based on current international issues and to have fun!

Last Year:
The ISSA hosted a “Welcome” reception in the ballroom of the Glendon Manor to meet new International Studies students, alumni and faculty. Our special guests were Ben Johnson and his trainer Lawrence Fisher. We also had the pleasure of welcoming the newest member of the International Studies Faculty, Professor Michael Barutciski.

In January 2005, the ISSA and the Glendon Amnesty International Club co-hosted the 1st Annual Speaker’s Forum. The forum focused on women’s human rights and female circumcision; both the ISSA and Amnesty had speakers flown in for the event.

This Year:
ISSA is currently planning the “Welcome” reception, tentatively scheduled for November 2005. We will be publicizing this event in the near future, so keep an eye out for it!
The association also hopes to feature Irshad Manji, author of The Trouble with Islam Today (www.muslim-refusenik.com) and retired Canadian General Roméo Dallaire, author of Shake Hands with the Devil, which has been made into a documentary film. He was also portrayed by Nick Nolte in the Oscar nominated film, Hotel Rwanda. The ISSA is currently awaiting confirmations from both speakers, so be on the lookout for updates.

Even if you are not able to come to the meetings, you can still participate!
If interested contact us: kandre1ca@yahoo.ca

HELP WANTED!

OPERATEURS BILINGUES DE RECHERCHES PAR TELEPHONE
On a besoin de vous afin d’entreprendre des sondages pour l’Institut de Recherches Sociales du campus de Keele.
ON N’OPÈRE PAS DE VENTES.
Vous travaillerez les soirs et les fins de semaine. La formation est payée et l’environnement est impeccable.
On commence à 11$/heure pour des évaluations habituelles.
VOUS DEVEZ MAÎTRISER TANT L’ANGLAIS QUE LE FRANÇAIS ET...
Getting to know... Professor Sewell

by Ashley Jestin Campus Life Editor

Photo by Marie-Ève Truchon

Ashley: How would you say Glendon compares to other universities you’ve taught at?

Prof. Sewell: In terms of diversity it’s as good as, if not better than, all the others. Students seem to adapt to participation in smaller classes here at Glendon, to your credit. Students are smart and curious yet aren’t prematurely sophisticated to the point of becoming close-minded. People here recognize, accept and celebrate their original identities but don’t feel stuck within them or limited by them. After all, no one chooses her or his first language, and everyone here (except me) speaks at least a second tongue. The openness to growth I find refreshing. One critical difference: How can you nurture a community when so few students live on campus?

Ashley: I noticed in class that you seem very interested in how people identify themselves (e.g. our discussion last week about Canadian identity and “who are we?”) How do you identify yourself and what is your personal hierarchy of identification?

Prof. Sewell: The saying is, “You can take the boy out of Texas, but you can’t take Texas out of the boy.” I remain a Texas boy, with an inescapable accent, but other facets to my identity have developed. I like the saying about not judging a book by its cover. In terms of values and identity, I guess tops for me is equality. It bothers me that the world is governed by a hegemony today. I admire China but don’t think an imperial world is healthy, either the present one or any imaginable. So I believe hegemony ought to be curbed and I’d like to see tyrannies ended at all levels, global, national and domestic. Equality on an interpersonal scale? I treasure friendships with students, getting to know them.

Ashley: According to your observations, what are the biggest differences between Canadians and Americans?

Prof. Sewell: I think Americans (including myself) sometimes become too familiar too quickly, but very few of them would be charged with being too reserved. Canadians clearly know the world much better than Americans. Canadians are also more worldly wise. Of course you hear Canadians shouting; Canadians can be passionate, too. But on the whole, which is all we can talk about, Canadians are quieter, more logical, more reasonable. Americans are knee-jerk unilateralists; Canadians are bred-in-the-bone multilateralists. Americans are true believers. Canada, to my knowledge, doesn’t have a bible belt. Some people would say that Americans are more religious than Canadians. I don’t think that’s true at all, especially if spiritualism is viewed as religion. Canadians are just quieter. It’s tempting to say that Americans laud the separation of church and state, while Canadians practice it. Of course there’s always the health care thing.

Ashley: Because you have lived in Canada for 31 years now, would you consider yourself an impartial observer in Canadian-American relations?

Prof. Sewell: Probably I’m in a decent position, because I have stayed in touch with family and we go back often. But I have lived in Canada for quite a while. Some things I don’t know a lot about limit this impartiality you’re probing. My Canadian geography is not great and my Canadian history is not great. But on the other hand, I know quite a lot about the parliamentary system in Canada. Ok, all this is prelude: I’m not impartial, but I am in a better position than most.

Ashley: Using this impartiality, what are your thoughts on the softwood lumber disagreement going on right now?

Prof. Sewell: It’s atrocious. The Americans are really such hypocrites on trade. Take the whole business of subsidizing agriculture. You’re pushing subsidized farm products on others, and thereby shutting out their farm exports to the U.S., in many areas of the western U.S. even using scarce fresh water resources to irrigate where Nature resists, raising another issue. At the same time you’re preaching free trade. But frankly, it’s easy to be hypocritical about free trade. I don’t give Canadians a clean slate, but I don’t think that Canada is quite as hypocritical as America is on trade. Differing worldviews? I’m concerned that what we have is a stubbornly hierarchical global system. I think Canada’s made the right choices on Iraq and Afghanistan, which preceded Iraq. I don’t know what is going to happen with respect to NATO in Afghanistan, decisions that will involve Canada. But I think that Canadians are much sounder than Americans right now with respect to Iraq. Quietly right.

Ashley: Final thoughts?

Prof. Sewell: If the world is not already doing so, it will be looking more and more to Canada and to younger people such as those at Glendon who have, with bilingualism, committed themselves very strongly to the integrity of their country. But it does seem like Canadians should also be assuming more positions of leadership internationally, ought to be stepping forward smartly rather than merely standing on guard waiting to be asked. If this world is going to be fitted together in some way that is relatively peaceable, equitable and free, it is going to have to learn some lessons from Canada. Why not from Canadians?
Discover Kensington Market

by Tia Brazda  Metropolis Editor

In all of Toronto, you will not find a community so vibrant as Kensington Market. Here the streets are filled with endless racks of vintage clothing, colourful fruit stands, and the mouth-watering breeze of freshly baked goods. A quirky blend of hip locals, suburban teenagers, tourists, and panhandlers make up the scenery here. The weekends make for the busiest days in the market when countless shoppers take to the streets in search of unique treasures. Some great stores to find the latest - and the oldest - in vintage looks are Courage My Love (which also specializes in bead and jewelry supplies), Dancing Days (some great eighties finds here), and Poison (also featuring new designs). One special thing about visiting Kensington is that you may find yourself bartering prices with certain shopkeepers - just be wary of their tricks!

If shopping is not what lures you, then at least stop by the market for the menu. One of the best known restaurants is Last Temptation. Their plates are not only affordable but they offer tasty vegetarian options as well as an outdoor patio. If you are interested in some nightlife then check out Graffiti's Bar and Grill, which features live music every night of the week.

Kensington is also a thrifty place to go grocery shopping. Not only will you find excellent prices on fresh fruit, veggies, and baked goods, but there are also an assortment of health food stores, such as Essence of Life Organics and Tutti-Frutti Foods, which offer organic goods and vitamins. Located just off Spadina’s Chinatown, the intersection that marks the entrance to the market is at Baldwin and Spadina. The best TTC route is to get off at Spadina Subway station and catch the King Street car up to Baldwin Street. Kensington market truly sets itself apart from the rest of Toronto, so come see it for yourself!

FASHION TRENDS

by Andrea Palichuk  Fashion columnist

An exhibition of luxurious fabrics, romance, military, heritage, and folklore...

As the days grow shorter and the air grows colder, we turn to fashion to brighten our days. Velvet, lace, feathers, fur, deep grays, and black are key elements to this year’s winter trends. Bring these elements into your look with a black velvet shrug, a romantically-inspired lace camisole, or a faux fur trim. For something on the ultra trendy side, go for a black-velvet button-up coat, reminiscent of the nineteenth century military style.

The heritage look is also making a comeback. Expect a bounty of houndstooth, along with the return of the skirt suit and the princess-style pea coat. You can practically incorporate this trend into your wardrobe in a number of ways. Bring a denim skirt back to life with a princess-style wool blazer, or add a houndstooth scarf to spice up your winter jacket. For something more original, and affordable, hit your local second hand store. If your feeling especially creative, find a pair of men’s houndstooth trousers for around $4 at Value Village, and with a few cuts and extra seams you can have a trendy skirt to add to your wardrobe.

Another great reason to hit the thrift shops this season is the folklore trend. Scarves are the cheapest and most effective catalyst in adding this current look to any wardrobe. Head to Kensington Avenue with a couple of dollars and you can leave with quite a few scarves in interesting patterns. With a little creativity, layering over a sweater or blazer, you can have a really trendy look. A word of advice, however, when layering sharply patterned scarves, it is important that the underlying outfit is of solid colour, preferably monochromatic, for a more dramatic effect. Furthermore, while the patterns do not have to match, it is important to stick to a really narrow colour palette; the desired look is bohemian folkloric, not clownish. If you’re willing to spend some extra money, go for a floral or paisley blazer, in a lush fabric like velvet. Pair it with a wool pencil skirt to tie in two of the biggest looks for the season.

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Mmm... des dumplings!

by Céline Castonguay

Par un beau dimanche après-midi, vous décidez qu’il faudrait sortir un peu du campus, question de relaxer avant le début de la semaine. Direction Spadina! Vous pourrez vous balader dans Chinatown et faire un petit détour par Kensington Market avant d’aller manger au Dumpling House. Vous ne pouvez pas le manquer, car on peut voir les cuisiniers à l’œuvre dans la vitrine en train de confectionner les fameux dumplings. Mais qu’est-ce qu’un dumpling ? C’est une pâte won confectionnée par des cuisiniers à l’œuvre dans la vitrine en train de manger. De quoi sortes de dumplings : entre autres porc, boeuf, plats de fruits de mer, le tout cuit à la vapeur ou frit. Au Dumpling House, on vous offre 15 différents plats de dumplings, dont des fruits de mer, des plats de poisson, des plats de viande et des plats végétariens. Allez-y avec vos amis afin de partager les plats et d’avoir l’occasion de goûter à différentes spécialités de la maison. De cette façon, vous en aurez plus pour votre argent ! N’oubliez pas de jeter un coup d’œil aux photos de notre Premier ministre en train de savourer des dumplings ! Bon appétit!


Les Cavernes d’Ali Baba

by Pier-B Tremblay

L’art et la culture devraient être gratuits pour tous, c’est un fait. Toutefois, il ne faut pas oublier que les artistes doivent être en mesure de gagner assez d’argent pour subsister. Même s’il est compréhensible que certaines maisons d’édition tentent d’en tirer le plus de profit possible, il fait mal au cœur de payer autant pour un livre que bien souvent on ne lira qu’une seule fois. Une alternative qui pourrait nous faire économiser jusqu’à 30 dollars est donc la bienvenue; les livres usagés. En effet, pour moins de 10 dollars, vous pouvez facilement vous procurer un roman ou même un texte écrit par Locke. La meilleure façon de décrire ces magasins serait de les comparer à un coffre aux trésors. Sans le chercheur, vous pourriez trouver, dans un coin sombre d’une boutique, un livre que vous désiriez vous procurer depuis la nuit des temps. Après cette découverte, quoi de mieux que de s’asseoir confortablement dans un fauteuil, de siroter un café et de déguster, ou dévorer, tout dépendamment de votre appétit, votre petite trouvaille. La meilleure place en ville est Tequila Bookworm sur Queen Ouest. C’est simultanément un joli petit café et une boutique de livres usagés. Il sert d’excellents jus frais et de délicieux cafés. Ils offrent également une variété considérable de bagels accompagnés d’un éventail de fromages en crème. Et cela, pour la modique somme de 2,25$. Si les bagels ne vous disent rien, un généreux assortiment de sandwiches sauront assouvir votre appétit pour environ 4,25$. Cette boutique-café peut être une excellente idée pour un moment de lecture paradisiaque. Un autre endroit où vous pouvez aller afin de vous procurer des livres usagés, est Seekers Books, situé sur la rue Bloor Ouest. Une multitude de livres de toutes sortes se retrouvent sous le même toit. Vous pouvez trouver presque 100% de ce que vous recherchez. Des livres de littérature, de psychologie, de sciences, de politique, de musique et un grand département de philosophie sont disponibles. Leurs spécialités sont les religions; chacune d’elles y est représentée : Bouddhisme, Judaïsme, Hindouisme, Christianisme, Islamisme. En plus des prix ridiculement abordables, il y a un rabais de 10% sur tout achat pour les étudiants, mais n’oubliez pas votre carte d’identité.

Malheureusement, je ne peux pas faire la description de chacun de ces petits pays imaginaires mais vous pouvez facilement trouver votre propre trésor. Simplement en flânant Queen Ouest, Yonge et l’« Annex », ou bien en vous promenant aux alentours de Bloor et de Bathurst, vous rencontrerez des tonnes de boutiques plus intéressantes les unes que les autres. Ne passez pas à côté de La Maison de la Presse Internationale qui offre uniquement des livres neufs, francophones et des magazines en français, anglais, espagnol, allemand et italien, ce qui est très intéressant pour nous, élèves polyglottes de Glendon.
Ghost Definitions:

- **Shadow ghosts**: These ghosts usually appear as shadows. They tend to be two feet in length and two to ten feet in height. The ghosts are often spotted moving around, pinching residents and generally disrupting the residence. They are very active because they want people to acknowledge their presence.

- **Anniversary ghosts**: Anniversary ghosts only appear on an anniversary of some significance like deaths, birthdays or historical events. This type of haunting is classified as residual since the ghosts reenact a certain event in time.

- **Intelligent ghosts**: Unlike residual haunting these spirits are interactive, sometimes verging into the territory of the poltergeist. They may try and attract your attention by creating odors, moving things, making noises such as footsteps, slamming doors, or moving and hiding objects.

- **Poltergeists**: As the name suggests, they are noisy, often throwing objects around, pinching and prodding residents and generally disrupting the residence. They are very active because they want people to acknowledge their presence.

- **Socio-economic life in Toronto**

  During their 35 years in Toronto before moving to Glendon Hall, the Woods' family life and socio-economic standing evolved through a number of noticeable stages, as they progressed from middling incomes to enormous wealth, followed quickly by public acclaim. Between 1888 and 1896 Edward Wood acquired an intricate base of knowledge that allowed his genius for business and finance to amplify as a journeyman financier in the Cox group. From 1896 Edward Wood had found his forte, and in 1888 at the age of 22 he was conjured up to join Cox at the firm's newly-opened Toronto headquarters.

Mrs. Wood’s Spirit Unleashed

by Ashley Beaulac Editor-in-Chief

Have you seen her yet? The old spirit sauntering through the rose gardens with a sullen, hanging head? Well that would be Mrs. Woods, Glendon College’s infamous lady ghost, often spotted wandering throughout the gardens and gazebos late at night. Let’s take a deeper look into her life before she became a restless soul.

**Glendon’s Birth**

The site’s original owners, the Wood family, built an estate on its grounds in the 1920s and named it Glendon Hall. Edward Rogers Wood was a prominent financier and one of the founders of Dominion Securities. The Wood property was an urban country estate, with its landmark manor house and 84 acres of beautiful gardens, parkland and nature sites. E.R. Wood died in 1941 and, nine years later, his widow, Euphemia presented Glendon Hall to the University of Toronto. In 1960, the University of Toronto gave Glendon Hall to York University, where it began its career one year later.

**Wood Residence and Glendon Hall’s Inception**

The Wood family named their estate and family home Glendon Hall. Glendon Hall is now often referred to simply as “the manor” (or le manoir), to individuate it from the Wood Residence which was built in 1965. Wood Residence became Glendon and York University’s first student residence, named in the Wood’s honour.

The name “Glendon” is taken from the topographical setting of the property, a glen (narrow valley) on the west branch of the Don River. Beginning in 1920, the Wood family underwent a four-year process of building and finally moving into the Glendon Hall. Edward Rogers Wood (1866-1941) and Agnes Euphemia Smart (1868-1950) spent thirty-five years in Toronto before moving to Glendon Hall.

**Who Were the Woods, Really?**

**Mr. and Mrs. Wood**

Edward Rogers Wood (1866-1941) and Agnes Euphemia Smart (1868-1950) were born both in Peterborough to Northern Irish Methodist families. Having migrated with two brothers from Enniskillen, County Fermanagh in 1847, Edward’s father, John W. Wood, “was a prominent resident of the town and had obtained a large measure of success as a taverner,” according to a 1910 account. While still in school Edward Wood joined the G.N.W. Telegraph Company owned by Peterborough’s Mayor George Cox. Soon after completing school Edward was moved upstairs to Cox’s financial firm, Central Canada Loan & Savings Company, established in 1884. Edward Wood had found his fortune, and in 1888 at the age of 22 he was conjured up to join Cox at the firm’s newly-opened Toronto headquarters.

**The Woods were modest people**

In 1899 Sir William Mackenzie, then head of the Canadian Northern Railway arranged for the new Saskatchewan village of Erwood to be named after E.R. Wood. Wood was 33-years-old at the time, and 17 years Mackenzie’s junior. In 1914 Wood was mentioned in connection with vacancies for Lieutenant Governor of Ontario and Canadian High Commissioner to Britain. By 1926, when the U of T conferred an honorary LL.D upon him, and North York Township renamed Westbourne Avenue in the Glendon neighbourhood as Wood Avenue, the Wood family was nationally prominent and respected. However the Woods were modest people, and never spoke of their personal distinctions. They were quickly forgotten.

**Mr. Wood’s Career Soars**

Fortunate for Wood this career stage encompassed the economic boom period between 1896 and 1914, the year that Senator Cox died and the First World War broke out. Wood had matured as a leading financier while becoming
a millionaire. He then became active in philanthropy and lifelong pursuits in volunteer leadership roles for the U of T, hospitals, churches and the YMCA. Wood's next two career stages comprised the years of the First World War, during which (by now around age 50 and too old for uniformed service) he donated his financial and managerial expertise for critical civilian roles. He continued in the financial business after the war with perpetual success from 1919 until he retired in 1929.

Until his death in 1941 Wood held his key business directorships and all of those in the voluntary, not-for-profit and charitable sectors.

Estate Living
The Woods built and lived in Wymilwood from 1902 to 1924, on a vacant, two-acre lot leased from the University of Toronto. By 1920 the Woods moved into their constructed Glendon Hall estate.

Later on Wymilwood/Falconer Hall was loaned much later by the University of Toronto as York University's first, temporary home for the academic year 1960-61, while planning and construction were in progress for the move the following year to Glendon Hall.

So there we have it, a break-down of Glendon's past residents. If you ever do see the ghost of Mrs. Woods give her a friendly wave, she is a historical part of this campus. With a campus flourishing in such botanical and aesthetically pleasing beauty, one can understand Mrs. Wood's desire to stay awhile.

Wood Residence Spirit
Myth: Students have reported being woken up at different times of the night, in succession, to an apparition. Usually she sits atop the dresser and dangles her legs over the side. She watches them sleep until they wake up. When the student gets a glimpse of her she disappears into thin air. She haunts the same rooms every year, at the same time of night for each room.

Fact: In the Legend of the Wood Spirit, there is no actual spirit. Believe it or not, this is an upper year prank told every year by senior students to the gullible and apparently well initiated Frosh.

Hilliard G-House Ghost
Myth: Many years ago some students living in the basement used to perform demonic ceremonies calling demons to come for a visit. One time they called something they couldn't get rid of. They knew they had a demonic presence on their hands when they saw a dark shadow come through the wall during a ceremony and walk into the opposite wall. Since then students in certain rooms have reported being startled awake by an unknown presence, the flames of their candles acting strangely and objects flying off the shelves.

G-House, the "G" stands for Ghost!

Myth: Suicide Room in Wood Residence

Fact: In the Legend of the Suicide Room, there is no actual suicide room. It's called a legend for a reason. This "supposed" room is in the A wing of Wood, and in actuality, this room is not blocked off but part of the apartments next to A house. So yes, there is something behind the wall, an apartment with an able bodied person living there.

Suicide Room in Wood Residence
Myth: There was a room that upon occupation every student would commit suicide. The university didn't know what to do about it, so they decided to get rid of the room altogether, bricking it in so that it will never happen again. Some say if you are walking around the residence at night you can see a ghostly shape in the window to the room, yet when you try to find the actual room that corresponds to the window all you find is a brick wall. If you walk down the hall you can actually see the lines where the new wall has been made.

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Hilliard G-House Ghost
Myth: Hilliard G-House Ghost

Fact: The Legend of The G-House Demon has yet to be discussed seriously. Every year people complain about this strange feeling they get when they live in the basement. Perhaps it is the fact that every one of these students is told in their first year about the Ghost of Mrs. Wood, or about the Urban Legends. In any case, until this ghost actually presents itself to the masses, that's all it will forever remain, just another Glendon Urban Legend.
Canada’s slow response to the World’s need
by Robert Zanfir World Politics Editor

In the wake of the devastating earthquake that shook Pakistan and its neighbours, Canada found it adequate to donate $300,000. I can assure all of the readers that the aforementioned number is not a typo. The Canadian government saw fit to make a donation of $300,000 to help with the destruction. To be fair, it should be stated that all of the facts were not in and the damage could not have been fully appreciated. But why bother donating such a pittance?

It was perplexing to even witness such a number on television and see it accompanied by our country’s name. The donation made was something one would see made by a private person; a movie star for example. Canada is part of the G8 and is therefore seen as a country of great wealth. It is reasonable to assume that a country belonging to that elite group could muster up more than the minimum salary of a hockey player. After all, Canada is a country famous for the aid it has provided when countries have been in need.

The gross miscalculation was recognized by our government and the donation has been increased by $20 million, but only after some public pressure. In a Toronto Star article, Zubair Choudhry, chairman of the South Asian Regional Co-operation Council of Canada, was quoted as saying that what the Canadian government has done is “a good start”. The above represents a problem for that elite group could muster up to lead in aid in that situation also and was pressured by the public to increase efforts.

The trend that is being set by Canada is a new one in terms of international aid, and that is to lead with words rather than example. Prime Minister Paul Martin, in his address to the United Nations general assembly, stressed the importance of world aid. However, when it has come time to act Paul Martin and the Liberals have been rather slow. Furthermore, when the action has come it is abundantly evident that it has been insufficient.

It is not enough that they revise their original donations because the damage is already done. It is the same as a husband purchasing his spouse a cheap anniversary gift only to return it when it is deemed unsatisfactory. It becomes clear what the husband thinks of the spouse, which is not much. In that same way, Canada has once again shown the world what it thinks of its pain and struggle during difficult times.

Democracy in Iraq a sham: Klein
No Logo author says new government should scrap interim constitution
by Brad Badelt Canadian University Press

VANCOUVER (CUP) – On the heels of the landmark election in Iraq, best-selling author Naomi Klein told a Vancouver audience much of the Iraqis’ freedom has already been negotiated away.

Klein, who spent a month in Iraq last year, spoke Feb. 2 at an event downtown hosted by the anti-war coalition StopWar.ca.

“Democracy was fought every step of the way (by the occupying forces) because it would have nullified the reasons for the war itself,” said Klein, referring to the two-year period between the U.S. invasion and the election, during which many Iraqis openly protested their appointed government.

Klein described a spontaneous “outbreak of democracy” following the U.S. invasion. Towns throughout Iraq elected councils, Klein said, only to have them nullified and replaced with U.S.-appointed officials.

In January 2004, over 100,000 Iraqis marched in downtown Baghdad, chanting “Elections yes! Selections no!” Similar protests were held in Basra, where 30,000 marched.

During the two years leading to the Iraqi election, corporate tax rates were lowered, foreign ownership regulations were scrapped and most oil exploration rights were auctioned off, said Klein.

“It was a pre-democracy liquidation sale.”

Klein, a left-wing advocate best known for exposing global sweatshops in her book No Logo, spoke to a largely supportive crowd. Her comments come at a time when many observers, including prominent human rights expert Michael Ignatieff, have called the recent election a democratic success story and openly questioned whether “the left was wrong about Iraq.”

For her part, Klein believes the election provided a symbolic and inspiring gesture of democracy. But much of the political infrastructure had already been constructed. Klein argued, including an interim constitution written by the occupying forces.

The constitution -- which the United Nations refused to ratify -- should be scrapped, said Klein, suggesting the newly elected government write a constitution that serves the Iraqi people rather than outside interests.

The most emotional moment of the night occurred when Klein was asked about the role of violent resistance in Iraq, a question that drew applause from several audience members. Klein chastised the crowd for “mindless cheering of the resistance” and spoke of the Iraqi people forced to live amidst the constant threat of car bombs and gunfire.

“We should be supporting calls for self-determination not armed resistance,” said Klein, suggesting that protesters from around the world failed by not mirroring the Iraqi calls for elections a year ago.

The Iraqi election last month attracted an estimated eight million votes, with results expected in the next several days.
Scores

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<td>CWS 8</td>
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Upcoming Games

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<td>CFL</td>
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Hockey’s Back!

After having witnessed the NHL and the NHLPA take a couple of futile shots at each other, the NHL has finally rebounded.

by Ammar Jamil | Sports Editor

Finally, on October 5th 2005, after licking their chops for months, hockey fans have welcomed back their game of choice.

The hype surrounding the return of the NHL could be felt resonating across North America prior to the start of the regular season, more so in Canada than in the United States. Whilst the former was welcoming one its beloved pastimes back, the latter was welcoming a new breed of hockey talent, most notably in the form of Canada’s own Sidney Crosby and Russia’s Alexander Ovechkin.

Several months prior to the commencement of the new NHL season, fingers were pointed in a game of blame. What had sparked a lockout? In the eyes of the fans, the lockout was the consequence of a battle between two obstinate sides. However you looked at it, it was either the requisites of the players’ and their union, or the NHL or team owners’ stipulations that failed to break the deadlock. Most would be quick to lay the fault on the avaricious demands of players. Yet, we mustn’t overlook that with any conflict, it takes two to tango.

It was assumed that if hockey were to resurface, the fans wouldn’t. During pre-season, some players certainly believed the fans would be back to see them in action after 16 dormant months:

“I think our fans, hockey fans, are true-blue fans. They love the game and they love the fact that the hockey players are probably the best athletes out there in terms of being personal, and they’re going to come back in droves,” newly-acquired Los Angeles Kings centre Jeremy Roenick said.

And come back they did, much to the chagrin of league critics. On opening night, according to the NHL, 11 out of the 15 games played were sell-outs. In total, 275,447 people attended 15 games across North America and arenas were 98.1 percent full, making it the biggest opening night in NHL history.

With the new season come fresh changes, particularly new rules. A brief overview of some of the new rules that have been brought forward and adopted follows:

• Moving the nets. They are now closer to the end-boards.
• Barring the goalies from handling the puck behind the goal-line, except in a trapezoid-shaped area defined by lines that begin six feet from either goal post and extend diagonally to points 28 feet apart at the end boards. This was established to curb the goalies’ influence in the defensive zone.
• The legalisation of two-line passes.
• The elimination of the automatic offside rule that was previously in use.
• A reduction in the size of goalie equipment.

Hockey fans have welcomed back their game of choice. With the rule changes that have been introduced, it is evident the NHL is trying to evolve the game into a more rapid, high-scoring affair in an effort to achieve widespread appeal.

In the first 40 games of the season, a total of 255 goals have been scored, which constitutes an average of 6.4 per game. Over the same period two years ago, teams from across the league combined to achieve an average of just 4.5 goals per game - a 41 percent increase for this year.

In addition, clubs from across the league have a collective average of 58.9 shots per game - 13 percent above the 52.3 shots average from two years ago.

“It’s definitely a fun game without all the clutching and grabbing,” said Vancouver Canucks captain Markus Naslund. “They’re letting us play hockey.”

For now, the NHL can smile. Everything but ticket prices have gone up (in some cases reduced). The amount of goals, the number of people attending games, as well as league revenue. Even ticket prices have been reduced in some cases.

The NHL is getting what it wanted, and the players are resigned to their fate. The players may not be seeing the money they were used to receiving but they are getting the ice time. Just like the fans, they are glad the work-stoppage has ceased.

“No one likes the business side of sports,” long-time Dallas forward Mike Modano said. “Finally the game has gone to the forefront; the business part is over with.”

For now fans can enjoy the return of a great game and hope that it is here to stay.
Drug Confession:
Cycling is Dope

By Erin Carter Canadian University Press

WINNIPEG (CUP) -- Canada’s cycling community was shocked when former national team and Pan Am Games medallist, Chris Sheppard, publicly admitted to using a performance-enhancing drug.

On Sept. 22, revelations led to a two-year suspension from competition for Sheppard, 32, as well as a lifetime suspension from federal sport funding, and the revocation of the contract he received from his professional cycling team Haro-Adidas.

“I was shocked when I read about it on the Internet,” says Winnipegger Kylie Case, a fellow National Team cyclist who has been on the team since 2003.

“People talk about drugs all the time in cycling,” said Case, who sees how the pressure to succeed could drive people to do things they wouldn’t normally do.

Similarly, Sheppard told The Daily News he spent seventeen years in cycling knowing that drugs were always out there but chose to embrace hard-work.

rEPO builds endurance by increasing the amount of oxygen-rich red blood cells in the body and increases energy. Dr. Greg Gannon, a sports physiologist at the University of Manitoba, said the drug was originally borne from kidney and cancer technology but has become a dangerous performance-enhancing method.

Gannon said overdoses of rEPO can make the blood like glue and can cause cyclists to die. He also noted the danger in the drug’s administration, via sharing needles and bodily fluids. rEPO is the same drug that American Lance Armstrong has recently been accused of using at the 1999 Tour de France, but his case is different than that of Sheppard.

On Aug. 23, Damien Ressiot, a Belgian triathlete, challenged the accuracy of the rEPO test by proving he could give a positive sample without taking rEPO. Subsequently, WADA launched another in-depth study to improve the rEPO test, this time using urine samples from the 1997 Tour de France.

According to Ressiot’s report, 12 athletes tested positive, including Armstrong. Though the subjects of the study were supposed to remain anonymous, Armstrong’s name was leaked to the press. Unlike the case of Sheppard, where he willingly acknowledged cheating, Armstrong’s recent drug allegation is a breach of ethics. Gannon alleges that it is unethical to link a name to an anonymous study.

Gannon feels that CCES and WADA are professional organisations helping to combat doping in sport, both nationally and internationally.

“WADA is the police and CCES is the education,” says Gannon. “However, as long as there’s something else, there will be drugs in sport.”

EDMONTON (CUP) -- This past school year, we have witnessed the beginning of the end of one of the greatest staples of Canadiana -- CBC Sports. The days of the glorious CBC Sports theme, with its dramatic crash of lights being fired up, raising goose bumps on the skin of even the most hardened sports fan, are, perhaps, very sadly gone forever.

We can try to ignore the signs, deluding ourselves into a Maple Leafs fan kind of thinking -- “Next year it will get better.” But, like the Leafs, it probably won’t.

Of course, with the return of NHL hockey this year it just might get better, but it’ll still be like Michael Jordan coming out of retirement -- a shell of its former self. All signs have been pointing to trouble, starting last spring with the network’s Paul Martin-esque dithering on the issue of Don Cherry. With the nation clearly divided on the appeal of Cherry after his controversial remarks about the tendencies of French players to wear visors, the CBC has done nothing to resolve the situation, instead giving him a short-term contract that ensures nobody is pleased with the decision, most especially the one-dimensional man in the multi-coloured suit himself.

Add that to the NHL lockout and the CBC already had to make up some serious ground, but they managed to make it worse -- oh yes, much worse. They tried filling the void with amateur sports, which is admirable, but our nation craves sports heroes, and when the CBC had the chance to showcase them at the Brier and the Scott Tournament of Hearts -- this being Canada, sports heroes include cutters -- it failed miserably. It scattered its coverage across several channels, including the digital channel Country Canada, which has fewer subscribers than those events have teams, while some draws weren’t shown at all.

Clearly, there is a lack of leadership at the head of CBC Sports -- or perhaps, like many Canadians, they are lost and directionless without hockey. Either way, it physically hurts me to see the mistakes and bad luck CBC Sports has encountered this past year.

I actually felt like crying when I heard what quite possibly could be the deathblow to the department -- the loss of broadcast rights for the Olympic games, including Vancouver 2010. They just couldn’t put up enough money, despite having a stellar record of Olympic broadcasts. How am I supposed to watch a biathlon race now without Brain Williams telling me whom I should be cheering for? If I have to put up with some NBC-like, time-delayed crap broadcasts in 2010, I might actually be forced to stop watching and do something productive with my life.

And as if it couldn’t get any worse, the geniuses in charge made an almost mind-bogglingly-stupid decision: they actually fired the greatest play-by-play man of our time, Chris Cuthbert. I realise that everybody loves the dynamic (“dynamic” meaning they rarely ever leave Toronto) duo of Bob Cole and Harry Neale, but Cuthbert was the heir apparent -- versatile, smart, and in possession of a voice that makes people swoon. Pitting that versus the stuttering, forgetful and, quite frankly, close-to-death Bob Cole is no contest.

Perhaps there is still salvation in the CBC Sports. The days of the glorious CBC Sports theme are gone, but perhaps there could be a return to the splendid coverage that we once enjoyed.

And so, to the occasional non-sensical sports analogies, the fourth line -- those who-cast-anchors who get sent to cover Ollers playoff games on the rare occasions that they occur -- will get moved up in the rotation, and we’ll have to suffer through their banal chatter every Saturday night, now that the NHL is back.

Perhaps there is still salvation in sight, but if the NHL were to go with replacement players this year, I would be forced to hold a memorial service for a once-stalwart institution of Canadian identity, and say goodbye to CBC Sports forever.
The Sweetener Science
by Loic Ransom

Time has told us much, but we so infrequently listen to what it has to say. The sport of boxing has evolved with North American Culture more so than any other sport in the world. From its roots as a brutal no rules wrestling match between criminals for hire and lumberjacks to the most economically driven sport in the world, the listic art has followed our lead every step of the way. The sport has paralleled the evolution of every tissue that has embodied our culture over time - vagrants, heroes, wars, victories, racism, emancipation, tragedy, triumph and the mighty dollar. How different is this from what we hear on CNN everyday?

Today boxing is the most profit-driven sport in the world. An average fighter can make up to 3 million dollars for less than 45 minutes of work in one night. We think hockey players earn too much! Oscar De La Hoya made a whopping 33 million dollars for losing to a 40 year old man by the name of Bernard Hopkins. That was a year ago, and De La Hoya has not fought since. No doubt in his next pay-per-view fight, the man will make some double digit million dollar figure again. Do we sense a problem here?

Playing pick-up and joining a team also comes with some major side benefits. First and foremost, joining a team practically guarantees a new group of friends; a group of friends with at least one shared interest. This important factor is often overlooked by commuters and first year students who may have groups of friends at home but no crowd on campus. Secondly, once on a team, at least one enjoyable workout a week is guaranteed, and conversely justifying one night a week out in celebration of a game. Thirdly and most importantly, participation, adding to the University spirit, as well as contributing to the community, are things that result in a better and more cohesive student life for all, whether they live on or off-campus.

As York University, the intramural sport award is aptly named the York Torch. Earned by a combination of points awarded for participation and winning in athletic competition between colleges, it’s a Harry Potter interhouse war of sorts. The intramural program at York consists of Men’s, Women’s and Co-ed teams, in addition to different levels of competition, depending on the number of teams applying. Team fees do apply. Nevertheless, commitment is vital, as it is necessary to attend a rules meeting before registering a team. The commute to the Keele Campus to actually compete, however, is a slight disadvantage in representing Glendon College through its sports teams. In view of this inconvenience, the Glendon Athletic Club and some dedicated individuals have stepped forward to organize pick-up times and tournaments on the Glendon campus, as well as arranging the travel of some official teams who compete at Keele.

So far, here is a list of what has been organized on campus. Do not hesitate to contact these individuals...go out and play!

University Recreation: Intramural Sports

The once-great CBC Sports is dying a slow, painful death

by Kyla Jones

Intramural sport is a huge part of the University tradition. Teams of students get together to represent their colleges and competition increases as arts students try to prove that they are just as athletically inclined as the kinesiology kids. Out of all the high school and real recreational student orientated leagues available, intramural sport provides an environment in which students can continue to play the sports that they love.

Intramural sport provides the casual fan with a low cost way to experience boxing. All the excitement, drama and/ or tragedy of the sport is in doubt, but there seems to be a solution.

Boxercise is the newest trend. Popping up all over metropolitan centres, it could possibly sway one of two ways. There is the possibility that it may simply be another passing fad a la Taekdo, and that those who partake typify the short attention span of our CNN culture. Then there exists the possibility that Boxercise may just get people in the door of a gym and they may see someone punching a bag and become interested in learning more.

The workout involves taking the basic structure and techniques of boxing, but removing all elements of contact with anyone or anything (i.e. heavy bags). The result is comical to watch but enjoyable to watch.

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**Update:**

Health Challenge 2005

by Michelle Rasanu

Health & Wellness Editor

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Free Gym Membership!

Less than three weeks to go until the Health Challenge will officially begin. Think of me as your motivational force that will guide you towards a healthier way of living. Throughout this Health Challenge or better yet your Health Challenge, I will drive you towards reaching your realistic goal. The 20lb goal that I set is just a number, the point of this challenge is to better your eating habits, increase your exercise routine and most importantly, to learn how to listen to your body. You might not believe that your body talks to you, who would! When you are consuming a large amount of unhealthy foods at once, your body will give you subtle signals to let you know its pain and suffering.

For instance, your stomach could feel overly bloated as a result of the delicious chocolate brownie cheese cake that you devoured earlier. This act of overstuffing yourself causes your body, in this case your stomach, to simply tell you to stop! Stop overindulging, you are not in a pie eating contest. This Health Challenge are for people that, by a doctor's definition, are overweight and they need to lose at least 20lbs in order to be at a healthy weight. According to a medical chart (that I will be using during this challenge), if you fall below the minimal amount of weight that you are suppose to be, after losing the 20lbs, you will not be an eligible candidate for my Health Challenge. I am not promoting anorexia or any other form of eating disorders. I am a firm believer in eating healthy according to your own hectic lifestyle. In order to join this challenge I will need a written consent from your family doctor letting me know of any medical conditions, if there are any, or simply allowing you to join this challenge. Secondly, I will have each candidate sign a disclaimer form during the briefing session, which will be held the first week of November; the actual day is to be announced. If you would like further information regarding this Health Challenge, please pick up the first issue of Pro Tem.

To become a candidate, e-mail me at thehealthandwelnesseditor@gmail.com.

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Cut the fat—junk food shouldn’t be in our schools

by Iris Tse

Canadian University Press

EDMONTON (CUP) Those who watch the food network as religiously as I do will surely remember an episode of Jamie Oliver's School Dinners where he sneered disdainfully at turkey twisters: a heavily processed, half-grease, half-wood-pulp "turkey" concoction squeezed into tight coils and then deep-fried.

It's the sort of thing that any person with a basic understanding of the food pyramid would avoid, and the sort of oil-drenched food that all kids love.

Luckily, that disdain was shared by many parents, as well as the British government.

In a move to curb bad eating habits and introduce more nutritious food in the daily diets of school children, foods high in fat, salt or sugar will be banned from British school cafeterias and vending machines. Hamburgers and BBQ-flavoured chips will soon be replaced by healthier foods, like trail mixes, English muffins and ginger nut biscuits.

One must wonder the kind of ruckus those kids will raise once they notice that the bags of cheese puffs in the vending machine have been replaced by ginger nut biscuits.

This sort of tough-love policy is the exact ingredient that we need in schoolyards this side of the pond, too.

While a national junk food ban of this scale in Canada is impossible due to the decentralized nature of primary and secondary education systems, school districts or individual schools should still consider introducing a variation of this policy.

As most teachers can attest, a kid cruising on the sugar high from a Mars Bar is too rambunctious to sit through class, and those salty Hickory Sticks do nothing other than deliver empty calories and bloat little children's fingers.

Children, especially those in elementary school, have a poor grasp of the nutritional value of foods available in their school cafeteria. That isn't surprising, as this is the same demographic that struggles with long division and girls with cooties.

They care little about buzzwords such as trans fats, riboflavin, and vitamins. They are also unconcerned with the astonishing similarity between plastic furniture and cheese coming out of a spray can. And when presented with the choice between dinosaur-shaped chicken nuggets and baked chicken fingers with spinach salad, the nuggets often win out.

Therefore, it's important to not only teach kids make the right food choices, but also to make healthy food available in school. The former can be done by introducing the concept of healthy eating in health classes: the latter by improving school cafeteria menus and removing the tempting contents in the vending machines.

While some would argue that such policy pays little regard to freedom of choice, we also must account for the fact that elementary and junior high school students don't have the resolve to make the right choice.

It's more effective to implement this kind of junk food ban in elementary and junior high school, when kids are starting to develop their lifelong eating habits, than in high schools. Everybody should know about the four food groups by high school, and if they're still reaching for the extra-large bag of chips, well, they know what they're in for.

Of course, those who have a mad craving for a Snickers bar can still easily get it once they venture off school grounds. One of my fonder high school memories involved a bunch of us driving to the 7-Eleven two blocks away to stock up on Slurpees and candy. That isn't to say elementary school kids cannot also walk the two blocks to the nearest convenience store for their sugar fix, but at least it won't be easily available to them between fourth period language arts and fifth period music.

While reducing junk food isn't the only step necessary to lower the obesity rate, it is a step in the right direction. Better nutritional education and increased physical activity will also help make a difference. But, in the meantime, the least we can do for the impressionable minds out there is removing the deep-fried perogy from the school cafeteria menu.
For some of you exercise might not be a part of your daily schedule as a result of the hectic wave of priorities that we are bombarded with. I am certain you discussed it with your peers, scheduled a time to go to the gym or even talked about taking an enchanting walk through the forest. Knowing that your fifteen page essay is still uncompleted puts you in a stressed out state. Chances are that by the time you are done writing you will need to dive into your next project. Sounds familiar? This is the wonderful world of student life. My dearest students I have news for you, we can beat this enduring fatigue, especially after a long night of red bulls and an infinite amount of caffeinated drinks. Anticipating that exhausting headache and realizing that all you consumed today was an apple, and if you were lucky maybe a chocolate bar, might cause serious damage to your body. It is important to realize that your health is more important than your next exam or the uncompleted puts you in a stressed out state. Chances are that by the time you are done writing you will need to dive into your next project. Sounds familiar? This is the wonderful world of student life. My dearest students I have news for you, we can beat this enduring fatigue, especially after a long night of red bulls and an infinite amount of caffeinated drinks. Anticipating that exhausting headache and realizing that all you consumed today was an apple, and if you were lucky maybe a chocolate bar, might cause serious damage to your body. It is important to realize that your health is more important than your next exam or your 10% assignment. I am not talking about exercise as a means of losing pounds but exercise as a means of keeping your adrenaline going, feeling energetic, motivated and having a clear and sharp mind. Once you have attained that feeling of confidence, self-control and determination, you will notice that everything else will run smoothly. However it is not as easy as it sounds, it will take dedication and a strong will.

“During my three years living at Glendon, I have encountered several instances where students were struggling through depression along with stress, over exhaustion and a lack of proper nutrition.”

There was even an instance where I had to escort one student to the hospital due to a severe headache and constant vomiting. After spending an evening in critical care surrounded by IV needles and machines which I have never seen before, it occurred to me that taking proper care of oneself is crucial. After years of experimentation, I discovered that having breakfast in the morning is one of the essentials of starting your busy day. Secondly, allocating at least thirty minutes of your time for yourself towards some form of exercise such as running, playing tennis or simply walking around campus. This will enhance your alertness and increase your body’s energy level. Thirdly, you must consume three meals a day in order to regain the energy you have lost. Your biggest meal should be breakfast and I highly recommend eating dinner at a reasonable time, six o’clock for example. This way you will have plenty of time to digest your food before bedtime. For those who are less athletic, please do not feel intimidated by this, feel free to try whatever works for you best. Last but not least, sleeping patterns, yes, I realize that it is not always possible to have a good nights sleep but it will catch up with you in the end. You must rest before you start your day otherwise fatigue will suck all the energy out of you. Please give it a go and stress this issue to other students, your loved ones and your close friends. Remember a healthy body is nothing without a healthy mind! who cares about obesity?

We are all getting fatter and no one seems to care.

by Monserrat Glasman

“Globesity”, according to the World Health Organization (WHO) affects 1 billion overweight adults worldwide, 300 million who are considered to be obese.”

This extra weight leads to chronic illnesses such as heart disease, cancer, type 2 diabetes, joint deterioration and too often, premature death. Who has stated that “the rising epidemic reflects the profound changes in society and in behavioral patterns of communities over recent decades”. As people enjoy higher incomes and greater luxuries, their waistlines are growing at the same rate as their bank accounts. Despite these widely reported statistics, it is shocking to discover that people are still eating far more fatty and sugary foods and exercising less than ever before.

Processed snacks, meals and desserts dominate supermarket shelves today. It seems hard to find products that are not packed with sugars, preservatives and Trans Fats, especially amongst products marketed to children. Many busy parents often find it easy to stuff these products in lunch bags and to offer their children videos and computer games instead of outdoor play.

Schools are a major target of the junk food craze. Ontario has recently banned the sale of candy bars and pop in elementary cafeterias mandatory. They also need to implement the 30 minutes of physical activity recommended by legislation in order to make our schools a healthier place. He has promised to ban junk food within the next four years. Ontario, Canada’s most populated province is lagging behind. This is alarming in light of the Ontario Medical Association’s recent announcement stating that childhood obesity may create the first generation of children who will not out-live their parents.

With all this hard evidence, why do governments and parents fail to see the urgency of the obesity crisis? The Ontario government needs to take action and use public policy to make nutritious food in cafeterias mandatory. They also need to implement the 30 minutes of daily exercise recommended by health officials. Parents need to beware of the “processed junk” marketed as “kid food” and start setting a proper example for their children. We all need to care enough to ensure these changes are made. Only then can we instill a healthy consciousness for the generations to come.
“It was enthralling, despite the veggie burger shortage”:

A Glendon student’s account of the Word on the Street Festival

by Kristjanna Grimmelt Writer’s Craft Editor

It was around 10 pm on Saturday, the 24th of September, when I stumbled across the 2005 Word on the Street Festival’s webpage. Its goal, I read, rubbing my eyes in staggered disbelief, was to provide a free literary theme park where the printed word comes to life. Its offering, I thought giddily, was to provide a free literary theme park where the printed word comes to life.

Word on the Street has become an annual festival that pairs the written word with the visual arts. It’s a place where Canadian authors can mingle with their readers, allowing them to learn about the world of publishing and the art of writing. And it’s a place where readers can meet the authors whose works they admire.

The festival took place the following sunny, humid day in Queen’s Park. It reminded me of folk music concerts I have been to: everyone sitting on the grass with their golden retrievers, milling around the tents, holding hands. I felt this relaxed mood extended to the author-audience relationship too, since all the lecturers seemed really approachable.

We caught several excellent readings, including Shaunessy Bishop-Stall, whose non-fiction account of life in Tent City, Down to This, had won a Toronto Book Award. It’s always interesting to meet an author whose image you have fashioned in your head, in person. “I don’t quite know about the ending,” a girl with a shaved head remarked during his question session. “I liked it,” countered another girl sitting closer to the podium. Shaunessy smiled apprecciatively. I tried desperately to think of something cool to say.

Apart from these kinds of things, I also spent considerable time perusing the rows of magazine booths with my cool supportive friend (who rightfully won the full collection of Toronto Book Award Winners in a raffle), buying $1 back issues from local literary publications such as Lichen and Kiss Machine, chatting up boothies, and feeling really inspired and giddy.

The food selection could have been more health-friendly as there was little variety and a lot of those hot dog/milkshake trailers often found outside circuses. “I couldn’t even get a veggie burger,” a friend later revealed. Ultimately we did have some damn fine kebabs, coupled with a long, lazy conversation sprawled out on the grass. It was nice.

* The author refuses to admit whether or not she actually did this.

Until I Find You: A literary masterpiece

Until I Find You by John Irving
Random House, 848 pages
Reviewed by Jennifer Capano
Odds & Ends Editor

Not very often does a book come along that leaves the reader in a state of utter admiration — especially when the book is a piece of fiction inspired by the life of a major writer.

John Irving’s Until I Find You is the fictional recreation of the author’s life up to a certain point, the author’s incarnation being Jack Burns. The book looks over Jack’s sexual initiation at the age of thirteen, his journey throughout Europe on the coat-tails of his mother’s tattoo career until the age of five, his arrival at an all-girls school and then his becoming an actor. The focus of the story is, however, on Jack’s constant attempts to find his father.

It may be a little difficult to swallow the first hundred pages - Irving shines the spotlight on a very young Burns, and the perspective of witnessing the evolution of a four-year-old can be somewhat jarring. Towards the end, the auctorial perspective is re-evaluated and many nuances suggest that what we have before our eyes may be a somewhat skewed take on life. The realism is incredible.

One can hardly separate the man from the author - John Irving clearly makes this fictional story seem very real by including actual events in his own life, for example, his loss of virginity at the age of thirteen. He touches on real life by using comedic relief when necessary, the outcome being an original blend of tragedy and comedy.

This deeply moving story follows the classic Irving style. It is a perfect juxtaposition of comedy and tragedy, and when it’s tragic, it’s downright tear-worthy. Don’t let the book’s size fool you: as intimidating as an eight-hundred-page book may seem, it is more than worth it to keep reading right until the end. The larger-than-life characters will keep you guessing, and the various themes (among them sex and tragedy) will leave you engrossed in the plot until the end.

Irving takes us on a journey from beginning to end. We get to see a life begin, a life so flawed that we may come to accept our own flaws and learn from them. “Until I find you” is decidedly a book able to bring the readers down, only to pick them right back up, which is why any reader should reserve a special place for it on the bookshelf.
Art, censorship and war
A call to protect artists’ rights
by Lexi Pathak Canadian University Press

Winnipeg (CUP) -- Between its much anticipated release in August to present day, David Bergen’s novel, The Time in Between, has garnered vast media attention, and not without warrant. This fifth published tome (fourth novel) of the Winnipeg author has made the Scotiabank Giller Prize short list.

The Time in Between is a harrowing account of the human condition told through American war veteran Charles Boatman, and his three children, Ada, Jon, and Del. Twenty-eight years after his tour, Charles returns to Vietnam still haunted by his past. It is there, in search of their father, that Ada and Jon learn that the secret Charles carried, that subsequently shaped their own lives and was a truth that would subsequently shape his past. It is there, in search of their father, that subsequently shaped their own lives and was a truth that would subsequently shape his past.

Charles Boatman’s return to Vietnam is provoked in part by a personal quest to seek out Vietnamese author Dang Tho, with whom he is fascinated. The fictitious Tho’s novel, In a Dark Wood, is an account of the war from the Vietnamese perspective, calling Charles to Vietnam. Conspicuously, Bergen’s time in Vietnam nine years ago seems something of a parallel quest as he searched for North Vietnamese author Bao Ninh unsuccessfully.

“there is no more of David Bergen in the character of Charles than there is in Ada or any other character,” responded Bergen to inquiry of any deeper implications.

As a guest author of the Writer’s Festival hosted at Red River College Prince Street Campus, Bergen discussed the novel and his writing. He enlightened audiences that his depiction of Vietnam was based on notes and observations he made while living there for six months in 1996. “I leave it up to the reader to decide whether I’ve accomplished that depiction accurately and believably.”

The book bounces between Canada, the U.S. and Vietnam, a shift from Bergen’s usual Manitoba setting. His publishing house, McClelland & Stewart, refers to it as a “possible 20 years in prison.”

The book was inspired by the case of Steve Kurtz, an artist who was charged by authorities and is facing a possible 20 years in prison.

Kurtz was charged when he called 911 because his wife had died in the middle of the night.

When the police came to his house they found safe biological agents and a lab, as well as books on bioterrorism, which Kurtz uses in his art, engaging with issues of governmental and industrial uses of science. They arrested him, and sent FBI agents to investigate his house in hazardous-materials suits.

Hourpt suggested that artists must be allowed freedom of expression and implies that those who prevent their art infringe on their personal rights; he couldn’t be more right. He mentions other cases of the Secret Service investigating artists and their works, including Chris Savido’s harmless Bush Monkeys, which merely pokes fun at the president by composing his face out of hundreds of minuscule monkeys.

Monkeys: this is worth investigating? There are T-shirts that are more offensive than this, and yet, because this is art, it is censored.

This discrepancy is because art that the government views as questionable, such as Brooklyn artist Chris Hackett’s homemade bomb in an old leather suitcase, or Lisa Charle’s (Un)Patriotic, a straightjacket made from an American flag.

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It was inspired by the case of Steve Kurtz, an artist who was charged by authorities and is facing a possible 20 years in prison.
WINNIPEG (CUP) -- Local artist Ken Gregory uses discards of industrial society to create amazing pieces of art that seem to perform on their own.

The pieces consist of recycled scraps that he molds into interactive installations. “I’m interested in the discards of industrial culture, I’m always looking for a way to bring out the beauty of what the item is, and redirect its use,” explains the exchange district artist. Gregory’s inventive style and bold use of electronics have made him known as one of Winnipeg’s foremost artists. He has recently received major recognition, having aged to tour with the Survey Exhibition, Altona, Winnipeg, Rolling Thunder, and Pierre Theberge, and Chief Curator, David Franklin. After showing at the National Gallery for four months 12 Motor Bells was packaged to tour with the Survey Exhibition.

The survey Exhibition will be in Windsor, Charlottetown, and Hamilton over the next two years. The Plug In ICA has published a career retrospective book of Gregory’s work and a CD that are available at the Survey Exhibition or locally at Mondragon Café. Into the Music or the Plug In ICA. “I’ve been supported very much by the local art scene,” said Gregory who credits several exchange district art groups and local magazine Border Crossings Magazine with getting local artists known on a national and international level. For more information on Gregory you can check out his website at cheapmeat.net.

**Newest Addition to the National Gallery of Canada**

By Amie Leyk  Canadian University Press

Winnypeg's website, is a “computer controlled electro-mechanical audio installation,” and is designed so that the viewer has an impact on the art. Part of Gregory’s inspiration for the project was Tibetan singing bowls. He searched out devices that would resonate similarly and found the bells.

12 Motor Bells, according to Gregory’s work and a CD that are available at the Survey Exhibition or locally at Mondragon Café. Into the Music or the Plug In ICA. “I’ve been supported very much by the local art scene,” said Gregory who credits several exchange district art groups and local magazine Border Crossings Magazine with getting local artists known on a national and international level. For more information on Gregory you can check out his website at cheapmeat.net.

“Serenity” or Why Nick Cage is a Terrible Actor

Serenity Universal

Reviewed by Leic Ransom

On very few occasions have I been witness to a film that makes no assumptions concerning its own artistic merit or social relevance. This summer has produced a few pretentious films that sought to make one ponder the meaning of life, the universe and everything else that we otherwise think of. At times, in those deeply enlightened moments of conscious illumination spurred forward by a Nick Cage monologue, we invariably stumble upon a better way of spending $9.95: a game of whack-a-mole at Wonderland comes to mind. “Serenity” however, offered me something that all amusement park games and films of this nature should offer - honest fun.

My summer movie-going experience has left my mouth dry and neck sore from the numerous restless hours of sleep I have spent dozing off in Silver City seats. I have found myself on numerous occasions not indulging in the soft-spoken words of a lead actress so much as pondering whether or not to sue Paramount for not providing pillows at the door.

Along strolls “Serenity” and pulls me from the doldrums of Nick Cage’s inner monologues. The movie is apparently based on a television cult-hit named “Firefly”. This is no Armageddon, so no Asshole man boobs (as if we were the star quarterback in Jerry Bruckheimer’s personal Super Bowl. Ladies, Brad Pitt missed the casting call so no Troy man boobs here (however, there is a Baldwin, which by my count makes 5 of them). Guys, sadly to say, Angelina Jolie does not co-star as geek-teacher six of nine, so no guilty pleasure. No, this movie is fun in the sense that everything you think may happen will happen, which nowadays is nothing short of the unexpected. Honestly, this movie was just fun.
Let's go get more edumacated than b'fore.
We ain't got no blues no more,
So onward my collegues, there's nothing to fear.
We're all after the same thing here,
After the realizations set in, I won't put up a fi ght,
At least I can fi nd my way to class.

I'm glad I chose Glendon with all the grass,
Stuck at Keele looking at a million signs,
I've missed the shuttle too many times,
No Pub Night for this Quebecois.

Class at 9am on Friday, BAH!
Poor Pierre, he's just cursed.
But who's got it the worst?
Frenchie Blues
To squirrels, maple leaves, and snow up to his knee.
Too bad, he would love to go home if  he can,
Ryan from the Bahamas, he's the MAN,
Bohemian Blues
Luckily , he will sleep on any carpet he can see.
He doesn't live on residence, is that a crime?
Alfred just wants to have a good time,
Nevertheless, vagrantly , I wander alone.
I search for someone who didn't go home,
Not a soul in sight; I wear my frown,
Once again, it's Bloody Sunday and I'm feeling down,
Empty Res. Blues
Meal, laundry , printing, sessional id.,
My wallet is ever so obese,
No coat or boots this winter, I'm too poor.
Financial Blues
150 dollars, %$*!, what a crook!
Education Blue
Wish this was covered in my student loan,
Life is getting way too messy.

Frosh Blues Honourable Mention
by Madeline Feicht

Reality Blues
Frosh Week has come and gone,
For endless parties I still long,
I wanna party hardly 'til dawn,
What happened to the fun on the lawn?

TTC Blues
In Toronto, we can still go out and have a ball,
But I discover the TTC isn't open past night fall,
Now we’re in a taxi trying to get home,
Wish this was covered in my student loan.

Education Blues
It was all fun and games at first,
I must attend a 180 minute long class?
Oh dear, that really sucks a...
Prof says something about an essay,
My life is getting way too messy.

Financial Blues
Now Prof insists I buy the new book,
150 dollars, %$*!, what a crook!
I'll need it for one semester, no more,
No coat or boots this winter, I'm too poor.

Hefty Wallet Blues
My wallet is ever so obese,
It's not those Loonies to say the least,
Meal, laundry, printing, sessional id.,
What's next, do I need a card to pee?

Empty Res. Blues
Once again, it's Bloody Sunday and I'm feeling down,
Not a soul in sight; I wear my frown,
I search for someone who didn’t go home,
Nevertheless, vagrantly, I wander alone.

Commuter Blues
Alfred just wants to have a good time,
He doesn’t live on residence, is that a crime?
This party boy is a Res. Wannabe,
Luckily, he will sleep on any carpet he can see.

Bohemian Blues
Ryan from the Bahamas, he’s the MAN,
Too bad, he would love to go home if he can,
From sun, sand, and beautiful sea,
To squirrels, maple leaves, and snow up to his knee.

Frenchie Blues
But who’s got it the worst?
Poor Pierre, he’s just cursed.
Class at 9am on Friday, BAH!
No Pub Night for this Quebecois.

Keele Blues
I've missed the shuttle too many times,
Stuck at Keele looking at a million signs,
I'm glad I chosed Glendon with all the grass,
At least I can find my way to class.
I am proud to be a Glendonite,
After the realizations set in, I won't put up a fight,
We're all after the same thing here,
So onward my collegues, there's nothing to fear.
We ain't got no blues no more,
Let's get more educated than b'fore.

On the ledge Honourable Mention
by Lauren Crawshaw

I stand on the ledge. Beneath me is a tunnel of darkness leading to a mosaic of tiny sparkling lights and sounds: the unending street below. The little dots of cars and buses flit across my tunnel with such unnaturally straight precision that it would appear these little fireflies had gone haywire. Yet every one of them, all the little moving reds and whites of the city, have absolutely no idea where I stand.

This building, this empty space between us, is my pedestal. The black surface of the street below gives the illusion of solid ground, populated with the busy little fireflies going on about their nightly business. I picture myself placing my foot down on the surface and squashing every one of them, smothering the light of their existence for good. And they wouldn't know any better, completely oblivious to my control of their fate.

But if I placed my foot on this imaginary surface, the tunnel would envelop me through my fall, and I'd join the dancing lights through the extinguishing of mine own.

Soon they'll come, the lot of them with their loud speakers and holsters ready at their sides. Not that I pose a threat of anything, but for some reason holding that gun gives these cops the sense of security that they actually might have control of the situation. But no, boys, your .357 magnum is not going to save me from taking the step, anymore than it's going to save yourselves.

You can command your iron instrument with the click of a trigger, sure, but that's what this is all about, really: control. Everyone needs to feel in control, not actually be in it. Leave that to the higher powers. The government or god or whatever you want to believe. In my case, my higher power is the wind.

Life is all about choices. Become a doctor or a lawyer. Plain or striped tie. Magenta or peppermint blue. What's funny about the human race is that even though it doesn't really matter what it is in the end, every choice we make turns the world off for that moment, when nothing matters except you. Time ultimately stops, the volume is turned down and you are faced with the dilemma of your lifetime. Although seemingly drastic, on the timescale of my life this decision is not that important. While it may be the most costly choice, the consequences of this decision are irrelevant; it doesn't really matter because the importance of each individual decision inevitably falls close to zero because there are so many lifetime choices. Percentages go down, things become less important. With all those choices, about 99.9% of them really just do not matter. Pointless. All doors of the choices eventually lead back to the one room where you began.

And for me, there are two doors for me to choose. Step forward and off the ledge: I am on into the tunnel to meet a questionable fate, or turn back to a world that is as trivial as I am. This choice would seem to be worth a bit more than 0.01% of importance on the Richter scale of my life, (even for just the pure significance of this decision, i.e. life or death) but it really is not. In the end this choice is worth no more than the striped tie. Because really, this is just another decision I must make. The consequences are irrelevant, since all that matters is that I have a choice. That is where the higher power stands. The decision to give, or to take away, this freedom.

The strong wind tearing at my clothes currently grants me this gift of choice. It lets me decide my fate, rather than making the decision for me. While the wind grants me the choice it can just as easily take it away. If it so chooses it can toss me off my pedestal and cast me into shadows below. This, and ONLY this, matters.

So wear the peppermint blue tomorrow. You never know, it may be the most important decision you'll ever make. You have the choice, so bear it wisely and cast me into shadows below. This, and ONLY this, matters.

I think its time to let go.

May you feel it now and then.
If pain will make you stronger,
May you feel ready.
If pain will make you stronger,
May you feel ready.
If pain will make you stronger,
May you feel ready.
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May you feel ready.
If pain will make you stronger,
BLUE CONTEST WINNERS

First Place:

**Evening Blue**  
by Erin Marie H

Downview station after sunset waiting for the 108

The sky is a flushy sapphire crown turning deeper shades of dream

finally dying as a monarch closes its wings


Second place:

**Quatre pensées bleues**  
Céline Castonguay


Je décide de faire une petite recherche sur les expressions de notre belle langue française qui contiennent le mot bleu. Le cordon-bleu au menton bleu qui avait une peur bleue des steaks bleus était bleu d’un bas-bleu. Le mot bleu résonne dans ma tête en écho comme dans une caverne sans fin. Bon, je me ressaisis, je reprends mes esprits. Voici maintenant une “traduction” de ma phrase bleue. Le chef cuisinier qui avait le menton tout bleu après s’être rasé et qui avait extrêmement peur des steaks crus, était amoureux d’une femme savante, mais pédante.

J’ai grandi avec l’idée que les nuages étaient bleus. Je ne me souviens pas trop si c’était Mme Nicole et Mme Huguette qui me faisait dessiner les nuages bleus mais qu’importe, la semaine dernière, j’ai réalisé que les nuages n’étaient pas bleus. J’étais assise sur le bord de ma fenêtre et je devais dessiner ce que je voyais de celle-ci pour un cours de dessin. J’ai commencé par le bas de ma page et en arrivant au nuage, j’ai pris ma craie bleue. C’est à ce moment précis que j’ai vu un nuage gris, et un autre blanc. Oui le ciel était bleu, mais pas les nuages! C’est comme si on m’avait enlevé un des derniers morceaux de l’enfant qui sommeillait en moi. Apprendre que les nuages n’étaient pas bleus m’a bouleversée. Je regarde désormais les nuages tous les jours, en rêvant au jour où j’en trouverai un bleu.

Third Place:

**Steel Magic**  
Sara Maharajah

Cerulean Clean Cold and mean Staring into your fears stained steel circus. blotches of oil, splattered on steel Killed.

Dead... soul is dead... crawl...on dead soil graying..blue craze rolling eyes mad laughter never ending mechanical – maniacal steel blue magic

What does this photo evoke in you?

Send any poetry/short fiction/creative non-fiction that feeds off of this photo before Wednesday November 2nd, 2005.

Submissions must be under 750 words. One entry per person. Please paste entries into body of email.

**FIRST PRIZE:**  
$20 Gift Certificate to Book City

Winners to be announced in the November 8th issue of Pro Tem.
Wake-Up from your Make-Up

by Marisa Baratta

Taking a Year Off?

by Jennifer Capano Odds & Ends Editor

T he next time you apply that baby blush mascara, or as you admire your girlfriend’s bright red lipstick, think of the bright red blood running through the animal that may have been sacrificed to make those lips shine.

In a world that prides itself on government and rules, one must admit that most of us strive for fairness and justice. How is it fair, then, that an animal that has probably never hurt a human should be used for human benefits? How is it that for the sake of so-called beauty, an innocent creature should in some way be sacrificed?

It just doesn’t seem right to endanger the survival of an animal, especially for something that isn’t even necessary for human survival. If a make-up product’s safety is doubted to the point that it needs to be tested on a living being then should it ever be used on a living being? Do you really want to cover your already perfect face with something that resulted from unfairness, injustice, and an innocent animal?

For those who have pets, buying make-up that was tested on animals is like saying, “It’s okay to test on any animal.” If you’re not willing to have someone lock up your beloved cat or dog in the name of “beauty”, then you shouldn’t be buying these products. Of course, not all make-up is tested on animals, but some make-up is. This means that animals are being used in any or many stages of creating make-up; they could be used for testing quality, or sometimes even used for body parts. For instance, rabbits are usually used when testing for eye or skin irritation. Tests for skin sensitivity and photosensitivity are usually performed on guinea pigs. Sometimes, the animal dies.

When looking into animal testing, keep in mind that a company may have had someone do the testing for them. Sometimes a label will read, “This product is not tested on animals” when it is an ingredient of the product that was tested. Be careful when doing your research.

A few brand-name companies that don’t test on animals are as follows:
- The Body Shop
- P’Oreal (invested over £30 million in research on how to avoid animal testing)
- Laboratories Garnier (Maybelline, Fructis)

When purchasing make-up and care products, look for the leaping bunny symbol. This symbol was passed on January 5, 2004 by CCIC to inform consumers that any product sporting the bunny is free of animal testing. CCIC, the Coalition for Consumer Information on Cosmetics, is made up of the world’s biggest animal protection agencies from mainly Canada, the United States, and Europe. Therefore, the leaping bunny symbol is recognized internationally.

So you want to wear make-up, and you don’t want to hurt any animals in the process, but your favourite lip liner was created using animal testing! It’s not too late to save the animals and your lip liner – just log onto the Internet and access http://www.leapingbunny.org. This site offers not only a list of approved brand names, but also a sample letter to send to any company that uses animal testing in the hopes of persuading the company to find other means to manufacture its make-up.

I hope that in time you learn to appreciate your face the way it is, but that if you find you are unhappy with it, please do your research and only use make-up that is not tested on animals. Stopping animal cruelty starts with you.

Taking a Year Off?

T aking a year off school may seem like a good idea; however, weighing the pros and cons of such a big decision is crucial in order to actually enjoy your time off. Whether you are taking the year off to decide on a new major, figuring out what you actually want to do with the rest of your life, or you are just tired of being in school and need a break, there are many things to consider.

First off, if you decide to take a year off for financial reasons get yourself a job you will be happy doing. Working in retail may seem like a good idea at the time, but making seven dollars an hour to be someone’s lap dog is hardly a good way to get out of debt. One suggestion is to get a job that pertains to something you want to do in the future, for example, if you want to become a chef, get a job working in a restaurant. Simple enough right?

Curb unnecessary expenditures. Sure that sweater would look great with your new jeans, but so would the fifty other sweaters in your closet. Always ask yourself, “do I need this?” and if the answer is no, put it back down. Make a budget for yourself. Since you have to save money for school, put a large chunk of your paycheck into a school fund. Use the majority of the rest on bills, and whatever is left over is yours for the spending. Be proud of that ten dollars, it may get you a foot-long sub and a drink.

In order to maintain a healthy social life, maintain contact with some of your friends that are still in school. This is the tricky part. You will find that you no longer have anything in common with ninety percent of them. If this is the case, keep the ten percent that you still talk to close. Go out and have a good time with them so that when you come back to school after your year off you won’t be stuck in friend limbo. This is the time when you will discover who your true friends are.

If you are taking a year off to discover yourself, make sure you travel. Go anywhere that you have ever wanted to go. You may have to take an additional year off to afford it, but if you truly do “discover” yourself, won’t it be worth it?

If you can’t afford a trip around the world, but still want to do something significant, then choose one goal to attain. For example, one goal would be to see your favourite band or save enough money to go on a shopping spree at Yorkdale. Whatever the goal, keep in mind that nothing is unattainable. As cliché as this may sound, nothing is out of your reach. Be someone’s lapdog for a year and save up enough money to see your favourite band in action. That will be what you remember, not the menial job and the lack of a social life. Don’t make the year a write off, have fun and bring back many stories to reaquaint yourself with your old friends.

A User’s Guide to Journalistic Clichés

Ever read something in the paper that’s had you scratching your head and wondering just what the reporter was trying to say? Here’s a glossary of Journalistic Clichés.

Controversial: He did something bad but we’re not sure what
Scandal Plagued: Guilty
Informal Sources: Reads the Newspaper
Knowable Observer: The reporter
Self-Styled: Phony
Recently: We lost the press release
Mean Streets: Slums
Allegedly: He did it but we can’t prove it
Shocking Revelation: Leaked on a slow news day
Supermodel: Her picture was printed somewhere
Reportedly: We stole this bit of information
Family Values: Right wing idiot
Progressive: Left wing idiot
Couldn’t be Reached for Comment: The reporter didn’t call until after 5pm
Unclear, Uncertain, Unknown at Press Time: No one will tell us
Exclusive: We are the only ones who returned the PR flack’s calls
Effervescent: She won’t shut up
Petite: Emaciated
Sexy: Better looking than reporter’s mate
Long Time Companion: They had sex
Good Samaritan: Too stupid to run away
Innocent Bystander: Too slow to run away
Tearful: Could have been crying
Choked up: Definitely could have been crying
Weeping: Tear spotted in one eye
Activist: Will talk to press
Hot Button Issue: Only editors care about
With News Wire Services: No original Reporting Whatever

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June 1st, 2005
Anonymous Author
Dear Ely

Question #1:
Hi Ely, I have a little problem here, alright I’ll just plain out say it, I’m in love with a ghost. Her name is Clasper and she is the sweetest thing going. At around 3:15 she’ll give me three taps on my window and I’ll go outside and we hang out in the rose gardens. Problem is that I want the relationship to be exclusive, but she wants to see other people. Should I stay or should I go?

-Brad, Wood Resident

Reply:
Well Brad you sure are somethings of a character now aren’t ya? This is a tough one, umm, I think my mama might have a say. One sec now, yes she does, mama says “That boy needs a good mama to whip his buttocks into shape, hangin’ around with transparent people and such. Even plain out country folk can figure out that Clasper wants to haunt other people, not just see ‘em as Bradley puts ‘er.”

Question #2:
I want to move out of residence as soon as I can, do you have any advice?

- Suffering silently in Hilliard

Reply:
Why would you ever move into residence? What a bad move, go back home to your mama who will cook, clean, and take care of you socially. Mama’s are the best, well my mama can be a little overbearing, actually between you and me she is the devil. I reckon to move out into a nice shanty soon but she won’t allow it. What MAMA?! I gotta go now, mama wants her hair braided like the French do it, enjoy the residence life.

Ely’s Bio

Ely comes to Pro Tem as a 5th year student from Keele Campus majoring in People Problematics. He grew up on a farm with his mama, whom he still currently resides with. Ely enjoys puzzles and Etch a Sketch. Most of the advice given is from his hick heart, but take note that his mother is a great influence and may step in from time to time.

Email Ely at: protem@gl.yorku.ca
Attn: Dear Ely

Words 4 Nerds

1) FROWZY
a) an irritated mood induced by fatigue
b) a lack of comedic skill
c) an australian expression for feeling excited
d) to have an unkempt appearance

2) RECALCITRANT
a) to retract one’s footsteps
b) to stubbornly disobey authority
c) to severely criticize or scold
d) an incarcerated delinquent

3) CUPIDITY
a) a gloomy and disillusioned mood
b) a kind of hand-sanitizer
c) to be childish
d) extremely poisionous or venomous

4) FRANGIBLE
a) to be adaptable
b) to be breakable
c) extremely fast-frying
d) having a friendly disposition

5) MALAPROPISM
a) misuse of theatre props
b) to purposely behave in improper fashion
c) humorous misuse of a word
d) addiction to one’s laptop

6) CACOPHONY
a) taped sitcom laughter
b) a harsh or discordant sound
c) a Cuban dance of African origin
d) to indulge in excessive cake-eating

7) DICKER
a) a brand of British motorcycle
b) a labourer who digs dykes or ditches
c) an old-fashioned expression for a bargain
d) a male sex-addict

8) UPBRAID
a) to severely criticize or scold
b) an inverted french braid
c) to be verbally abusive
d) to act out of one’s jurisdiction or position

9) PUERILE
a) a gloomy and disillusioned mood
b) a kind of hand-sanitizer
c) to be childish
d) extremely poisionous or venomous

10) FRANGIBLE
a) an irritated mood induced by fatigue
b) a lack of comedic skill
c) an australian expression for feeling excited
d) to have an unkempt appearance

Answer Key

1. 2 3 5 6 9 10
2. 4 7
3. 8

Libra Sept 23 - Oct 22
You’ve never been afraid to try new things, at least not as such. You’re afraid of the special Church-controlled hit squad that finds people trying new things and gives them two behind the ear.

Scorpio Oct 24 - Nov 21
You’ll become a parish and cast out from the company of decent people when it become clear that nothing will in fact change the way you look at tooth-whitening mouthwash forever.

Sagittarius Nov 22 - Dec 21
You’re the one who knows where all the bodies are buried, but that’s only because trucks arrive at all hours and bury bodies in your yard, and the truck drivers always make you sign for them.

Capricorn Dec 22 - Jan 19
While it may be true that the emperor has no clothes, you should have taken into consideration how remarkably well-clothed, and well-armed, all his bodyguards seem to be.

Aquarius Jan 20 - Feb 19
There’s nothing holding you back from achieving your wildest dreams, proving beyond a shadow of a doubt that stronger and more restrictive gun laws are badly needed.

Pisces Feb 19 - Mar 20
You always knew you’d be sent straight to Hell when your time came, but you never thought they’d make you go there in a tacky white Hummer limousine.

Horoscopes Courtesy of The Onion

Aries Mar 21 - Apr 19
Most people are ignorant, dull, and impulsive, so even at your age, you should be able to find a spouse.

Taurus Apr 20 - May 20
The stars are becoming a little upset at your constant pestering about the future. Would it kill you to maybe loosen up a little and live for the moment?

Gemini May 21 - June 21
You would in fact leave for Canada right this minute if it didn’t mean leaving the only nation on Earth with the vision to teach squirrels to water-ski.

Cancer June 22 - July 22
Fad or not, the high-protein, meat-heavy diet thing seems to work for you, but that could be just part of the benefits of being a two-ton Kodiak bear.

Leo July 23 - Aug 22
Your life will become somewhat easier when you learn that money and food are often kept inside of those little cars you see parked here and there with the pizza signs affixed to their roofs.

Virgo Aug 23 - Sept 22
You’ve known since you were very young that you were different from all the others, but still, you find it maddening that they usually put the naked people where they are very difficult to watch.